

#### Mr. SHOBHANABEN RAJESHBHAI PATN

UHID : AHIL.0000818160

AHC No : AHILAH176244

Date : 21/11/2022

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

#### Dear Mr. SHOBHANABEN RAJESHBHAI PATNI

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

#### In this personalized health report, you will find your

- Medical History and Physical examination results
- · Investigations Results
- Artificial Intelligence powered risk scores
- · Physician's Impressions on your Health
- · Path to Wellness: A personalized management protocol, including follow-up assessments
- · Vaccination counselling advice

#### Apollo ProHealth encompasses the following processes:

Personalized Health Risk Assessment (pHRA): Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

**Health Mentor:** We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress







**ProHealth App:** You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

#### Follow- Up Consultation:

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <a href="https://www.apollo247.com/specialties">https://www.apollo247.com/specialties</a> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

**Disclaimer:** The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.

**Note:** You are entitled to one complimentary follow-up consultation with your ProHealth physician within a period of 1 year. Please contact your health mentor for the complimentary consult coupon code. This is available for ProHealth Super, Regal and Covid Recovery and Wellness programs





## : Mr. SHOBHANABEN RAJESHBHAI PATNI (35 /M)

Date



Examined by : Dr. SHASHIKANT NIGAM

UHID : AHIL.0000818160

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No : AHILAH176244



For Annual health checkup GASTRIC PROBLEM CONSTIPATION



# Systemic Review

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

**Gynaec history** 

- Nil Significant

Central nervous system

- Nil Significant

Eyes

ă

- Nil Significant

ENT

\*

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Page 3 of 12





Date AHC No



- Nil Significant

General symptoms

- Nil Significant



## Past medical history

Do you have any

allergies?

Do you have any drug - No

allergies?



# Surgical history

Caesarian section

- 2010 & 2016



#### Personal history

Ethnicity

- Indian Asian

Marital status

Married

No. of children

2

Male

- 2

Profession

- corporate employed

Diet

Mixed Diet

Alcohol

does not consume alcohol

Smoking

Chews tobacco

No

Physical activity

- Moderate



#### Family history

Father

- has expired

Aged

- 60

Mother

- alive

Aged

56

**Brothers** 

1

Sisters

2

**Diabetes** 

- father

Coronary artery disease

- none

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- None

# **Physical Examination**



## General

General appearance - normal

Build - normal

Height - 161

Weight - 77.1

BMI -29.74

Pallor - No

Oedema - no



# Cardiovascular system

Heart rate (Per minute) - 75

Rhythm - Regular

- B.P. Supine

Systolic(mm of Hg) - 110

Diastolic(mm of Hg) - 68

Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No

**Tenderness** - No

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MUKTA S ADALTI

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# URINE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

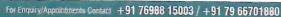
Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	6			
Protein:	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	12-14 /h.p.f			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

#### **COMPLETE BLOOD COUNT WITH ESR**

Within Normal Range

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	9.6 *	gm%		13.0-17.0
Packed cell volume(Calculated)	30.5 *	%		40-50
RBC COUNT (Impedance)	4.28 *	Million/ul		4.5-5.9
MCV (From RBC Histogram)	71.3 *	fl		80-100
MCH(Calculated)	22.53 *	pg		27-32
MCHC(Calculated)	31.6	%		31-36
RDW(Calculated)	16.9 *	%		11.5-14.5
WBC Count (Impedance)	3966 *	/cu mm		4000-11000

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Borderline High/Low

**Out of Range** 

# Mr. SHOBHANABEN RAJESHBHAI P# UHID : AHIL.0000818160 MEDWHEEL-FULL BODY CHK-BELOW40-FEMALE



Water Williams		THE RESERVE OF THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAME	THE RESERVE OF THE PERSON NAMED IN	THE RESERVE OF THE PERSON NAMED IN	NEW CONTRACTOR AND ADDRESS.	Name and the same
is Accredite	dtrophils	56	%		•	40-75
Lyn	nphocytes	35	%		•	20-40
Moi	nocytes	8	%			2-10
Eos	sinophils	1	%		•	01-06
Bas	sophils	0	%		•	0-1
Plat	telet Count (Impedance)	320200	/cu mm		•	150000-450000
MP	V (Calculated)	7.2	fl			7-11
RAT	YTHROCYTE SEDIMENTATION TE (ESR) (Automated/ optic– ctronic)	13	mm/1st hr			0-15
UR	INE GLUCOSE(FASTING)					
Tes	t Name	Result	Unit	Le	vel	Range
Urin	e Glucose (Post Prandial)	Nil				
UR	INE GLUCOSE(POST PRANDIAL)					
Tes	t Name	Result	Unit	Le	vel	Range

# **BLOOD GROUPING AND TYPING (ABO and Rh)**

**Test Name** Result Unit Level Range

Nil

**BLOOD GROUP:** A Positive

#### LFT (LIVER FUNCTION TEST)

Urine Glucose (Post Prandial)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Within Normal Range	Borderline H	igh/Low	Out	of Range
Direct Bilirubin	0.19	mg/dL	•	Upto 0.3 mg/dl
Direct Bilimbia				
Total Bilirubin	0.526	mg/dL		0.300-1.200
AST (SGOT) - SERUM	12	U/L	•	> 1 year Male : <40
ALKALINE PHOSPHATASE - SERUM/PLASMA	41	U/L	•	Adult(Male): 40 - 129
ALT(SGPT) - SERUM / PLASMA	11	U/L	•	0-50
Test Name	Result	Unit	Level	Range

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0.336

ma/dL

1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL

> 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL

10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL

14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

## **CREATININE - SERUM / PLASMA**

**Test Name** Result Unit Level Range

CREATININE - SERUM / PLASMA 0.6 mg/dL Adult Male: 0.6 - 1.3

#### LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

**Test Name** Result Unit Level Range GGTP: GAMMA GLUTAMYL 16 11/1 Male: 10 - 71 TRANSPEPTIDASE - SERUM Female: 6 - 42

#### GLUCOSE - SERUM / PLASMA (FASTING)

**Test Name** Result Unit Level Range Glucose - Plasma (Fasting) 104 \* mg/dL 70 - 100 : Normal

mg/dL

100 - 125: Impaired Glucose Tolerance

>= 126 : Diabetes Mellitus

70-140

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

**Test Name** Result Unit Level Range Glucose - Plasma (Post Prandial) 98

# GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

**Test Name** Result Unit Level Range

Within Normal Range

Borderline High/Low

Out of Range

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DIWHEEL-FULL BODY CHK-BELOW40-FEMALE



Organization is Acciliated Systems (HbA1c) by Joint Commission International

%

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus < 7.0 : Well Controlled Diabetes 7.1 - 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate

Treatment

Range

Estimated Average Glucose.

**Test Name** 

122.63

Result

#### LFT (LIVER FUNCTION TEST)

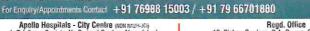
Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Unit

Level

				State
PROTEIN TOTAL - SERUM / PLASMA	6.72	g/dL	•	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	6.72	g/dL		6.00-8.00
ALBUMIN - SERUM	4.5	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.5	g/dL	•	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.22			2.20-4.20
Globulin-Serum/Plasma	2.22		•	2.20-4.20
A/G ratio	2.03 *			1.00-2.00
A/G ratio	2.03 *			1.00-2.00
THYROID PROFILE (T3,T4 AND TS	<u>H)</u>			
Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.8	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female: First Trimester: 1.61 - 3.53 Second Trimester: 1.98 - 4.02 Third Trimester: 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	114	nmol/L		Adults(20-100 Yrs ):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	1.53	µlU/mL	•	14-120 years : 0.27 - 4.20
Within Normal Range	Borderline	High/Low	Out	of Range

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#### URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.7	mg/dL	•	Male : 3.4-7.0
ONO NOID - CENTAN	0.7	9-42		Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9	mg/dL		6-20
UREA - SERUM / PLASMA	19	mg/dL	•	15 - 50
LIPID PROFILE - SERUM				
Test Name	Result	Unit	Level	Range
Total Cholesterol	143	mg/dl	•	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	51	mg/dL		0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	54 *	mg/dL	•	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	89 -	mg/dL	•	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	10		•	< 40 mg/dl
C/H RATIO  CONVENTIONAL PAP SMEAR /CERVID  Cytology	3 Cal smear		•	0-4.5
Ref No:				
CY 1820/22				
Brief Clinical History:				
LMP: 8.11.2022				
Within Normal Range	Borderline	High/Low	Out	of Range

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# MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



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Conventional

Cervical smear

One wet fixed smear received, labeled as 'Shobhanaben 818160'.

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy.

#### X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

#### Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

ECHO/TMT

**ECG** 

Within Normal Range

Borderline High/Low



**Out of Range** 

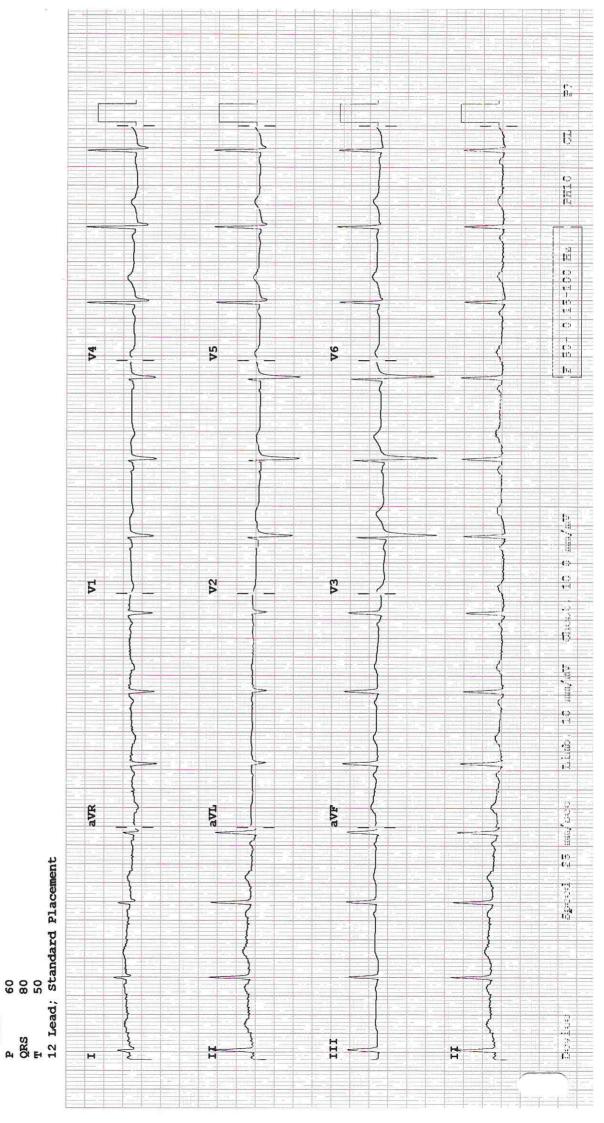


16

Rate

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PR QRSD QT QTC --AXIS--





If label not available, write Pt, Name, IP No/UHID, Age, Sex, Date, Name of Treating Physician

# **OBSTETRICS & GYNAECOLOGY - AHC**

AHIL.0000818160  Mr. SHOBHANABEN RAJ  PATNI  Age:	Date: 21/11/22 Unit No.:  Ref. Physician: Dr. USha Rohva  Copies to:
YNAEC	CHECK UP
Chief Complaint: Gr3P2A	112
Children: 20	Weight:
Deliveries: 21803	BP:
Last Child: Moh 16 years USCS	
Abortions: 1 - DD MTP.	Breasts: Named
Periods: Regular 4-5 day	PAP Smear: Tulum.
LMP: 8/11/22	Previous Medical H/O:
Menopause:	
G. Condition: Fix	ElHIO: DM.
P/A: Soft	Previous Surgical H/O: Twood ligation &
	LSCS 6 years back
S/E:	LSCS 12 years back.
P/V:	
P/R:	
Impression:	
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	Ospa Borea
	Doctor Signature

Doctor Signature
Date & Time
21/11/22

11:16 Am,



# AHIL.0000818160 SHBHAIT. SHOBHANABEN RAJE



AHIL.0000818160 3HBHM. SHOBHANABEN RAJE PATNI

35 Year(s) / Male

ON RECORDS

Name:

UHID:

Date: \$\\ 21/11/2 2

Distance Vision:

Right Eye - 6 / 6 / C

Near Vision:

Right Eye : N 6

Left Eye: N 6

Refreshtean e/Q kg (BE)

APLN.TN - Right Eye Left Eye-

mmHg

Both Eye – Colour Vision N

Both Eye – Anterior Segment Examinations – W

Both Eye Posterior Segment Examinations -

ww

Doctor's Signature

Ophthalmologist Name





## Radiology

Patient Details:

Mr. SHOBHANABEN RAJESHBHAI PATNI | Male | 35Yr 3Mth 0Days

**UHID** 

AHIL.0000818160

**Patient Location:** 

AHC

Patient Identifier:

AHILAH176244

DRN

222060124

Completed on:

21-NOV-2022 10:41

Ref Doctor

DR. SHASHIKANT NIGAM

## **USG WHOLE ABDOMEN**

#### FINDINGS:

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified Pancreatic duct appears normal in caliber.

Spleen measures 8.2 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus measures 6.6 x 4.8 x 3.6 cm. Endometrial thickness is 5 mm.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen.

Myometrial and endometrial echopattern appear normal.

Both ovaries are normal in size and echopattern.

No free fluid is seen in Pouch Of Douglas.

Printed on:

21-Nov-2022 14:55

Printed By: 1075754

Reported By:

717876

Page 1 of 2









Mr. SHOBHANABEN RAJESHBHAI PATI AHIL.0000818160

**AHILAH176244** 

# **USG WHOLE ABDOMEN**

No definite evidence of adnexal/pelvic mass is seen.

IMPRESSION:-

No significant abnormality.

END OF THE REPORT -

A. A PATEL.

Dr. ALPESH A PATEL

**DNB** Resident

21-Nov-2022 14:55

Printed By:

Reported By: 717876

Page 2 of 2

+91 76988 15003 / +91 79 66701880



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