



ALANA PHYSIOTHERAPY & DIAGNOSTIC CENTRE

Beside Sandeep Pawar Hospital, Dwarakanagar, Adilabad - 504001

Name : Mr. NAGARAJU CHILLA
Alana : 1858 Registered Date : 26-Nov-2022 08:45:00 AM
Age/Gender : 36 Y / Male Reported Date : 27-Nov-2022 04:30:00 PM
Bill No : 1930 Report Printed on : 29-Nov-2022 11:13:37 AM
Outside Lab : Mediwheel
Referred By : MEDI-WHEEL FULL BODY HEALTH CHECKUP



TEST DESCRIPTION	RESULT	REFERENCE RANGE
HEMATOLOGY		
COMPLETE BLOOD COUNT (CBC) (EDTA Blood)		
Hemoglobin	14.2 g/dl	11 - 16
R.B.C. Count	4.9 mil/cu.mm	3.5 - 5.5
P.C.V	42.0 %	37 - 50
Total Leucocyte Count /cu.mm	5,700 cell's/cu.mm	4000 - 11000
M.C.V	85.71 fl	80 - 99
M.C.H	28.98 pg	26 - 32
M.C.H.C	33.81 g/dl	32 - 36
DIFFERENTIAL COUNT		
Neutrophils	60.7 %	40 - 70
Lymphocytes	34.1 %	20 - 40
Eosinophils	1.7 %	1 - 6
Monocytes	3.5 %	2 - 10
Basophils	00 %	00 - 01
Platelet count	2.48 /lakhs	1.5 - 4.5
ESR (ERYTHROCYTE SEDIMENTATION RATE) (Blood)		
ESR	14 Mm/hr	00 - 20
Method	Wintrobe	
BLOOD GROUP (EDTA Blood)		
ABO Grouping	"A"	
Rh Grouping	"Positive"	

**** END OF REPORT ****

Note: THIS REPORT IS NOT FOR MEDICOLEGAL PURPOSE

ALANA
REHABILITATION AND
DIAGNOSTIC CENTRE
lab incharge
DWARAKA NAGAR, ADILABAD.



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TEST DESCRIPTION	RESULT	REFERENCE RANGE
BIOCHEMISTRY		
LIPID PROFILE (Serum)		
S.Cholesterol	138 mg/dl	Desirable: Less than 200 Borderline high : 200 - 239, Undesirable: Greater than 240
S.Triglycerides	116 mg/dl	Desirable: Less than 150 Borderline high : 150 - 199, High: 200 - 499, Very High: Greater than 500
S. HDL	49 mg/dl	Undesirable: Less than 40 Borderline: 40 - 59, Desirable: Greater than 60
S. LDL	65.80 mg/dl	Desirable: Less than 130 Borderline: 130-159, Undesirable: Greater than 160
S. VLDL	23.20 mg/dl	5-51
LDLC/HDLC Ratio	1.34	0 - 3.6
S.Cholesterol/HDLC Ratio	2.82	0-5.0

**** END OF REPORT ****

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Visiting Cardiologist and Oncologist Doctors Available



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TEST DESCRIPTION	RESULT	REFERENCE RANGE
BIOCHEMISTRY		
BLOOD GLUCOSE FASTING (FBS) (Plasma)		
Result	84 mg/dl	60-110
Method	GOD POD	
Urine Sugar	NILL	
BLOOD GLUCOSE - POST LUNCH (PLBS) (Plasma)		
GLUCOSE BLOOD GLUCOSE -POST PRANDIAL (POST LUNCH)	111 mg/dl	80-140 mg/dl
Method	GOD POD-Endpoint	
URINE SUGAR	NILL	

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TEST DESCRIPTION	RESULT	REFERENCE RANGE
BIOCHEMISTRY		
LIVER FUNCTION TEST (LFT) (Serum)		
Total Bilirubin	0.6 mg/dl	0 - 1.0
Direct Bilirubin	0.2 mg/dl	Upto 0.3
Indirect Bilirubin	0.40 mg/dl	0.2-1.0
Alkaline Phosphatase	154 IU/L	UPTO 280
SGPT (Alanine Amino Transferase - ALT)	24 U/L	UPTO 40
SGOT (Aspartate Amino Transferase - AST)	16 U/L	UPTO 40
Total Proteins	7.0 g/dl	6.4 - 8.3
Albumin	3.8 g/dl	3.4 - 5.4
Globulin	3.20 g/dl	2.5 - 3.8
Alb/Glo Ratio	1.19	
Gamma Glutamyl Transferase (GGT)	27 U/L	0 - 55

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TEST DESCRIPTION	RESULT	REFERENCE RANGE
BIOCHEMISTRY		
BLOOD UREA NITROGEN (BUN) (Serum)		
Result	17.5 mg/dl	6 - 21
Method	Spectrophotometry	
CREATININE (Serum)		
Method	Spectrophotometry	
Result	1.3 mg/dl	0.6 - 1.5
Uric Acid (Serum)		
Result	4.3 mg/dl	2.5 - 6.8
Method	Spectrophotometry	

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TEST DESCRIPTION	RESULT	REFERENCE RANGE
ROUTINE (PATHOLOGY)		
THYROID FUNCTION TEST (TFT) (Serum)		
Triiodothyronine (T3)	99.52 ng/ml	80 - 253 : 1 Yr - 10 Yr 76 - 199 : 11 Yr - 15 Yr 69 - 201 : 16 Yr - 18 Yr 87 - 178 : > 18 years
Thyroxine (T4)	8.01 µg/dl	5.9 - 21.5 : 0 - 31 Days 5.9 - 21.5 : 0 - 1 Month 6.4 - 13.9 : 2 - 12 Months 6.09 - 12.23 : > 1 Yr
TSH (Thyroid Stimulating Hormone)	11.55 µIU/ml	0.52 - 16.0 : 1 Day - 30 Days 0.55 - 7.10 : 1 Mon - 5 Years 0.37 - 6.00 : 6 Yrs - 18 Years 0.38 - 5.33 : 18 Yrs - 88 Years 0.50 - 8.90 : > 88 Years
Method	CLEA, Beckman Coulters Access 2, Immunoassay System	

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TEST DESCRIPTION	RESULT	REFERENCE RANGE
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BIOCHEMISTRY**GLYCOSYLATED HAEMOGLOBIN (GHB / HBA1c) (EDTA Blood)**

HbA1C	4.96 %	3.0 - 6.0 : Non Diabetic, 6.0 - 9.0 : Good Control, More Than 9.0 : Poor Control
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Mean Blood Glucose	95.60 mg/dl	
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Method	Nycocard	
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Note

Glycosylated hemoglobin(hemoglobin A1c,HbA1c,A1C,or Hb1c, sometimes also HbA1c) is a form of hemoglobin used primary to identify the average plasma glucose concentration over prolonged periods of time. It is formed in a non-enzymatic pathway by hemoglobin's normal exposure to high plasma levels of glucose. Glycation of hemoglobin has been associated with cardiovascular disease, nephropathy and retinopathy in diabetes mellitus. Monitoring the Hb1C in type-1 diabetic patients may improve treatment. HbA1c is a weighted average of blood glucose levels during the preceding 120 days, which is the average life span of red blood cells. A large change in mean blood glucose can increase HbA1c levels within 1-2 weeks. Sudden changes in HbA1c may occur because recent changes in blood glucose levels contribute relatively more to the final HbA1c levels than earlier' events. For instance, mean blood glucose levels in the 30 days immediately preceding blood sampling contribute 50% to the HbA1c level, whereas glucose levels in the preceding 90-120 day period contribute only 10%. Thus, it does not make 120 days to detect a clinically meaningful change in HbA1c following a significant change in mean plasma glucose level.

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TEST DESCRIPTION	RESULT	REFERENCE RANGE
CLINICAL PATHOLOGY		
URINE ROUTINE EXAMINATION REPORT (CUE) (Urine)		
PHYSICAL EXAMINATION		
Colour	Pale Yellow	
Volume	10	ml
Appearance	Slightly Turbid	
Specific Gravity	1.015	1.010 - 1.030
Reaction (PH)	6.0	4.8 - 7.6
CHEMICAL EXAMINATION		
Protein	Trace	Absent
Glucose	NIL	Absent
Ketones	Absent	Absent
MICROSCOPIC EXAMINATION		
Pus Cells	6-8 /hpf	
Epithelial Cells	2-3	/hpf
RBC	Absent/hpf	
Others	-	

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Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
ExStart					1.0	73	120/80	87	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	115	120/80	138	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	132	130/90	171	-	
PeakEx	1:44	7:45	3.4	14.0	8.9	149	130/90	193	-	
Recovery	1:00		0.0	0.0	1.2	129	130/90	167	-	
Recovery	2:00		0.0	0.0	1.0	106	130/90	137	-	

Medication :

History :

Test End Reason : Test Complete

Findings :

The patient exercised according to BRUCE for 7:44, achieving a work level of Max METs:8.9. Resting heart rate initially 73 bpm, rose to a max. heart rate of 149 bpm which represents 81% of maximum age predicted heart rate. Resting blood pressure 120/80 mmhg, rose to a maximum blood Pressure of 130/90 mmhg. The exercise stress test was stopped due to Test Complete

Parameters :

Exercise Time : 7:44 minutes

Max HR attained : 149 bpm 81% of Max Predictable HR 184

Max BP : 130/90(mmHg)

WorkLoad attained : 8.9 (SGood_Tolerance)

No significant ST segment changes noted during exercise or recovery.

No Angina/Arrhythmia/S3/murmur

Final Impression : Test is completed Good response

Maxmum Depression: 7:10



Advice/Comments:

ALANA CARDIAC CARE
BESIDE SANDEEP PAWAR HOSPITAL, ADILABAD
285/Nagaraju Chilla
36 Yrs/Male
74 Kg/171 Cms
Date: 26-Nov-2022 10:46:02 AM

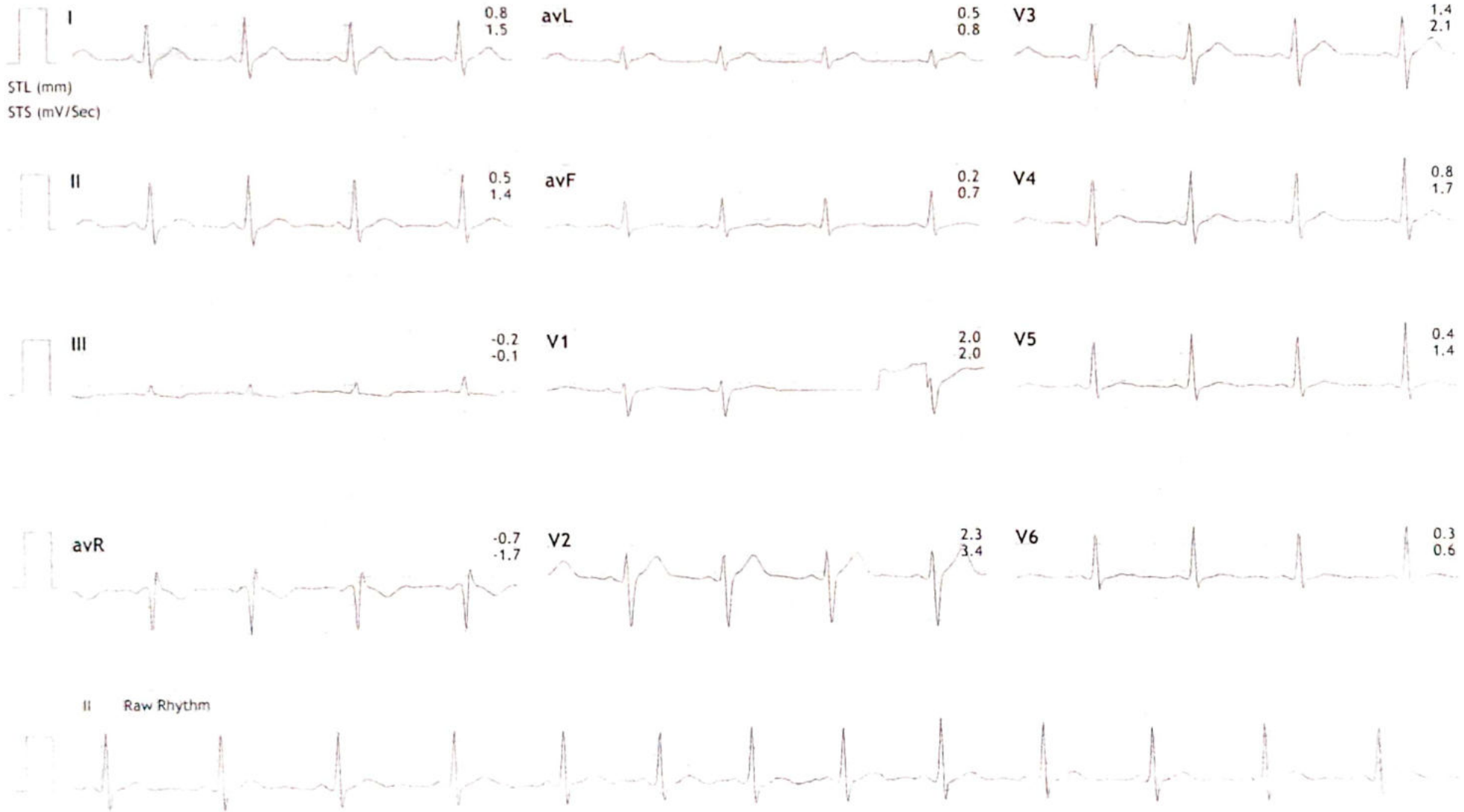
Linked Medians Report

HR: 73 bpm
MPHR: 39% of 184
Speed: 0.0 mph
Grade: 0.0%
Stage Report Time: 26-Nov-2022 10:47:02 AM

BRUCE
(0.05-100)Hz

Ex Time 00:00
BLC :On
Notch :On

ExStart
10.0 mm/mV
25 mm/Sec.



ALANA CARDIAC CARE
BESIDE SANDEEP PAWAR HOSPITAL, ADILABAD

285-Nagaraja Chilla
36 Yrs Male
74 Kg/171 Cm
Date: 26-Nov-2022 10:46:02 AM

HR: 115 bpm
RRETS: 4.7
SP: 120/80
Stage Report Time: 26-Nov-2022 10:50:03 AM

Linked Medians Report

BRUCE
0.25-100%
Ex Time 03:00
BLK :On
Ranch :On

Stage 1 (03:00)
10.0 mm/Sec
25 mm/Sec



II Raw Rhythm



ALANA CARDIAC CARE
BESIDE SANDEEP PAWAR HOSPITAL, ADILABAD

285/Nagaraju Chilla
36 Yrs/Male
74 Kg/171 Cms
Date: 26-Nov-2022 10:46:02 AM

HR: 132 bpm
METS: 7.1
BP: 130/90
Stage Report Time: 26-Nov-2022 10:53:02 AM

Linked Medians Report

BRUCE
(0.05-100)Hz

Ex Time 06:00
BLC :On
Notch :On

Stage 2 (03:00)
10.0 mm/mV
25 mm/Sec.



ALANA CARDIAC CARE
BESIDE SANDEEP PAWAR HOSPITAL, ADILABAD

285/Nagaraju Chilla
36 Yrs/Male
74 Kg/171 Cms
Date: 26-Nov-2022 10:46:02 AM

Linked Medians Report

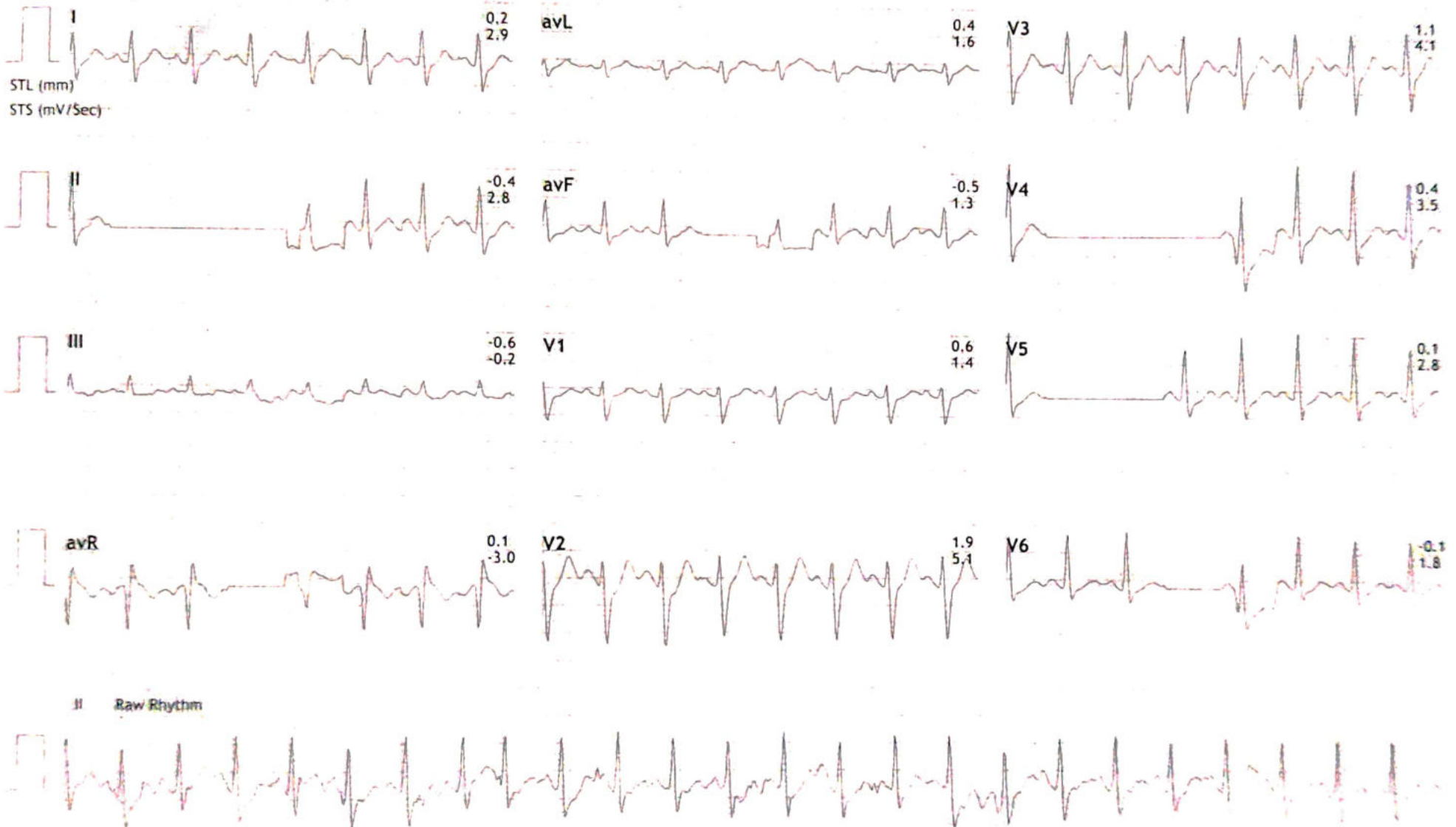
HR: 149 bpm
METS: 8.9
BP: 130/90
Stage Report Time: 26-Nov-2022 10:54:47 AM

MPHR: 80% of 184
Speed: 3.4 mph
Grade: 14.0%

BRUCE
(0.05-100)Hz

Ex Time 07:43
BLC :On
Notch :On

PeakEx
10.0 mm/mV
25 mm/Sec.



ALANA CARDIAC CARE
BESIDE SANDEEP PAWAR HOSPITAL, ADILABAD

285/Nagaraju Chilla
36 Yrs/Male
74 Kg/171 Cms
Date: 26-Nov-2022 10:46:02 AM

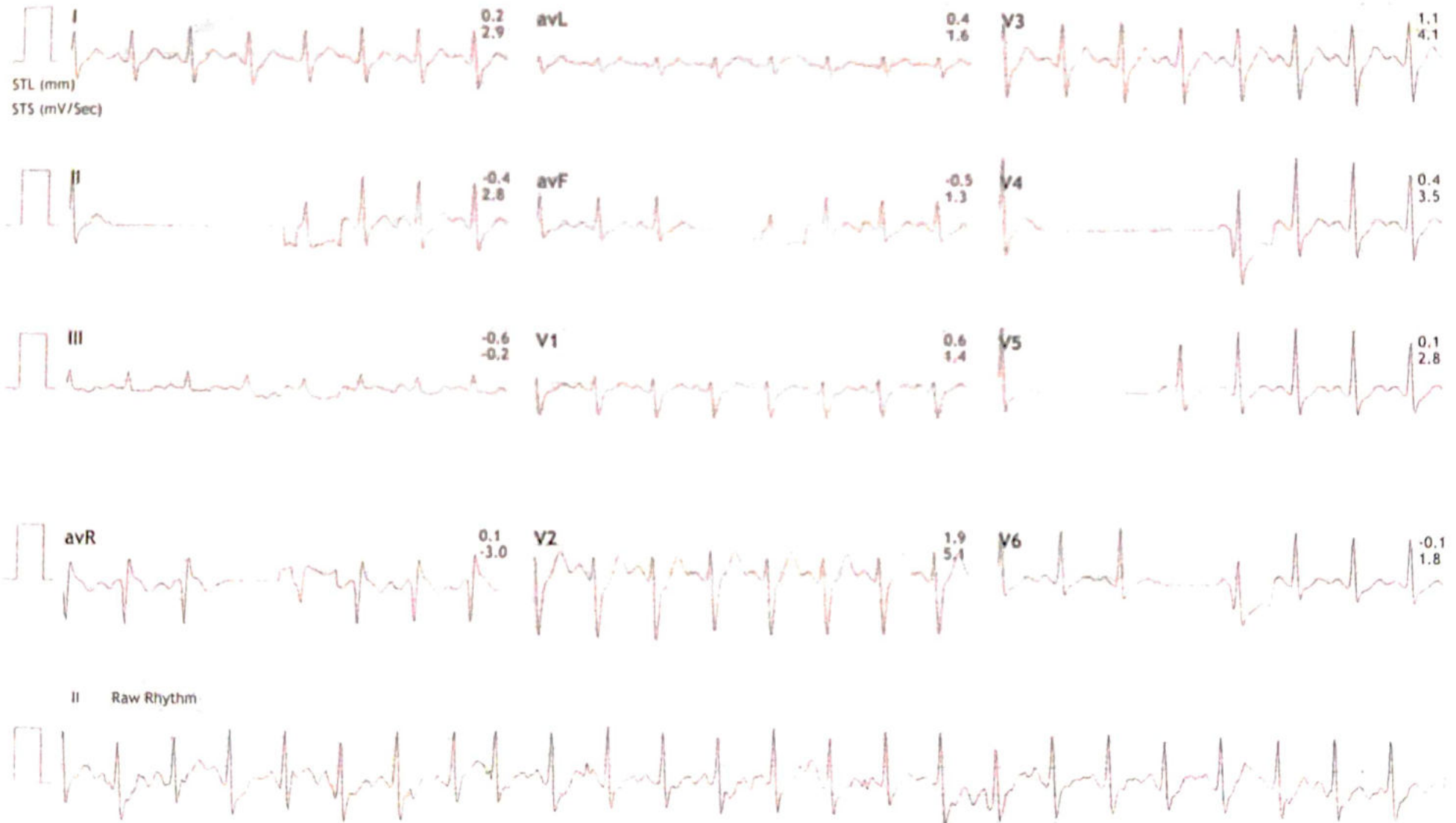
HR: 149 bpm
METS: 8.9
BP: 130/90
Stage Report Time: 26-Nov-2022 10:54:47 AM

Linked Medians Report

BRUCE
(0.05-100)Hz

Ex Time 07:43
BLC :On
Notch :On

PeakEx
10.0 mm/mV
25 mm/Sec.



ALANA CARDIAC CARE
BESIDE SANDEEP PAWAR HOSPITAL, ADILABAD
285/Nagaraju Chilla
36 Yrs/Male
74 Kg/171 Cms
Date: 26-Nov-2022 10:46:02 AM

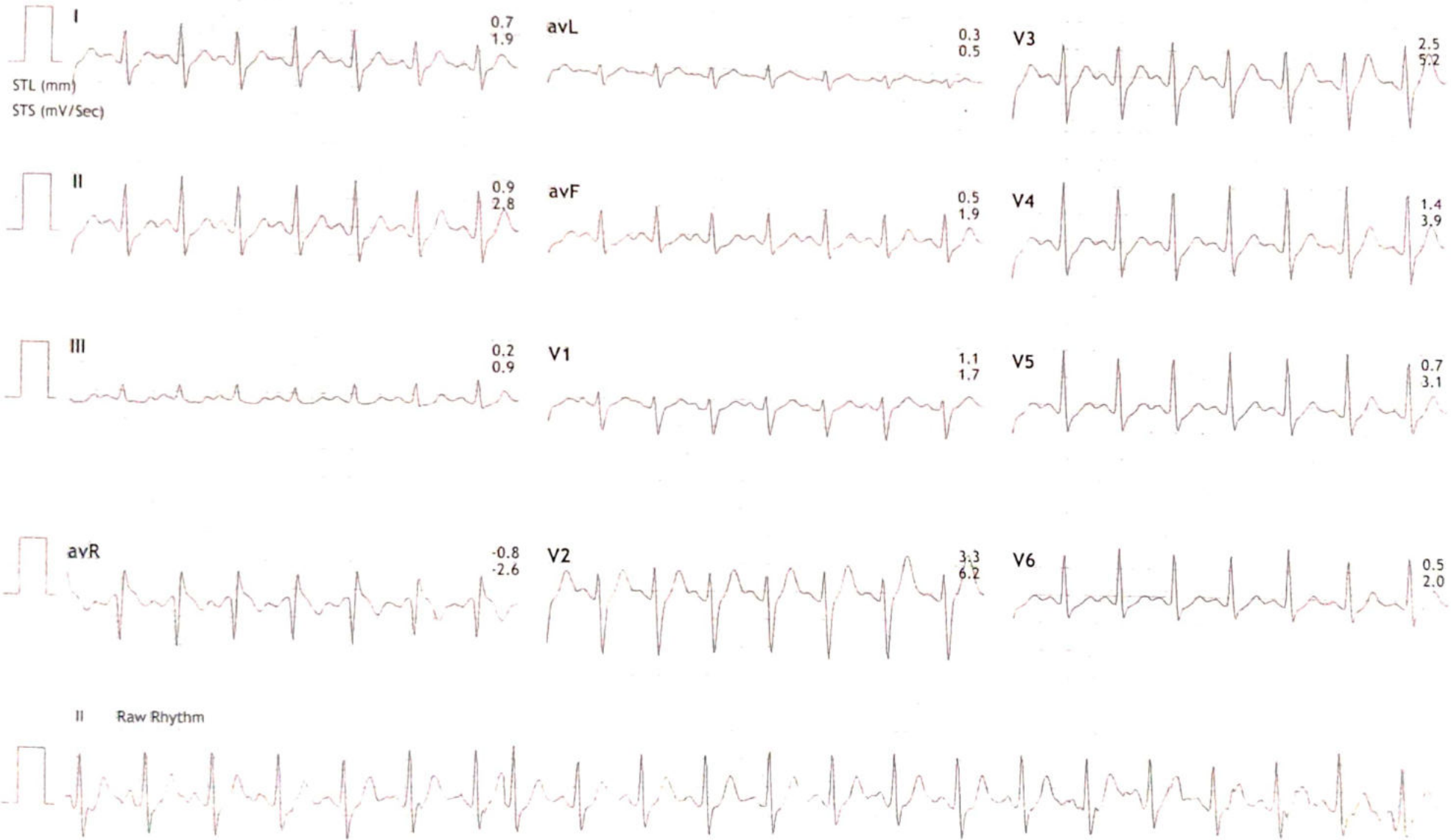
HR: 129 bpm
METS: 1.1
BP: 130/90
Stage Report Time: 26-Nov-2022 10:55:46 AM

Linked Medians Report

BRUCE
(0.05-100)Hz

Ex Time 07:43
BLC :On
Notch :On

Recovery : (00:59)
10.0 mm/mV
25 mm/Sec.



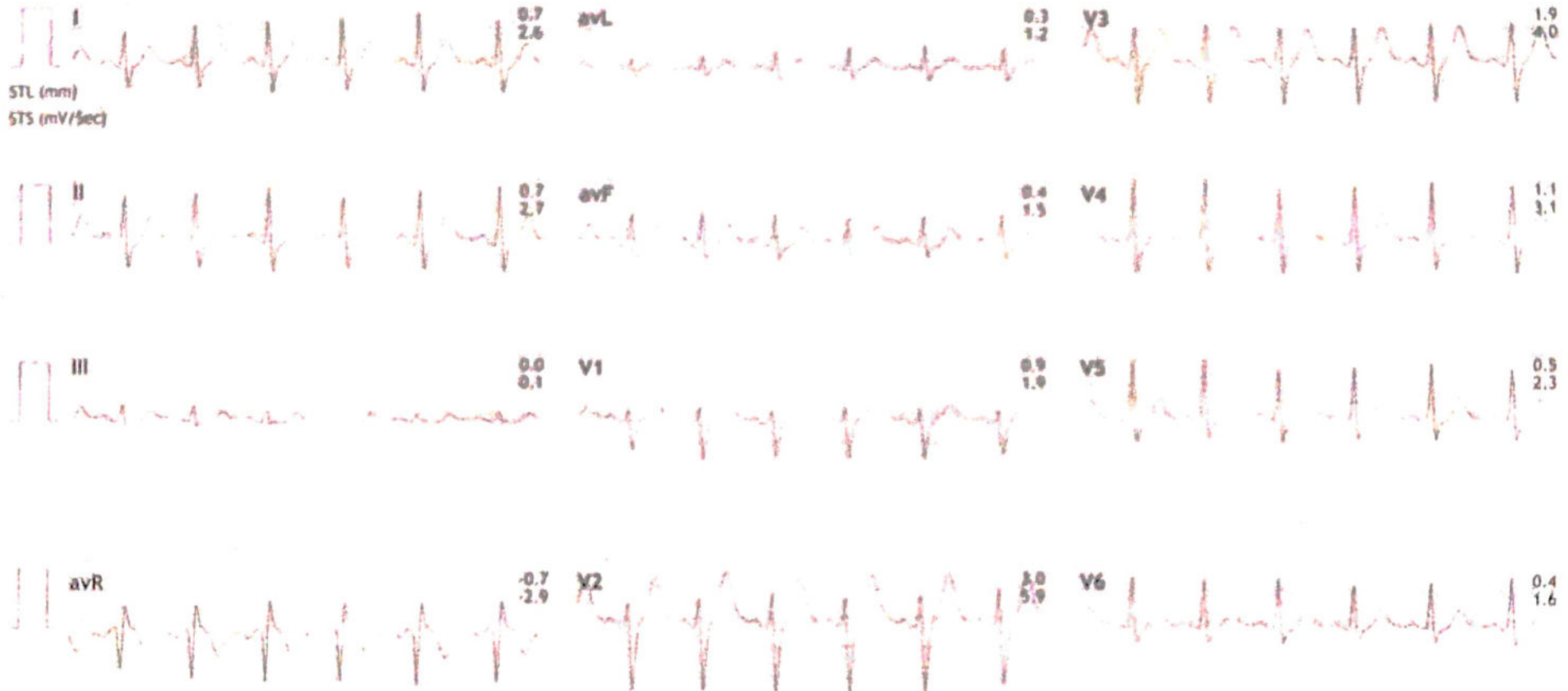
ALANA CARDIAC CARE
 BESIDE SANDEEP PAWAR HOSPITAL, ADILABAD
 285/Hagaraju Chilla
 36 Yrs/Male
 74 Kg/171 Cms
 Date: 26-Nov-2022 10:46:02 AM

HR: 106 bpm
 METS: 1.0
 BP: 130/90
 Stage Report Time: 26-Nov-2022 10:56:06 AM

Linked Medians Report

BRUCE
 (0.05-100)Hz
 Ex Time 07:43
 BLC :On
 Patch :On

Recovery : (01:59)
 10.0 mm/mV
 25 mm/Sec.



II Raw Rhythm





TRINETRAA DIAGNOSTICS

& Specialized laboratory

Ultra sound • Digital X-ray • All blood investigation

Patient Name : Mr.NAGARAJU
Age / Sex : 36 Years/ MALE
Referred By : Dr.ALANA DIAGNOSTICS

Patient Id : 42265
Reg Date : 26/11/2022
Report Date : 26/11/2022 11:41:06

ULTRA SOUND ABDOMEN & PELVIS

LIVER : Is normal in size 139mms and *shows increased parenchymal echotexture*.
No evidence of intrahepatic biliary radicles dilatation/ focal space occupying lesions.
Portal vein normal in size and flow. Common bile duct shows normal caliber. No evidence of calculi.

GALL BLADDER : Is distended and shows smooth walls. Wall thickness is normal
No evidence of sludge / calculus. No evidence of pericholecystic collection.

SPLEEN : Is normal in size 111mms and shows normal echo pattern.

PANCREAS : Shows normal echo anatomy and normal in size and shows its relationship with splenic vein is normal. Pancreatic duct is normal. No evidence of calcifications noted.

KIDNEYS : Both the kidneys are normal in size, shape and location and shows normal cortical echotexture, cortico-medullary differentiation.

Right kidney measures 103x48 - mms. *10x10mmm simple cortical cyst noted in right kidney lower pole.*

Left kidney measures 96x49 - mms.
No evidence of hydronephrosis, no calculus.

URINARY BLADDER : is distended with smooth walls. No evidence of diverticulum or calculus.
PROSTATE : Normal in size.
AORTA & IVC : Normal.

Bowel loops appears normal, no wall thickness.
No evidence of ascites, pleural effusion.
No evidence of lymphadenopathy.

IMPRESSION : GRADE - I FATTY LIVER.

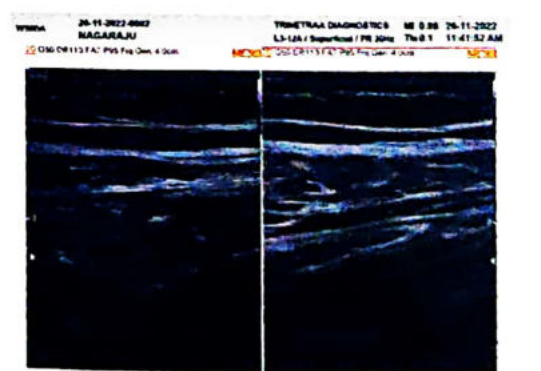
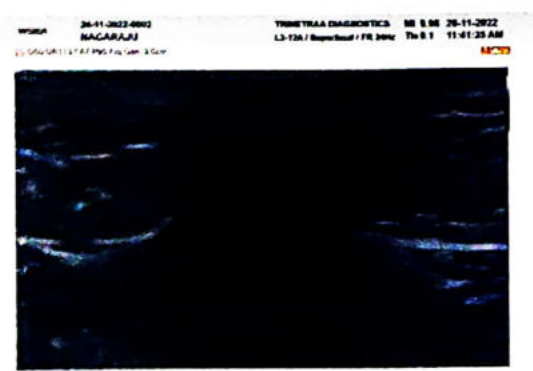
RIGHT RENAL SIMPLE CORTICAL CYST.

REST ALL ABDOMINAL ORGANS ARE WITH IN NORMAL LIMITS.

ADVICE : CLINICAL CORRELATION



Phone no : 08732 - 220777, Cell : 9133716515, Email - trinetraadiagnostics@gmail.com
Address - D.No. 4-3-57/13/7 (Opposite bus stand lane), Bhuktapur, Adilabad - 504 001 (T.S)





TRINETRAA DIAGNOSTICS

& Specialized laboratory

Ultra sound • Digital X-ray • All blood investigation

Patient Name : Mr.NAGARAJU
Age / Sex : 36 Years/ MALE
Referred By : Dr.ALANA DIAGNOSTICS

Patient Id : 42265
Reg Date : 26/11/2022
Report Date : 26/11/2022 11:41:03

CHEST X-RAY PA VIEW

- The lungs on the either side show equal translucency.
- The peripheral pulmonary vasculature is normal.
- No focal lung lesion is seen.
- The pleural spaces are normal.
- Both hila are normal in size, have equal density and bear normal relationship.
- The heart and trachea are central in position and no mediastinal abnormality is visible.
- The cardiac size is normal.
- The domes of the diaphragms are normal in position, and show smooth outline.
- B/L ribs ,clavicles, visualised part shoulder joints normal.

IMPRESSION : NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.

ADVICE : CLINICAL CORRELATION



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Address - D.No. 4-3-57/13/7 (Opposite bus stand lane), Bhuktapur, Adilabad - 504 001 (T.S)

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