

1. Name (in Full): *Anita Reuse.*
2. Are there any symptoms or signs suggesting abnormality? Or disease of the respiratory system? *No.*
3. Any sign of Skin diseases. *No.*
4. *B.P. = 134/88 mmHg; P = 75/min; SpO₂ = 99%.*
5. Any Sign of infectious diseases. *No.*
6. Observations – Blood Test
7. Age: *37 yrs.*

Is general appearance healthy? *Yes.*

8.

- Urine Test
- X ray Chest

7. Ophthal check up *Vision normal. No abnormalities.*
- 8 Audiometry *-*
- 9 Dental *No caries. Teeth and gums healthy.*
- 10 ENT observation *Rinne's and Weber's test normal. No hearing loss.*
- 11 Gynaecologist *within normal limits.*
- 12 Fitness *pt. is fit.*

I declare that the person examined signed in the space marked below is fit.

Signature of the person examined

Signature of the Medical Examiner

Anita Reuse



Name of the Medical Examiner

Dr. Anushka



6/5/2023

C-2022-0071
Oct 14, 2022 - Oct 13, 2025





Patient Name: ANITA RENUSE
Age: 37 Years/FEMALE

Referred Doctor: Dr.Rituparna shinde
Date: 06/05/2023

2D ECHOCARDIOGRAPHY / DOPPLER REPORT

Parameter	Value	Parameter	Value
LA	32mm	LVPWd	10mm
AO	28mm	LVIDs	25mm
IVSd	9mm	LVEF	55%
LVIDd	44mm	IVC	Normal

LEFT VENTRICLE :

Normal LV dimension
Normal LV systolic function. LVEF = 55%
No RWMA.
Normal diastolic function.

RIGHT VENTRICLE:

Normal in size and function.No mitral regurgitation.
Left atrium and right atrium is normal.

AV VALVES:

Mitral valve normal structure,
Acceptable gradients across Mitral valves and Tricuspid Valves.
There is no Tricuspid valves regurgitation.
Estimated PA pressure is normal.

SL VALVES :

Acceptable gradients across Aortic Valve and pulmonary valves.
No Aortic Valve regurgitation.

IVS & IAS :

Intact

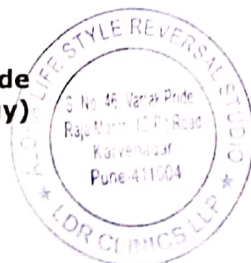
IVC:

No Pericardial effusion, thrombus, Vegetation
IVC not dilated and shows near total collapse.
Normal RA Pressure.

IMPRESSION :

Normal LV dimension
Normal LV systolic and diastolic function. LVEF = 55%
No RWMA.
Normal PA & RA pressure.

**Dr.Rituparna Shinde
MD,DNB Cardiology)**



DR. RITUPARNA S. SHINDE
MD, DNB (Cardiology)
Interventional Cardiologist
Reg.No. 2000/02/0865



C-2022-0071
Oct 14, 2022 - Oct 13, 2025





Patient Name-ANITA RENUSE

Age:37Yrs/FEMALE

Ref By: INSURANCE

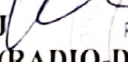
Date: 06/05/2023

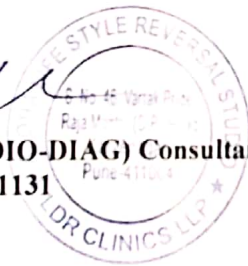
RADIOGRAPH OF CHEST – PA VIEW

7

Observation : Both the lungs are clear and the hila appear normal.
No obvious parenchymal lung lesion seen in either side.
Both costophrenic angles are clear.
Cardio-aortic silhouette has normal appearance.
No obvious bony abnormalities seen.

Impression : No significant abnormality noted.

Dr. Punya J 
MBBS,MD(RADIO-DIAG) Consultant Radiologist
Reg No.2022/05/1131



C-2022-0071
Oct 14, 2022 - Oct 13, 2025

ALOHA LIFESTYLE REVERSAL STUDIO
S. No. 46, Vartak Pride, Rajamantri Road, Karvenagar,
Pune INDIA 411004

94 22 33 44 22
www.alohaclinics.in





Name Mrs. Anita Renuse Collected Time 06-05-2023 10:21 AM
Age/Gender 37 Years / FEMALE Received Time 06-05-2023 10:21 AM
PRN ALRS/65/2023-2024/417 Reported Time 06-05-2023 03:52 PM
Lab ID ALRS/D/23-24/416
Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
Hemogram			
Hemoglobin	12.5	gm%	12.0 - 16.0
WBC Count			
Total WBC Count	9800	/cmm	4000 - 11000
Differential count			
Neutrophil	67	%	40 - 75
Lymphocytes	30	%	20 - 45
Eosinophil	01	%	Below 6
Monocytes	02	%	Below 8
RBC Indices			
Haematocrit	36.3	* A %	37 - 48
R.B.C Count	4.95	mil./cmm	3.8 - 5.2
M.C.V	73.3	* A fL	76 - 96
M.C.H	25.3	* A PG	27 - 32
M.C.H.C	34.4	gm/dl	32 - 36
RDW-CV	13.6	%	11.5 - 14.5
Platelet Count	239000	/cmm	150000 - 450000
Comments on P.B.S			
R.B.C Morphology	Normocytic Normochromic		
W.B.C	No abnormal cells seen.		
Platelet	Adequate.		

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

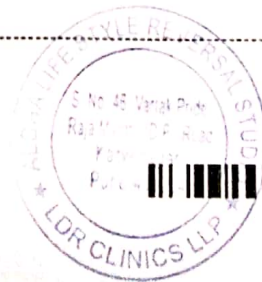
----- End Of Report -----

NOTE: *A (Abnormal), *C (Abnormal & Critical)



Report Generated by: Niramay Solutions

1 / 1



06-05-2023

C-2022-0071
Oct 14, 2022 - Oct 13, 2025



Name Mrs. Anita Renuse
Age/Gender 37 Years / FEMALE
PRN ALRS/65/2023-2024/417
Lab ID ALRS/D/23-24/416
Ref Doctor
Collected Time 06-05-2023 10:21 AM
Received Time 06-05-2023 10:21 AM
Reported Time 06-05-2023 03:52 PM

Test Name	Result	Unit	Bio. Ref. Range
-----------	--------	------	-----------------

Blood Group

ABO Type A
Rh (D) Type Positive

Blood Sugar Random

Blood Sugar Random 173.4 *A mg/dl 70 - 160

Method GOD - POD
Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

ESR

ESR 12 Below 20
Unit mm after 1 hour
Method Wintrobe method

Dr. Simi Athavale
MBBS,(DCP) CONSLUTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----

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06-05-2023

C-2022-0071
Oct 14, 2022 - Oct 13, 2025

ALOHA LIFESTYLE REVERSAL STUDIO
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Pune INDIA 411004

94 22 33 44 22
www.alohaclinics.in





Health Matters!

Name Mrs. Anita Renuse Collected Time 06-05-2023 10:21 AM
 Age/Gender 37 Years / FEMALE Received Time 06-05-2023 10:21 AM
 PRN ALRS/65/2023-2024/417 Reported Time 06-05-2023 03:53 PM
 Lab ID ALRS/D/23-24/416
 Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
Lipid Profile			
S.Cholesterol	340.0 * A	mg/dl	Below 200
S.Triglycerides	1300.6 * A	mg/dl	40 - 160
HDL Cholesterol	14.8 * A	mg/dl	35.3 - 79.5
VLDL Cholesterol	260.12 * A	mg/dl	Below 41 (Desirable)
LDL Cholesterol Direct	133.8 * A	mg/dl	0.0 - 130
LDLC/HDLC Ratio	9.04 * A		Below 3.4
S.Cholesterol/HDLC Ratio	22.97 * A		Below 4.5
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		

Liver Function Test

Sr Total Bilirubin	0.46	mg/dl	0.1 - 1.2
Sr Direct Bilirubin	0.19	mg/dl	0.0 - 0.4
Sr Indirect Bilirubin	0.27	mg/dl	0.1 - 1.2
Alkaline Phosphatase	123.0	IU/L	50 - 140
S.G.P.T	35.0	IU/L	Below 40
S.G.O.T	38.3	IU/L	Below 40
Sr Total Protein	7.96	mg/dl	6.0 - 8.0
Sr Albumin	4.69	mg/dl	3.7 - 5.3
Sr Globulin	3.27	mg/dl	2.3 - 3.6
A:G ratio	1.43	%	1.2:1 - 2:1

INTRUMENT USED Erba EM 200- Fully Automatic Random Access Chemistry Analyzer

Sath

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

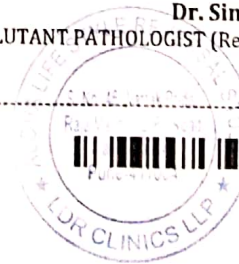
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Age/Gender 37 Years / FEMALE Received Time 06-05-2023 10:21 AM
PRN ALRS/65/2023-2024/417 Reported Time 06-05-2023 03:53 PM
Lab ID ALRS/D/23-24/416
Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
GGTP			
Gamma GT (GGTP)	116.0 * A	U/L	7 - 32
Uric acid			
Serum Uric Acid			
Sr.Uric Acid	4.6	mg/dl	2.5 - 6.2
Creatinine			
Serum Creatinine	0.55 * A	mg/dl	0.6 - 1.1
Method	Enzymatic		
Instrument Used	ERBA EM-200 Fully automatic random access biochemistry analyzer.		
BUN			
Blood Urea Nitrogen			
Blood Urea Nitrogen	8.16	mg/dl	5.0 - 21.0

Salti

Dr. Simi Athavale
MBBS,(DCP) CONSLUTANT PATHOLOGIST (Reg. No. 84648)

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S. No. 45, Vartak Pride, Rajamantri Road, Karvenagar,
Pune INDIA 411004

94 22 33 44 22
www.alohaclinics.in





Name Mrs. Anita Renuse
Age/Gender 37 Years / FEMALE
PRN ALRS/65/2023-2024/417
Lab ID ALRS/D/23-24/416
Ref Doctor
Collected Time 06-05-2023 10:21 AM
Received Time 06-05-2023 10:21 AM
Reported Time 06-05-2023 03:53 PM

Test Name	Result	Unit	Bio. Ref. Range
Urine Analysis			
Physical Examination			
Quantity	30	ml	
Colour	Pale Yellow		
Appearance	Clear		
Specific gravity	1.015		1 - 1.03
Chemical Examination			
Reaction (pH)	Acidic		
Proteins	Absent		
Glucose	Absent		
Ketone Bodies	Absent		
Bile Salts	Absent		
Bile Pigments	Absent		
Urobilinogen	Normal		
Microscopic Examination			
Pus Cells	4 - 5	/hpf	
Epithelial Cells	2 - 3	/hpf	
RBC	Absent	/hpf	
Casts	Absent		
Crystals	Absent		
Others	Budding yeast seen.		

Sath

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----



NOTE: *A (Abnormal), *C (Abnormal & Critical)



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06-05-2023

C-2022-0071
Oct 14, 2022 - Oct 13, 2025

ALOHA LIFESTYLE REVERSAL STUDIO
S. No. 49, Vardak Phule, Rajamangal Road, Karve Nagar,
Pune, India 411004

94 22 33 44 22
www.alohaclinics.in





Registration Date : 06/05/2023

Patient Name : MRS RENUSE ANITA

Age Gender : 37 Yrs Female

Reference (Dr.) : ALOHA LIFESTYLE REVERSAL STUDIO

Sample Collected : From Ldr Clinics Llp (Aloha Lifestyle Reversal Studio)

Patient ID No. : 1005438

Reg Date/Time : 06-05-2023 02:40pm

Sample Coll.Date/Time : 06-05-2023 02:40pm

Report Date/Time : 06-05-2023 03:47pm

T3 (TOTAL), T4 (TOTAL) & TSH

Investigation	Result	Units	Reference Range
T3 (Total), Serum <i>(Method: CLIA)</i>	: 1.26	ng/mL	0.70 - 2.04 Pregnancy: 1st Trimester: 0.81 - 1.90 2nd Trimester: 1.00 - 2.60 3rd Trimester: 1.00 - 2.60
T4 (Total), Serum <i>(Method: CLIA)</i>	: 8.03	ug/dL	5.5 - 12.5
Ultra TSH, Serum <i>(Method: ECLIA/CLIA)</i>	: 4.282	uIU/mL	0.35 - 5.50 Pregnancy: 1st Trimester: 0.10 - 2.50 2nd Trimester: 0.20 - 3.00 3rd Trimester: 0.30 - 3.00

NOTE:

- 1) The TSH levels are subject to diurnal/circadian variation, reaching to peak levels between 2-4 a.m. and at a minimum between 6-10 p.m. The variation is to the order of 50%, hence the time when sample is collected has influence on the levels of TSH.
- 2) Many substances produced in central nervous system, even in healthy euthyroid individuals, may enhance or suppress TSH production in addition to the feedback effect of thyroid hormone.
- 3) Further more although TSH levels rise and fall in response to changes in the concentration of Free T4, individuals appear to have their own setpoints and factor such as race and age also contribute to variability in TSH levels.
- 4) Alterations of normal pituitary response are also common in patients with a variety of illnesses which can affect the levels of TSH.
- 5) Inter-assay variations are possible on different immunoassay platforms.

CLINICAL USE:

- 1) Diagnose Hypothyroidism and Hyperthyroidism.
- 2) Monitor T4 replacement or T4 suppressive therapy.
- 3) Quantify TSH levels in the subnormal range.
- 4) Increased levels of TSH are found in Primary hypothyroidism, Subclinical hypothyroidism, TSH dependent Hyperthyroidism, Thyroid hormone resistance.
- 5) Decreased levels of TSH are found in Grave's disease, Autoimmune thyroid hormone secretion, TSH deficiency.

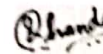
(H = Rechecked, B = High, L = Low)

-End Of Report-



Print Date 06/05/2023 03:57PM

Dr. Saurabh Gujrathi
M.D.(Path.)



Dr. Ashish N. Dhande
M.D.(Path.)

Dr. Nitin L. Dhande
M.D.(Path.)

Test processed at "Dhande Pathlab Diagnostics Pvt.Ltd." Pune

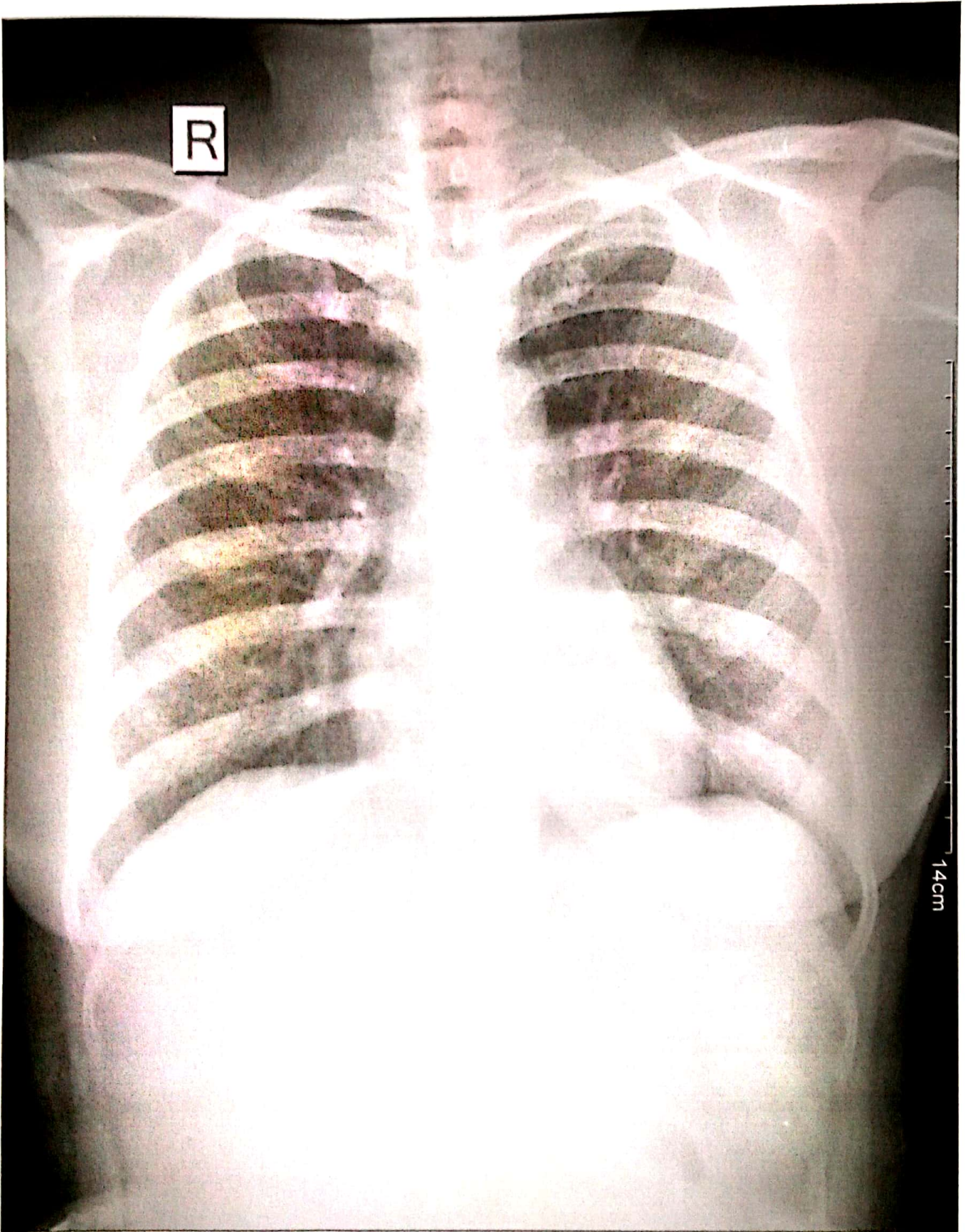


C-2022-0071
Oct 14, 2022 - Oct 13, 2025



RENUSE, ANITA,
Sex: Female
DOB: 12/01/1984
ID: PAT000399

Acq. Date: 05/06/2023
Acq. Time: 10:20:31 PM
Exp. Index: 1614



CHEST
PA
W: 4096, L: 2048
Tech ID: adrnln

10cm

Scale: 0.0
LDR Clinic LLP

MM
R/S



DR. RITUJARNA S. SHINDE
MD, DNB (Cardiology)
Interventional Cardiologist
Reg. No. 2000/02/0865

Unconfirmed report
Verified by:

— Sinus Rhythm
— T Abnormality (Flat T)

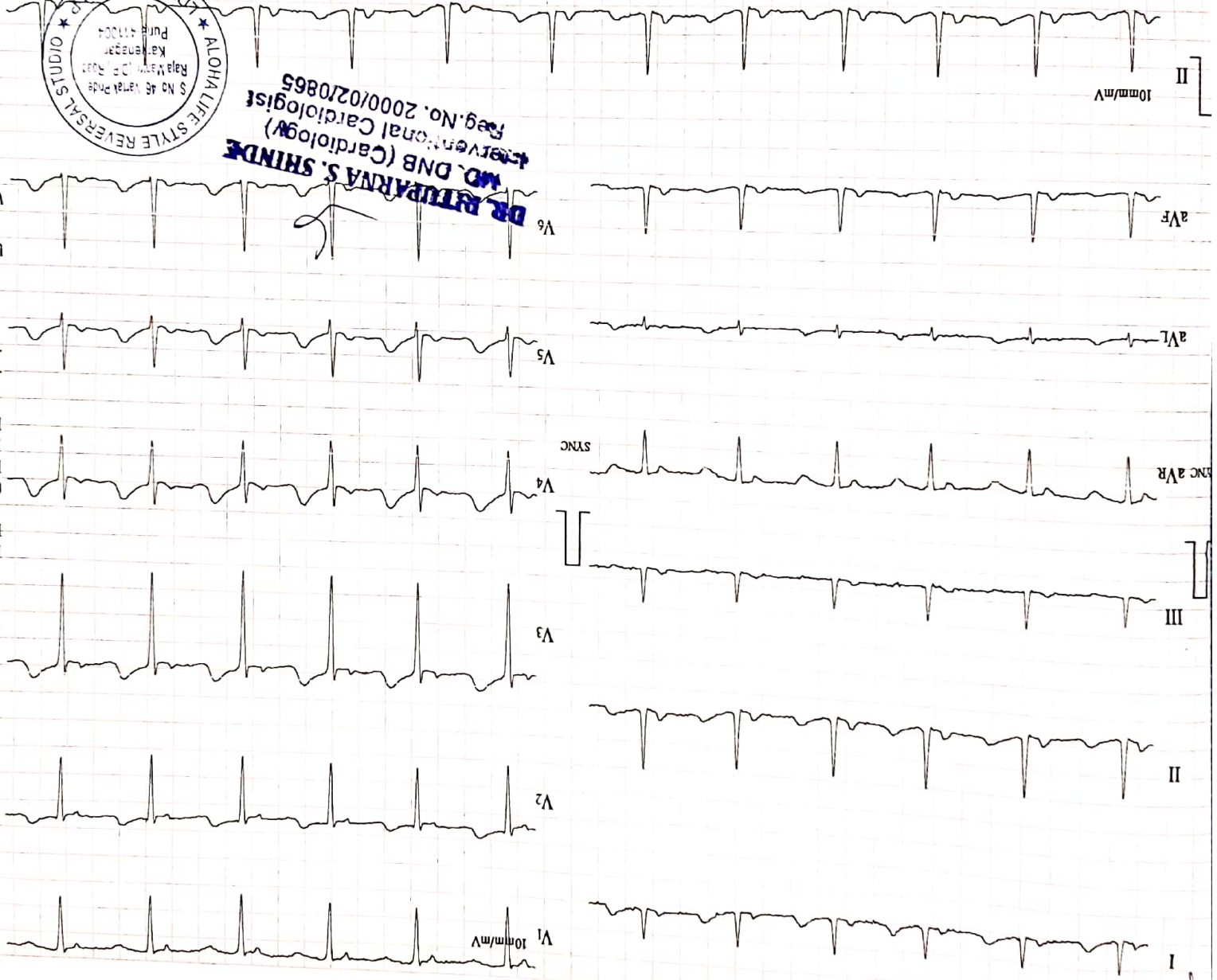
HR : 84 bpm
R-R : 711 ms
P-R : 146 ms
QRS : 80 ms
QT/QTc : 336/398 ms
P/QRS/T : 69/60/33 °
RV5/SVI : 1.850 mV
RV5/SVI : 0.810/1.040 mV

Age : _____

Sex : _____

Name : _____

ID : 1514



25 mm/s 0.5-25Hz
10mm/mV