CONSULTATION SUMMARY



Patient MRN

:10090000350538

Patient Name Gender/Age/Dob

:Mr Girish K J :Male , 29 Years , 10/08/93

Patient Phone No

:8639466527

Patient Address

: Kunchenahalli, Savalanga Road,

Shimoga, Karnataka, India

Consultation Date: 21/04/2023 12:04 PM

Consultant :Dr. Gopal D (GENERAL MEDICINE)

Consultation OP , NEW VISIT

Type

CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

HEALTH SCREENING

CERVICAL RADICULOPATHY

PAST MEDICAL HISTORY

No significant past medical history

DIAGNOSIS

Dyslipidemia (disorder), Primary, Final, 21/04/2023

VITALS

Blood Pressure: 140/70 mmHg

Heart Rate: 78 bpm

SPO2: 95 %, Room air

Height: 166 cm

Weight: 74 kg

BMI: 26.85 kg/m2

BSA: 1.85 m2

Fall Score: Low

Pain Score: 0

NOTES

ECG: NORMAL

ECHO: NORMAL (LVEF 60%)

FBS: 99 PPBS:98

HbA1c: 5.5 S. CREATININE: 0.9

TSH: 0.6 LDL: 146

USG ABDOMEN: Grade I fatty liver.

ALLERGY

No known allergies





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MEDICATION ORDER

DRUG NAME

- ACECLOFENAC+PARACETAMOL-TABLET-100MG+325MG-HIFENAC P
- 2) DICLOFENAC+LINSEED OIL+METHYL SALICYLATE-GEL-75GM-VOLINI

PATIENT INSTRUCTION

Patient Instruction: Twice Daily (1-0-0-1) Tablet After Food For 5 Days SOS , Qty: 10 , Start Date: Apr 21, 2023 , End Date: Apr 25, 2023

Patient Instruction: Twice Daily (1 - 0 - 0 - 1) For 10 Days FOR LOCAL APPLICATION, Start Date: Apr 21, 2023, End Date: Apr 30, 2023

ADVICE

LOW FAT / LOW SUGAR DIET DAILY WALKING / EXERCISE

FOLLOW UP DETAILS

Physical Consultation after 3 Months with Lipid profile reports.

PROCEDURE HISTORY

No known surgical history

SOCIAL HISTORY

No significant social history

FAMILY HISTORY

· No significant family history

CONSULTANT DETAILS

Dr. Gopal D , CONSULTANT , GENERAL MEDICINE 40843

One free consultation with the same doctor within next 6 days.

Printed By: Dr. Gopal D | Printed On: 21.04.2023 13:23

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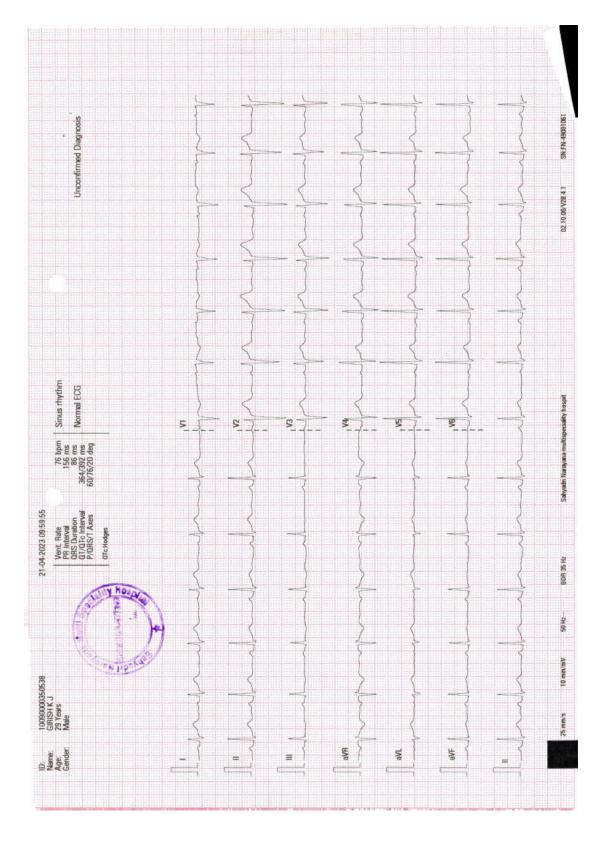
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ADULT TRANS-THORACIC ECHO REPORT



Unit of Narayana Health

PATIENT NAME

: Mr Girish K J

GENDER/AGE LOCATION

: Male, 29 Years : SNMH-SHIMOGA PATIENT MRN

: 10090000350538

PROCEDURE DATE REQUESTED BY

: 21/04/2023 10:19 AM : Dr. Gopal D



VITAL PARAMETERS

: HR (BPM):65, SINUS RHYTHM, BP (MMHG):-

IMPRESSION

NORMAL LV SYSTOLIC FUNCTION

LVEF-60%

MR/TR-TRIVIAL

FINDINGS

CHAMBERS LEFT ATRIUM

: NORMAL SIZED

AP DIAMETER(MM): 31

RIGHT ATRIUM

NORMAL SIZED

LEFT VENTRICLE

NORMAL SIZE AND THICKNESS WITH NORMAL FUNCTION

LVIDD(MM) LVIDS(MM) : 27 E/A RATIO

: 40 IVSD(MM) LVPWD(MM)

E/E'(AVERAGE)

: 11 EDV(ML) : 10

ESV(ML) LVEF(%)

: 60

RIGHT VENTRICLE LVOT/RVOT

NORMAL SIZE AND THICKNESS WITH NORMAL FUNCTION

NORMAL

RWMA NO REGIONAL WALL MOTION ABNORMALITIES

VALVES

MITRAL

: NORMAL MOBILITY AND THICKNESS WITH NO CALCIFICATION. SUB VALVAR STRUCTURES

ARE NORMAL, E/A 0.7/0.5 M/S MR-TRIVIAL

AORTIC TRICUSPID NORMAL MOBILITY AND THICKNESS WITH NO CALCIFICATION, PEAK GRADIENT 4MMHG NORMAL MOBILITY AND THICKNESS WITH NO CALCIFICATION. SUB VALVAR STRUCTURES

ARE NORMAL, TR-TRIVIAL

PULMONARY

: NORMAL MOBILITY AND THICKNESS WITH NO CALCIFICATION, PEAK GRADIENT 4MMHG

SEPTAE

IA5 IVS : INTACT : INTACT

ARTERIES AND VEINS

AORTA

PA

: NORMAL, LEFT AORTIC ARCH, AORTA 27MM

NORMAL SIZE

PASP(MMHG): 24 NORMAL SIZE & COLLAPSIBILITY

SVC & CS

NORMAL

PULMONARY VEINS

NORMAL

PERICARDIUM

: NORMAL PERICARDIAL THICKNESS. NO EFFUSION

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INTRACARDIAC MASS

: NO TUMOUR, THROMBUS OR VEGETATION SEEN

OTHERS

: DONE BY: STEVAN

DR. SHARATH PARAMESHAGOUDA SANGANAGOUDAR CONSULTANT 84562

21/04/2023 10:19 AM

PREPARED BY

: NAGARATHNA(312966)

PREPARED ON

: 21/04/2023 10:24 AM

GENERATED BY

: GOPI G(347454)

GENERATED ON

: 22/04/2023 03:41 PM

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Patient Name	Girish K J	Requested By	Dr. Gopal D
MRN	10090000350538	Procedure DateTime	2023-04-21 10:21:38
Age/Sex	29Y 8M/Male	Hospital	NH Shimoga

ULTRASOUND ABDOMEN

- LIVER: is normal in size and shows mild increased in echotexture. No focal mass lesions seen. Intra and extra biliary radicals are normal. Main portal vein and CBD are normal.
- GALL BLADDER: is well distended. No calculi seen. No pericholecystic fluid collection seen.
- SPLEEN: is normal in size and show normal echopattern. No focal lesion.
- PANCREAS: to the extent seen appears normal in echopattern.
- KIDNEYS: Both kidneys are normal in size and shows normal corticomedullary echogenicity. No calculi /Hydronephrosis.

Right kidney measures: 10.3 x 4.5 cms.

Left kidney measures: 9.0 x 4.7 cms.

- URINARY BLADDER: Well distended. No abnormal internal contents.
- PROSTATE: is normal in size, shape and echotexture. No focal mass lesion seen.
- No free fluid seen in the abdomen.

IMPRESSION:

· Grade I fatty liver.

Dr. G .H Shashank Radiologist

* This is a digitally signed valid document Reported Date/Time: 2023-04-21 11:18:29

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Appointments 1800-309-0309

Emergencies



Final Report

Patient Name: Mr Girish K J MRN: 10090000350538 Gender/Age: MALE, 29y (10/08/1993)

Collected On: 21/04/2023 11:32 AM Received On: 21/04/2023 11:54 AM Reported On: 21/04/2023 11:59 AM

Barcode: 722304210014 Specimen: Urine Consultant: Dr. Gopal D(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8639466527

CLINICAL PATHOLOGY

Result

Negative

Urine For Sugar (Post Prandial)

(Semiquantitative Strip Method-Glucose Oxidase

-- End of Report-

Dr. Sujata N MBBS, DCP, MD CONSULTANT

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



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Appointments 1800-309-0309

Emergencies



Final Report

Patient Name: Mr Girish K.J MRN: 10090000350538 Gender/Age: MALE, 29y (10/08/1993)

Collected On: 21/04/2023 11:32 AM Received On: 21/04/2023 11:52 AM Reported On: 21/04/2023 12:07 PM

Barcode: 702304210199 Specimen: Plasma Consultant: Dr. Gopal D(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8639466527

CLINICAL BIOCHEMISTRY

Unit **Biological Reference Interval** Result Normal : 70-139 Prediabetic : 140-199 Diabetic : >200 mg/dl Post Prandial Blood Sugar (PPBS) (Glucose

Oxidase, Peroxidase)

Interpretations:

(ADA Standards Jan 2017)
F6S can be less than PPBS in certain conditions like post prandial reactive hypoglycaemia, exaggerated response to insulin, subclinical hypothyroidism, very lean/anxious individuals. In non-diabetic individuals, such patients can be followed up with GTT.

-- End of Report-

Dr. Rashmi Vaidya

MBBS, MD CONSULTANT

Note

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Unit of Narayana Health

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name: Mr Girish K J MRN: 10090000350538 Gender/Age: MALE, 29y (10/08/1993)

Collected On: 21/04/2023 09:16 AM Received On: 21/04/2023 09:32 AM Reported On: 21/04/2023 10:50 AM

Barcode: 702304210123 Specimen: Serum Consultant: Dr. Gopal D(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8639466527

CLINICAL BIOCHEMISTRY

Test	Result	Unit	Biological Referen	nce Interval
LIPID PROFILE (CHOL, TRIG, HDL, LDL, VLDL)				
Cholesterol Total (Enzymatic Method)	194	mg/dL	Normal High Borderline	<200 >240 200 - 239
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	144	mg/dL	Very High Borderline High High	=>500 150 - 199 200 - 499
HDL Cholesterol (HDLC) (Precipitation Followed B Enzymatic Method)	v 45	mg/dL	40.0-60.0	
Non-HDL Cholesterol	149.0			
LDL Cholesterol (Enzymatic Method (esterase, Oxidase, Peroxidase))	146.20 H	mg/dL	0.0-100.0	
LDL value interpretation: 0ptimal Value: <100 mg/dL				
VLDL Cholesterol (Calculated)	29	mg/dL	0.0-40.0	
Cholesterol /HDL Ratio (Calculated)	4.4	2	0.0-5.0	
THYROID PROFILE (T3, T4, TSH)				
Tri Iodo Thyronine (T3) (Chemiluminescence Immuno Assay (CLIA))	1.40	ng/ml	0.97-1.69	

Interpretations:

Thyroid hormone binding protein can profoundly affect total T3 and total T4 levels especially in pregnancy and in patients on steroid therapy.

Unbound fractions of T3 and T4(FT3, FT4) of thyroid hormones are biologically active forms and correlate more closely with clinical status of the patient.

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Thyroxine (T4) (Chemiluminescence Immuno Assay	7.07	mcg/dl	3.2-12.6	
(CLIA))				
TSH (Thyroid Stimulating Hormone)	0.6098	mIU/L	0.4-4.04	
Chemiluminescence Immuno Assay (CLJA))				
Interpretations: TSH levels are subject to circadian variation, reaching p the order of 50%, hence time of the day has influence o				. The variation is of
LIVER FUNCTION TEST(LFT)				
Bilirubin Total (Modified Diazo Method)	0.6	mg/dl	0.2-1.0	
Conjugated Bilirubin (Direct) (Differential Spectrophotometry)	0.4 H	mg/dL	0.0-0.3	
Unconjugated Bilirubin (Indirect) (Calculated)	0.2	*		
Total Protein (Biuret Method)	7.7	g/dL	6.4-8.2	
Serum Albumin (BCG Dye Binding Method)	4.7	g/dL	3.5-5.0	
Serum Globulin (Calculated)	3.0	g/dL	2.0-3.5	
Albumin To Globulin (A/G)Ratio (Calculated)	1.6	-	1.0-2.1	
SGOT (AST) (UV With P5P)	35	U/L	17.0-59.0	
SGPT (ALT) (UV With PSP)	48	U/L	<50.0	
Alkaline Phosphatase (ALP) (PNPP With AMP Buffer)	74	IU/L	38.0-126.0	
Gamma Glutamyl Transferase (GGT) (Enzymatic (Gamma Glutamyl Nitranilide))	41	U/L	15.0-73.0	
RENAL PACKAGE - 2 (RFT FASTING)				
Fasting Blood Sugar (FBS) (Glucose Oxidase, Peroxidase)	98	mg/dL	High Normal Prediabetic	>126 70 - 100 100 - 125
Blood Urea Nitrogen (BUN) (Urease, UV)	12	mg/dL	9.0-20.0	
SERUM CREATININE				

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Emergencies



Patient Name: Mr Girish K J MRN: 1009000035053	8 Gender/A	ge : MALE , 29y (10/08/199	3)
Serum Creatinine (Enzymatic Method (hydrolase, Oxidase, Peroxidase))	0.9	mg/dl	0.66-1.25
eGFR (Calculated By MDRD Formula)	99.8	mL/min/1.73m ²	Inductive of Renal Impairment:<60 Note:eGFR is inaccurate for Hemodynamically unstable patients. eGFR is not applicable for less than 18 years of age.
Serum Sodium (ISE Potentiometry)	142	mmol/L	137.0-145.0
Serum Potassium (ISE Potentiometry)	4.7	mmol/L	3.5-5.0
Serum Chloride (ISE Direct)	105	mmol/L	98.0-107.0
Serum Bicarbonate Level (Enzymatic Endpoint By Reflectance Spectrophotometry)	24	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.8	mg/dL	8.4-10.2
Serum Magnesium (Dye Binding)	1.9	mg/dl	1.6-2.3
Serum Uric Acid (Enzymatic Method (Uricase))	7.6 H	mg/dL	3.5-7.2
Serum Phosphorus (Phosphomolybdate Reduction)	4.6 H	mg/dL	2.5-4.5

-- End of Report-

Dr. Rashmi Vaidya MBBS, MD

CONSULTANT

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



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Final Report

Patient Name: Mr Girish K J MRN: 10090000350538 Gender/Age: MALE, 29y (10/08/1993)

Collected On: 21/04/2023 09:16 AM Received On: 21/04/2023 09:32 AM Reported On: 21/04/2023 10:56 AM

Barcode: 702304210124 Specimen: Whole Blood Consultant: Dr. Gopal D(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8639466527

CLINICAL BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c	5.5	%	Up to-Normal: < 6 Good Control: 6.01-7.00 Fair Control: 7.01-8.00 Poor Control: > 8.01

Estimated Average Glucose

111.15

Interpretation:

- 1. HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- 2. HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

-- End of Report-

Dr. Rashmi Vaidva MBBS, MD

CONSULTANT

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1800-309-0309

Emergencies



Final Report

Patient Name: Mr Girish K J MRN: 10090000350538 Gender/Age: MALE, 29y (10/08/1993)

Collected On: 21/04/2023 09:16 AM Received On: 21/04/2023 09:31 AM Reported On: 21/04/2023 10:58 AM

Barcode: 712304210048 Specimen: Whole Blood - ESR Consultant: Dr. Gopal D(GENERAL MEDICINE)

Sample adequacy: Satisfactory Visit No: OP-001 Patient Mobile No: 8639466527

HAEMATOLOGY LAB

mm/1hr

Biological Reference Interval

Erythrocyte Sedimentation Rate (ESR)

0.0-10.0

(Westergren Method)

-- End of Report-

Dr. Sujata N MBBS, DCP, MD CONSULTANT

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Emergencies



Final Report

Patient Name: Mr Girish K J MRN: 10090000350538 Gender/Age: MALE, 29y (10/08/1993)

Collected On: 21/04/2023 09:16 AM Received On: 21/04/2023 09:31 AM Reported On: 21/04/2023 10:29 AM

Barcode: 722304210005 Specimen: Urine Consultant: Dr. Gopal D(GENERAL MEDICINE)

Sample adequacy: Satisfactory Visit No: OP-001 Patient Mobile No: 8639466527

	CLINICAL PATHOLOGY		
Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	15	ml	
Colour	Pale Yellow		· * * * * * * * * * * * * * * * * * * *
Appearance	Clear	2	
CHEMICAL EXAMINATION			
pH(Reaction) (Semiquantitative Strip Method- Double Indicator Principle)	5.0	÷	4.8-7.5
p. Gravity (Semiquantitative Strip Method- chromatographic Reaction)	1.005		1.002 - 1.03
Protein (Semiquantitative Strip Method- Protein Fror Of Indicator)	Negative		Negative
Urine Glucose (Semiquantitative Strip Method- Slucose Oxidase Technique)	Negative		Negative
Ketone Bodies (Semiquantitative Strip Method- sodium Nitroprusside Chromatography)	Negative		Negative
Bile Salts (Semiquantitative Strip Method)	Negative		Negative
Bile Pigment (Bilirubin) (Semiquantitative Strip Method- Azodyes)	Negative		Negative
Urobilinogen (Semiquantitative Strip Method-Fast B Blue)	Normal		Negative
Urine Leucocyte Esterase (Semiquantitative Strip	Negative		Negative

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Method-diazonium Compounds)

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Appointments 1800-309-0309

Emergencies



Final Report

Patient Name: Mr Girlsh K J MRN: 10090000350538 Gender/Age: MALE, 29y (10/08/1993)

Collected On: 21/04/2023 09:16 AM Received On: 21/04/2023 09:32 AM Reported On: 21/04/2023 10:21 AM

Barcode: 702304210122 Specimen: Plasma Consultant: Dr. Gopal D(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8639466527

CLINICAL BIOCHEMISTRY

Test

Peroxidase)

Result

Unit

Biological Reference Interval

Fasting Blood Sugar (FBS) (Glucose Oxidase,

99

mg/dL

High Normal Prediabetic

>126 70 - 100 100 - 125

-- End of Report-

Dr. Rashmi Vaidya MBBS, MD CONSULTANT

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