



Patient Ref. No. 6500000522902

CLIENT CODE : C000138379

CLIENT'S NAME AND ADDRESS :

ACROFEMI HEALTHCARE LTD (MEDIWHEEL)
F-703, LADO SARAI, MEHRAULI
SOUTH WEST DELHI
NEW DELHI 110030
DELHI INDIA
8800465156

SRL Ltd
PLOT No. 88, ROAD No. 15,MIDC ESTATE,ANDHERI (EAST)
MUMBAI, 400093
MAHARASHTRA, INDIA
Tel : 09152729959/9111591115, Fax :
CIN - U74899PB1995PLC045956

PATIENT NAME : SUJIT BHALERAO

PATIENT ID : SUJIM535031940

ACCESSION NO : 0065VE001554 AGE : 33 Years SEX : Male

DRAWN : RECEIVED : 14/05/2022 07:42 REPORTED : 16/05/2022 14:11

REFERRING DOCTOR : SELF

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MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW
APPEARANCE CLEAR
SPECIFIC GRAVITY >=1.030 1.003 - 1.035
METHOD : REFLECTANCE SPECTROPHOTOMETRY- PKA CHANGE OF AN IONIC POLYELECTROLYTE

BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN 14.6 13.0 - 17.0 g/dL
METHOD : PHOTOMETRIC MEASUREMENT
RED BLOOD CELL COUNT 5.79 High 4.5 - 5.5 mil/µL
METHOD : COULTER PRINCIPLE
WHITE BLOOD CELL COUNT 8.30 4.0 - 10.0 thou/µL
METHOD : COULTER PRINCIPLE
PLATELET COUNT 320 150 - 410 thou/µL
METHOD : ELECTRONIC IMPEDENCE & MICROSCOPY

RBC AND PLATELET INDICES

HEMATOCRIT 45.9 40.0 - 50.0 %
METHOD : CALCULATED PARAMETER
MEAN CORPUSCULAR VOL 79.3 Low 83.0 - 101.0 fL
METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM
MEAN CORPUSCULAR HGB. 25.3 Low 27.0 - 32.0 pg
METHOD : CALCULATED PARAMETER
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION 31.9 31.5 - 34.5 g/dL
METHOD : CALCULATED PARAMETER
MENTZER INDEX 13.7
RED CELL DISTRIBUTION WIDTH 14.7 High 11.6 - 14.0 %
METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM
MEAN PLATELET VOLUME 7.4 6.8 - 10.9 fL
METHOD : DERIVED PARAMETER FROM PLATELET HISTOGRAM

CHEMICAL EXAMINATION, URINE

PH 6.0 4.7 - 7.5
METHOD : REFLECTANCE SPECTROPHOTOMETRY- DOUBLE INDICATOR METHOD
PROTEIN NOT DETECTED NOT DETECTED
METHOD : REFLECTANCE SPECTROPHOTOMETRY - PROTEIN-ERROR-OF-INDICATOR PRINCIPLE
GLUCOSE NOT DETECTED NOT DETECTED
METHOD : REFLECTANCE SPECTROPHOTOMETRY, DOUBLE SEQUENTIAL ENZYME REACTION-GOD/POD



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Main test results table with columns: Test Name, Results, Biological Reference Interval, Units. Includes tests for Ketones, Blood, Bilirubin, Urobilinogen, Nitrite, Leukocyte Esterase, WBC Differential Count, and Microscopic Examination of Urine.



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Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Rows: CASTS, CRYSTALS, BACTERIA, YEAST

METHOD : URINE ROUTINE & MICROSCOPY EXAMINATION BY INTEGRATED AUTOMATED SYSTEM

Comments

URINALYSIS : MICROSCOPIC EXAMINATION OF URINE IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.

NOTE:KINDLY EXERT CAUTION DURING INTERPRETATION OF FINDINGS REPORTED IN URINALYSIS WHERE IN THE SAMPLE IS MORE THAN TWO HOURS OLD.

ERYTHRO SEDIMENTATION RATE, BLOOD

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Row: SEDIMENTATION RATE (ESR)

METHOD : AUTOMATED (PHOTOMETRICAL CAPILLARY STOPPED FLOW KINETIC ANALYSIS)

GLUCOSE, FASTING, PLASMA

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Row: GLUCOSE, FASTING, PLASMA

METHOD : SPECTROPHOTOMETRY HEXOKINASE

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Row: GLYCOSYLATED HEMOGLOBIN (HBA1C)

METHOD : ION- EXCHANGE HPLC

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Row: MEAN PLASMA GLUCOSE

METHOD : CALCULATED PARAMETER

GLUCOSE, POST-PRANDIAL, PLASMA

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Row: GLUCOSE, POST-PRANDIAL, PLASMA

METHOD : SPECTROPHOTOMETRY HEXOKINASE

CORONARY RISK PROFILE (LIPID PROFILE), SERUM

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Row: CHOLESTEROL

METHOD : SPECTROPHOTOMETRY, ENZYMATIC COLORIMETRIC - CHOLETSEROL OXIDASE, ESTERASE, PEROXIDASE

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Row: TRIGLYCERIDES



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Test Report Status	Final	Results	Biological Reference Interval	Units
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METHOD : SPECTROPHOTOMETRY, ENZYMATIC ENDPOINT WITH GLYCEROL BLANK

HDL CHOLESTEROL	60	Low HDL cholesterol < 40 High HDL cholesterol > / = 60	mg/dL
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METHOD : SPECTROPHOTOMETRY, HOMOGENEOUS DIRECT ENZYMATIC COLORIMETRIC

DIRECT LDL CHOLESTEROL	146	High Optimal : < 100 Near optimal/above optimal : 100 - 129 Borderline high : 130 - 159 High : 160 - 189 Very high : > / = 190	mg/dL
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METHOD : SPECTROPHOTOMETRY, HOMOGENEOUS ENZYMATIC COLORIMETRIC

NON HDL CHOLESTEROL	152	High Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
---------------------	-----	--	-------

METHOD : CALCULATED PARAMETER

CHOL/HDL RATIO	3.5	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
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METHOD : CALCULATED PARAMETER

LDL/HDL RATIO	2.4	Desirable/Low Risk : 0.5 - 3.0 Borderline/Moderate Risk : 3.1 - 6.0 High Risk : > 6.0	
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METHOD : CALCULATED PARAMETER

VERY LOW DENSITY LIPOPROTEIN	13.0	< or = 30.0	mg/dL
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LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL	0.62	Upto 1.2	mg/dL
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METHOD : SPECTROPHOTOMETRY, COLORIMETRIC -DIAZO METHOD

BILIRUBIN, DIRECT	0.29	High 0.0 - 0.2	mg/dL
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METHOD : SPECTROPHOTOMETRY, JENDRASSIK & GROFF - DIAZOTIZATION

BILIRUBIN, INDIRECT	0.33	0.1 - 1.0	mg/dL
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METHOD : CALCULATED PARAMETER

TOTAL PROTEIN	7.4	6.0 - 8.0	g/dL
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METHOD : SPECTROPHOTOMETRY, COLORIMETRIC -BIURET, REAGENT BLANK, SERUM BLANK

ALBUMIN	4.8	3.97 - 4.94	g/dL
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METHOD : SPECTROPHOTOMETRY, BROMOCRESOL GREEN(BCG) - DYE BINDING

GLOBULIN	2.6	2.0 - 3.5	g/dL
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METHOD : CALCULATED PARAMETER



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Main test results table including ALBUMIN/GLOBULIN RATIO, ASPARTATE AMINOTRANSFERASE (AST/SGOT), ALANINE AMINOTRANSFERASE (ALT/SGPT), ALKALINE PHOSPHATASE, GAMMA GLUTAMYL TRANSFERASE (GGT), LACTATE DEHYDROGENASE.

SERUM BLOOD UREA NITROGEN

BLOOD UREA NITROGEN result: 7 mg/dL

CREATININE, SERUM

CREATININE result: 0.66 mg/dL (Low 0.90 - 1.30)

BUN/CREAT RATIO

BUN/CREAT RATIO result: 10.60 (8 - 15)

URIC ACID, SERUM

URIC ACID result: 5.7 mg/dL (3.4 - 7.0)

TOTAL PROTEIN, SERUM

TOTAL PROTEIN result: 7.4 g/dL (6.0 - 8.0)

ALBUMIN, SERUM

ALBUMIN result: 4.8 g/dL (3.97 - 4.94)

GLOBULIN

GLOBULIN result: 2.6 g/dL (2.0 - 3.5)

ELECTROLYTES (NA/K/CL), SERUM

SODIUM result: 140 mmol/L (136 - 145)
POTASSIUM result: 4.10 mmol/L (3.5 - 5.1)



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METHOD : ISE INDIRECT
CHLORIDE 102 98 - 106 mmol/L

THYROID PANEL, SERUM

T3 162.0 80.0 - 200.0 ng/dL
METHOD : COMPETITIVE ELECTROCHEMILUMINESCENCE IMMUNOASSAY
T4 8.83 5.10 - 14.10 µg/dL
METHOD : COMPETITIVE ELECTROCHEMILUMINESCENCE IMMUNOASSAY
TSH 3RD GENERATION 1.280 0.270 - 4.200 µIU/mL
METHOD : SANDWICH ELECTROCHEMILUMINESCENCE IMMUNOASSAY

STOOL: OVA & PARASITE

COLOUR BROWN
CONSISTENCY SEMI FORMED
ODOUR FAECAL
MUCUS NOT DETECTED NOT DETECTED
VISIBLE BLOOD ABSENT ABSENT
POLYMPHONUCLEAR LEUKOCYTES NOT DETECTED 0 - 5 /HPF
METHOD : MICROSCOPIC EXAMINATION
RED BLOOD CELLS NOT DETECTED NOT DETECTED /HPF
METHOD : MICROSCOPIC EXAMINATION
MACROPHAGES NOT DETECTED NOT DETECTED
METHOD : MICROSCOPIC EXAMINATION
CHARCOT-LEYDEN CRYSTALS NOT DETECTED NOT DETECTED
METHOD : MICROSCOPIC EXAMINATION
TROPHOZOITES NOT DETECTED NOT DETECTED
METHOD : MICROSCOPIC EXAMINATION
CYSTS NOT DETECTED NOT DETECTED
METHOD : MICROSCOPIC EXAMINATION
OVA NOT DETECTED
METHOD : MICROSCOPIC EXAMINATION
LARVAE NOT DETECTED NOT DETECTED
METHOD : MICROSCOPIC EXAMINATION
ADULT PARASITE NOT DETECTED
METHOD : MICROSCOPIC EXAMINATION
OCCULT BLOOD NOT DETECTED NOT DETECTED
METHOD : MODIFIED GUAIC METHOD

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD



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ABO GROUP		O		
METHOD : HAEMAGGLUTINATION (AUTOMATED)				
RH TYPE		POSITIVE		
METHOD : HAEMAGGLUTINATION (AUTOMATED)				
XRAY-CHEST				
IMPRESSION		NO ABNORMALITY DETECTED		
TMT OR ECHO				
TMT OR ECHO		ECHO DONE - NORMAL		
ECG				
ECG		WITHIN NORMAL LIMITS		
MEDICAL HISTORY				
RELEVANT PRESENT HISTORY		ITCHING AROUND NECK 2MONTHS SCHIZOPHRENIA 2014.		
RELEVANT PAST HISTORY		NOT SIGNIFICANT		
RELEVANT PERSONAL HISTORY		NOT SIGNIFICANT		
RELEVANT FAMILY HISTORY		ASTHMA.		
HISTORY OF MEDICATIONS		NOT SIGNIFICANT		
ANTHROPOMETRIC DATA & BMI				
HEIGHT IN METERS	1.59			mts
WEIGHT IN KGS.	71			Kgs
BMI	28			
				BMI & Weight Status as follows: kg/sqmts Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE	NORMAL
PHYSICAL ATTITUDE	NORMAL
GENERAL APPEARANCE / NUTRITIONAL STATUS	OBESE
BUILT / SKELETAL FRAMEWORK	AVERAGE
FACIAL APPEARANCE	NORMAL
SKIN	NORMAL
UPPER LIMB	NORMAL
LOWER LIMB	NORMAL
NECK	NORMAL
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDER
THYROID GLAND	NOT ENLARGED



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CAROTID PULSATION	NORMAL		
BREAST (FOR FEMALES)	NORMAL		
TEMPERATURE	NORMAL		
PULSE	70/MIN REGULAR, ALL PERIPHERAL PULSES WELL FELT		
RESPIRATORY RATE	NORMAL		
CARDIOVASCULAR SYSTEM			
BP	105/72 MM HG (SUPINE)		mm/Hg
PERICARDIUM	NORMAL		
APEX BEAT	NORMAL		
HEART SOUNDS	S1, S2 HEARD NORMALLY		
MURMURS	ABSENT		
RESPIRATORY SYSTEM			
SIZE AND SHAPE OF CHEST	NORMAL		
MOVEMENTS OF CHEST	SYMMETRICAL		
BREATH SOUNDS INTENSITY	NORMAL		
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)		
ADDED SOUNDS	ABSENT		
PER ABDOMEN			
APPEARANCE	NORMAL		
VENOUS PROMINENCE	ABSENT		
LIVER	NOT PALPABLE		
SPLEEN	NOT PALPABLE		
HERNIA	NORMAL		
CENTRAL NERVOUS SYSTEM			
HIGHER FUNCTIONS	NORMAL		
CRANIAL NERVES	NORMAL		
CEREBELLAR FUNCTIONS	NORMAL		
SENSORY SYSTEM	NORMAL		
MOTOR SYSTEM	NORMAL		
REFLEXES	NORMAL		
MUSCULOSKELETAL SYSTEM			
SPINE	NORMAL		
JOINTS	NORMAL		
BASIC EYE EXAMINATION			



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CONJUNCTIVA NORMAL
EYELIDS NORMAL
EYE MOVEMENTS NORMAL
CORNEA NORMAL
DISTANT VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(6/6)
DISTANT VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(6/6)
NEAR VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(N/6)
NEAR VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(N/6)
COLOUR VISION NORMAL

BASIC ENT EXAMINATION

EXTERNAL EAR CANAL NORMAL
TYMPANIC MEMBRANE NORMAL
NOSE NO ABNORMALITY DETECTED
SINUSES NORMAL
THROAT NO ABNORMALITY DETECTED
TONSILS NOT ENLARGED

SUMMARY

RELEVANT HISTORY ITCHING AROUND NECK 2MONTHS SCHIZOPHRENIA 2014.
RELEVANT GP EXAMINATION FINDINGS OVERWEIGHT (HT : 159 ,WT : 71)
RELEVANT LAB INVESTIGATIONS RAISED RED BLOOD CELL (5.79)
RAISED DIRECT BILIRUBIN (0.29)
RAIED CHOLESTEROL (212)
RAISED DIRECT LDL CHOLESTEROL (146)
RELEVANT NON PATHOLOGY DIAGNOSTICS USG : MILD FATTY LIVER.
TINY BILATERAL RENAL CALCULI.
REMARKS / RECOMMENDATIONS LOW CALORIC DIET.
REDUCE FATTY FOOD IN DIET.

Interpretation(s)

BLOOD COUNTS,EDTA WHOLE BLOOD-
The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.
RBC AND PLATELET INDICES-
Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.
WBC DIFFERENTIAL COUNT - NLR-
The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to



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show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504
This ratio element is a calculated parameter and out of NABL scope.

ERYTHRO SEDIMENTATION RATE, BLOOD-

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Reference :

- 1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
2. Paediatric reference intervals. AACCC Press, 7th edition. Edited by S. Soldin
3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"

GLUCOSE, FASTING, PLASMA-

ADA 2021 guidelines for adults, after 8 hrs fasting is as follows:

Pre-diabetics: 100 - 125 mg/dL

Diabetic: > or = 126 mg/dL

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of testing such as glycated serum protein (fructosamine) should be considered.

"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations."

References

1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R. Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.

2. Forsham PH. Diabetes Mellitus: A rational plan for management. Postgrad Med 1982, 71,139-154.

3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184.
GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5 minutes.

CORONARY RISK PROFILE (LIPID PROFILE), SERUM-

Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease. This test can help determine your risk of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don't cause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn't need into triglycerides, which are stored in fat cells. High triglyceride levels are associated with several factors, including being overweight, eating too many sweets or drinking too much alcohol, smoking, being sedentary, or having diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk. It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the "good" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely. HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', and are a strong, independent predictor of cardiovascular disease.

Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL). NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary and secondary prevention studies.

Recommendations:



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CIN - U74899PB1995PLC045956

PATIENT NAME : SUJIT BHALERAO

PATIENT ID : SUJIM535031940

ACCESSION NO : 0065VE001554 AGE : 33 Years SEX : Male

DRAWN : RECEIVED : 14/05/2022 07:42 REPORTED : 16/05/2022 14:11

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CLIENT PATIENT ID :

Table with 5 columns: Test Report Status, Final, Results, Biological Reference Interval, Units

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult.

LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice).

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease.

SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal

Renal Failure

Post Renal

- Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

- Liver disease

- SIADH.

CREATININE, SERUM-

Higher than normal level may be due to:

- Blockage in the urinary tract
Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
Loss of body fluid (dehydration)
Muscle problems, such as breakdown of muscle fibers
Problems during pregnancy, such as seizures (eclampsia), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
Muscular dystrophy

URIC ACID, SERUM-

Causes of Increased levels

Dietary

- High Protein Intake.

- Prolonged Fasting,

- Rapid weight loss.

Gout

Lesch nyhan syndrome.

Type 2 DM.

Metabolic syndrome.

Causes of decreased levels

- Low Zinc Intake

- OCP's



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Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluids
Limit animal proteins
High Fibre foods
Vit C Intake
Antioxidant rich foods

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease
Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion. Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfunction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,

THYROID PANEL, SERUM-

Triiodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Table with 4 columns: Levels in, TOTAL T4 (µg/dL), TSH3G (µIU/mL), TOTAL T3 (ng/dL). Rows for Pregnancy, First Trimester, 2nd Trimester, 3rd Trimester.

Below mentioned are the guidelines for age related reference ranges for T3 and T4.

Table with 2 columns: T3 (ng/dL), T4 (µg/dL). Rows for New Born: 75 - 260, 1-3 day: 8.2 - 19.9, 1 Week: 6.0 - 15.9.

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

Reference:

- Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition

STOOL: OVA & PARASITE-

Acute infective diarrhoea and gastroenteritis (diarrhoea with vomiting) are major causes of ill health and premature death in developing countries. Loss of water and electrolytes from the body can lead to severe dehydration which if untreated, can be rapidly fatal in young children, especially that are malnourished, hypoglycaemic, and generally in poor health.

Laboratory diagnosis of parasitic infection is mainly based on microscopic examination and the gross examination of the stool specimen. Depending on the nature of the parasite, the microscopic observations include the identification of cysts, ova, trophozoites, larvae or portions of adult structure. The two classes of parasites that cause human infection are the Protozoa and Helminths. The protozoan infections include amoebiasis mainly caused by Entamoeba histolytica and giardiasis caused by Giardia lamblia. The common helminthic parasites are Trichuris trichiura, Ascaris lumbricoides, Strongyloides stercoralis, Taenia sp. etc

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.



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Final			

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

MEDICAL

HISTORY-*****
THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.



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MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN

ULTRASOUND ABDOMEN

MILD FATTY LIVER.TINY BILATERAL RENAL CALCULI.

****End Of Report****

Please visit www.srlworld.com for related Test Information for this accession

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