

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KHARI SUMIT
EC NO.	198760
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	MAJHOLA
BIRTHDATE	30-01-1995
PROPOSED DATE OF HEALTH CHECKUP	30-03-2023
BOOKING REFERENCE NO.	22M198760100053338E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **27-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**



(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

### SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



**B** बैंक ऑफ बड़ोदा  
Bank of Baroda



नाम  
Name **SUMIT KHARI**  
कार्ड नंबर  
E.C. No. **198760**

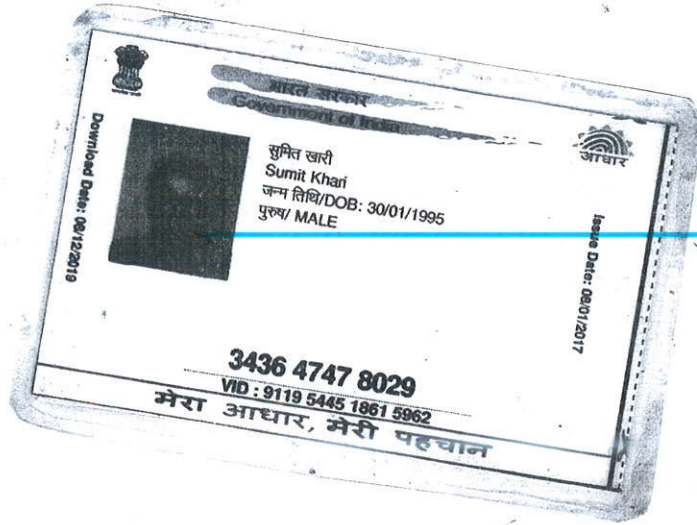
जारीकर्ता प्राधिकारी (उप.क्ष.प्र.)  
Issuing Authority (D.R.M.)

*Sumit*  
धारक के हस्ताक्षर  
Signature of Holder

*Sumit*

8800629214





Sumit

8800629214





sumit knarl

28years Male Caucasian

Vent. rate	88 bpm
PR interval	126 ms
QRS duration	80 ms
QT/QTc	356/430 ms
P-R-T axes	78 78 77

LD:

Normal sinus rhythm  
Normal ECG

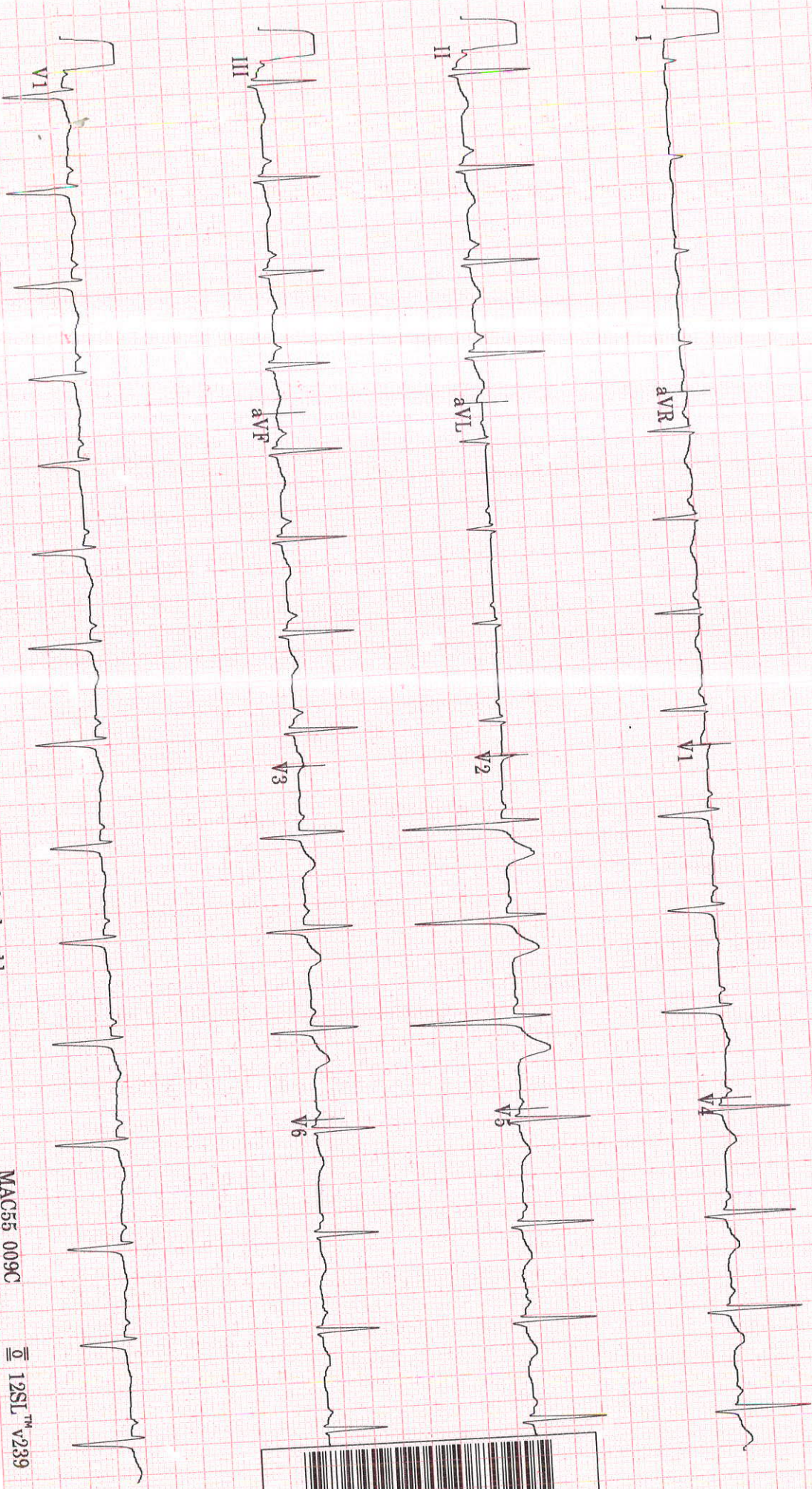
4-APR-2023 11:20:13

Mannipal Hospital, Chitradurga

Technician:  
Test ind:

Referred by:

Unconfirmed



90 Hz  
25.0 mm/s  
10.0 mm/mV

4 by 2.5s + 1 rhythm ld

MAC55 009C

12SL™ V239







## RADIOLOGY REPORT

Name	Sumit KHARI	Modality	US
Patient ID	MH010892241	Accession No	R5369805
Gender/Age	M / 28Y 2M 3D	Scan Date	04-04-2023 10:50:35
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	04-04-2023 11:16:48

**USG ABDOMEN & PELVIS****FINDINGS**

LIVER: Liver is normal in size (measures 128 mm), shape and echotexture. Rest normal.

SPLEEN: Spleen is normal in size (measures 91 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.2 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 93 x 36 mm. It shows a concretion measuring 3.2 mm at upper calyx.

Left Kidney: measures 100 x 47 mm. It shows a concretion measuring 1.8 mm at lower calyx.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 37 x 28 x 25 mm with volume 14 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

**IMPRESSION**

**-Bilateral renal concretions.**

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,  
Consultant Radiologist, Reg No MCI 11 10887

This document is digitally signed and hence no manual signature is required

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**MANIPAL HOSPITALS**

NH-24, Hapur Road, Near Landcraft Golf links, Ghaziabad - 201002

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Page 1 of 1

This report is subject to the terms and conditions mentioned overleaf



## RADIOLOGY REPORT

Name	Sumit KHARI	Modality	DX
Patient ID	MH010892241	Accession No	R5369804
Gender/Age	M / 28Y 2M 3D	Scan Date	04-04-2023 09:31:08
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	04-04-2023 09:54:48

## XR- CHEST PA VIEW

**FINDINGS:**

LUNGS: Normal.  
TRACHEA: Normal.  
CARINA: Normal.  
RIGHT AND LEFT MAIN BRONCHI: Normal.  
PLEURA: Normal.  
HEART: Normal.  
RIGHT HEART BORDER: Normal.  
LEFT HEART BORDER: Normal.  
PULMONARY BAY: Normal.  
PULMONARY HILA: Normal.  
AORTA: Normal.  
THORACIC SPINE: Normal.  
OTHER VISUALIZED BONES: Normal.  
VISUALIZED SOFT TISSUES: Normal.  
DIAPHRAGM: Normal.  
VISUALIZED ABDOMEN: Normal.  
VISUALIZED NECK: Normal.

**IMPRESSION:**

**No significant abnormality noted.**

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,  
Consultant Radiologist, Reg No MCI 11 10887

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Page 1 of 1

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## LABORATORY REPORT

Name	: MR SUMIT KHARI	Age	: 28 Yr(s) Sex :Male
Registration No	: MH010892241	Lab No	: 32230401231
Patient Episode	: H1800000411	Collection Date	: 04 Apr 2023 13:30
Referred By	: HEALTH CHECK MGD	Reporting Date	: 04 Apr 2023 14:27
Receiving Date	: 04 Apr 2023 13:31		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Specimen Type : Serum

#### THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.05	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	7.07	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.230	μIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

\* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 9

-----END OF REPORT-----

*Neelam Singal*

**Dr. Neelam Singal**  
CONSULTANT BIOCHEMISTRY



## LABORATORY REPORT

Name : MR SUMIT KHARI Age : 28 Yr(s) Sex : Male  
 Registration No : MH010892241 Lab No : 202304000335  
 Patient Episode : H18000000411 Collection Date : 04 Apr 2023 09:21  
 Referred By : HEALTH CHECK MGD Reporting Date : 04 Apr 2023 17:35  
 Receiving Date : 04 Apr 2023 09:21

### HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDEANCE)	4.98	millions/cu mm	[4.50-5.50]
HEMOGLOBIN	15.0	g/dl	[12.0-16.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	43.3	%	[40.0-50.0]
MCV (DERIVED)	86.9	fL	[83.0-101.0]
MCH (CALCULATED)	30.1	pg	[27.0-32.0]
<b>MCHC (CALCULATED)</b>	<b>34.6 #</b>	<b>g/dl</b>	<b>[31.5-34.5]</b>
RDW CV% (DERIVED)	12.8	%	[11.6-14.0]
Platelet count	202	x 10 <sup>3</sup> cells/cumm	[150-400]
MPV (DERIVED)	10.9		
WBC COUNT (TC) (IMPEDEANCE)	6.33	x 10 <sup>3</sup> cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	68.0	%	[40.0-80.0]
Lymphocytes	25.0	%	[17.0-45.0]
Monocytes	5.0	%	[2.0-10.0]
Eosinophils	2.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	7.0	/1sthour	[0.0-

## LABORATORY REPORT

<b>Name</b> :	MR SUMIT KHARI	<b>Age</b> :	28 Yr(s) Sex :Male
<b>Registration No</b> :	MH010892241	<b>Lab No</b> :	202304000335
<b>Patient Episode</b> :	H18000000411	<b>Collection Date</b> :	04 Apr 2023 09:21
<b>Referred By</b> :	HEALTH CHECK MGD	<b>Reporting Date</b> :	04 Apr 2023 17:25
<b>Receiving Date</b> :	04 Apr 2023 09:21		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>Glycosylated Hemoglobin</b>			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.5	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association(ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk )5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	111	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

### ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

#### MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	5.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

#### CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)



## LABORATORY REPORT

<b>Name</b>	: MR SUMIT KHARI	<b>Age</b>	: 28 Yr(s) Sex :Male
<b>Registration No</b>	: MH010892241	<b>Lab No</b>	: 202304000335
<b>Patient Episode</b>	: H18000000411	<b>Collection Date</b>	: 04 Apr 2023 12:50
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 04 Apr 2023 17:36
<b>Receiving Date</b>	: 04 Apr 2023 12:50		

### CLINICAL PATHOLOGY

#### MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	nil /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

#### Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	118	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	66	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	40.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	13	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	65.0	mg/dl	[<120.0]
Above optimal-100-129			Near/ Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio(Calculated)	3.0		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Calculated)	1.6		<3 Optimal 3-4 Borderline >6 High Risk

Note:

## LABORATORY REPORT

<b>Name</b>	: MR SUMIT KHARI	<b>Age</b>	: 28 Yr(s) Sex :Male
<b>Registration No</b>	: MH010892241	<b>Lab No</b>	: 202304000335
<b>Patient Episode</b>	: H1800000411	<b>Collection Date</b>	: 04 Apr 2023 09:21
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 04 Apr 2023 17:24
<b>Receiving Date</b>	: 04 Apr 2023 09:21		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

#### KIDNEY PROFILE

Specimen: Serum

UREA	21.5	mg/dl	[15.0-40.0]
<i>Method: GLDH, Kinatic assay</i>			
BUN, BLOOD UREA NITROGEN	10.0	mg/dl	[8.0-20.0]
<i>Method: Calculated</i>			
CREATININE, SERUM	0.74	mg/dl	[0.70-1.20]
<i>Method: Jaffe rate-IDMS Standardization</i>			
URIC ACID	4.7	mg/dl	[4.0-8.5]
<i>Method:uricase PAP</i>			

SODIUM, SERUM	138.00	mmol/L	[136.00-144.00]
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POTASSIUM, SERUM	4.57	mmol/L	[3.60-5.10]
SERUM CHLORIDE	102.5	mmol/l	[101.0-111.0]

*Method: ISE Indirect*

eGFR (calculated)	125.5	ml/min/1.73sq.m	[>60.0]
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#### Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.



## LABORATORY REPORT

<b>Name</b>	: MR SUMIT KHARI	<b>Age</b>	: 28 Yr(s) Sex :Male
<b>Registration No</b>	: MH010892241	<b>Lab No</b>	: 202304000335
<b>Patient Episode</b>	: H18000000411	<b>Collection Date</b>	: 04 Apr 2023 09:21
<b>Referred By</b>	: HEALTH CHECK MGD	<b>Reporting Date</b>	: 04 Apr 2023 17:24
<b>Receiving Date</b>	: 04 Apr 2023 09:21		

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
<b>LIVER FUNCTION TEST</b>			
BILIRUBIN - TOTAL Method: D P D	0.81	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.18	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN(SERUM) Method: Calculation	0.63	mg/dl	[0.10-0.90]
TOTAL PROTEINS(SERUM) Method: BIURET	7.30	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.40	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.90	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.52		[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	20.00	U/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	16.00 #	U/L	[17.00-63.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	59.0	IU/L	[32.0-91.0]
GGT	21.0		[7.0-50.0]

## LABORATORY REPORT

Name : MR SUMIT KHARI Age : 28 Yr(s) Sex : Male  
Registration No : MH010892241 Lab No : 202304000335  
Patient Episode : H1800000411 Collection Date : 04 Apr 2023 09:21  
Referred By : HEALTH CHECK MGD Reporting Date : 04 Apr 2023 17:31  
Receiving Date : 04 Apr 2023 09:21

### BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing B Rh(D) Positive

**Technical note:**

*ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.*

Page 7 of 9

-----END OF REPORT-----



Dr. Alka Dixit Vats  
Consultant Pathologist



## LABORATORY REPORT

Name : MR SUMIT KHARI Age : 28 Yr(s) Sex : Male  
Registration No : MH010892241 Lab No : 202304000336  
Patient Episode : H18000000411 Collection Date : 04 Apr 2023 09:21  
Referred By : HEALTH CHECK MGD Reporting Date : 04 Apr 2023 17:25  
Receiving Date : 04 Apr 2023 09:21

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	88.0	mg/dl	[70.0-110.0]

Page 8 of 9

-----END OF REPORT-----



Dr. Alka Dixit Vats  
Consultant Pathologist

## LABORATORY REPORT

Name : MR SUMIT KHARI Age : 28 Yr(s) Sex : Male  
Registration No : MH010892241 Lab No : 202304000337  
Patient Episode : H18000000411 Collection Date : 04 Apr 2023 12:45  
Referred By : HEALTH CHECK MGD Reporting Date : 04 Apr 2023 17:21  
Receiving Date : 04 Apr 2023 12:45

### BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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#### PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS 86.0 mg/dl [80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

Page 9 of 9

-----END OF REPORT-----



Dr. Alka Dixit Vats  
Consultant Pathologist