

Form No : 13

PERIODIC MEDICAL EXAMINATION REPORT

Name	: M. Srinu	Test Code	: AHC-13
Emp Code	: 126192	Test Date	: 23-10-2021
Age	: 28 Years	Sex	: Male
Contact No	: 8143428433	Dep. Name	: -
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: Single Window Operator A

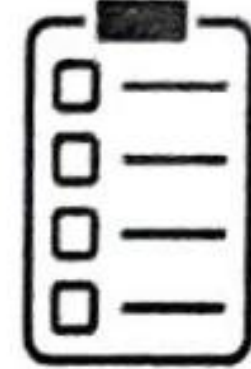
PHYSIOLOGICAL DATA

Height	: 172 Cms	Weight	: 61 Kgs	Expected Weight	: 66 Kgs
B.P	: 110/70 mmHg	PULSE	: 74 /min	Body Mass Index	: 20.62



MEDICAL HISTORY

<input type="checkbox"/> Frequent Cold	<input type="checkbox"/> Frequent Sneezing	<input type="checkbox"/> Joint Pain
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Frequent Headache	<input type="checkbox"/> Chronic Cough
<input type="checkbox"/> Backache	<input type="checkbox"/> Intestinal trouble	<input type="checkbox"/> Ear Discharge
<input type="checkbox"/> Impaired Hearing	<input type="checkbox"/> Chest Pain Or Pressure	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Recent Loss Of Weight	<input type="checkbox"/> Allergy To Drugs / Chemical	<input type="checkbox"/> High BP



PAST OPERATIVE HISTORY

<input type="checkbox"/> Hydrocele	<input type="checkbox"/> Renal Calculus	<input type="checkbox"/> Duodnal Ulcer
<input type="checkbox"/> Hernia	<input type="checkbox"/> Tonsillitis	<input type="checkbox"/> Appendicitis
<input type="checkbox"/> Cataract	<input type="checkbox"/> DNS	<input type="checkbox"/> Piles



OTHER PAST OPERATIVE HISTORY : No

OTHER COMPLAINTS : No

PAST HISTORY : No

FAMILY HISTORY : No

ADDICTIONS : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

VISION

WITHOUT GLASSES			WITH GLASSES			COLOUR BLINDNESS				
NEAR	R	N-6	L	N-8	NEAR	R	X	L	X	NO
FAR	R	6/24	L	6/60	FAR	R	X	L	X	



VISION REMARK : ABNORMAL WITHOUT GLASS*

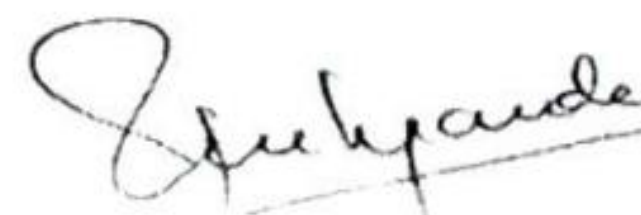
Medical Test Date : 23-10-2021
 Name : M. Srinu

Test Code : AHC-13
 Emp Code : 126192

CLINICAL EXAMINATION

GENERAL & DERMATOLOGY EXAMINATION	
General Condition : Good	Nails : NAD
Oedema Feet : Absent	Skin : Normal
Temperature : Normal	Deformities : None
CARDIOVASCULAR	
	Heart Sound : Normal
ABDOMEN	
Liver : Not Palpable	Spleen : Not Palpable
	Other Masses : NAD
GENITO URINARY	
Ext. Genitalia : Normal	Discharge : No
	Hydrocele : Normal
LYMPHATIC AND ENDOCRINE	
Lymph Nodes : Not Palpable	Thyroid : Not Palpable
MUSCULO SKETAL	
Bones : NAD	Joints : NAD
	Posture Spine : Normal
NERVOUS SYSTEM	
Sensory System : Normal	Reflexes : Normal
	Motor System : Normal
EYE CHECKUP	
Conjunctiva : Normal	Cornea : Normal
Pupil : Normal	Fundus : NAD
SPO2 : 98 %	
E.C.G : Within Normal Limits	
PFT : NA	
ADVICE : Normal Health But Consult with , Ophthalmologist.	
RESULT : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.	

*NAD - No Abnormality Ditected
 NA - Not Applicable



Dr. Rahul Deshpande
 M.B.B.S., ORTHO, A.F.I.H. (C.L.I)
 Industrial Health Consultant
Dr Rahul S Deshpande
 M.B.B.S. D. Ortho A.F.I.H (Mumbai)
 Regd. No. 051102

Medical Test Date : 23-10-2021
Name : M. Srinu

Test Code : AHC-13
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BLOOD GROUP & RH FACTOR Blood Group : **A** Rh Typing : **Positive**

EXAMINATION OF HEMATOLOGY

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	16.0	mg/dl	13 - 17
RBC	5.36	mill/cumm	4.5 - 5.5
PCV / HCT	43.2	%	40 - 50
MCV	80.6*	f	83 - 101
MCH	29.9	pg	27 - 32
MCHC	37.0*	g/dl	31.5 - 34.5
RDW	11.8	%	11.6 - 14
Total WBC Count	6700	mill/cumm	4000 - 10000
Neutrophils	56	%	40 - 80
Lymphocytes	40	%	20 - 40
Monocytes	03	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	181000	per cu. mm.	150000 - 410000
ESR	13	mm	0 - 20
DIABETIC PROFILE			
HbA1c	5.29	mg/dl	4 - 6.5
Blood sugar fasting	92.69	mg/dl	70 - 120
Blood sugar post lunch	128.4	mg/dl	80 - 160
KIDNEY FUNCTION TEST			
S. creatinine	1.17	mg/dl	0.5 - 1.5
Uric acid	4.8	mg/dl	4.5 - 6.7
Urea	33.95	mg/dl	14 - 40
Blood urea nitrogen	15.855	mg/dl	6 - 21
Bun/Creatinine Ratio	29.01	-NA-	10 - 30

EXAMINATION OF URINE

PHYSICAL EXAMINATION		CHEMICAL EXAMINATION		MICROSCOPIC EXAMINATION	
Quantity	: 15ml	Proteins	: Absent	Erythrocytes	: Absent
Color	: Pale Yellow	Glucose	: Absent	Epithelial Cell	: 1-2 hpf
Appearance	: Clear	Specific Gravity	: 1.025	Pus Cell	: 3-4 hpf
Deposit	: Absent	Ketones	: Absent	Bacteria	: Not seen
Urobilinogen	: Absent	Occult Blood	: Negative	Casts	: Not seen
		Nitrite	: Absent	Crystals	: Not seen
				A. Material	: Not seen

N.B. : Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.

Dr. Surya N. Tripathi
Consulting Pathologist
Reg No - 2000/04/1994

REGN.NO.	: 06530	REGN. DATE	: 23-Oct-2021
PATIENT NAME	: Mr. Srinu N	CENTER	: Hardev Health Care
AGE/SEX	: 28 Years /Male	BARCODE	
REFERRED BY	: Hardev Hospital (Opd)		

BIOCHEMISTRY

PARAMETER	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
BLOOD GLUCOSE FASTING			
GLUCOSE- FASTING	: 92.69	mg/dL	60-100
URINE SUGAR	: Absent		
URINE KETONE	: Absent		
BLOOD GLUCOSE POST MEAL			
BLOOD GLUCOSE PP	: 128.40	mg/dL	65-140
URINE GLUCOSE	: Absent		
URINE KETONE	: Absent		

INTERPRETATION

AS PER AMERICAN DIABETES ASSOCIATION 2015 UPDATE FASTING GLUCOSE LEVEL-

Normal glucose tolerance : 70-110 mg/dl

Impaired Fasting glucose (IFG) : 110-125 mg/dl

Diabetes mellitus : ≥ 126 mg/dl

POSTPRANDIAL/POST GLUCOSE (75 grams)

Normal glucose tolerance : 70-139 mg/dl

Impaired glucose tolerance : 140-199 mg/dl

Diabetes mellitus : ≥ 200 mg/dl

CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS

Fasting plasma glucose ≥ 126 mg/dl

Classical symptoms + Random plasma glucose ≥ 200 mg/dl

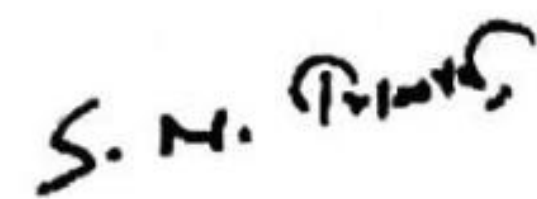
Plasma glucose ≥ 200 mg/dl (2 hrs after 75 grams of glucose)

Glycosylated haemoglobin $> 6.5\%$

***Any positive criteria should be tested on subsequent day with same or other criteria.

Test Done On Fully Automated ERBA EM200 Biochemistry Analyser

----- END OF REPORT -----



Dr Surya N. Tripathi
Reg No- 2000/04/1994

Medical Test Date : 23-10-2021

Test Code : AHC-13

Name : M. Srinu

Emp No : 126192

BIOCHEMICAL EXAMINATION

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	198.09	mg/dl	130 - 200
Hdl cholestrol	49	mg/dl	40 - 60
Ldl cholestrol	128.28	mg/dl	95 - 145
VLDL	20.72	mg/dL	2 - 30
LDL/HDL RATIO	2.62	-NA-	0.5 - 3.5
Triglycerides	103.6	mg/dl	70 - 140
Cholesterol/HDL Ratio	4.04	mg/dl	0 - 4.5
LIVER FUNCTIN TEST			
Total bilirubin	0.6	mg/dl	0.2 - 1.2
Direct bilirubin	0.2	mg/dl	0 - 0.5
Indirect bilirubin	0.4*	mg/dl	0 - 0.3
SGOT	40.15*	/ml	0 - 40
SGPT	32.90	/ml	0 - 40
Protein	7.7	g/dl	6 - 8
Albumin	4.2	g/dl	3.5 - 5.5
S. Globulin	3.5	g/dl	2.5 - 3.5
Alkaline phosphatase	104.2	u/l	50 - 150
GGT	18.9	u/l	10 - 50
A/G Ratio	1.2	-NA-	1 - 2.3

S. N. Tripathi

Dr. Surya N. Tripathi
 Consulting Pathologist
 Reg No - 2000/04/1994

TEST DATE : 23-10-2021
REF. BY : HARDEV HEALTH CARE
EMP CODE : 126192
NAME : M. Srinu
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	65.3	ng/dl	60 - 200
T4	C.L.I.A.	4.6	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	1.4	µIU/mL	0.3 - 5.5

Comments : ***

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

~~End Of Report~~

Sample Collected on (SCT) : 23-10-2021

Sample Received on (SRT) : 24.10.2021

Report Released on (RRT) : 25 October 2021

Sample Type : SERUM

Labcode : 110741711/AND45

Test Code : AHC-13

Dr.Durgaprasad N Agrawal MD Dr.Caesar Sengupta MD

Medical Test Date : 23-10-2021

Test Code : AHC-13

Name : M. Srinu

Emp Code : 126192

X-RAY OF THE CHEST P.A. VIEW

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

IMPRESSION : Normal Study**SUGGEST** : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI.
MBBS., DMRE, AFIH
TMC/MOH/PNDT/234

Medical Test Date : 23-10-2021

Test Code : AHC-13

Name : M. Srinu

Emp Code : 126192

3ch x 4 + (1ch)

Name: srinu

ID: 20211023110953

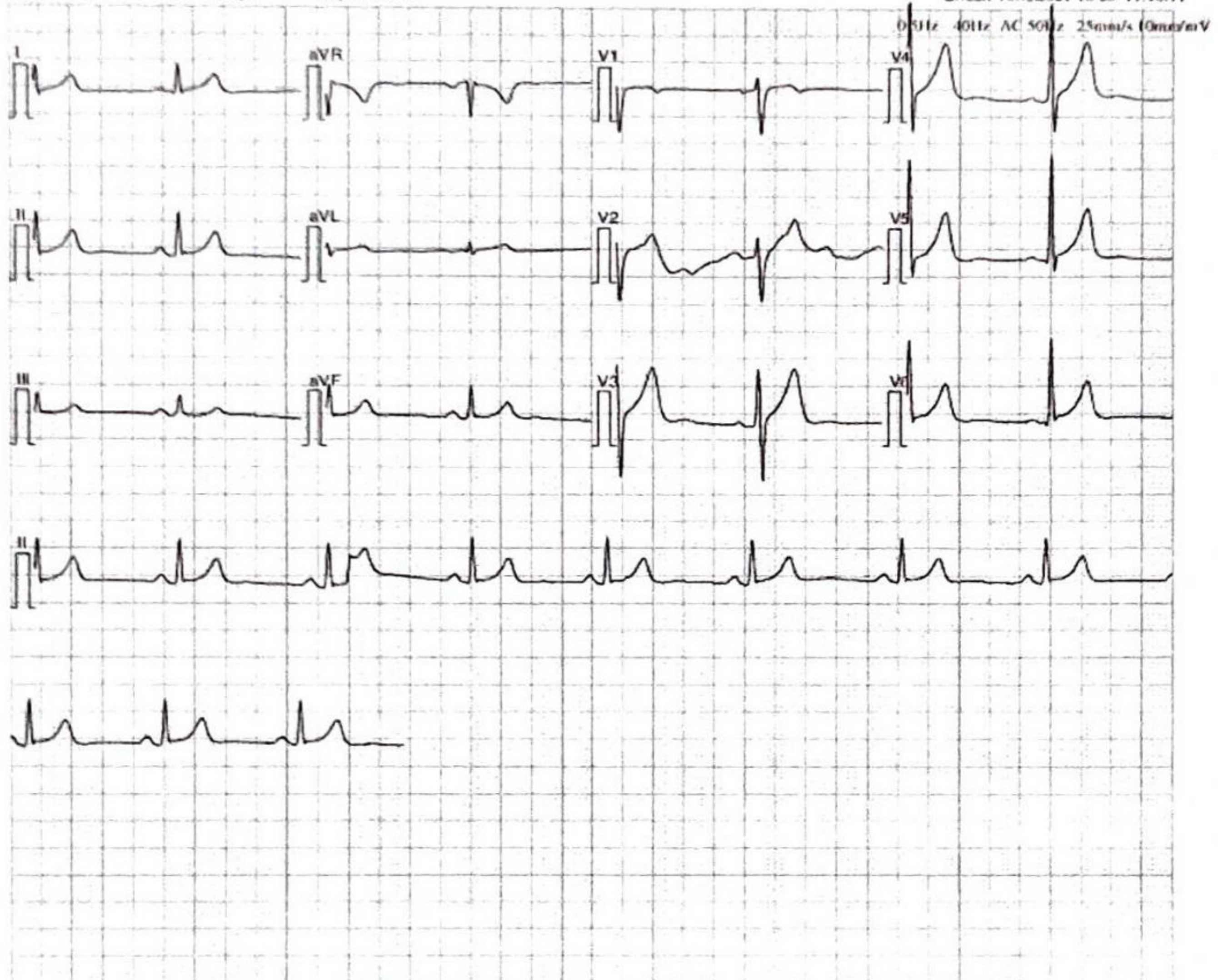
Sex: Male

Hospital:

Date of Birth: 1993/06/16 (28yrs)

Department:

Check Time: 2021-10-23 11:10:11



[Measurement]						
HR:	61 bpm	P	Width:	76 ms	RV5/SV1:	1.983/-0.823 mV
P Axis:	77 deg.	PR	Interval:	128 ms	RV5+SV1:	2.806 mV
QRS Axis:	55 deg.	QRS	Duration:	94 ms		
T Axis:	44 deg.	QT/QTc	Interval:	356/366 ms		
[Analysis Result]						
** normal ECG **						
Sinus rhythm						

Reporter: _____

Notice: All the parameters and conclusions should be confirmed by doctor

Dr. Kailash Changani
M.D.(Med)
Reg No - 58574

DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

RADIANCE SONOGRAPHY CENTRE



RADIANCE DIAGNOSTIC CENTRE

19, Shree Mangal Karyalay,
Opp. Shree Nagar Vidya Mandir, Shree Nagar,
Wagle Estate, Thane - 400 604 • Tel.: 7208542237

..... Experience the Difference

3, Durvankur, Near Panch Parmeshwar Mandir,
Kishan Nagar I, Wagle Estate, Thane - 400 604.
Tel.: 7208542237

NAME : M. SRINU	AGE/SEX : 28Y/M
REF BY : HARDEV HEALTH CARE	DATE:23/10/201

REAL TIME ABDOMINAL ULTRASOUND REPORT

LIVER :

Normal size liver with normal parenchymal echo pattern. No evidence of any solid or cystic intra- hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

GALL-BLADDER:

The physiologically dilated gall bladder is visualized and appears normal. No evidence of any gall stones noted. No e/o wall thickening or peri-cholecystic free fluid.

PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

KIDNEYS :

Both kidneys are normal in size. No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal.

The right kidney measures 9.5 x 3.9 cms. The left kidney measures 9.6 x 4.1 cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated .

Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.

Prostate gland is normal in size, measures 15 gms.

CONCLUSION :

- No significant abnormality is seen.

DR. RAJAT BALIGA
MBBS, MD (Radiology), DNB
FMF (Fetal Medical Foundation) ID- 176269



Summary

Hardev Health Care LLP
Mulund

119/Srinu 28 Yrs/Male 61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

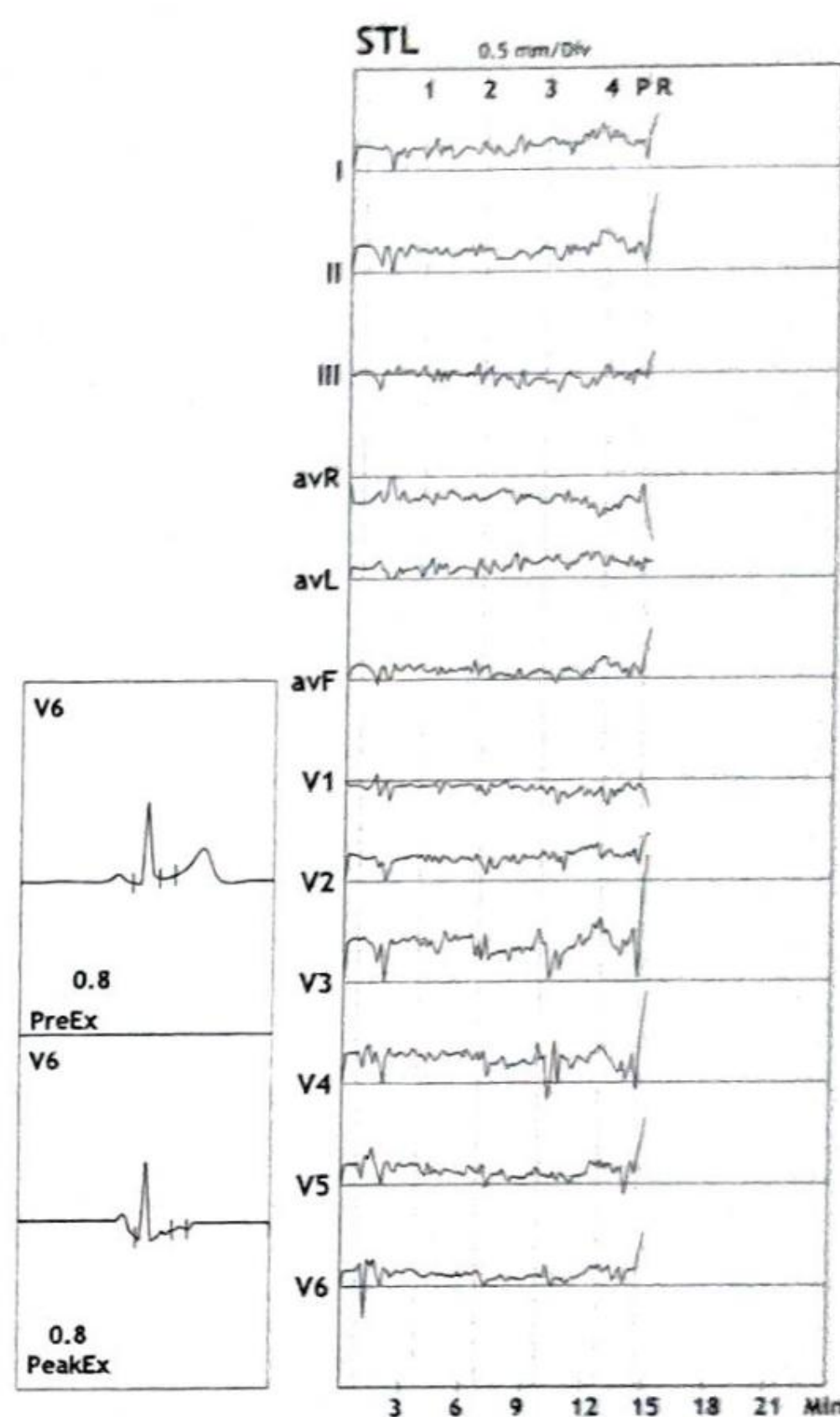
Ref. By : Dr. Ameya Chavan
Medication : Nil
Objective : FOR TESTING PURPOSE ONLY.

Protocol : BRUCE
History : Nil

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	72	---/---	0	-	
Standing					1.0	77	---/---	0	-	
HV					1.0	78	---/---	0	-	
ExStart					1.0	81	---/---	0	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	99	---/---	0	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	122	---/---	0	-	
Stage 3	3:01	9:02	3.4	14.0	10.2	153	---/---	0	-	
Stage 4	3:01	12:02	4.2	16.0	13.5	182	---/---	0	-	
PeakEx	1:56	13:57	0.0	0.0	14.4	188	---/---	0	-	
Recovery	0:22		0.0	0.0	11.3	179	---/---	0	-	

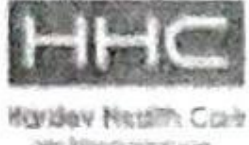
Findings :

Exercise Time :13:56
Max HR Attained :188 bpm 98% of Max Predictable HR 192
Max BP : 0/0(mmHg)
Max WorkLoad attained :14.4(Good Effort Tolerance)



Advice/Comments:

Dr. Ameya S. Chavan (MD, DM Cardiology)



12 Lead + Median

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

HR: 75 bpm
METS: 1.0
BP: ---/---

MPHR: 39% of 192
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

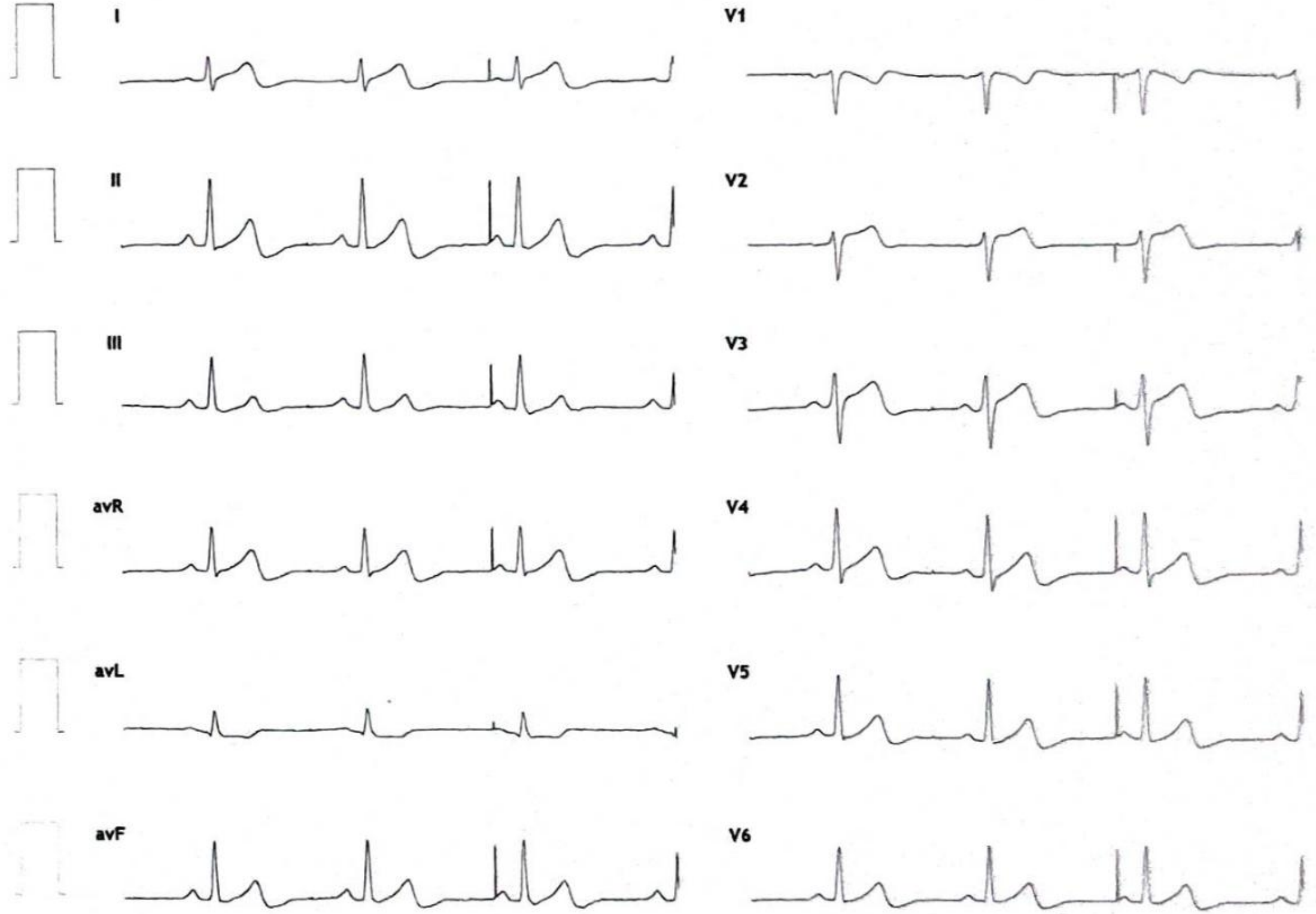
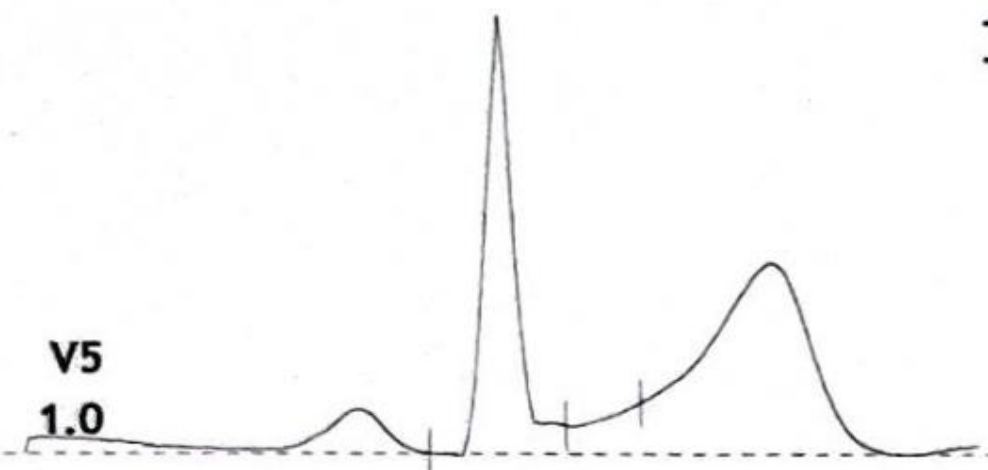
Ex Time 00:30
BLC :On
Notch :On

Supine
10.0 mm/mV
25 mm/Sec.

4X 60 mS Post J

I	II	III	avR	avL	avF
1.2	1.4	0.2	-1.3	0.5	0.8
1.1	1.0	0.0	-1.1	0.5	0.5

V1	V2	V3	V4	V5	V6
-0.2	1.3	2.2	1.5	1.0	0.8
-0.3	1.2	2.0	1.3	0.8	0.6





12 Lead + Median

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

HR: 74 bpm
METS: 1.0
BP: ---/---

MPHR: 38% of 192
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

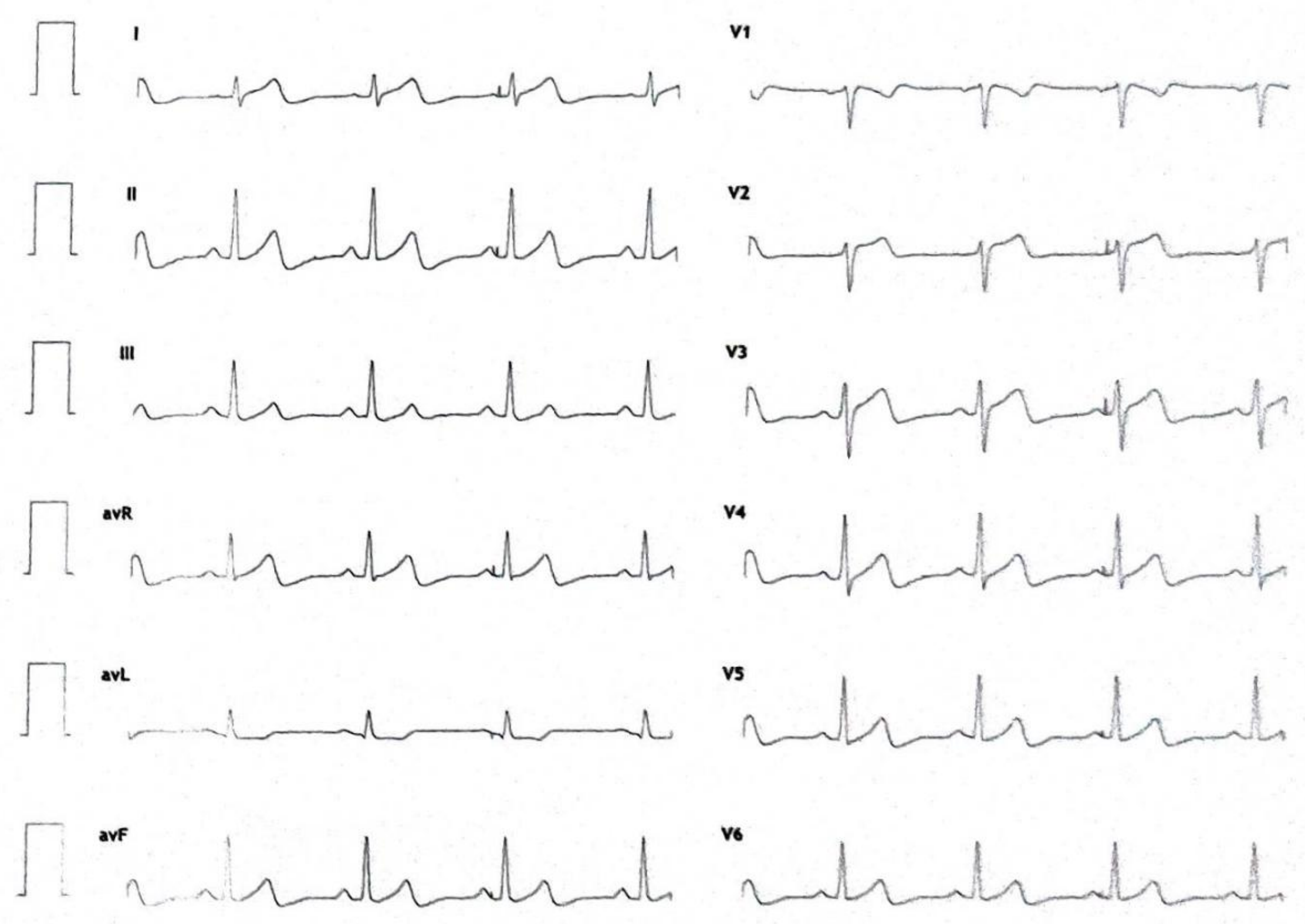
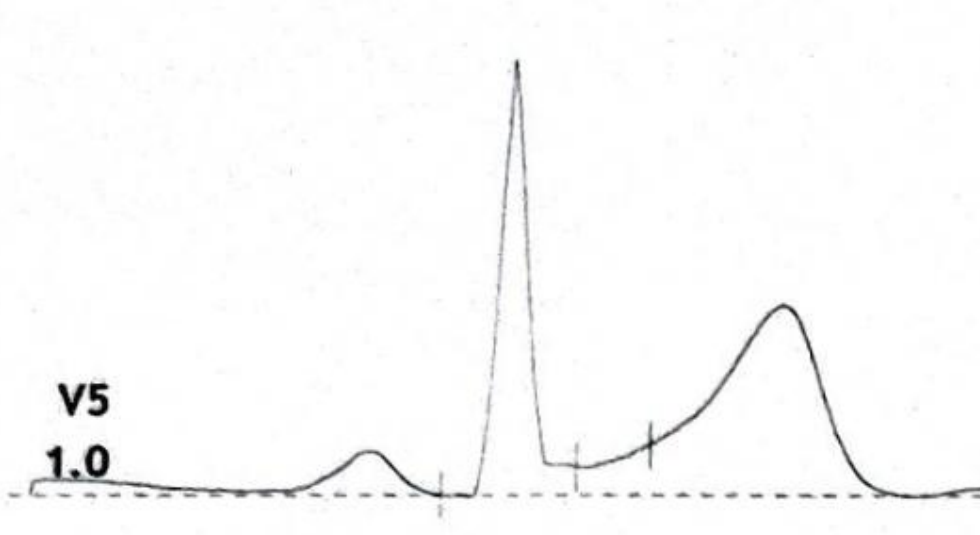
Ex Time 00:34
BLC :On
Notch :On

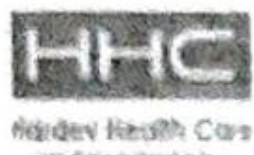
Standing
10.0 mm/mV
25 mm/Sec.

4X 60 mS Post J

I	II	III	avR	avL	avF
1.2	1.4	0.2	-1.3	0.5	0.8
1.1	1.0	0.0	-1.1	0.5	0.5

V1	V2	V3	V4	V5	V6
-0.2	1.3	2.2	1.5	1.0	0.8
-0.3	1.2	2.0	1.3	0.8	0.6





12 Lead + Median

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

HR: 78 bpm
METS: 1.0
BP: ---/---

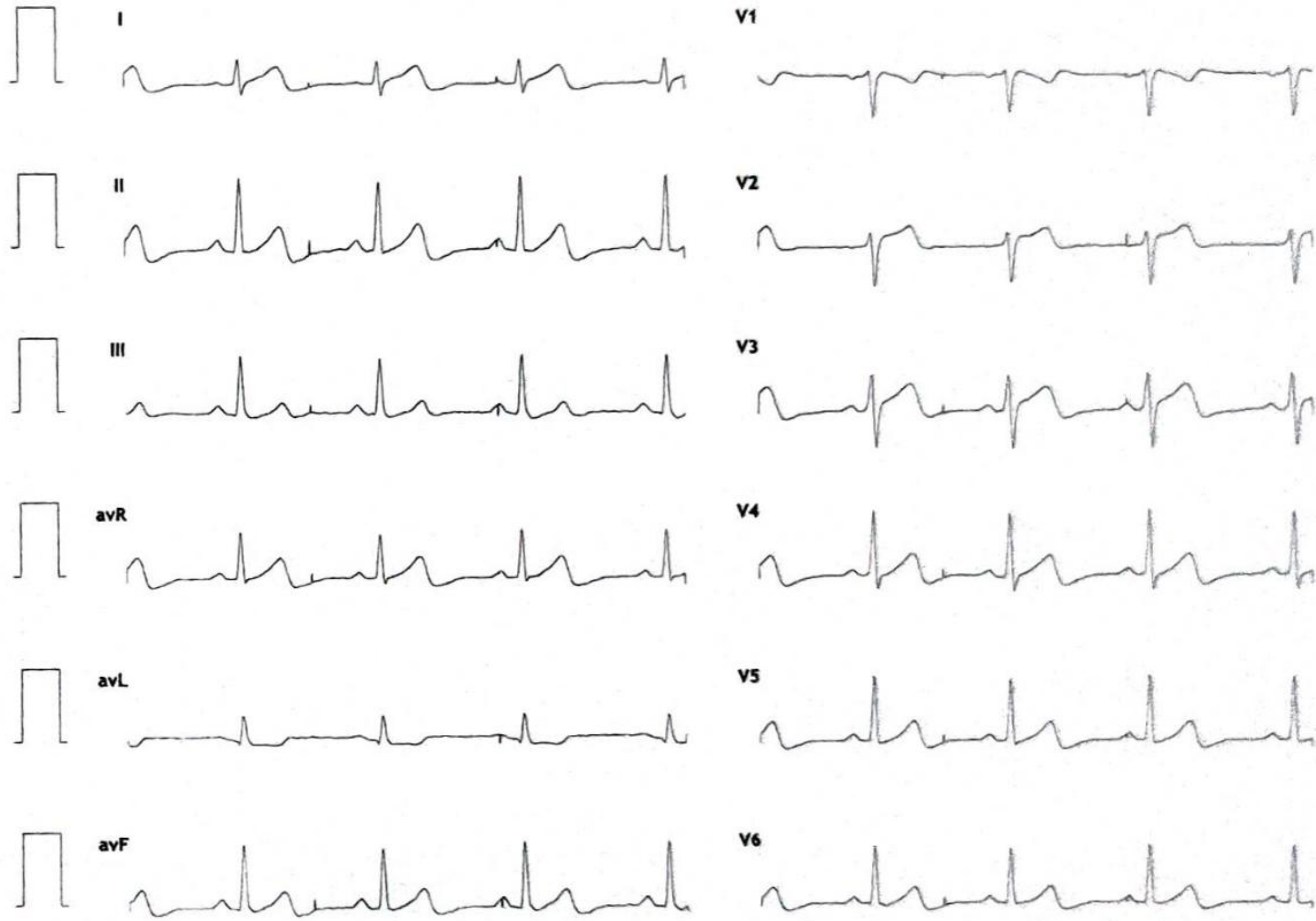
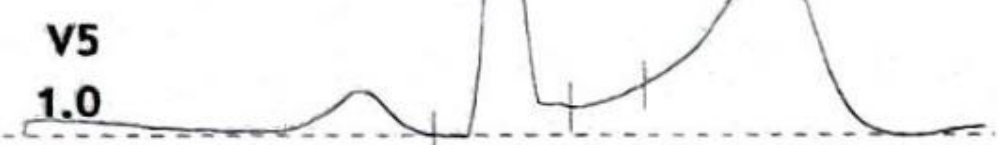
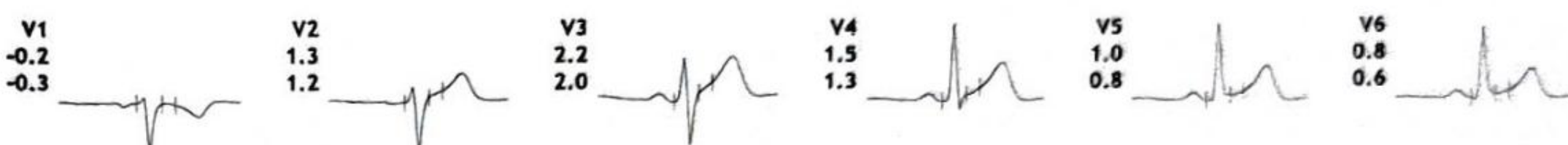
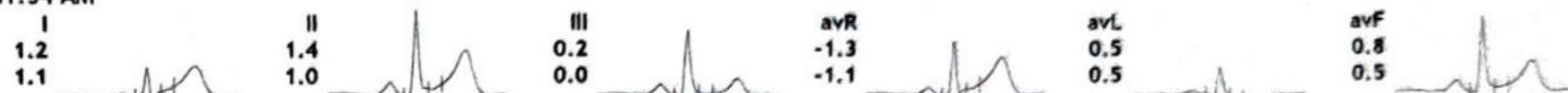
MPHR: 40% of 192
Speed: 0.0 mph
Grade: 0.0%

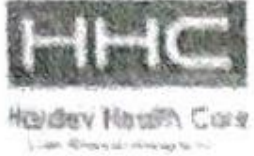
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:37
BLC :On
Notch :On

HV
10.0 mm/mV
25 mm/Sec.

4X 60 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

HR: 99 bpm
METS: 4.7
BP: ---/---

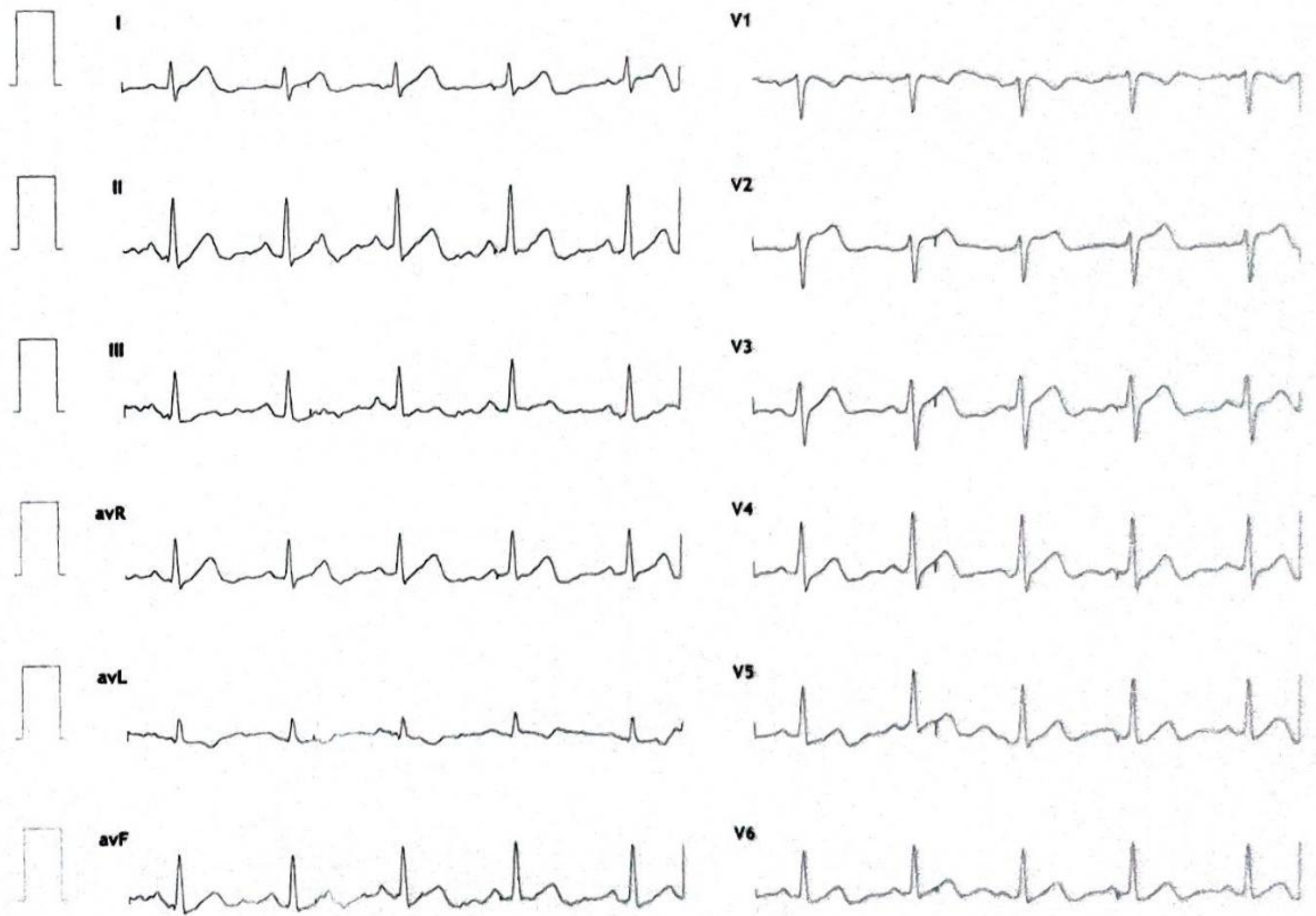
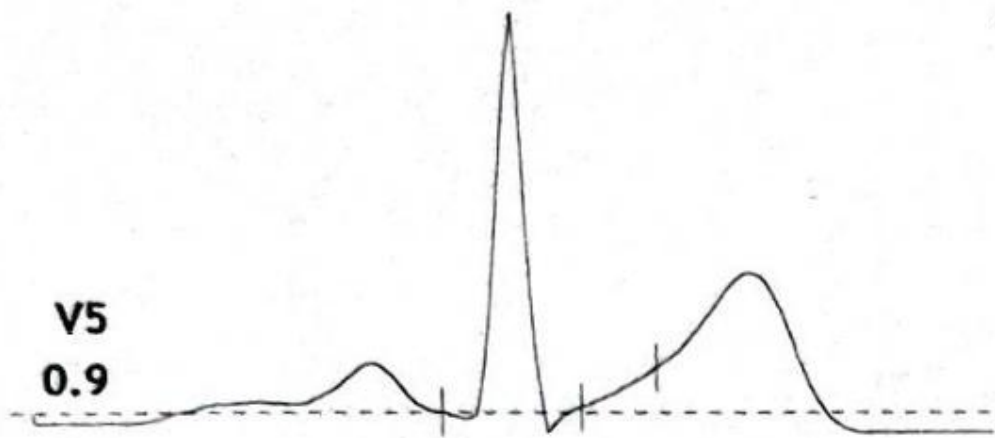
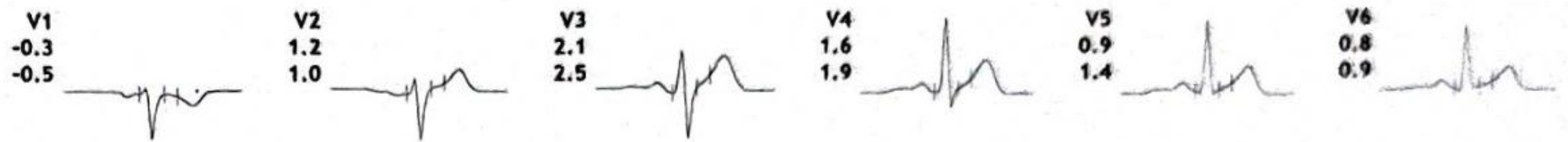
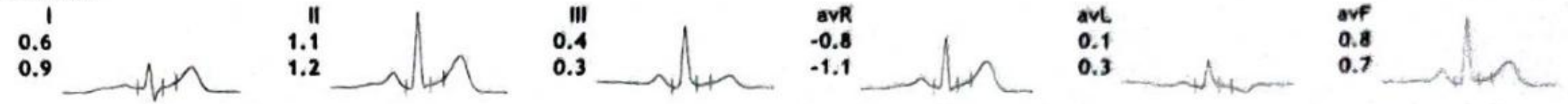
MpHR: 51% of 192
Speed: 1.7 mph
Grade: 10.0%

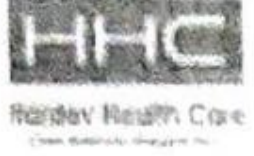
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 03:00
BLC : On
Notch : On

BRUCE: Stage 1(3:00)
10.0 mm/mV
25 mm/Sec.

4X 60 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

HR: 122 bpm
METS: 7.1
BP: ---/---

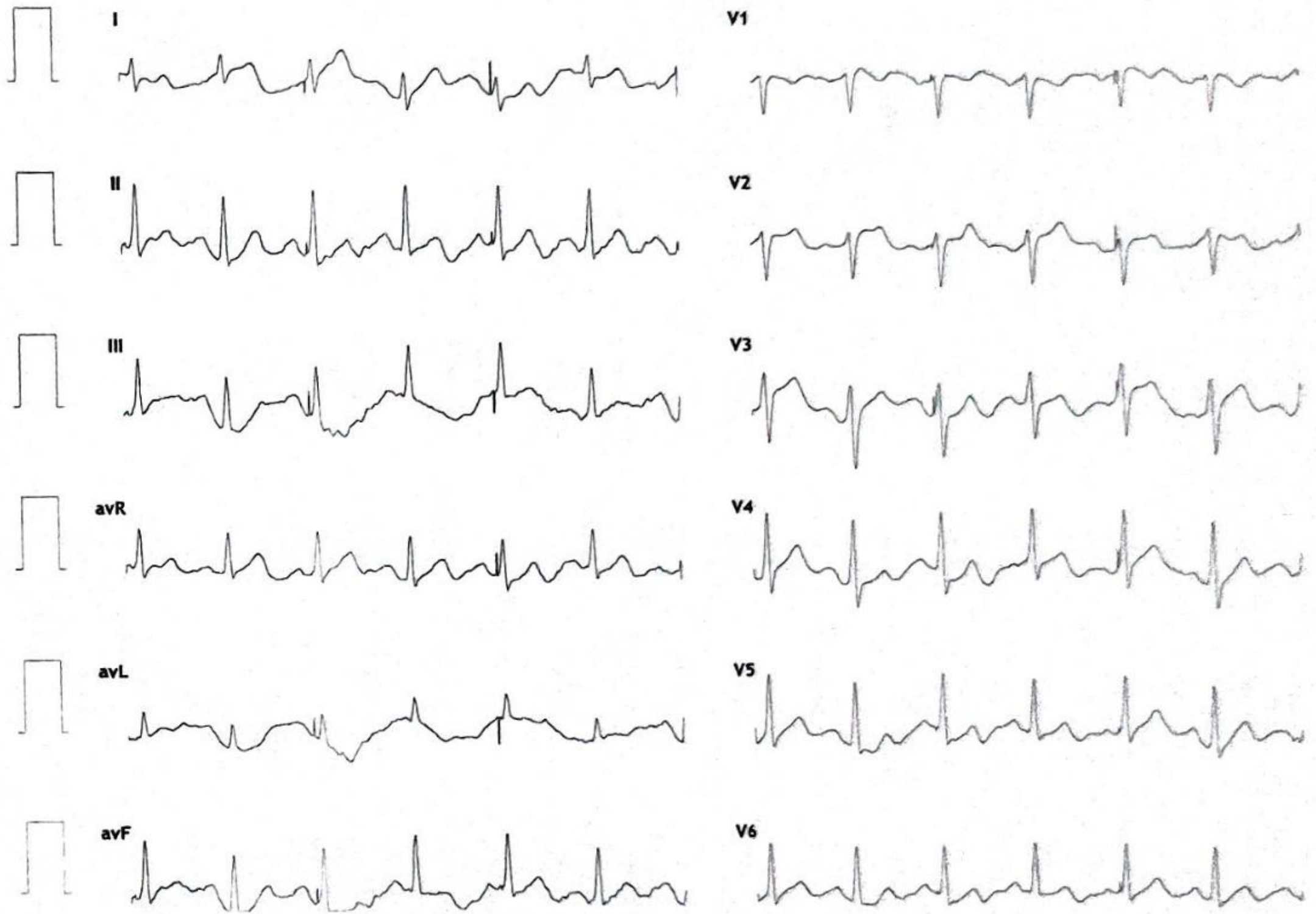
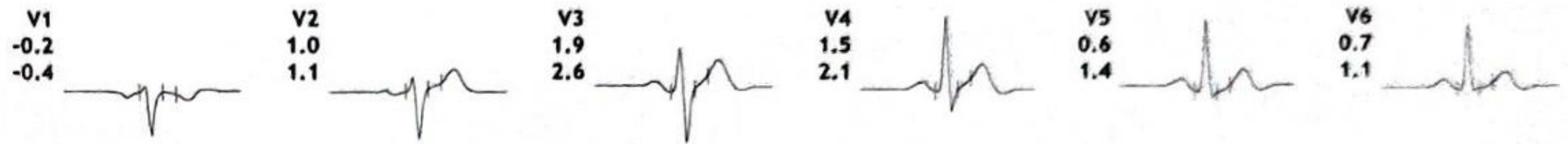
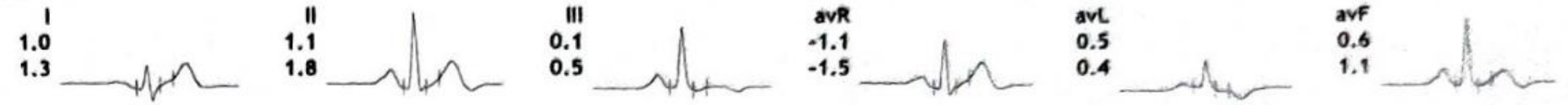
MPHR: 63% of 192
Speed: 2.5 mph
Grade: 12.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 06:00
BLC :On
Notch :On

BRUCE: Stage 2(3:00)
10.0 mm/mV
25 mm/Sec.

4X 60 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

HR: 153 bpm
METS: 10.2
BP: ---/---

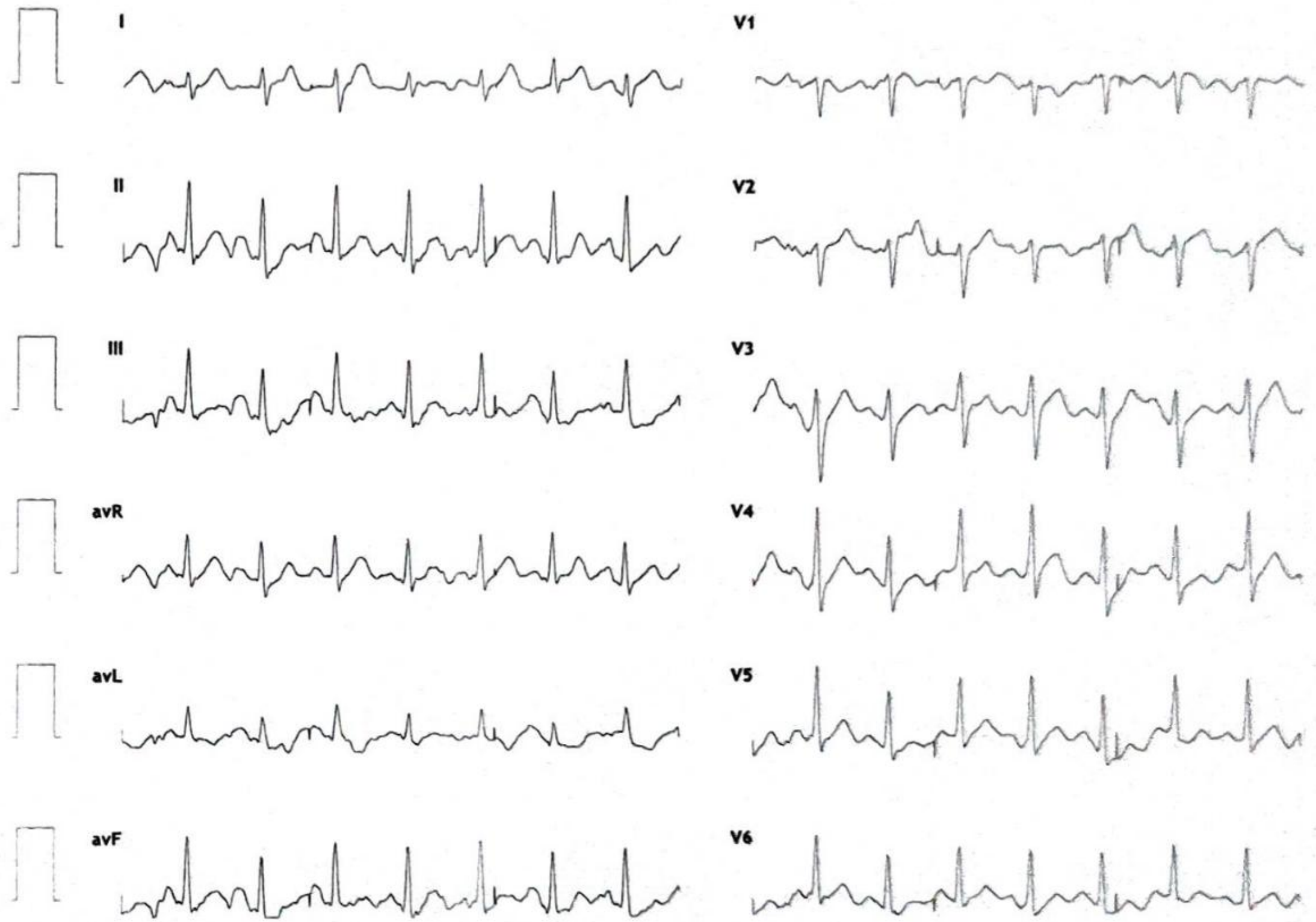
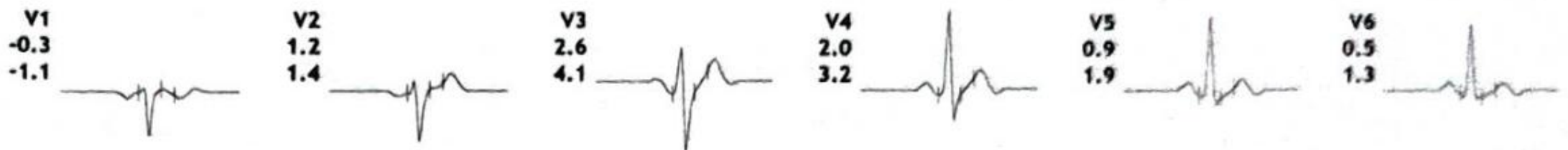
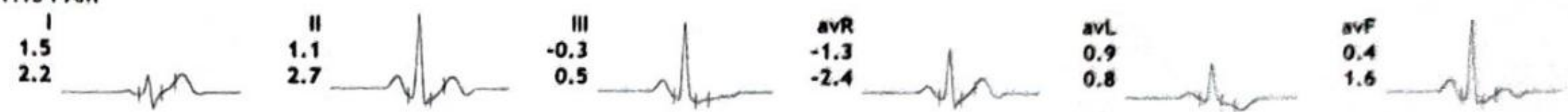
MPHR: 79% of 192
Speed: 3.4 mph
Grade: 14.0%

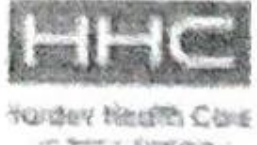
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 09:00
BLC : On
Notch : On

BRUCE: Stage 3(3:00)
10.0 mm/mV
25 mm/Sec.

4X 60 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

HR: 188 bpm
METS: 14.4
BP: ---/---

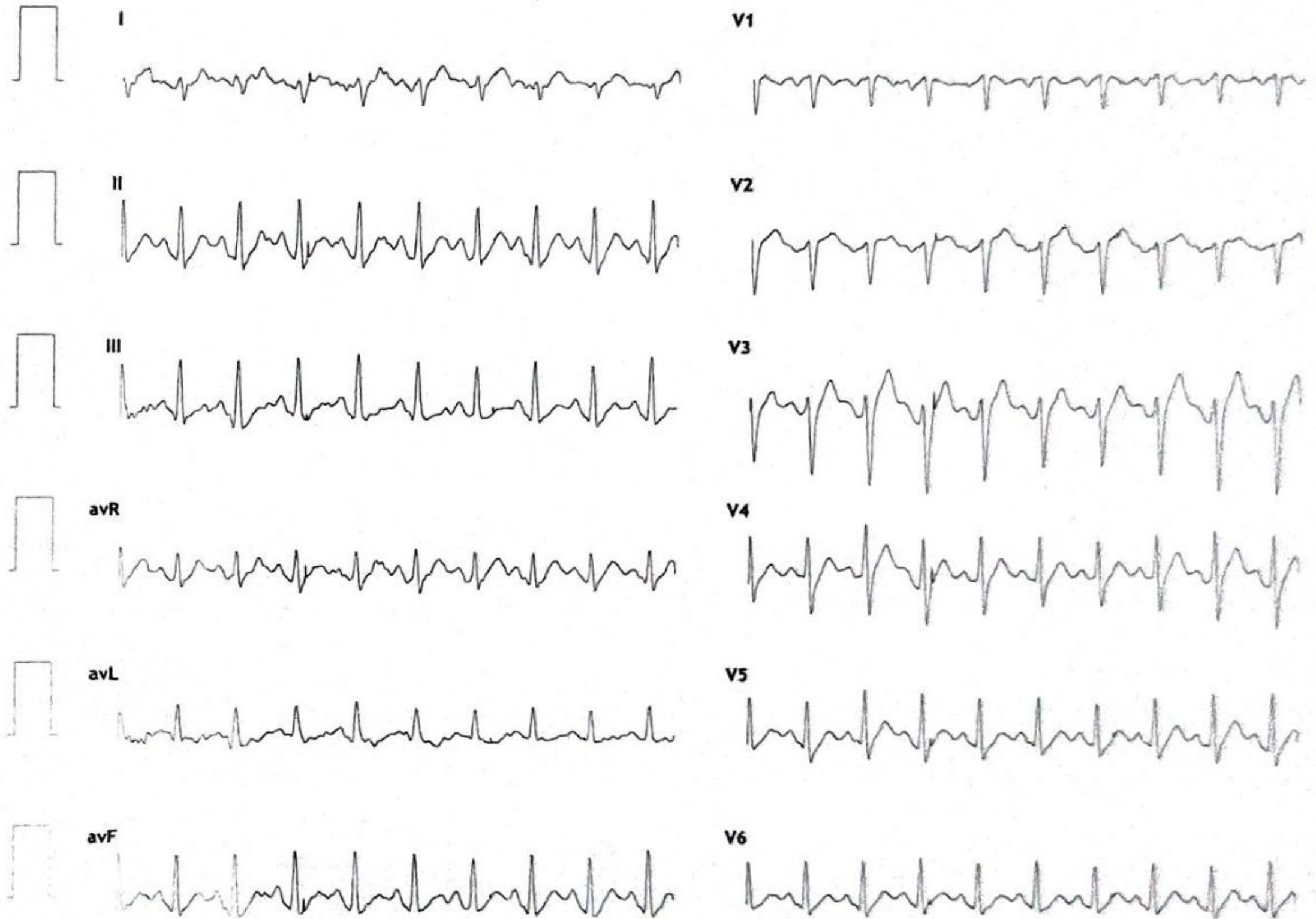
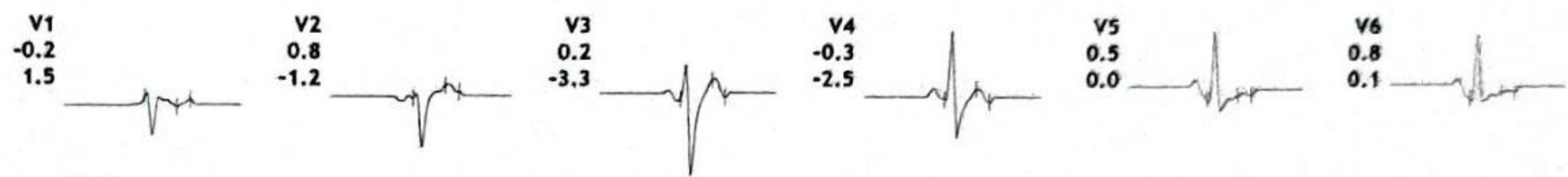
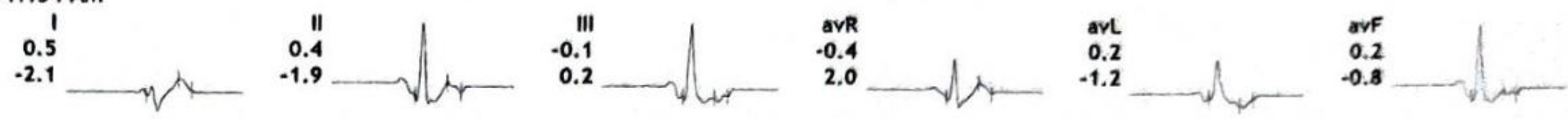
MpHR: 97% of 192
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 13:55
BLC :On
Notch :On

BRUCE:PeakEx(1:55)
10.0 mm/mV
25 mm/Sec.

4X 60 mS Post J





12 Lead + Median

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

HR: 180 bpm
METS: 11.4
BP: ---/---

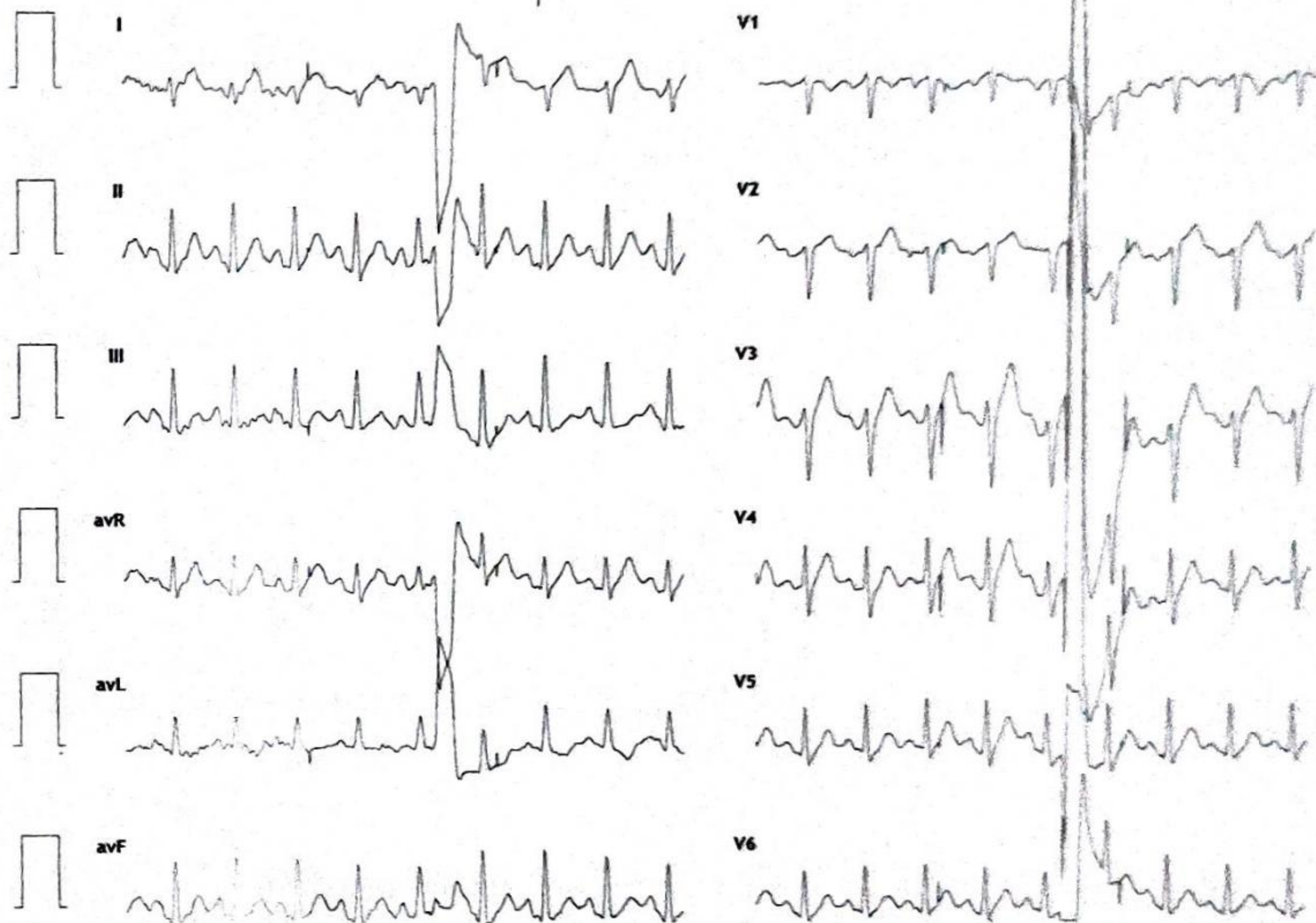
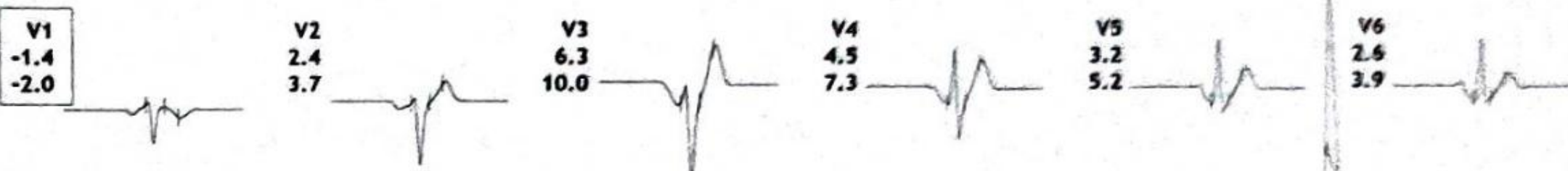
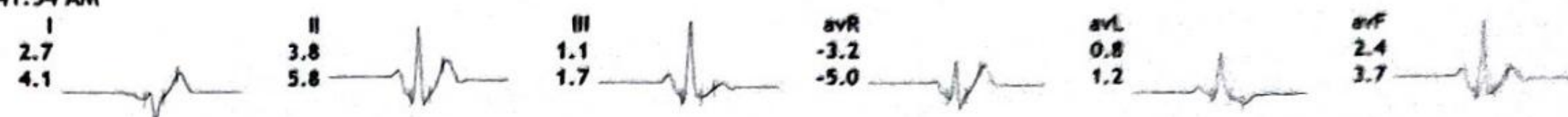
MPHR: 93% of 192
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 13:56
BLC : On
Notch : On

Recovery(0:21)
10.0 mm/mV
25 mm/Sec.

4X 60 mS Post J





12L Rhythm

Hardev Health Care LLP
Mulund

119/Srinu
28 Yrs/Male
61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

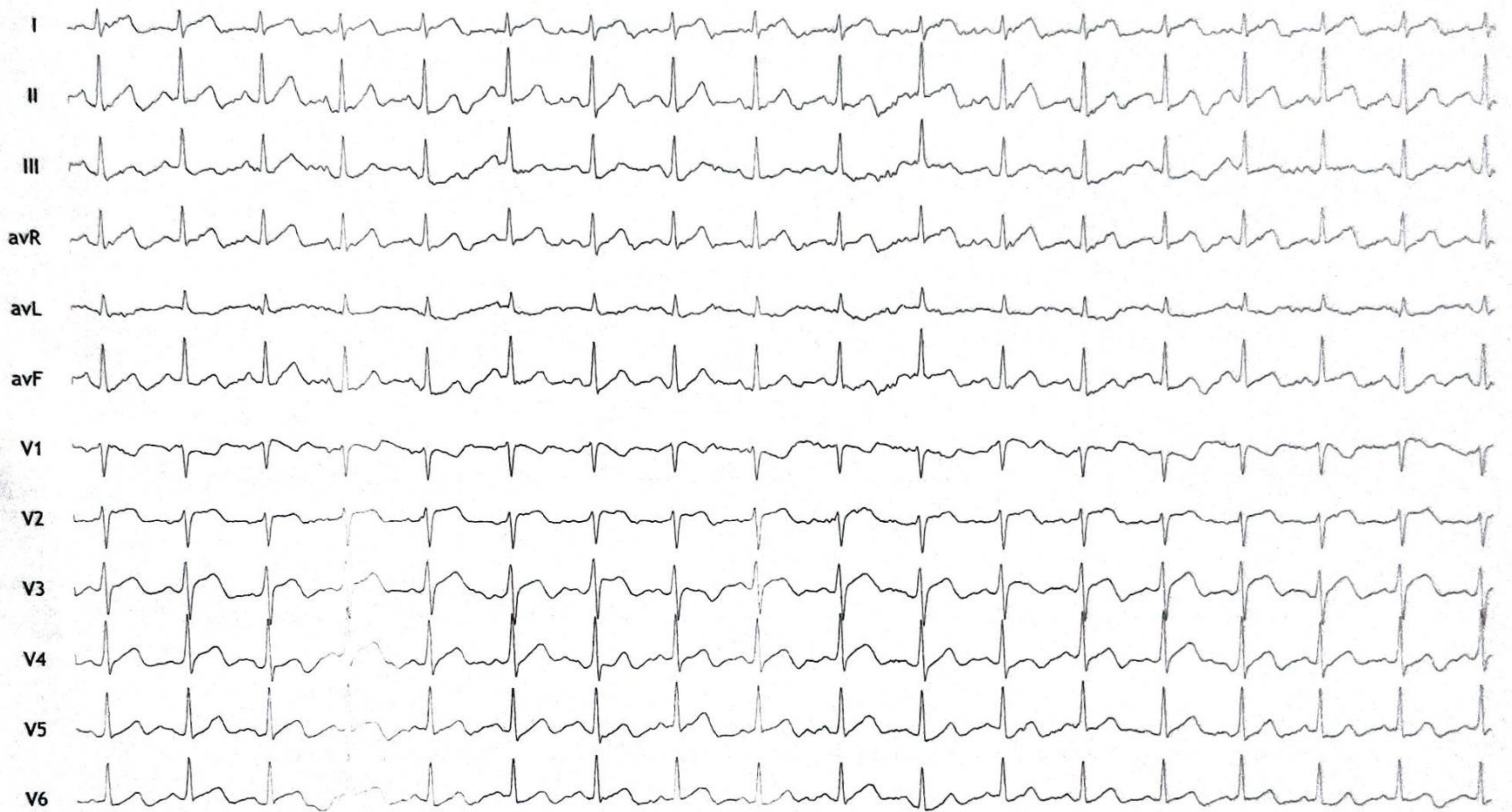
HR: 106 bpm
METS: 2.2
BP: ---/---

MHR: 55% of 192
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:57
BLC : On
Notch : On

Stage 1 (00:57)
10.0 mm/mV
25 mm/Sec.





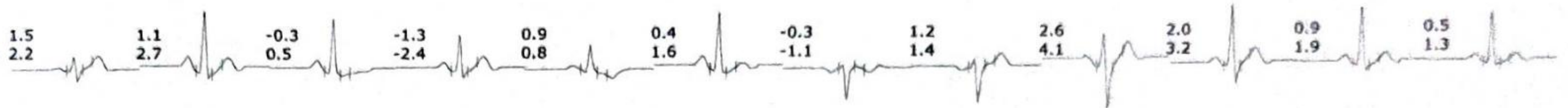
Average

Hardev Health Care LLP
Mulund
119/Srinu 28 Yrs/Male 61 Kg/172 Cms
Date: 23-Oct-2021 11:41:54 AM

I II III avR avL avF V1 V2 V3 V4 V5 V6

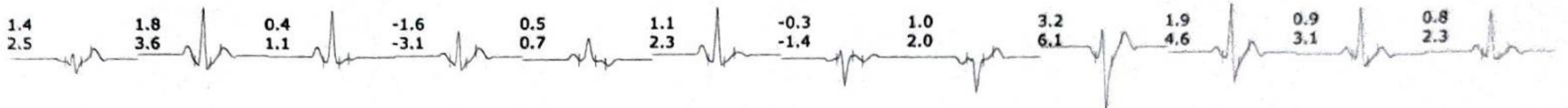
Stage 3

(1) 9:01 3.4 mph
(2) 3:01 14.0 %
153 bpm---/---



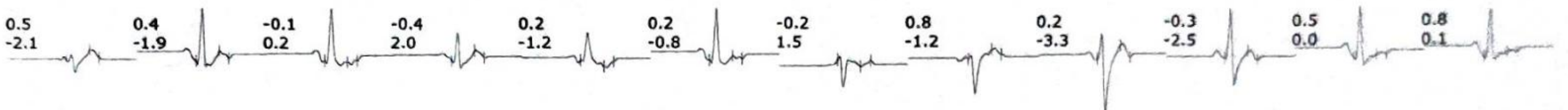
Stage 4

(1) 12:01 4.2 mph
(2) 3:01 16.0 %
182 bpm---/---



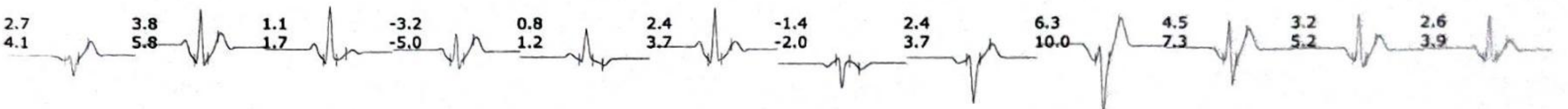
PeakEx

(1) 13:56 0.0 mph
(2) 1:56 0.0 %
188 bpm---/---



Recovery

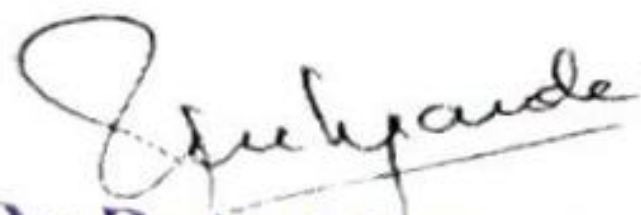
(1) 13:56 0.0 mph
(2) 0:22 0.0 %
179 bpm---/---



Date : 23-10-2021

FITNESS CERTIFICATE

This is to certify that **Mr. M. Srinu** Emp. No. **126192** age **28** Yrs. has undergone the medical examination with us on **23-10-2021**. based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.



Dr Rahul S Deshpande
M.B.B.S. D. Ortho A.F.I.H (Mumbai)
Regd. No 081019

Authorised Medical Practitioner