

**BMI CHART**

Date: 11/2/21

Name: Mrs. Vidhya Yelamkar

Age: 38 yrs

Sex: M / F

BP: 110/70

Height (cms): 157

Weight(kgs): 81.2 Kg

BMI: 33

*mmHg*

WEIGHT lbs kgs	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	200	205	210	215		
HEIGHT in/cm	45.5	47.7	50.5	52.3	54.5	56.8	59.1	61.4	63.6	65.9	68.2	70.5	72.7	75.0	77.3	79.5	81.8	84.1	86.4	88.6	90.9	93.2	95.5	97.7		
	<input type="checkbox"/> Underweight	<input checked="" type="checkbox"/> Healthy										<input type="checkbox"/> Overweight					<input type="checkbox"/> Obese					<input type="checkbox"/> Extremely Obese				
5'0" - 152.4	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42		
5'1" - 154.9	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	36	37	38	39	40		
5'2" - 157.4	18	19	20	21	22	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	36	37	38	39	40	
5'3" - 160.0	17	18	19	20	21	22	23	24	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39		
5'4" - 162.5	17	18	18	19	20	21	22	23	24	24	25	26	27	28	29	30	31	32	32	33	34	35	36	37	38	
5'5" - 165.1	16	17	18	19	20	20	21	22	23	24	25	26	27	28	29	30	31	31	32	33	34	35	36	37	38	
5'6" - 167.6	16	17	17	18	19	20	21	21	22	23	24	25	26	27	28	29	30	30	31	32	33	34	35	36	37	
5'7" - 170.1	15	16	17	18	18	19	20	21	22	22	23	24	25	25	26	27	28	29	29	30	31	32	33	34	35	
5'8" - 172.7	15	16	16	17	18	19	19	20	21	22	22	23	24	25	25	26	27	28	29	29	30	31	32	33	34	
5'9" - 176.2	14	15	16	17	17	18	19	20	20	21	22	22	23	24	25	25	26	27	28	28	29	30	31	32	33	
5'10" - 177.8	14	15	15	16	17	18	18	19	20	20	21	22	22	23	24	25	25	26	27	28	28	29	30	31	32	
5'11" - 180.3	14	14	15	16	16	17	18	18	19	20	21	21	22	23	23	24	25	25	26	27	28	28	29	30	31	
6'0" - 182.8	13	14	14	15	16	17	17	18	19	19	20	21	21	22	23	23	24	25	25	26	27	28	28	29	30	
6'1" - 185.4	13	13	14	15	15	16	17	17	18	19	19	20	21	21	22	23	23	24	25	25	26	27	27	28	29	
6'2" - 187.9	12	13	14	14	15	16	16	17	18	18	19	19	20	21	21	22	23	23	24	25	25	26	27	27	28	
6'3" - 190.5	12	13	13	14	15	15	16	16	17	18	18	19	20	20	21	21	22	23	23	24	25	25	26	27	27	
6'4" - 193.0	12	12	13	14	14	15	15	16	17	17	18	18	19	20	20	21	21	22	23	23	24	25	25	26	26	

**Doctors Notes:**

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Signature

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 CIN : U85100MH2005PTC154823  
 GST IN: 27AABCH5894DLZG | PAN NO: AABCH5894D



Hiranandani  
**HOSPITAL**  
 (A Fortis Network Hospital)

<b>UHID</b>	<b>8178704</b>	<b>Date</b>	<b>11/02/2023</b>		
<b>Name</b>	<b>Mrs. Vidhya Manohar Yelamkar</b>	<b>Sex</b>	<b>Female</b>	<b>Age</b>	<b>38</b>
<b>OPD</b>	<b>PAP</b>				

Drug allergy:  
 Sys illness:

W/h - o/b  
 s/b

Mean Vh T N6  
 o/b : A/s T w/c

Surdu  
 exam T w/c

Rx.

→ eyedrop Aqualube  
 (QID)  
 1-1-1-1

*[Handwritten signature]*

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UHID	8178704	Date	11/02/2023		
Name	Mrs. Vidhya Manohar Yelamkar	Sex	Female	Age	38
OPD	Dental 12				

Drug allergy:  
Sys illness:

Carries  $\frac{8}{8} \frac{6}{6}$

Stains + Calculus +

Treatment

Adv filling  $\frac{8}{8} \frac{6}{6}$

Adv oral prophylaxis

Dr. Disha Kataria



Cert. No. MC-2275



# LABORATORY REPORT

**PATIENT NAME : MRS.VIDHYA MANOHAR YELAMKAR**

PATIENT ID : **FH.8178704**

CLIENT PATIENT ID : UID:8178704

ACCESSION NO : **0022WB002134** AGE : 38 Years SEX : Female

ABHA NO :

DRAWN : 11/02/2023 11:49:00

RECEIVED : 11/02/2023 11:51:00

REPORTED : 11/02/2023 13:16:10

CLIENT NAME : **FORTIS VASHI-CHC -SPLZD**

REFERRING DOCTOR :

### CLINICAL INFORMATION :

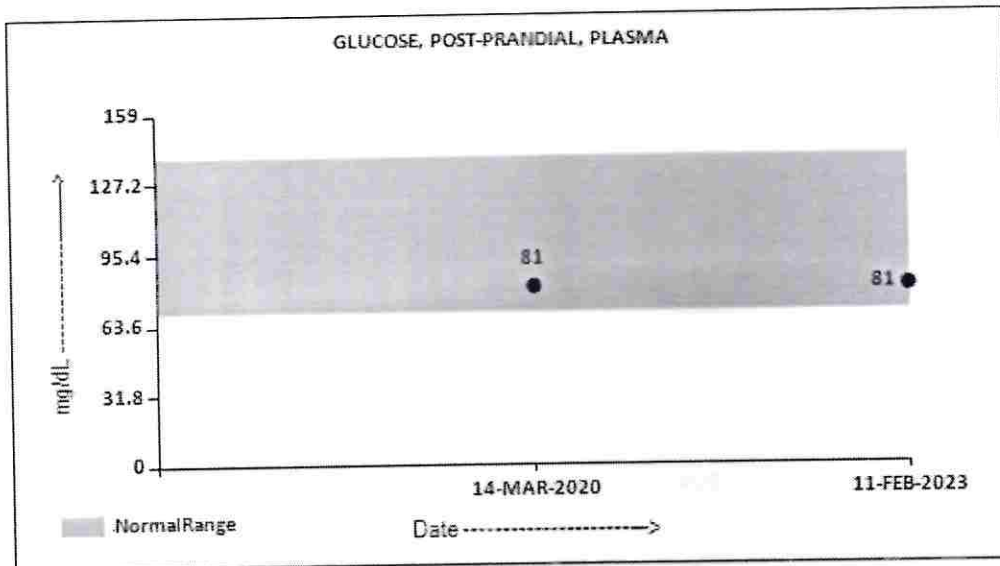
UID:8178704 REQNO-1370649  
CORP-OPD  
BILLNO-150123OPCR008401  
BILLNO-150123OPCR008401

Test Report Status	Final	Results	Biological Reference Interval	Units
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### BIOCHEMISTRY

#### GLUCOSE, POST-PRANDIAL, PLASMA

PPBS(POST PRANDIAL BLOOD SUGAR)	81	70 - 139	mg/dL
METHOD : HEXOKINASE			



#### Comments

NOTE: POST PRANDIAL PLASMA GLUCOSE VALUES. TO BE CORRELATE WITH CLINICAL, DIETETIC AND THERAPEUTIC HISTORY.

#### Interpretation(s)

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c

**\*\*End Of Report\*\***

Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession

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CIN - U74899PB1995PLC045956  
Email :-



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Patient Ref. No. 22000000



Cert. No. MC-2275

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PATIENT NAME : MRS.VIDHYA MANOHAR YELAMKAR



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CORP-OPD  
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**Dr.Akta Dubey**  
Consultant Pathologist

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Patient Ref. No. 22000000



Cert. No. MC-2984

# LABORATORY REPORT

PATIENT NAME : VIDHYA MANOHAR YELAMKAR



PATIENT ID : FH.8178704

CLIENT PATIENT ID : UID:8178704

ACCESSION NO : 0022WB002020

AGE : 38 Years

SEX : Female

ABHA NO :

DRAWN : 11/02/2023 09:03:00

RECEIVED : 11/02/2023 09:03:56

REPORTED : 11/02/2023 15:40:03

CLIENT NAME : FORTIS VASHI-CHC -SPLZD

REFERRING DOCTOR : SELF

### CLINICAL INFORMATION :

UID:8178704 REQNO-1370649

CORP-OPD

BILLNO-150123OPCR008401

BILLNO-150123OPCR008401

Test Report Status	Final	Results	Biological Reference Interval	Units
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### SPECIALISED CHEMISTRY - HORMONE

#### THYROID PANEL, SERUM

T3	115.00	Non-Pregnant Women 80.0 - 200.0 Pregnant Women 1st Trimester:105.0 - 230.0 2nd Trimester:129.0 - 262.0 3rd Trimester:135.0 - 262.0	ng/dL
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METHOD : ELECTROCHEMILUMINESCENCE, COMPETITIVE IMMUNOASSAY

T4	6.80	Non-Pregnant Women 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70	µg/dL
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METHOD : ELECTROCHEMILUMINESCENCE, COMPETITIVE IMMUNOASSAY

TSH (ULTRASENSITIVE)	5.330	High 0.270 - 4.200	µIU/mL
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METHOD : ELECTROCHEMILUMINESCENCE, COMPETITIVE IMMUNOASSAY

#### Comments

NOTE: PLEASE CORRELATE VALUES OF THYROID FUNCTION TEST WITH THE CLINICAL & TREATMENT HISTORY OF THE PATIENT.

#### Interpretation(s)

**\*\*End Of Report\*\***

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*Dr. Swapnil Sirmukaddam*  
786

Dr. Swapnil Sirmukaddam  
Consultant Pathologist

SRL Ltd  
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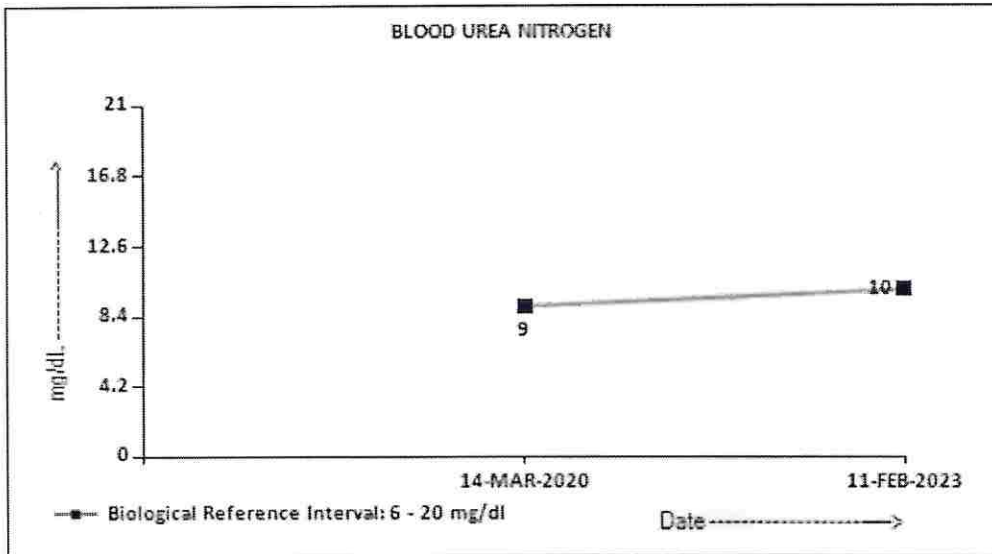
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### KIDNEY PANEL - 1

#### BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN	10	6 - 20	mg/dL
METHOD : UREASE - UV			



### CREATININE EGFR- EPI

CREATININE	0.64	0.60 - 1.10	mg/dL
METHOD : ALKALINE PICRATE KINETIC JAFFES			
AGE	38		years
GLOMERULAR FILTRATION RATE (FEMALE)	115.93		mL/min/1.73

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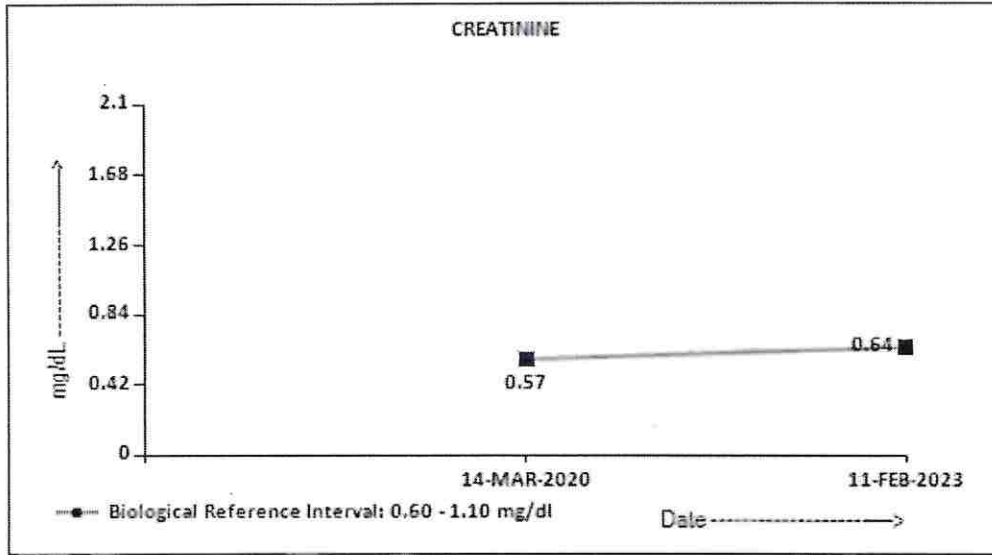
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**BUN/CREAT RATIO**

BUN/CREAT RATIO **15.63** High 5.00 - 15.00

METHOD : CALCULATED PARAMETER

**URIC ACID, SERUM**

URIC ACID **2.5** Low 2.6 - 6.0 mg/dL

METHOD : URICASE UV

**TOTAL PROTEIN, SERUM**

TOTAL PROTEIN **7.2** 6.4 - 8.2 g/dL

METHOD : BIURET

**ALBUMIN, SERUM**

ALBUMIN **3.7** 3.4 - 5.0 g/dL

METHOD : BCP DYE BINDING

**GLOBULIN**

GLOBULIN **3.5** 2.0 - 4.1 g/dL

METHOD : CALCULATED PARAMETER

**ELECTROLYTES (NA/K/CL), SERUM**

SODIUM, SERUM **137** 136 - 145 mmol/L

METHOD : ISE INDIRECT

POTASSIUM, SERUM **4.49** 3.50 - 5.10 mmol/L

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CORP-OPD  
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Test Report Status	Final	Results	Biological Reference Interval	Units
METHOD : ISE INDIRECT		103	98 - 107	mmol/L
CHLORIDE, SERUM				
METHOD : ISE INDIRECT				
<b>Interpretation(s)</b>				

**Interpretation(s)**  
BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)  
Causes of decreased level include Liver disease, SIADH.  
CREATININE EGFR- EPI-GFR- Glomerular filtration rate (GFR) is a measure of the function of the kidneys. The GFR is a calculation based on a serum creatinine test. Creatinine is a muscle waste product that is filtered from the blood by the kidneys and excreted into urine at a relatively steady rate. When kidney function decreases, less creatinine is excreted and concentrations increase in the blood. With the creatinine test, a reasonable estimate of the actual GFR can be determined.  
A GFR of 60 or higher is in the normal range.  
A GFR below 60 may mean kidney disease.  
A GFR of 15 or lower may mean kidney failure.  
Estimated GFR (eGFR) is the preferred method for identifying people with chronic kidney disease (CKD). In adults, eGFR calculated using the Modification of Diet in Renal Disease (MDRD) Study equation provides a more clinically useful measure of kidney function than serum creatinine alone.  
The CKD-EPI creatinine equation is based on the same four variables as the MDRD Study equation, but uses a 2-slope spline to model the relationship between estimated GFR and serum creatinine, and a different relationship for age, sex and race. The equation was reported to perform better and with less bias than the MDRD Study equation especially in patients with higher GFR. This results in reduced misclassification of CKD.  
The CKD-EPI creatinine equation has not been validated in children & will only be reported for patients = 18 years of age. For pediatric and childrens, Schwartz Pediatric Bedside eGFR (2009) formulae is used. This revised "bedside" pediatric eGFR requires only serum creatinine and height.  
URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome  
**Causes of decreased levels**-Low Zinc intake,OCP,Multiple Sclerosis  
TOTAL PROTEIN, SERUM-Serum total protein,also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin  
Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease  
Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc.  
ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

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**Patient Ref. No. 220000082**



Cert. No. MC-2275



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PATIENT ID : **FH.8178704**

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CORP-OPD  
BILLNO-150123OPCR008401  
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Test Report Status	Final	Results	Biological Reference Interval	Units
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**HAEMATOLOGY - CBC**

**CBC-5, EDTA WHOLE BLOOD**

**RBC AND PLATELET INDICES**

HEMATOCRIT (PCV)	<b>35.3</b>	Low	36 - 46	%
METHOD : CALCULATED PARAMETER				
MEAN CORPUSCULAR VOLUME (MCV)	90.8		83 - 101	fL
METHOD : CALCULATED PARAMETER				
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	30.8		27.0 - 32.0	pg
METHOD : CALCULATED PARAMETER				
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION(MCHC)	34.0		31.5 - 34.5	g/dL
METHOD : CALCULATED PARAMETER				
RED CELL DISTRIBUTION WIDTH (RDW)	<b>18.6</b>	High	11.6 - 14.0	%
METHOD : CALCULATED PARAMETER				
MENTZER INDEX	23.4			
MEAN PLATELET VOLUME (MPV)	8.5		6.8 - 10.9	fL
METHOD : CALCULATED PARAMETER				
<b>WBC DIFFERENTIAL COUNT</b>				
NEUTROPHILS	49		40 - 80	%
METHOD : FLOWCYTOMETRY				
LYMPHOCYTES	35		20 - 40	%
METHOD : FLOWCYTOMETRY				
MONOCYTES	10		2 - 10	%
METHOD : FLOWCYTOMETRY				
EOSINOPHILS	06		1 - 6	%
METHOD : FLOWCYTOMETRY				
BASOPHILS	00		0 - 2	%
METHOD : FLOWCYTOMETRY				
ABSOLUTE NEUTROPHIL COUNT	2.75		2.0 - 7.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER				
ABSOLUTE LYMPHOCYTE COUNT	1.96		1.0 - 3.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER				
ABSOLUTE MONOCYTE COUNT	0.56		0.2 - 1.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER				
ABSOLUTE EOSINOPHIL COUNT	0.34		0.02 - 0.50	thou/ $\mu$ L

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Table with 4 columns: Test Report Status, Results, Biological Reference Interval, Units. Rows include ABSOLUTE BASOPHIL COUNT (0), NEUTROPHIL LYMPHOCYTE RATIO (NLR) (1.4), MORPHOLOGY (RBC, WBC, PLATELETS), and BLOOD COUNTS, EDTA WHOLE BLOOD (HEMOGLOBIN, RED BLOOD CELL, WHITE BLOOD CELL, PLATELET).

Interpretation(s)

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait. WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR 3.3, COVID-19 patients tend to show mild disease. (Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 10650 This ratio element is a calculated parameter and out of NABL scope.

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD

E.S.R 19 0 - 20 mm at 1 hr
METHOD : WESTERGREIN METHOD

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Patient Ref. No. 22000000827



Cert. No. MC-2275

**LABORATORY REPORT****PATIENT NAME : VIDHYA MANOHAR YELAMKAR**PATIENT ID : **FH.8178704**

CLIENT PATIENT ID : UID:8178704

ACCESSION NO : **0022WB002020**

AGE : 38 Years

SEX : Female

ABHA NO :

DRAWN : 11/02/2023 09:03:00

RECEIVED : 11/02/2023 09:03:56

REPORTED : 11/02/2023 14:51:47

CLIENT NAME : **FORTIS VASHI-CHC -SPLZD**

REFERRING DOCTOR : SELF

**CLINICAL INFORMATION :**

UID:8178704 REQNO-1370649

CORP-OPD

BILLNO-150123OPCR008401

BILLNO-150123OPCR008401

Test Report Status	Results	Biological Reference Interval
Final		

**Interpretation(s)**

**ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-TEST DESCRIPTION :-**  
Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

**TEST INTERPRETATION**  
**Increase** in: Infections, Vasculitides, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm/hr(95 if anemic). ESR returns to normal 4th week post partum.

**Decreased** in: Polycythemia vera, Sickle cell anemia

**LIMITATIONS**

**False elevated ESR :** Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia  
**False Decreased :** Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

**REFERENCE :**

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition;2. Paediatric reference intervals. AACCC Press, 7th edition. Edited by S. Soldin;3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

**IMMUNOHAEMATOLOGY****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP TYPE O  
METHOD : TUBE AGGLUTINATION  
RH TYPE POSITIVE  
METHOD : TUBE AGGLUTINATION

**Interpretation(s)**

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-**  
Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

**BIOCHEMISTRY****LIVER FUNCTION PROFILE, SERUM**

BILIRUBIN, TOTAL	0.34	0.2 - 1.0	mg/dL
METHOD : JENDRASSIK AND GROFF			
BILIRUBIN, DIRECT	0.16	0.0 - 0.2	mg/dL
METHOD : JENDRASSIK AND GROFF			

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Patient Ref. No. 220000008



Cert. No. MC-2275

**LABORATORY REPORT****PATIENT NAME : VIDHYA MANOHAR YELAMKAR**PATIENT ID : **FH.8178704**

CLIENT PATIENT ID : UID:8178704

ACCESSION NO : **0022WB002020** . AGE : 38 Years SEX : Female

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CLIENT NAME : **FORTIS VASHI-CHC -SPLZD**

REFERRING DOCTOR : SELF

**CLINICAL INFORMATION :**

UID:8178704 REQNO-1370649

CORP-OPD

BILLNO-150123OPCR008401

BILLNO-150123OPCR008401

Test Report Status	Final	Results	Biological Reference Interval
BILIRUBIN, INDIRECT		0.18	0.1 - 1.0 mg/dL
METHOD : CALCULATED PARAMETER			
TOTAL PROTEIN		7.2	6.4 - 8.2 g/dL
METHOD : BIURET			
ALBUMIN		3.7	3.4 - 5.0 g/dL
METHOD : BCP DYE BINDING			
GLOBULIN		3.5	2.0 - 4.1 g/dL
METHOD : CALCULATED PARAMETER			
ALBUMIN/GLOBULIN RATIO		1.1	1.0 - 2.1 RATIO
METHOD : CALCULATED PARAMETER			
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		<b>14</b>	<b>Low</b> 15 - 37 U/L
METHOD : UV WITH P5P			
ALANINE AMINOTRANSFERASE (ALT/SGPT)		17	< 34.0 U/L
METHOD : UV WITH P5P			
ALKALINE PHOSPHATASE		73	30 - 120 U/L
METHOD : PNPP-ANP			
GAMMA GLUTAMYL TRANSFERASE (GGT)		16	5 - 55 U/L
METHOD : GAMMA GLUTAMYL CARBOXY 4-NITROANILIDE			
LACTATE DEHYDROGENASE		185	100 - 190 U/L
METHOD : LACTATE -PYRUVATE			
<b>GLUCOSE FASTING, FLUORIDE PLASMA</b>			
FBS (FASTING BLOOD SUGAR)		98	74 - 99 mg/dL
METHOD : HEXOKINASE			

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Patient Ref. No. 2200000082



Cert. No. MC-2275



# LABORATORY REPORT

PATIENT NAME : VIDHYA MANOHAR YELAMKAR

PATIENT ID : FH.8178704

CLIENT PATIENT ID : UID:8178704

ACCESSION NO : 0022WB002020 AGE : 38 Years SEX : Female

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REFERRING DOCTOR : SELF

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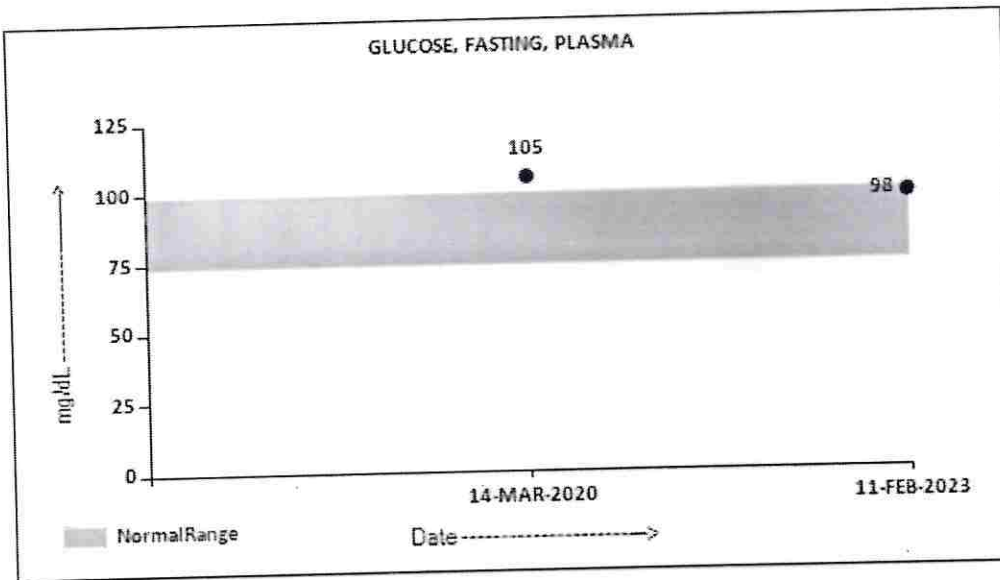
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CORP-OPD

BILLNO-150123OPCR008401

BILLNO-150123OPCR008401

Test Report Status	Final	Results	Biological Reference Interval
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### GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C	5.6	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)	%
-------	-----	--	---

METHOD : HB VARIANT (HPLC)

ESTIMATED AVERAGE GLUCOSE(EAG)	114.0	< 116.0	mg/dL
--------------------------------	-------	---------	-------

METHOD : CALCULATED PARAMETER

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Patient Ref. No. 2200000082



Cert. No. MC-2275

# LABORATORY REPORT

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PATIENT ID : FH.8178704

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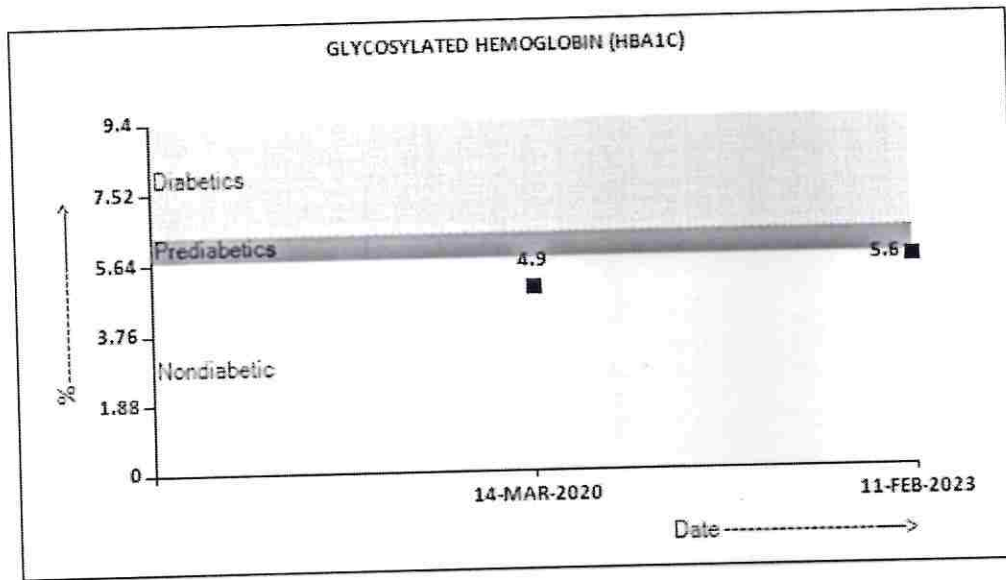
UID:8178704 REQNO-1370649

CORP-OPD

BILLNO-150123OPCR008401

BILLNO-150123OPCR008401

Test Report Status	Final	Results	Biological Reference Interval
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### Interpretation(s)

#### LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels result from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in viral hepatitis, drug reactions, alcoholic liver disease. Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in gallstones getting into the bile ducts, tumors & scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of hemolytic or pernicious anemia, transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in biliary obstruction, osteoblastic bone tumors, osteomalacia, hepatitis, hyperparathyroidism, leukemia, lymphoma, Paget's disease, rickets, sarcoidosis etc. Lower-than-normal ALP levels are seen in hypophosphatasia, malnutrition, protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: chronic inflammation or infection, including HIV and hepatitis B or C, multiple myeloma, Waldenström's disease. Lower-than-normal levels may be due to: agammaglobulinemia, bleeding (hemorrhage), burns, glomerulonephritis, liver disease, malabsorption, malnutrition, nephrotic syndrome, protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

#### GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in urine.

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Patient Ref. No. 220000082



Cert. No. MC-2275



# LABORATORY REPORT

PATIENT NAME : VIDHYA MANOHAR YELAMKAR

PATIENT ID : FH.8178704

CLIENT PATIENT ID : UID:8178704

ACCESSION NO : 0022WB002020

AGE : 38 Years SEX : Female

ABHA NO :

DRAWN : 11/02/2023 09:03:00

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REPORTED : 11/02/2023 14:51:47

CLIENT NAME : FORTIS VASHI-CHC -SPLZD

REFERRING DOCTOR : SELF

## CLINICAL INFORMATION :

UID:8178704 REQNO-1370649  
CORP-OPD  
BILLNO-150123OPCR008401  
BILLNO-150123OPCR008401

Test Report Status	Results	Biological Reference Interval
Final		

**Increased in**  
Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

**Decreased in**  
Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

**NOTE:**  
While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals.Thus glycosylated hemoglobin(HbA1c) levels are favored to monitor glycaemic control.  
High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.  
GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

- Evaluating the long-term control of blood glucose concentrations in diabetic patients.
  - Diagnosing diabetes.
  - Identifying patients at increased risk for diabetes (prediabetes).
- The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.
- eAG (Estimated average glucose) converts percentage HbA1c to mg/dl, to compare blood glucose levels.
  - eAG gives an evaluation of blood glucose levels for the last couple of months.
  - eAG is calculated as  $eAG (mg/dl) = 28.7 * HbA1c - 46.7$

**HbA1c Estimation can get affected due to :**

- Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.
- Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia,uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiat addition are reported to interfere with some assay methods,falsely increasing results.
- Interference of hemoglobinopathies in HbA1c estimation is seen in
  - Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
  - Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
  - HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

## BIOCHEMISTRY - LIPID

### LIPID PROFILE, SERUM

CHOLESTEROL, TOTAL	158	< 200 Desirable 200 - 239 Borderline High >= 240 High	mg/dL
METHOD : ENZYMATIC/COLORIMETRIC, CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE			
TRIGLYCERIDES	97	< 150 Normal 150 - 199 Borderline High 200 - 499 High >= 500 Very High	mg/dL
METHOD : ENZYMATIC ASSAY			
HDL CHOLESTEROL	41	< 40 Low >=60 High	mg/dL
METHOD : DIRECT MEASURE - PEG			
LDL CHOLESTEROL, DIRECT	104	< 100 Optimal 100 - 129 Near or above optimal 130 - 159 Borderline High 160 - 189 High >= 190 Very High	mg/dL
METHOD : DIRECT MEASURE WITHOUT SAMPLE PRETREATMENT			

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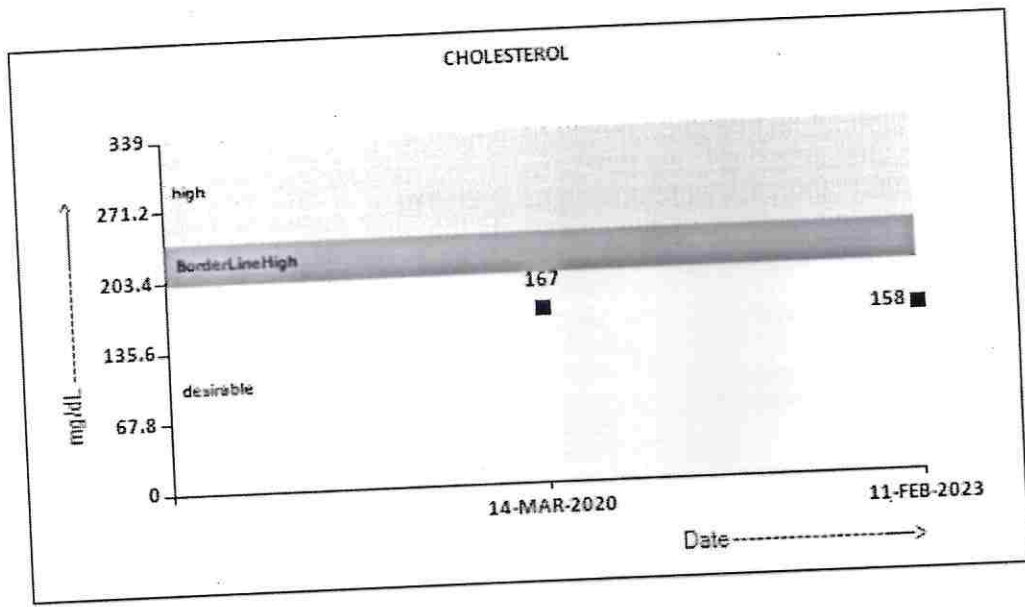
PATIENT NAME : VIDHYA MANOHAR YELAMKAR

PATIENT ID : **FH.8178704** CLIENT PATIENT ID : UID:8178704  
 ABHA NO :  
 ACCESSION NO : **0022WB002020** AGE : 38 Years SEX : Female  
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 CLIENT NAME : **FORTIS VASHI-CHC -SPLZD** REFERRING DOCTOR : SELF

**CLINICAL INFORMATION :**

UID:8178704 REQNO-1370649  
 CORP-OPD  
 BILLNO-150123OPCR008401  
 BILLNO-150123OPCR008401

Test Report Status	Final	Results	Biological Reference Interval
NON HDL CHOLESTEROL		117	Desirable: Less than 130 mg/dL Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220
METHOD : CALCULATED PARAMETER VERY LOW DENSITY LIPOPROTEIN		19.4	<= 30.0 mg/dL
METHOD : CALCULATED PARAMETER CHOL/HDL RATIO		3.9	3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk
METHOD : CALCULATED PARAMETER LDL/HDL RATIO		2.5	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk
METHOD : CALCULATED PARAMETER			





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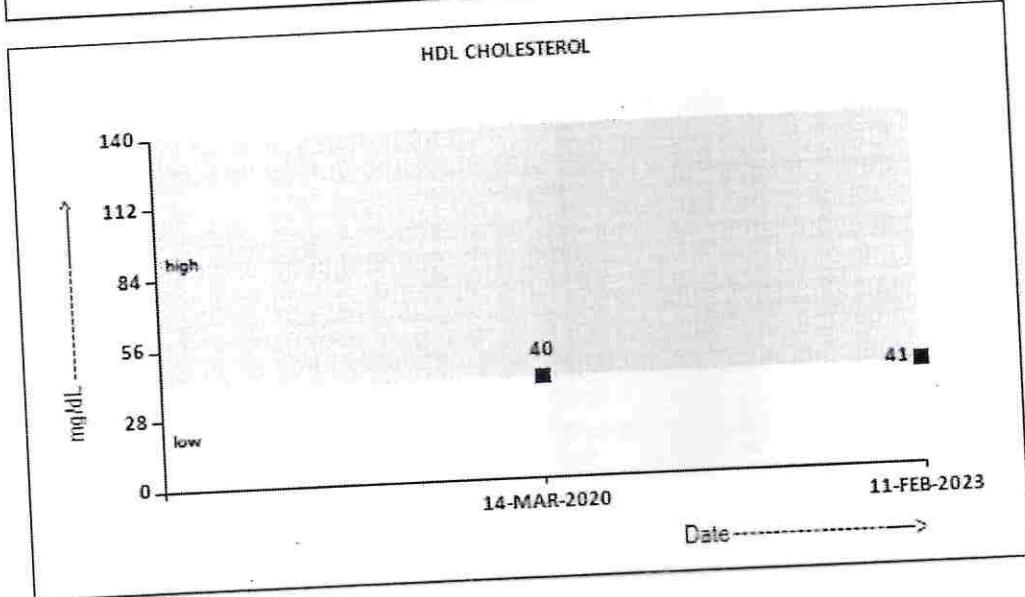
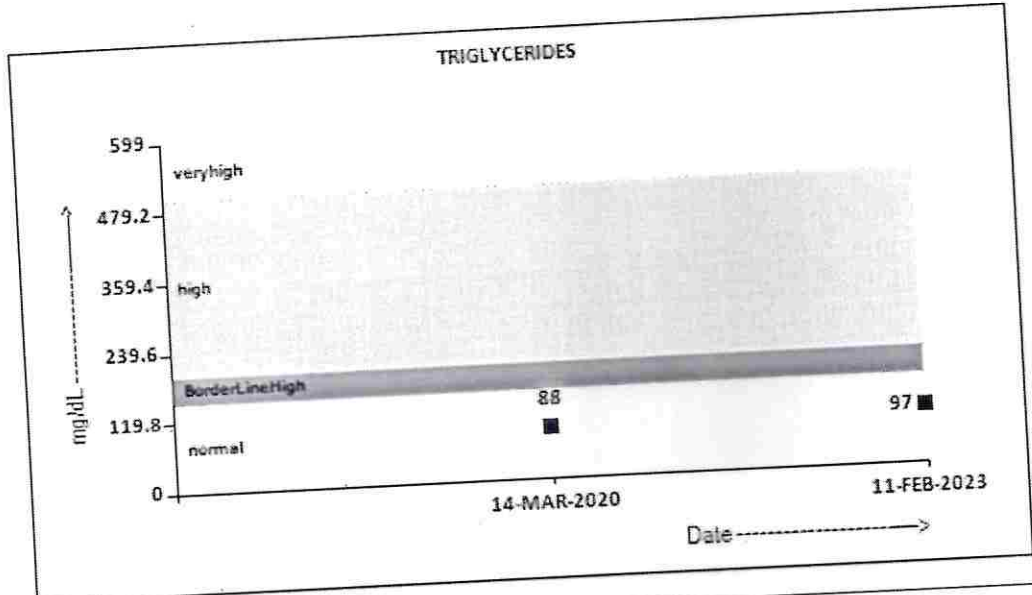
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Test Report Status	Results	Biological Reference Interval
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 Patient Ref. No. 220000



Cert. No. MC-2275



# LABORATORY REPORT

**PATIENT NAME : VIDHYA MANOHAR YELAMKAR**

PATIENT ID : **FH.8178704**

CLIENT PATIENT ID : UID:8178704

ACCESSION NO : **0022WB002020**

AGE : 38 Years

SEX : Female

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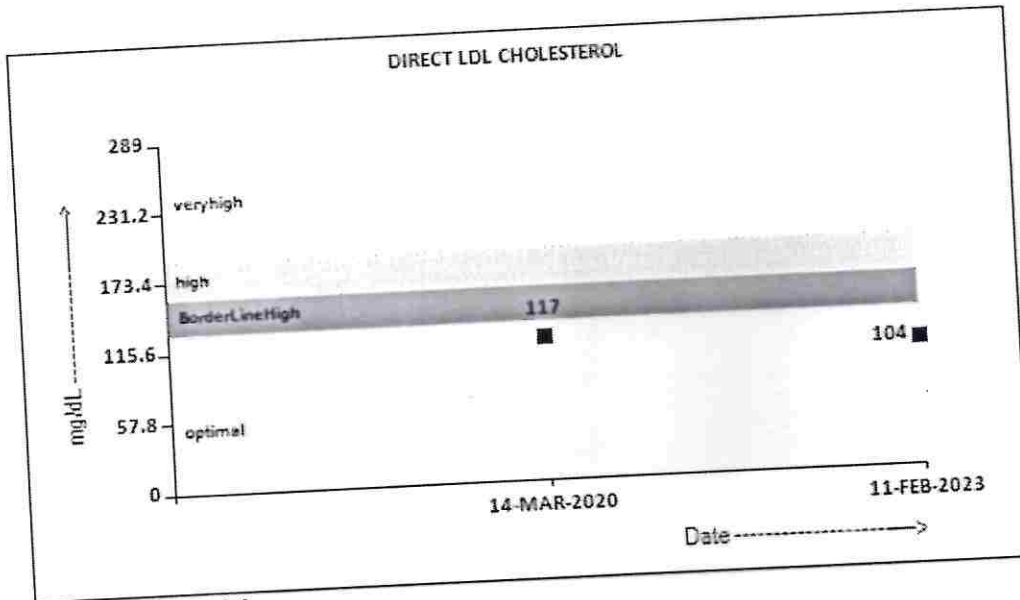
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CORP-OPD

BILLNO-150123OPCR008401

BILLNO-150123OPCR008401

Test Report Status	Results	Biological Reference Interval
Final		



Interpretation(s)

### CLINICAL PATH - URINALYSIS

#### URINALYSIS

MICROSCOPIC EXAMINATION, URINE

REMARKS

Interpretation(s)

TEST CANCELLED AS SPECIMEN NOT RECEIVED

**\*\*End Of Report\*\***

Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession

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**Dr. Rekha Nair, MD**  
Microbiologist

**Dr. Akta Dubey**  
Consultant Pathologist

**SRL Ltd**  
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8178704  
38 Years

VIDHYA MANOHAR YELAMKAR  
Female

2/11/2023 12:09:39 PM

He

sinus rhythm  
Normal  
A

normal P axis, V-rate 50-99

Rate 62 . Sinus rhythm  
Baseline wander in lead(s) V2

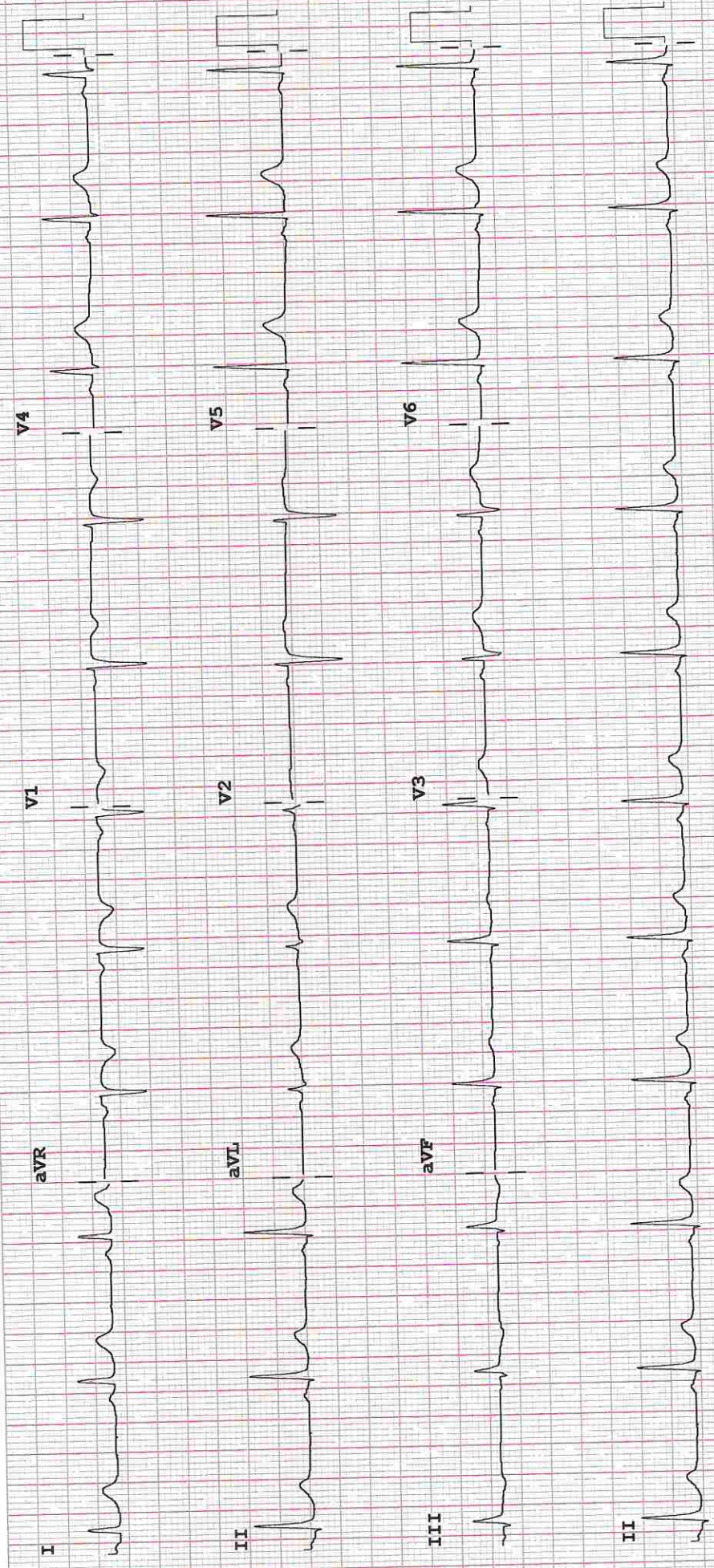
PR 136  
QRSD 89  
QT 400  
QTc 407

--AXIS--  
P 21  
QRS 51  
T 16

- NORMAL ECG -

Unconfirmed Diagnosis

12 Lead; Standard Placement



F 50~ 0.50-100 Hz W

Speed: 25 mm/sec  
Limb: 10 mm/mV  
Chest: 10.0 mm/mV

100B CL

P?

Device:



Date: 13/Feb/2023

DEPARTMENT OF NIC

Name: Mrs. Vidhya Manohar Yelamkar

Age | Sex: 38 YEAR(S) | Female

Order Station : FO-OPD

Bed Name :

UHID | Episode No : 8178704 | 8630/23/1501

Order No | Order Date: 1501/PN/OP/2302/17663 | 11-Feb-2023

Admitted On | Reporting Date : 13-Feb-2023 17:15:22

Order Doctor Name : Dr.SELF.

ECHOCARDIOGRAPHY TRANSTHORACIC

FINDINGS:

- No left ventricle regional wall motion abnormality at rest.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction. No e/o raised LVEDP.
- No mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension. PASP = 25 mm of Hg.
- Intact IVS and IAS.
- No left ventricle clot/vegetation/pericardial effusion.
- Normal right atrium and right ventricle dimension and function.
- Normal left atrium and left ventricle dimension.
- IVC measures 15 mm with normal inspiratory collapse .

M-MODE MEASUREMENTS:

LA	31	mm
AO Root	19	mm
AO CUSP SEP	16	mm
LVID (s)	23	mm
LVID (d)	37	mm
IVS (d)	10	mm
LVPW (d)	09	mm
RVID (d)	17	mm
RA	30	mm
LVEF	60	%



Date: 13/Feb/2023

DEPARTMENT OF NIC

Name: Mrs. Vidhya Manohar Yelamkar

Age | Sex: 38 YEAR(S) | Female

Order Station : FO-OPD

Bed Name :

UHID | Episode No : 8178704 | 8630/23/1501

Order No | Order Date: 1501/PN/OP/2302/17663 | 11-Feb-2023

Admitted On | Reporting Date : 13-Feb-2023 17:15:22

Order Doctor Name : Dr.SELF .

**DOPPLER STUDY:**

E WAVE VELOCITY: 0.9 m/sec.

A WAVE VELOCITY: 0.5 m/sec

E/A RATIO: 1.3, E/E' = 10

	PEAK (mmHg)	MEAN (mmHg)	V max (m/sec)	GRADE OF REGURGITATION
MITRAL VALVE	N			Nil
AORTIC VALVE	05			Nil
TRICUSPID VALVE	25			Trivial
PULMONARY VALVE	2.0			Nil

**Final Impression :**

- No RWMA.
- No LV diastolic dysfunction.
- Trivial TR. No PH.
- Normal LV and RV systolic function.

DR. PRASHANT PAWAR,  
DNB(MED), DNB (CARDIOLOGY)

Hiranandani Healthcare Pvt. Ltd.

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Board Line: 022 - 39199222 | Fax: 022 - 39133220

Emergency: 022 - 39199100 | Ambulance: 1255

For Appointment: 022 - 39199200 | Health Checkup: 022 - 39199300

www.fortishealthcare.com | vashi@fortishealthcare.com

CIN: U85100MH2005PTC 154823

GST IN : 27AABCH5894D1ZG

PAN NO : AABCH5894D



DEPARTMENT OF RADIOLOGY

Date: 11/Feb/2023

Name: Mrs. Vidhya Manohar Yelamkar

UHID | Episode No : 8178704 | 8630/23/1501

Age | Sex: 38 YEAR(S) | Female

Order No | Order Date: 1501/PN/OP/2302/17663 | 11-Feb-2023

Order Station : FO-OPD

Admitted On | Reporting Date : 11-Feb-2023 13:06:54

Bed Name :

Order Doctor Name : Dr.SELF .

X-RAY-CHEST- PA

**Findings:**

Both lung fields are clear.

The cardiac shadow appears within normal limits.

Trachea and major bronchi appears normal.

Both costophrenic angles are well maintained.

Bony thorax is unremarkable.

**DR. YOGINI SHAH**  
**DMRD., DNB. (Radiologist)**





DEPARTMENT OF RADIOLOGY

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Age | Sex: 38 YEAR(S) | Female

Order Station : FO-OPD

Bed Name :

UHID | Episode No : 8178704 | 8630/23/1501

Order No | Order Date: 1501/PN/OP/2302/17663 | 11-Feb-2023

Admitted On | Reporting Date : 11-Feb-2023 11:55:36

Order Doctor Name : Dr.SELF .

US-WHOLE ABDOMEN

**LIVER** is normal in size and show mildly raised echogenicity. No IHBR dilatation. No focal lesion is seen in liver. Portal vein appears normal in caliber.

**GALL BLADDER** is physiologically distended. Gall bladder reveals normal wall thickness. No evidence of calculi in gall bladder. No evidence of pericholecystic collection.  
**CBD** appears normal in caliber.

**SPLEEN** is normal in size and echogenicity.

**BOTH KIDNEYS** are normal in size and echogenicity. The central sinus complex is normal on right side. No evidence of hydronephrosis.

Right kidney measures 10.7 x 4.6 cm. Tiny calculus is seen in the mid pole of right kidney of 1 mm in diameter.

Left kidney measures 10.8 x 4.5 cm. There is a suspicious isoechoic lesion in mid pole of left kidney of size 3.0 x 2.7 cm mildly displacing the left pelvicalyceal system.

**PANCREAS** is normal in size and morphology. No evidence of peripancreatic collection.

**URINARY BLADDER** is normal in capacity and contour. Bladder wall is normal in thickness. No evidence of intravesical calculi.

**UTERUS** is normal in size, measuring 6.5 x 4.0 x 5.5 cm.  
Endometrium measures 6 mm in thickness.

Both ovaries are normal.

Right ovary measures 2.0 x 1.6 cm.

Left ovary measures 2.0 x 1.8 cm.

No evidence of ascites.

**IMPRESSION:**

- Grade I fatty infiltration of liver.
- Suspicious isoechoic lesion in mid pole of left kidney mildly displacing the left pelvicalyceal system. Requires further evaluation with CECT KUB.
- Right renal non-obstructing calculus

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**DEPARTMENT OF RADIOLOGY**

Date: 13/Feb/2023

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Order No | Order Date: 1501/PN/OP/2302/17663 | 11-Feb-2023

Order Station : FO-OPD

Admitted On | Reporting Date : 13-Feb-2023 16:28:29

Bed Name :

Order Doctor Name : Dr.SELF .

**MAMMOGRAM - BOTH BREAST**

**Findings:**

*Bilateral film screen mammography* was performed in cranio-caudal and medio-lateral oblique views.

Both breasts show scattered areas of fibroglandular density.

No evidence of any dominant mass, clusters of microcalcifications, nipple retraction, skin thickening or abnormal vascularity is seen in either breast.

No evidence of axillary lymphadenopathy.

**IMPRESSION:**

- No significant abnormality detected. (BI-RADS category I).
- No obvious mass lesion in the breasts.

Normal-interval follow-up is recommended.

**DR. YOGINI SHAH**  
**DMRD., DNB. (Radiologist)**