

# LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,

Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

# Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS		
NAME	MR. KUMAR SHUBHAM		
EC NO.	88197		
DESIGNATION	BRANCH OPERATIONS		
PLACE OF WORK	HAIDERGARH		
BIRTHDATE	03-12-1987		
PROPOSED DATE OF HEALTH CHECKUP	13-08-2022		
BOOKING REFERENCE NO.	22S88197100023206E ,		

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **10-08-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

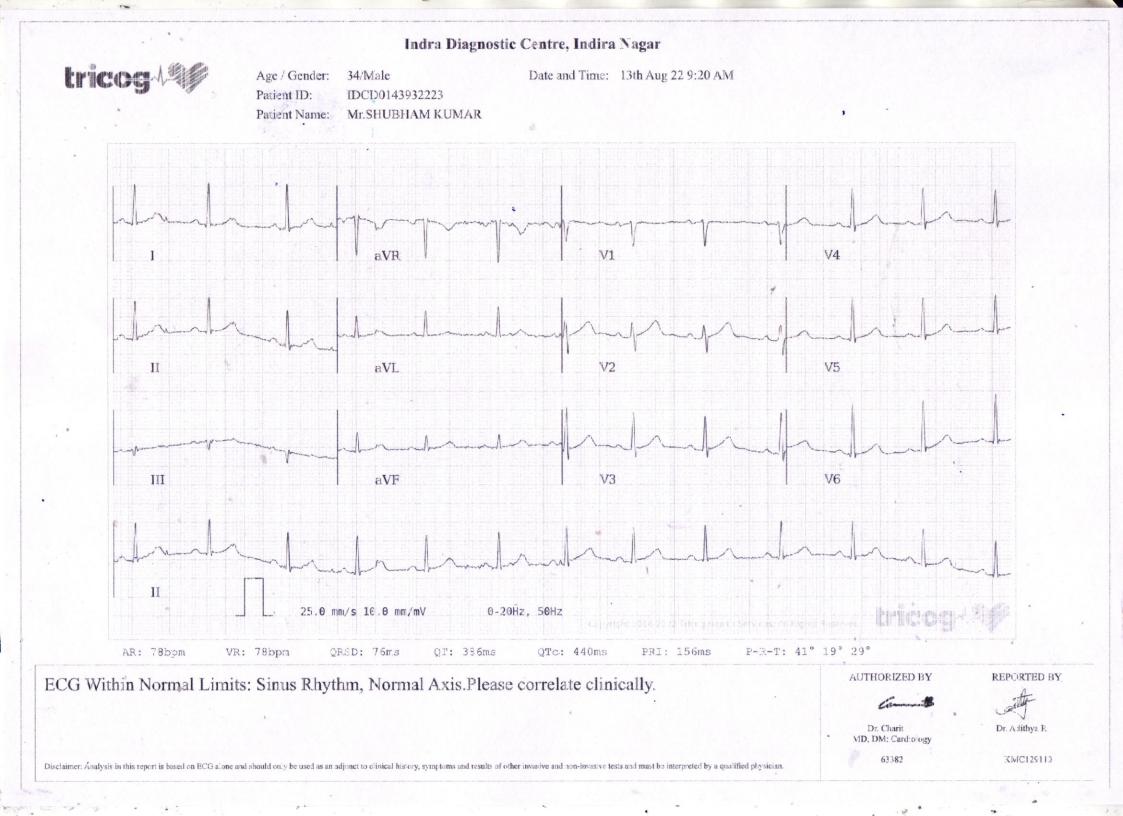
Yours faithfully,

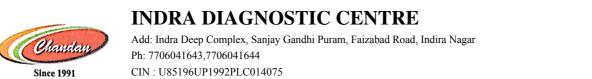
Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))









Patient Name	: Mr.SHUBHAM KUMAR	Registered On	: 13/Aug/2022 08:33:38
Age/Gender	: 34 Y 8 M 9 D /M	Collected	: 13/Aug/2022 09:09:59
UHID/MR NO	: IDCD.0000100802	Received	: 13/Aug/2022 13:26:27
Visit ID	: IDCD0143932223	Reported	: 13/Aug/2022 14:14:33
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

# DEPARTMENT OF HAEMATOLOGY

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
Blood Group (ABO & Rh typing) ** ,	Blood			
Blood Group	В			
Rh ( Anti-D)	POSITIVE			
Complete Blood Count (CBC) ** , wh	ole Blood			
Haemoglobin	13.30	g/dl	1 Day- 14.5-22.5 g/dl	
		0,	1 Wk- 13.5-19.5 g/dl	
			1 Mo- 10.0-18.0 g/dl	
			3-6 Mo- 9.5-13.5 g/dl	
			0.5-2 Yr- 10.5-13.5	
			g/dl	
			2-6 Yr- 11.5-15.5 g/dl	
			6-12 Yr- 11.5-15.5 g/d	
		1 1 1	12-18 Yr 13.0-16.0	
			g/dl Male- 13.5-17.5 g/dl	
			Female- 12.0-15.5 g/d	
TLC (WBC)	8,800.00	/Cu mm	4000-10000	ELECTRONIC IMPEDANCE
DLC	0,000.00	/cu mm	4000 10000	
	62.00	24		
Polymorphs (Neutrophils )	62.00	%	55-70	ELECTRONIC IMPEDANCE
Lymphocytes	31.00	%	25-40	ELECTRONIC IMPEDANCE
Monocytes	5.00	%	3-5	ELECTRONIC IMPEDANCE
Eosinophils	2.00	%	1-6	ELECTRONIC IMPEDANCE
Basophils	0.00	%	< 1	ELECTRONIC IMPEDANCE
ESR				
Observed	14.00	Mm for 1st hr.		
Corrected	8.00	Mm for 1st hr.	< 9	
PCV (HCT)	40.00	cc %	40-54	
Platelet count				
Platelet Count	2.10	LACS/cu mm	1.5-4.0	ELECTRONIC IMPEDANCE/MICROSCOPIC
PDW (Platelet Distribution width)	15.20	fL	9-17	ELECTRONIC IMPEDANCE
P-LCR (Platelet Large Cell Ratio)	45.00	%	35-60	ELECTRONIC IMPEDANCE
PCT (Platelet Hematocrit)	0.25	%	0.108-0.282	ELECTRONIC IMPEDANCE
MPV (Mean Platelet Volume)	12.00	fL	6.5-12.0	ELECTRONIC IMPEDANCE
RBC Count	12.00		0.0 12.0	
	F AC	NA:11 /	4 2 5 5	
RBC Count	5.96	Mill./cu mm	4.2-5.5	ELECTRONIC IMPEDANCE





Add: Indra Deep Complex, Sanjay Gandhi Puram, Faizabad Road, Indira Nagar Ph: 7706041643,7706041644 CIN : U85196UP1992PLC014075



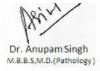
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# DEPARTMENT OF HAEMATOLOGY

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
Blood Indices (MCV, MCH, MCHC)				
MCV	69.40	fl	80-100	CALCULATED PARAMETER
МСН	22.30	pg	28-35	CALCULATED PARAMETER
МСНС	32.10	%	30-38	CALCULATED PARAMETER
RDW-CV	16.40	%	11-16	ELECTRONIC IMPEDANCE
RDW-SD	41.50	fL	35-60	ELECTRONIC IMPEDANCE
Absolute Neutrophils Count	5,456.00	/cu mm	3000-7000	
Absolute Eosinophils Count (AEC)	176.00	/cu mm	40-440	





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Age/Gender	: 34 Y 8 M 9 D /M	Collected	: 13/Aug/2022 09:09:59
UHID/MR NO	: IDCD.0000100802	Received	: 13/Aug/2022 10:46:11
Visit ID	: IDCD0143932223	Reported	: 13/Aug/2022 11:35:16
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

### DEPARTMENT OF BIOCHEMISTRY

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE FASTING , Plasma				
Glucose Fasting	106.70	mg/dl	< 100 Normal 100-125 Pre-diabetes ≥ 126 Diabetes	GOD POD

### Interpretation:

a) Kindly correlate clinically with intake of hypoglycemic agents, drug dosage variations and other drug interactions.
b) A negative test result only shows that the person does not have diabetes at the time of testing. It does not mean that the person will never get diabetics in future, which is why an Annual Health Check up is essential.
c) I.G.T = Impared Glucose Tolerance.



Dr. Shoaib Irfan (MBBS, MD, PDCC)

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Visit ID	: IDCD0143932223	Reported	: 13/Aug/2022 18:51:26
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

### **DEPARTMENT OF BIOCHEMISTRY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method	
GLYCOSYLATED HAEMOGLOBIN (HBA1C)	** , EDTA BLOOD				
Glycosylated Haemoglobin (HbA1c)	6.60	% NGSP		HPLC (NGSP)	

Glycosylated Haemoglobin (HbA1c)	49.00	mmol/mol/IFCC
Estimated Average Glucose (eAG)	142	mg/dl

#### Interpretation:

#### NOTE:-

- eAG is directly related to A1c.
- An A1c of 7% -the goal for most people with diabetes-is the equivalent of an eAG of 154 mg/dl.
- eAG may help facilitate a better understanding of actual daily control helping you and your health care provider to make necessary changes to your diet and physical activity to improve overall diabetes mnagement.

The following ranges may be used for interpretation of results. However, factors such as duration of diabetes, adherence to therapy and the age of the patient should also be considered in assessing the degree of blood glucose control.

Haemoglobin A1C (%)NGSP	mmol/mol / IFCC Unit	eAG (mg/dl)	<b>Degree of Glucose Control Unit</b>
> 8	>63.9	>183	Action Suggested*
7-8	53.0 -63.9	154-183	Fair Control
< 7	<63.9	<154	Goal**
6-7	42.1 -63.9	126-154	Near-normal glycemia
< 6%	<42.1	<126	Non-diabetic level

\*High risk of developing long term complications such as Retinopathy, Nephropathy, Neuropathy, Cardiopathy, etc. \*\*Some danger of hypoglycemic reaction in Type 1 diabetics. Some glucose intolerant individuals and "subclinical" diabetics may demonstrate HbA1C levels in this area.

N.B. : Test carried out on Automated G8 90 SL TOSOH HPLC Analyser.





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### DEPARTMENT OF BIOCHEMISTRY

### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name

Result

Unit

Method

**Bio. Ref. Interval** 

#### **<u>Clinical Implications:</u>**

\*Values are frequently increased in persons with poorly controlled or newly diagnosed diabetes.

\*With optimal control, the HbA 1c moves toward normal levels.

\*A diabetic patient who recently comes under good control may still show higher concentrations of glycosylated hemoglobin. This level declines gradually over several months as nearly normal glycosylated \*Increases in glycosylated hemoglobin occur in the following non-diabetic conditions: a. Iron-deficiency anemia b. Splenectomy

c. Alcohol toxicity d. Lead toxicity

\*Decreases in A 1c occur in the following non-diabetic conditions: a. Hemolytic anemia b. chronic blood loss

\*Pregnancy d. chronic renal failure. Interfering Factors:

\*Presence of Hb F and H causes falsely elevated values. 2. Presence of Hb S, C, E, D, G, and Lepore (autosomal recessive mutation resulting in a hemoglobinopathy) causes falsely decreased values.



Dr. Anupam Singh M.B.B.S,M.D.(Pathology)

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Home Sample Collection 1800-419-0002



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Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

### **DEPARTMENT OF BIOCHEMISTRY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
BUN (Blood Urea Nitrogen) Sample:Serum	7.33	mg/dL	7.0-23.0	CALCULATED
<b>Creatinine</b> Sample:Serum	0.84	mg/dl	0.5-1.3	MODIFIED JAFFES
<b>Uric Acid</b> Sample:Serum	7.86	mg/dl	2.5-6.0	URICASE
LFT (WITH GAMMA GT) * , Serum				
SGOT / Aspartate Aminotransferase (AST)	107.40	U/L	< 35	IFCC WITHOUT P5P
SGPT / Alanine Aminotransferase (ALT)	170.50	U/L	< 40	IFCC WITHOUT P5P
Gamma GT (GGT)	34.40	IU/L	11-50	OPTIMIZED SZAZING
Protein	6.40	gm/dl	6.2-8.0	BIRUET
Albumin	4.57	gm/dl	3.8-5.4	B.C.G.
Globulin	1.83	gm/dl	1.8-3.6	CALCULATED
A:G Ratio	2.50		1.1-2.0	CALCULATED
Alkaline Phosphatase (Total)	87.50	U/L	42.0-165.0	IFCC METHOD
Bilirubin (Total)	1.25	mg/dl	0.3-1.2	JENDRASSIK & GROF
Bilirubin (Direct)	0.49	mg/dl	< 0.30	JENDRASSIK & GROF
Bilirubin (Indirect)	0.76	mg/dl	< 0.8	JENDRASSIK & GROF
LIPID PROFILE (MINI), Serum				
Cholesterol (Total)	157.00	mg/dl	<200 Desirable 200-239 Borderline H > 240 High	CHOD-PAP igh
HDL Cholesterol (Good Cholesterol)	37.80	mg/dl	30-70	DIRECT ENZYMATIC
LDL Cholesterol (Bad Cholesterol)	93	mg/dl	< 100 Optimal 100-129 Nr. Optimal/Above Optim 130-159 Borderline H 160-189 High	
			> 190 Very High	
The second s	26.60	mg/dl	10-33	
	133.00	mg/dl	< 150 Normal 150-199 Border 200-499 High	Dank Daib Irfan (MBBS, MD, PDCC)





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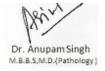
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Age/Gender	: 34 Y 8 M 9 D /M	Collected	: 13/Aug/2022 11:13:19
UHID/MR NO	: IDCD.0000100802	Received	: 13/Aug/2022 15:35:38
Visit ID	: IDCD0143932223	Reported	: 13/Aug/2022 16:35:20
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

### DEPARTMENT OF CLINICAL PATHOLOGY

### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE EXAMINATION, ROUTINE ** ,	Urine			
Color	LIGHT YELLOW			
Specific Gravity	1.010			
Reaction PH	Acidic ( 6.5 )			DIPSTICK
Protein	ABSENT	mg %	< 10 Absent	DIPSTICK
		,	10-40 (+)	
			40-200 (++)	
			200-500 (+++) > 500 (++++)	
Sugar	ABSENT	am c0/	< 0.5 (+)	DIPSTICK
Sugar	ABSEINT	gms%	< 0.5 (+) 0.5-1.0 (++)	DIPSTICK
			1-2 (+++)	
			> 2 (++++)	
Ketone	ABSENT	mg/dl	0.2-2.81	BIOCHEMISTRY
Bile Salts	ABSENT			
Bile Pigments	ABSENT			
Urobilinogen(1:20 dilution)	ABSENT			
Microscopic Examination:				
Epithelial cells	OCCASIONAL			MICROSCOPIC
				EXAMINATION
Pus cells	ABSENT			MICROSCOPIC
				EXAMINATION
RBCs	ABSENT			MICROSCOPIC
				EXAMINATION
Cast	ABSENT			
Crystals	ABSENT			MICROSCOPIC
Others	ABSENT			EXAMINATION
Others	ADSENT			









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Ag	e/Gender	: 34 Y 8 M 9 D /M	Collected	: 13/Aug/2022 11:13:19
UH	IID/MR NO	: IDCD.0000100802	Received	: 13/Aug/2022 12:53:41
Vis	sit ID	: IDCD0143932223	Reported	: 13/Aug/2022 13:32:57
Re	f Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

# DEPARTMENT OF CLINICAL PATHOLOGY

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
SUGAR, FASTING STAGE * , Urine				
Sugar, Fasting stage	ABSENT	gms%		
Interpretation:				
$\begin{array}{ll} (+) & < 0.5 \\ (++) & 0.5 \\ -1.0 \end{array}$				
(+++) 1-2				
(++++) > 2				
		TY)		
			and and the second	



Dr. Shoaib Irfan (MBBS, MD, PDCC)

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UHID/MR NO	: IDCD.0000100802	Received	: 13/Aug/2022 13:32:12
Visit ID	: IDCD0143932223	Reported	: 13/Aug/2022 14:28:32
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

#### DEPARTMENT OF IMMUNOLOGY

#### **MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS**

Test Name	Result	Unit	Bio. Ref. Interval	Method	
THYROID PROFILE - TOTAL ** , Serum					
T3, Total (tri-iodothyronine)	114.42	ng/dl	84.61-201.7	CLIA	
T4, Total (Thyroxine)	6.35	ug/dl	3.2-12.6	CLIA	
TSH (Thyroid Stimulating Hormone)	1.14	µIU/mL	0.27 - 5.5	CLIA	

#### Interpretation:

0.3-4.5	µIU/mL	First Trimester
0.5-4.6	µIU/mL	Second Trimester
0.8-5.2	µIU/mL	Third Trimester
0.5-8.9	µIU/mL	Adults 55-87 Years
0.7-27	µIU/mL	Premature 28-36 Week
2.3-13.2	µIU/mL	Cord Blood > 37Week
0.7-64	µIU/mL	Child(21 wk - 20 Yrs.)
1-39	µIU/mL	Child 0-4 Days
1.7-9.1	µIU/mL	Child 2-20 Week

1) Patients having low T3 and T4 levels but high TSH levels suffer from primary hypothyroidism, cretinism, juvenile myxedema or autoimmune disorders.

2) Patients having high T3 and T4 levels but low TSH levels suffer from Grave's disease, toxic adenoma or sub-acute thyroiditis.
3) Patients having either low or normal T3 and T4 levels but low TSH values suffer from iodine deficiency or secondary hypothyroidism.

4) Patients having high T3 and T4 levels but normal TSH levels may suffer from toxic multinodular goiter. This condition is mostly a symptomatic and may cause transient hyperthyroidism but no persistent symptoms.

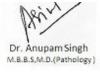
**5**) Patients with high or normal T3 and T4 levels and low or normal TSH levels suffer either from T3 toxicosis or T4 toxicosis respectively.

**6)** In patients with non thyroidal illness abnormal test results are not necessarily indicative of thyroidism but may be due to adaptation to the catabolic state and may revert to normal when the patient recovers.

7) There are many drugs for eg. Glucocorticoids, Dopamine, Lithium, Iodides, Oral radiographic dyes, etc. which may affect the thyroid function tests.

**8**) Generally when total T3 and total T4 results are indecisive then Free T3 and Free T4 tests are recommended for further confirmation along with TSH levels.





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Age/Gender	: 34 Y 8 M 9 D /M	Collected	: N/A
UHID/MR NO	: IDCD.0000100802	Received	: N/A
Visit ID	: IDCD0143932223	Reported	: 13/Aug/2022 15:01:47
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# **DEPARTMENT OF X-RAY**

### **MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS**

# **X-RAY DIGITAL CHEST PA \*** (500 mA COMPUTERISED UNIT SPOT FILM DEVICE)

# **DIGITAL CHEST P-A VIEW**

- Soft tissue shadow appears normal.
- Bony cage is normal.
- Diaphragmatic shadows are normal on both sides.
- Costo-phrenic angles are bilaterally clear.
- Trachea is central in position.
- Cardiac size & contours are normal.
- Hilar shadows are normal.
- Pulmonary vascularity & distribution are normal.
- Pulmonary parenchyma did not reveal any significant lesion.

#### NORMAL SKIAGRAM **IMPRESSION**:



Dr. Anil Kumar Verma (MBBS.DMRD)





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Age/Gender	: 34 Y 8 M 9 D /M	Collected	: N/A
UHID/MR NO	: IDCD.0000100802	Received	: N/A
Visit ID	: IDCD0143932223	Reported	: 13/Aug/2022 11:08:40
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

# DEPARTMENT OF ULTRASOUND

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

### ULTRASOUND WHOLE ABDOMEN (UPPER & LOWER) \*

#### LIVER

- Liver is enlarged in size (~ 186 mm) with grade-II fatty changes. (Adv:- LFT correlation)
- No obvious focal lesion is seen. The intra-hepatic biliary radicles are normal.
- Portal vein is normal in caliber.

### GALL BLADDER & CBD

- The gall bladder is normal in size and has regular walls. Lumen of the gall bladder is anechoic. No wall thickening or pericholecystic fluid noted.
- Visualised proximal common bile duct is normal in caliber.

### PANCREAS

• The pancreas is normal in size and shape and has a normal homogenous echotexture. Pancreatic duct is not dilated.

### **KIDNEYS**

- Both the kidneys are normal in size and echotexture.
- The collecting system of both the kidneys is normal and cortico-medullary demarcation is clear.

#### **SPLEEN**

• Spleen is mildly enlarged in size (~ 126 mm) and has a normal homogenous echo-texture. (Adv:- Clinicopathological correlation)

#### LYMPH NODES

• No significant lymph node noted.

#### **URINARY BLADDER**

• Urinary bladder is well distended. Bladder wall is normal in thickness and is regular.

ISO 8001:2015



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# DEPARTMENT OF ULTRASOUND

### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

#### PROSTATE

• Prostate is normal in size & measures ~ 14.2 grams.

# **IMPRESSION**

- Hepatomegaly with grade-II fatty changes in liver. (Adv:- LFT correlation)
- Mild splenomegaly (Adv:- Clinicopathological correlation)

Typed by- shanaya

(This report is an expert opinion & not a diagnosis. Kindly intimate us immediately or within 7 days for any reporting / typing error or any query regarding sonographic correlation of clinical findings)

### \*\*\* End Of Report \*\*\*

(\*\*) Test Performed at Chandan Speciality Lab.

Result/s to Follow:

STOOL, ROUTINE EXAMINATION, GLUCOSE PP, SUGAR, PP STAGE, ECG / EKG



Dr. Anil Kumar Verma (MBBS.DMRD)

This report is not for medico legal purpose. If clinical correlation is not established, kindly repeat the test at no additional cost within seven days.

Facilities: Pathology, Bedside Sample Collection, Health Check-ups, Digital X-Ray, ECG (Bedside also), Allergy Testing, Test And Health Check-ups, Ultrasonography, Sonomammography, Bone Mineral Density (BMD), Doppler Studies, 2D Echo, CT Scan, MRI, Blood Bank, TMT, EEG, PFT, OPG, Endoscopy, Digital Mammography, Electromyography (EMG), Nerve Condition Velocity (NCV), Audiometry, Brainstem Evoked Response Audiometry (BERA), Colonoscopy, Ambulance Services, Online Booking Facilities for Diagnostics, Online Report Viewing \* 365 Days Open \*Facilities Available at Select Location

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