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- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR VIKAS SHINDE  
 Referred By Dr : MEDIWHEEL  
 Sex : MALE Age : 34 Years  
 Collected At : THAKUR VILLAGE MAIN BRANCH

Lab No. : JGB7121 \*JGB7121\*  
 Reg. Date : 09-Jul-2022 10:27 am  
 Report Date : 09-Jul-2022 4:08 pm  
 Print Date : 11-Jul-2022 6:33 pm

## BIOCHEMISTRY REPORT

TEST	RESULT	NORMAL VALUES
Blood Urea Nitrogen (BUN)	9.00	5 - 20 mg/dl

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR VIKAS SHINDE  
 Referred By Dr : MEDIWHEEL  
 Sex : MALE Age : 34 Years  
 Collected At : THAKUR VILLAGE MAIN BRANCH

Lab No. : JGB7121 \*JGB7121\*  
 Reg. Date : 09-Jul-2022 10:27 am  
 Report Date : 09-Jul-2022 4:09 pm  
 Print Date : 11-Jul-2022 6:33 pm

## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	7.0	mg%	Male : 3.4 - 7.0 mg%

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR VIKAS SHINDE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE    **Age** : 34 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 09-Jul-2022 10:27 am  
**Report Date** : 09-Jul-2022 5:54 pm  
**Print Date** : 11-Jul-2022 6:33 pm

## BLOOD GROUP

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR VIKAS SHINDE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 09-Jul-2022 10:27 am  
**Report Date** : 09-Jul-2022 4:08 pm  
**Print Date** : 11-Jul-2022 6:33 pm

## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	94.9	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	113.7	mg/dl	Normal: 70-140 mg/dL  Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Fasting)	Absent		
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR VIKAS SHINDE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 09-Jul-2022 10:27 am  
**Report Date** : 09-Jul-2022 3:12 pm  
**Print Date** : 11-Jul-2022 6:33 pm

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.7	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	4.68	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	40.4	%	Male : 37 - 51 %
MCV	86.30	fl	80- 96 fl
MCH	29.40	pg	27 - 32 pg
MCHC	34.00	gm%	32 - 37 gm%
RDW	13.8	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	4400	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	66	%	40 - 75
Lymphocytes	26	%	20 - 40
Eosinophils	05	%	0 - 6
Monocytes	03	%	2 - 8
Platelet count	234000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 09-Jul-2022 10:27 am  
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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	0.97	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	34		
eGFR	94.16	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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**Sex** : MALE **Age** : 34 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 09-Jul-2022 10:27 am  
**Report Date** : 09-Jul-2022 2:15 pm  
**Print Date** : 11-Jul-2022 6:33 pm

## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	4.9	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	93.93		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not be used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 09-Jul-2022 10:27 am  
**Report Date** : 09-Jul-2022 4:09 pm  
**Print Date** : 11-Jul-2022 6:33 pm

## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	170	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	127	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	40 - 60 mg / dl
VLDL	25.40	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	99.60	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.78		< 5
LDL / HDL	2.21		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR VIKAS SHINDE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 09-Jul-2022 10:27 am  
**Report Date** : 09-Jul-2022 4:09 pm  
**Print Date** : 11-Jul-2022 6:33 pm

## LIVER FUNCTION TESTS

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.21	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.79	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	24.60	U / L	Up to 49 U / L
S.G.O.T.	19.60	U / L	Up to 46 U / L
Alkaline Phosphatase	87	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.3	gm / dl	6 - 8 gm / dl
Albumin	4.48	gm / dl	3.2 - 5.5 gm / dl
Globulin	2.82	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.59		1.0- 2.3
GGT	22	IU/L	5 - 50 IU/L

----- End of Report -----

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DR. BHAVINI KAMDAR  
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR VIKAS SHINDE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 09-Jul-2022 10:27 am  
**Report Date** : 09-Jul-2022 4:10 pm  
**Print Date** : 11-Jul-2022 6:33 pm

## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.020
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR VIKAS SHINDE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 34 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : JGB7121 \*JGB7121\*  
**Reg. Date** : 11-Jul-2022 9:27 am  
**Report Date** : 11-Jul-2022 9:39 am  
**Print Date** : 11-Jul-2022 6:33 pm

## T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3	115.0	ng/dl	80 - 200 ng/dl
T4	10.9	ugm/dl	5.1 - 14.1 ugm/dl
TSH (Ultrasensitive), serum	1.52	ulu/ml	0.27 - 4.20 uIU/ml 4.20 to 10.0 is considered as a borderline result and may be due to physiological factors. Clinical correlation is suggested.

Method: ECLIA

Hetrophilic antibodies in human serum can react with reagent immunoglobins, interfering with in vitro immunoassays. Patients routinely exposed to animal serum products can be prone to this interference and anomalous results may be observed.

----- End of Report -----

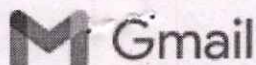
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**Health Check up Booking Confirmed Request(bobS12571),Package Code-PKG10000240, Beneficiary Code-70066**

1 message

Mediwheel &lt;customercare@policywheel.com&gt;

Sat, Jul 2, 2022 at 5:12 PM

To: "healthcare.medicals@gmail.com" &lt;healthcare.medicals@gmail.com&gt;

Cc: Mediwheel CC &lt;customercare@mediwheel.in&gt;, Mediwheel CC &lt;mediwheelwellness@gmail.com&gt;

**Mediwheel**  
...Your wellness partner**011-41195959**

Email:wellness@mediwheel.in

**Hi Healthcare Medical Centre And Diagnostic,****Diagnostic/Hospital Location :SHOP NO.44, EMP 71, OPP. RAHEJA REFLECTIONS BLDG., 120 FEET ROAD, THAKUR VILLAGE, EVERSINE MILLENNIUM PARADISE, KANDIVALI EAST MUMBAI - 400 101 ,City:Mumbai**

We have received the confirmation for the following booking .

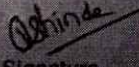
**Beneficiary Name :** PKG10000240**Beneficiary Name :** Vikas shinde**Member Age :** 34**Member Gender :** Male**Member Relation :** Spouse**Package Name :** Medi-Wheel Metro Full Body Health Checkup Male Below 40**Location :** MUMBAI,Maharashtra-400058**Contact Details :** 8976221199**Booking Date :** 07-06-2022**Appointment Date :** 09-07-2022**Instructions to undergo Health Check:**


1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

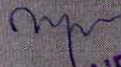
**For Women:**

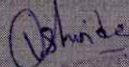
1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

**आयकर विभाग**  
 INCOME TAX DEPARTMENT  
**VIKAS VASANT SHINDE**  
**VASANT BABAN SHINDE**  
 21/07/1988  
 Permanent Account Number  
**BSXPS7871M**  
  
 Signature

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**भारत सरकार**  
  
 19042014

  
**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

  
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NAME	MR VIKAS SHINDE		DATE	09//07//022
HEIGHT: 180CM	WEIGHT :65.2KG	AGE	34YEARS	
BMI	20.1	SEX	MALE	
REFERRED BY	MEDIWHEEL			
PRESENT COMPLAINT: NO ANY FRESH COMPLAINT. NO H/O DM, HYPERTENSION AND ANY OTHER MAJOR ILLNESS				
CURRENT MEDICATION: NIL				
PAST HISTORY : H/O PULMONARY KOCH'S IN 20007 AND HE HAD TAKEN MEDICINE FOR 4 MONTHS				
ALLERGY: NAD	APPETITE: GOOD	HABITS : NAD		
SLEEP: GOOD	BLADDER: NAD	BOWEL: NAD		
FAMILY HISTORY: MOTHER - DIABETES FATHER -- HYPERTENSION				
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>		
P: 70/MIN	BP: 110/70	BRISK WALK FOR 30 MIN		
PALLOR: NIL	ICTERUS: NIL			
OEDEMA: NIL	OTHERS: NAD	<i>Fit for employment</i>		
SKIN: NORMAL				
RS: NAD				
CNS : NAD				
CVS: NAD				
PA : SOFT,NAD				
INVESTIGATION :				

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## OPHTHALMIC REPORT

<b>NAME</b> Mr. vikas shinde	<b>DATE</b> 9-Jul-22
<b>R- NO</b>	<b>AGE</b> 34
<b>REF. BY DR.</b>	<b>SEX</b> Male

**RIGHT EYE**      **LEFT EYE**

V.A. WITHOUT GLASSES: 6/6      6/6

V.A. WITH GLASSES: —      —

SLIT LAMP EXAMINATION: —      —

IOP – SCHIOTZ TONOMETER: —      —

FUNDUS: —      —

COLOUR VISION: (ISHIHARA CHART) Normal | Normal |

OCULAR MOVEMENTS: Normal | Normal |

RETINOSCOPY: —      —

Prescription:

	SPH	CYL	AXIS
DISTANCE	Plano	-	-
NEAR	-	-	-

CLINICAL IMPRESSION:  
ADVICE: healthy

Hiren

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**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

# ELECTROCARDIOGRAM (ECG)

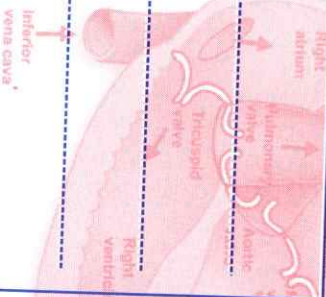
MR VIKAS SHINDE  
EJGB7121 09-Jul-2022  
ECG

PATIENT MR. VIKAS SHINDE AGE 34 SEX M

REF. BY DR. MEDIMHEEL DATE 09/07/2022

INTERPRETATION :

*low*

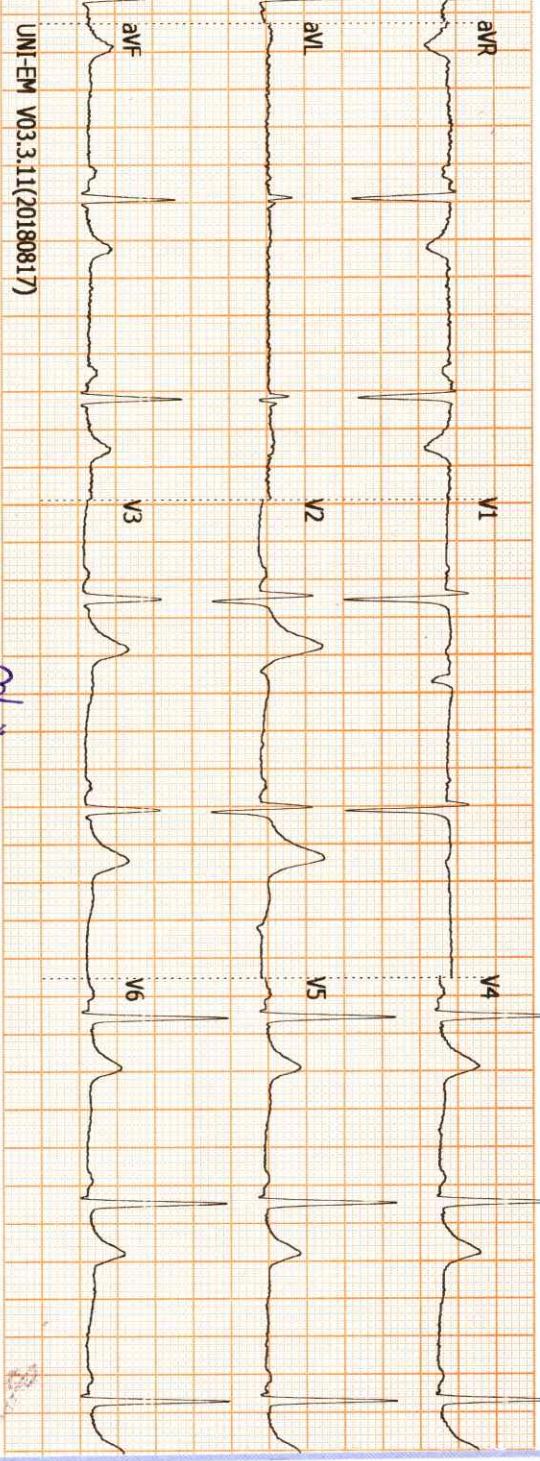


Dr. *Nupur*  
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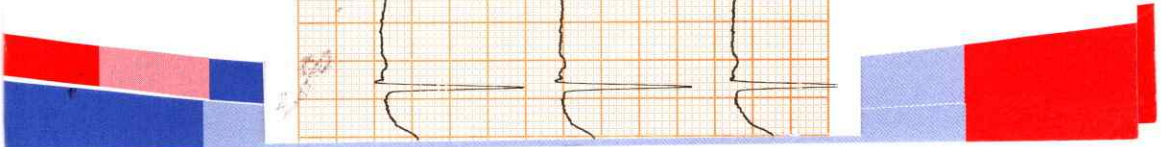
0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mV



UNI-EM V03.3.11(20180817)

MRP

Opriate



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 76 bpm

Ventricular Rate : 76 bpm

Rhythm : NS

Mechanism : .....

Voltage : .....

Axis : .....

P Waves : .....

PR Interval : .....

Q Waves : (N)

QRS Interval : .....

ST Segment : .....

T Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : NS

.....

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- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



DATE : 09/07/2022

TO,

Mediwheel

This is regarding your client Miss/Mrs./Mr. Vikas Shinde

Proposal number \_\_\_\_\_

Visited to our centre at Thakur village for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: USG Abdomen & Pelvis

Reason: Doctor is not available

We are canceling / will reschedule it as per her/his convenience.

Thank you.

*V. Shinde*

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

**HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS**  
Shop No. 44/49, EMP - 71,  
Opp. Raheja Khandeshwar, 120 Feet Road,  
Thakur Village, Evershine Millenium Paradise,  
Kandivali (East), Mumbai - 400101.

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** SHRI. SURESH SHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 400092. • TEL.: 2868 0990 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E), MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

THAKUR VILLAGE  
KANDIVALI EAST

## TREADMILL TEST REPORT

**MR VIKAS SHINDE**  
 ID : 522  
 DATE : 09-07-2022  
 AGE/SEX : 34 / M  
 HT/WT : 180 / 65  
 REF. BY : MEDIWHEEL

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : MEDIWHEEL  
 MEDICATION : NIL

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								I1	V1	V5	
SUPINE					99	110 / 70	108	-1.1	0.8	-0.6	
STANDING					101	110 / 70	111	-1.2	0.8	-0.5	
HYPERVENT					95	110 / 70	104	-1	1.1	-0.3	
Stage 1	2:55	0:19	2.7	10	108	130 / 80	140	-1.3	1.2	-1	4.67
Stage 2	5:55	2:55	4	12	137	150 / 80	205	-1.9	2	-1.9	7.04
PK-EXERCISE	7:3	1:3	5.4	14	169	150 / 80	253	-1.2	1.1	-3.2	8.12
RECOVERY 1	8:39	1:21			113	130 / 80	146	-0.9	2.2	-0.5	
RECOVERY 2	9:04	1:42			111	130 / 80	144	-0.9	2.2	-0.8	
RECOVERY 3	9:22	2:4			116	130 / 80	150	-1.1	1.3	-1.1	
RECOVERY	10:13	2:55			112	110 / 70	123	-1.3	1.3	-1.5	

### RESULTS

EXERCISE DURATION : 7:3  
 MAX HEART RATE : 169 bpm  
 MAX BLOOD PRESSURE : 150 / 80 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,
 IMPRESSIONS :  
 GOOD EFFORT TOLERANCE,  
 NO ANGINA,  
 NO ARRHYTHMIA, NORMAL HR AND  
 BP RESPONSE.  
 NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,  
 STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 8.12 METS

**HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS**  
 Shop No. 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100  
 Opp. Raneja Roll, Thakur Village, Kandivali East, Mumbai - 400101, Maharashtra  
 Tel: 40010101, 40010102, 40010103, 40010104, 40010105, 40010106, 40010107, 40010108, 40010109, 40010110, 40010111, 40010112, 40010113, 40010114, 40010115, 40010116, 40010117, 40010118, 40010119, 40010120, 40010121, 40010122, 40010123, 40010124, 40010125, 40010126, 40010127, 40010128, 40010129, 40010130, 40010131, 40010132, 40010133, 40010134, 40010135, 40010136, 40010137, 40010138, 40010139, 40010140, 40010141, 40010142, 40010143, 40010144, 40010145, 40010146, 40010147, 40010148, 40010149, 40010150, 40010151, 40010152, 40010153, 40010154, 40010155, 40010156, 40010157, 40010158, 40010159, 40010160, 40010161, 40010162, 40010163, 40010164, 40010165, 40010166, 40010167, 40010168, 40010169, 40010170, 40010171, 40010172, 40010173, 40010174, 40010175, 40010176, 40010177, 40010178, 40010179, 40010180, 40010181, 40010182, 40010183, 40010184, 40010185, 40010186, 40010187, 40010188, 40010189, 40010190, 40010191, 40010192, 40010193, 40010194, 40010195, 40010196, 40010197, 40010198, 40010199, 40010200

**DR. ANUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PCCOCC)  
 Reg. No.: 2018115643

*(Signature)*

Technician : 1

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date, 09-07-2022

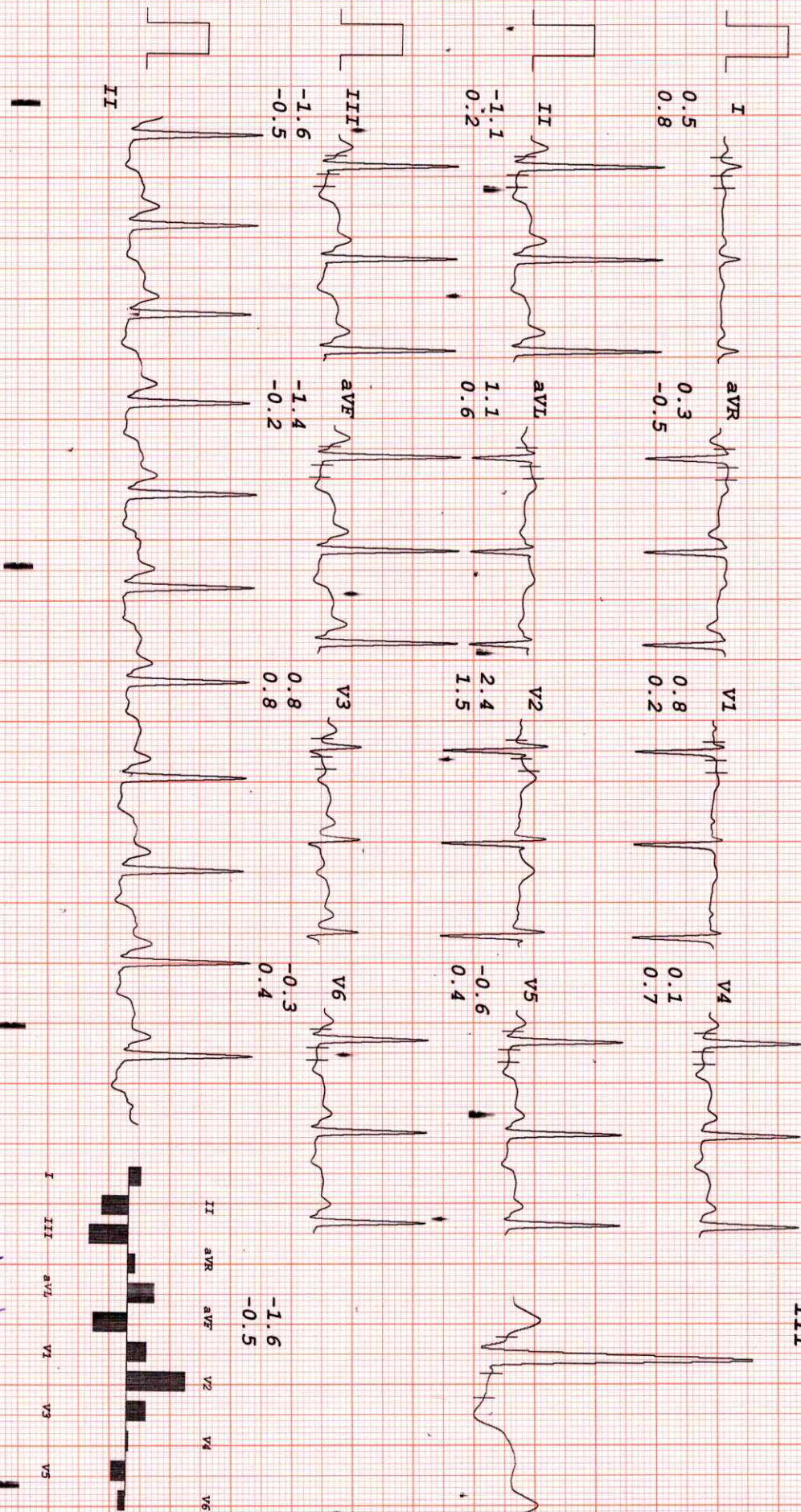
RATE 99bpm  
B.P. 110/70

PRETEST  
SUPINE

ST @ 10mm/mV  
80ms Post J

LINKED MEDIAN

Mag. X 2



III

-1.6  
-0.5

*Vikash*

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

RATE 101bpm  
B.P. 110/70

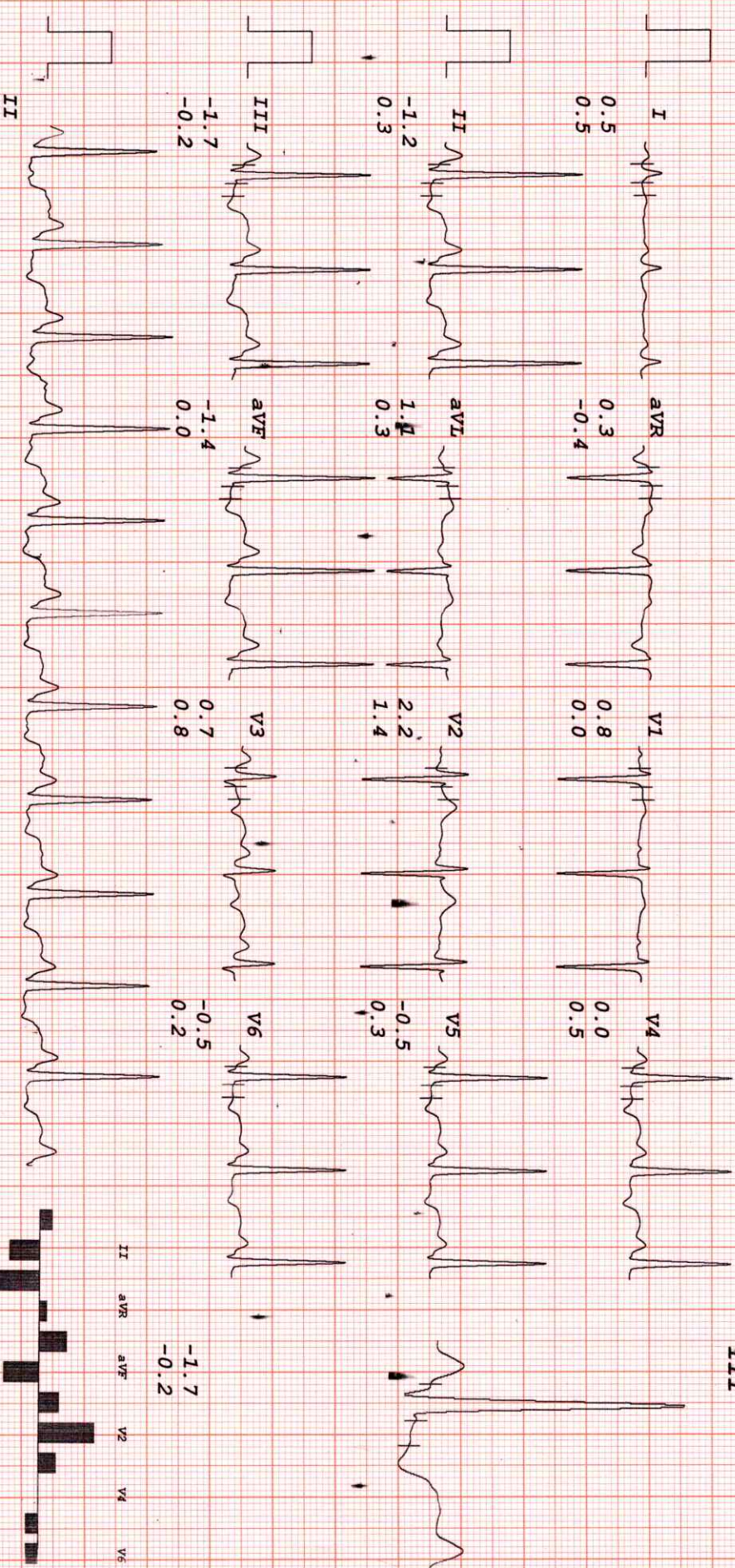
PRETEST  
STANDING

ST @ 10mm/mV  
80ms Post J

LINKED MEDIAN

Mag. X 2

III



I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

*Shinde*

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

RATE 95bpm  
B.P. 110/70

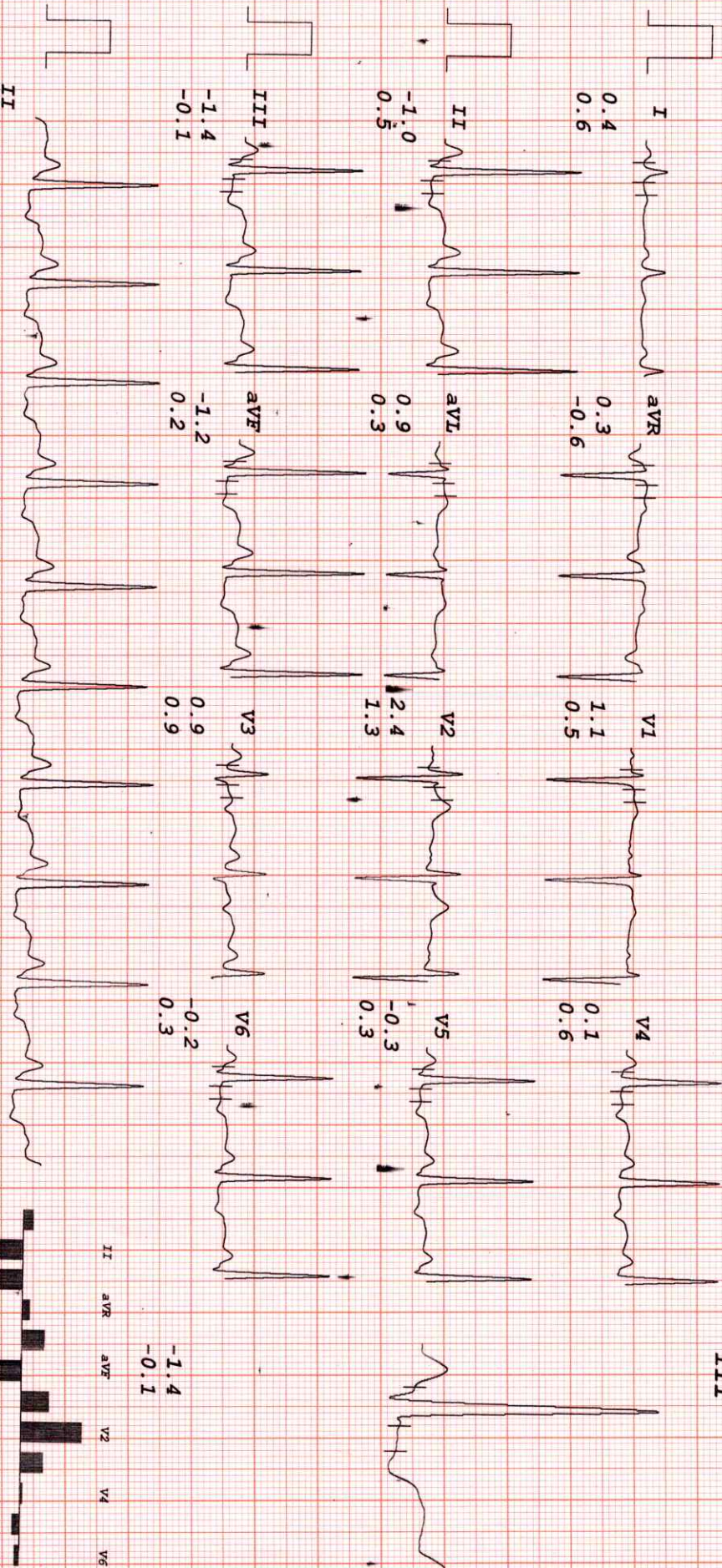
PRETEST  
HYPERVENT

ST @ 10mm/mV  
80ms PostJ

PHASE TIME 0:19

LINKED MEDIAN

Mag. X 2



III

I II III aVR aVL V1 V2 V3 V4 V5 V6

*Shinde*

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

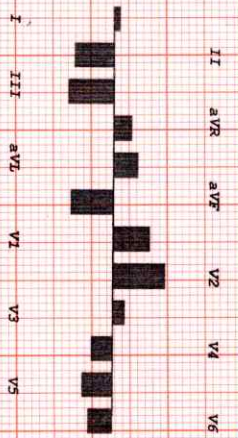
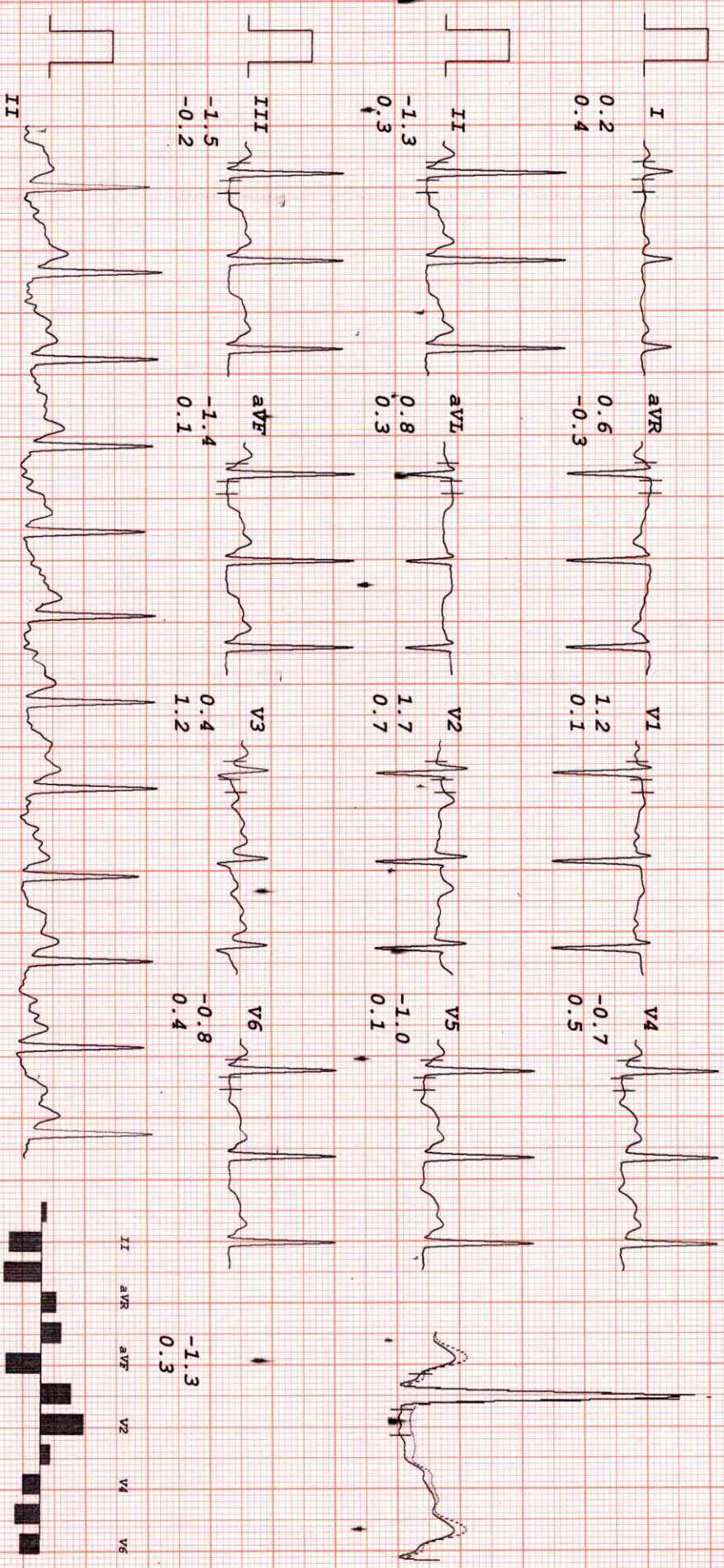
Rate 108bpm  
B.P. 130/80

Bruce  
Stage 1  
TOTAL TIME 2:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 2.7 km/hr  
SLOPE 10 %

LINKED MEDIAN

MAG. X 2



*Dr. Vikas*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

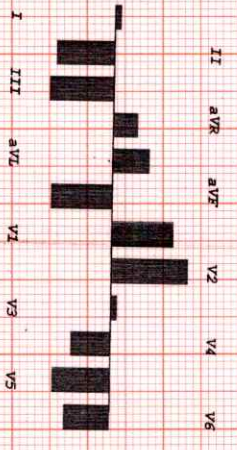
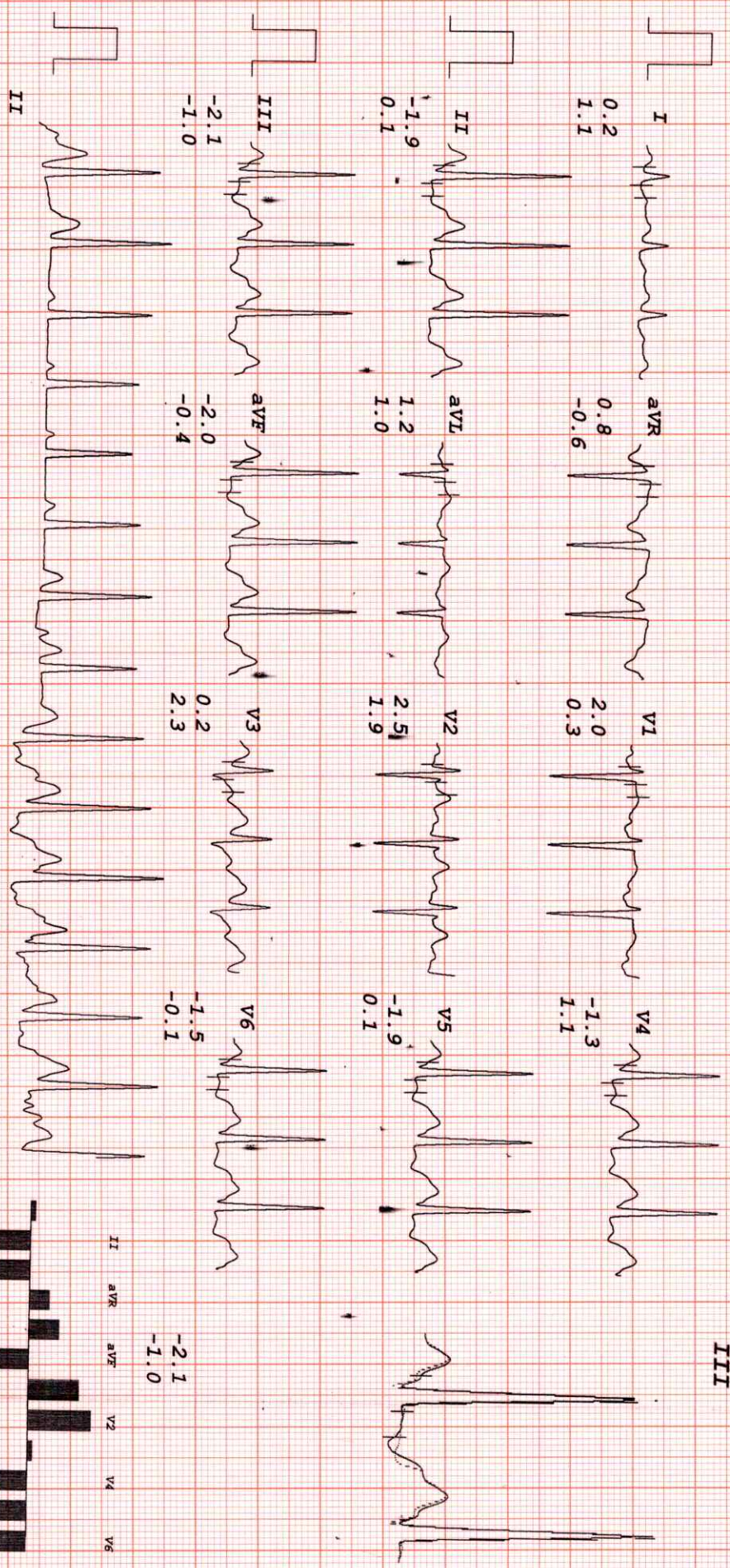
RATE 137bpm  
B.P. 150/80

Bruce  
Stage 2  
TOTAL TIME 5:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 4 km/hr  
SLOPE 12 %

LINKED MEDIAN

Mag. X 2



*Dr. Shinde*

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

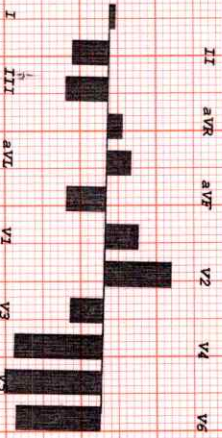
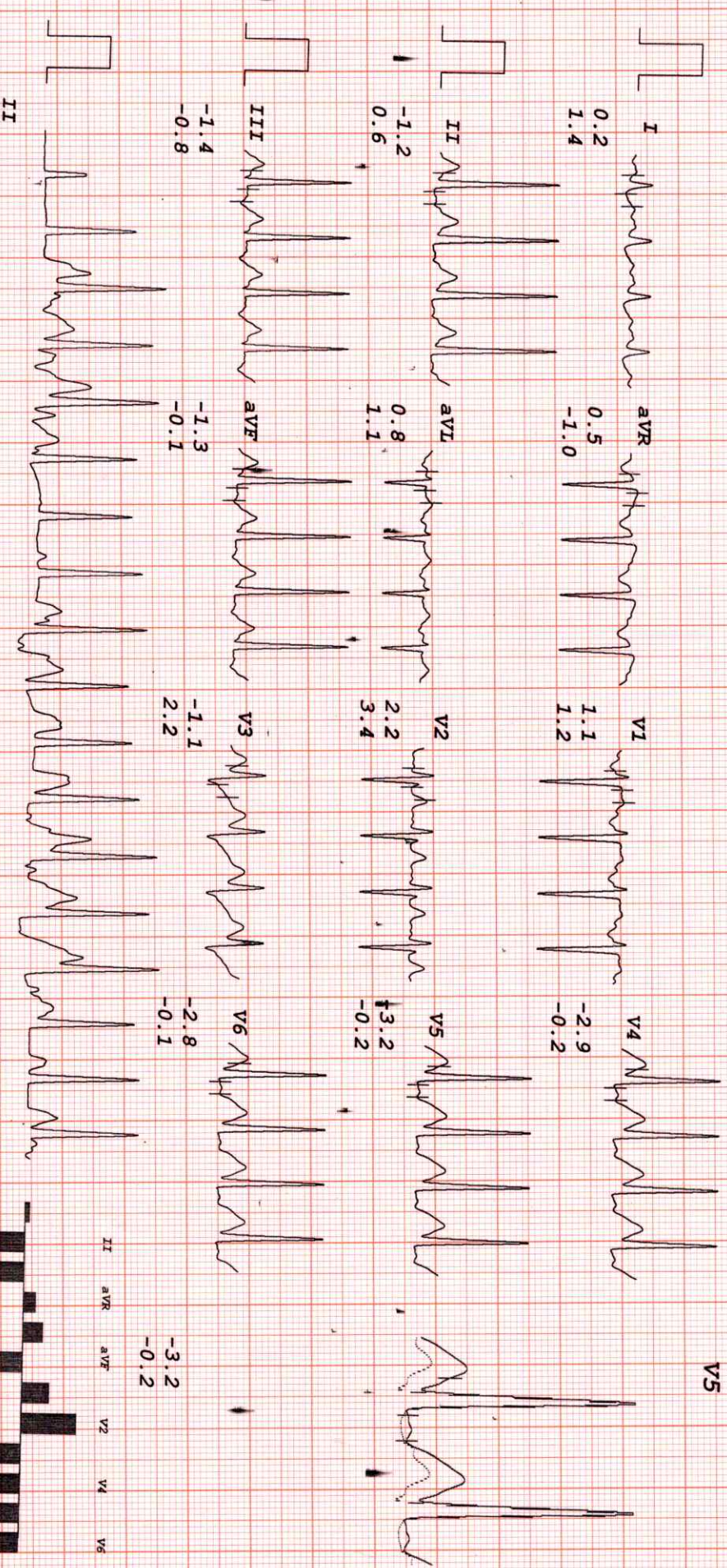
RATE 169bpm  
B.P. 150/80

Bruce  
PK-EXERCISE  
TOTAL TIME 7:03  
PHASE TIME 1:03

ST @ 10mm/mV  
80ms Post J  
Speed 5.4 km/hr  
SLOPE 14 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

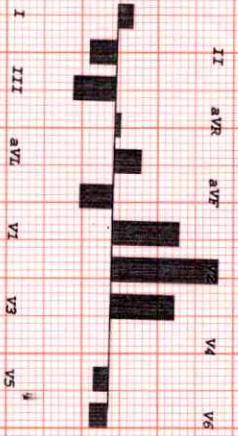
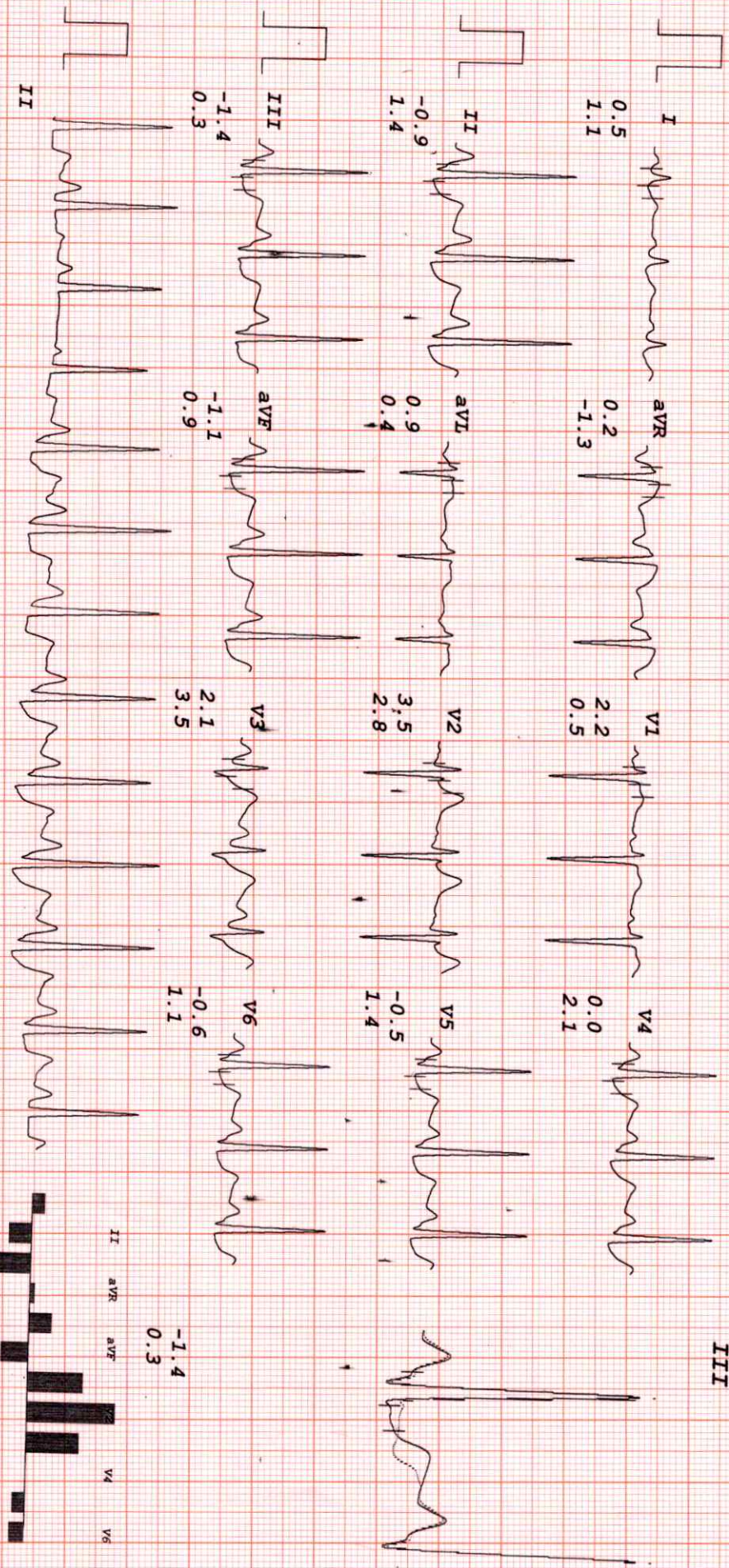
RATE 113bpm  
B.P. 130/80

Bruce  
RECOVERY  
TOTAL TIME 8:39  
PHASE TIME 1:21

ST @ 10mm/mV  
80ms PostJ

RECOVERY  
LINKED MEDIAN

Mag. X 2



*Shinde*

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

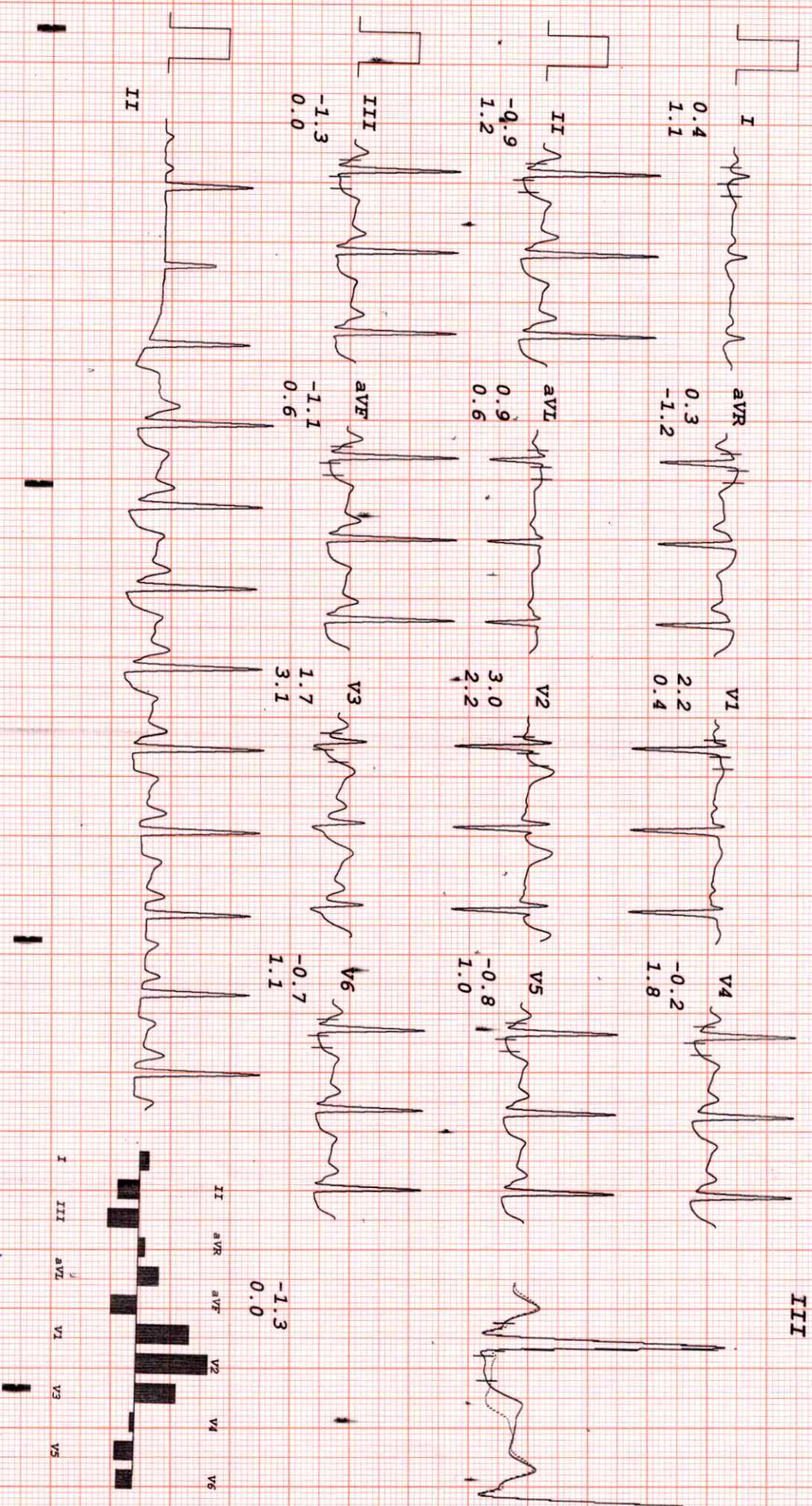
RATE 111bpm  
B.P. 130/80

Bruce  
RECOVERY  
TOTAL TIME 9:00  
PHASE TIME 1:42

ST @ 10mm/mV  
80ms PostJ

RECOVERY 2  
LINKED MEDIAN

Mag. X 2



*Shinde*

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

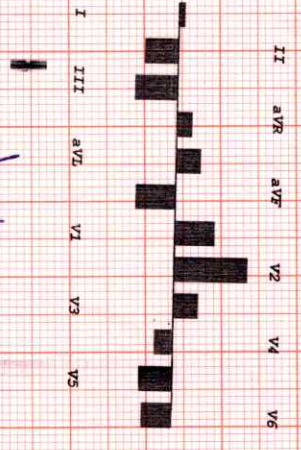
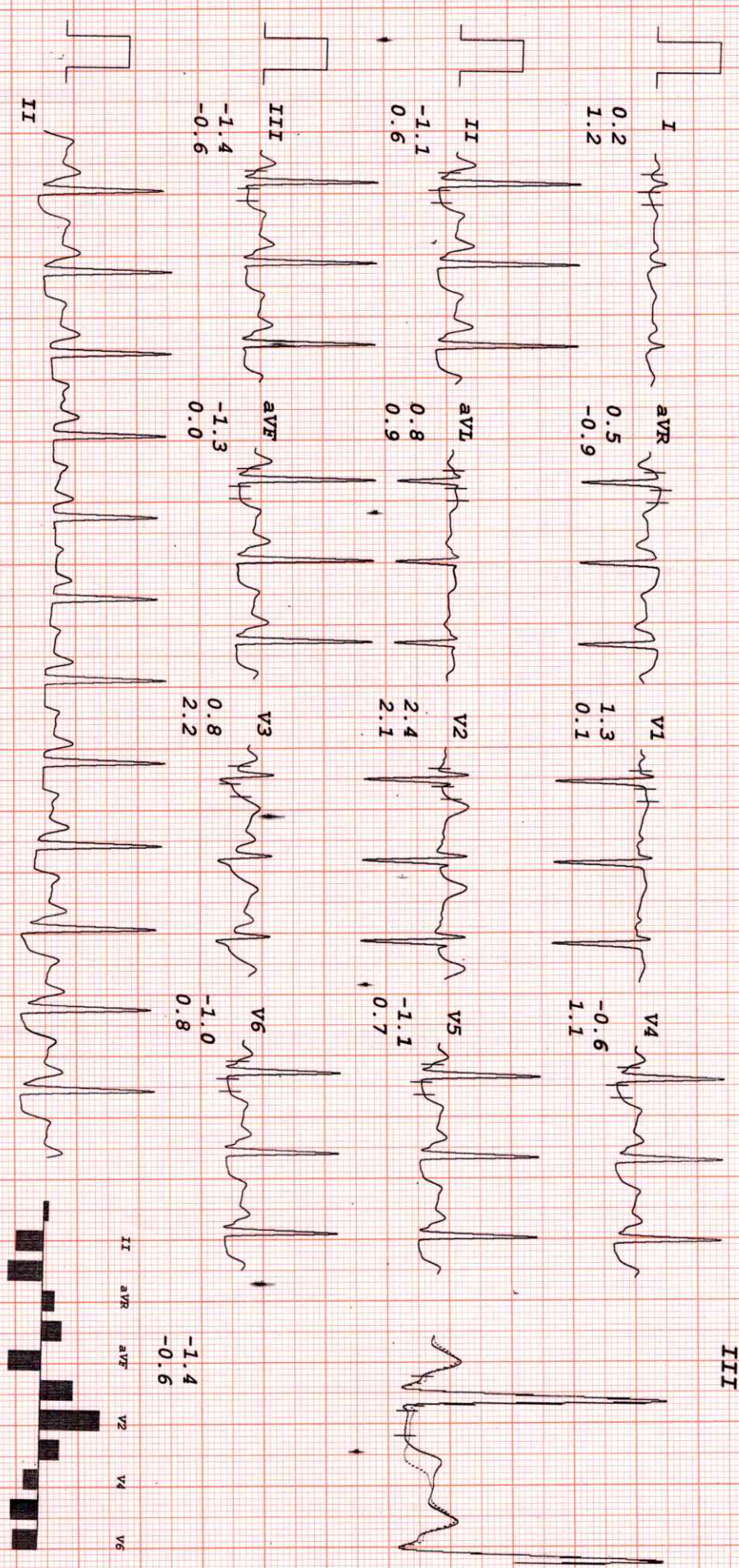
RATE 116bpm  
B.P. 130/80

Bruce  
RECOVERY  
TOTAL TIME 9:22  
PHASE TIME 2:04

ST @ 10mm/mV  
80ms Post J

RECOVERY 3  
LINKED MEDIAN

Mag. X 2



*Vikash*

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR VIKAS SHINDE  
I.D. 522  
Age 34/M  
Date 09-07-2022

RATE 112bpm  
B.P. 110/70

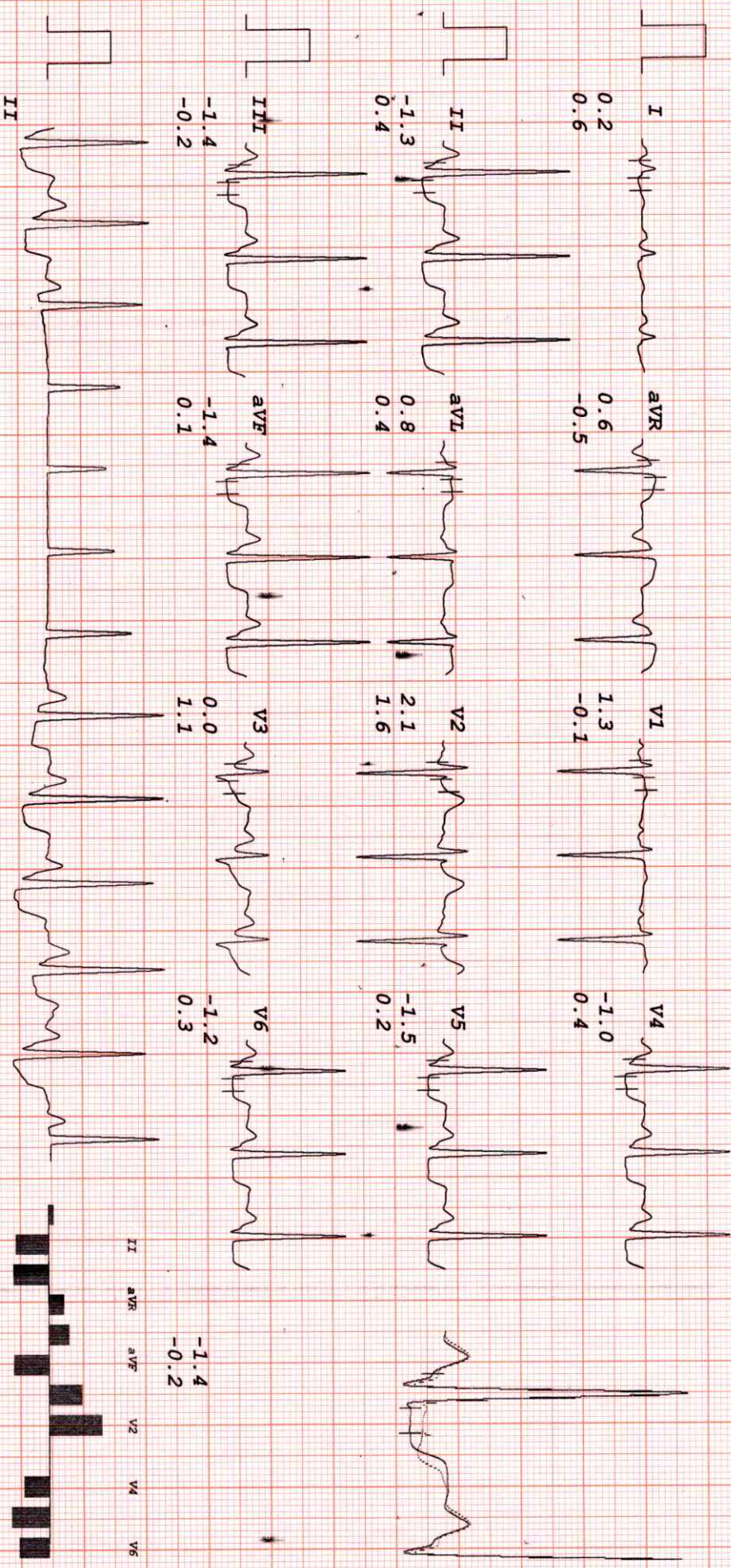
Bruce  
RECOVERY  
TOTAL TIME 10:13  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



I III aVR aVL V1 V2 V3 V4 V5 V6

*Vikash*