

ID: 000133275

Visit:

28-Jan-2023

12:21:27

33years

Asian

Male

BRUCE

Max HR: 169bpm 97% of max predicted 174bpm

Max BP: 140/70 Maximum workload: 8.9METS

Reason for Termination: Max HR attained

Comments:

Total Exercise time: 7:14

25.0 mm/s
10.0 mm/mV
100hz

Referred by:

Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:24	***	***	1.0	100	110/70	110
	STANDING	0:15	***	***	1.0	93	110/70	102
	HYPERVENT	0:14	0.0	0.0	1.0	91	110/70	100
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	145	110/70	160
	STAGE 2	3:00	2.5	12.0	7.0	152	120/70	182
	STAGE 3	1:14	3.4	14.0	8.9	169	140/70	237
RECOVERY	Post	3:14	***	***	1.0	116	140/70	162

THAT Negative for SI





Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Mr. AMOL BALU SANAP (33 / M) +91- 253 - 2510250 / 350 / 450 / 550 / 750 Date : 28/01/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA
apollo@apollohospitals.com
www.askapollo.com



Examined by:

UHID : MHN1.0000133275

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH29970



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:28/01/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?

Do you have any drug - No
allergies?

Covid 19 - Yes
- 2021,2022

Hospitalization for - No
Covid 19

Oxygen support - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid
Dose2,Precaution Dose



Personal history

Marital status - Married

No. of children - 02
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Hypertension - mother
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 173
Weight - 71.6
BMI - 23.92
Pallor - No
Oedema - no
Temperature - 95.6
SpO2 - 98



Cardiovascular system

Heart rate (Per minute) - 94
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No



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UHD : MHN1.0000133275
apollonashik@apollohospitals.com
www.askapollo.com

Date



AHC No

Package : MediWheel Full Body Health Checkup Male Below 40 Package





BIOCHEMISTRY
Swaminarayana Hospital, Sai-Agra Highway,
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Name : Mr. AMOL BALU SANAP

www.askapollo.com

Age : 33Yr 0Mth 0Days

Gender : Male

UHID : MHN1.0000133275

/ NSKAH29970

W/BNo/RefNo : AHC

SIN \ LRN : 11589458 \ 696840

Specimen : Serum

Ref Doctor : Dr. Rajashri Dhongade



Collected on : 28-JAN-2023 04:32:44 PM

Received on : 28-JAN-2023 04:32:54 PM

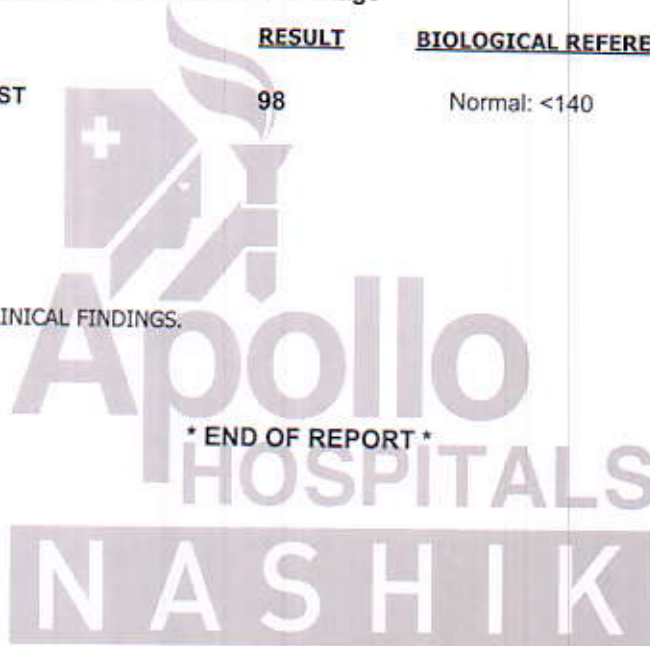
Reported on : 28-JAN-2023 04:33:30 PM

MediWheel Full Body Health Checkup Male Below 40 Package

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (GOD-PAP)	98	Normal: <140	mg/dL

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.



* END OF REPORT *

CHECKED BY 724600
724600

Printed On : 29-JAN-2023 10:47:19 AM

Dr.Minal Desale



Mr. AMOL BALU SANAP (33 /M)

Package : MediWheel Full Body Health Checkup Male Below 40 Package

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Date

28/01/2023

AHC No

NSKAH29978



STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Color:	Brownish Yellow			
Consistency :	Semi Formed			
Mucus:	Absent			
Blood:	Absent			
Pus:	Absent			
Reaction:	Alkaline		7.2-7.8	
Ova:	Absent	/hpf		
Cysts:	Absent	/hpf		
Trophozoite	Absent	/hpf		
RPS	00	/hpf	●	0-2
WBC/Pus Cells :	1-2	/hpf		

WBC:- within normal limits
platelets.: adequate

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	37	U/L	●	30-65
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.3	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	16.1	g/dl	●	13.0-18.0
Haematocrit	47.9	%	●	39.0-54.0
RBC COUNT	4.84	Million/ ul	●	4.2-6.5
MCV	98.9 *	fl	●	75.0-95.0
MCH	33.2 *	pg	●	26.0-32.0
MCHC	33.6	g/dl	●	31.0-36.0
RDW	15.9	%	●	11-16
Platelet Count(Optical/Impedance)	283	10 ³ /m ³	●	140-440
TLC Count	7.13	10 ³ /m ³	●	4.0-11.0
Neutrophils	67	%	●	45-75
Lymphocytes	23	%	●	20-45
Eosinophils	04	%	●	1-6
Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	04	mm/1st hr	●	0-10
RBC.:	Normocytic to mild macrocytic normochromic			

ALKALINE PHOSPHATASE - SERUM/PLASMA	104 *	U/L	●	0-100
AST (SGOT) - SERUM	31	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	140	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.0	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	19	U/L	●	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

● Within Normal Range ● Borderline High/Low ● Out of Range



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23/01/2023

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Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	107 *	mg/dL	●	70-100

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	36 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9		●	0.0-4.5
LDL Cholesterol (Direct LDL)	139	mg/dL		

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.5	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.5	g/dL	●	6.4-8.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	81	mg/dL	●	0-150

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.0	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.3	mg/dL	●	0.0-0.7

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

TOTAL T3: TRI IODOTHYRONINE - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

TOTAL T4: THYROXINE - SERUM

● Within Normal Range ● Borderline High/Low ● Out of Range



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Date : 23/01/2023

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AHC No : NSKAH29978

Name : Mr. AMOL BALU SANAP (33 /M)

Package : MediWheel Full Body Health Checkup Male Below 40 Package

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Printed By :

AHC Physician / Consultant Internal Medicine



Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



: Mr. AMOL BALU SANAP (33 /M)

Package : MediWheel Full Body Health Checkup Male Below 40 Package

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Date : 23/01/2023
AHC No : NSKAH29977

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

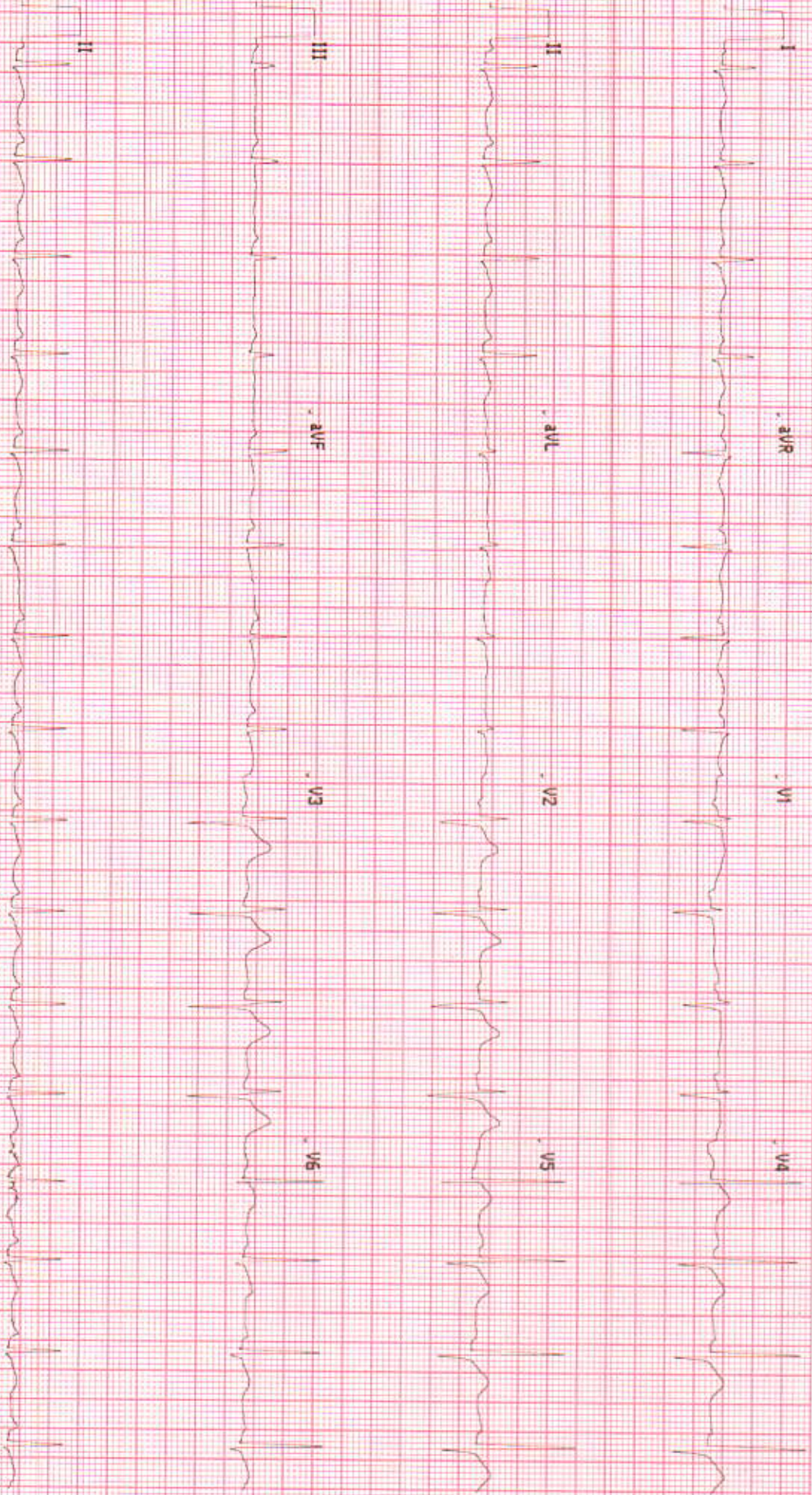
NASHIK

ID:
DOB:
33yfr, Male

Vent rate: 94 BPH
PR int: 158 ms
QRS dur: 86 ms
QT/QTc: 344/396 ms
P-R-T axes: 66 57 38

SINUS RHYTHM
NONSPECIFIC T-WAVE ABNORMALITY
BORDERLINE ECG

UNCONFIRMED REPORT






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NASHIK

MD (Radiology)

Patient Details : Mr. AMOL BALU SANAP | Male | 33Yr 0Mth 0Days
UHID : MHN1.0000133275 **Patient Location:** AHC
Patient Identifier: NSKAH29970 
DRN : 223002427 **Completed on :** 28-JAN-2023 11:08
Ref Doctor : Dr. Rajashri Dhongade

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size. Echotexture is uniform and normal.
No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Well distended with normal walls and lumen.
No calculi/pericholecystic fluid.

COMMON BILE DUCT: Normal in size.

PANCREAS : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.
No evidence of calculi/ hydronephrosis.
Right kidney measures : 10.8 x 5.6cm.
Left kidney measures : 11.1 x 5.2cm.

URINARY BLADDER: Well distended with normal walls.
No evidence of calculi/ growth/ diverticula.

PROSTATE : Normal in size with homogenous echogenicity. No evidence of calcification within.
Prostate measures : 15.1gms.



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Mr. AMOL BALU SANAP

MHN1.0000133275

NSKAH29970

ULTRASOUND - WHOLE ABDOMEN

Seminal vesicles are normal.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

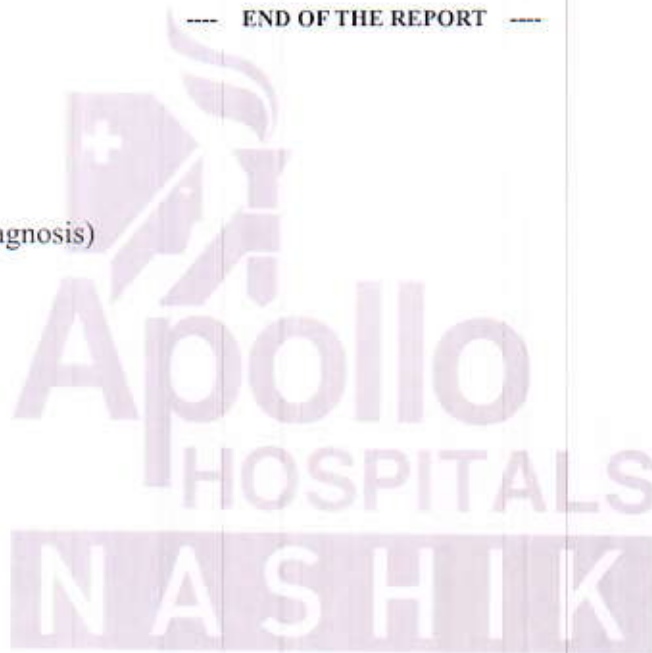
Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)





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MD (Radiology)

Patient Details : Mr. AMOL BALU SANAP | Male | 33Yr 0Mth 0Days

UHID : MHN1.0000133275 **Patient Location:** AHC

Patient Identifier: NSKAH29970



DRN : 123003835

Completed on : 28-JAN-2023 09:06

Ref Doctor : Dr. Rajashri Dhongade

X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)



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28/11/23

Mr Amol Sanap

33/M.

Dr Priyanka Patil

9096986290

8275015672

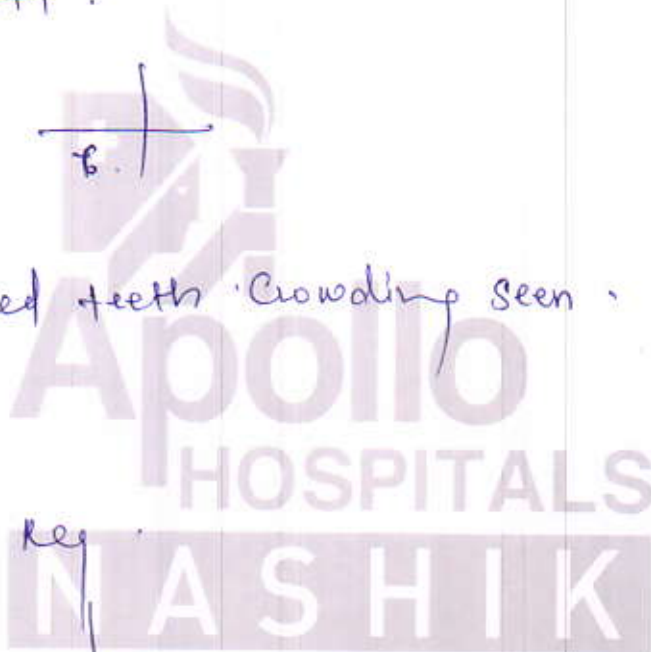
- No H/o of DM & HTN.

- Stains I- +++.

- Missing C



- Malaligned teeth. Crowding seen.

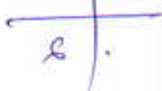


- Adv 1-

Sealing

Reg.

APD C



[Handwritten signature]



OPHTHALMOLOGY



Name : <u>Dr. Anmol Sanap</u> Occupation : _____ Age : <u>33</u> Sex : Male <input checked="" type="checkbox"/> Female <input type="checkbox"/> S/M/W/D Address : <u>NSE</u> Tel. No. _____	Date <u>28/1/23</u> UNIT _____ Room No. _____ Out Patient <input type="checkbox"/> Ref. Physician : _____ Copies to : _____
---	--

REPORT ON OPHTHALMIC EXAMINATION

HISTORY : -

PRESENT COMPLAINT : -

PAST HISTORY : DM / HTN / ALLERGY

ON EXAMINATION

VISION :

RE	LE
<u>6/6</u>	<u>6/6</u>

	RIGHT					LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA	
DIST	_____					_____				
NEAR	_____					_____				

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
_____	_____			_____		

Refraction or Acceptance :

	RIGHT					LEFT				
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA		
DIST	<u>R</u>	---	---	<u>6/6</u>	<u>L</u>	---	---	<u>6/6</u>		
NEAR	_____			<u>M</u>	_____			<u>M</u>		

CVA of 1, 2, 3, 25 plates identified

CONSULTANT OPTOMETRIST