



**CLIENT CODE:** C000138355 **CLIENT'S NAME AND ADDRESS:** 

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI

**NEW DELHI 110030** DELHI INDIA 8800465156

34/2, NEW PALASIA, NEAR OM SHANTI BHAWAN CIRCLE, BEHIND

INDUSTRY HOUSE INDORE, 452001 MADHYA PRADESH, INDIA

Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956 Email: customercare.indore@srl.in

**PATIENT NAME: SUMEET SINGH DANG** PATIENT ID: SUMEM0311897

ACCESSION NO: 0007VK002697 AGE: 33 Years SEX: Male ABHA NO:

RECEIVED: 12/11/2022 09:40 14/11/2022 17:25 DRAWN: REPORTED:

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) CLIENT PATIENT ID:

**Biological Reference Interval Units Test Report Status** Results **Final** 

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

BLOOD COUNTS,EDTA WHOLE BLOOD			
HEMOGLOBIN (HB)	16.0	13.0 - 17.0	g/dL
METHOD: SPECTROPHOTOMETRIC			
RED BLOOD CELL (RBC) COUNT	5.42	4.5 - 5.5	mil/μL
METHOD: ELECTRICAL IMPEDANCE			
WHITE BLOOD CELL (WBC) COUNT	5.20	4.0 - 10.0	thou/µL
PLATELET COUNT	249	150 - 410	thou/µL
METHOD: ELECTRICAL IMPEDANCE			
RBC AND PLATELET INDICES			
HEMATOCRIT (PCV)	45.9	40 - 50	%
METHOD: CALCULATED PARAMETER			
MEAN CORPUSCULAR VOLUME (MCV)	85.0	83 - 101	fL
METHOD: CALCULATED PARAMETER			
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	29.5	27.0 - 32.0	pg
METHOD: CALCULATED PARAMETER			
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC) METHOD: CALCULATED PARAMETER	34.8	<b>High</b> 31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH (RDW)	12.6	11.6 - 14.0	%
METHOD: CALCULATED PARAMETER			
MENTZER INDEX	15.7		
MEAN PLATELET VOLUME (MPV)	8.9	6.8 - 10.9	fL
METHOD: CALCULATED PARAMETER			
WBC DIFFERENTIAL COUNT			
NEUTROPHILS	50	40 - 80	%
METHOD: IMPEDENCE / MICROSCOPY			
LYMPHOCYTES	40	20 - 40	%
METHOD: IMPEDENCE / MICROSCOPY			
MONOCYTES	03	2 - 10	%
METHOD: IMPEDENCE / MICROSCOPY			
EOSINOPHILS	07	<b>High</b> 1 - 6	%
METHOD: IMPEDENCE / MICROSCOPY			
BASOPHILS	00	0 - 2	%
METHOD : IMPEDENCE / MICROSCOPY			
ABSOLUTE NEUTROPHIL COUNT	2.6	2.0 - 7.0	thou/µL









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Test Report Status	<u>Final</u>	Results		Biological Reference Interva	al Units
METHOD + CALCULATED DAG	DAMETED				
METHOD : CALCULATED PAR ABSOLUTE LYMPHOCYT		2.08		1.0 - 3.0	thou/µL
METHOD : CALCULATED PAR		2.00		1.0 - 3.0	tilou/µL
ABSOLUTE MONOCYTE		0.16	Low	0.2 - 1.0	thou/µL
METHOD : CALCULATED PAR		0.10		0.2 - 1.0	ι Ιου/ μΕ
ABSOLUTE EOSINOPHI		0.36		0.02 - 0.50	thou/µL
METHOD : CALCULATED PAR		0.30		0.02 - 0.30	tilou/µL
MORPHOLOGY	MMETER				
		Diana and that			
REMARKS			) is "A	ed to estimate Complete Blood Co BX PENTRA XL 80" (HORIBA) the nicroscopic picture.	
METHOD: MICROSCOPY		•			
ERYTHROCYTE SEDI BLOOD	MENTATION RATE (ESR),W	HOLE			
E.S.R		16	High	0 - 14	mm at 1 hr
METHOD : WESTERGREN ME	THOD				
GLUCOSE FASTING,	LUORIDE PLASMA				
FBS (FASTING BLOOD METHOD: HEXOKINASE	SUGAR)	97		74 - 99	mg/dL
GLYCOSYLATED HEM BLOOD	IOGLOBIN(HBA1C), EDTA V	WHOLE			
HBA1C		5.2		Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
METHOD : HPLC					
ESTIMATED AVERAGE	GLUCOSE(EAG)	102.5		< 116.0	mg/dL
METHOD : CALCULATED PAR	RAMETER				
GLUCOSE, POST-PRA	ANDIAL, PLASMA				
PPBS(POST PRANDIAL	BLOOD SUGAR)	102		Normal: < 140, Impaired Glucose Tolerance:140 199 Diabetic > or = 200	mg/dL 0-
METHOD: HEXOKINASE					
LIPID PROFILE, SER	UM				
CHOLESTEROL, TOTAL		188		Desirable: <200 BorderlineHigh: 200-239 High: > or = 240	mg/dL
METHOD : OXIDASE, ESTER	ASE, PEROXIDASE			-	

METHOD: OXIDASE, ESTERASE, PEROXIDASE









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TRIGLYCERIDES	170	High	Desirable: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > or = 500	mg/dL
METHOD: ENZYMATIC ASSAY HDL CHOLESTEROL	29	Low	< 40 Low	mg/dL
CHOLESTEROL LDL	125	High	> or = 60 High Adult levels: Optimal < 100 Near optimal/above optimal: 1 129 Borderline high: 130-159 High: 160-189	mg/dL 00-
NON HDL CHOLESTEROL	159	High	Very high: = 190 Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
CHOL/HDL RATIO	6.5		, 3	
LDL/HDL RATIO	-2.2	Low	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate >6.0 High Risk	Risk
VERY LOW DENSITY LIPOPROTEIN	34.0		3	mg/dL
LIVER FUNCTION PROFILE, SERUM				
BILIRUBIN, TOTAL  METHOD: JENDRASSIK AND GROFF	0.70		0.0 - 1.2	mg/dL
BILIRUBIN, DIRECT  METHOD: DIAZOTIZATION	0.22	High	0.0 - 0.2	mg/dL
BILIRUBIN, INDIRECT	0.48		0.00 - 1.00	mg/dL
TOTAL PROTEIN  METHOD: BIURET	8.7	High	6.4 - 8.3	g/dL
ALBUMIN  METHOD: BROMOCRESOL PURPLE	5.3	High	3.50 - 5.20	g/dL
GLOBULIN	3.4		2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	1.6		1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)  METHOD: UV WITH PSP	16		UPTO 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)  METHOD: UV WITH PSP	9		UP TO 45	U/L
ALKALINE PHOSPHATASE	102		40 - 129	U/L





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METHOD : PNPP					
GAMMA GLUTAMYL TRA	NSFEDASE (GGT)	23		8 - 61	U/L
METHOD : G-GLUTAMYL-CAR	` ,	25		0 01	0/L
LACTATE DEHYDROGENASE		175		135 - 225	U/L
METHOD : ENZYMATIC LACTA		1,3		133 223	J, L
BLOOD UREA NITRO	, ,				
BLOOD UREA NITROGE		19		6 - 20	mg/dL
METHOD : UREASE KINETIC					3, -
CREATININE, SERUM					
CREATININE		1.06		0.70 - 1.20	mg/dL
METHOD : ALKALINE PICRAT	E-KINETIC				3,
<b>BUN/CREAT RATIO</b>					
BUN/CREAT RATIO		17.92	High	5.0 - 15.0	
URIC ACID, SERUM					
URIC ACID		5.8		3.5 - 7.2	mg/dL
METHOD : URICASE/CATALAS	SE UV				5.
TOTAL PROTEIN, SER	RUM				
TOTAL PROTEIN		8.7	High	6.4 - 8.3	g/dL
METHOD : BIURET					
ALBUMIN, SERUM					
ALBUMIN		5.3	High	3.5 - 5.2	g/dL
METHOD : BROMOCRESOL PL	JRPLE				
GLOBULIN					
GLOBULIN		3.4		2.0 - 4.1	g/dL
ELECTROLYTES (NA/	K/CL), SERUM				
SODIUM, SERUM		142.8		136.0 - 146.0	mmol/L
POTASSIUM, SERUM		5.26	High	3.50 - 5.10	mmol/L
CHLORIDE, SERUM		100.9		98.0 - 106.0	mmol/L
PHYSICAL EXAMINAT	ΓΙΟΝ, URINE				
COLOR	•	PALE YELLOW			
METHOD : MACROSCOPY					
APPEARANCE		CLEAR			
METHOD : VISUAL					
CHEMICAL EXAMINA	TION, URINE				
PH		7.0		4.7 - 7.5	
METHOD : PH INDICATOR AN	ID REFLECTANCE				



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METHOD: PH INDICATOR AND REFLECTANCE





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SPECIFIC GRAVITY	1.010	1.003 - 1.035	
METHOD: REFLECTANCE SPECTROPHOTOMETRY			
PROTEIN	NOT DETECTED	NOT DETECTED	
METHOD: PROTEIN ERROR OF INDICATORS WITH REFLECTANCE			
GLUCOSE	NOT DETECTED	NOT DETECTED	
METHOD : GLUCOSE OXIDASE	NOT DETECTED	NOTEST	
KETONES	NOT DETECTED	NOT DETECTED	
METHOD: ROTHERA'S WITH REFLECTANCE	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
METHOD : PEROXIDASE METHOD WITH REFLECTANCE	NOT DETECTED	NOT DETECTED	
BILIRUBIN  METHOD: DIAZOTIZED WITH REFLECTANCE	NOT DETECTED	NOT DETECTED	
UROBILINOGEN	NORMAL	NORMAL	
METHOD: EHRLICH REACTION REFLECTANCE	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	
METHOD : DIAZOTIZED WITH REFLECTANCE	NOT BETEGIES	NOT DETECTED	
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
PUS CELL (WBC'S)	2-3	0-5	/HPF
METHOD : ESTERASES METHOD WITH REFLECTANCE			
EPITHELIAL CELLS	2-3	0-5	/HPF
METHOD: MICROSCOPIC EXAMINATION			
CASTS	NOT DETECTED		
METHOD: MICROSCOPIC EXAMINATION			
CRYSTALS	NOT DETECTED		
METHOD: MICROSCOPIC EXAMINATION			
BACTERIA	NOT DETECTED	NOT DETECTED	
METHOD: MICROSCOPIC EXAMINATION			
YEAST	NOT DETECTED	NOT DETECTED	
REMARKS	Please note that all the uri	nary findings are confirmed manu	ally as well.
THYROID PANEL, SERUM			
T3	128.6	80.00 - 200.00	ng/dL
METHOD: ELECTROCHEMILUMINESCENCE IMMUNO ASSAY			
T4	8.51	5.10 - 14.10	μg/dL
METHOD: ELECTROCHEMILUMINESCENCE IMMUNO ASSAY			



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Test Report Status Results Biological Reference Interval Units **Final** 

TSH (ULTRASENSITIVE) 3.790 0.270 - 4.200 μIU/mL

METHOD: ELECTROCHEMILUMINESCENCE IMMUNO ASSAY

### Interpretation(s)

Triiodothyronine T3. Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. owidctlparowidctlparBelow mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
					treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. NOTE: It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

### **ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

**ABO GROUP** TYPE O

METHOD: TUBE AGGLUTINATION

RH TYPE **POSITIVE** 









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METHOD: TUBE AGGLUTINATION

**XRAY-CHEST** 

»» BOTH THE LUNG FIELDS ARE CLEAR

»» BOTH THE COSTOPHRENIC AND CARIOPHRENIC ANGELS ARE CLEAR

»» BOTH THE HILA ARE NORMAL

»» CARDIAC AND AORTIC SHADOWS APPEAR NORMAL»» BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL

»» VISUALIZED BONY THORAX IS NORMAL

IMPRESSION NO ABNORMALITY DETECTED

TMT OR ECHO

TMT OR ECHO NEGATIVE

ECG

ECG SINUS RHYTHM

R-S TRANSITION ZONE IN V LEADS

OTHERWISE NORMAL ECG

**MEDICAL HISTORY** 

RELEVANT PRESENT HISTORY

RELEVANT PAST HISTORY

RELEVANT PERSONAL HISTORY

RELEVANT FAMILY HISTORY

OCCUPATIONAL HISTORY

HISTORY OF MEDICATIONS

NOT SIGNIFICANT

NOT SIGNIFICANT

**ANTHROPOMETRIC DATA & BMI** 

HEIGHT IN METERS 1.71 mts WEIGHT IN KGS. 76 Kgs

BMI & Weight Status as follows: kg/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

**GENERAL EXAMINATION** 

MENTAL / EMOTIONAL STATE NORMAL
PHYSICAL ATTITUDE NORMAL
GENERAL APPEARANCE / NUTRITIONAL STATUS OVERWEIGHT
BUILT / SKELETAL FRAMEWORK AVERAGE
FACIAL APPEARANCE NORMAL



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SKIN NORMAL UPPER LIMB **NORMAL** LOWER LIMB **NORMAL NECK NORMAL** 

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND **NOT ENLARGED** 

CAROTID PULSATION **NORMAL TEMPERATURE AFEBRILE** 

**PULSE** 62/MIN REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID

**BRUIT HEARD** 

RESPIRATORY RATE **NORMAL** 

**CARDIOVASCULAR SYSTEM** 

ΒP 120/80 mm/Hg

**PERICARDIUM NORMAL** APEX BEAT **NORMAL** 

**HEART SOUNDS** S1, S2 HEARD NORMALLY

**MURMURS ABSENT** 

**RESPIRATORY SYSTEM** 

SIZE AND SHAPE OF CHEST **NORMAL** MOVEMENTS OF CHEST **SYMMETRICAL** BREATH SOUNDS INTENSITY **NORMAL** 

**BREATH SOUNDS QUALITY** VESICULAR (NORMAL)

ADDED SOUNDS **ABSENT** 

PER ABDOMEN

**HFRNIA** 

**APPEARANCE** NORMAL VENOUS PROMINENCE **ABSENT** LIVER **NOT PALPABLE** SPI FFN **NOT PALPABLE ABSENT** 

**CENTRAL NERVOUS SYSTEM** 

HIGHER FUNCTIONS **NORMAL** CRANIAL NERVES **NORMAL** CEREBELLAR FUNCTIONS **NORMAL** SENSORY SYSTEM **NORMAL** 



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MOTOR SYSTEM	NORMAL		
REFLEXES	NORMAL		
MUSCULOSKELETAL SYSTEM			
SPINE	NORMAL		
JOINTS	NORMAL		
BASIC EYE EXAMINATION			
CONJUNCTIVA	NORMAL		
EYELIDS	NORMAL		

EYE MOVEMENTS NORMAL

CORNEA NORMAL

DISTANT VISION RIGHT EYE WITHOUT GLASSES 6/6 WITHIN NORMAL LIMIT

DISTANT VISION LEFT EYE WITHOUT GLASSES 6/6 WITHIN NORMAL LIMIT

NEAR VISION RIGHT EYE WITHOUT GLASSES

N/6 WITHIN NORMAL LIMIT
NEAR VISION LEFT EYE WITHOUT GLASSES

N/6 WITHIN NORMAL LIMIT

COLOUR VISION NORMAL

**BASIC ENT EXAMINATION** 

EXTERNAL EAR CANAL

TYMPANIC MEMBRANE

NORMAL

NOSE NO ABNORMALITY DETECTED

SINUSES CLEAR

THROAT NO ABNORMALITY DETECTED

TONSILS NOT ENLARGED

**SUMMARY** 

RELEVANT HISTORY NOT SIGNIFICANT RELEVANT GP EXAMINATION FINDINGS OVERWEIGHT

REMARKS / RECOMMENDATIONS NONE

**FITNESS STATUS** 

FITNESS STATUS FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)









**CLIENT CODE:** C000138355 **CLIENT'S NAME AND ADDRESS:** 

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI

SOUTH WEST DELHI **NEW DELHI 110030 DELHI INDIA** 8800465156

34/2, NEW PALASIA, NEAR OM SHANTI BHAWAN CIRCLE, BEHIND

INDUSTRY HOUSE INDORE, 452001 MADHYA PRADESH, INDIA

Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956 Email: customercare.indore@srl.in

PATIENT ID: **PATIENT NAME: SUMEET SINGH DANG** SUMEM0311897

ACCESSION NO: 0007VK002697 AGE: 33 Years SEX: Male ABHA NO:

DRAWN: RECEIVED: 12/11/2022 09:40 REPORTED: 14/11/2022 17:25

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) CLIENT PATIENT ID:

**Test Report Status** Results Biological Reference Interval Units **Final** 

### Comments

CLINICAL FINDINGS :-

RAISED PROTEIN

RAISED CHLORIDE.

RAISED POTASSIUM.

RAISED BUN.

DYSLIPIDEMIA.

OVER WEIGHT STATUS.

FITNESS STATUS :-

FITNESS STATUS: FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)

ADVICE: WEIGHT REDUCTION, LOW FAT& CARBOHYDRATE DIET AND REGULAR PHYSICAL EXERCISE FOR OVERWEIGHT STATUS AND DYSLIPIDEMIA.

NEED PHYSICIAN CONSULTATION FOR LIFE STYLE MODIFICATION.

Interpretation(s)
BLOOD COUNTS,EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.
WBC DIFFERENTIAL COUNT-

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope. ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-**TEST DESCRIPTION**:-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. **TEST INTERPRETATION** 

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

### LIMITATIONS









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False elevated ESR: Increased fibringen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine, salicylates)

### REFERENCE

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLUCOSE FASTING,FLUORIDE PLASMA-**TEST DESCRIPTION** 

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

### Increased in

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

### Decreased in

Pancreatic islet cell disease with increased insulin,insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

### NOTE:

Hypoglycemia is defined as a glucoseof < 50 mg/dL in men and < 40 mg/dL in women.

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic

index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

- ${\bf 1. Evaluating} \ the \ long-term \ control \ of \ blood \ glucose \ concentrations \ in \ diabetic \ patients.$
- 2.Diagnosing diabetes.
- 3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

- 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
  2. eAG gives an evaluation of blood glucose levels for the last couple of months.
  3. eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c 46.7

### HbA1c Estimation can get affected due to :

I.Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.

III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

IV.Interference of hemoglobinopathies in HbA1c estimation is seen in a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.
AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured

clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys,heart,muscles, and pancreas.It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of



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normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodiliution, increased vascular

permeability or decreased lymphatic clearance,malnutrition and wasting etc
BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)
Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

- Blockage in the urinary tract
   Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia GravisMuscular dystrophy

URIC ACID, SERUM-

Causes of Increased levels:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc. ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

### FITNESS STATUS-

Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job under consideration to eventually fit the right man to the right job.

- Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:
   Fit (As per requested panel of tests) SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.
- Fit (with medical advice) (As per requested panel of tests) This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's
- consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FTT to join the job.

   Fitness on Hold (Temporary Unfit) (As per requested panel of tests) Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly









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elevated blood sugars, etc.





<sup>•</sup> Unfit (As per requested panel of tests) - An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.





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### MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN
ULTRASOUND ABDOMEN

NO ABNORMALITIES DETECTED

\*\*End Of Report\*\*
Please visit www.srlworld.com for related Test Information for this accession

Dr.Arpita Pasari, MD Consultant Pathologist

### **CONDITIONS OF LABORATORY TESTING & REPORTING**

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
  - i. Specimen received is insufficient or inappropriate
  - ii. Specimen quality is unsatisfactory
  - iii. Incorrect specimen type
  - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- 7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- 8. Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

**SRL Limited** 

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062





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