

**HEALTH CHECK UP**

Name : MS KAJAL

Date : 12/12/22

Age : 26yrs

Sex :  Male /  Female

Marital status :  Married /  Single

**PERSONAL HISTORY**

Habits : Smoking / Tobacco & Snuff / Alcohol NO

Drug allergy if any : .....

Medical : C/O sore throat on 2/11

Surgical : .....

Height 160.5 cm Weight 61 Kg. BP 88/60 Pulse 84/min

Vision : Rt. 6/60 Lt. 6/24 With Spectacles ..... Rt.  Lt.

Colour Vision : Normal / Abnormal Near Vision MB-BC

**FAMILY HISTORY**

Father No history Mother No history Siblings No history

CVS : Heart Sound ..... Normal Murmurs ..... Absent Thrills ..... Absent

RS : Rate ..... /mt Breath sounds ..... Normal Adventitious ..... Absent

ABDOMEN : Tenderness ..... Absent Rigidity ..... Absent Bowel sound ..... Normal

Liver ..... NAD Kidney ..... NAD Hernia ..... Absent

CNS : Cranial Nerves ..... NAD Sensory System ..... NAD Motor System ..... NAD

ENT ..... NAD

Remarks

*Note :- Pap smear Pending due to periods.*

*Meenakshi*

**Dr. Bharti Jeswani**  
MBBS

**Dr. Seema Kale**  
MBBS, MD

**Dr. S. K. Suri**  
MBBS

**Dr. Meenakshi**  
MBBS  
THE APOLLO CLINIC  
Rajouri Garden  
Dr. Meenakshi Gupta Leekha  
(M.B.B.S.)  
Reg. No. - 30339

**HOME SAMPLE COLLECTION FACILITY AVAILABLE**

Name : MS. KAJAL CHITRANSH  
Ref

Age/sex: 26 YRS/ F  
Date 12/12/2022

**TMT (Tread Mill / Stress Test)**

**Result :**

The pre exercise ECG was normal with no significant ST-T segment changes. During peak exercise & recovery there were non significant ST-T change seen. Person could exercise for 06 min. 46 sec on the Bruce protocol & achieved a workload of 12.23 mets.

He/She attained a peak heart rate of 176 beats/minute which is 90 % of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [130/70] and there was no S3 S4 gallop in the recovery period.

**IMPRESSION: -** NORMAL EXERCISE TOLERANCE.  
NORMAL HEMODYNAMIC RESPONSE.  
TMT IS NEGATIVE FOR PROVOCABLE  
ISCHAEMIA

  
Dr. SEEMA KALE MD  
SEN. PHYSICIAN



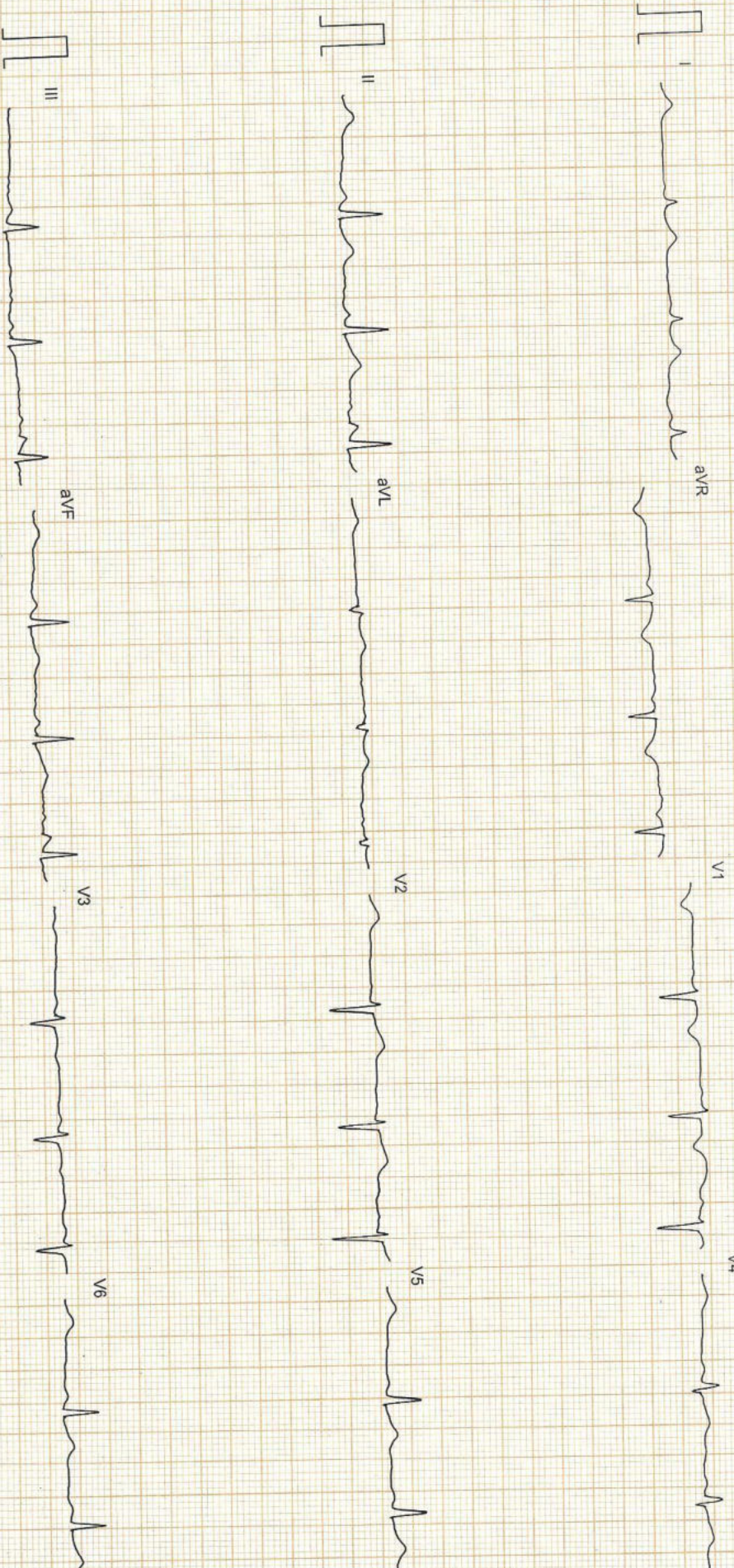
Ms. KAJAL CHITRANSH  
I.D. : 98  
AGE/SEX : 26/F  
RECORDED : 12-12-2022

RATE : 91 BPM  
B.P. : 100/60 mmHg

APOLLO CLINIC  
SUPINE  
PRETEST

ST @ 10mm/mV  
80ms PostJ

RAW E.C.G.





Patient Name : Mrs. Kajal Chitransh  
 UHID/MR No. : FRAJ.0000222107  
 Visit Date : 12-12-2022 10:14  
 Sample Collected on : 12-12-2022 10:16  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : jkfg[5658  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 26Y/Female  
 OP Visit No : FRAJOPV97570  
 Reported on : 12-12-2022 12:55  
 Specimen : EDTA Blood  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

| TEST NAME                      | RESULT   | BIOLOGICAL REFERENCE INTERVALS | UNITS                  |
|--------------------------------|----------|--------------------------------|------------------------|
| <b>BLOOD GROUP AND RH TYPE</b> |          |                                |                        |
| ABO Group                      | B        |                                |                        |
| RH                             | Positive |                                |                        |
| <b>HAEMOGRAM</b>               |          |                                |                        |
| Hb(Haemoglobin)                | 10.4*    | 12 - 15                        | gm/dl                  |
| Method: Non Cyanide            |          |                                |                        |
| PCV / Haematocrit              | 32.9*    | 36 - 46                        | %                      |
| Method: Pulse Height Detection |          |                                |                        |
| ESR.                           | 18       | 0 - 20                         | mms at the end of 1 hr |
| Method: Westergren's Method.   |          |                                |                        |
| Total Leukocyte Count          | 5400     | 4000 - 10000                   | /Cumm                  |
| Method: DC Detection Method    |          |                                |                        |
| Platelet Count                 | 1.58     | 1.5 - 4.1                      | lakhs/cumm             |
| Method: DC Detection Method    |          |                                |                        |
| RBC Count                      | 3.5*     | 3.8 - 4.8                      | Million/Cumm           |
| Method: DC Detection Method    |          |                                |                        |
| MCV                            | 92.2     | 77 - 98                        | fl                     |
| Method: Calculated.            |          |                                |                        |
| MCH.                           | 29.1     | 27 - 32                        | pg                     |
| Method: Calculated             |          |                                |                        |
| MCHC.                          | 31.6     | 31.5 - 34.5                    | gm/dl                  |
| Method: Calculated.            |          |                                |                        |
| Neutrophil                     | 67       | 40 - 70                        | %                      |
| Method: Slide Test             |          |                                |                        |
| Lymphocyte                     | 27       | 20 - 40                        | %                      |
| Method: Slide Test             |          |                                |                        |
| Eosinophil                     | 04       | 1 - 6                          | %                      |
| Method: Slide Test             |          |                                |                        |
| Monocyte                       | 02       | 2 - 10                         | %                      |
| Method: Slide Test             |          |                                |                        |

Note: PERIPHERAL SMEAR - RBC's show mild anisopoikilocytosis RBC's are predominantly normocytic normochromic. Few target cells seen .Leucocyte counts are within normal limits. Platelets are normal in number & morphology.No immature cells or haemoparasite detected.  
 IMPRESSION: NORMOCYTIC ANEMIA.

End of the report


Results are to be correlated clinically

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.  
 • ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.  
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 Website : www.apolloclinicrajourigarden.com

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Pres Doctor: :

Lab Technician / Technologist  
Yogita

  
Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist

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 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 26Y/Female  
 OP Visit No : FRAJOPV97570  
 Reported on : 12-12-2022 14:45  
 Specimen : Plasma(Fluoride)  
 Pres Doctor :


DEPARTMENT OF LABORATORY MEDICINE

| TEST NAME  | RESULT | BIOLOGICAL REFERENCE INTERVALS                               | UNITS  |
|--|--------|--|--------|
| GLUCOSE - ( FASTING )  | 95     | 70 - 110   | mg/dL  |
| GLUCOSE - ( FASTING )<br>Method: (GOD-POD).                                |        |  |        |
| GLYCOSYLATED HEMOGLOBIN (HBA1C)  | 5.1    | 4.2 - 6.0  | %      |
| GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD<br>Method: BORONATE AFFINITY |        |  |        |
| GLUCOSE - ( POST PRANDIAL )  | 113    | 70-140   | mg/dl  |
| GLUCOSE - ( POST PRANDIAL )<br>Method: (GOD-POD)                           |        |  |        |
| Thyroid Profile 2(Free T4, Free T3 And TSH)                                |        |  |        |
| Serum FT3  | 4.7    | 3.2 - 5.9  | pmol/l |
| Serum FT4  | 13.3   | 10.6 - 21.0  | pmol/l |
| Serum TSH  | 0.22*  | 0.38 - 5.0   | uIU/ml |
| LIPID PROFILE TEST (PACKAGE)   |        |  |        |
| CHOLESTEROL<br>Method: CHOD - PAP  | 130    | Desirable < 200<br>Borderline High : 200-239<br>High : > 240 | mg/dl  |
| Triglyceride<br>Method: GPO-PAP  | 83     | 50-200   | mg/dl  |
| HDL<br>Method: DIRECT  | 41.4   | 30 - 70  | mg/dl  |
| LDL<br>Method: DIRECT  | 72.0   | 60 - 100   | mg/dl  |
| VLDL<br>Method: Calculated   | 16.6   | <40  | mg/dl  |
| CHOLESTEROL / HDL RATIO<br>Method: Calculated.                             | 3.1    | 0 - 4.5  |        |

End of the report

Results are to be correlated clinically

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 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 26Y/Female  
 OP Visit No : FRAJOPV97570  
 Reported on : 12-12-2022 14:46  
 Specimen : Serum  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

| TEST NAME                                    | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS |
|--|--------|--------------------------------|-------|
| <b>LIVER FUNCTION TEST (PACKAGE)</b>         |        |                                |       |
| BILIRUBIN - TOTAL.<br>Method: Jendrassik     | 0.76   | 0.1 - 1.3                      | mg/dl |
| Bilirubin (Direct)-Serum<br>Method: Diazo.   | 0.18   | 0 - 0.3                        | mg/dl |
| A/G<br>Method: Calculated                    | 1.4    | 1.0 - 2.0                      |       |
| BILIRUBIN - INDIRECT.<br>Method: Calculated. | 0.58   | <1.1                           |       |
| SGOT /AST<br>Method: IFCC (With P5P)         | 92.0*  | 0 - 35                         | U/L   |
| SGPT/ALT<br>Method: IFCC (With P5P)          | 129.1* | 0 - 45                         | U/L   |
| ALKALINE PHOSPHATE<br>Method: AMP BUFFER     | 307.1* | 30 - 117                       | U/L   |
| GGT.<br>Method: SZAZ                         | 380.8* | 10 - 50                        | U/L   |
| TOTAL PROTEIN<br>Method: Biuret              | 6.8    | 5.8-8.0                        | g/dl  |
| ALBUMIN<br>Method: BCG                       | 4.0    | 3.7-5.2                        | g/dl  |
| GLOBULIN<br>Method: Calculated               | 2.8    | 2.5 - 3.5                      | mg/dL |

End of the report

Results are to be correlated clinically

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Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 26Y/Female  
OP Visit No : FRAJOPV97570  
Reported on : 12-12-2022 14:47  
Specimen : Serum  
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

| TEST NAME                          | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS  |
|------------------------------------|--------|--------------------------------|--------|
| <b>KFT - RENAL PROFILE-SERUM</b>   |        |                                |        |
| UREA<br>Method: Urease             | 35.3   | 10-50                          | mg/dl  |
| Creatinine<br>Method: Jaffe        | 0.76   | 0.5 - 1.3                      | mg/dl  |
| Uric Acid<br>Method: Uricase       | 4.2    | 2.6 - 6                        | mg/dl  |
| Sodium(Na)<br>Method: ISE          | 138.2  | 136 - 142                      | mmol/L |
| Potassium(K)<br>Method: ISE        | 3.9    | 3.8 - 5.0                      | mmol/L |
| Chloride(Cl)<br>Method: ISE        | 101.1  | 95 - 103                       | mmol/L |
| Calcium.<br>Method: OCPC           | 9.4    | 9.2 - 11.0                     | mg/dl  |
| Phosphorus<br>Method: Molybdate UV | 3.8    | 2.3 - 4.7                      | mg/dl  |

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Yogita

  
Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist



Patient Name : Ms. Kajal Chitransh  
Age/Sex : 26Y/F  
Pres Doctor :  
Ref.by :

MR No : FRAJ0000  
Visit No : FRAJOPV  
Bill Date : 12-12-2022  
Report Date : 12-12-2022

**X-RAY CHEST P A VIEW**

- Both lung fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

**IMPRESSION:- NORMAL STUDY.**

To be correlated clinically.

  
**Dr. Anisha Gupta**  
Consultant Radiologist.

Patient Name : Ms. Kajal

MR No : FRAJ0000

Age/Sex : 26Y/F

Visit No : FRAJOPV

Pres Doctor :

Bill Date : 12-12-2022

Ref.by :

Report Date : 12-12-2022

**ULTRASOUND WHOLE ABDOMEN**

**LIVER:** Liver is normal in shape, size and echotexture. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

**GALL BLADDER:** Gall bladder is well visualised. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder.

**PANCREAS:** Pancreas appears normal in size and echopattern.

**SPLEEN:** Spleen appears normal in size and echopattern.

**KIDNEYS:** Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis is noted. Visualised parts of retroperitoneum do not show any lymphadenopathy.

**URINARY BLADDER:** Urinary bladder is well distended and shows clear contents.

**UTERUS:** Uterus is anteverted and normal in size. Endometrium is central and appears normal in thickness. Myometrial echogenicity appears normal.

**OVARY:** B/L ovaries are normal in size, shape & echopattern. Both adnexal regions are normal.

No free fluid is seen in cul-de-sac.

**IMPRESSION: - NORMAL STUDY.**

To be correlate clinically.

  
**Dr. Anisha Gupta**  
Consultant Radiologist.

**Disclaimer:** Renal calculi less than 5mm could be missed on an Ultrasound. NCCT KUB is the modality of choice for the same.