

MER- MEDICAL EXAMINATION REPORT

| DATE OF EXAMINATION | 19-10-2024 |
|-----------------------------------|----------------------------|
| NAME | sheetal Bhise |
| AGE | 38 GENDER Male |
| HEIGHT (CM) | 162cm WEIGHT (KG) 86 Kg |
| B.P. | 110/70 mm/Hs |
| ECG | NSR |
| X Ray | Normal |
| Vicion Chookup | Color Vision: N |
| Vision Checkup | Far Vision Ratio: C// |
| | Far Vision Ratio: 6/6 |
| | Near Vision Ratio: P (500) |
| Present Ailments | |
| Details of Past ailments (If Any) | Les in 2014 & 2017. |
| Comments / Advice: | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

Signature with Stamp of Medical Examiner

Dr. Mrinalini Singh Consultant Physician M855, DNB, WRCP (UK), EDIC Reg. No. 2019/02/0392



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of Sheetal Bhise on 19-10-2024

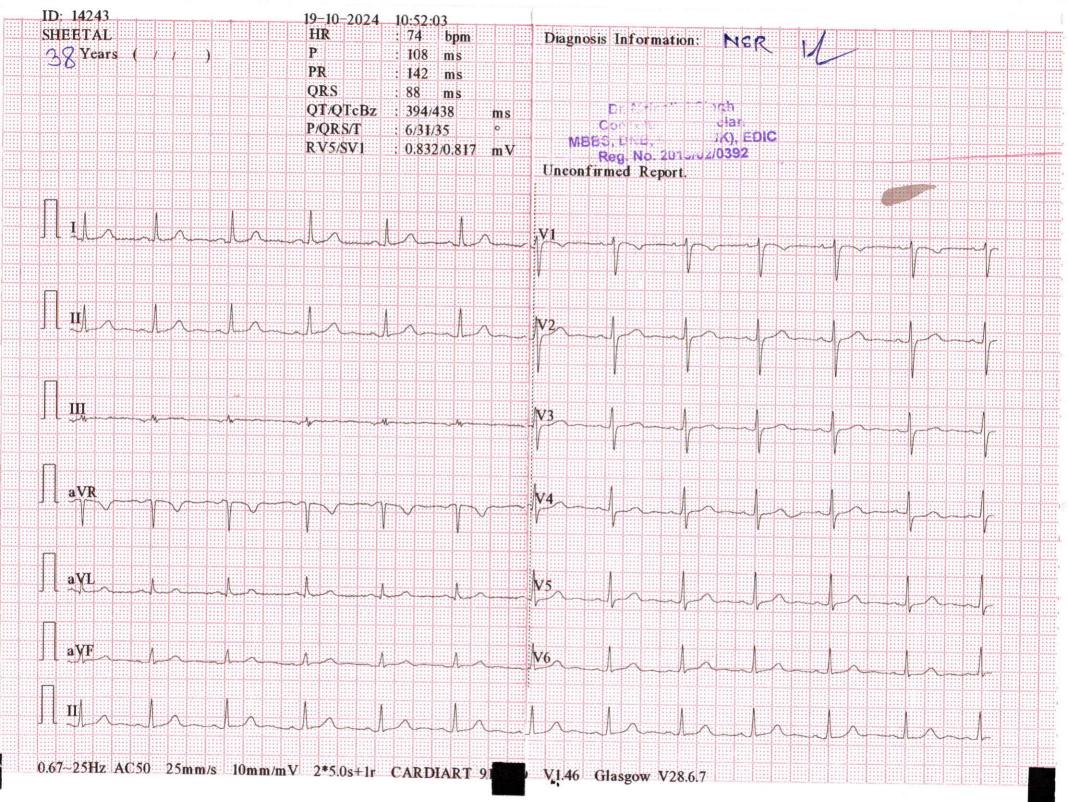
| | | Ti |
|-----|--|---|
| • | Medically Fit | |
| • | Fit with restrictions/recommendations | |
| | Though following restrictions have been revealed, in my opinion, these are not impediments to the job. | |
| 1. | | |
| 2. | | |
| | | · · · · · · · · · · · · · · · · · · · |
| 3. | | |
| | However, the employee should follow the advice/medication that has been communicated to him/her. | |
| | Review after | 1 1 2 = = = = = = = = = = = = = = = = = |
| • | Currently Unfit. | |
| | Review after | 270 |
| omi | mended | |

This certificate is not meant for medico-legal purposes

Dr. Mrinalini Singh

Reg. No. 2019/02/0392

Consultant Physician Medical Officer





भारत सरकार Government of India





Sheetal Anil Bhise Date of Birth/DOB: 20/01/1985 Female/ FEMALE

7808 0366 5010

VID: 9117 3068 1132 6965 मेरा आधार, मेरी पहचान





Report ID

Ref By

: SABM1910102832

Patient Name : Ms. SHEETAL ANIL BHISE

Rank

: DR.PARAG ARVIND PRADHAN

: 19-Oct-2024

Report Date

: 19-Oct-2024

Company Name : M/S. APOLLO HEALTH AND LIFESTYLE

Age/Sex

: 41 Year / Female

CHEST X RAY REPORT

X-Ray No: 6069

Investigation: Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression:

Normal Chest X-Ray.



Proudly... Caring For You



Name: Mrs SHEETAL BHISE Age: 38Y Sex: FEMALE

Date: 19/10/2024 Ref Dr: APOLLO

USG ABDOMEN AND PELVIS

<u>LIVER</u>: Liver appears normal in size 11.6cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

<u>GALL BLADDER:</u> Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

<u>PANCREAS</u>: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

<u>KIDNEYS:</u> Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.4 x 3.9cm. Left kidney measures 11.3 x 4.3cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

<u>URINARY BLADDER:</u> Urinary bladder is distended and normal. Wall thickness is within normal limits.

<u>UTERUS:</u> Uterus is normal in size and shows normal echotexture. No focal lesion is seen. Uterus measures 7.2 x 4.2 x 4.2cm. Endometrial thickness is normal (5.1mm). Right ovary is normal measures 2.5 x 1.9cm. Left ovary is normal measures 3.0 x 2.5cm. No free fluid or significant lymphadenopathy is seen.

IMPRESSION: Fatty liver grade I.

Advice: Clinical co-relation and further evaluation.

Promittee

DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

<u>Thanks For Reference:</u> Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



: SHEETAL ASHOK BHISE

: APOLLO HEALTH AND LIFESTYLE

: Female / 38 Years

LIMITED





PID NO. : CJA1264

Name

Sex / Age

Ref By

Reference :

Sample Collected At:

Sea Bird Medicare

102-103-104, Gateway Plaza, Central Avenue Road,

Hiranandani Gardens, Powai.

 $\begin{array}{l} {\bf Processing\ Location: - Seabird\ Medicare\ Pvt\ Ltd} \\ {\bf Office\ no\ A/302,\ Vertex\ Vikas,\ Opposite\ Andheri} \\ \end{array}$

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

19-Oct-2024 / 9:48 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

21-Oct-2024 /11:58 am

REPORT

PAP Smear

Test Result Units BIOLOGICAL REFERENCE INTERVAL

Reporting System: The Bethesda System (TBS 2014)

Specimen type: 2 wet-fixed conventional cervico-vaginal smears, both processed with PAP staining.

Clinical Data: PAP smear for Screening

Specimen Adequacy: Satisfactory for evaluation

Microscopy Examination: Benign superficial & intermediate squamous cells seen.

Present

Endocervical cells/Transformation

zone.

Dysplasia/Malignancy: Absent

Reactive Celluar Changes: Nil

Other findings (Infection): Trichomonas or Monilia are not seen. No e/o Fungal hyphae or spores seen.

Interpretation/Result: Negative for intraepithelial lesion or malignancy (NILM)

NOTE:

The 2014 Bethesda system for reporting cervical cytology was followed.

Comments :

Powai: 022-25701053 / 25704157

Cervicovaginal cytology is a screening test primarily for squamous cancer and precursors and has associated false-negative and false-positive results. Regular sampling and follow-up of unexplained clinical signs and symptoms are recommended to minimize false negative results.



LATHA SONAWANE

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

Kochi: 0484- 2322022 / 4032022

MMC Reg No.2006031680

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Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

102-103-104, Gateway Plaza, Central Avenue Road,

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19-Oct-2024 / 9:51 am

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21-Oct-2024 /11:58 am

REPORT

PAP Smear

Units BIOLOGICAL REFERENCE INTERVAL **Test Result**

----- End of Report -----





DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

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Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

102-103-104, Gateway Plaza, Central Avenue Road,

Hiranandani Gardens, Powai.

Processing Location: - Seabird Medicare Pvt Ltd Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East).

70.00 - 140.00

Mumbai - 400069

Reg. Date

19-Oct-2024 / 9:46 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:12 pm

REPORT

BLOOD GLUCOSE

| <u>Test</u> | <u>Result</u> | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL |
|---------------------------------|---------------|--------------|-------------------------------|
| Blood Glucose (Fasting), plasma | 98 | mg/dl | 70.00 - 100.00 mg/dl |

mg/dl

Blood Glucose (Fasting), plasma

(Plasma, Method-Hexokinase)

Interpretation:

NORMAL: 70 - 100 mg/dl Pre-Diabetic: 100 - 125 mg/dl

Diabetic: >125 mg/dl (ON MORE THAN ONE OCCASION)

Reference: American diabetes association guidelines 2022

Urine Glucose (Fasting) Absent Absent

Urine Ketones (Fasting) Absent Absent

123.65

Blood Glucose (PP) plasma

(Plasma, Method-Hexokinase) Interpretation:

Non-Diabetic: 70 - 140 mg/dl Pre-Diabetic: 140 - 199 mg/dl

Diabetic: >200 mg/dl

Powai: 022-25701053 / 25704157

(ON MORE THAN ONE OCCASION)

Reference: American diabetes association guidelines 2022

Urine Glucose (PP) Absent Absent

Urine Ketones (PP) Absent Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade

anawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

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Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

Ref By LIMITED

Powai: 022-25701053 / 25704157

: APOLLO HEALTH AND LIFESTYLE

Reference:

Sample Collected At:

Sea Bird Medicare

102-103-104, Gateway Plaza, Central Avenue Road,

Hiranandani Gardens, Powai.

Processing Location: - Seabird Medicare Pvt Ltd Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

19-Oct-2024 / 9:46 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:42 pm

REPORT

BLOOD GLUCOSE

Result **Units BIOLOGICAL REFERENCE INTERVAL Test**

----- End of Report -----

Pritam Dhanawade

Lab Technician

anawade

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

Ref By : APOLLO HEALTH AND LIFESTYLE

LIMITED

Reference:

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Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

19-Oct-2024 / 9:48 am

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Report Date

19-Oct-2024 / 3:12 pm

REPORT

Blood Group

Test Result Units BIOLOGICAL REFERENCE INTERVAL

BLOOD GROUP

ABO Group "O"

RH (D) Positive

Method: Cell (Forward) grouping by Manual Slide Method.

Sample: Whole Blood (EDTA)

Powai: 022-25701053 / 25704157

----- End of Report -----

Lign

PRIYA PANDEY
Lab Technician

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist
MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Powai: 022-25701053 / 25704157

Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

102-103-104, Gateway Plaza, Central Avenue Road,

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Processing Location: - Seabird Medicare Pvt Ltd Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

19-Oct-2024 / 9:46 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:12 pm

REPORT

Complete Blood Count

| Test | Result | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL |
|--------------------|--------|----------------|-------------------------------|
| Hemoglobin | 12.9 | gm/dl | 12.0 - 15 |
| RED BLOOD CELLS | | | |
| R.B.C. Count | 4.45 | million / cumm | 3.8- 4.8 |
| нст | 37.3 | % | 35-48 |
| MCV | 83.7 | fL | 83 - 101 |
| MCH | 28.9 | pg | 27 - 32 |
| MCHC | 34.5 | gm / dl | 31.5 - 34.5 |
| RDW (CV) | 13.3 | % | 11.6- 14.0 |
| Total W.B.C. Count | 8180 | /cu.mm. | 4000-10000 |
| DIFFERENTIAL COUNT | | | |
| Neutrophils | 71 | % | 40 - 80 |
| Lymphocytes | 23 | % | 20 - 40 |
| Eosinophils | 03 | % | 1 - 6 |
| | | | |

Pritam Dhanawade Lab Technician

anawade

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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19-Oct-2024 / 9:46 am

PID NO. : CJA1264

Platelets on Smear

Powai: 022-25701053 / 25704157

Reference:

Sample Collected At:

Reg. Date

Name

: SHEETAL ASHOK BHISE

Sea Bird Medicare

Coll Date

Sex / Age

: Female / 38 Years

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai.

19-Oct-2024 / 9:51 am

LIMITED

Processing Location: - Seabird Medicare Pvt Ltd

Ref By

: APOLLO HEALTH AND LIFESTYLE

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Report Date

19-Oct-2024 / 3:12 pm

REPORT

Complete Blood Count

| | Complete | Biood Count | Complete Blood Count | | | | | |
|----------------|--|--------------|-------------------------------|--|--|--|--|--|
| <u>Test</u> | <u>Result</u> | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL | | | | | |
| Monocytes | 03 | % | 2 - 10 | | | | | |
| Basophils | 00 | % | 0 - 1 | | | | | |
| Platelet Count | 316000 | /cumm | 150000 - 410000 | | | | | |
| MORPHOLOGY | | | | | | | | |
| RBC Morphology | Predominantly Normocytic and Normochromic. | | | | | | | |
| WBC Morphology | Normal Morphology. | | | | | | | |
| | | | | | | | | |

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

Adequate on smear

----- End of Report -----

Pritam Dhanawade Lab Technician

anawade

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

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Reg. Date

19-Oct-2024 / 9:46 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:12 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

| <u>Test</u> | <u>Result</u> | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL |
|-------------|---------------|--------------|-------------------------------|
| FSR | 20 | mm at 1hr | 0 - 20 |

Method: Westergren. Sample: Whole Blood (EDTA)

Powai: 022-25701053 / 25704157

----- End of Report -----

PRIYA PANDEY

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

Page 6 of 15

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Kochi: 0484- 2322022 / 4032022





Reference :

Name

Sex / Age

Ref By

: SHEETAL ASHOK BHISE

: APOLLO HEALTH AND LIFESTYLE

: Female / 38 Years

LIMITED

Sample Collected At : Sea Bird Medicare

102-103-104, Gateway Plaza, Central Avenue Road,

Hiranandani Gardens, Powai.

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Mumbai - 400069

Reg. Date

19-Oct-2024 / 9:46 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:12 pm

REPORT

Glycosylated Haemoglobin (HbA1c)

| <u>Test</u> | Result | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL |
|---|--------|--------------|-------------------------------|
| HbA1c Pre-Diabetic: 5.7 - 6.4 % Diabetic: > = 6.5 (EDTA Whole Blood, Turbidimetric) | 5.65 | % | 4 - 5.69 |
| Mean Blood Glucose (MBG) | 123.84 | mg/dl | |

Interpretation & Remark:

- 1. HbA1c is used for mointoring diabetic control. It reflects the estimated average glucose (eAG).
- 2. HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- 3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- 4. Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation sugested.
- 5. To estimate the eAG from the HbA1C value, the following equation is used: eAg(mg/dl)=28.7*A1c-46.7.
- 6. Interference of Haemoglobinopathies in HbA1c estimation.
 - A. For HbF> 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - C. Heterozygous state detected.
- 7. In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control. Excellent Control 6 to 7 %

Fair to Good Control - 7 to 8 % Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 %

8. Test done on Mispa i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----

anawade

Pritam Dhanawade Lab Technician DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist
MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Powai: 022-25701053 / 25704157

Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

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Reg. Date

19-Oct-2024 / 9:46 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:12 pm

REPORT

LIPID PROFILE

| <u>Test</u> | Result | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL |
|--|--------|--------------|---|
| Total Cholesterol Serum, Method: CHOD-PAP | 189.85 | mg/dl | CHILD Desirable - Less than: 170 CHILD Borderline High: 170 - 199 CHILD High - More than: 200 ADULT Desirable - Less than: 200 ADULT Borderline High: 200 - 239 ADULT High - More than: 240 |
| Triglycerides Serum, Method: GPO-PAP | 75.45 | mg/dl | NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500 |
| HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct | 54.21 | mg/dl | Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40 |
| LDL Cholesterol Calculated | 120.55 | mg/dl | Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160 |
| VLDL-Cholesterol Calculated | 15.09 | mg/dl | 5 - 51 |
| T.CHOL/HDLC Ratio Calculated | 3.50 | | Acceptable for Male : < 5.00 Acceptable for Female : <4.50 |

Pritam Dhanawade Lab Technician

anawade

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

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Sample Collected At:

Name : SHEETAL ASHOK BHISE

LIMITED

: Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE

Sea Bird Medicare

102-103-104, Gateway Plaza, Central Avenue Road,

Hiranandani Gardens, Powai.

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Mumbai - 400069

Reference:

Reg. Date

19-Oct-2024 / 9:46 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

Acceptable for Females: < 3.20

19-Oct-2024 / 3:12 pm

REPORT

LIPID PROFILE

Units BIOLOGICAL REFERENCE INTERVAL **Result Test** LDLC/HDLC Ratio 2.22 Acceptable for Males: < 3.60

Calculated

Powai: 022-25701053 / 25704157

Sex / Age

Ref By

NOTE:

- 1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations.
- 2) Tests done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.
- 3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

----- End of Report -----

Pritam Dhanawade Lab Technician

anawade

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist**

Page 9 of 15

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Kochi: 0484- 2322022 / 4032022





Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

ě

Ref By : APOLLO HEALTH AND LIFESTYLE

Powai: 022-25701053 / 25704157

LIMITED

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19-Oct-2024 / 9:48 am

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19-Oct-2024 / 3:12 pm

REPORT

LIVER FUNCTION TEST

| Test | <u>Result</u> | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL |
|---|---------------|--------------|-------------------------------|
| S.G.O.T. (Serum ,Method-IFCC / UV without P5P) | 19.1 | U/L | 0 - 32 |
| Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC) | 82.86 | U/L | 35 - 104 |
| S.G.P.T. (Serum,Method-IFCC / UV without P5P) | 21 | U/L | 0 - 33 |
| GGT (Serum ,Method- IFCC Method) | 13.94 | U/L | 5 - 36 |
| Bilirubin (Total) (Serum ,Method-Diazo- End point) | 0.78 | mg/dl | 0.0 - 1.20 |
| Bilirubin (Direct) (Serum,Method-Diazo-End point) | 0.2 | mg/dl | 0.0 - 0.40 |
| Bilirubin (Indirect) Calculated | 0.58 | mg/dl | 0.0 - 0.90 |
| Total Proteins (serum,Method-Biuret) | 7.1 | g/dl | 6.6 - 8.7 |
| Albumin (Serum,Method-Bromocresol Green) | 3.83 | g/dl | 3.5 - 5.2 |
| Globulin Calculated | 3.27 | g/dl | 1.90 - 3.70 |
| A/G ratio Calculated | 1.17 | | |

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade

anawade

Lab Technician

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist
MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Powai: 022-25701053 / 25704157

Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

102-103-104, Gateway Plaza, Central Avenue Road,

Hiranandani Gardens, Powai.

Processing Location: - Seabird Medicare Pvt Ltd Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

19-Oct-2024 / 9:48 am

Coll Date

19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:12 pm

REPORT

LIVER FUNCTION TEST

Result **BIOLOGICAL REFERENCE INTERVAL Test Units** ----- End of Report -----

> Pritam Dhanawade Lab Technician

anawade

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Powai: 022-25701053 / 25704157

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

Ref By

Name

: APOLLO HEALTH AND LIFESTYLE

LIMITED

Reference:

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Mumbai - 400069

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19-Oct-2024 / 3:12 pm

REPORT

RENAL PROFILE

| <u>Test</u> | <u>Result</u> | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL |
|---|---------------|--------------|-------------------------------|
| Blood Urea Serum, Method-Urease | 15.95 | mg/dl | 16.6 - 48.5 mg/dl |
| Blood Urea Nitrogen Serum, Method-Urease | 7.45 | mg/dl | 06 - 20 mg/dl |
| Creatinine Serum, Method-Kinetic Jaffes | 0.51 | mg/dL | 0.5 - 0.95 mg/dl |
| Uric Acid Serum, Method: Uricase-POD | 4.52 | mg/dl | 2.4 - 5.7 |

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade Lab Technician

anawade

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Sex / Age

Ref By

Reference:

Sample Collected At: Sea Bird Medicare

: SHEETAL ASHOK BHISE Name

LIMITED

: Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE

102-103-104, Gateway Plaza, Central Avenue Road,

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19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:12 pm

REPORT

THYROID FUNCTION TEST

| <u>Test</u> | <u>Resul</u> | <u>Units</u> | BIOLOGICAL RE | FERENCE INTERVAL |
|-------------|--------------|--------------|------------------|------------------|
| TSH | 3.87 | μIU/mI | 0.25-5 µIU/ml | |
| T3 | 2.19 | nmol/l | 0.92-2.33 nmol/l | |
| T4 | 89.01 | nmol/l | 60-120 nmol/l | |

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

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TSH: A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or

chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland

receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid

hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by

additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease

in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4: Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyfoKine-binding globulin(TBG), it

is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and

diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

anawade

Pritam Dhanawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

Kochi: 0484- 2322022 / 4032022

MMC Reg No.2006031680

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Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE Ref By LIMITED

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REPORT

URINE ANALYSIS

| <u>Test</u> | <u>Result</u> | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL | | |
|----------------------|---------------|--------------|-------------------------------|--|--|
| PHYSICAL EXAMINATION | | | | | |
| Colour | Pale Yellow | | Pale Yellow | | |
| Quantity | 30 ml | ml | 20 - 50 | | |
| Appearance | Clear | | Clear | | |
| Reaction (pH) | 5.0 | | 5.0 - 9.0 | | |
| Specific Gravity | 1.010 | | 1.000 - 1.030 | | |
| CHEMICAL EXAMINATION | | | | | |
| Proteins | Absent | | Absent | | |
| Sugar | Absent | | Absent | | |
| Ketone Bodies | Absent | | Absent | | |
| Bilirubin | Absent | | Absent | | |
| Nitrite | Absent | | Absent | | |
| Urobilinogen | Normal | mg/dl | Normal (0.1 - 1.0 mg/dl) | | |

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist**

MMC Reg No.2006031680

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Kochi: 0484- 2322022 / 4032022





Name

: SHEETAL ASHOK BHISE

Sex / Age : Female / 38 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

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19-Oct-2024 / 9:51 am

Report Date

19-Oct-2024 / 3:12 pm

REPORT

URINE ANALYSIS

| <u>Test</u> | Result | <u>Units</u> | BIOLOGICAL REFERENCE INTERVAL |
|---|-------------|--------------|-------------------------------|
| Ocult Blood | Absent | | Absent |
| | | | |
| MICROSCOPIC EXAMINATION | | | |
| Pus Cells | 1 - 2 / hpf | | 2 - 3 / hpf |
| | | | |
| Red Blood Cells | Absent | | Absent |
| | | | |
| Epithelial cells | 1 - 2 / hpf | | 2 - 5 / hpf |
| | | | |
| Casts | Absent | | Absent |
| | | | |
| Crystals | Absent | | Absent |
| - , | | | |
| Other Findings | Absent | | |
| - · · · · · · · · · · · · · · · · · · · | | | |

METHOD:

Powai: 022-25701053 / 25704157

Physical Examination: Visual Strip Method.

Chemical Examination: Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of

Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report ------

PRIYA PANDEY

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

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Kochi: 0484- 2322022 / 4032022



2D ECHO AND COLOR DOPPLER

Name: MRS SHEETAL BHISE Age :38Y Sex :FEMALE

Date:19/10/2024 ECHOCARDIOGRAM DONE BY:DR NADEEM Ref Dr : APOLLO

MOTLEKAR

INDICATION: Annual Medical Health check-up package to assess Cardiac function

ATTENDING STAFF: SUSHMITA

INTERPRETING PHYSICIAN: DR NADEEM MOTLEKAR

MACHINE: GE Ultrasound Machine LOGIQ F6 Images saved: Server

IMAGE QUALITY: OPTIMAL

DESCRIPTIONS

1. Left ventricle: normal cavity size, normal wall thickness, normal systolic and diastolic function

2. Right ventricle: normal size, normal wall thickness, normal systolic function

3. Ventricular septum: normal

4. Left atrium: normal size

- 5. Right atrium: normal size
- 6. Atrial septum: normal
- 7. Inferior vena cava: normal diameter, normal response during respiration
- 8. Aortic valve: normal structure and function
- 9. Mitral valve: normal structure and function
- 10. Tricuspid valve: normal structure and function
- 11. Pulmonary valve: normal structure and function
- 12. Pulmonary artery: normal diameter
- 13. Pericardium: no thickening, no effusion
- 14. Aorta: normal diameter of root and ascending aorta

MEASUREMENTS

- 1. Left ventricle LVIDd-4.4cm, LVIDs-2.7cm, IVS-0.9cm LVEF at rest visually 55-60%
- 2. Right ventricle RVIDd cm
- 3. Left atrium LA diameter -2.2cm
- 4. Right atrium -
- 5. Inferior vena cava -
- 6. Aortic valve peak velocity -0.92m/s
- 7. Mitral valve E: A ratio 1.35D-E Excursion-1.8cm MV Dec T-164m/sec EF- Slope-12 cm/s

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



Name: MRS SHEETAL BHISE

Age :38Y

Sex :FEMALE

Date:19/10/2024

ECHOCARDIOGRAM DONE BY:DR

NADEEM

Ref Dr : APOLLO

- MOTLEKAR 8. Tricuspid valve TR maximum velocity - 1m/s
- 9. Pulmonary valve PW peak velocity -1m/s
- 10. Pulmonary artery Root diameter cm PASP-
- 11. Pericardium- Normal, no pericardial effusion.
- 12. Aorta Root diameter -2.3cm

CONCLUSIONS

Normal echocardiogram. Normal left ventricle size. Normal left ventricle systolic and diastolic function.

DISCLAIMER

This diagnostic test has its limitations, correlate clinically & interpret accordingly.

DR Nadeem Motlekar

Consulting Physician and Echocardiographer