

ZENA HEALTHCARE

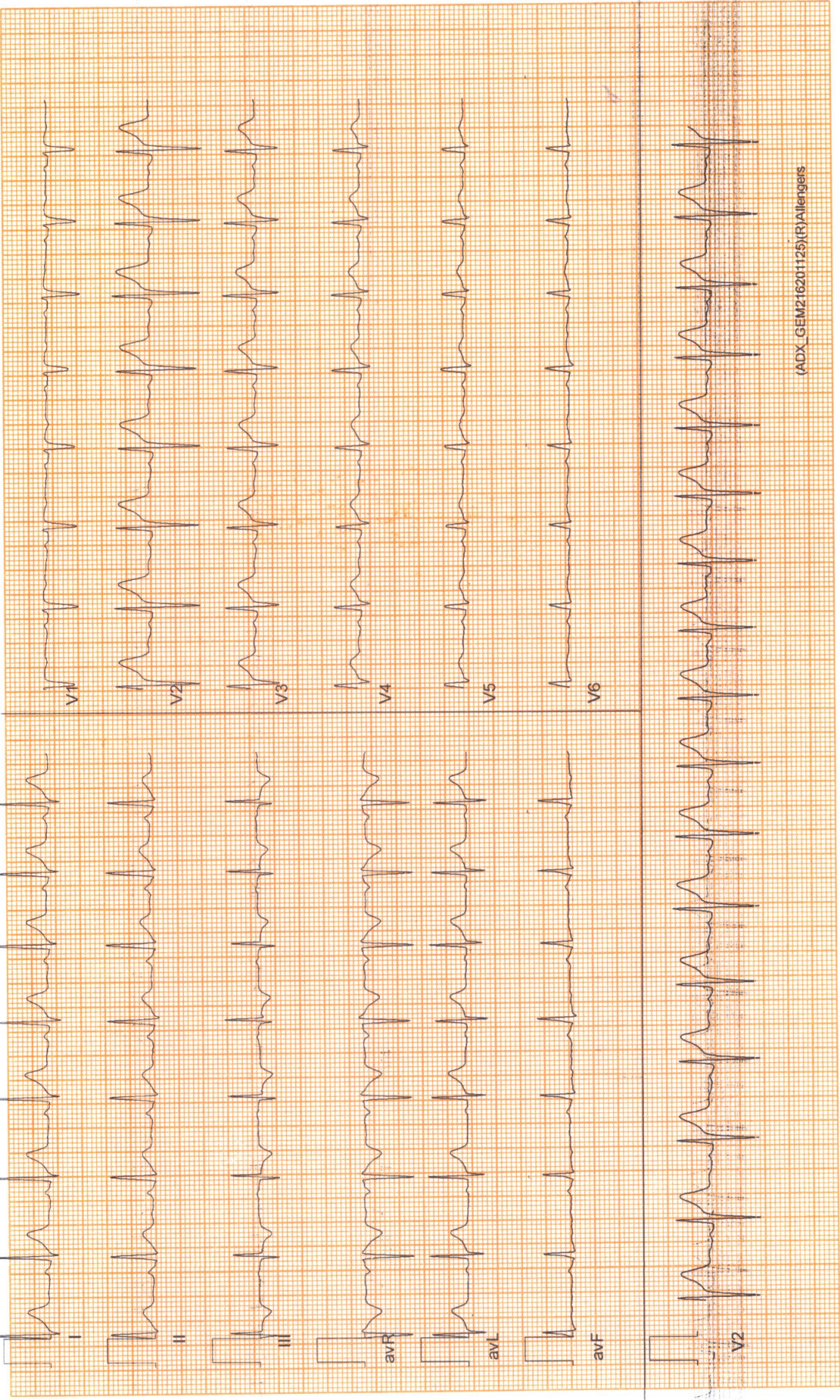
SAHIDNAGAR, BHUBANESWAR

490 / SOUMIYA RANJAN NAYAK / 32 Yrs / Male / 163 Cm / 75 Kg

6 x 2 + Rhythm
BRUCE: Supine(0:18)



Date: 28-01-2023 02:18:04 PM METs: 1.0 HR: 101 Target HR: 54% of 188 BP: 130/80
Ex Time: 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

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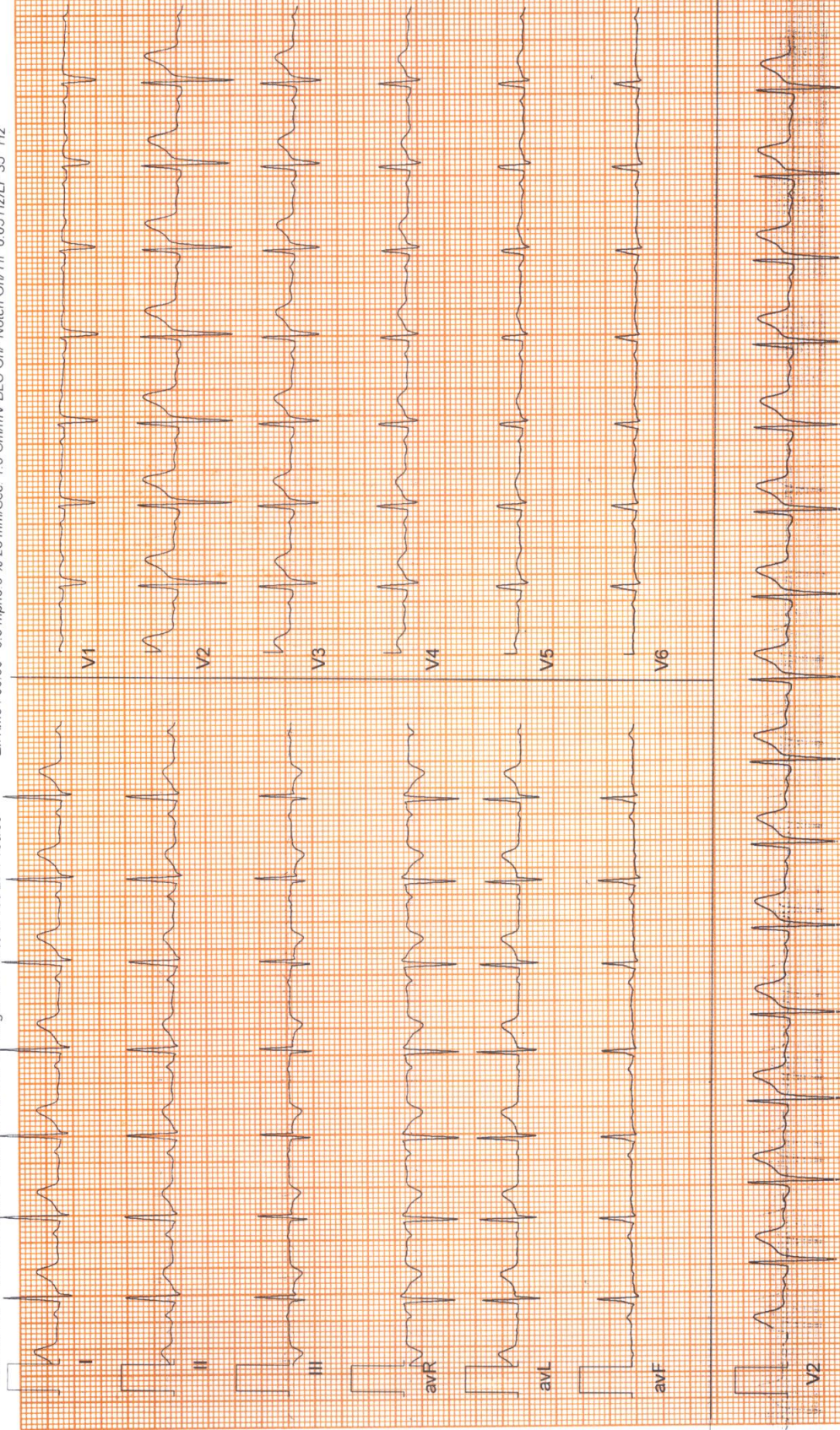
6 x 2 + Rhythm

BRUCE: Standing(0:17)



Date: 28-01-2023 02:18:04 PM METs: 1.0 HR: 94 Target HR: 50% of 188 BP: 130/80

Ex Time: 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

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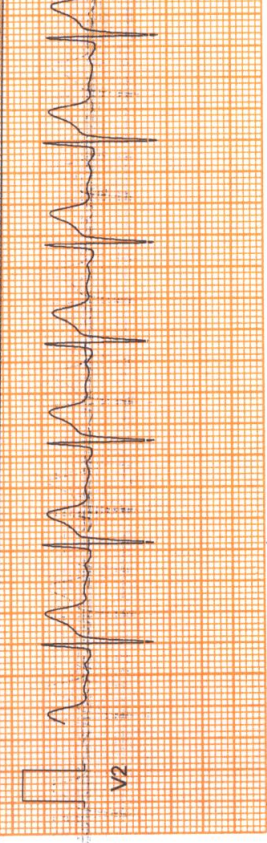
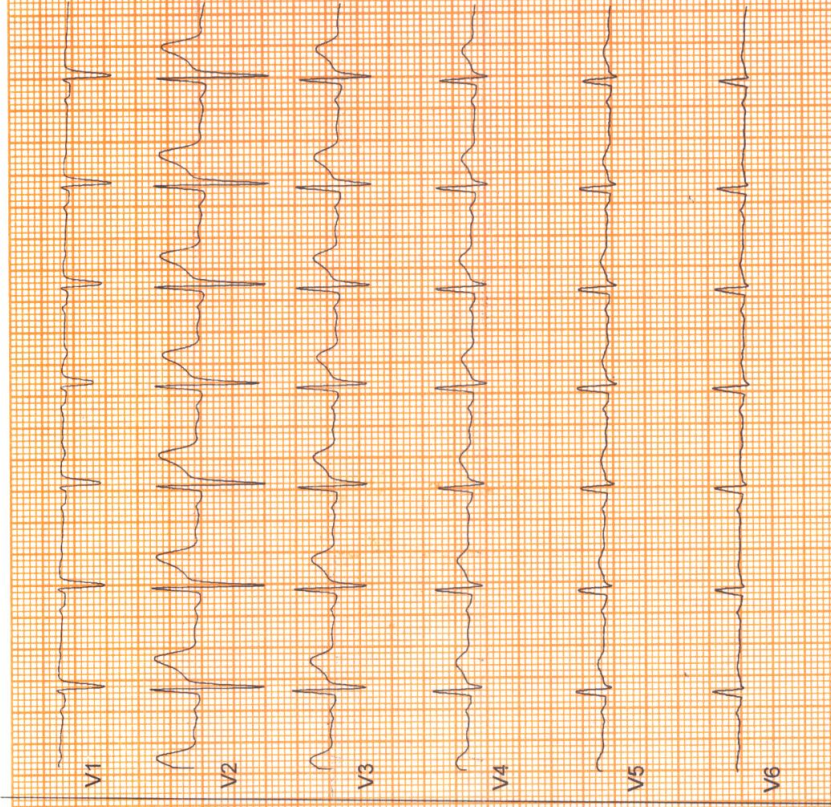
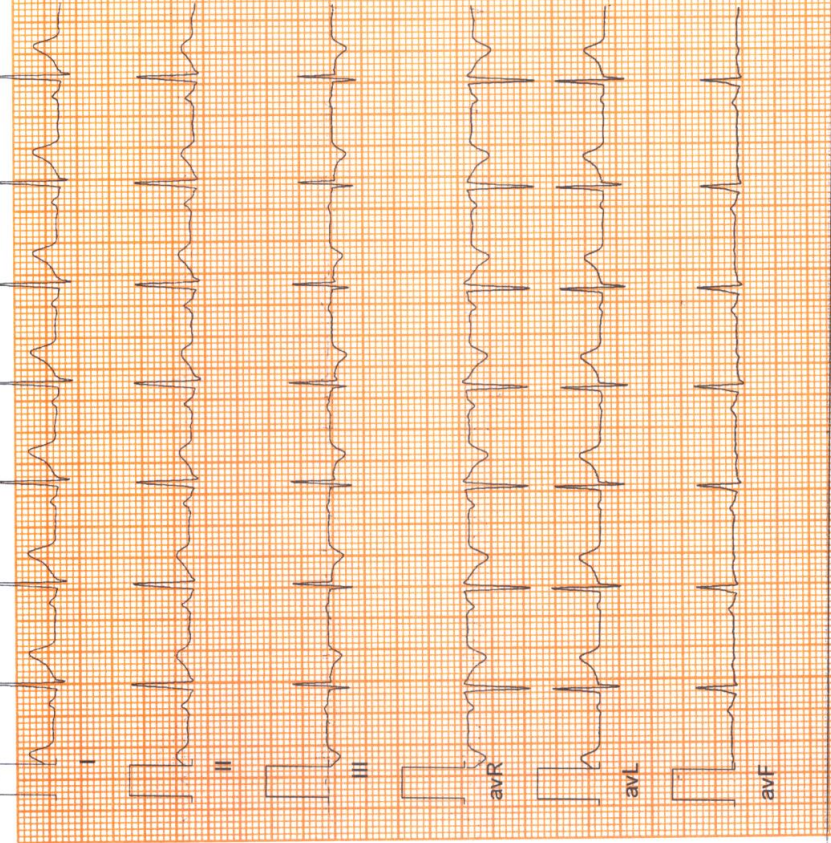
6 x 2 + Rhythm

BRUCE:HV(0:17)



Date: 28-01-2023 02:18:04 PM METs: 1.0 HR: 89 Target HR: 47% of 188 BP: 130/80

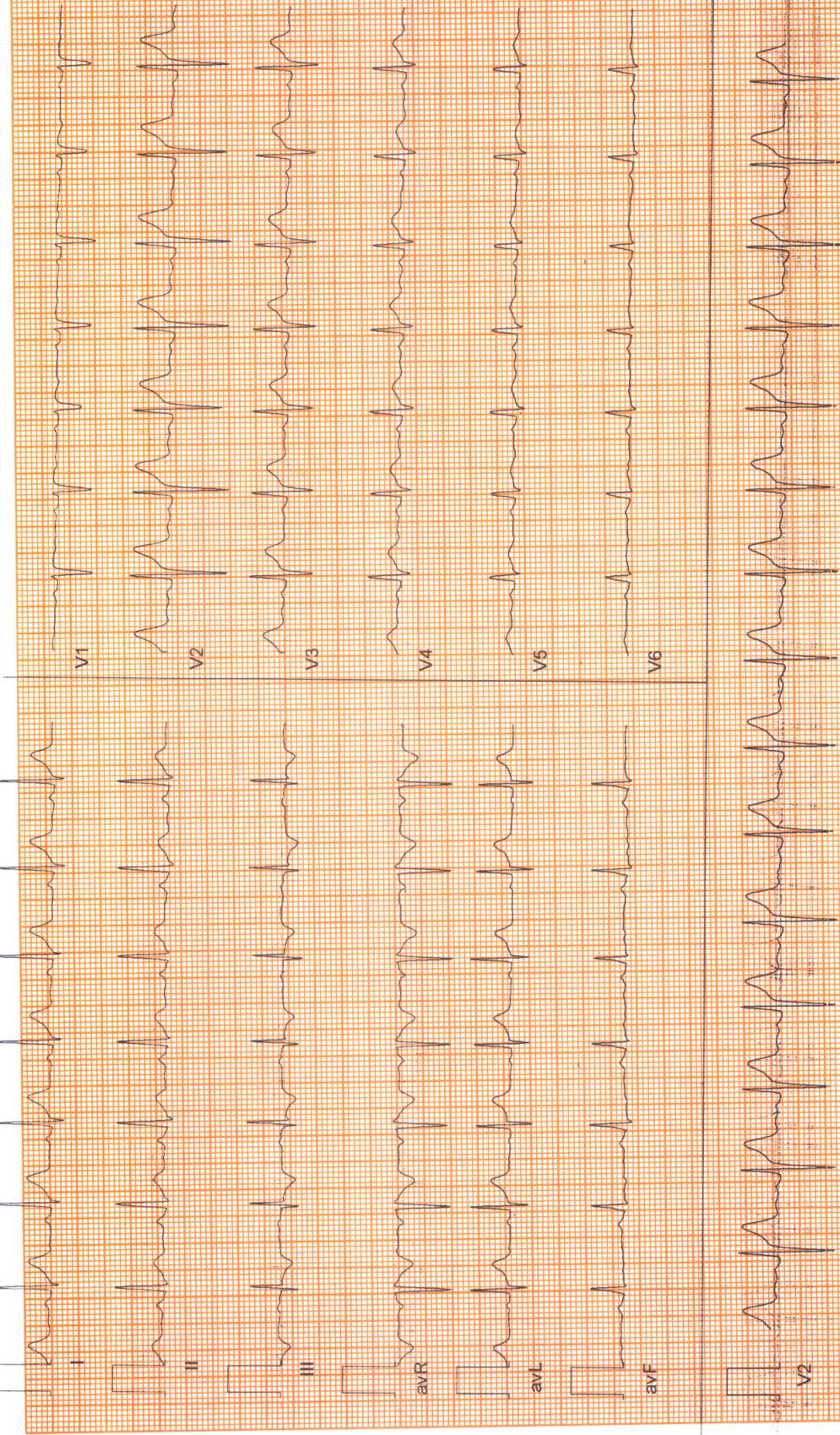
ExTime: 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 26 - 01 - 2023 02:18:04 PM METs : 1.0 HR : 95 Target HR : 51% of 188 BP : 130/80

ExTime: 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC Onr Notch Onr HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

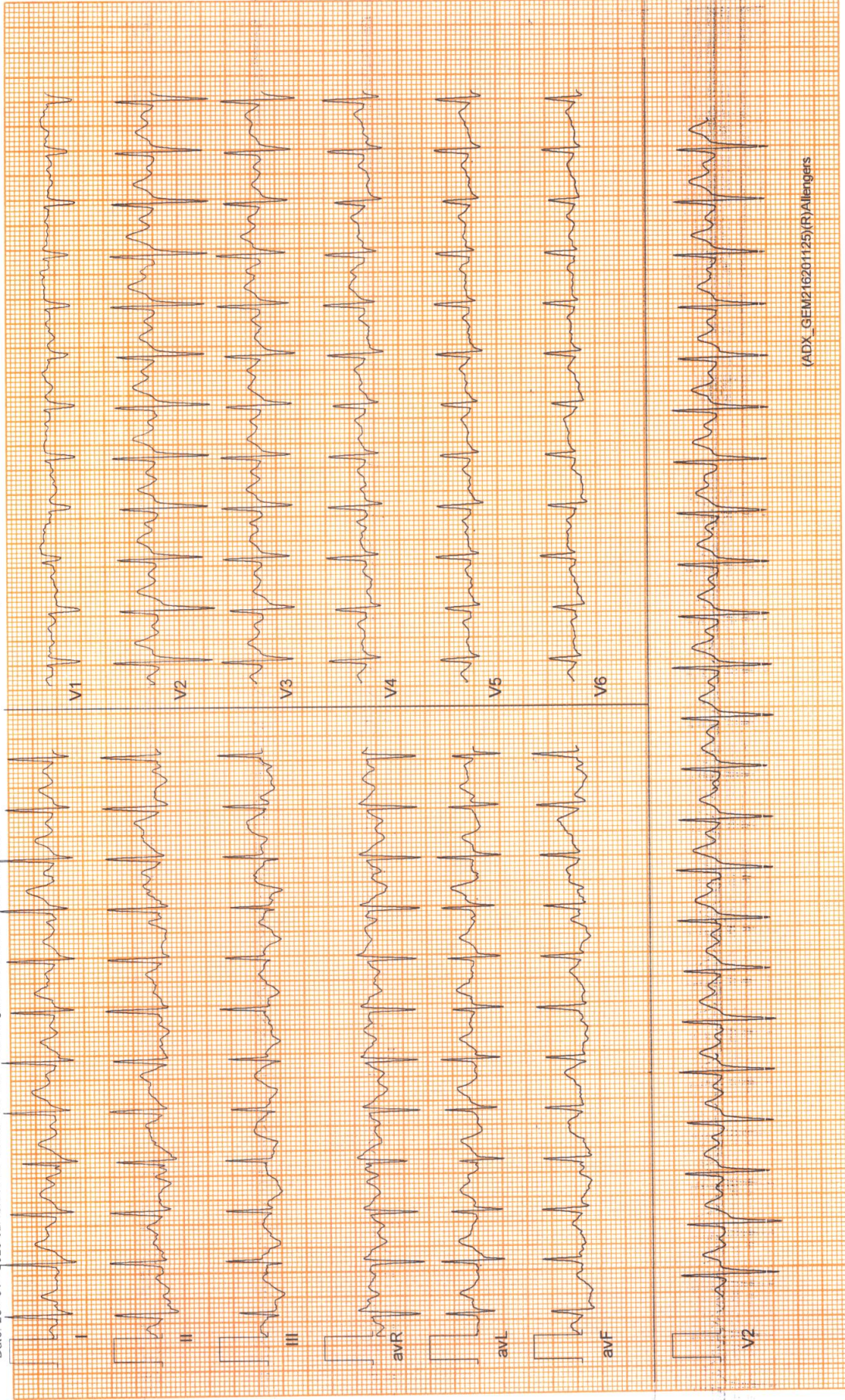
SAHIDNAGAR, BHUBANESWAR
490 / SOUMIYA RANJAN NAYAK / 32 Yrs / Male / 163 Cm / 75 Kg

6 x 2 + Rhythm
BRUCE: Stage 1(3:00)



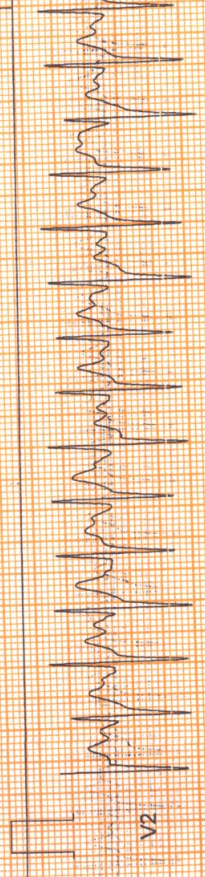
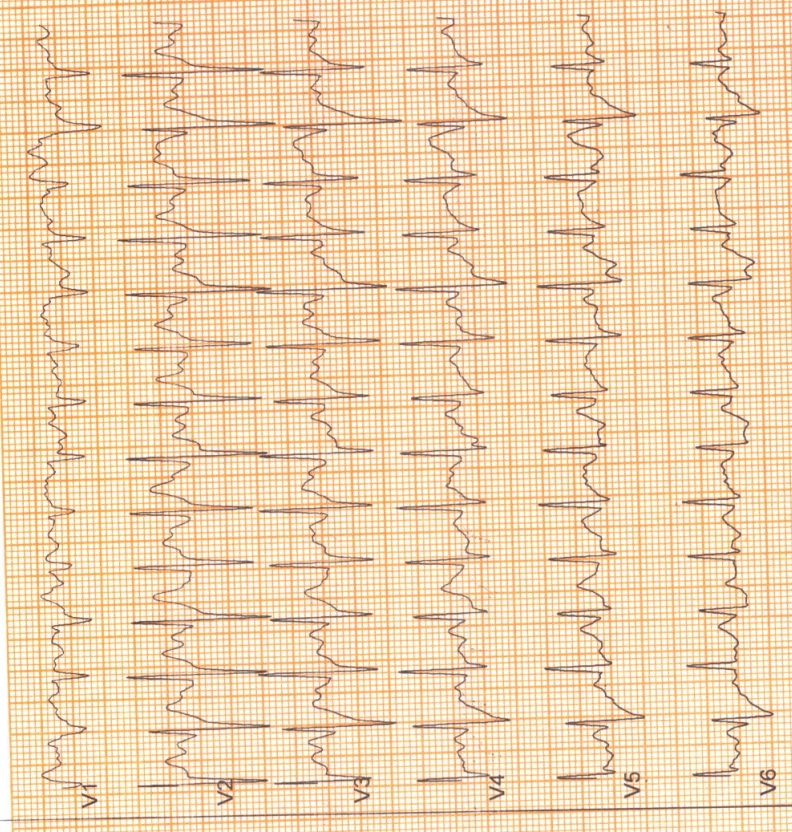
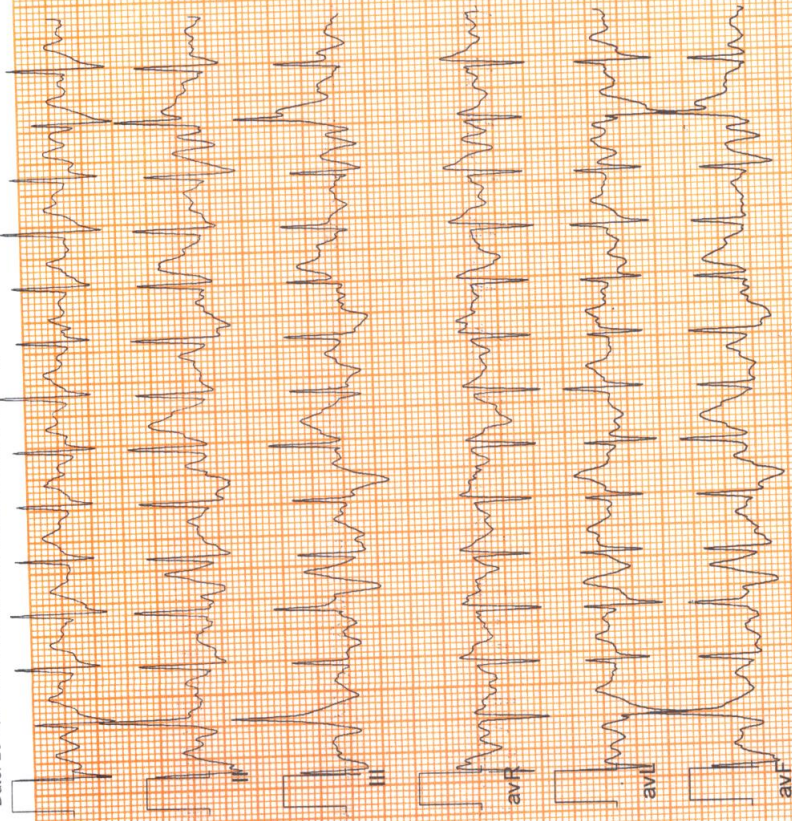
Date: 28-01-2023 02:18:04 PM METS 4.7 HR 136 Target HR: 72% of 188 BP: 132/81

ExTime : 03:00 1.7 mph/10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 28-01-2023 02:18:04 PM METs: 7.1 HR: 169 Target HR: 90% of 188 BF: 13283
Ex Time: 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE
SAHIDNAGAR, BHUBANESWAR

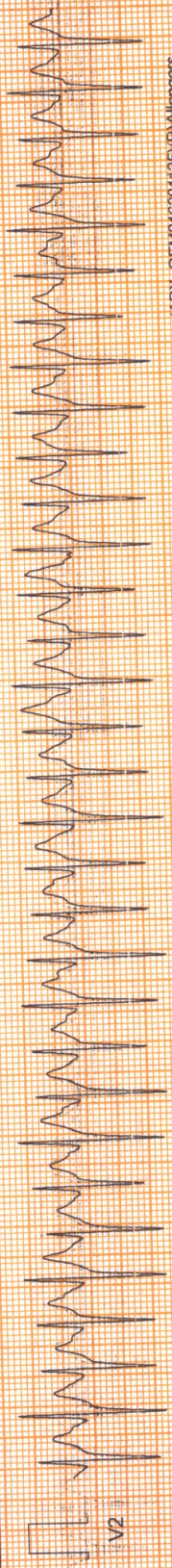
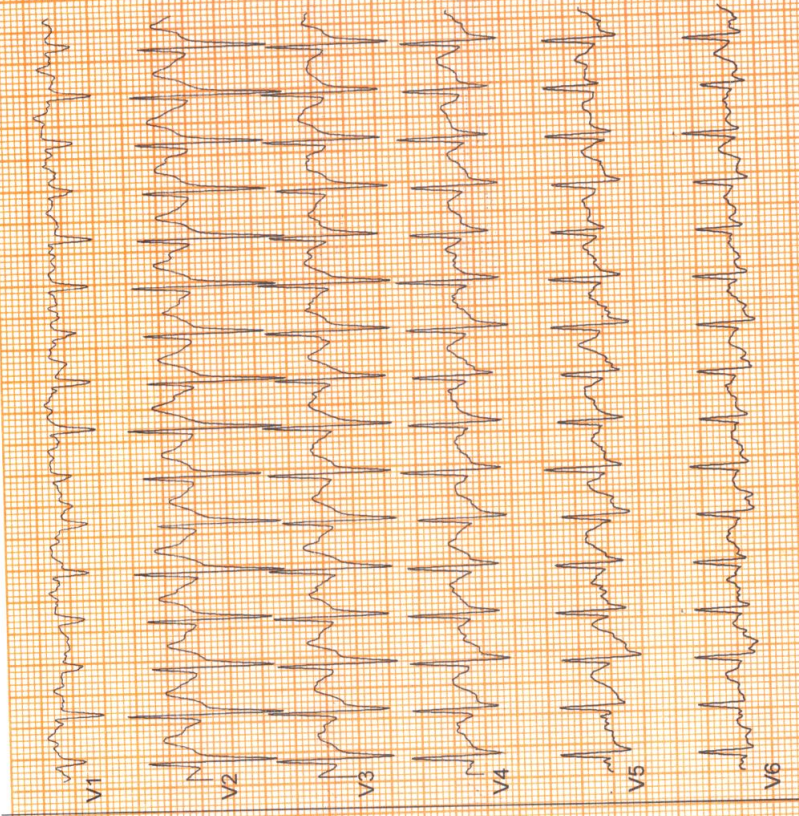
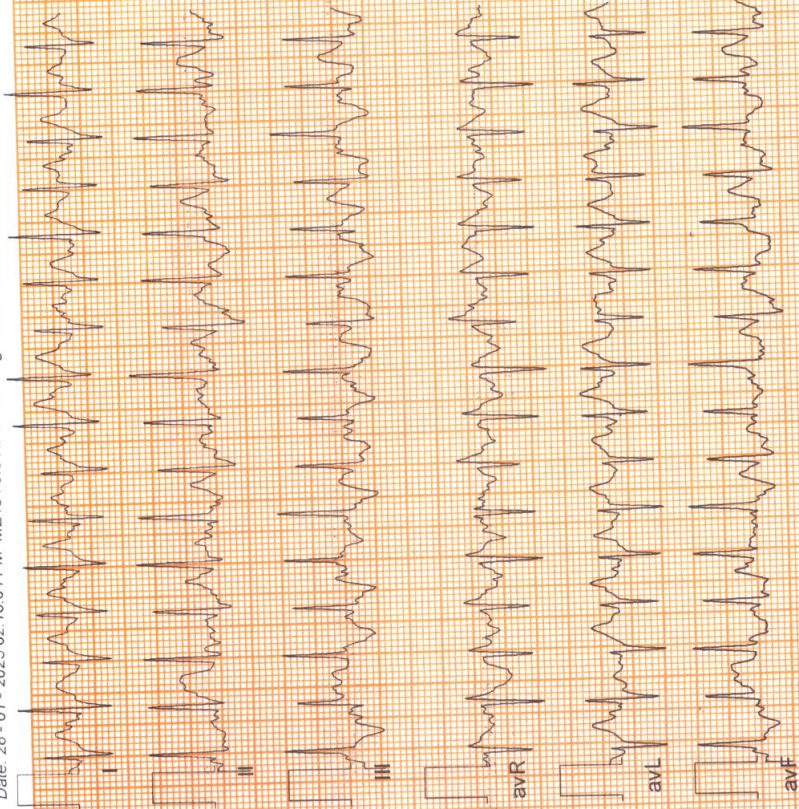
490 / SOUMIYA RANJAN NAYAK / 32 Yrs / Male / 163 Cm / 75 Kg

6 x 2 + Rhythm
PeakEx



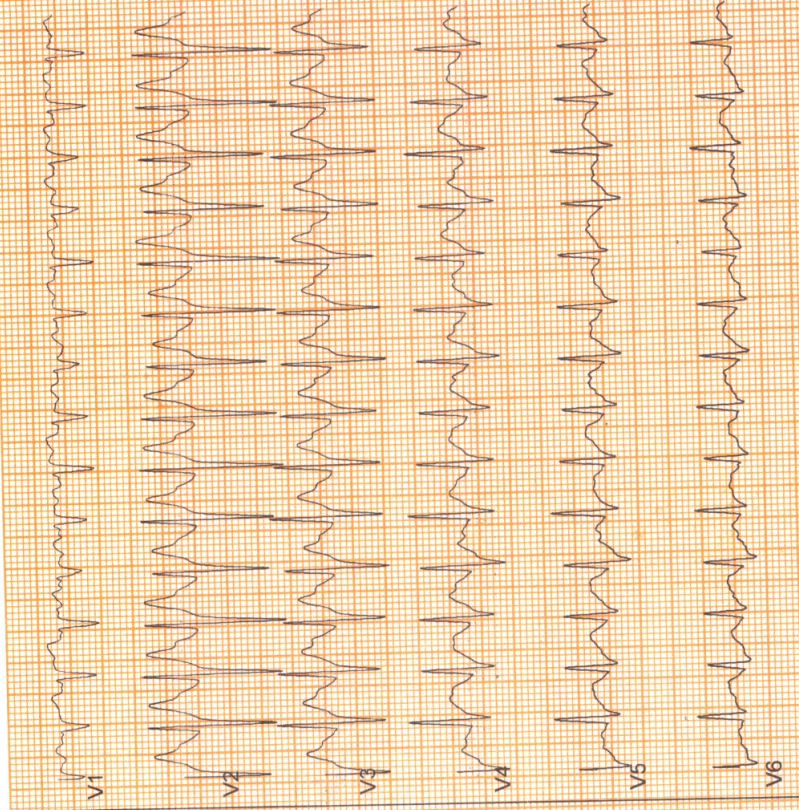
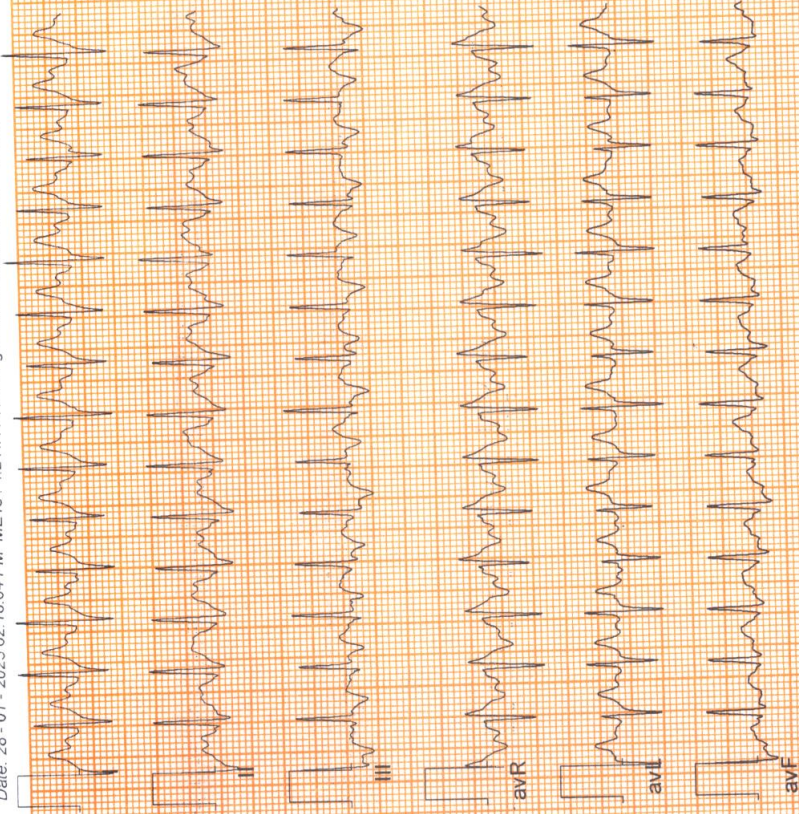
ExTime : 08:34 3.4 mph / 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 28-01-2023 02:18:04 PM METs 9.8 HR: 193 Target HR: 103% of 188 BP: 134/85



Date: 28-01-2023 02:18:04 PM METs : 4.2 HR : 174 Target HR : 93% of 188 BP : 134/85

ExTime 08:34 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



V2

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

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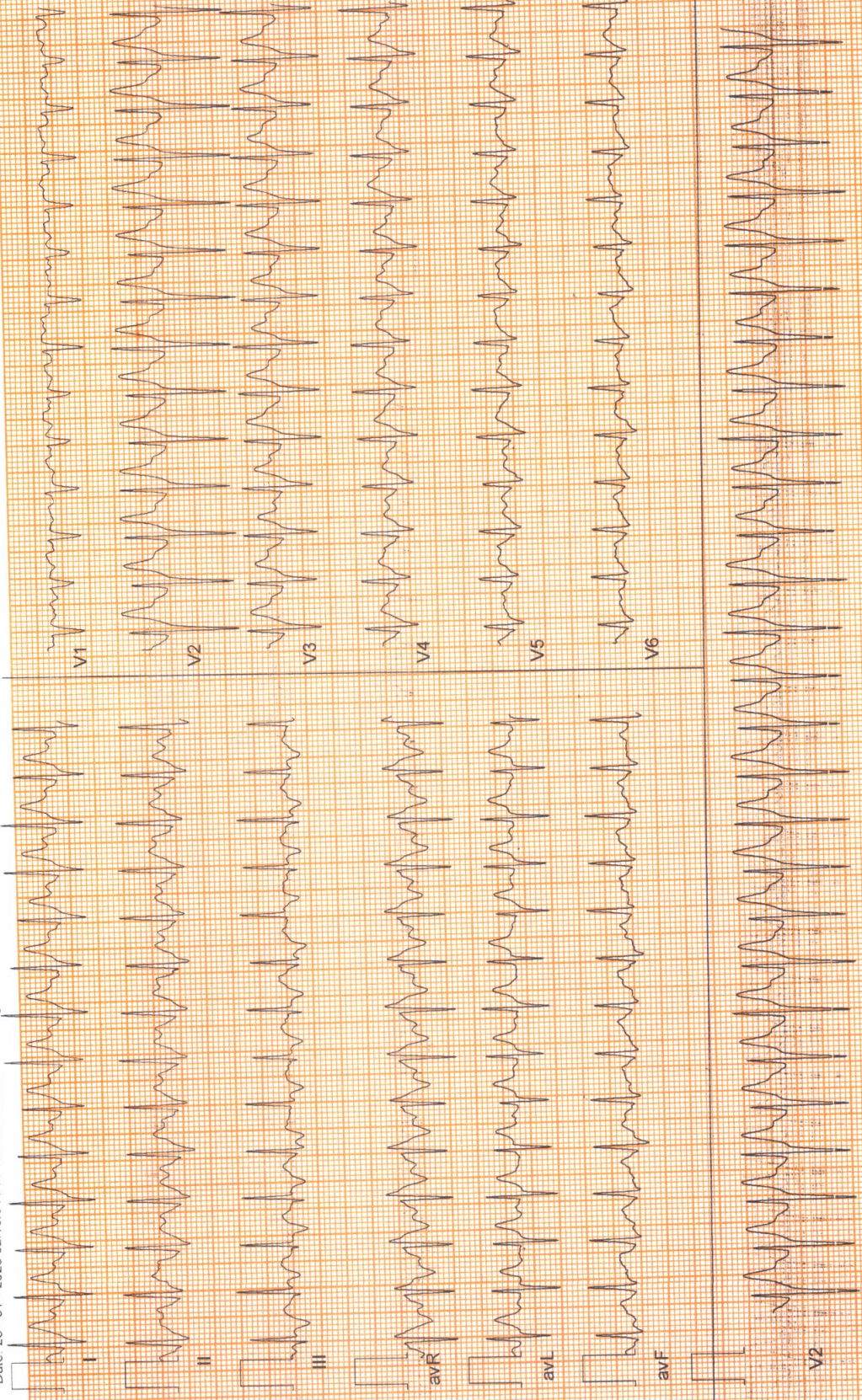
6 x 2 + Rhythm

Recovery(1:00)



Date: 28-01-2023 02:18:04 PM METs: 1.2 HR: 160 Target HR: 85% of 188 BP: 133/84

ExTime: 08:34 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



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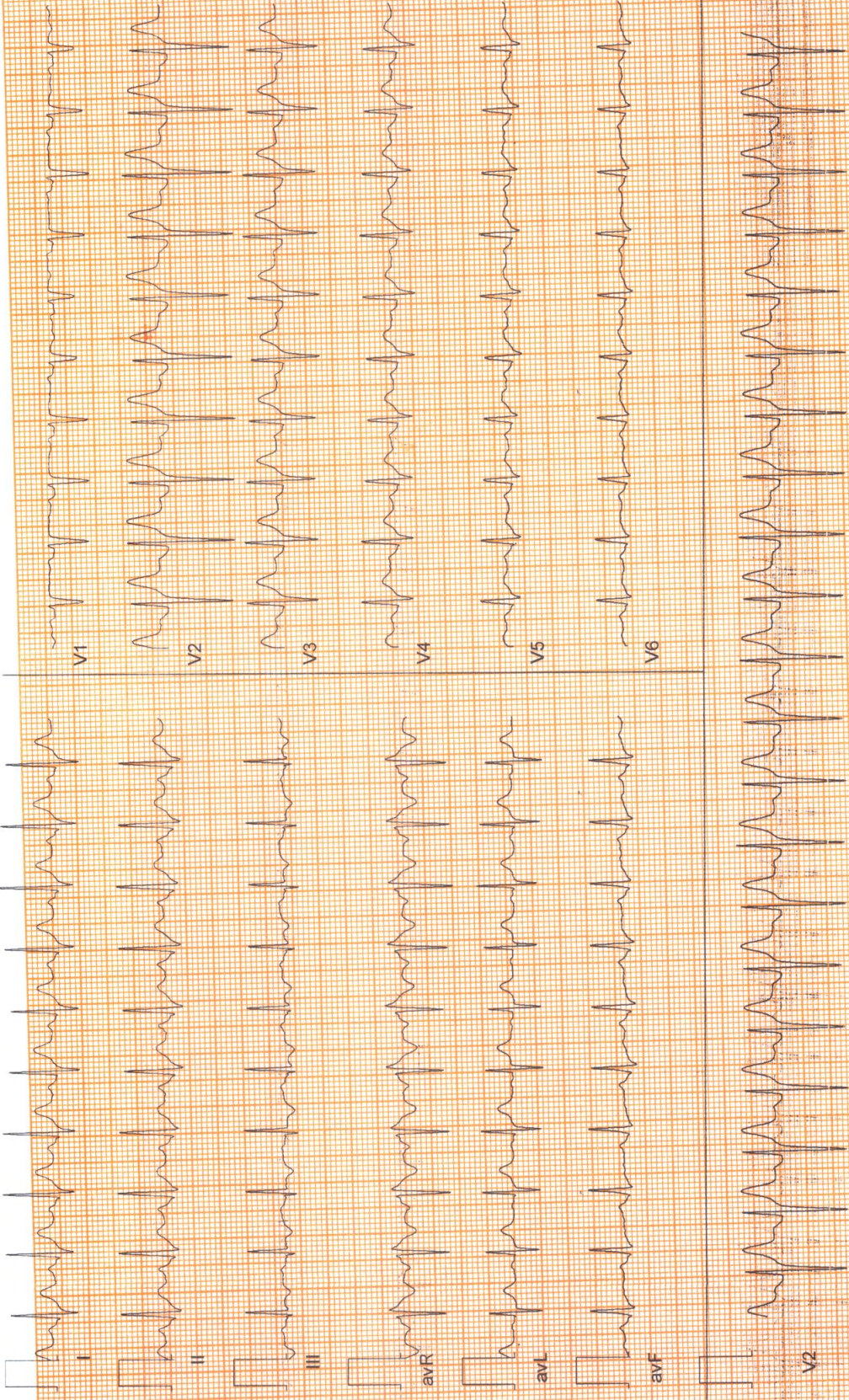
490 / SOUMIYA RANJAN NAYAK / 32 Yrs / Male / 163 Cm / 75 Kg

**6 x 2 + Rhythm
Recovery(3:00)**



Date: 28-01-2023 02:18:04 PM METs : 1.0 HR : 126 Target HR : 67% of 188 BP : 132/83

ExTime : 08:34 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

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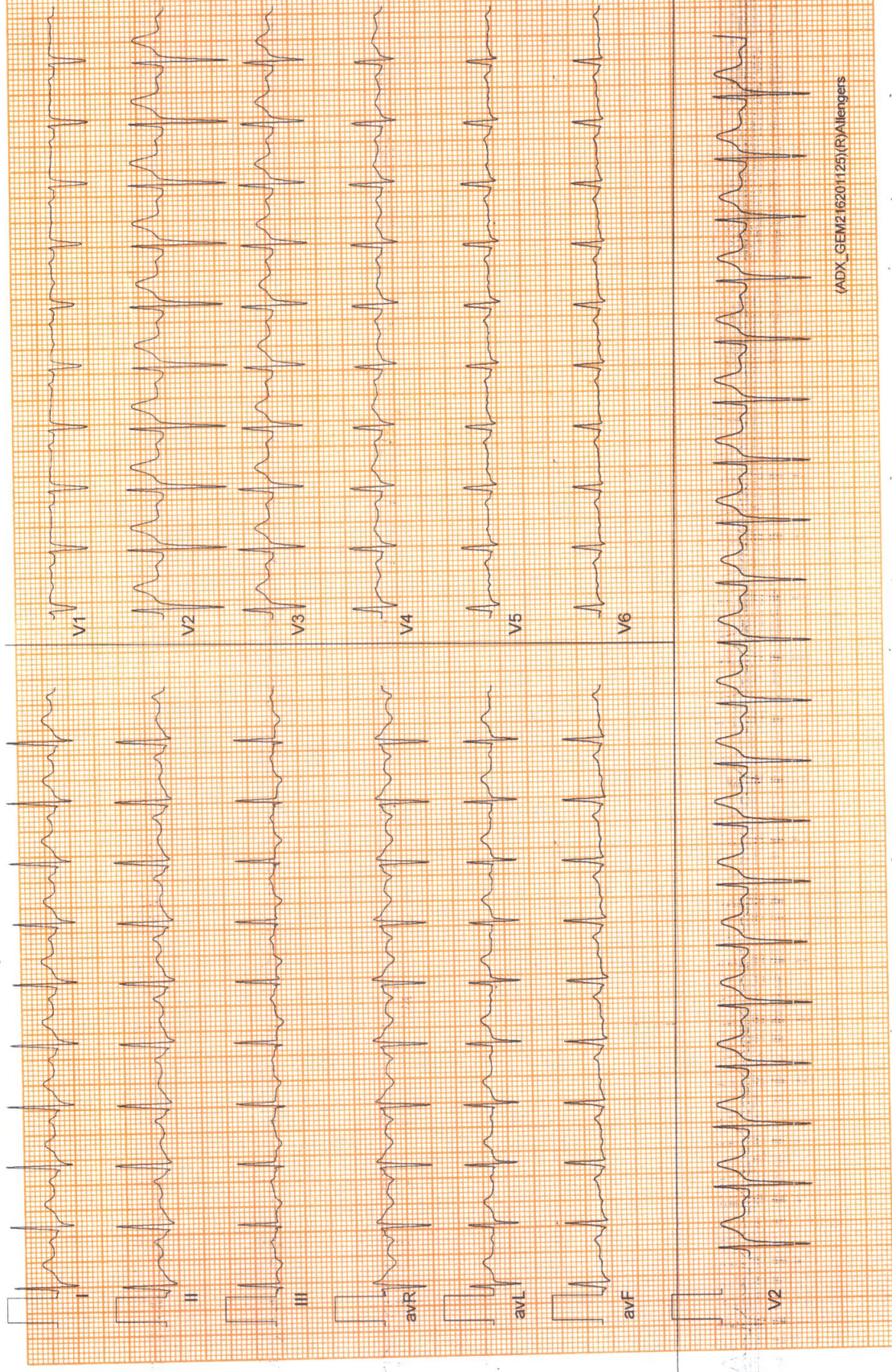
490 / SOUMIYA RANJAN NAYAK / 32 Yrs / Male / 163 Cm / 75 Kg

**6 x 2 + Rhythm
Recovery(5:06)**




Date: 28-01-2023 02:18:04 PM METS: 1.0 HR: 120 Target HR: 64% of 188 BP: 130/81

ExTime: 08:34 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Patient Name : MR. SOUMYA RANJAN NAYAK
Age / Gender : 32 years / Male
Patient ID : 14994

Referral : MEDI WHEEL
Collection Time : 28/01/2023, 10:48 AM
Reporting Time : 29/01/2023, 09:03 AM
Sample ID : 
17186


Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	86,80	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial Method : Hexokinase	115.51	70 - 140	mg/dL
Blood Group ABO & Rh Typing, Blood			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"B"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		
ESR, Erythrocyte Sedimentation Rate			
ESR - Erythrocyte Sedimentation Rate Method : EDTA Whole Blood, Manual Westergren	13	0 - 15	mm/hr

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT


Lab Technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :


Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com
Website : www.zenacare.in

Wishing Good Health




Patient Name : MR. SOUMYA RANJAN NAYAK
Age / Gender : 32 years / Male
Patient ID : 14994

Referral : MEDI WHEEL
Collection Time : 28/01/2023, 10:48 AM
Reporting Time : 29/01/2023, 09:01 AM
Sample ID : 
17186

Test Description	Value(s)	Reference Range	Unit
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	13.35	10 - 50	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.76	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	4.03	3.4 - 7.0	mg/dL

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Patient Name : MR. SOUMYA RANJAN NAYAK
Age / Gender : 32 years / Male
Patient ID : 14994

Referral : MEDI WHEEL
Collection Time : 28/01/2023, 10:48 AM
Reporting Time : 29/01/2023, 09:06 AM
Sample ID : 
17186

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.8	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.21	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	45.5	42 - 52	%
Mean Cell Volume (MCV)	87.33	78 - 100	fL
Mean Cell Haemoglobin (MCH)	28.41	27 - 31	pg
Mean Corpuscular Hb Concn. (MCHC)	32.53	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.8	11.5 - 14.0	%
Total Leucocytes (WBC) Count	8100	4000-10000	cell/cu.mm
Neutrophils	77	40 - 80	%
Lymphocytes	20	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	01	1 - 6	%
Basophils	00	1-2	%
Platelet Count	287	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	10.1	7.2 - 11.7	fL
PCT	0.29	0.2 - 0.5	%
PDW	16.8	9.0 - 17.0	%

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Wishing Good Health




Patient Name : MR. SOUMYA RANJAN NAYAK
Age / Gender : 32 years / Male
Patient ID : 14994

Referral : MEDI WHEEL
Collection Time : 28/01/2023, 10:48 AM
Reporting Time : 29/01/2023, 09:17 AM
Sample ID : 
17186

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.71	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.11	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.60	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	20.62	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	24.77	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	4.15	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	77.28	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.82	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.13	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.69	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.54	1.2 - 2.2	

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Wishing Good Health for 1



Patient Name : MR. SOUMYA RANJAN NAYAK
Age / Gender : 32 years / Male
Patient ID : 14994

Referral : MEDI WHEEL
Collection Time : 28/01/2023, 10:48 AM
Reporting Time : 29/01/2023, 09:00 AM
Sample ID : 
17186

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	178.54	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	111.02	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	44.63	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	111.71	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	22.20	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.50	2.5 - 3.5	

Note:
8-10 hours fasting sample is required.

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Wishing Good Health



Patient Name : MR. SOUMYA RANJAN NAYAK

Age / Gender : 32 years / Male

Patient ID : 14994

Referral : MEDI WHEEL

Collection Time : 28/01/2023, 10:48 AM

Reporting Time : 29/01/2023, 09:01 AM

Sample ID :



17186

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.13	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.28	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.03	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy. Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyrotoxic ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

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Wishing Good Health

Page 1 of 1

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Age / Gender : 32 years / Male
Patient ID : 14994

Referral : MEDI WHEEL
Collection Time : 28/01/2023, 10:48 AM
Reporting Time : 29/01/2023, 09:13 AM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.02		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	97.37	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Wishing Good Health

Page 1 of 2



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Patient ID : 14994

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Collection Time : 28/01/2023, 10:48 AM
Reporting Time : 29/01/2023, 09:13 AM
Sample ID : 
17186

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician 


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Wishing Good Health
Page 2 of 2



Patient Name : MR. SOUMYA RANJAN NAYAK

Age / Gender : 32 years / Male

Patient ID : 14994

Referral : MEDI WHEEL

Collection Time : 28/01/2023, 10:48 AM

Reporting Time : 29/01/2023, 09:03 AM

Sample ID :



17186

Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.5	4.5 - 7.0	
Specific gravity	1.020	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	2 - 4 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab Technician

Dr. Kundan Kumar Sahoo
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Wishing Good Health

Page 1 of 1

Patient :	MR. SOUMIYA RANJAN NAYAK	Doctor :	Dr. GARIMA RATH
Age/Sex :	32 Years /Male	Facility :	Dr. Agarwal's Health Care Ltd, Bhubaneswar
Contact :	8270485477	Appt. Dt :	28 Jan'23
MR No. :	BHU/33582/23	Note Dt :	28 Jan'23

OPD SUMMARY

HISTORY

Visit: General Checkup

Chief Complaints : Patient came for health check up

Ophthalmic History : None

Systemic History : None

Allergies : None

REFRACTION

R/OD		
Keratometry:		
		Axis
Kh	44.75	15
Kv	46.50	105

Auto Refraction:			
	Sph	Cyl	Axis
Dry	-0.50	-1.50	20
	--	--	--
	--	--	--

Dilated	--	--	--
	--	--	--
	--	--	--

Dry Refraction:				
	Sph	Cyl	Axis	Vision
Distant	-0.50	-0.75	20	6/6
Near	--	--	--	N6

L/OS		
Keratometry:		
		Axis
Kh	44.75	170
Kv	45.25	80

Auto Refraction:			
	Sph	Cyl	Axis
Dry	-0.25	-0.50	150
	--	--	--
	--	--	--

Dilated	--	--	--
	--	--	--
	--	--	--

Dry Refraction:				
	Sph	Cyl	Axis	Vision
Distant	0.00	--	--	6/6
Near	--	--	--	N6

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

ଜରୁରୀ କାଳୀନ ପରିସ୍ଥିତି: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ଲୁହ ବୋହିବା, ଆଖି ଲାଲ ପଡିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର କୁ (୮୧୧୮୦୫୨୨୦୨)

Dr. Garima Rath

Printed on: 28 Jan'2023, 04:17 PM

IN CASE OF EMERGENCY (UNUSUAL PAIN, WATERING, REDNESS, OR DECREASE IN VISION)

PLEASE CONTACT: MOBILE NO 8118052202

କରୁଣା କାଳୀନ ପରିଷ୍ଟି: ଯେପରିକି ଆଖି ଯନ୍ତ୍ରଣା, ଲୁହ ବୋହିବା, ଆଖି ଲାଲ ପଡ଼ିବା ଓ ଦୃଷ୍ଟି ଶକ୍ତି କମିଯିବା କ୍ଷେତ୍ରରେ ଦୟାକରି ଉକ୍ତ ନମ୍ବର କୁ (୮୧୧୮୦୫୨୨୦୨)



ZENA
Healthcare Services
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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:- SOUMIYA RANJAN NAYAK
AGE:-32YRS
Patient ID:-8

REFERRAL:-MEDI-WHEEL
DATE:-28.01.2023
SEX:-MALE

CHEST X-RAY PA VEIW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan

Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health

ID: 500467 CASE:

SOUMIYA RANJAN NAYAK

28/01/2023 13:59:55

AGE: 02Y M D

MALE

ZENA HEALTHCARE

CMS K9

PLOT-119, SAHDNAGAR, BHUBANESWAR

HEART: 82 bpm SINUS BRADYCARDIA WITH BORDERLINE 1ST DEGREE A-V BLOCK

H-R: 726 ms

P-R: 156 ms

QRS: 88 ms

QT: 346 ms

QTc: 385 ms

AXIS:

P: 44°

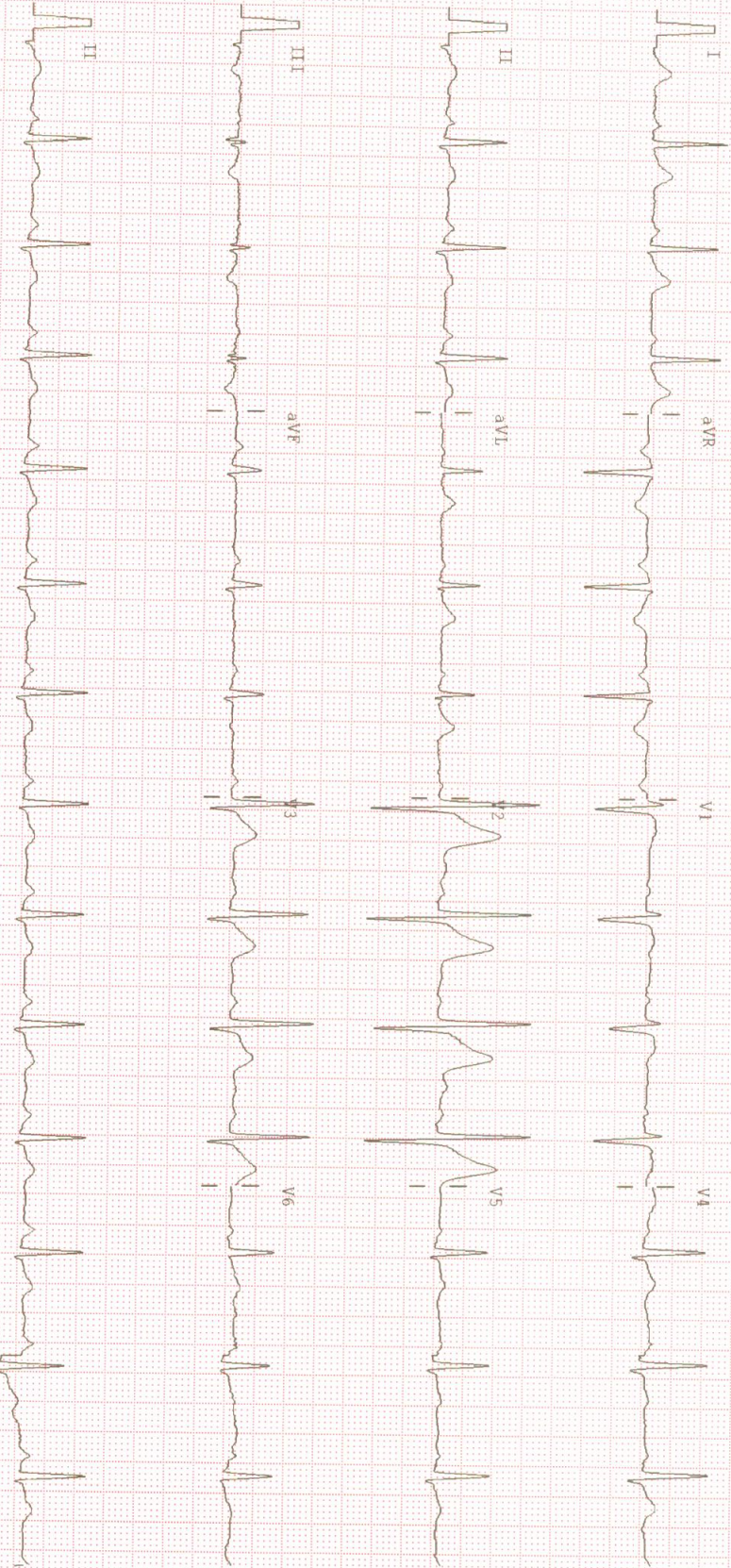
QRS: 23°

T: 01°

12-LEAD REPORT FORMAT: 3x4+1L SQ

REF:

DR:





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Regd. No. : 1834

ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

MEDICAL CERTIFICATE

NAME

Date :- 28.01.2023

Mr. SOUMIYA RANJAN NAYAK

MEDICAL INFORMATION

Height:- 163cm	Age:-32yrs
Weight:- 75kg	Sex:- MALE
Blood Pressure:- 140/81mmhg	Pulse:-99/min

Body Mass Index(BMI)

28.2

Physical Fitness certificate

This is to certify that Mr.SOUMIYA RANJAN NAYAK, aged 32yrs, reports is Normal and I have found his FIT.

Signature



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Website : www.zenacare.in

Wishing Good Health



490 / SOUMIYA RANJAN NAYAK / 32 Yrs / M / 163 Cms / 75 Kg Date: 28-Jan-2023 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:18	0:18	00.0	00.0	01.0	101	54 %	130/80	131	00	
Standing	00:35	0:17	00.0	00.0	01.0	094	50 %	130/80	122	00	
HV	00:52	0:17	00.0	00.0	01.0	089	47 %	130/80	115	00	
ExStart	01:08	0:16	00.0	00.0	01.0	095	51 %	130/80	123	00	
BRUCE Stage 1	04:08	3:00	01.7	10.0	04.7	136	72 %	132/81	179	00	
BRUCE Stage 2	07:08	3:00	02.5	12.0	07.1	169	90 %	132/83	223	00	
PeakEx	09:42	2:34	03.4	14.0	09.8	193	103 %	134/85	258	00	
Recovery	10:12	0:30	01.1	00.0	04.2	174	93 %	134/85	233	00	
Recovery	10:42	1:00	01.1	00.0	01.2	160	86 %	133/84	212	00	
Recovery	12:42	3:00	00.0	00.0	01.0	126	67 %	132/83	166	00	
Recovery	14:48	5:06	00.0	00.0	01.0	120	64 %	130/81	156	00	

FINDINGS :

Exercise Time : 08:34
 Max HR Attained : 193 bpm 103% of Target 188
 Max BP Attained : 134/85
 Max WorkLoad Attained : 9.8 Good response to induced stress
 Test End Reasons : Test Complete

REPORT :