



Name : Mrs. AJANTA NATH (29 F)

Date : 26/08/2023

Address : SURAJ MUKHI PATH GHORAMARA, GUWAHATI, KAMRUP(M), ASSAM, INDIA

# AHC MEDICAL SUMMARY

Examined by : Dr .APHC

UHID : AHLG2.0000033

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH17519



## CHIEF COMPLAINTS

For corporate health checkup  
Package Name: MediWheel Full Body Health  
Check up-Female below 40Yrs  
infrequent sneezing  
Headach  
Dysmenorrhoea  
morning stiffness of both hands

## PRESENT KNOWN ILLNESS

Polycystic ovarian disease Since - 2 YRS



## DRUG ALLERGY

NO KNOWN ALLERGY :26/08/2023



## SYSTEMIC REVIEW

### Cardiovascular system

Chest pain - no; Breathing difficulty - no; Swelling of feet - yes

### Respiratory system

Sneezing - yes; Blocked nose - no; Runny nose - no; Dyspnoea - no

### Gastrointestinal system

Appetite - normal; Abdominal pain - no; Bowel habits - regular; Piles - no

### Genitourinary system

Dysuria/burning micturition - intermittent

### Gynaec history

Periods - irregular; Associated with - dysmenorrhoea

### Central nervous system

Head ache - yes; Dizziness - occasional;  
Concentration - good; Sleep - adequate

### Musculoskeletal system

Spine and joints

Back (mid) - pain; Hand (small joints) - stiffness

### Weight

- stable



### Present medications

- VITAMIN D



### Surgical history

Cholecystectomy - 2021

### Immunization history

- Precaution Dose



### Personal history

Marital status

- Married

Diet

- Non Vegetarian

Alcohol

- consumes alcohol  
occasionally

Smoking

- Ex.Smoker

Chews tobacco

- No

Physical activity

- Mild



### Family history

Father

- alive

Aged

- 66 YRS

Mother

- alive

Aged

- 59 YRS

Brothers

- 1

Diabetes

- mother,brother

Hypertension

- father,mother

Coronary artery  
disease

- none

Cancer

- None

CVA

- uncle

## PHYSICAL EXAMINATION



### General

Height

- 166

Weight

- 57

BMI	- 20.69
Waist circumference	- 82
Hip	- 83
Waist/ Hip ratio	- 0.99
Pallor	- No
Oedema	- no
SpO2	- 100% RA

**Cardiovascular system**

Heart rate (Per minute)	- 76
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 120
Diastolic(mm of Hg)	- 80
Heart sounds	- S1S2+

**Respiratory system**

Rate of respiration(per minute)	- 18
Breath sounds	- Normal vesicular breath sounds

**Abdomen**

Organomegaly	- No
Tenderness	- No

**Eyes**

Eye vision	- Normal
Eye vision	- BE 6/6 (P), N6
Ptosis	- No
Cornea	- Normal
Conjunctiva	- Normal
Pupil	- Normal
Intraocular pressure	- 18 mmHg (BE)
Advice for spectacle	- Yes

**Gynaec findings**

Marital status	- married
Periods	- regular
L M P	- 25 7 2023
P/A	- Soft
P/S	- Could not be done as patient denies
Pap smear	- Not taken

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**Executive Summary**


- 1. Obesity (BMI 32.5)
- 2. Hypochromic Microcytic Anaemia (Hb 10 g/dl)

**Wellness Prescription**

**Advice On Diet :-**

 Dietician consultation

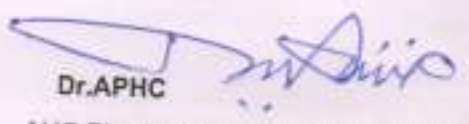
**Advice On Physical Activity :-**

 Regular exercise

**Recommended Follow-up Tests**

Test Name	Test Schedule	Repeat Frequency	Remarks
HB ELECTROPHORESIS	Immediate/Urgent		
VITAMIN D-SERUM	Immediate/Urgent		

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Dr.APHC

AHC Physician / Consultant Internal Medicine

Dr. Prabin Kumar Saikia  
MD (Gen Medicine), FCGP, FICP, PGDHHM  
Registration No. -7523, Assam  
Consultant Physician, APHC  
Apollo Hospitals Guwahati-781005

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

## RISK STATUS

Low Risk

## YOUR SCORE

2

## ACCEPTABLE SCORE

2

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender. The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management** provided through the ProHealth program. **Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. **Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.**
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

**Flexibility, Strength & Balance**

FSB Results	Recommendations
Excellent flexibility in shoulders	Continue current fitness routine
Excellent flexibility in lower back and hamstrings	Continue current fitness routine
Excellent posture and balance	Continue current fitness routine
Excellent flexibility in hips and lower body	Continue current fitness routine





## Flexibility, Strength & Balance

### Exercise program for Neck

#### Please read the instructions carefully

- Please do the exercises in the morning and evening regularly.
- Do not over do the exercises especially in the beginning.
- Start the exercises slowly and carefully.
- Repeat them 3 to 10 times based on your comfort level.
- Do not be alarmed if the exercises cause mild discomfort.
- But if the pain persists for more than 15-20 mins stop the exercise and consult doctor immediately.



**Sitting**  
Bend your head forward until you feel a stretch behind your neck. Hold approx. 5 secs. Repeat



**Sitting**  
Turn your head to one side until you feel a stretch. Hold approx. 5 secs. Repeat to the other side. Repeat



**Sitting**  
Bend your head backwards as far as comfortable. Hold approx. 5 secs. Repeat



**Sitting**  
Tilt your head towards one shoulder until you feel the stretch on the opposite side. Hold approx. 5 secs. Repeat to the other side. Repeat



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## Flexibility, Strength & Balance

### Exercise program for Shoulder

#### Please read the instructions carefully

- Please do the exercises in the morning and evening regularly
- Do not overdo the exercises especially in the beginning
- Start the exercises slowly and carefully
- Repeat each exercise 3 to 10 times as per your comfort level
- Do not worry if the exercises cause mild discomfort
- If the pain persists for more than 15 – 20 mins stop the exercise and consult the doctor immediately



Sit or stand. Keep upper arms close to the sides and elbows at right angles. Turn forearms outwards. Repeat



Sit or stand with hands clasped in front of you. Lift your hands above your head and stretch your arms as far back as possible. Repeat.



Standing with hands clasped in front of you. Lift both arms straight forward over your head. Separate your arms sideways and take them back down to the starting position



Sit or stand. Roll your shoulders both directions.



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# Flexibility, Strength & Balance

## Exercise program for Back

### Please read the instructions carefully

- Please do the exercises in the morning with the empty stomach on a firm surface.
- Don't overdo the exercises especially in the beginning.
- Start the movements slowly and carefully.
- Don't be alarmed if the exercises cause some mild discomfort. Which lasts a few minutes.
- But if pain is more than mild and lasts for more than 15 to 20 minutes, stop and do not do further exercises until you see your doctor.



**Lie on Stomach**  
Lift opposite hand and leg along with the head and relax. Repeat the same exercise for the alternate side.



**Prone Kneeling**  
Kneel on all fours. Try to pull abdomen in and hold for few seconds and release. Repeat



**Pelvic Bridging - Straight lying**  
Bend both knees and try to raise the hips up and relax. Repeat



**Lie on stomach**  
Try to lift both head and shoulders and relax. Repeat



**Straight lying**  
Try to lift both legs together with hands supported in lower back. Repeat



**Lie on stomach**  
Lift both shoulders and legs along with the head and relax. Repeat



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## Flexibility, Strength & Balance

### Exercise program for Foot & Ankle

#### Please read the instructions carefully

- Please do the exercises in the morning and evening regularly.
- Do not over do the exercises especially in the beginning.
- Start the exercises slowly and carefully.
- Repeat them 3 to 10 times based on your comfort level.
- Do not be alarmed if the exercises cause mild discomfort.
- But if the pain persists for more than 15-20 mins stop the exercise and consult doctor immediately.



**Sitting with legs straight**  
Hook a towel over the forefoot and hold the ends with your hand, slowly pull the towel towards you and hold it for 5 seconds then relax.  
Repeat.



**Standing with foot slightly apart**  
Raise your heel and stand on your toes. Hold it for 5 seconds and then relax.  
Repeat.



**Sitting with your legs crossed**  
Pull your great toe up towards you. Hold it for 5 seconds and then relax.  
Repeat.



**Standing with foot slightly apart**  
Raise your toes and stand on your heels. Hold it for 5 seconds and then relax.  
Repeat.



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## Flexibility, Strength & Balance

### Exercise program for Hip & Knee

#### Please read the instructions carefully

- Please do the exercises in the morning and evening regularly
- Do not overdo the exercises especially in the beginning
- Start the exercises slowly and carefully
- Repeat each exercise 3 to 10 times as per your comfort level
- Do not worry if the exercises cause mild discomfort
- If the pain persists for more than 15 - 20 mins stop the exercise and consult the doctor immediately



#### Lying on your back

Tighten your thigh muscle and straighten your knee and lift your leg. Hold for 5 secs. Repeat.



#### Sit on a Chair

Pull your toes up, tighten your thigh muscle and straighten your knee. Hold approx. 5 secs and slowly relax your leg. Repeat.



#### Lying on your back

Bend the leg to be stretched towards your chest and hold onto the knee with both arms. Pull your knee towards the chin keeping your head

on the floor. You should feel the stretching on the back on the thighs and buttocks. Hold approx. 20 secs and relax. Repeat



Side lying and leaning on your elbow, the other arm in front of you. Keep lower leg bent on the floor and upper leg straight as in the picture

Lift your pelvis towards the ceiling leaving the lower leg knee and calf on the floor. Then lift upper leg with heel leading. Lower pelvis and leg to starting position. Repeat.



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Name : Mr. JATINDRA MOHAN KALITA      Age : 33Yr 8Mth 0Days      Gender : Male  
UHID : AHLG2.0000033064 / APHCAH17517      W/BNo/RefNo : AHC  
SIN \ LRN : 121891676 \ 121891861 \ 121891676 \ 9779429  
Specimen : Serum  
Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 26-AUG-2023 09:41:19 AM      Received on : 26-AUG-2023 11:16:47 AM      Reported on : 26-AUG-2023 12:43:17 PM

**MediWheel Full Body Health Check up-Male below 40Yrs**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM / PLASMA (UV With P5P-IFCC)	68 *	Healthy Males:16-63	U/L
ALBUMIN - SERUM (Brom Cresol Green)	4.4	Healthy Adults:3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	2.5	Healthy Adults :1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	2 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM/PLASMA PNPP,AMP Buffer-IFCC	113	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	26	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.5	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM / PLASMA (Cholesterol Oxidase)	162	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	31	Healthy Men:15 - 85	U/L

TOUGHING LIVES

Page 1 of 3

**CONSULTANTS**

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SIN \ LRN : 121891676 \ 121891861 \ 121891678 \ 9779429  
Specimen : Serum  
Ref Doctor : DR. PRABIN KUMAR SAIKIA



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Test Name	Result	Reference Range	Unit
<b>GLUCOSE -PLASMA (FASTING)</b>			
Hexokinase	111 *	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
<b>HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)</b>	40	Low: <40 High: >=60	mg/dL
<b>TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)</b>	4.0	Desirable : < 4.5	
<b>LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL) (Homogenous Method)</b>	114 *	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
<b>PROTEIN, TOTAL - SERUM (Biuret)</b>	6.9	Healthy Adults:6.4-8.3	mg/dl
<b>TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)</b>	108	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
<b>UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)</b>	25	<50 years:19-44	mg/dL
<b>URIC ACID - SERUM (Modified Uricase)</b>	4.6	Healthy Men: 3.5 - 7.2	mg/dL

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MC-3480

Name : Mr. JATINDRA MOHAN KALITA Age : 33Yr 8Mth 0Days Gender : Male  
 UHID : AHLG2.0000033064 / APHCAH17517 W/BNo/RefNo : AHC  
 SIN \ LRN : 121891676 \ 121891861 \ 121891678 \ 9779429  
 Specimen : Serum  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 26-AUG-2023 09:41:19 AM Received on : 26-AUG-2023 11:16:47 AM Reported on : 26-AUG-2023 12:43:17 PM

VLDL CHOLESTEROL - SERUM CALCULATED.	21.6	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.1	Healthy Adults:0.0-0.6	mg/dL
CREATININE - SERUM JAFFE METHOD	0.9	Healthy Men: 0.72 - 1.25	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.8	Healthy Adults Euthyroid: 1.2-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	103	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	2.91	Healthy Adults Euthyroid:0.270 - 4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	111	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status:Final

\* END OF REPORT \*

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1078701

First Report Printed On : 28-AUG-2023 01:15:24 PM  
Printed On : 28-AUG-2023 01:17:33 PM

*Kalita*  
DR. INDRAJIT KALITA, MD  
REDG NO:12852-AMC  
CONSULTANT PATHOLOGY

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MC-3480

Name : Mr. JATINDRA MOHAN KALITA Age : 33Yr 6Mth 0Days Gender : Male  
 UHID : AHLG2.0000033064 / APHCAH17517 W/BNo/RefNo : AHC  
 SIN ILRN : 121891677 \ 121891860 \ 9779429  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 26-AUG-2023 09:41:19 AM Received on : 26-AUG-2023 12:36:28 PM Reported on : 26-AUG-2023 12:57:26 PM

MediWheel Full Body Health Check up-Male below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>HEMOGRAM(CBC+ESR+RECTIC+PS)</b>			
Hemoglobin	12.9 *	13.0 - 18.0	g/dl
RBC COUNT	4.44 *	4.5 - 5.5	Million/ $\mu$ l
MCV	90.8	82.0 - 92.0	f
MCH	29.1	26.0 - 32.0	pg
MCHC	32	31.0 - 36.0	g/dl
RDW-CV	13.7	11.6 - 14	%
RETICULOCYTE COUNT	1.66	Healthy Adult -0.5-2.5%	%
Platelet Count	167	150 - 400	$10^3/mm^3$
TLC/WBC Count	5.42	4.0 - 11.0	$10^3/mm^3$
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12 *	0 - 10	mm/1st hr
<b>Differential Count</b>			
Neutrophils	58.6	45 - 75	%
Lymphocytes	29.9	20 - 40	%
Eosinophils	7.6 *	1 - 6	%
Monocytes	3.3	2 - 10	%
Basophils	0.6	0 - 2	%
<b>PERIPHERAL SMEAR</b>			
RBC:	Normocytic & normochromic		
WBC:	Eosinophilia +		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME (PCV)	40.3	40 - 50	%

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Name : Mr. JATINDRA MOHAN KALITA      Age : 33Yr 8Mth 0Days      Gender : Male  
 UHID : AHLG2.0000033064 / APHCAH17517      W/BNa/RefNo : AHC  
 SIN ILRN : 121891677 \ 121891860 \ 9779429  
 Specimen : Urine  
 Ref Doctor : DR. PRABIN KUMAR SAIKIA



Collected on : 26-AUG-2023 09:41:19 AM      Received on : 26-AUG-2023 12:36:28 PM      Reported on : 26-AUG-2023 12:57:26 PM

URINE- BENCE JONES PROTEINS	Negative	Negative
URINE ROUTINE (CUE)		
Color:	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
DEPOSITS:(Microscopy)		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	0-1 /HPF	Up to 20
Casts:(Microscopy)	Not Detected	Absent
Crystals:	Not Detected	Absent
Nitrite	Negative	Negative
URINE SUGAR	Nil	
Report Status:Final		

\* END OF REPORT \*



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Printed On : 28-AUG-2023 01:19:01 PM

DR. ASHWIN VERMA, D.C.P  
ASSOCIATE CONSULTANT PATHOLOGIST  
REGD NO. 5340 AMC

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UHID : AHLG2.0000033064 / APHCAH17517      W/BNo/RefNo : AHC  
- SIN ILRN : 121891679 \ 9779429  
Specimen : Blood  
Ref Doctor : DR. PRABIN KUMAR SAKIA



Collected on : 26-AUG-2023 09:41:19 AM      Received on : 26-AUG-2023 11:43:06 AM      Reported on : 26-AUG-2023 11:43:53 AM

TEST NAME	RESULT
<b>BLOOD GROUPING AND TYPING</b>	
ABO Group:	O
Rh (D) Type:	POSITIVE
Report Status:Final	

\* END OF REPORT \*



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**CONSULTANTS**  
DR. DEEPA BRUYAN  
MOIC, BLOOD BANK

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**DEPARTMENT OF RADIOLOGY & IMAGING**

Division of Colour Doppler & Ultrasonography

Patient ID:	0000033064	Patient Name:	JITENDRA MOHAN KALITA
Age:	33 Years	Sex:	M
Accession Number:		Modality:	US
Study Date:	26-Aug-2023	Study:	W/A
Referring Physician:	DR P KR SAIKIA		

**USG OF WHOLE ABDOMEN**

**LIVER**

The liver is mildly enlarged in size with bright parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

**GALL BLADDER**

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

**CBD**

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

**SPLEEN**

The spleen is normal in size and echotexture. No focal lesion is noted.

**PANCREAS**

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

**KIDNEYS**

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 97 mm

Left kidney measures – 115 mm

**URINARY BLADDER**

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

**PROSTATE**

The prostate gland is normal in size. It measures 32 x 28 x 21 mm in size and weighs about 10 gms.

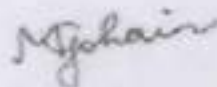
**SEMINAL VESICLE**

Both the seminal vesicles appear normal.

No ascites or lymphadenopathy is seen.

**Impression:**

- Mild hepatomegaly with grade – I hepatic steatosis
- Rest of organs imaged are within normal limits.



Dr. Meghali Gohain, MD  
Consultant Radiology

Date: 26-Aug-2023 11:05:58



APOLLO HOSPITALS GHY  
RG BARUAH ROAD  
GUWAHATI

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: MR. JATINDRA MOHAN, KALITA  
Patient ID: 06805  
Height:  
Weight:

DOB: 26.12.1989  
Age: 33yrs  
Gender: Male  
Race: Indian

Study Date: 26.08.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:06	0.00	0.00	69	110/80	
	STANDING	00:54	0.00	0.00	81		
	WARM-UP	00:06	1.00	0.00	81		
EXERCISE	STAGE 1	03:00	2.70	10.00	141	120/80	
	STAGE 2	03:00	4.00	12.00	173	140/80	
	STAGE 3	01:07	5.50	14.00	181	140/80	
RECOVERY		03:08	0.00	0.00	120	120/80	

The patient exercised according to the BRUCE for 7:06 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 70 bpm rose to a maximal heart rate of 181 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

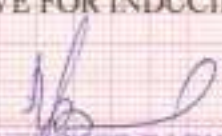
### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
ST Changes: none.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician

  
DR. MAITREYEE BARUAH  
MBBS, DCC  
Jr. Consultant Cardiologist  
Apollo Hospitals

Technician





# APOLLO HOSPITALS GUWAHATI

Unit : International Hospital  
(A unit of Assam Hospitals Ltd.)

*Long*  
Check By

## DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG20000033064	Patient Name:	JATINDRA MOHAN KALITA
Age:	33 Years	Sex:	M
Accession Number:	17002.123195938	Modality:	DX
Study Date:	26-Aug-2023	Study:	Chest PA
Referring Physician:	Prabin Kumar Saikia		

### CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

*Meghali*

Dr. Meghali Gohain, MD  
Consultant Radiology

Date: 26-Aug-2023 14:13:17

APOLLO  
HOSPITALS  
GUWAHATI  
TOUCHING LIVES

S Hazarika, MD R. Baruah, DMRD P. Halimota, MD R. Samra, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB  
*Discrepancy or transcription error if detected should be sent for correction*

**Patient Details** : Mr. JATINDRA MOHAN KALITA | Male | 33Yr 8Mth 0Days

**UHID** : AHLG2.0000033064

**Patient Location:** AHC

**Patient Identifier:** APHCAH17517



**DRN** : 100135786

**Completed on :** 26-AUG-2023 10:45

**Ref Doctor** : DR. PRABIN KUMAR SAIKIA

ECC

**IMPRESSION .:**

ECG TRACING IS WITHIN NORMAL LIMITS

— END OF THE REPORT —

**DR. MONTREYEE BARUAH**  
DBS, PGDCC  
Consultant Cardiologist  
Hospitals, Guwahati  
International Hospital