

Name : Mrs. BILKIS BEGAM (29 /F)

Date : 15/09/2023

Address : TATARPUR MEMARI, OTHER, BARDHAMAN, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002215745

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH182714



## CHIEF COMPLAINTS

For corporate health checkup  
Back pain

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY : 15/09/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 24.8.23; Periods - regular;  
No of Children - 1; Last child birth - 1 yr; Deliveries -  
LSCS

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Back - pain

### Skin

- Nil Significant



### Past medical history

Past medical history - nil significant



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 155  
Weight - 54  
BMI - 22.48  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 78  
Rhythm - Regular

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- B.P. Sitting

Systolic(mm of Hg) - 94

Diastolic(mm of Hg) - 66

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal

Organomegaly - No

Tenderness - No

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.4 *	g/dl	●	12.0-15.0
RBC COUNT	4.57	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.3 *	%	●	36-46
MCV	77.3 *	fl	●	83-101
MCH	25.0 *	pg	●	27-32
MCHC	32.4	%	●	31.5-34.5
RDW	16.4 *	%	●	11.8-14.0
WBC Count	8300	/cu mm	●	4000-10000
Platelet Count	2.23	lacs/cu mm	●	1.5-4.0
Neutrophils	66	%	●	40-80
Lymphocytes	27	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	23 *	mm/1st hr	●	0-20

Casts: Not Found  
Crystals: Not Found

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	11	U/L	●	0-35
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	84	U/L	●	33-98
AST (SGOT) - SERUM	18	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.3-1.2

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-2	/hpf		
Epithelial Cells	8-10	/h.p.f /hpf		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	160	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	11	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GLUCOSE - PLASMA (FASTING) 82 mg/dL ● 70-99

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 61 mg/dL ● 0-150

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.9 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >/= 6.5%
ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.9 µIU/mL ● 0.380-5.330

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 3.4 mg/dL ● 2.4-5.7

Note Hemoglobin variant present. HbA1c can not be measured accurately by HPLC method. Hemoglobin electrophoresis suggested.

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 37 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 104 \* mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 19 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 8.8 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4 ● 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.0 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.0 g/dL ● 1.8-3.6

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 12.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.00 ng/ml ● 0.87-1.78
TOTAL T4: THYROXINE - SERUM 9.3 µg/dL ● 5.93-13.29

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2306757
SPECIMEN TYPE: Conventional cervical smear (Papanicolaou stain) x 1
SPECIMEN ADEQUACY: Satisfactory for evaluation with endocervical cells.
INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy,with no organism
\* Dense mixed inflammation is also present

LIPID PROFILE TEST (PACKAGE)

ECG

● Within Normal Range ● Borderline High/Low ● Out of Range

SINUS RHYTHM.  
LOW VOLTAGE T WAVES.

**TREADMILL TEST / STRESS TEST**

SUBMAXIMAL (UPTO 83%) STRESS TEST IS  
NEGATIVE FOR PROVOCABLE MYOCARDIAL  
ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized  
due to inadequate patient preparation / excess bowel gas  
shadow. However suggested clinical correlation and  
other investigations if clinically indicated.]

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant  
abnormality.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

**Biochemistry**

GLUCOSE - PLASMA (POST PRANDIAL)

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

2

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**