


DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name: HB.0001101280 R. ANUJ JAIN Age: 36 Year(s) Year(s)/Male 4 Sep 2022 8:58:47 AM 	Age :	Sex : M/F
		UHID :

Physical Examination

General : Build      Height 179 cm      Weight 74.3 kg      BMI :

Anaemia      Icterus      Cyanosis      Clubbing

Oedema      Glands

HEAD & NECK :

ENT :

CVS : Heart Rate & Rhythm 97 bpm      SpO2 - 97 %

B.P. : Supine 109/75      Sitting      Standing

Chest shape

Heart Sounds

Murmurs

Thrills

RS : Rate & Type

Breath Sounds

m m/kg

Screening echo report

→ Normal LV systolic function

→ No RWMA.

→ LVEF = 60% , RVSP 18+10 mmHg

080-41103111

# ORAL EXAMINATION FORM



Date: 24/9/2022

Patient ID: AHB. 0001101260

MHC

Patient Name: Aruj Jain

Age: 36

Sex: Male  Female

Chief Complaint: ANC

Medical History: NRH

Drug Allergy: Not known

Medication currently taken by the Guest :

Initial Screenign Findings :

Dental Caries :

Missing Teeth :

Impacted Teeth :

Attrition / Abrasion :

Bleeding :

Pockets / Recession :

Calculus / Stains : ++/+

Mobility :

Restored Teeth :

Non - restorable Teeth for extraction /  
Root Stumps :

Malocclusion :

collis class I fracture +1

Others :

Advice :-

Oral prophylaxis  
Restoration +1

Doctor

Name & Signature :

Dr. Nidhi Chandra

24/9/22

**Dr. Jyoti Jain**

MBBS, DNB (Family Medicine), PGDGM  
(Dip in Geriatric Medicine)  
Senior Consultant - Dept. of Apollo Health Check

Place Label Here

Aneij Jain

If label not available, write Pt. Name, UHID No.,  
Age, Sex, Date, Name of Treating Physician



Allergies :  NKDA	<b>Fall Risk Assessment</b>		Wt: 74	Ht: 179	T: _____	P: 97	BP: 110/75
	H/o fall (within 1 year)	Yes No	Pain _____/10				
	Mobility Aid	Yes No					
	Gait	Dep. Indep.					

Burning  
Clo - Pain in <sup>H</sup> Hypochondrium since 1wk.

mild dyslipidemia

CBC ✓  
URE ✓  
HBA ✓

Advise:

Regular physical exercise.  
- low fat diet.

Tab. SOM PRA 2 - L 100 (BF) x 2wks

After 3wks - lipid profile.

Kindly get this document scanned at the counter for the record purpose

Jyoti Jain  
24/9/22  
Signature and Date



MC-2847

DEPARTMENT OF BIOCHEMISTRY

Name : Mr. ANUJ JAIN      Age : 36Yr 4Mth 17Days      Gender : Male  
 UHID : AHB.0001101260      / AHBHC109255      W/BNo/RefNo : AHC  
 SIN \ LRN : 8054274 \ 3527932  
 Specimen : Plasma  
 Ref Doctor : Dr. MHC



Collected on : 24-SEP-2022 11:51:04 AM      Received on : 24-SEP-2022 12:52:51 PM      Reported on : 24-SEP-2022 01:36:45 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	94	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Final

\* - Abnormal Value

\* END OF REPORT \*

CHECKED BY 143621  
723076

Printed On : 24-SEP-2022 02:35:13 PM

GOVINDARAJU N L Dr.SABHARI PRIYA S  
Clinical Biochemist      Registrar

## YOUR CLINICAL TEST RESULTS

**Mr. ANUJ JAIN**

MALE / 36 Yrs / AHB.0001101260 / AHBHC109255

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date : 24/09/2022

### HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	15.6	g/dL	●	13-17
RBC Count (Impedance)	5.35	x(10) <sup>12</sup> /l	●	4.5 - 5.5
Packed cell volume (Calculated)	46	%	●	40 - 50
MCV (Derived from RBC histogram)	85	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
RDW (Calculated)	14.1 *	%	●	11.60-14.00
Platelet Count (Impedance)	195	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	6.0	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	66	%	●	40 - 80
Lymphocytes	24	%	●	8.6 -23.8
Monocytes	9	%	●	2 - 10
Monocytes	9	%	●	2 - 10
Eosinophils	1	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	8	mm/1st hr	●	Adult Male- 0 - 10

### URINE ROUTINE (CUE)

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mr. ANUJ JAIN**

MALE / 36 Yrs / AHB.0001101260 / AHBHC109255

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date : 24/09/2022

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.0			
Specific Gravity	<=1.005			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
	● Within Normal Range	● Boderline High/Low	● Outside Range	

# YOUR CLINICAL TEST RESULTS

**Mr. ANUJ JAIN**

MALE / 36 Yrs / AHB.0001101260 / AHBHC109255

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date : 24/09/2022

Rh (D) Type: POSITIVE  
Method: COLUMN AGGLUTINATION

## LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	31	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	3.0	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.6		●	0.8 - 2.0
ALBUMIN - SERUM	4.8	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	70	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	22	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	2.56 *	mg/dL	●	0.30-1.20

● Within Normal Range      ◐ Boderline High/Low      ● Outside Range

## YOUR CLINICAL TEST RESULTS

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Date : 24/09/2022

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	173	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.17	mg/dL	●	Male : 0.9 - 1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	35	U/L	●	<= 55

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	96	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126"

### GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

● Within Normal Range    ● Boderline High/Low    ● Outside Range





# YOUR CLINICAL TEST RESULTS

**Mr. ANUJ JAIN**

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date : 24/09/2022

SODIUM - SERUM	137	mmol/L	●	135 - 145
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### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	133.43	ng/dL	●	Adults: 87 - 178

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	11.5	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	243 *	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.8		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.02	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	19	mg/dL	●	15 - 45

Within Normal Range
  Boderline High/Low
  Outside Range

## YOUR CLINICAL TEST RESULTS

**Mr. ANUJ JAIN**

MALE / 36 Yrs / AHB.0001101260 / AHBHC109255

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date : 24/09/2022

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.2	mg/dL	●	Adult Male: 3.0 - 7.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	49 *	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.31 *	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	2.25 *	mg/dL	●	0.1 - 1.0

### PROSTATE SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.62	ng/mL	●	0.000-4.000

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	33 *		●	Healthy Adults: 22 - 29

● Within Normal Range    ● Boderline High/Low    ● Outside Range

# YOUR CLINICAL TEST RESULTS

**Mr. ANUJ JAIN**

MALE / 36 Yrs / AHB.0001101260 / AHBHC109255

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date : 24/09/2022

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA

● Within Normal Range      ● Boderline High/Low      ● Outside Range

**DEPARTMENT OF RADIOLOGY**


<b>Patient's Details</b> :	Mr. ANUJ JAIN	M	036Y
<b>UHID</b> :	AHB.0001101260	<b>Ward/Bed No.</b> :	AHC / 24-Sep-2022
<b>I.P.No./Bill No.</b> :	AHBHC109255	<b>Scanned on</b> :	09:46
<b>Accession Number</b> :	10601.122101462	<b>Reported On</b> :	24-Sep-2022
<b>Referring Doctor</b> :	Dr. MHC		

**X-RAY CHEST PA VIEW**

Lung fields appear clear bilaterally with normal bronchovascular markings.  
 Cardiac silhouette and cardiothoracic ratio appear normal.  
 Costophrenic angles appear normal on both sides.  
 Domes of the diaphragm appear normal.  
 Underlying bony and soft tissue shadows appear normal.

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.*

  
 DR. MEDIPALLY MADHUKAR  
 REGISTRAR

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> : Mr. ANUJ JAIN	M   036Y
<b>UHID</b> : AHB.0001101260	<b>Ward/Bed No.</b> : AHC /
<b>I.P.No./Bill No.</b> : AHBHC109255	<b>Scanned on</b> : 24-Sep-2022 11:05
<b>Accession Number</b> : 10601.222082872	<b>Reported On</b> :
<b>Referring Doctor</b> : Dr. MHC	

**ULTRASOUND WHOLE ABDOMEN**

**Clinical Information:** - For routine checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

**Gallbladder:** Post cholecystectomy status.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is minimally distended.

Prostate grossly appears normal.


No evidence of ascites or pleural effusion seen.

**IMPRESSION:**

USG study of the abdomen shows no significant abnormality.

- Suggested clinical correlation.

(Enclosed report) Ak

  
**DR. VINEELA THALLA**  
**RADIOLOGIST**

Ultrasound is a subjective investigation. The results depend on distension of organ, bowel gas, patient co-operation and patient's body habitus. Patients are requested to inform the Radiologist in advance regarding their clinical details and also any other prior surgeries (like gall bladder, uterus, ovaries, kidney stones etc..) that the study can be targeted according to the particular clinical condition.

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

CIN - U85110KA1991PLC011781

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APOLLO HOSPITALS  
BANNERGATTA ROAD  
BANGALORE

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: ANUJ JAIN,  
Patient ID: AHB/1101260  
Height: 179 cm  
Weight: 74 kg

DOB: 07.05.1986  
Age: 36yrs  
Gender: Male  
Race: Indian

Study Date: 24.09.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: Jagadeesha A B

Medications:  
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Medical History:  
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Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	117	110/70	
	STANDING	00:02	0.00	0.00	111	110/70	
	HYPERV.	00:03	0.00	0.00	107	110/70	
	WARM-UP	00:03	0.00	0.00	106	110/70	
EXERCISE	STAGE 1	03:00	1.70	10.00	134	120/70	
	STAGE 2	03:00	2.50	12.00	164	130/80	
	STAGE 3	01:29	3.40	14.00	187	140/80	
RECOVERY		03:22	0.00	0.00	133	140/80	

The patient exercised according to the BRUCE for 7:29 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 127 bpm rose to a maximal heart rate of 187 bpm. This value represents 101 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

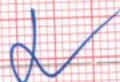
### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

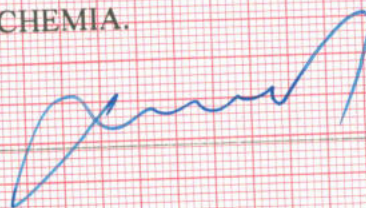
### Conclusions

IMP:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician



Technician



36 Years

Male

HB.0001101260

R. ANUJ JAIN

Ge: 36Year(s) Year(s)/Male

4 Sep 2022 8:58:45 AM



Rate 69

PR 144

QRS 84

QT 384

QTc 412

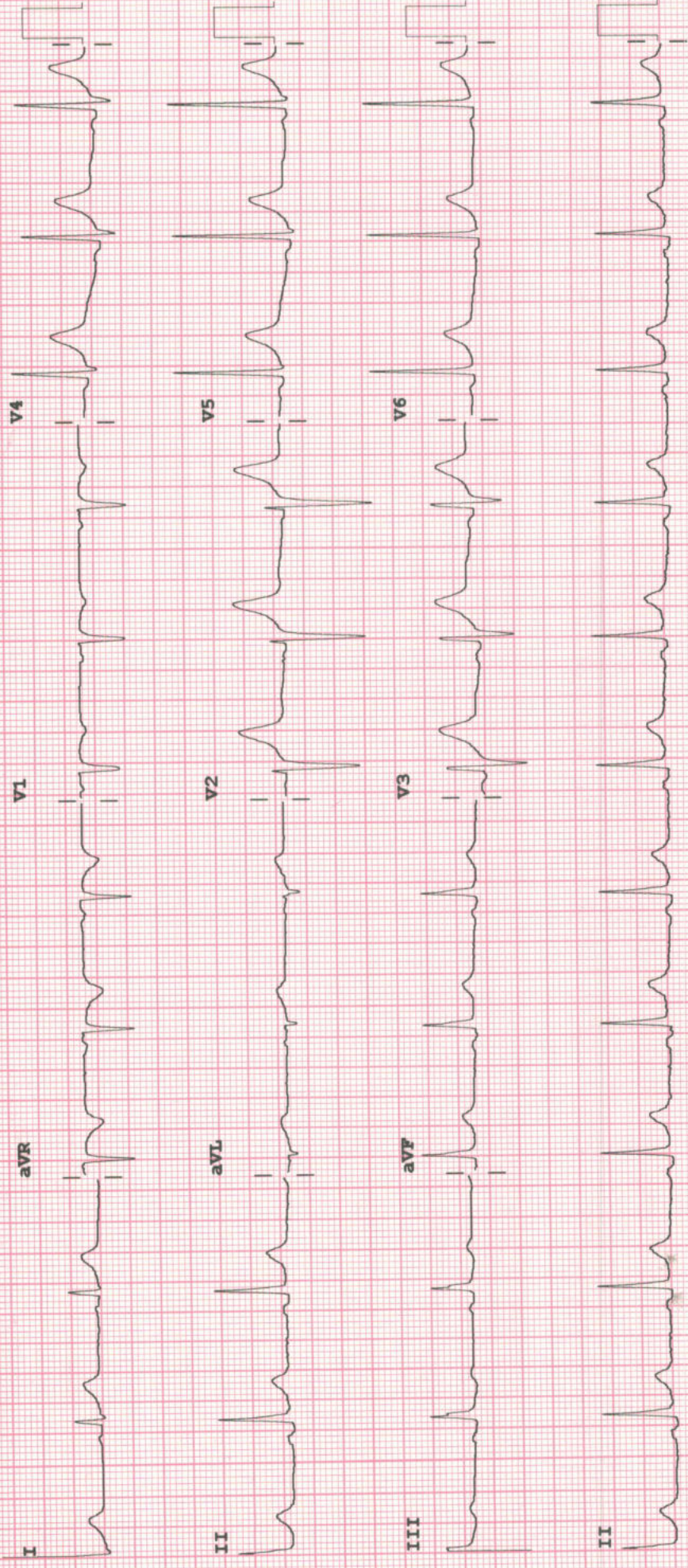
--AXIS--

P 51

QRS 68

T 35

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CL

P?