

HEALTH CHECK UP

Name : Kumar Ankit

Date : 28/1/23

Age : 204

Sex : Male / Female

Marital status : Married / Single

PERSONAL HISTORY

Habits : Smoking / Tobacco & Snuff / Alcohol No

Drug allergy if any :

Medical : No

Surgical :

Height 167 cm Weight 122 Kg. BP 110/70 mmHg Pulse 72

Vision : Rt 6/6 Lt 6/6 With Spectacles Rt 6/6 Lt 6/6

Colour Vision : Normal / Abnormal Near Vision N/G - Both eyes

FAMILY HISTORY

Father Normal Mother Normal Siblings Normal

CVS : Heart Sound Normal Murmurs Absent Thrills Absent

RS : Rate 14 /mt Breath sounds Normal Adventitious Absent

ABDOMEN : Tenderness Absent Rigidity Absent Bowel sound Normal

Liver NAD Kidney NAD Hernia Absent

CNS : Cranial Nerves NAD Sensory System NAD Motor System NAD

ENT NAD

Remarks

Dr. Bharti Jeswani MBBS Dr. Seema Kale MBBS, MD Dr. S. K. Suri MBBS Dr. Meenakshi MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS | EMPLOYEE DETAILS |
|---------------------------------|----------------------|
| NAME | MR. ANKIT KUMAR |
| EC NO. | 184744 |
| DESIGNATION | WEALTH EXECUTIVE |
| PLACE OF WORK | DELHI,GUJRANWAL TOWN |
| BIRTHDATE | 21-12-1990 |
| PROPOSED DATE OF HEALTH CHECKUP | 15-01-2023 |
| BOOKING REFERENCE NO. | 22M184744100036978E |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **14-01-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

KUMAR ANKIT

30 yrs.

7070999441

As prescribed, due to overweight TMT cannot be done
as of now,


20/1/23

NAME: MR KUMAR ANKIT
REF

Age 30/ Sex: / M
DATE 28/01 /2023


ECHO ADULT (COLOUR DOPPLER)

| DIMENSIONS | | NORMAL | DIMENSIONS | | NORMAL |
|------------|---------|------------------------------|------------|---------|-------------|
| Ao (ed) | 34.0 mm | (1.5 cm/m ²) | IVS (Ed) | 12.7 mm | (0.6-1.2cm) |
| LA (es) | 39.0 mm | (1.5 cm/m ²) | LVPW (Ed) | 12.2 mm | (.6-1.1cm) |
| RVID (ed) | Normal | (0.9cm/m ²) | EF | 65.0 % | (0.62-0.85) |
| LVID (ed) | 44.3 mm | (2.6-3.4 cm/m ²) | FS | 30.0 | |
| LVID (es) | 27.0 mm | | | | |

MORPHOLOGICAL DATA

| | | | |
|-----------------|----------------------------|-------------------------|----------------|
| Mitral Valve | Normal | Interatrial Septum | Normal |
| Aortic Valve | Normal | Interventricular Septum | Normal |
| Tricuspid Valve | Normal | Pulmonary Artery | Normal |
| Pulmonary Valve | Normal | Aorta | Normal |
| Right Ventricle | Normal | Right Atrium | Normal |
| Left Ventricle | HIGH NORMAL | Left Atrium | MILDLY DILATED |
| Pericardium | Normal | | |
| Colour Doppler | NORMAL.NO PAH, IVC NORMAL, | | |
| Wall motion | Normal | | |

IMPRESSION : LA MILDLY DILATED, NO RWMA, LVEF ~ 65 %
GRADE II LV DIASTOLIC DYSFUNCTION,
RV FUNCTION NORMAL, NO PAH, IVC NORMAL.


DR SEEMA KALE MD
SENIOR CONSULTANT.

| | | |
|--------------------------------|-------------|--------------|
| Patient Name : Mr. Kumar Ankit | MR No | : FRAJ0000 |
| Age/Sex : 30 Y/M | Visit No | : FRAJOPV |
| Pres Doctor : | Bill Date | : 28.01.2023 |
| Ref.by : | Report Date | : 28.01.2023 |

ULTRASOUND WHOLE ABDOMEN

Suboptimal visualization due to patient body habitus.

LIVER: Liver is normal in size and shows increased echogenicity obscuring underlying parenchyma and vessels suggestive of grade II fatty liver. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

GALL BLADDER: Gall bladder is well visualised. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder. Common bile duct is normal (not dilated).

PANCREAS: Pancreas appears normal in size and echopattern.

SPLEEN: Spleen appears normal in size and echopattern.

KIDNEYS: Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis seen.

Visualised parts of retroperitoneum do not show any lymphadenopathy.

URINARY BLADDER: Urinary bladder is well distended and shows clear contents.

PROSTATE: Prostate is normal in shape, size and echotexture.

No free fluid detected.

IMPRESSION:- GRADE II FATTY LIVER



To be correlated clinically.

Dr. Anisha Gupta
Consultant Radiologist.

| | | | |
|---------------------|--------------------------|--------------|--------------------|
| Patient Name | : Mr. Ankit Kumar | Age / Gender | : 30Y/Male |
| UHID/MR No. | : FRAJ.0000223961 | OP Visit No | : FRAJOPV99429 |
| Visit Date | : 28-01-2023 09:43 | Reported on | : 28-01-2023 13:01 |
| Sample Collected on | : 28-01-2023 11:26 | Specimen | : EDTA Blood |
| Ref Doctor | : SELF | Pres Doctor: | : |
| Emp/Auth/TPA ID | : jhfg[po465654 | | |
| Sponsor Name | : MEDIWHEELS HEALTH CARE | | |

DEPARTMENT OF LABORATORY MEDICINE

| TEST NAME | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS |
|--------------------------------|----------|--------------------------------|------------------------|
| BLOOD GROUP AND RH TYPE | | | |
| ABO Group | B | | |
| RH | Positive | | |
| HAEMOGRAM | | | |
| Hb(Haemoglobin) | 13.2 | 13 - 17 | gm/dl |
| Method: Non Cyanide | | | |
| PCV / Haematocrit | 42.2 | 40 - 50 | % |
| Method: Pulse Height Detection | | | |
| ESR. | 09 | 0 - 20 | mms at the end of 1 hr |
| Method: Westergren's Method. | | | |
| Total Leukocyte Count | 8000 | 4000 - 10000 | /Cumm |
| Method: DC Detection Method | | | |
| Platelet Count | 1.69 | 1.5 - 4.1 | lakhs/cumm |
| Method: DC Detection Method | | | |
| RBC Count | 5.0 | 4.5 - 6.0 | Million/Cumm |
| Method: DC Detection Method | | | |
| MCV | 82.9 | 77 - 98 | fl |
| Method: Calculated. | | | |
| MCH. | 26.0* | 27 - 32 | pg |
| Method: Calculated | | | |
| MCHC. | 31.3* | 31.5 - 34.5 | gm/dl |
| Method: Calculated. | | | |
| Neutrophil | 60 | 40 - 70 | % |
| Method: Slide Test | | | |
| Lymphocyte | 37 | 20 - 40 | % |
| Method: Slide Test | | | |
| Eosinophil | 01 | 1 - 6 | % |
| Method: Slide Test | | | |
| Monocyte | 02 | 2 - 10 | % |
| Method: Slide Test | | | |

Note: PERIPHERAL SMEAR - RBC's are normocytic normochromic. Leucocyte counts are within normal limits. Platelets are normal in number & morphology.

No immature cells or haemoparasite detected.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

End of the report


• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.
• ALL THE CONGENITAL ANOMALIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

Patient Name : Mr. Ankit Kumar
UHID/MR No. : FRAJ.0000223961
Visit Date : 28-01-2023 09:43
Sample Collected on : 28-01-2023 11:26
Ref Doctor : SELF
Emp/Auth/TPA ID : jhfg[po465654
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
OP Visit No : FRAJOPV99429
Reported on : 28-01-2023 13:01
Specimen : EDTA Blood
Pres Doctor: :

Results are to be correlated clinically

Lab Technician / Technologist
Surinder


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

Patient Name : Mr. Ankit Kumar
 UHID/MR No. : FRAJ.0000223961
 Visit Date : 28-01-2023 09:43
 Sample Collected on : 28-01-2023 11:26
 Ref Doctor : SELF
 Emp/Auth/TPA ID : jhfg[po465654
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
 OP Visit No : FRAJOPV99429
 Reported on : 28-01-2023 14:02
 Specimen : Plasma(Fluoride)
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

| TEST NAME | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS |
|--|--------|--|--------|
| GLUCOSE - (FASTING) | 101 | 70 - 110 | mg/dL |
| GLUCOSE - (FASTING) Method: (GOD-POD). | | | |
| GLUCOSE - (POST PRANDIAL) | 132 | 70-140 | mg/dl |
| GLUCOSE - (POST PRANDIAL) Method: (GOD-POD) | | | |
| GLYCOSYLATED HEMOGLOBIN (HBA1C) | 5.3 | 4.2 - 6.0 | % |
| GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY | | | |
| Thyroid Profile 2(Free T4, Free T3 And TSH) | | | |
| Serum FT3 | 4.5 | 3.2 - 5.9 | pmol/l |
| Serum FT4 | 15.9 | 10.6 - 21.0 | pmol/l |
| Serum TSH | 3.3 | 0.38 - 5.0 | uIU/ml |
| LIPID PROFILE TEST (PACKAGE) | | | |
| CHOLESTEROL Method: CHOD - PAP | 228* | Desirable < 200 Borderline High : 200-239 High : > 240 | mg/dl |
| Triglyceride Method: GPO-PAP | 193 | 50-200 | mg/dl |
| HDL Method: DIRECT | 51.6* | 30 - 50 | mg/dl |
| LDL Method: DIRECT | 137.8* | 60 - 100 | mg/dl |
| VLDL Method: Calculated | 38.6 | <40 | mg/dl |
| CHOLESTEROL / HDL RATIO Method: Calculated. | 4.4 | 0 - 4.5 | |

End of the report

Results are to be correlated clinically

Lab Technician/ Technologist
Surinder

Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

Patient Name : Mr. Ankit Kumar
UHID/MR No. : FRAJ.0000223961
Visit Date : 28-01-2023 09:43
Sample Collected on : 28-01-2023 09:59
Ref Doctor : SELF
Emp/Auth/TPA ID : jhfg[po465654
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
OP Visit No : FRAJOPV99429
Reported on : 28-01-2023 14:03
Specimen : Serum
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

| TEST NAME | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS |
|--|--------|--------------------------------|-------|
| LIVER FUNCTION TEST (PACKAGE) | | | |
| BILIRUBIN - TOTAL. Method: Jendrassik | 0.92 | 0.1 - 1.3 | mg/dl |
| Bilirubin (Direct)-Serum Method: Diazo. | 0.28 | 0 - 0.3 | mg/dl |
| A/G Method: Calculated | 1.5 | 1.0 - 2.0 | |
| BILIRUBIN - INDIRECT. Method: Calculated. | 0.64 | <1.1 | mg/dl |
| SGOT /AST Method: IFCC (With P5P) | 58.9* | 0 - 35 | U/L |
| SGPT/ALT Method: IFCC (With P5P) | 107.1* | 0 - 45 | U/L |
| ALKALINE PHOSPHATE Method: AMP BUFFER | 123.5* | 30 - 117 | U/L |
| GGT. Method: SZAZ | 45.0 | 10 - 50 | U/L |
| TOTAL PROTEIN Method: Biuret | 7.4 | 5.8-8.0 | g/dl |
| ALBUMIN Method: BCG | 4.5 | 3.7-5.2 | g/dl |
| GLOBULIN Method: Calculated | 2.9 | 2.5 - 3.5 | mg/dL |

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Surinder

Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

Patient Name : Mr. Ankit Kumar
 UHID/MR No. : FRAJ.0000223961
 Visit Date : 28-01-2023 09:43
 Sample Collected on : 28-01-2023 09:59
 Ref Doctor : SELF
 Emp/Auth/TPA ID : jhfg[po465654
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
 OP Visit No : FRAJOPV99429
 Reported on : 28-01-2023 14:04
 Specimen : Serum
 Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

| TEST NAME | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS |
|------------------------------------|--------|--------------------------------|--------|
| KFT - RENAL PROFILE-SERUM | | | |
| UREA Method: Urease | 24.5 | 10-50 | mg/dl |
| Creatinine Method: Jaffe | 0.99 | 0.5 - 1.3 | mg/dl |
| Uric Acid Method: Uricase | 7.0 | 3.5 - 7.2 | mg/dl |
| Sodium(Na) Method: ISE | 141.2 | 136 - 142 | mmol/L |
| Potassium(K) Method: ISE | 4.2 | 3.8 - 5.0 | mmol/L |
| Chloride(Cl) Method: ISE | 100.8 | 95 - 103 | mmol/L |
| Calcium Method: OCPC | 9.4 | 9.2 - 11.0 | mg/dl |
| Phosphorus Method: Molybdate UV | 2.8 | 2.3 - 4.7 | mg/dl |

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Surinder


Dr. Prashant Purwar
MBBS, DCP
Consultant Pathologist

Patient Name : Mr. Ankit Kumar
 UHID/MR No. : FRAJ.0000223961
 Visit Date : 28-01-2023 09:43
 Sample Collected on : 28-01-2023 11:26
 Ref Doctor : SELF
 Emp/Auth/TPA ID : jhfg[po465654
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 30Y/Male
 OP Visit No : FRAJOPV99429
 Reported on : 28-01-2023 13:54
 Specimen : Urine
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION


URINE EXAMINATION TEST REPORT

| Test Name | Observed Value | Unit | Reference Range |
|--------------------------------|----------------|------|-----------------|
| Urine R/M Examination | | | |
| Quantity | 30 | ml. | |
| Colour | Pale Yellow | | Pale Yellow |
| Transparency | Clear | | Clear |
| Urine Specific Gravity | 1.010 | | 1.005 - 1.030 |
| Dipstick | | | |
| pH | 6.0 | | 5.5 - 7.5 |
| Dipstick / pH paper | | | |
| Chemical Examination | | | |
| Protein | Nil | | Nil |
| Dipstick/Heat & acetic acid | | | |
| Sugar | Nil | | Nil |
| Dipstick/Benedicts reagent | | | |
| Microscopic Examination | | | |
| Pus Cells | 1-2 | /HPF | 1-2 |
| RBC'S | Nil | /HPF | Nil |
| Casts | Nil | /HPF | Nil |
| Crystals | Nil | | Nil |
| Epithelial Cells | Occasional | /HPF | 1-2 |
| Bacteria | Nil | /HPF | Nil |

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
Yogita


 Dr. Prashant Purwar
 MBBS, DCP
 Consultant Pathologist

Patient Name : Mr. Kumar Ankit

MR No : FRAJ0000

Age/Sex : 30 Y/M

Visit No : FRAJOPV

Pres Doctor :

Bill Date : 28.01.2023

Ref.by :

Report Date : 28.01.2023

X-RAY CHEST P A VIEW

- Few patchy opacities are suggested in right lung fields.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

To be correlated clinically.


Dr. Anisha Gupta
Consultant Radiologist.

kumar ankit
Male

28-01-2009
30 Years

LEAD(S) aVR, aVL, aVF, V1, V2, V3, V4, V5, V6, V7, V8, V9 NOT USED FOR MORPHOLOGY ANALYSIS

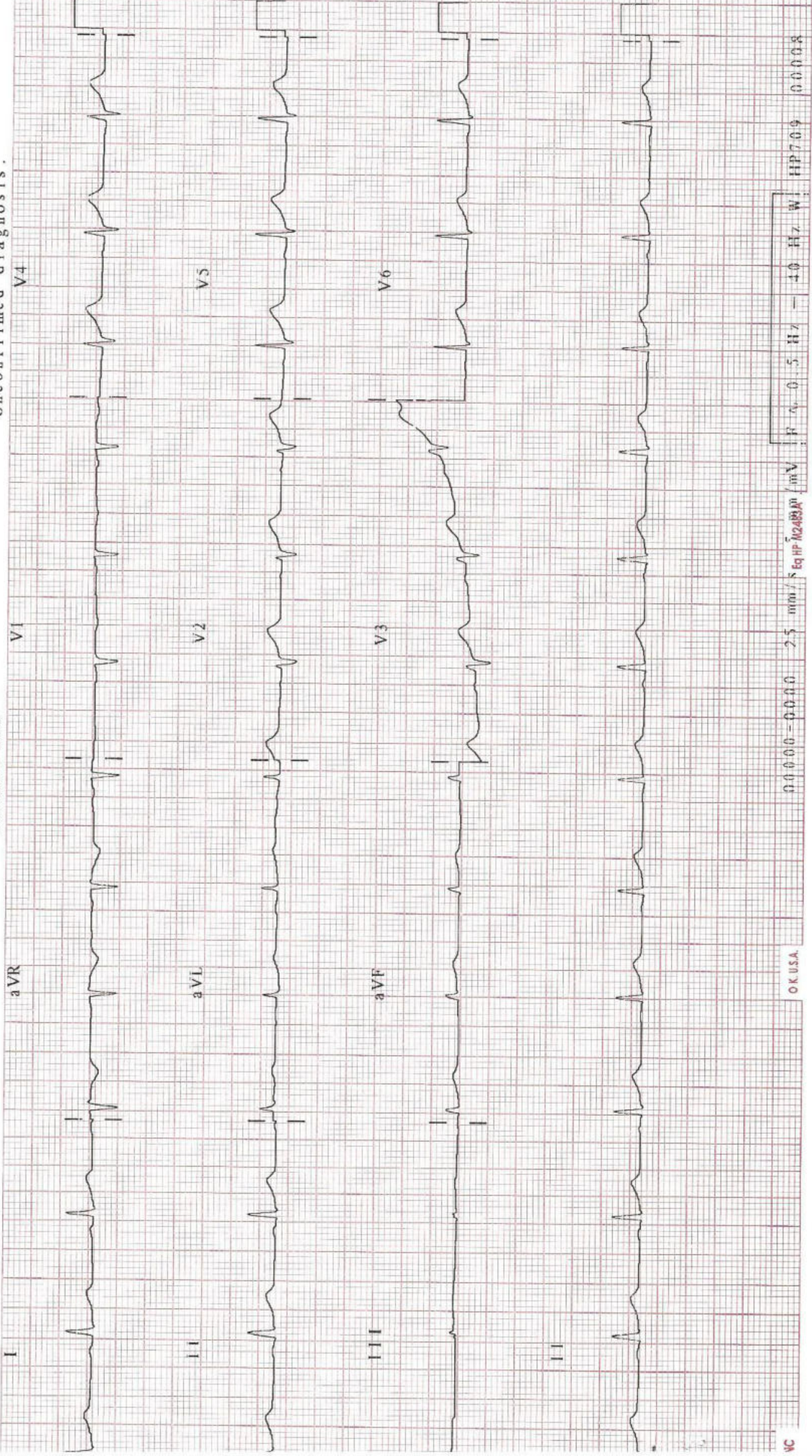
NORMAL SINUS RHYTHM, RATE 76.....normal P axis, PR, rate & rhythm

ate 76
R 151
RSD 72
T 349
Tc 392

-Axis--
30
34
45



- NORMAL ECG -
Unconfirmed diagnosis.



00000-00000 2.5 mm/s Eq IP M0483P /mV P 0.5 Hz - 4.0 Hz W! HIP709 00008