

Health Check up Booking Request(bobS14392),Package Code(PKG10000240),Beneficiary Code(7972)

Mediwheel <customercare@policywheel.com>

Fri 7/29/2022 1:28 PM

To: Insurance Ghaziabad <insurance.ghaziabad@manipalhospitals.com>

Cc: Mediwheel CC <customercare@mediwheel.in>;Mediwheel CC <mediwheelwellness@gmail.com>

011-41195959

Email:wellness@mediwheel.in

Dear Manipal Hospitals,  
City : Ghaziabad . Location : . Lancroft Golf Links Apartment,

We have received the following request for Health Check up from

**Name** : Pramod kumar prasad  
**Age** : 40  
**Gender** : Male  
**Member Relations** : Spouse  
**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40  
**Package Code** : PKG10000240  
**User Location** : Uttar Pradesh,GHAZIABAD,201012  
**Contact Details** : 7042243139  
**Booking Date** : 29-07-2022  
**Appointment Date** : 09-08-2022

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
Pramod kumar prasad	40	Male	Cashless
Total amount to be paid		Cashless	

Please login to your account to confirm the same. Also you mail us for confirmation

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40 - Includes (37 )Tests  
Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	PRAMOD KUMARPRASAD
DATE OF BIRTH	18-08-1982
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	09-08-2022
BOOKING REFERENCE NO.	22S74668100022560S
SPOUSE DETAILS	
EMPLOYEE NAME	MRS. RANI ABHA
EMPLOYEE EC NO.	74668
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	GHAZIABAD,CROSSING REPUBLIC
EMPLOYEE BIRTHDATE	03-06-1985

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **29-07-2022** till **31-03-2023**.The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार  
GOVERNMENT OF INDIA



प्रमोद कुमार प्रसाद  
Pramod Kumar Prasad  
जन तिथि/DOB: 18/08/1982  
प्राथ/MALE  
Mobile No: 8826965528

**8370 2734 1816**

VID : 9104 5497 7118 1345



मेरी आधार, मेरी पहचान



## TMT INVESTIGATION REPORT

Patient Name : Mrs. PRAMOD KUMAR PRASAD	Location : Ghaziabad
Age/Sex : 40Year(s)/Female	Visit No : V0000000001-GHZB
MRN No : GHZB-0000113545	Order Date : 09/8/2022
Ref. Doctor : HCP	Report Date : 09/8/2022

**Protocol** : Bruce **MPHR** : 180BPM  
**Duration of exercise** : 7min 30sec **85% of MPHR** : 153BPM  
**Reason for termination** : THR achieved **Peak HR Achieved** : 155BPM  
**Blood Pressure (mmHg)** : Baseline BP : 126/90mmHg **% Target HR** : 86%  
Peak BP : 140/94mmHg **METS** : 9.3METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	69	126/90	Nil	No ST changes seen	Nil
STAGE 1	3:00	104	126/90	Nil	No ST changes seen	Nil
STAGE 2	3:00	130	134/90	Nil	No ST changes seen	Nil
STAGE 3	1:30	155	140/94	Nil	No ST changes seen	Nil
RECOVERY	3:02	96	130/90	Nil	No ST changes seen	Nil

**COMMENTS:**

- No ST changes in base line ECG.
- No ST changes at peak.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

**IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

**Dr. Bhupendra Singh**  
MD, DM (CARDIOLOGY), FACC  
Sr. Consultant Cardiology

**Dr. Abhishek Singh**  
MD, DNB (CARDIOLOGY), MNAMS  
Sr. Consultant Cardiology

**Dr. Sudhanshu Mishra**  
MD  
Cardiology Registrar

## RADIOLOGY REPORT

<b>Name</b>	PRAMOD KUMAR PRASAD	<b>Modality</b>	DX
<b>Patient ID</b>	GHZB-0000113545	<b>Accession No</b>	1126123
<b>Gender/Age</b>	M / 39Y 11M 22D	<b>Scan Date</b>	09-08-2022 09:30:46
<b>Ref. Phys</b>	Dr. Deepak Verma	<b>Report Date</b>	09-08-2022 10:02:48

## XR- CHEST PA VIEW

**FINDINGS:**

LUNGS: Normal.  
 TRACHEA: Normal.  
 CARINA: Normal.  
 RIGHT AND LEFT MAIN BRONCHI: Normal.  
 PLEURA: Normal.  
 HEART: Normal.  
 RIGHT HEART BORDER: Normal.  
 LEFT HEART BORDER: Normal.  
 PULMONARY BAY: Normal.  
 PULMONARY HILA: Normal.  
 AORTA: Normal.  
 THORACIC SPINE: Normal.  
 OTHER VISUALIZED BONES: Normal.  
 VISUALIZED SOFT TISSUES: Normal.  
 DIAPHRAGM: Normal.  
 VISUALIZED ABDOMEN: Normal.  
 VISUALIZED NECK: Normal.

**IMPRESSION:**

**No significant abnormality noted.**

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,  
 Consultant Radiologist, Reg No MCI 11 10887

This document is digitally signed and hence no manual signature is required

MANIPAL HOSPITALS  
 Teleradiology services provided by Manipal Hospitals Radiology Group  
 NH-24, Manipal Road, Near Landcraft Golf Links, Ghazabad - 201002

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## RADIOLOGY REPORT

<b>Name</b>	PRAMOD KUMAR PRASAD	<b>Modality</b>	US
<b>Patient ID</b>	GHZB-0000113545	<b>Accession No</b>	1126122
<b>Gender/Age</b>	M / 39Y 11M 22D	<b>Scan Date</b>	09-08-2022 10:10:25
<b>Ref. Phys</b>	Dr. Deepak Verma	<b>Report Date</b>	09-08-2022 11:49:36

**USG ABDOMEN & PELVIS****FINDINGS**

**LIVER:** appears enlarged in size (measures 188 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade II fatty infiltration. Rest normal.

**SPLEEN:** Spleen is normal in size (measures 103 mm), shape and echotexture. Rest normal.

**PORTAL VEIN:** Appears normal in size.

**COMMON BILE DUCT:** Appears normal in size.

**IVC, HEPATIC VEINS:** Normal.

**BILIARY SYSTEM:** Normal.

**GALL BLADDER:** Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

**PANCREAS:** Pancreas is normal in size, shape and echotexture. Rest normal.

**KIDNEYS:** Bilateral kidneys are normal in size and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

**Right Kidney:** measures 95 x 36 mm with parenchymal thickness 11.5 mm. It is smooth in outline. A small cortical cyst measuring 18 x 12 mm is seen at lower pole with a thin septa (~2mm) within.

**Left Kidney:** measures 97 x 39 mm with parenchymal thickness 8.9 mm. Minimal scarring is seen at mid pole cortex (History of surgery for left renal mass lesion is present in 2019; details not available).

**PELVI-CALYCEAL SYSTEMS:** Compact.

**NODES:** Not enlarged.

**FLUID:** Nil significant.

**URINARY BLADDER:** Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

**PROSTATE:** Prostate is normal in size, shape and echotexture. It measures 38 x 29 x 26 mm with volume 15 cc. Rest normal.

**SEMINAL VESICLES:** Normal.

**BOWEL:** Visualized bowel loops appear normal.

**IMPRESSION**

**-Hepatomegaly with diffuse grade II fatty infiltration in liver.**

**-Small right renal cortical cyst with a thin septa within.**

**-Minimal scarring seen at mid pole cortex of left kidney (History of surgery for left renal mass lesion is present in 2019; details not available).**

*ADV: Follow up with US-KUB after 6 months.*

Recommend clinical correlation.

**RADIOLOGY REPORT**

<b>Name</b>	PRAMOD KUMAR PRASAD	<b>Modality</b>	US
<b>Patient ID</b>	GHZB-0000113545	<b>Accession No</b>	1126122
<b>Gender/Age</b>	M / 39Y 11M 22D	<b>Scan Date</b>	09-08-2022 10:10:25
<b>Ref. Phys</b>	Dr. Deepak Verma	<b>Report Date</b>	09-08-2022 11:49:36

*Monica*

Dr. Monica Shekhawat, MBBS,DNB,  
Consultant Radiologist,Reg No MCI 11 10887

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MANIPAL HOSPITALS  
Teleradiology services provided by Manipal Hospitals Radiology Group  
NH 2, Paper Road, Near Landmark Column, Chazabada 201002

www.manipalhospitals.com

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HCMCT

# Manipal Hospitals

LIFE'S ON



Name : PRAMOD KUMAR PRASAD  
 Registration No : MH008863578  
 Patient Episode : R03000041700  
 Referred By : MANIPAL HOSPITALS GHAZIABAD  
 Receiving Date : 09 Aug 2022 13:21

Age : 39 Yr(s) Sex : Male  
 Lab No : 32220803199  
 Collection Date : 09 Aug 2022 13:17  
 Reporting Date : 09 Aug 2022 14:48

## BIOCHEMISTRY

### THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.62	ng/ml	1 [0.70-2.04]
T4 - Thyroxine (ECLIA)	8.36	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.850	μIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m. and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- \* References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
  - 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

-----END OF REPORT-----

Dr. Neelam Singal  
CONSULTANT BIOCHEMISTRY



## LABORATORY REPORT

Name	PRAMOD KUMAR PRASAD	Age	39y 11m 22d	Gender	MALE
MRN	GHZB-0000113545	Visit No	V0000000002-GHZB		
Lab No	G000325284	Collected On	09/08/2022 9:11AM	Received On	09/08/2022 9:12AM
Referred By	Deepak Verma	Reported On	09/08/2022 11:00AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, FASTING (F) (Serum Fasting)	98 mg/dl		70 - 110 mg/dl	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

*Charu*  
Registration No: 45422

Processed by :- robin DHIRANIYA

**DR CHARU AGARWAL**  
CONSULTANT PATHOLOGIST  
Pathologist

## LABORATORY REPORT

Name	PRAMOD KUMAR PRASAD	Age	39y 11m 22d	Gender	MALE
MRN	GHZB-0000113545	Visit No	V0000000002-GHZB		
Lab No	G000325302	Collected On	09/08/2022 10:26AM	Received On	09/08/2022 10:26AM
Referred By	Deepak Verma	Reported On	09/08/2022 3:28PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
<b>URINE EXAMINATION, ROUTINE (Urine)</b>			
<b>PHYSICAL EXAMINATION</b>			
Colour	P.YELLOW		
Appearance	CLEAR		
pH	6.0		
Specific gravity	1.020		
<b>CHEMICAL EXAMINATION</b>			
Glucose	Nil		
Protein	Present(Trace)		
Ketone bodies	Absent		
Urobilinogen	Absent		
<b>MICROSCOPIC EXAMINATION</b>			
Leukocytes	2-4/HPF		
Erythrocytes	NIL		
Epithelial Cells	1-2/HPF		
Casts	NIL		
Crystals	NIL		
Others	NIL		

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- AVNEESH KUMAR

*Alka*  
MCT-39093  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

Report Printed On: 10/8/2022 8:33AM

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LABORATORY REPORT

Name	PRAMOD KUMAR PRASAD	Age	39y 11m 22d	Gender	MALE
MRN	GHZB-0000113545	Visit No	V0000000002-GHZB		
Lab No	G000325338	Collected On	09/08/2022 1:44PM	Received On	09/08/2022 1:48PM
Referred By	Deepak Verma	Reported On	09/08/2022 5:05PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	147 mg/dl		80 -140 mg/dl	

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Alka  
MCT-39093

DR ALKA DIXIT VATS  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

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## LABORATORY REPORT

Name	PRAMOD KUMAR PRASAD	Age	39y 11m 22d	Gender	MALE
MRN	GHZB-0000113545	Visit No	V0000000002-GHZB		
Lab No	G000325285	Collected On	09/08/2022 9:11AM	Received On	09/08/2022 9:12AM
Referred By	Deepak Verma	Reported On	09/08/2022 6:39PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
<b>BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)</b>			
BLOOD GROUPING	"O"		
RH TYPING	POSITIVE		
ESR (WESTERGREN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	<b>19 mm/1st hour</b>		0 - 15 mm/Hr

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- AVNEESH KUMAR

*Alka*  
mcr-39093  
**DR ALKA DIXIT VATS**  
CONSULTANT PATHOLOGIST  
PATHOLOGIST

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## LABORATORY REPORT

Name	PRAMOD KUMAR PRASAD	Age	39y 11m 22d	Gender	MALE
MRN	GHZB-0000113545	Visit No.	V0000000002-GHZB		
Lab No	G000325285	Collected On	09/08/2022 9:11AM	Received On	09/08/2022 9:12AM
Referred By	Deepak Verma	Reported On	09/08/2022 11:04AM		

Test Name	Result	Criticality Factor	Biological Reference Interval
HEMOGLOBIN, HB	14.0 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	34.1 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	29.4 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	86.2 fl		77 - 97 fl
PLATELET COUNT	160 x10 <sup>3</sup> cells/ Cumm		150x10 <sup>3</sup> - 400x10 <sup>3</sup> cells/cumm
RED BLOOD CELLS, RBC COUNT	4.77 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	13.6 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	5.88 x10 <sup>3</sup> cells/ Cumm		4x10 <sup>3</sup> - 11x10 <sup>3</sup> cells/cumm
HEMATOCRIT (HCT)	41.1 %		34 -45%
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	02 %		2 -7 %
LYMPHOCYTES	31 %		17 - 45 %
MONOCYTES	07 %		4 -13%
NEUTROPHILS	60 %		40 - 80%

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- robin DHIRANIYA

**DR CHARU AGARWAL**  
 CONSULTANT PATHOLOGIST  
 Pathologist

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LABORATORY REPORT

Name	PRAMOD KUMAR PRASAD	Age	39y 11m 22d	Gender	MALE
MRN	GHZB-0000113545	Visit No	V0000000002-GHZB		
Lab No	G000325285	Collected On	09/08/2022 9:11AM	Received On	09/08/2022 9:12AM
Referred By	Deepak Verma	Reported On	09/08/2022 5:01PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
HBA1C (Whole Blood)	5.3 %		Normal: < or = 5.6 % Increased risk for Diabetes (Pre-diabetes): 5.7 – 6.4 % Diabetes: > or = 6.5 % If you are a Diabetic, please consult your doctor for your HbA1c target.	

**KIDNEY FUNCTION TESTS (Serum)**

UREA	19.1 mg/dl		15 - 40 mg/dl
CREATININE, SERUM	0.88 mg/dl		0.7 - 1.2 mg/dl
URIC ACID	6.8 mg/dl		4 - 8.5 mg/dl
SODIUM, SERUM	138.4 mmol/L		136 - 144 mmol/ L
POTASSIUM, SERUM	4.63 mmol/L		3.6 - 5.1 mmol/L
CHLORIDE, SERUM	104.6 mmol/L		101 - 111 mmol/L

**LIPID PROFILE (Serum)**

CHOLESTEROL, TOTAL	200 mg/dl		Upto 200 mg/dl
TRIGLYCERIDES, SERUM	<b>163 mg/dl</b>		Upto 150 mg/dl
CHOLESTEROL, HDL, DIRECT	46 mg/dl		35 - 65 mg/dl
CHOLESTEROL, LDL, DIRECT	<b>121 mg/dl</b>		0 -120 mg/dl

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LABORATORY REPORT

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MRN	GHZB-0000113545	Visit No	V0000000002-GHZB		
Lab No	G000325285	Collected On	09/08/2022 9:11AM	Received On	09/08/2022 9:12AM
Referred By	Deepak Verma	Reported On	09/08/2022 3:26PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Cholesterol, VLDL	33 mg/dl		0 - 35 mg/dl	
<b>LIVER FUNCTION TESTS (Serum)</b>				
BILIRUBIN, TOTAL	<b>1.51 mg/dl</b>		0.3 -1.2 mg/dl	
BILIRUBIN, DIRECT	0.25 mg/dl		0 - 0.3 mg/dl	
Indirect Bilirubin	<b>1.26</b>		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.3 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.48 g/dl		3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.59		1:1 - 2.5:1	
GLOBULIN, SERUM	2.8			
SGPT	63 IU/L		17 - 63 IU/L	
SGOT	<b>45 IU/L</b>		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	30 IU/L		7 -50 U/L	
ALKALINE PHOSPHATASE, ALP	81 IU/L		32 -91 IU/L	

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## LABORATORY REPORT

Name	PRAMOD KUMAR PRASAD	Age	39y 11m 22d	Gender	MALE
MRN	GHZB-0000113545	Visit No	V0000000002-GHZB		
Lab No	G000325285	Collected On	09/08/2022 9:11AM	Received On	09/08/2022 9:12AM
Referred By	Deepak Verma	Reported On	09/08/2022 3:26PM		

\*\*\*\*\* END OF REPORT \*\*\*\*\*

Processed by :- AVNEESH KUMAR

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