

Dr. Vimmi Goel  
Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No. MMC-2014/11/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

 **KIMS-KINGSWAY  
HOSPITALS**

Name: Mr. Yashraj Sedmake Date: 22/10/24

Age: 42 Sex: M Weight: 70.8 kg Height: 159.4 inc BMI: 27.9

BP: 147/98 mmHg Pulse: 95 /m bpm RBS: \_\_\_\_\_ mg/dl  
SpO2: 100%

Name: M. Yadav Seemake Date: 20/11/24

Age: 42 yrs Sex: M/F Weight:            kg Height:            Inc. BMI:           

BP:            mmHg Pulse:            bpm RBS:            mg/dl

Allergy:           

Routine Dental Checkup

PMH:            NPH:           

DM:            HbA1c:            Wt:            kg

Q/E:           

- Caries:           

- Calculus:           

- Periodontal flap:           

Act:            Per & Coping:           

Oral Hygiene:           

SOS extraction:           

Dr. Seemake

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>YADNIK SEDMAKE</b> 42Y(S) 11M(S) 7D(S)M UMR2324008618 7350789611	<b>CONSULT DATE</b> : 20-11-2024 <b>CONSULT ID</b> : OPC2425002316 <b>CONSULT TYPE</b> : WALK IN <b>VISIT TYPE</b> : NORMAL <b>TRANSACTION TYPE</b> : CORPORATE	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
-- F -- /min -- %RA -- /10 -- cms

Weight : BMI :  
-- kgs --

**CHIEF COMPLAINTS**

ROUTINE EY CHECK UP

**MEDICATION PRESCRIBED**

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Tropicel	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.1% W/V						

**NOTES**

GLASS PRESCRIPTION :-  
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6

**NEAR ADDITION**

RIGHT EYE	+1.25D	NO
LEFT EYE	+1.25D	NO

REMARK- PROGRESSIVE WITH BLUE CUT GLASSES



Dr. Ashish Prakashchandra Kamble  
MBBS,MS, FVRS,FICO  
Consultant

Printed On :20-11-2024 14:18:00



MC-8773

**KIMS-KINGSWAY  
HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. YADNIK SEDMAKE	<b>Age / Gender</b> : 42 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425065499/UMR2324008618	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:33 am	<b>Report Date</b> : 20-Nov-24 11:57 am

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.7	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		46.8	40.0 - 50.0 %	Calculated
RBC Count		<b>5.72</b>	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		<b>82</b>	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		<b>25.7</b>	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		<b>31.4</b>	31.5 - 35.0 g/l	Calculated
RDW		<b>19.9</b>	11.5 - 14.0 %	Calculated
Platelet count		198	150 - 450 $10^3$ /cumm	Impedance
WBC Count		5400	4000 - 11000 cells/cumm	Impedance

**DIFFERENTIAL COUNT**

Neutrophils	55.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	29.4	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	<b>10.4</b>	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	5.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	2975.4	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count	1587.6	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count	<b>561.6</b>	20 - 500 /cumm	Calculated
Absolute Monocyte Count	275.4	200 - 1000 /cumm	Calculated
Absolute Basophil Count	0	0 - 100 /cumm	Calculated



MC-6773

**KIMS-KINGSWAY  
HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. YADNIK SEDMAKE	<b>Age / Gender</b> : 42 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425065499/UMR2324008618	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:33 am	<b>Report Date</b> : 20-Nov-24 11:57 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
<b>PERIPHERAL SMEAR</b>			
Microcytosis		Microcytosis -(Few)	
Hypochromasia		Hypochromia +(Few)	
Anisocytosis		Anisocytosis +(Few)	
WBC		As above	
Platelets		Adequate	Light microscopy
<b>E S R</b>	02	0 - 15 mm/hr	Automated Westergren's Method

\*\*\* End Of Report \*\*\*

This is an Amended and Revised Report of BIL2425065499 on 11/20/2024 10:23:28AM

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 9670

Test results related only to the item tested.

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Dr. Suwarna Kawade, MBBS,MD (Pathology)

Page 2 of 2

**CONSULTANT**SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur 440 001  
Maharashtra, India, Phone +91 712 6789100



MC-6773

**KINGS-KINGWAY**  
HOSPITALS**CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. YADNIK SEDMAKE	<b>Age / Gender</b> : 42 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425065499/UMR2324008618	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 10:32 am	<b>Report Date</b> : 20-Nov-24 11:45 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	97	< 100 mg/dl	GOD/POD,Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
HbA1c		5.3	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100511

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**Dr. Suwarna Kawade, MBBS,MD (Pathology)**  
**CONSULTANT**

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingway, Nagpur - 440 001,

Maharashtra, India. Phone +91 20 2555 5555

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 20 2555 5555

CIN: U74999MH2018PTC303510



MC-6773

**KIMS-KINGSWAY  
HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. YADNIK SEDMAKE	<b>Age /Gender</b> : 42 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425065499/UMR2324008618	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 20-Nov-24 12:44 pm	<b>Report Date</b> : 20-Nov-24 02:51 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	101	< 140 mg/dl	GOD/POD, Colorimetric

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting  $\geq$  126 mg/dlRandom/2Hrs. OGTT  $\geq$  200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : 11100131

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST****SPANV Medisearch Lifesciences Private Limited**  
44, Parwana Bhawan, Kingsway, Nagpur 440 001  
Maharashtra, India. Phone +91 712 6789100**SPANV Medisearch Lifesciences Private Limited**  
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.  
Phone: +91 0712 6789100  
GIN: U74988MH2018PTC000610



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. YADNIK SEDMAKE  
**Age / Gender** : 42 Y(s)/Male  
**Bill No/ UMR No** : BIL2425065499/UMR2324008618  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:33 am  
**Report Date** : 20-Nov-24 11:45 am

**LIPID PROFILE**

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	175	< 200 mg/dl Enzymatic(CHE/CHO/PO D)
Triglycerides		103	< 150 mg/dl
HDL Cholesterol Direct		35	> 40 mg/dl
LDL Cholesterol Direct		131.36	< 100 mg/dl
VLDL Cholesterol		21	< 30 mg/dl
Tot Chol/HDL Ratio		5	3 - 5

Intake therapeutic	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%		
Two or more additional major risk factors, 10 yrs CHD risk <20%	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>150, optional at 160-189	<150

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : 11100026

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**Dr. Suvarna Kawade, MBBS,MD (Pathology)**

**CONSULTANT**

SPANV Medisearch Lifesciences Private Limited  
44, Farwana Bhawan, Kingsway, Nagpur 440 001  
Maharashtra, India, Phone +91 712 6789100





**KIMS-KINGSWAY  
HOSPITALS**

**KIMS-KINGSWAY  
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. YADNIK SEDMAKE  
**Age / Gender** : 42 Y(s)/Male  
**Bill No/ UMR No** : BIL2425065499/UMR2324008618  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:33 am  
**Report Date** : 20-Nov-24 11:45 am

**LIVER FUNCTION TEST (LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.81	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.21	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.60	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		79	38 - 126 U/L	
SGPT/ALT		33	10 - 40 U/L	
SGOT/AST		32	15 - 40 U/L	
Serum Total Protein		<b>8.21</b>	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.68	3.5 - 5.0 gm/dl	
Globulin		3.53	2.0 - 4.0 gm/dl	
A/G Ratio		1.3		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

verified By : 11100026

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**Dr. Suvarna Kawade, MBBS, MD (Pathology)**

**CONSULTANT**

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhiawan, Kingsway, Nagpur 440 001  
Maharashtra, India. Phone +91 712 6789100

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhiawan, Kingsway, Nagpur - 440 001, Maharashtra, India.  
Phone: +91 712 6789100  
CN: U74900MH2019PTC003810



MC-8773



**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. YADNIK SEDMAKE  
**Age / Gender** : 42 Y(s)/Male  
**Referred By** : Dr. Vimmi Gael MBBS, MD  
**Report Date** : 20-Nov-24 11:45 am  
**Bill No/ UMR No** : BIL2425085499/UMR2324008618  
**Received Dt** : 20-Nov-24 10:33 am

RFT Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	16	19.0 - 43.0 mg/dl	Direction selective electrode
Creatinine		0.9	0.66 - 1.25 mg/dl	
GFR		109.4	>90 mL/min/1.73m square.	
Sodium		139	135 - 145 mmol/L	
Potassium		4.82	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation if necessary, Please Contact

Verified By : 11100105

Test results related only to the item tested.

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*Dr. Suwama Kawade*  
Dr. Suwama Kawade, MBBS, MD (Pathology)  
CONSULTANT

SPANV Medsearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingway, Nagpur-440 001  
Maharashtra, India. Phone +91 712 6780100

SPANV Medsearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingway, Nagpur-440 001, Maharashtra, India.  
Phone: 91 0712 6780100  
Fax: 91 0712 6780100



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. YADNIK SEDMAKE  
**Age / Gender** : 42 Y(s)/Male  
**Bill No/ UMR No** : BIL2425065499/UMR2324008618  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 20-Nov-24 10:33 am  
**Report Date** : 20-Nov-24 12:25 pm

**THYROID PROFILE**

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.41	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.27	0.80 - 1.70 ng/dl	
TSH		3.81	0.50 - 4.80 uIU/ml	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please Discuss  
 Verified By : : 11100026  
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*Dr. Gauri Hardas*  
**Dr. GAURI HARDAS, MBBS,MD**  
 CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited  
 44, Parwana Bhawan, Kingsway, Nagpur 440 001  
 Maharashtra, India. Phone +91 712 6785100

SPANV Medisearch Lifesciences Private Limited  
 44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.  
 Phone: +91 0712 6785100  
 PAN: UIN2399H0018PTC003310


**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mr. YADNIK SEDMAKE  
**Spl. No/ UMR No** : BIL2425065499/UMR2324008618  
**Received Dt** : 20-Nov-24 10:48 am

**Age / Gender** : 42 Y(s)/Male  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Report Date** : 20-Nov-24 11:53 am

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b>PHYSICAL EXAMINATION</b>				
Volume	Urine	40 ml		
Colour		Pale yellow		
Appearance		Clear	Clear	
<b>CHEMICAL EXAMINATION</b>				
Specific gravity		1.010	1.005 - 1.025	ion concentration
Reaction (pH)		5.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	protein error of pH Indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Normal	Normal	Ehrlich's Reaction
Bilirubin		Negative	Negative	Diazonium
<b>MICROSCOPIC EXAMINATION</b>				
Pus Cells		0-1	0-4 /hpf	
R.B.C.		Absent	0-4 /hpf	
Epithelial Cells		0-1	0-4 /hpf	
Casts		Absent	Absent	
Crystals		Absent		


\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Suwarna Kawade, MBBS,MD (Pathology)**  
CONSULTANT



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF IMMUNO HAEMATOLOGY**

**Patient Name** : Mr. YADNIK SEDMAKE  
**Bill No/ UMR No** : BIL2425065499/UMR2324008618  
**Received Dt** : 20-Nov-24 10:33 am

**Age / Gender** : 42 Y(s)/Male  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Report Date** : 20-Nov-24 12:31 pm

**BLOOD GROUPING AND RH**

**Parameter**  
BLOOD GROUP.

<u>Specimen</u>	<u>Results</u>
EDTA Whole Blood & Plasma/ Serum	' B '

Gel Card Method

Rh (D) Typing.

\* Positive "(+Ve)  
\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : 11500511

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**Dr. Suvarna Kawade, MBBS,MD (Pathology)**  
CONSULTANT

**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	YADNIK SEDMAKE	STUDY DATE	20-11-2024 11:56:44
AGE/SEX	42Y 11M8D / M	HOSPITAL NO.	UMR2324008618
ACCESSION NO.	BH2425065499-9	MODALITY	DX
REPORTED ON	20-11-2024 13:54	REFERRED BY	Dr. Vimmi Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

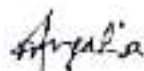
Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION** - No pleuro-parenchymal abnormality seen.



**DR NAVEEN PUGALIA**  
MBBS, MD (076125)  
SENIOR CONSULTANT RADIOLOGIST.

PATIENT NAME:	YADNIK SEDMAKE	AGE /SEX:	42 YRS/MALE
UMR NO:	UMR2324008618	BILL NO:	BIL2425065499-11
REF BY	DR VIMMI GOEL	DATE:	20-NOV-2024

**USG WHOLE ABDOMEN**

LIVER is normal in size but shows increase in echotexture.  
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.  
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Right kidney measures 10.8 x 5.3 cm. Left kidney measures 10.7 x 4.4 cm.  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. WT-20.7gms.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

- Grade II fatty infiltration.
- No other significant visceral abnormality seen.

Suggest clinical correlation.



**DR NAVEEN PUGALIA**  
MBBS, MD [076125]  
SENIOR CONSULTANT RADIOLOGIST

Kingway Hospitals  
 4 Kingsway, Mohan Nagar,  
 Near Kasturchand Park, Nagpur

Station  
 Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mr. Yadnik, Sedmake  
 Patient ID: 0086180  
 Height:  
 Weight:  
 Study Date: 20.11.2024  
 Test Type: Treadmill Stress Test  
 Protocol: BRUCE

DOB: 14.12.1981  
 Age: 42yrs  
 Gender: Male  
 Race: Indian  
 Referring Physician: Mediwheel HCU  
 Attending Physician: Dr. Vimmi Goel  
 Technician: --

Medications:

--

Medical History:

NIL

**Reason for Exercise Test:**

Screening for CAD

**Exercise Test Summary:**

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:00	0.00	0.00	99	120/80	
	WARM-UP	00:04	0.50	0.00	98		
EXERCISE	STAGE 1	00:05	0.50	0.00	99		
	STAGE 2	03:00	1.70	10.00	136		
	STAGE 3	03:00	2.50	12.00	148	140/80	
RECOVERY		05:45	3.40	14.00	160		
		01:00	0.00	0.00	127	140/80	
		02:00	0.00	0.00	117	140/80	
		05:27	0.00	0.00			

The patient exercised according to the BRUCE for 6:44 mins, achieving a work level of Max. METS: 9.20. The resting heart rate of 99 bpm rose to a maximal heart rate of 160 bpm. This value represents 89% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

### Conclusions:

TMT is negative for inducible ischemia.

  
 Dr. VIMMI GOEL

MBBS, MD

Sr. Consultant-Non Invasive Cardiology

Reg.No.: 2014/01/0113



42 Years

MR YADNIK SARDARE  
Male

20 Nov-24 11:11:44 AM

KIMS-KINGSWAY HOSPITALS

EBC D&P

Rate 90 Sinus rhythm.....normal P axis, V-rate 50-99

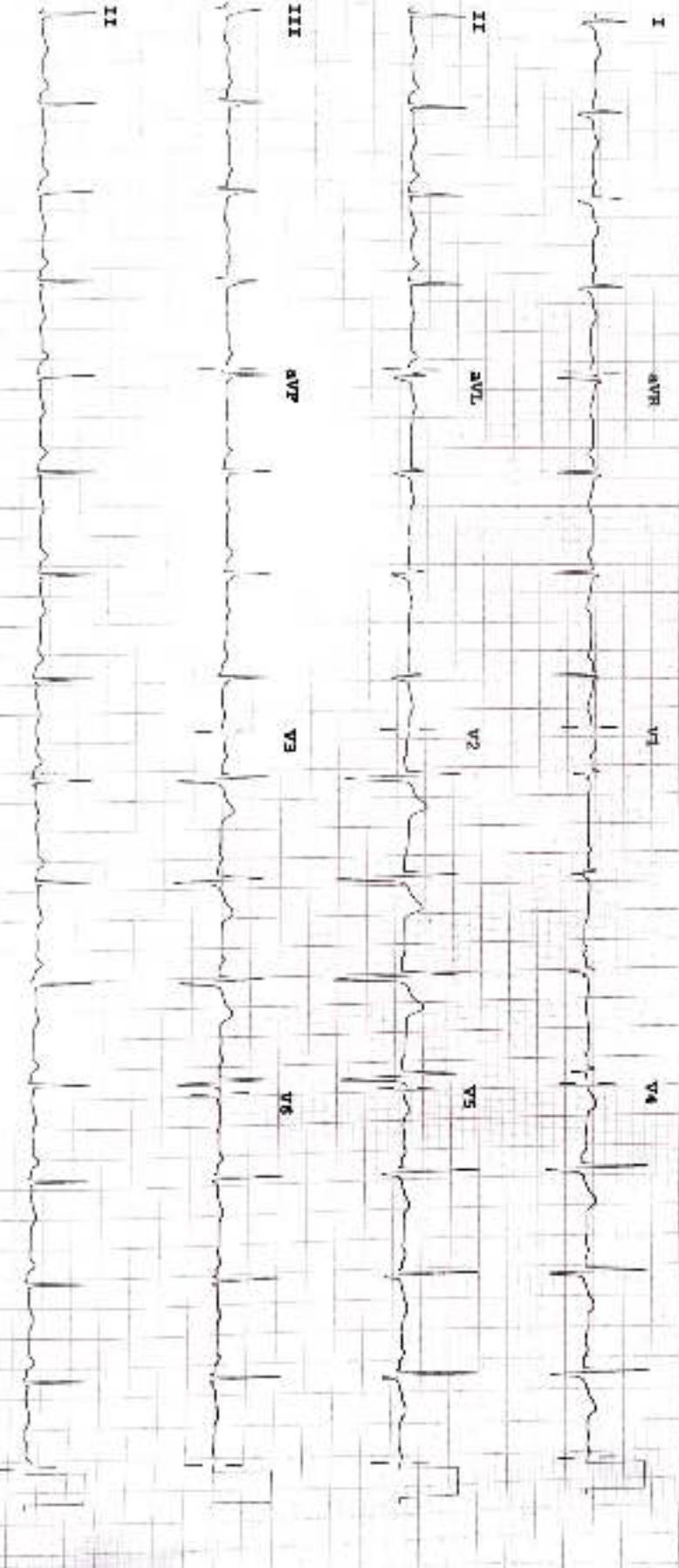
PR 155  
QRS 90  
QT 339  
QTc 415

--AXIS--  
P 67  
QRS 78  
T 29

12 Lead: Standard Placement

- ROHANI KOB -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Gain: 10 mm/mV

Chart: 10.0 mm/mV

P 50-0.50-150 Hz W

100B CL

pp