

Patient Name	: ALPANA KUMARI	UHID	: 14408
Age/DOB	: 35Yrs	Gender	: Female
Referred By	: SELF	Date	: 26.3.2022

ULTRASOUND WHOLE ABDOMEN

LIVER: is normal in size, outline & shows normal echopattern. No focal lesion is seen. IHBRs are not dilated. HVs are normal. PV is normal.

GALL BLADDER: is well distended and shows anechoic lumen. The wall thickness is normal. No evidence of any mass or calculus is seen. No pericholecystic fluid is seen.

CBD: is normal.

PANCREAS is normal in size, shape and echotexture. No focal lesion is seen.

SPLEEN: is normal in size outline and echotexture. No focal lesion is seen.

RIGHT KIDNEY: is normal in size outline. Cortical thickness and echogenicity are normal. CMD is maintained. No e/o calculus / hydronephrosis is seen.

LEFT KIDNEY: is normal in size outline. Cortical thickness and echogenicity are normal. CMD is maintained. No obvious calculus / hydronephrosis is seen.

URINARY BLADDER: appears well distended. The wall thickness is normal. No evidence of any calculus or mass lesion could be seen within the bladder or at UV junctions.

UTERUS: is anteverted, normal in size and shape. No obvious focal lesion is seen.

ADNEXA: B/L ovaries are normal in size & shape. No adnexal mass seen

No obvious ascites or gross lymphadenopathy seen.

No free fluid is seen in the abdomen / pelvis.

IMPRESSION:

NORMAL STUDY.

*To correlate clinically & with other investigation
Not for medico-legal purposes.*


**DR. PARSHOTAM LAL SINGLA
CONSULTANT - SONOLOGIST**

1970-01-01 00:01:30

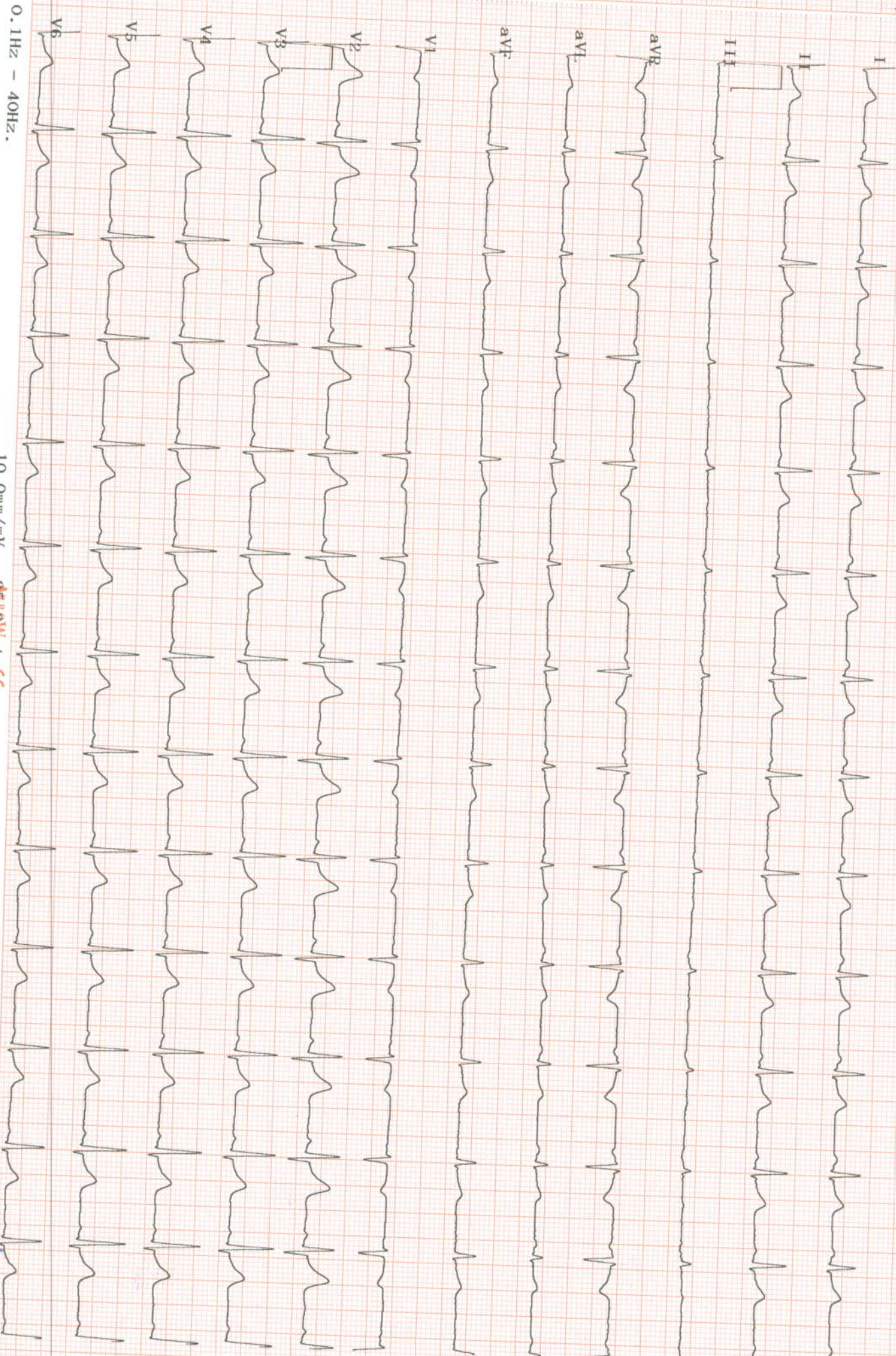
Heart Rate: 81 bpm

12 Channel Rhythm Report

Hosp:
Prescribed by:

Dr. S. Pan
10/1/20

ID : 14408
Name: a'pana kumari
Age : 35 years
Sex : Female
H : 0 cm / W : 0 kg



0.1Hz - 40Hz.

10.0mm/mV.

25.0mm/sec

Summary

Ref. By : DR KAPIL DOOMRA
 Medication : Nil
 Objective : FOR TESTING PURPOSE ONLY.

Protocol : BRUCE
 History : Nil

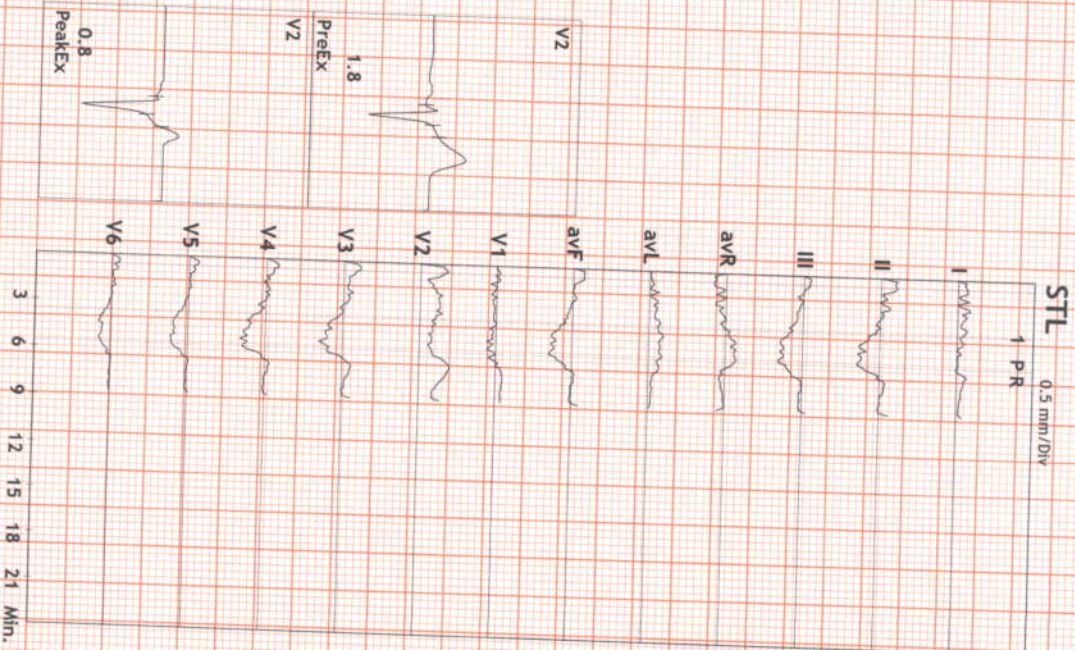
14409/Mrs Alpana Kumari 35 Yrs/Female 68 Kg/156 Cms
 Date: 26-Mar-2022 10:53:42 AM

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
EXStart					1.0	58	120/70	69	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	172	120/70	206	-	
PeakEx	2:01	5:02	2.5	12.0	6.3	194	130/80	252	-	
Recovery	1:00		0.0	0.0	1.0	145	130/80	188	-	
Recovery	2:00		0.0	0.0	1.0	118	130/80	153	-	
Recovery	3:00		0.0	0.0	1.0	103	120/70	123	-	
Recovery	3:03		0.0	0.0	1.0	118	120/70	141	-	

Findings :

Exercise Time : 05:02
 Max HR Attained : 194 bpm 105% of Max Predictable HR 185
 Max BP : 130/80(mmHg)
 Max Workload attained : 6.3(Fair Effort Tolerance)

Advice/Comments:



Abans.

12 Lead + Comparison

14409/Mrs Alpana Kumari
 35 Yrs/Female
 68 Kg/156 Cms
 Date: 26-Mar-2022 10:53:42 AM

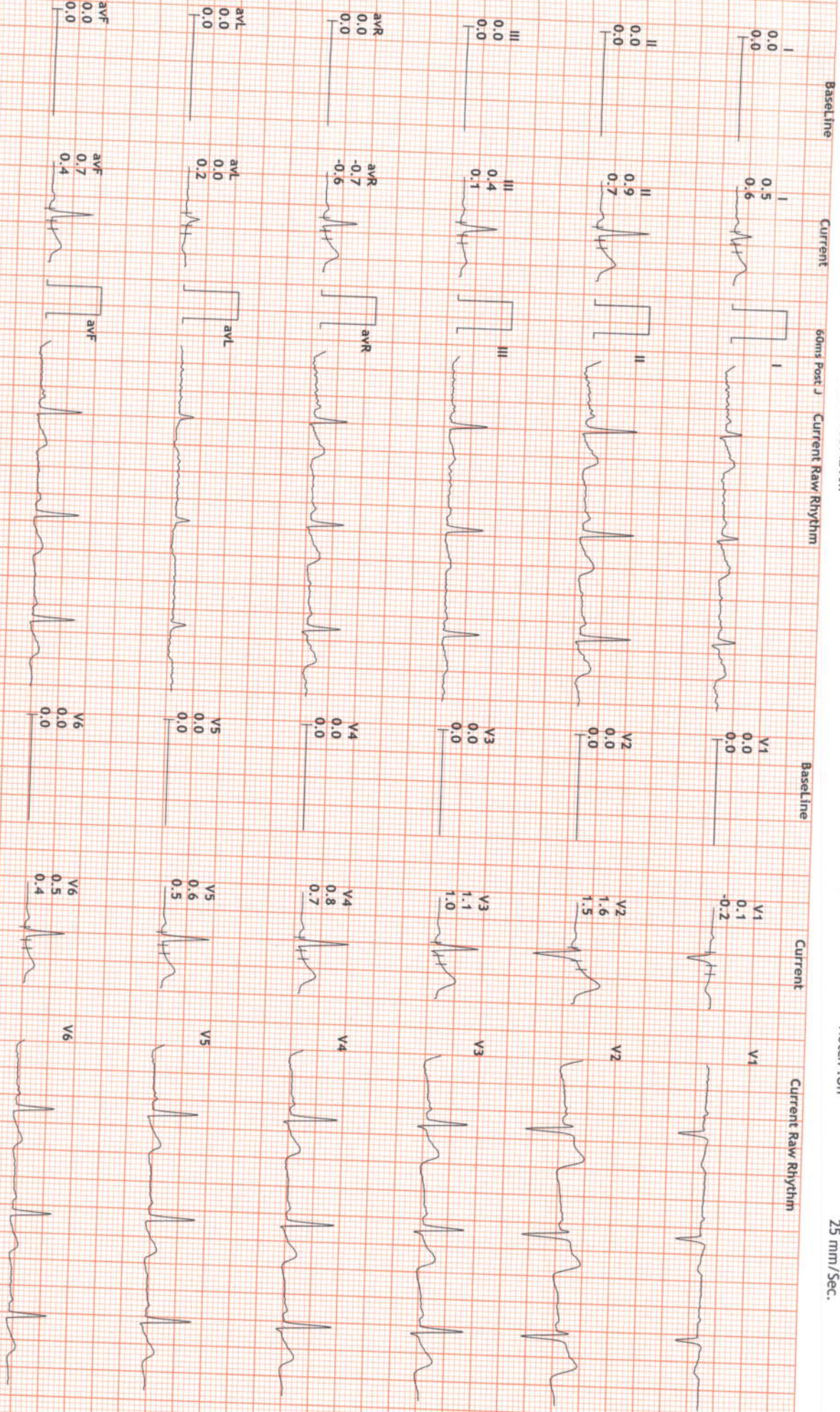
HR: 80 bpm
 METS: 1.0
 BP: 120/70

MpHR: 43% of 185
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (1.0-100)/Hz

Ex Time 00:29
 BLC : On
 Notch : On

PRE_EX
 10.0 mm/mV
 25 mm/Sec.



12 Lead + Comparison

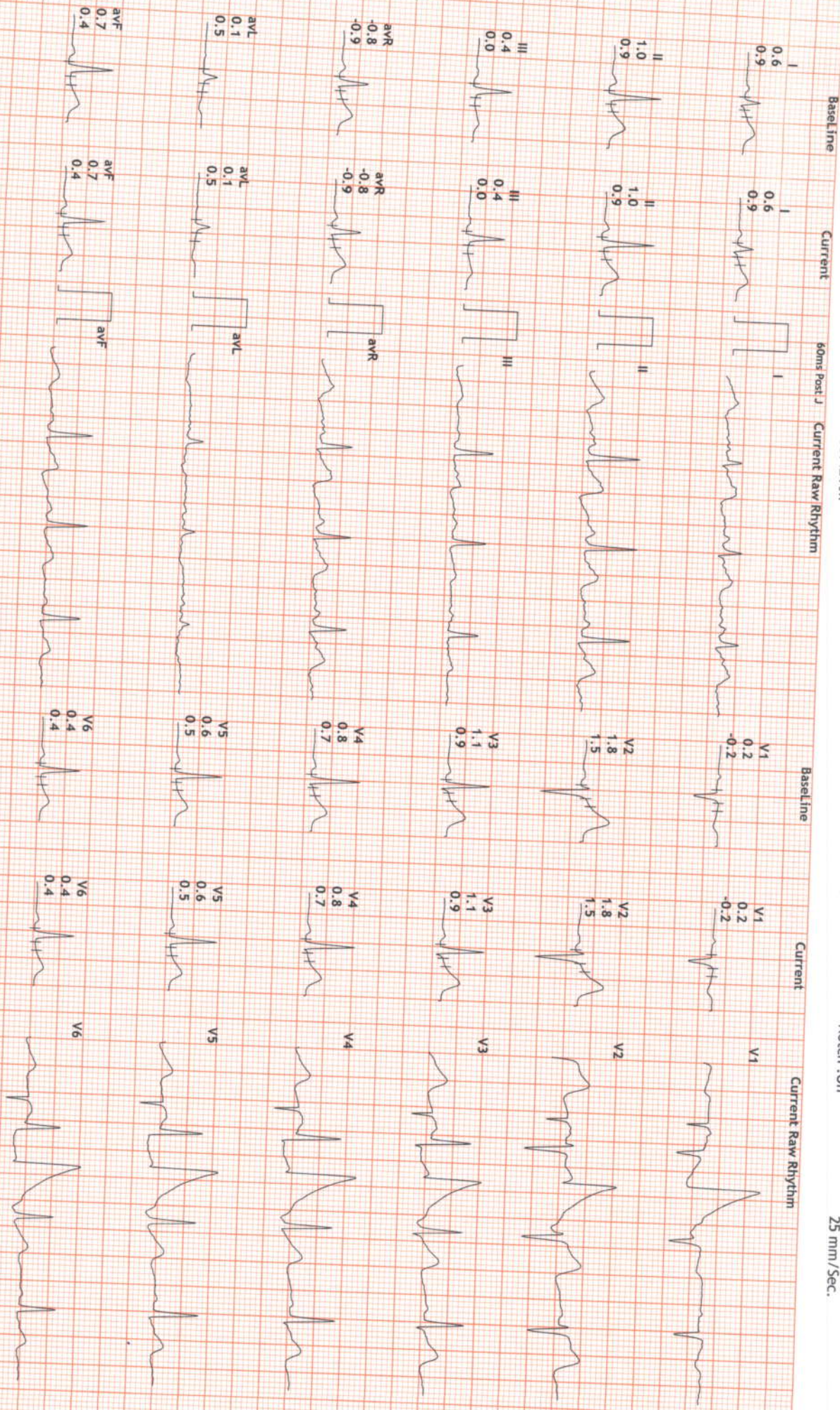
14409/Mrs Alpana Kumari: 87 bpm
 35 Yrs/Female METS: 1.0
 68 Kg/156 Cms BP: 120/70
 Date: 26-Mar-2022 10:53:42 AM

MpHR: 47% of 185
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (1.0-100)Hz

Ex Time 00:00
 BLC : On
 Notch : On

ExStt
 10.0 mm/mv
 25 mm/Sec.



12 Lead + Comparison

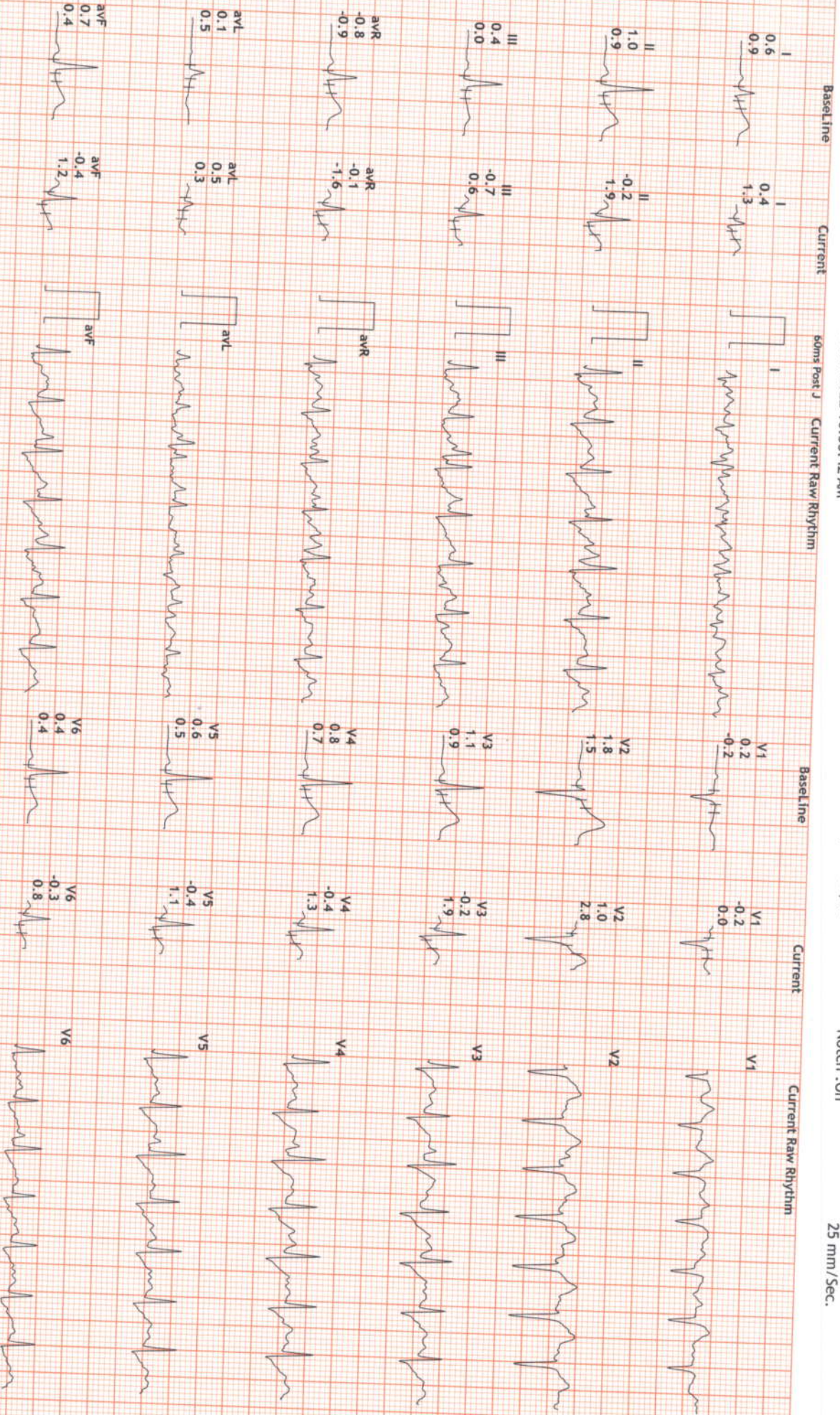
14409/Mrs Alpana Kumarr
 35 Yrs/Female
 68 Kg/156 Cms
 Date: 26-Mar-2022 10:53:42 AM

MHR: 172 bpm
 METS: 4.7
 BP: 120/70
 MPH: 92% of 185
 Speed: 1.7 mph
 Grade: 10.0%

Raw ECG
 BRUCE
 (1.0-100)Hz

Ex Time 03:00
 BLC : On
 Notch : On

Stage 1 (03:00)
 10.0 mm/mv
 25 mm/Sec.



12 Lead + Comparison

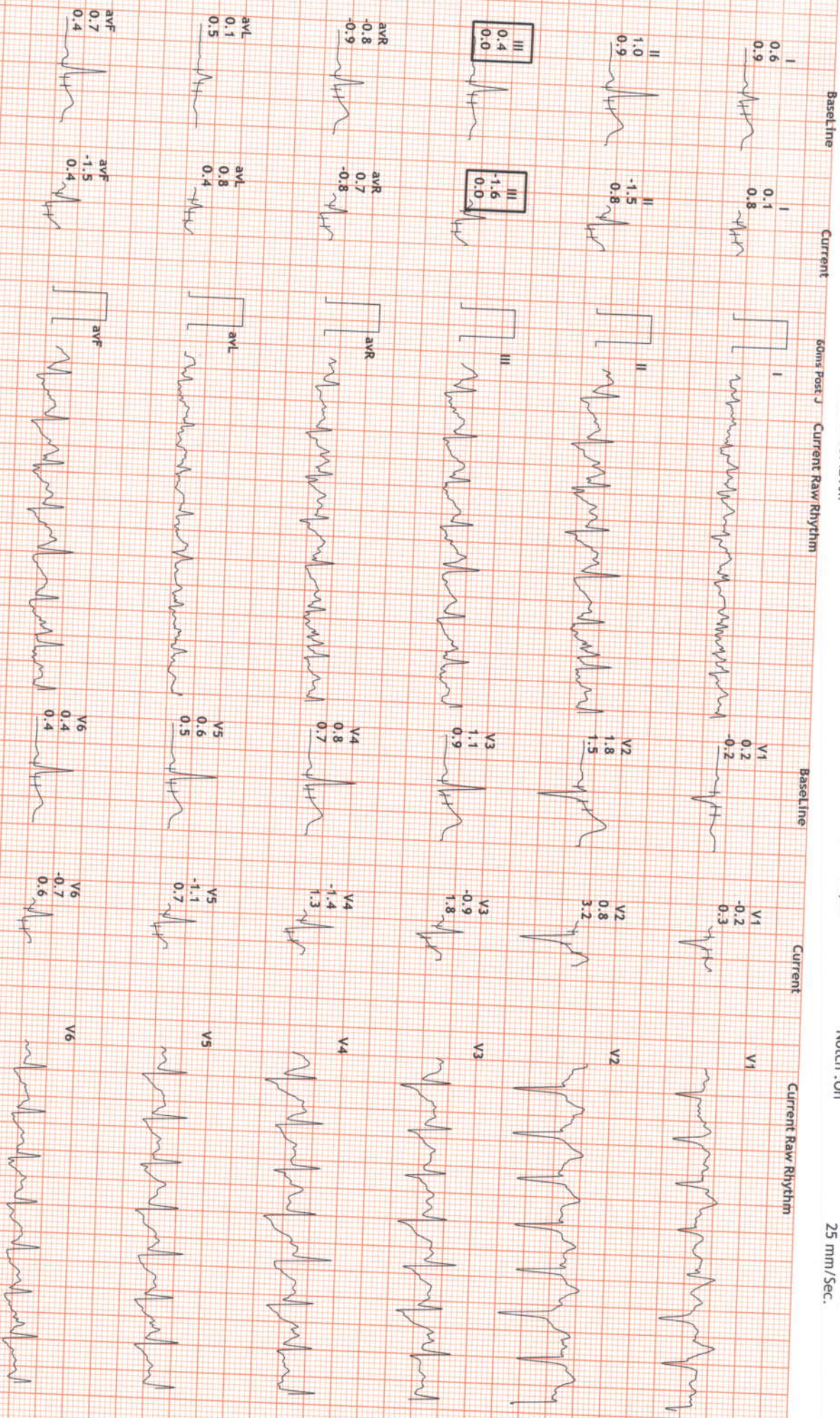
14409/Mrs Alpana Kumari: 194 bpm
 35 Yrs/Female METS: 6.3
 68 Kg/156 Cms BP: 130/80
 Date: 26-Mar-2022 10:53:42 AM

MpHR: 104% of 185
 Speed: 2.5 mph
 Grade: 12.0%

Raw ECG
 BRUCE
 (1.0-100)Hz

Ex Time 05:01
 BLC :On
 Notch :On

PeakEx
 10.0 mm/mv
 25 mm/Sec.



12 Lead + Comparison

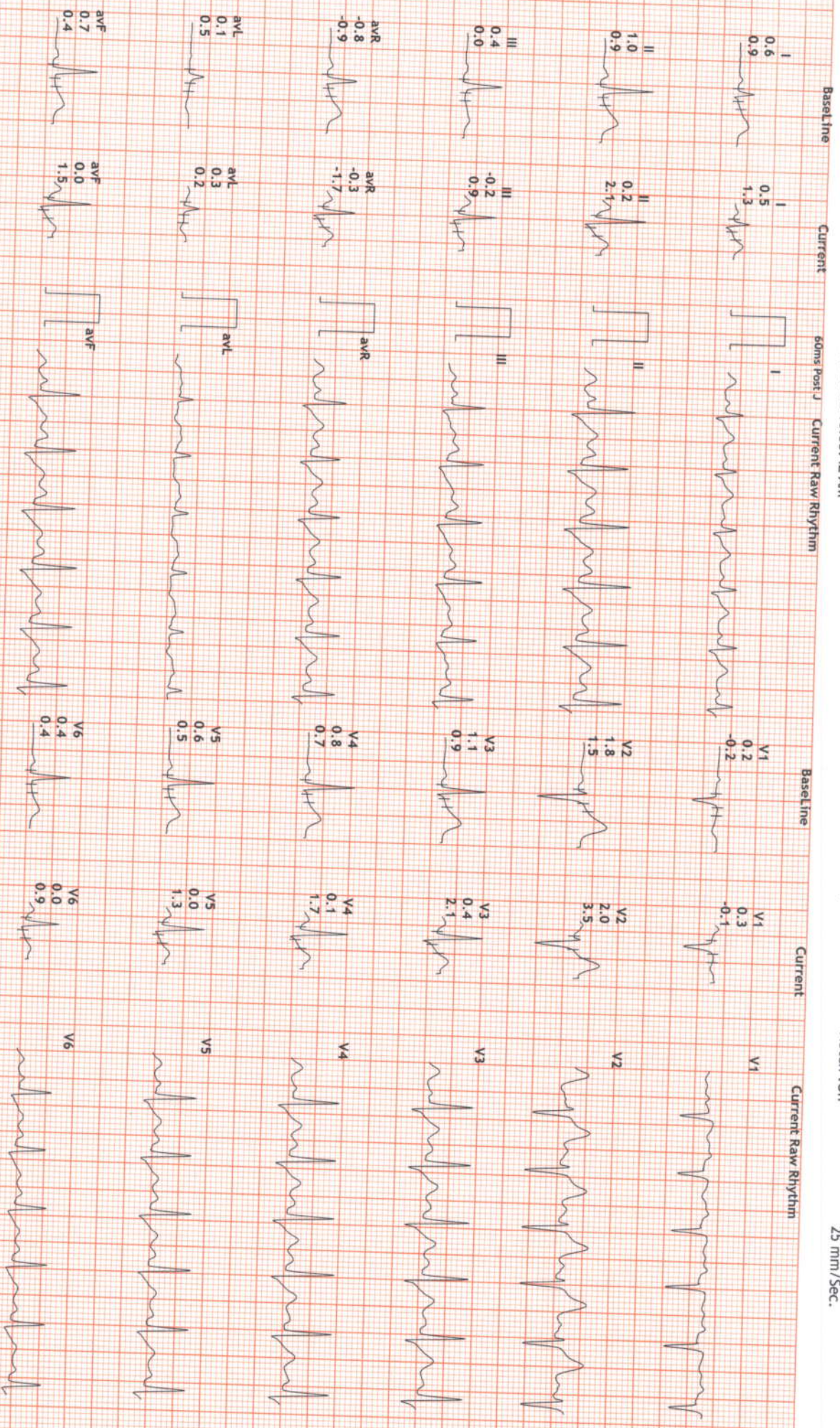
14409/Mrs Alpana Kumarr: 145 bpm
 35 Yrs/Female METS: 1.0
 68 Kg/156 Cms BP: 130/80
 Date: 26-Mar-2022 10:53:42 AM

MPHR: 78% of 185
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (1.0-100)Hz

Ex Time 05:01
 BLC : On
 Notch : On

Recovery : (01:00)
 10.0 mm/mV
 25 mm/Sec.



12 Lead + Comparison

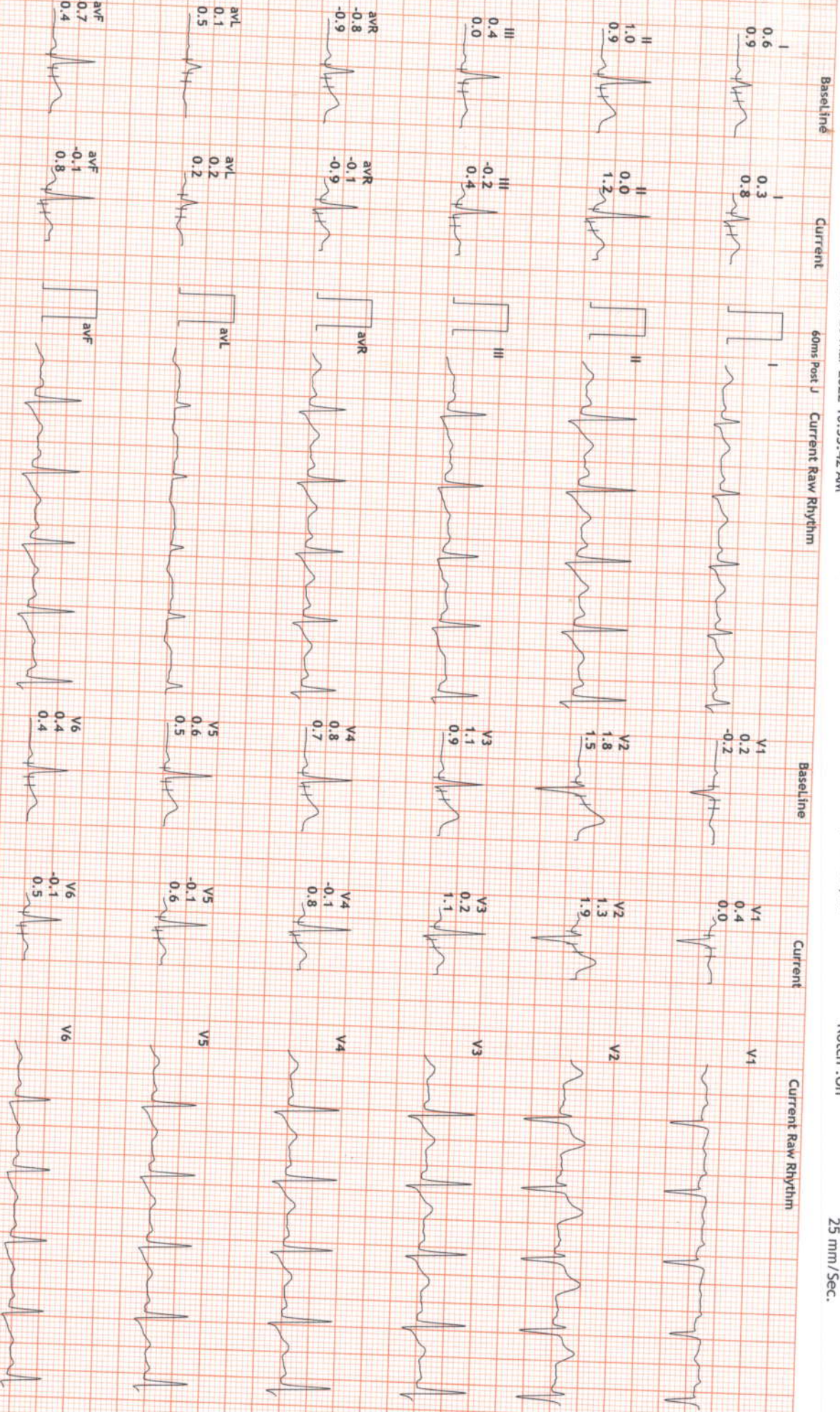
14409/Mrs Alpana Kumari HR: 118 bpm
 35 Yrs/Female METS: 1.0
 68 Kg/156 Cms BP: 130/80
 Date: 26-Mar-2022 10:53:42 AM

MPHR: 63% of 185
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (1.0-100)Hz

Ex Time 05:01
 BLC : On
 Notch : On

Recovery : (02:00)
 10.0 mm/mv
 25 mm/Sec.



12 Lead + Comparison

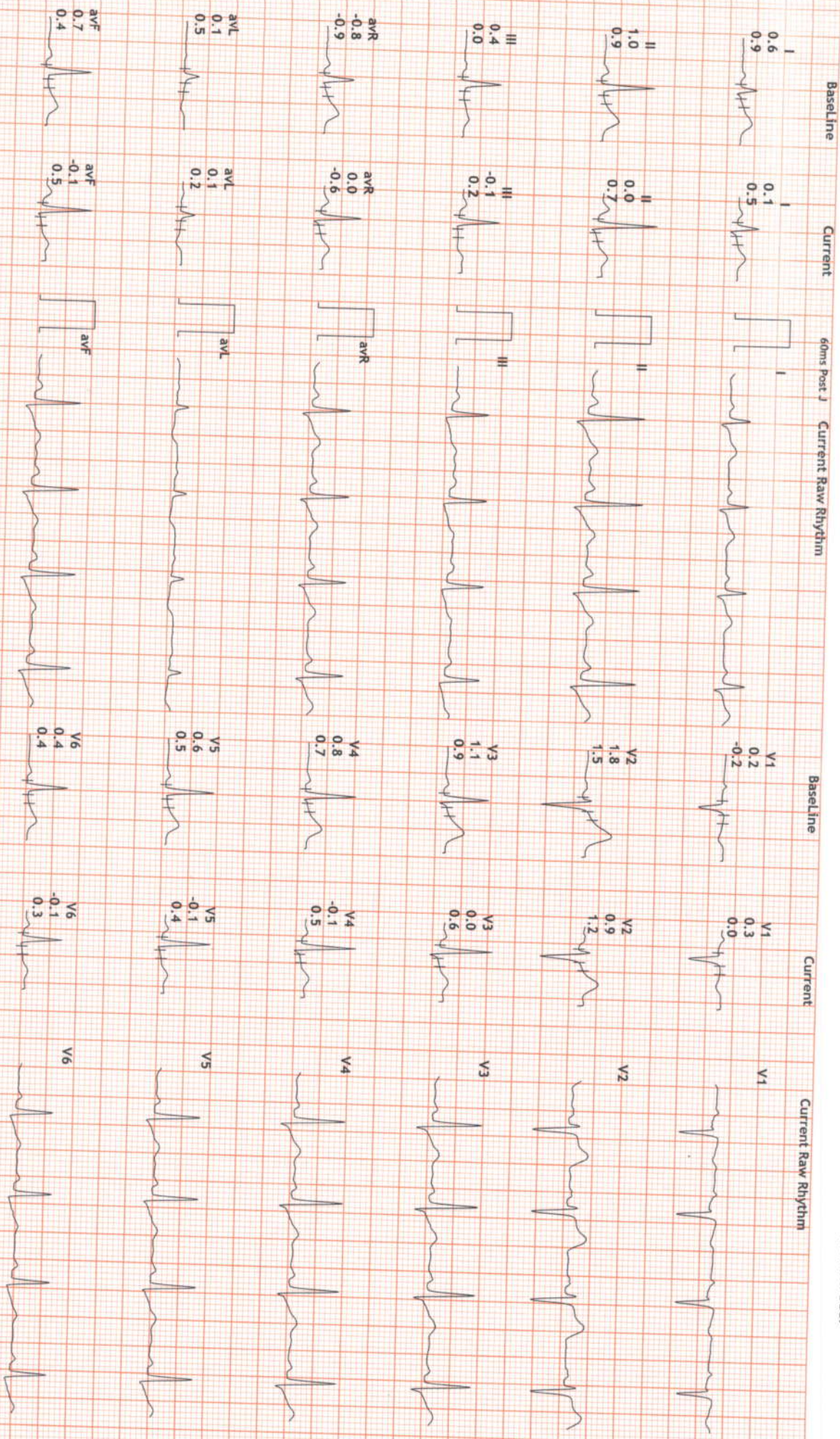
14409/Mrs Alpana Kumara
 35 Yrs/Female
 68 Kg/156 Cms
 Date: 26-Mar-2022 10:53:42 AM

MHR: 103 bpm
 METS: 1.0
 BP: 120/70
 MPH: 55% of 185
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUCE
 (1.0-100)Hz

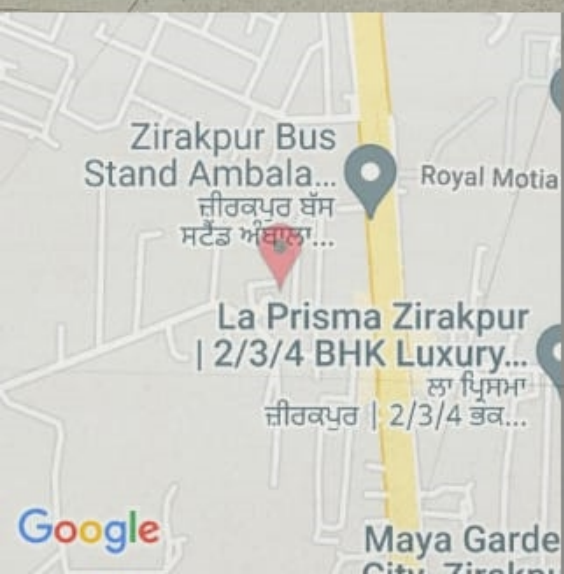
Ex Time 05:01
 BLC : On
 Notch : On

Recovery : (03:00)
 10.0 mm/mV
 25 mm/Sec.



MEHAR SUPER SPECIALITY HOSPITAL

GLA (USAIM)	ORTHO, JOINT REPLACEMENT & SPINE SURGERY	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. HARLEEN KAUR REHILL M.Phil, P.D.C.P.	CLINICAL PSYCHOLOGIST	4.00PM (TUESDAY)
GARG M.S.	ORTHOPAEDICS & ARTHROSCOPY	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. SATYEN SHARMA M.B.B.S., D.P.M.	PSYCHIATRY	10.00AM TO 4.00PM TO 7.00PM (MONDAY & WEDNESDAY)
G M	DERMATOLOGY, COSMETOLOGY & HAIR TRANSPLANT	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. ASHWANI K. SACHDEVA M.S., M.Ch.	ONCOSURGERY	BY APPOINTMENT
LA M.S.	OBST & GYN, IVF	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. ALOK AHUJA M.S.	GENERAL & LAPROSCOPIC SURGERON	03.30 PM TO 07.00 PM (MONDAY TO SATURDAY)
LA D., F.N.F.	PAEDIATRICS	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. VINEESH KUMAR M.S., M.Ch.	NEUROSURGERY	BY APPOINTMENT
G FAICO	OPHTHALMOLOGY	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. NISHKESH GUPTA M.S., M.Ch.	PAEDIATRIC SURGEON	BY APPOINTMENT
ARMA M.D, IDCCM	PULMONARY MEDICINE	12.00 PM TO 02.00 PM (MONDAY TO SATURDAY)	DR. SANJIV SETH M.S., DORL	ENT	10.00 AM TO 1.00 PM (MONDAY TO SATURDAY)
SINGH M.D.	PHYSICIAN	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. ANIL K. GUPTA M.D.	ANAESTHESIA & CRITICAL CARE	BY APPOINTMENT
JEE BPT	DENTAL	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. ANIL K. GUPTA M.S., M.Ch.	PLASTIC SURGERY	BY APPOINTMENT
JEE BPT	PHYSIOTHERAPY	10.00 AM TO 2.00 PM 4.00 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. ANIL K. GUPTA M.S.	ENT	4.00PM TO 5.00PM (MONDAY TO SATURDAY)
JWALIA M.D., D.N.B.	NEPHROLOGY	12.00 PM TO 03.00 PM (MONDAY TO FRIDAY)	DR. ANIL K. GUPTA M.Ch.	VASCULAR SURGERY	BY APPOINTMENT
A AHUJA M.D.	PATHOLOGY	2.00 PM TO 3.00 PM (MONDAY, WEDNESDAY & FRIDAY)	DR. ANIL K. GUPTA M.D., D.N.B.	UROLOGY	BY APPOINTMENT
EV DOOMRA M.D., D.M.	CARDIOLOGY	2.30 PM TO 7.00 PM (MONDAY TO SATURDAY)	DR. ANIL K. GUPTA M.S.(DMFS), F.H.N.O	ORAL AND MAXILLOFACIAL ONCO SURGEON	5.00PM TO 6.00PM (MONDAY TO SATURDAY)
DEEP GARG M.D., D.M.	GASTROENTEROLOGY	5.00PM TO 6.00PM (MON, TUES, THURS, FRI) 3.30PM TO 4.30PM (WEDNESDAY)	DR. ANIL K. GUPTA M.S., D.G.O	CONSULTANT OBS & GYNE	MONDAY TO SATURDAY 10.00 AM TO 02.00 PM TUESDAY & FRIDAY 05.00 PM TO 07.00 PM



Singhpura Rd, Punjab 140603, India



Punjab
India

29°C
84°F

2022-03-26(Sat) 09:39(AM)

भारत सरकार
Government of India



अल्पना कुमारी
Alpana Kumari
जन्म तिथि/DOB: 03/01/1987
महिला/ FEMALE



8770 1127 0817
UID: 9108 1694 7892 7319

मेरा आधार, मेरी पहचान

Singhpura Rd, Punjab 140603, India

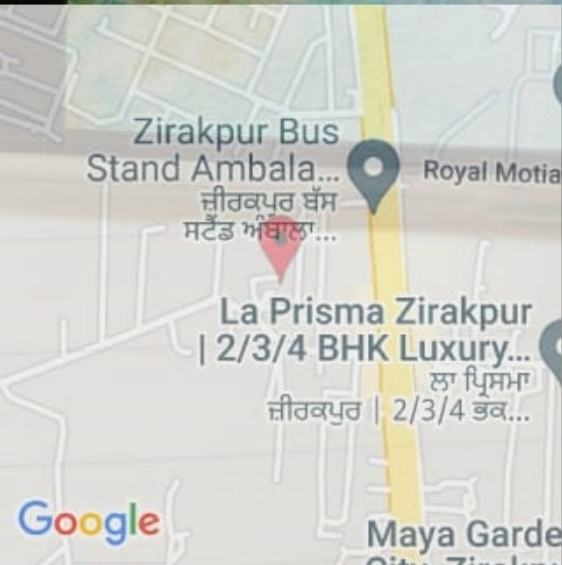


Punjab
India

29°C

84°F

2022-03-26(Sat) 09:36(AM)



Zirakpur Bus Stand Ambala...
ਜ਼ੀਰਕਪੁਰ ਬੱਸ ਸਟੈਂਡ ਅੰਬਾਲਾ...

Royal Motia

La Prisma Zirakpur | 2/3/4 BHK Luxury...
ਲਾ ਪ੍ਰਿਸਮਾ ਜ਼ੀਰਕਪੁਰ | 2/3/4 ਭੱਕ...

Maya Garde City, Zirakpur

Google

Patient Name	: Mrs. Alpana Kumari	Mobile No	: 7009185072
UHID No.	: 14408	Age	: 35 Yr Female
Address	: #30 First Floor Guru Gobind Singh Nagar	Sampling Date	: 26-03-2022 10:29:00
Doctor	: Baltana Zirakpur SELF	Print Date	: 26/03/2022 14:46:00


Investigation	Observations	Biological Reference Interval	Units
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COMPLETE BLOOD COUNTS [CBC]

HAEMOGLOBIN (HB) <i>Method: SPECTROPHOTOMETER / AUTOMATED CELL COUNTER</i>	12.5	11.0 - 15.0	gm/dl
TOTAL LEUCOCYTE COUNT (TLC) <i>Method: Impedance/Automated cell counter</i>	5360	4000 - 11000	/cmm
NEUTROPHILS	58	45 - 75	%
LYMPHOCYTE	37	20 - 45	%
MONOCYTE	03	0 - 10	%
EOSINOPHIL	02	0.00 - 6	%
BASOPHIL	00	0.00 - 2.00	%
RBC (RED BLOOD CELLS) <i>Method: Impedance/Automated cell counter</i>	4.50	3.8 - 5.8	Millions/cmm
PCV <i>Method: Calculation/Automated cell counter</i>	40.4	35 - 47	%
MCV(MEAN CELL VOLUME) <i>Method: Calculation/Automated cell counter</i>	89.8	80 - 100	fL
MCH(MEAN CELL HAEMOGLOBIN) <i>Method: Calculation/Automated cell counter</i>	27.8	27 - 31	picogram
MCHC <i>Method: Calculation/Automated cell counter</i>	31.0	33 - 37	g / dL
RDW-CV <i>Method: SPECTROPHOTOMETER / AUTOMATED CELL COUNTER</i>	13.6	10.0 - 15.0	%
RDW-SD <i>Method: SPECTROPHOTOMETER / AUTOMATED CELL COUNTER</i>	49.6	35.0 - 60.0	fL
PLATELET COUNT <i>Method: Impedance/Automated cell counter</i>	1.10	1.50 - 4.5	Lakh/cmm

ERYTHROCYTE SEDIMENTATION RATE(ESR)

ERYTHROCYTE SEDIMENTATION RATE	14	0 - 20	mm
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TECHNOLOGIST

Dr. Shweta
 MBBS,MD(PATHOLOGY)
 (EX.PGIMER,CHD)

End of Report

Patient Name	: Mrs. Alpana Kumari	Mobile No	: 7009185072
UHID No.	: 14408	Age	: 35 Yr Female
Address	: #30 First Floor Guru Gobind Singh Nagar Baltana Zirakpur	Sampling Date	: 26-03-2022 10:29:00
Doctor	: SELF	Print Date	: 26/03/2022 14:46:00

Investigation	Observations	Biological Reference Interval	Units
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BLOOD GROUP ABO

BLOOD GROUP ABO *

B

BLOOD GROUP "RH" *

POSITIVE

LIPID PROFILE

TOTAL CHOLESTEROL	194.0	Desirable Cholesterol Level <200 Borderline High Cholesterol 200-240 High Cholesterol >=240	mg/dL
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Method : Enzymatic

TRIGLYCERIDES	97.5	Borderline high: 150-199 High : >200	mg /dl
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Method : GPO/PAP

H D L CHOLESTEROL	61.9	35.3 - 79.5	mg/dL
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Method : End Point, Phosphotungstic Acid

L D L CHOLESTEROL	112.6	100 - 190	mg/dL
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Method : Calculated

V L D L	19.5	7.00 - 35.0	mg/dL
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Method : Calculated

TOTAL CHOLESTEROL/HDL RATIO	3.1	Moderate Risk : 3.5- 5.0 High risk : >5.0
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Method : Calculated

LDL/HDL CHOLESTEROL	1.8	HIGH RISK: > 5
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Method : Calculated

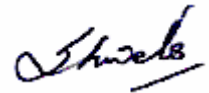
LIVER FUNCTION TEST [LFT]

TOTAL BILIRUBIN	1.22	0.2 - 1.2	mg/dl
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DPD

CONJUGATED (D. Bilirubin)	0.38	0.1 - 0.4	mg/dl
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DPD

TECHNOLOGIST

Dr. Shweta

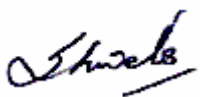
MBBS,MD(PATHOLOGY)

(EX.PGIMER,CHD)

End of Report

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UHID No.	: 14408	Age	: 35 Yr Female
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Doctor	: SELF	Print Date	: 26/03/2022 14:46:00

Investigation	Observations	Biological Reference Interval	Units
UNCONJUGATED (I.D.Bilirubin) <i>Method : Calculated</i>	0.8	0.2 - 1.0	mg/dl
AST / SGOT <i>Method : IFCC with P5P</i>	24.4	00 - 35	IU/L
ALT/SGPT <i>Method : IFCC with P5P</i>	29.9	00 - 45	U/L
ALKALINE PHOSPHATASE <i>Method : IFCC with P5P</i>	125.0	53 - 128	U/L
TOTAL PROTEIN <i>Method : Biuret</i>	6.87	6.40 - 8.30	g/dl
SERUM ALBUMIN <i>Method : Bromocresol Green</i>	4.43	3.50 - 5.20	g/dl
GLOBULIN <i>Method : Calculated</i>	2.4	1.5 - 3.0	gm/dl
A/G RATIO <i>Method : calculated</i>	1.8	1.2 - 2.0	
GGT	16.3	00 - 38.0	U/L
<u>RFT PANEL 2</u>			
BLOOD UREA <i>Method : Talke and schubert, tiffany et al.</i>	22.0	11 - 55	mg /dl
SERUM CREATININE <i>Method : Enzymatic</i>	0.70	0.70 - 1.30	mg /dl
SERUM URIC ACID <i>Method : Trinder Enzymatic</i>	5.4	3.5 - 7.2	mg/dl
BLOOD UREA NITROGEN (BUN) <i>Method : Spectrophotometry</i>	10.3	5.0 - 20.0	mg/dl
UREA/CREATININE RATIO <i>Method : Calculated</i>	31.4	20.0 - 35.0	mg /dl
SERUM CALCIUM <i>Method : NM-BAPTA + EDTA</i>	9.4	8.6 - 10.2 CHILD :-0-10 DAYS 7.6 - 10.4 mg/dl	mg/dl

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 (EX.PGIMER,CHD)

End of Report

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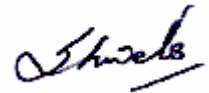
Investigation	Observations	Biological Reference Interval	Units
PHOSPHORUS <i>Method : Molydate/UV</i>	3.02	2.5 - 4.5	mg /dl
SODIUM <i>Method : Ion selective electrode</i>	139.4	136.0 - 155.0	mmol/L
POTASSIUM <i>Method : Ion selective electrode</i>	3.98	3.5 - 5.5	mmol/L
CHLORIDE <i>Method : Ion selective electrode</i>	101.2	96 - 107	mmol/L
<u>BLOOD GLUCOSE - FASTING</u>			
BLOOD GLUCOSE - FASTING <i>Method: GOD POD</i>	93.6	70 - 110	mg/dL
<u>BLOOD GLUCOSE - PP</u>			
BLOOD GLUCOSE - PP <i>Method: GOD POD</i>	123.9	110 - 140	mg/dl
<u>GLYCOSYLATED HB (HbA1c)</u>			
GLYCOSYLATED Hb *	4.9	4.00 - 6.50	%
MEAN BLOOD SUGAR *	93.93		

EXPECTED VALUES :

Normal A1c = 6.5 %
 Diabetic good control = 6.9%
 Diabetic fair control = 7.0 - 7.9 %
 Diabetic poor control = > = 8.0 %

Comments:-

Haemoglobin A1c (HbA1c) correlates with a time weighted average of plasma glucose values over the previous 3 to 10 weeks. The measurement of HbA1c is therefore a reflection of glucose control over a far longer period than a blood glucose value and it remains unaffected by the short term fluctuation in blood sugar levels.

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 MBBS,MD(PATHOLOGY)
 (EX.PGIMER,CHD)

End of Report