

**Name** : Mr. PRATIK K CHANDARANA (31 /M)

**Date** : 25/03/2022

**Address** : 38,SRIGOPAL MALLICK LANE,P.O-BOWBAZAR, KOLKATA, KOLKATA, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AGHL.0001482833

**Package** : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH144656



## CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY

:26/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Nil significant.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, FLATULENCE AND

DYSPEPSIA - Yes, BOWEL HABITS – Regular.

### Genitourinary system

FREQUENCY – Normal.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP

– Normal.

### Eyes

VISION - Distant decreased.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Steady.



### Present medications

Nil.



### Past medical history

Jaundice

- in childhood.



### Surgical history

Surgical history

- Nil



### Personal history

Marital status

- Single

Diet

- Vegetarian

Alcohol

- does not consume alcohol

Smoking

- No

Chews tobacco

- No

Physical activity

- Mild



### Family history

Father

- alive

Mother

- alive

Brothers

- 1

Coronary artery

- none

disease

Cancer

- None

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## PHYSICAL EXAMINATION



### General

Build - Healthy.  
Height (in cms) - 174  
Weight (in Kgs) - 60  
BMI - 19.82  
Pallor - no  
Oedema - no



### Cardiovascular system

Heart rate(Per minute) - 78  
Rhythm - Normal  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 72  
Heart sounds - S1S2+



### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.



### Central nervous system

No neurological deficit



### Skin

No significant finding



### Musculo Skeletal System

Extremities - No significant finding  
Spine - No significant finding

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

| Test Name                                  | Result                        | Unit           | Level | Range      |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin                                 | 12.9 *                        | g/dl           | ●     | 13.0-17.0  |
| RBC COUNT                                  | 4.52                          | Million/<br>ul | ●     | 4.5-5.5    |
| Hematocrit - Hct:                          | 39.0 *                        | %              | ●     | 41-53      |
| MCV  | 86.3                          | fl             | ●     | 83-101     |
| MCH  | 28.6                          | pg             | ●     | 27-32      |
| MCHC                                       | 33.2                          | %              | ●     | 31.5-34.5  |
| RDW  | 12.4                          | %              | ●     | 11.8-14.0  |
| WBC Count                                  | 5100                          | /cu mm         | ●     | 4000-10000 |
| Platelet Count                             | 2.18                          | lacs/cu<br>mm  | ●     | 1.5-4.0    |
| Neutrophils                                | 49                            | %              | ●     | 40-80      |
| Lymphocytes                                | 32                            | %              | ●     | 20-40      |
| Monocytes                                  | 07                            | %              | ●     | 2-10       |
| Eosinophils                                | 12 *                          | %              | ●     | 01-06      |
| Basophils                                  | 00                            | %              | ●     | 0-0        |
| RBC:                                       | Normocytic Normochromic cells |                |       |            |
| WBC:                                       | Eosinophilia noted            |                |       |            |
| Platelets:                                 | Adequate.                     |                |       |            |
| ERYTHROCYTE<br>SEDIMENTATION<br>RATE (ESR) | 05                            | mm/1st<br>hr   | ●     | 0-15       |

**URINE ROUTINE AND MICROSCOPY**

| Test Name        | Result       | Unit | Level | Range |
|------------------|--------------|------|-------|-------|
| Volume:          | 40           | mL   |       |       |
| Colour:          | Pale Straw   |      |       |       |
| Appearance       | Clear        |      |       |       |
| Specific Gravity | 1.005        |      |       |       |
| pH:              | 6.5          |      |       |       |
| Albumin:         | Not Detected |      |       |       |
| Glucose          | Not Detected |      |       |       |
| Ketone:          | Not Detected |      |       |       |
| Bile Pigments    | Not Detected |      |       |       |
| RBC              | Nil          | /hpf |       |       |

|                  |  |
|------------------|--|
| Pus Cells        | Occasional/hpf   |
| Epithelial Cells | Occasional/hpf   |
| Casts:           | Not Found  |
| Crystals:        | Not Found  |
| Note             | Biological reference interval<br>RBC- 0-2/hpf<br>Pus Cell - 0-5/hpf. |

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

| Test Name                          | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(POST<br>PRANDIAL) | Nil    |      |       |       |

**URINE SUGAR- FASTING(QUALITATIVE)**

| Test Name                 | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(FASTING) | Nil    |      |       |       |

**BLOOD GROUPING AND TYPING (ABO AND RH)**

| Test Name    | Result   | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group:   | B        |      |       |       |
| Rh (D) Type: | POSITIVE |      |       |       |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                          | Result | Unit  | Level | Range   |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM                  | 11     | U/L   | ●     | 10-40   |
| ALBUMIN - SERUM                    | 4.6    | g/dL  | ●     | 3.5-5.1 |
| ALKALINE<br>PHOSPHATASE -<br>SERUM | 60     | U/L   | ●     | 53-128  |
| AST (SGOT) - SERUM                 | 22     | U/L   | ●     | 10-42   |
| BILIRUBIN TOTAL -<br>SERUM         | 0.7    | mg/dL | ●     | 0.0-1.0 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name              | Result | Unit  | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL -<br>SERUM | 150    | mg/dL | ●     | 0-200 |

**CREATININE - SERUM**

| Test Name          | Result | Unit  | Level | Range   |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.8 *  | mg/dL | ●     | 0.9-1.3 |

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                                   | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 9      | U/L  | ●     | 7-64  |

|                                     |     |       |   |          |
|-------------------------------------|-----|-------|---|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2    |
| TOTAL T4: THYROXINE - SERUM         | 7.7 | µg/dL | ● | 5.1-14.1 |

**GLUCOSE - PLASMA (FASTING)**

| Test Name                  | Result | Unit  | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 95     | mg/dL | ●     | 70-99 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name             | Result | Unit  | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 35     | mg/dL | ●     | 0-150 |

**GLUCOSE - PLASMA (POST PRANDIAL)**

| Test Name                        | Result | Unit  | Level | Range  |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 83     | mg/dL | ●     | 70-140 |

**THYROID PROFILE - I(T3,T4 AND TSH)**

| Test Name                                | Result | Unit   | Level | Range       |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 1.8    | µIU/mL | ●     | 0.270-4.200 |

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

| Test Name                                    | Result | Unit | Level | Range  |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.0    | %    | ●     | Nondiabetic : 4 - 5.6 %<br>Prediabetics : 5.7 - 6.4%<br>Diabetes : >= 6.5%<br>ADA Therapeutic goal : <7% |

**URIC ACID - SERUM**

| Test Name         | Result | Unit  | Level | Range   |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 4.6    | mg/dL | ●     | 3.5-7.2 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                             | Result | Unit  | Level | Range   |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2    | mg/dL | ●     | 0.0-0.2 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name                             | Result | Unit  | Level | Range         |
|---------------------------------------|--------|-------|-------|---------------|
| HDL CHOLESTEROL - SERUM               | 43     | mg/dL | ●     | 30-70         |
| LDL CHOLESTEROL -SERUM                | 90     | mg/dL | ●     | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 17     | mg/dL | ●     | 0-35          |

**BUN (BLOOD UREA NITROGEN)**

| Test Name                 | Result | Unit  | Level | Range    |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 10.7   | mg/dL | ●     | 7.0-18.0 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name   | Result  | Unit | Level | Range   |
|-------------|---------|------|-------|---------|
| A/G - RATIO | 1.8:1.0 |      |       | 1.0-2.0 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                      | Result | Unit | Level | Range   |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM          | 7.1    | g/dL | ●     | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 2.5    | g/dL | ●     | 1.8-3.6 |

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Normal study.

**X-RAY CHEST PA**

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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