

# CONSULTATION SUMMARY

Unit of Narayana Health

Patient MRN : 10090000366803  
Patient Name : Mr Vikram T B  
Gender/Age/Dob : Male , 31 Years , 12/03/92  
Patient Phone No : 9964963808  
Patient Address : S/O BHIMANAIAK ,#13, SEVALAL  
NAGAR (V) HONNALI (TQ) ,  
Davanagere,Karnataka,India

Consultation Date : 14/10/2023 12:02 PM  
Consultant : Dr. Kiran V H (GENERAL  
MEDICINE)  
Consultation Type : OP , NEW VISIT



## CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- HEALTH PACKAGE : FOR A GENERAL HEALTH EVALUATION
- NO MAJOR COMPLAINTS:

## PAST MEDICAL HISTORY

- No significant past medical history

## VITALS

Blood Pressure : 110/70 mmHg

Heart Rate: 68 bpm

SPO2 : 97 % , Room air

Height : 175 cm

Weight: 70 kg

BMI: 22.86 kg/m<sup>2</sup>

BSA : 1.84 m<sup>2</sup>

Fall Score : Low

Pain Score : 0 (MUSCULAR)



## MEDICATION ORDER

DRUG NAME  
1) GINSENG  
EXTRACT+VITAMINS+MINERALS-  
CAPSULE--ALLRICH GX

## PATIENT INSTRUCTION

Once Daily ( 1 - 0 - 0 - 0 ) Capsule After Food For 3 Months |  
Qty: 90 | Start Date: Oct 14, 2023 | End Date: Jan 11, 2024

## ADVICE

- AVOID RED MEAT AND PROCESSED FOOD

## ALLERGY

- No known allergies

## FOLLOW UP DETAILS

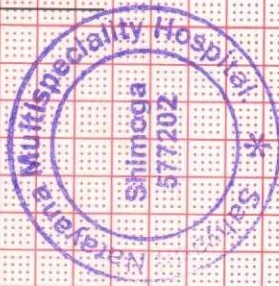
- Physical Consultation** for Dr. Kiran V H (GENERAL MEDICINE) after **3 Months** with below investigation results

**Follow-up Investigation**

10090000366803  
Name: T. B. Vikram  
Age: 31 Years  
Gender: Male

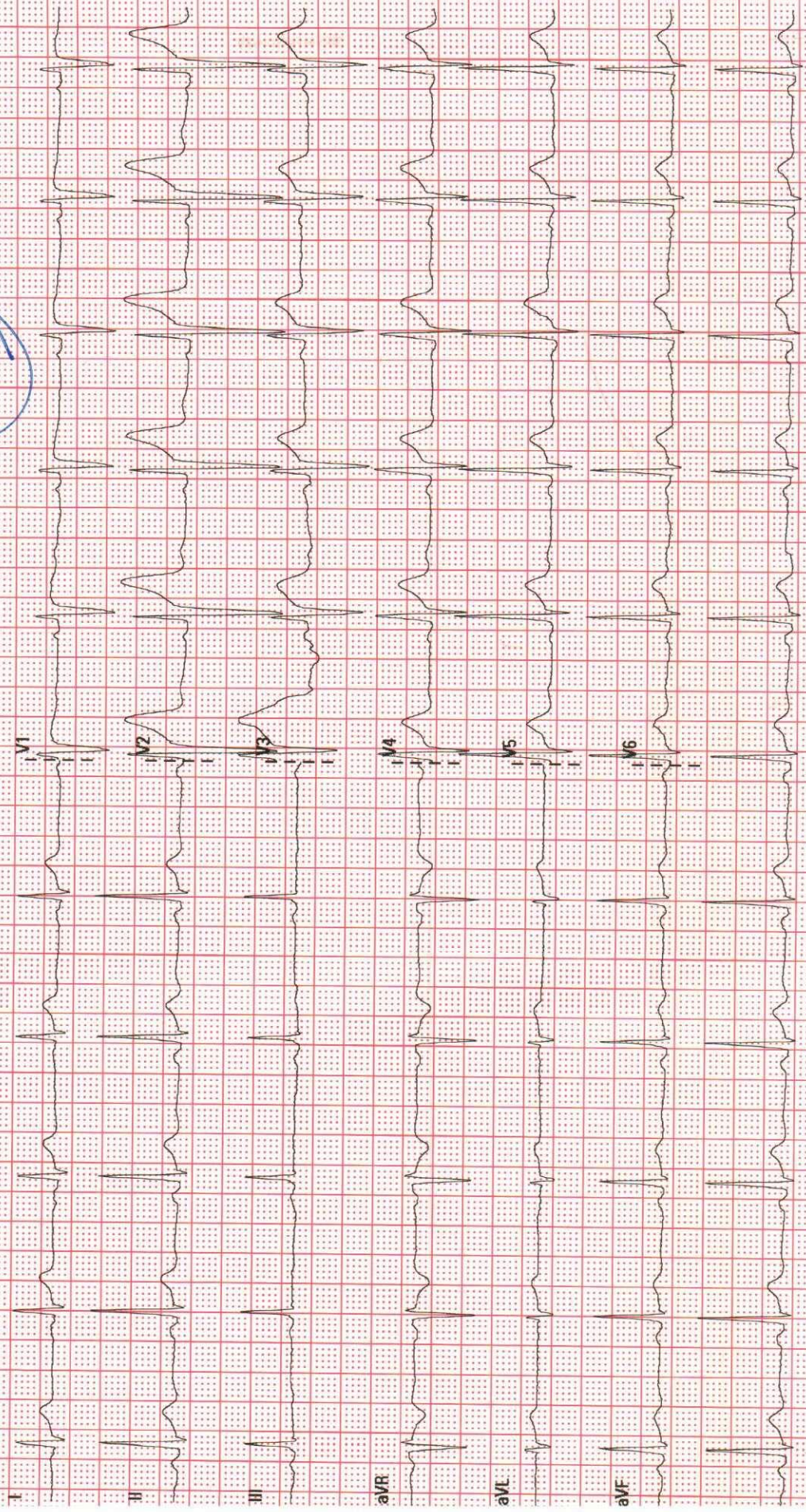
14-10-2023 10:09:56

Vent. Rate 65 bpm  
PR Interval 136 ms  
QRS Duration 90 ms  
QT/QTc Interval 364/373 ms  
P/QRS/T Axes 68/72/36 deg  
QTc Hodges



Unconfirmed Diagnosis

*Handwritten signature*



25 mm/s

10 mm/mV

50 Hz

BDR 35 Hz

Sanyasa Narayana multispecialty hospital

02.10.00V28.4.1

SN-FN-49001061

<b>Patient Name :: Mr. Vikram T B</b>	<b>Age :: 31Yrs</b>	<b>Sex :: Male</b>
<b>Ref. Doctor :: Dr. Kiran V H</b>	<b>MRN No :: 366803</b>	<b>Date: 14/10/2023</b>

**ULTRASOUND ABDOMEN**

- **LIVER:** is normal in size and shows normal echotexture. No focal mass lesions seen. Intra and extra biliary radicals are normal. Main portal vein and CBD are normal.
- **GALL BLADDER:** is well distended. No calculi seen. No pericholecystic fluid collection seen.
- **SPLEEN:** is normal in size and show normal echopattern. No focal lesion.
- **PANCREAS:** to the extent seen appears normal in echopattern.
- **KIDNEYS:** Both kidneys are normal in size and shows normal corticomedullary echogenicity. No calculi /Hydronephrosis.  
Right kidney measures: 9.7 x 4.4 cms.  
Left kidney measures: 10.5 x 4.0 cms.
- **URINARY BLADDER:** Well distended. No abnormal internal contents.
- **PROSTATE:** is normal in size ,shape and echotexture. No focal mass lesion seen.
- No free fluid seen in the abdomen.

**IMPRESSION:**

- NO SIGNIFICANT ABNORMALITY DETECTED.



*Dr. Maqsood Ahmed*  
**Dr. MAQSOOD AHMED**

Associate Consultant Radiologist

**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)  
Collected On : 14/10/2023 09:32 AM Received On : 14/10/2023 10:18 AM Reported On : 14/10/2023 12:06 PM  
Barcode : 712310140061 Specimen : Whole Blood Consultant : Dr. Kiran V H(GENERAL MEDICINE)  
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9964963808

**HAEMATOLOGY LAB**

Test	Result	Unit	Biological Reference Interval
<b>COMPLETE BLOOD COUNT (CBC)</b>			
Haemoglobin (Hb%) (Oxymethemoglobin Method)	14.0	g/dL	13.0-17.0
Red Blood Cell Count (Coulter Principle/Electrical Impedence)	<b>6.25 H</b>	Million/ul	4.5-5.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	43.7	%	40.0-50.0
MCV (Mean Corpuscular Volume) (Derived From RBC Histogram)	<b>69.9 L</b>	fL	77.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	<b>22.4 L</b>	pg	25.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	32.1	g/L	31.5-34.5
Red Cell Distribution Width (RDW) (Derived From RBC Histogram)	<b>15.0 H</b>	%	11.6-14.0
Platelet Count (Coulter Principle/Electrical Impedence)	266	Thous/ $\mu$ L	150.0-450.0
Mean Platelet Volume (MPV)	8.4	fL	7.0-11.7
Total Leucocyte Count(WBC) (Coulter Principle /Electrical Impedence)	7.1	Thous/cumm	4.0-10.0
<b>DIFFERENTIAL COUNT (DC)</b>			
Neutrophils (VCSn Technology)	56.9	%	40.0-75.0
Lymphocytes (VCSn Technology)	32.3	%	20.0-40.0
Monocytes (VCSn Technology)	6.4	%	2.0-10.0



Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

Eosinophils (VCSn Technology)	3.9	%	0.0-6.0
Basophils (Calculated)	0.5	%	0.0-4.0
NRBC	0.1	-	-
Absolute Neutrophil Count	4.0	Thous/cumm	2.0-7.0
Absolute Lymphocyte Count	2.3	Thous/cumm	1.0-3.0
Absolute Monocyte Count	0.5	Thous/cumm	0.2-1.0
Absolute Eosinophil Count	0.3	Thous/cumm	0.02-0.5
Absolute Basophil Count	<b>0.0 L</b>	X1000/cumm	0.02-0.1

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

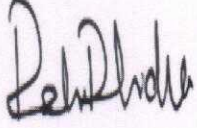
Dr. Sujata N  
MBBS, DCP, MD  
CONSULTANT

**HAEMATOLOGY LAB**

Test	Result	Unit
<b>BLOOD GROUP &amp; RH TYPING</b>		
Blood Group (Slide Technique And Tube Technique)	"O"	-
RH Typing (Slide Technique And Tube Technique)	Positive	-

--End of Report--

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)



Dr. Rashmi Vaidya  
MBBS, MD  
CONSULTANT

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

Collected On : 14/10/2023 12:05 PM Received On : 14/10/2023 12:38 PM Reported On : 14/10/2023 01:04 PM

Barcode : 702310140249 Specimen : Plasma Consultant : Dr. Kiran V H(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9964963808

**CLINICAL BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>POST PRANDIAL BLOOD GLUCOSE (PPBG)</b> (Glucose Oxidase, Peroxidase)	75	mg/dl	Normal : 70-139 Prediabetic : 140-199 Diabetic : >200

**Interpretations:**

(ADA Standards Jan 2017)

FBS can be less than PPBS in certain conditions like post prandial reactive hypoglycaemia, exaggerated response to insulin, subclinical hypothyroidism, very lean/anxious individuals. In non-diabetic individuals, such patients can be followed up with GTT.

--End of Report--

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**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Vikram T B    MRN : 10090000366803    Gender/Age : MALE , 31y (12/03/1992)  
 Collected On : 14/10/2023 09:32 AM    Received On : 14/10/2023 10:15 AM    Reported On : 14/10/2023 11:29 AM  
 Barcode : 702310140128    Specimen : Serum    Consultant : Dr. Kiran V H(GENERAL MEDICINE)  
 Sample adequacy : Satisfactory    Visit No : OP-001    Patient Mobile No : 9964963808

**CLINICAL BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval	
<b>LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)</b>				
Cholesterol Total (Enzymatic Method)	<b>267 H</b>	mg/dL	Normal High Borderline	<200 >240 200 - 239
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	142	mg/dL	Very High Borderline High High	=>500 150 - 199 200 - 499
HDL Cholesterol (HDLC) (Precipitation Followed By Enzymatic Method)	<b>64 H</b>	mg/dL	40.0-60.0	
Non-HDL Cholesterol	203.0	-	-	
LDL Cholesterol (Enzymatic Method (esterase, Oxidase, Peroxidase))	<b>143.72 H</b>	mg/dL	0.0-100.0	
<b>LDL value interpretation:</b>				
Optimal Value:	<100 mg/dL			
Near to above Optimal:	100-129 mg/dL			
Borderline High:	130-159 mg/dL			
High:	160-189 mg/dL			
Very High:	>189 mg/dL			
VLDL Cholesterol (Calculated)	28	mg/dL	0.0-40.0	
Cholesterol /HDL Ratio (Calculated)	4.2	-	0.0-5.0	
<b>THYROID PROFILE (T3, T4, TSH)</b>				
Tri Iodo Thyronine (T3) (Chemiluminescence Immuno Assay (CLIA))	1.46	ng/ml	0.97-1.69	

**Interpretations:**

Thyroid hormone binding protein can profoundly affect total T3 and total T4 levels especially in pregnancy and in patients on steroid therapy.  
 Unbound fractions of T3 and T4(FT3, FT4) of thyroid hormones are biologically active forms and correlate more closely with clinical status of the patient.



Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

Thyroxine (T4) (Chemiluminescence Immuno Assay (CLIA))	7.53	mcg/dl	3.2-12.6
TSH (Thyroid Stimulating Hormone) (Chemiluminescence Immuno Assay (CLIA))	1.018	mIU/L	0.4-4.04

**Interpretations:**

TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and minimum between 6-10 p.m. The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentration.

**LIVER FUNCTION TEST(LFT)**

Bilirubin Total (Modified Diazo Method)	0.9	mg/dl	0.2-1.0
Conjugated Bilirubin (Direct) (Differential Spectrophotometry)	0.4 H	mg/dL	0.0-0.3
Unconjugated Bilirubin (Indirect) (Calculated)	0.6	-	-
Total Protein (Biuret Method)	8.0	g/dL	6.4-8.2
Serum Albumin (BCG Dye Binding Method)	4.7	g/dL	3.5-5.0
Serum Globulin (Calculated)	3.3	g/dL	2.0-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.5	-	1.0-2.1
SGOT (AST) (UV With P5P)	21	U/L	17.0-59.0
SGPT (ALT) (UV With P5P)	19	U/L	<50.0
Alkaline Phosphatase (ALP) (PNPP With AMP Buffer)	70	IU/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (Enzymatic (Gamma Glutamyl Nitranilide))	25	U/L	15.0-73.0

**RENAL PACKAGE - 2 (RFT FASTING)**

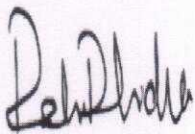
FASTING BLOOD GLUCOSE (FBG) (Glucose Oxidase, Peroxidase)	95	mg/dL	High Normal Prediabetic	>126 70 - 100 100 - 125
Blood Urea Nitrogen (BUN) (Urease, UV)	9	mg/dL	9.0-20.0	

**SERUM CREATININE**

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

Serum Creatinine (Enzymatic Method (hydrolase, Oxidase, Peroxidase))	0.8	mg/dl	0.66-1.25
eGFR (Calculated By MDRD Formula)	112.8	mL/min/1.73m <sup>2</sup>	Inductive of Renal Impairment:<60 Note:eGFR is inaccurate for Hemodynamically unstable patients. eGFR is not applicable for less than 18 years of age .
Serum Sodium (ISE Potentiometry)	138	mmol/L	137.0-145.0
Serum Potassium (ISE Potentiometry)	5.2 H	mmol/L	3.5-5.0
Serum Chloride (ISE Direct )	102	mmol/L	98.0-107.0
Serum Bicarbonate Level (Enzymatic Endpoint By Reflectance Spectrophotometry)	22	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.8	mg/dL	8.4-10.2
Serum Magnesium (Dye Binding)	1.9	mg/dl	1.6-2.3
Serum Uric Acid (Enzymatic Method (Uricase))	5.0	mg/dL	3.5-7.2
Serum Phosphorus (Phosphomolybdate Reduction)	4.4	mg/dL	2.5-4.5

--End of Report--



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MBBS, MD  
CONSULTANT

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**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)  
Collected On : 14/10/2023 09:32 AM Received On : 14/10/2023 10:11 AM Reported On : 14/10/2023 10:55 AM  
Barcode : 722310140010 Specimen : Urine Consultant : Dr. Kiran V H(GENERAL MEDICINE)  
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9964963808

Test	CLINICAL PATHOLOGY		Biological Reference Interval
	Result	Unit	
<b>URINE ROUTINE &amp; MICROSCOPY</b>			
<b>PHYSICAL EXAMINATION</b>			
Volume	29	ml	-
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
<b>CHEMICAL EXAMINATION</b>			
pH(Reaction) (Semiquantitative Strip Method- Double Indicator Principle)	5.5	-	4.8-7.5
Sp. Gravity (Semiquantitative Strip Method- chromatographic Reaction)	1.015	-	1.002 - 1.03
Protein (Semiquantitative Strip Method- Protein Error Of Indicator)	Negative	-	Negative
Urine Glucose (Semiquantitative Strip Method- Glucose Oxidase Technique)	Negative	-	Negative
Ketone Bodies (Semiquantitative Strip Method- Sodium Nitroprusside Chromatography)	Negative	-	Negative
Bile Salts (Semiquantitative Strip Method)	Negative	-	Negative
Bile Pigment (Bilirubin) (Semiquantitative Strip Method- Azodyes)	Negative	-	Negative
Urobilinogen (Semiquantitative Strip Method-Fast B Blue)	Normal	-	Negative
Urine Leucocyte Esterase (Semiquantitative Strip Method-diazonium Compounds)	Negative	-	Negative

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

Blood Urine (Semiquantitative Strip Method-  
Peroxidase) Negative - Negative

Nitrite (Semiquantitative Strip Method-diazonium  
Compounds) Negative - Negative

**MICROSCOPIC EXAMINATION**

Pus Cells 2-4/hpf - 0-2

RBC Not Seen - Nil

Epithelial Cells 2-3/hpf - 2-3

Dr. Sujata N  
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CONSULTANT

**CLINICAL PATHOLOGY**

Test	Result	Unit
<b>Urine For Sugar (Fasting)</b> (Semiquantitative Strip Method-Glucose Oxidase Technique)	NILL	-

--End of Report--

Dr. Rashmi Vaidya  
MBBS, MD  
CONSULTANT

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

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**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

Collected On : 14/10/2023 09:32 AM Received On : 14/10/2023 10:16 AM Reported On : 14/10/2023 12:23 PM

Barcode : 702310140127 Specimen : Plasma Consultant : Dr. Kiran V H(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9964963808

**CLINICAL BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval	
<b>FASTING BLOOD GLUCOSE (FBG)</b> (Glucose Oxidase, Peroxidase)	94	mg/dL	High	>126
			Normal	70 - 100
			Prediabetic	100 - 125

--End of Report--

Dr. Rashmi Vaidya  
MBBS, MD  
CONSULTANT

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MC-2531



**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

Collected On : 14/10/2023 12:05 PM Received On : 14/10/2023 12:29 PM Reported On : 14/10/2023 12:44 PM

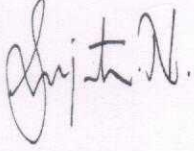
Barcode : 722310140023 Specimen : Urine Consultant : Dr. Kiran V H(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9964963808

**CLINICAL PATHOLOGY**

Test	Result	Unit
<b>Urine For Sugar (Post Prandial)</b> (Semiquantitative Strip Method-Glucose Oxidase Technique)	NILL	-

--End of Report--



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**DEPARTMENT OF LABORATORY MEDICINE**

Final Report

Patient Name : Mr Vikram T B MRN : 10090000366803 Gender/Age : MALE , 31y (12/03/1992)

Collected On : 14/10/2023 09:32 AM Received On : 14/10/2023 10:14 AM Reported On : 14/10/2023 12:08 PM

Barcode : 702310140129 Specimen : Whole Blood Consultant : Dr. Kiran V H(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9964963808

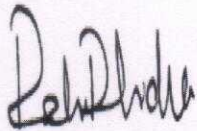
**CLINICAL BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>HBA1C</b>			
HbA1c	5.6	%	Up to-Normal: < 6 Good Control: 6.01-7.00 Fair Control: 7.01-8.00 Poor Control: > 8.01
Estimated Average Glucose	114.02	-	-

**Interpretation:**

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



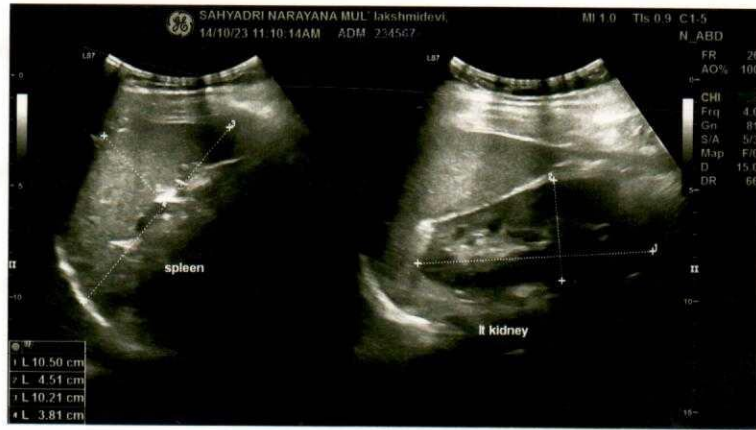
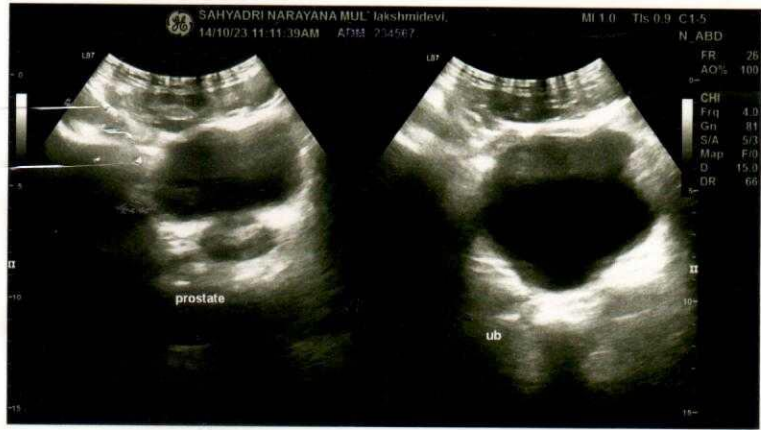
Dr. Rashmi Vaidya  
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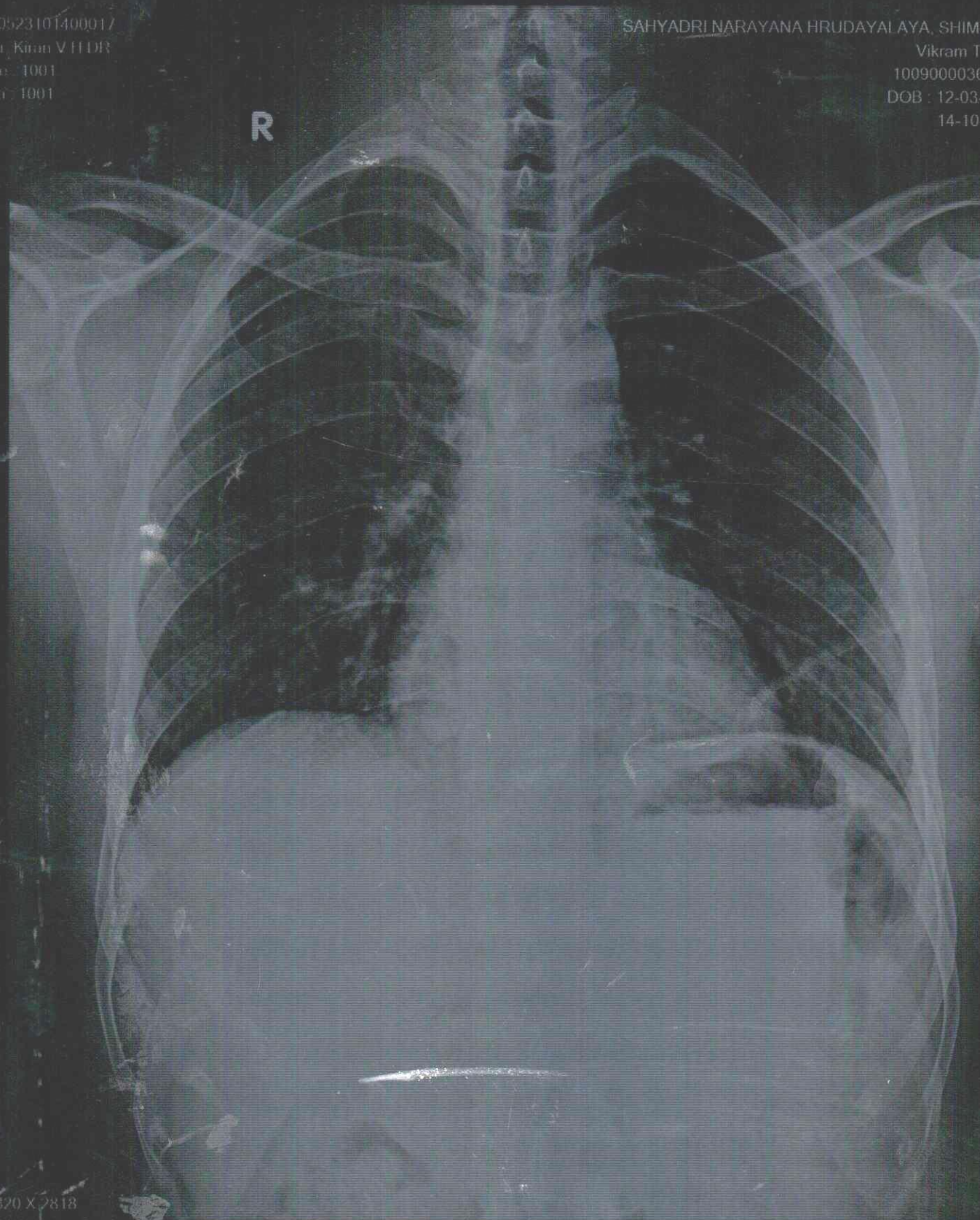




10523101400017  
Dr. Kiran V HDR  
Sr. 1001  
In. 1001

SAHYADRI NARAYANA HRUDAYALAYA, SHIMOGA  
Vikram T B Mr  
10090000366803  
DOB : 12-03-1992  
14-10-2023  
10:56

R



7.320 X 28.18  
/ 80.5%

L2047, W.4095

Vikram T B Mr 10090000366803 031Y CHEST,FRN P->A 14-10-2023  
SAHYADRI NARAYANA HRUDAYALAYA, SHIMOGA