

Name : Mr. SUNNY KUMAR (35 /M)

Date : 08/10/2022

Address :

Examined by:

UHID : AMHL.0002026793

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158527



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

- Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease

- Nil Significant



## DRUG ALLERGY

NO KNOWN ALLERGY

:08/10/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

Haematuria - yes; Since - 1 month ago now asymptomatic

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses

### ENT



## Past medical history

Past medical history

- nil significant

Covid 19

- Yes



## Personal history

Marital status

- Married

Diet

- Mixed Diet

Alcohol

- does not consume alcohol

Smoking

- No

Chews tobacco

- No

Physical activity

- Mild



## Family history

Father

- has expired

Mother

- alive

Coronary artery disease

- none

Cancer

- None

## PHYSICAL EXAMINATION



### General

Height

- 173

Weight

- 66

BMI

- 22.05

Pallor

- No

Name : Mr. SUNNY KUMAR (35 /M)

UHID : AMHL.0002026793

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158527

---

Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 72

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 116

Diastolic(mm of Hg) - 76

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No

Tenderness - No

Printed By : Benazir Begaum

Name : Mr. SUNNY KUMAR (35 /M)

UHID : AMHL.0002026793

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158527

### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.3	g/dl	●	13.0-17.0
RBC COUNT	4.69	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.7	%	●	41-53
MCV	91.0	fl	●	83-101
MCH	30.6	pg	●	27-32
MCHC	33.6	%	●	31.5-34.5
RDW	13.8	%	●	11.8-14.0
WBC Count	6700	/cu mm	●	4000-10000
Platelet Count	2.34	lacs/cu mm	●	1.5-4.0
Neutrophils	65	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-15

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	1-2	/hpf
Epithelial Cells	Occasional/hpf	
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	72	U/L	●	53-128
AST (SGOT) - SERUM	17	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	2.2 *	mg/dL	●	0.0-1.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mr. SUNNY KUMAR (35 /M)

UHID : AMHL.0002026793

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158527

CHOLESTEROL - SERUM 236 \* mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 51 \* mg/dL ● 0-35

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 1.0 mg/dL ● 0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 21 U/L ● 7-64

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 88 mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 85 mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.0 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 38 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 147 \* mg/dL ● Optimal: <100

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.9 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 0.8 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 6.1 µg/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 433 \* mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.9 µIU/mL ● 0.270-4.200

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.7 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 10.1 mg/dL ● 7.0-18.0

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. SUNNY KUMAR (35 /M)

UHID : AMHL.0002026793

Date : 08/10/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158527

---

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6:1.0			1.0-2.0

### ECG

SINUS RHYTHM.  
EARLY REPOLARIZATION.  
ST-T CHANGES (V2-V6).

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade-I fatty liver.
- \* Cholelithiasis.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

**Name** : Mr. SUNNY KUMAR (35 /M)

**UHID** : AMHL.0002026793

**Date** : 08/10/2022

**Package** : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH158527

---

**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

**Name** : Mr. SUNNY KUMAR (35 /M)

**UHID** : AMHL.0002026793

**Date** : 08/10/2022

**Package** : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH158527

---