

Name : Mr. AMIT KUMAR (30 /M)

Date : 24/12/2022

Address :

Examined by:

UHID : AMHL.0002065110

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH163674



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Dyslipidemia,  
Thyroid disorder, Heart  
disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY :24/12/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits -  
regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - No



### Surgical history

Surgical history - Nil



### Personal history

Diet - Non Vegetarian

Alcohol - consumes alcohol  
occasionally

Frequency - occasional

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - has expired

Aged - 65

- from COVID

Mother - alive

Aged - 62

Brothers - 1

Sisters - 2

Diabetes - father

Coronary artery  
disease - mother

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Cancer - None  
Thyroid/other endocrine disorder - mother,sister  
Dyslipidemia - mother

## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 164  
Weight - 67  
BMI - 24.91  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 76  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 70  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.5	g/dl	●	13.0-17.0
RBC COUNT	4.70	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	40.3 *	%	●	41-53
MCV	85.8	fl	●	83-101
MCH	28.8	pg	●	27-32
MCHC	33.6	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	9700	/cu mm	●	4000-10000
Platelet Count	1.97	lacs/cu mm	●	1.5-4.0
Neutrophils	52	%	●	40-80
Lymphocytes	38	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20 *	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	61 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	70	U/L	●	53-128
AST (SGOT) - SERUM	30	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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CHOLESTEROL - SERUM 159 mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 24 mg/dL ● 0-35

**CREATININE - SERUM**

Test Name Result Unit Level Range  
CREATININE - SERUM 1.0 mg/dL ● 0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 7.5 g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 3.1 g/dL ● 1.8-3.6

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 36 U/L ● 7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2  
TOTAL T4: THYROXINE - SERUM 9.0 µg/dL ● 5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 84 mg/dL ● 70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 171 \* mg/dL ● 0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 128 mg/dL ● 70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 3.5 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.1 % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 6.2 mg/dL ● 3.5-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 34 mg/dL ● 30-70

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LDL CHOLESTEROL -SERUM 101 mg/dL ● Optimal: <100

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 15.6 mg/dL ● 7.0-18.0

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

### ECG

SINUS RHYTHM.  
EARLY REPOLARIZATION LIKE ST-T CHANGES.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* No significant abnormality is seen.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.