

NAME:	Mrs. Sangeeta Patil	UHID:	
AGE:	33	DATE OF HEALTHCHECK:	16/8/2022
GENDER:	F		

HEIGHT:	156.6	MARITAL STATUS:	M
WEIGHT:	40.9	NO OF CHILDREN:	1
BMI:	16.7		

C/O: Panic disorder & Anxiety disorder, weakness, dizziness, vertigo, Nov-2022
 P/M/H: Anemia
 ALLERGY: - nil
 K/C/O: -
 PRESENT MEDICATION: - NO
 P/S/H: - U.U.

PHYSICAL ACTIVITY: Active / Moderate / Sedentary

H/A: SMOKING:

ALCOHOL:

TOBACCO/PAN:

FAMILY HISTORY FATHER: - DM

MOTHER: - Thyroid disorder

O/E:

BP: 110/80

PULSE: - 94/min

TEMPERATURE: - 37.5°C

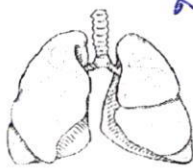
LYMPHADENOPATHY:

PALLOR/ICTERUS/CYNOSIS/CLUBBING: - (NAD)

OEDEMA:

S/E:

RS:



P/A:

CVS: - (NAD)

Extremities & Spine: - (NAD)

CNS:

Cerebral, cerebellum

ENT:

Skin: - (NAD)

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name: <u>Sanguta Pathak</u>	Age: <u>37</u>	Date of Health check-up: <u>16/08/2023</u>
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Findings and Recommendation:

Findings:-

- Hb 4
- Urea 2/0079

Recommendation:-

- Urea \leftarrow C
- Iron supplement
- T. heart Fe \leftarrow 2 inch

Signature:

Consultant -



DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC-2005/02/0920

OPHTHALMIC EVALUATION

UHID No.: _____

Date : 16/8/23

Name : SANGEETA PATHAK Age : 33y Gender : Male/Female

Without Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N-6 Left Eye N-6

With Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : (BE) - WNL

Anterior Segment Examination : (BE) - WNL

Pupils : (BE) - WNL

Fundus : (BE) - WNL

Intraocular Pressure : uncl.

Diagnosis : (BE) WNL

Advice : _____

Re-Check on _____ (This Prescription needs verification every year)

Dr. Sagorika Dey
 (Consultant Ophthalmologist)
DR. SAGORIKA DEY
 MBBS, DOMS
 REGN NO: 2008/04/1182

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

DENTAL CHECKUP

Name: Mrs. Sangeeta Pathak.	MR NO:
Age/Gender : 33/F	Date: 16/8/23

Medical history: Diabetes Hypertension _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains				
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)	17			
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration			E37	
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing

Orthodontic Advice for Braces: Yes / No

Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant

Oral Habits: Tobacco Cigarette Others since ___ years

Advice to quit any form of tobacco as it can cause cancer.

Other Findings: All filling 77; 110 bridge 965

Adv filling 77; 110 bridge. Adv: Reevaluation

Name: Sangeeta Pathak Age: 33 Sex: F UHID No.: _____ Date: 10/8/23

Dys menorrhoea.

LMP - 10/8/2023

O/H - P/L, | irregular | FTLEs

P/H - NO Medical.
NO Sx Mx

ac-fair

Adv

PIA - soft.

- 7hp after PAF.

P/S | ut AVINS / F/M
P/V | ca erosion ⊕

- 1. Meftal Spas
1-0-1
one day before periods
+ 1 2nd day.

Annvi

DR. ANVI MASHRU
M.S. Obstetrics and Gynaecology
Reg. No. MMC 2018/03/0581

Dr. _____



Apollo Clinic
VASHI

- Consultation
- Diagnostics
- Health Check-Ups
- Dentistry

Name : Mrs. Sangeeta Pathak Gender : Female Age : 33 Years
UHID : FVAH 7846. Bill No : Lab No : V-1431-23
Ref. by : SELF Sample Col.Dt : 16/08/2023 08:45
Barcode No : 5797 Reported On : 16/08/2023 18:39

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

CBC (Complete Blood Count)-WB (EDTA)

Haemoglobin(Colorimetric method)	11.3	g/dl	11.5 - 15
RBC Count (Impedance)	4.26	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	36.7	%	35 - 55
MCV:(Calculated parameter)	86	fl	78 - 98
MCH:(Calculated parameter)	26.6	pg	26 - 34
MCHC:(Calculated parameter)	30.9	gm/dl	30 - 36
RDW-CV:	14.3	%	10 - 16
Total Leucocyte count(Impedance)	4970	/cumm.	4000 - 10500
Neutrophils:	55	%	40 - 75
Lymphocytes:	36	%	20 - 40
Eosinophils:	06	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	1.8	Lakhs/c.mm	1.5 - 4.5
MPV	11	fl	6.0 - 11.0
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter.		

Tejal Dighe
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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

ESR(Westergren Method)

Erythrocyte Sedimentation Rate:- 06 mm/1st hr 0 - 20

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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group:

:A:

Rh Type:

Negative

Method :

Matrix gel card method (forward and reverse)

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	82	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	88	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.15	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.67	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.48	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.88		0.9 - 2
S.Total Bilirubin (DPD):	0.37	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.17	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.2	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	18	U/L	5 - 32
S.ALT (SGPT) (IFCC Kinetic with P5P):	10	U/L	5 - 33
S.Alk Phosphatase(pNPP-AMP Kinetic):	69	U/L	35 - 105
S.GGT(IFCC Kinetic):	8	U/L	07 - 32

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Dr. Milind Patwardhan
M.D(Path)
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY	
S.Urea(Urease Method)	13.7 mg/dl	10.0 - 45.0
BUN (Calculated)	6.39 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.64 mg/dl	0.50 - 1.1
BUN / Creatinine Ratio	9.98	9:1 - 23:1

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

BIOCHEMISTRY REPORT

S.Uric Acid(Uricase-POD): 4.0 mg/dL 2.4 - 5.7

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

Thyroid (T3,T4,TSH)- Serum

Total T3 (Tri-iodo Thyronine) (ECLIA)	1.74	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	108.8	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	2.28	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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M.D(Path)

Page 9 of 9 Chief Pathologist

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Ref. by : SELF Sample Col.Dt : 16/08/2023 11:00
Barcode No : 5797 Reported On : 16/08/2023 19:28

CYTOPATHOLOGY REPORT

Specimen No: AP-1475-23

Specimen Adequacy: ADEQUATE

CELLS

ENDOCERVICAL: **Present**
ENDOMETRIAL: Absent
SQUAMOUS: **SUPERFICIAL(+++) AND INTERMEDIATE(++) SQUAMOUS CELLS**
HISTIOCYTES: Absent
RBCs: **Present(Few)**
POLYMORPHS: **Present(+)**
LYMPHOCYTES: Absent

FLORA

TRICHOMONAS VAGINALIS: Absent
MONILIA: Absent
BACTERIA: Absent
DODERLEIN BACILLI: Absent
LEPTOTHRIX: Absent

CELLULAR CHANGES

METAPLASIA: Absent
MALIGNANT CELL: Absent
IMPRESSION: **NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY**

Vasanti Gondal
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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

SERUM VITAMIN B12

S. VITAMIN B12 by ECLIA: 712.0 pg/mL 211 - 946 pg/ml

1. Vit B12 levels are decreased in megaloblastic anemia, partial/total gastrectomy, pernicious anemia, peripheral neuropathies, chronic alcoholism, senile dementia and treated epilepsy.
2. An associated increase in homocysteine levels is an independent risk marker for cardiovascular disease and deep vein thrombosis.
3. HoloTranscobalamin II levels are a more accurate marker of active Vit B12 component.
4. Increased Vit B12 levels are seen in renal failure, liver disease and myeloproliferative diseases. Increased levels are also noted in patients who have taken B12 injections or oral medication.

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Dr. Milind Patwardhan
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33 Years

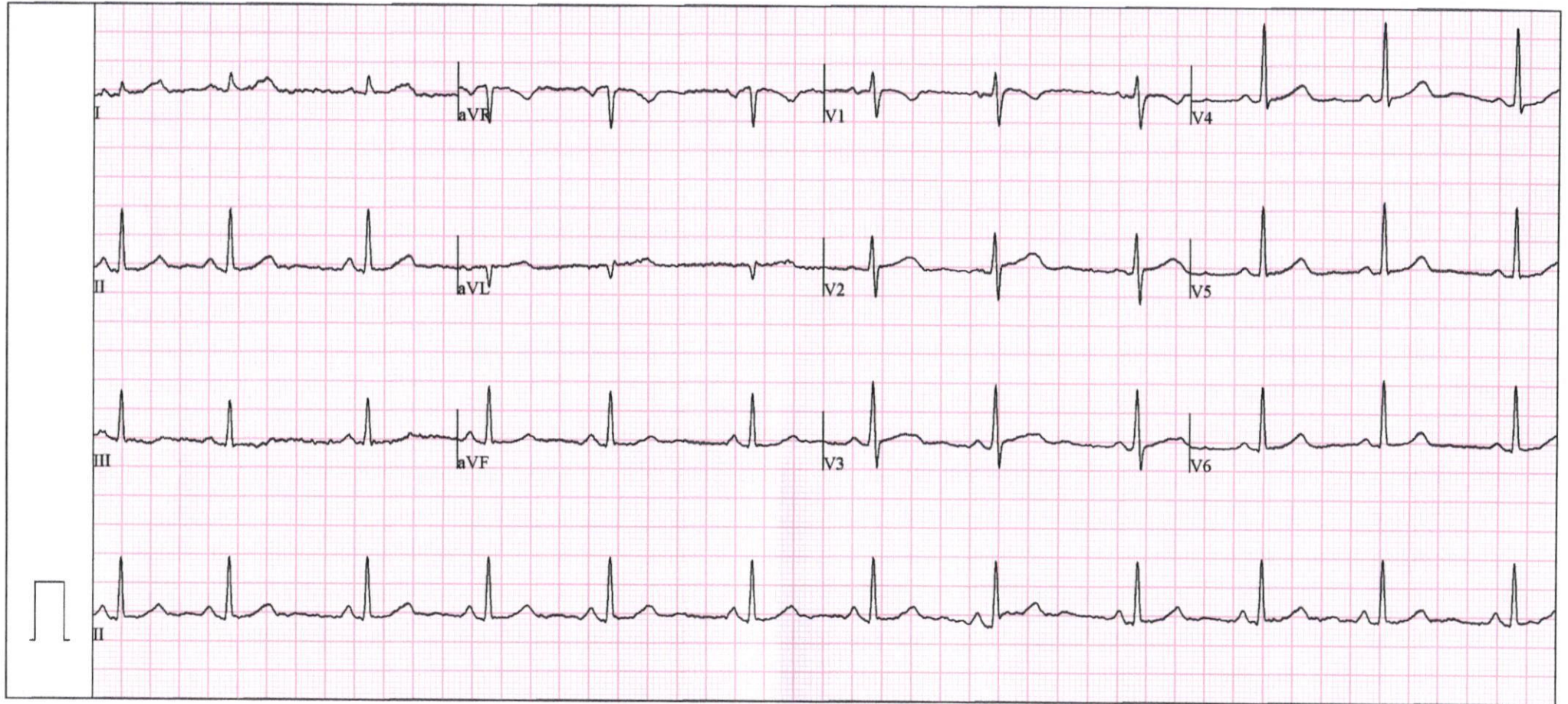
Female

QRS : 74 ms
QT / QTcBaz : 382 / 409 ms
PR : 164 ms
P : 120 ms
RR / PP : 864 / 869 ms
P / QRS / T : 81 / 77 / 40 degrees

Normal sinus rhythm with sinus arrhythmia
Normal ECG

*- Sin Arrhythmia
- Corlate clinic*

Dr. ANIRBAN DASGUPTA
M.B., B.S., D.N.B. Medicine
Diploma Cardiology
MMC - 2005/02/0920



Apollo Clinic
The Emerald Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SANGEETA, PATHAK
Patient ID: 7846
Height:
Weight:

DOB: 11.03.1996
Age: 27yrs
Gender: Female
Race: Asian

Study Date: 16.08.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.ANIRBAN DASGUPTA
Technician: Anita Gaikwad

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:55	0.00	0.00	82	110/80	
	STANDING	00:27	0.00	0.00	83	110/80	
	HYPERV.	00:09	0.00	0.00	85		
	WARM-UP	00:11	0.70	0.00	85		
EXERCISE	STAGE 1	03:00	1.70	10.00	105	120/80	
	STAGE 2	03:00	2.50	12.00	120	130/80	
	STAGE 3	02:06	3.40	14.00	142	150/80	
RECOVERY		01:06	0.00	0.00	113		

The patient exercised according to the BRUCE for 8:05 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 92 bpm rose to a maximal heart rate of 148 bpm. This value represents 76 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.ANIRBAN DASGUPTA

Dasgupta

Dr. ANIRBAN DASGUPTA
M.B., B.S., D.N.B. Medicine
Diploma Cardiology
MMC 2005/02/0920

PATIENT'S NAME	SANGEETA PATHAK	AGE :-33 Y/F
UHID	7846	DATE :-16 Aug. 23

X-RAY CHEST PA VEIW

OBSERVATION:

Patient is in positional obliquity.
Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- No significant abnormality seen.



DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg No. 073826

PATIENT'S NAME	SANGEETA PATHAK	AGE :- 33Y/F
UHID	7846	16 Aug 2023

USG WHOLE ABDOMEN (TAS)

LIVER is normal in size, shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepato-petal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection. CBD appears normal.

Visualised parts of head & body of PANCREAS appear normal.

SPLEEN is normal in size and echotexture. No focal lesion seen. Splenic vein is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 9.8 x 3.5 cm. **LEFT KIDNEY** measures 10.2 x 4.2 cm.

URINARY BLADDER is well distended; no e/o wall thickening or mass or calculi seen.

UTERUS is anteverted and is normal in size, shape and echotexture; No focal lesion seen. ET measures 7.5 mm.

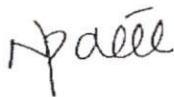
Both ovaries are normal in size, shape and position.

Visualised BOWEL LOOPS appear normal. There is no free fluid seen.

IMPRESSION –

- No significant abnormality detected.

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE. THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR. NITESH PATEL
DMRE (RADIOLOGIST)