



## CLIENT CODE: CA00010147 - MEDIWHEEL CLIENT'S NAME AND ADDRESS ! THOADE I MATTER

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, COUTH DELHI, DELHI, SOUTH DELHI 110030 DELHI INDIA 8800465156



DDRC SRL DIAGNOSTICS ASTER SQUARE BUILDING, ULLOOR, MEDICAL COLLEGE P.O TRIVANDRUM, 695011 KERALA, INDIA Tel : 93334 93334, Fax : CIN - U85190MH2006PTC Email : customercare.ddrc@srl.in

PATIENT NAME : MR MANORANJAN PATIENT ID : MRMAM250288418							
ACCESSION NO : <b>4182WB010723</b> AGE : 35	Years SEX : Male	ABHA NO :					
DRAWN : RECEIVED	: 25/02/2023 07:05	REPORTED : 27/02/2023 10:36					
REFERRING DOCTOR : SELF CLIENT PATIENT ID :							
Test Report Status      Preliminary      Results      Biological Reference Interval      Units							
MEDIWHEEL HEALTH CHEKUP BELOW 40(M)	TMT						
OPTHAL OPTHAL * TREADMILL TEST	REPORT GIVEN						

REPORT GIVEN TREADMILL TEST **\* PHYSICAL EXAMINATION** PHYSICAL EXAMINATION REPORT GIVEN









Patient Ref. No. 666000003523566



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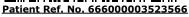
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Test Report Status <u>Preliminary</u>	Results		Units	
MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TM	ш			
BUN/CREAT RATIO				
BUN/CREAT RATIO CREATININE, SERUM	10.7			
CREATININE GLUCOSE, POST-PRANDIAL, PLASMA	1.12	18 - 60 yrs : 0.9 - 1.3	mg/dL	
GLUCOSE, POST-PRANDIAL, PLASMA	68	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL	
GLUCOSE FASTING, FLUORIDE PLASMA				
GLUCOSE, FASTING, PLASMA	85	Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL	
GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA \ BLOOD	WHOLE			
GLYCOSYLATED HEMOGLOBIN (HBA1C)	5.1	Normal      : 4.0 - 5.6%.        Non-diabetic level      : < 5.7%.	%	
		Glycemic control goalMore stringent goal : < 6.5 %.		
		Glycemic targets in CKD :- If eGFR > 60 : < 7%. If eGFR < 60 : 7 - 8.5%.		
MEAN PLASMA GLUCOSE LIPID PROFILE, SERUM	99.7		mg/dL	
CHOLESTEROL	217	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL	
TRIGLYCERIDES	145	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL	
HDL CHOLESTEROL	44	General range : 40-60	mg/dL	













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Test Report Status <u>Preliminary</u>	Results	Units					
DIRECT LDL CHOLESTEROL	159	Optimum : < 100 mg/dL Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190					
NON HDL CHOLESTEROL	173	High Desirable: Less than 130 mg/dL Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220					
VERY LOW DENSITY LIPOPROTEIN	29.0	Desirable value : mg/dL 10 - 35					
CHOL/HDL RATIO	4.9	High 3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk					
LDL/HDL RATIO	3.6	High 0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk					









DDRC SRL **Diagnostic Services** 

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REFERRING DOCTO	DR: SELF			CLIEN	T PATIENT ID	:
Test Report Stat	us <u>Preliminar</u>	Y F	Results			Units

## Interpretation(s)

1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.

2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.

3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL

4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.

5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction.Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

#### Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category					
Extreme risk group	A.CAD with $> 1$ feature of high risk group				
	B. CAD with > 1 feature of Very high risk	group or recurrent ACS (within 1 year) despite LDL-C			
	< or $=$ 50 mg/dl or polyvascular disease				
Very High Risk	1. Established ASCVD 2. Diabetes with 2	major risk factors or evidence of end organ damage 3.			
	Familial Homozygous Hypercholesterolemi	a			
High Risk		abetes with 1 major risk factor or no evidence of end			
		DL >190 mg/dl 5. Extreme of a single risk factor. 6.			
	Coronary Artery Calcium - CAC >300 AU.	7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid			
	plaque	1.277 10 (18)			
Moderate Risk	2 major ASCVD risk factors				
Low Risk	0-1 major ASCVD risk factors				
Major ASCVD (Ath	erosclerotic cardiovascular disease) Risk Fa	actors			
1. Age $>$ or $=$ 45 year	s in males and $>$ or $=$ 55 years in females	3. Current Cigarette smoking or tobacco use			
2. Family history of p	oremature ASCVD	4. High blood pressure			
5. Low HDL					
Newer treatment goals	and statin initiation thresholds based on the	he risk categories proposed by LAI in 2020.			

nd statin initiation thresholds based on the risk categ

Risk Group	Treatment Goals	Consider Drug Therapy	
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PATIENT NAME : MR MANORANJ	AN	PATIENT ID : MRMAM250288418

	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group	<50 (Optional goal	< 80 (Optional goal	>OR = 50	>OR = 80
Category A	< OR = 30)	< OR = 60)		
Extreme Risk Group	<or 30<="" =="" td=""><td><or 60<="" =="" td=""><td>&gt; 30</td><td>&gt;60</td></or></td></or>	<or 60<="" =="" td=""><td>&gt; 30</td><td>&gt;60</td></or>	> 30	>60
Category B				
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR=100
Moderate Risk	<100	<130	>OR=100	>OR=130
Low Risk	<100	<130	>OR=130*	>OR=160

\*After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

## LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.64	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.22	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.42	0.00 - 0.60	mg/dL
TOTAL PROTEIN	7.1	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.6	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.5	2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.8	General Range : 1.1 - 2.5	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	20	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	29	Adults : < 45	U/L
ALKALINE PHOSPHATASE	83	Adult(<60yrs): 40 -130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	22	Adult (Male) : < 60	U/L
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	7.1	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
URIC ACID, SERUM			
URIC ACID	7.5	Adults : 3.4-7	mg/dL
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD			



to view Details







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8800465156					
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REFERRING DOCTOR : SELF		CLIENT PATIENT ID :			
Test Report Status <u>Preliminary</u>	Results				Units
ABO GROUP	TYPE O				
RH TYPE	POSITIVE				
METHOD : COLUMN AGGLUTINATION TECHOLOGY					
BLOOD COUNTS,EDTA WHOLE BLOOD	. – .				<i>,</i>
HEMOGLOBIN METHOD : SPECTROPHOTOMETRIC	15.1		13.0 - 17.0		g/dL
RED BLOOD CELL COUNT METHOD : IMPEDANCE VARIATION	5.00		4.5 - 5.5		mil/µL
WHITE BLOOD CELL COUNT	7.23		4.0 - 10.0		thou/µL
PLATELET COUNT METHOD : IMPEDANCE VARIATION	199		150 - 410		thou/µL
RBC AND PLATELET INDICES					
HEMATOCRIT	45.9		40 - 50		%
METHOD : CALCULATED PARAMETER	04 7		02 101		6
MEAN CORPUSCULAR VOL	91.7		83 - 101		fL
MEAN CORPUSCULAR HGB. METHOD : CALCULATED PARAMETER	30.2		27.0 - 32.0		pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	32.9		31.5 - 34.5		g/dL
RED CELL DISTRIBUTION WIDTH	14.4	High	11.6 - 14.0		%
MENTZER INDEX	18.3				
MEAN PLATELET VOLUME	9.5		6.8 - 10.9		fL
WBC DIFFERENTIAL COUNT					
SEGMENTED NEUTROPHILS	41		40 - 80		%
LYMPHOCYTES	43	High	20 - 40		%
MONOCYTES	6		2 - 10		%
EOSINOPHILS	10	High	1 - 6		%
BASOPHILS	0		0 - 2		%
ABSOLUTE NEUTROPHIL COUNT	2.96		2.0 - 7.0		thou/µL
ABSOLUTE LYMPHOCYTE COUNT	3.11	High	1 - 3		thou/µL
ABSOLUTE MONOCYTE COUNT	0.43		0.20 - 1.00		thou/µL
ABSOLUTE EOSINOPHIL COUNT	0.72	High	0.02 - 0.50		thou/µL

0

1.0



ABSOLUTE BASOPHIL COUNT

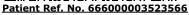
NEUTROPHIL LYMPHOCYTE RATIO (NLR)



thou/µL









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Test Report Status <u>Prelimina</u>	r <u>y</u> Results		Units			
ERYTHROCYTE SEDIMENTATION	RATE (FSR).WHOLE					
BLOOD SEDIMENTATION RATE (ESR) SUGAR URINE - POST PRANDIAL	4	0 - 14	mm at 1 hr			
BLOOD SEDIMENTATION RATE (ESR)	4	0 - 14 NOT DETECTED	mm at 1 hr			









Diagnostic Services

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Test Report Stat	tus Preliminar	·v	R	esults				Units

### Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3.Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism.Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
		(a a.e.			Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
					treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

4.7 - 7.5

#### PHYSICAL EXAMINATION, URINE

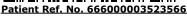
COLOR	YELLOW
APPEARANCE	CLEAR
CHEMICAL EXAMINATION, URINE	
PH	5.0













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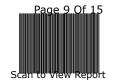


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SPECIFIC GRAVITY	1.024	1.003 - 1.035
PROTEIN	NEGATIVE	NOT DETECTED
GLUCOSE	NEGATIVE	NOT DETECTED
KETONES	NEGATIVE	NOT DETECTED
BLOOD	DETECTED (+) IN URINE	NOT DETECTED
BILIRUBIN	NEGATIVE	NOT DETECTED
UROBILINOGEN METHOD : DIPSTICK	NORMAL	NORMAL
NITRITE	NEGATIVE	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE** /HPF 1 - 2 NOT DETECTED **RED BLOOD CELLS** 0-5 /HPF WBC 0-1 0-5 /HPF EPITHELIAL CELLS 0-1 NEGATIVE CASTS NEGATIVE CRYSTALS REMARKS Occassional spermatozoa seen METHOD : AUTOMATED ANALYSER, MICROSCOPY









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## Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions
Proteins	Inflammation or immune illnesses
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind of kidney impairment
Glucose	Diabetes or kidney disease
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst
Urobilinogen	Liver disease such as hepatitis or cirrhosis
Blood	Renal or genital disorders/trauma
Bilirubin	Liver disease
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal diseases
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice
Uric acid	arthritis
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

12

**BLOOD UREA NITROGEN (BUN), SERUM** 

## **BLOOD UREA NITROGEN** SUGAR URINE - FASTING SUGAR URINE - FASTING

\* PHYSICAL EXAMINATION, STOOL CHEMICAL EXAMINATION, STOOL MICROSCOPIC EXAMINATION, STOOL NOT DETECTED **RESULT PENDING RESULT PENDING RESULT PENDING**  mg/dL

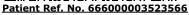
Adult(<60 yrs) : 6 to 20

NOT DETECTED











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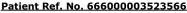
PATIENT NAME :	: MR MANORANJA	AN .		PA	TIENT ID :	MRMAM250288418
ACCESSION NO :	4182WB010723	AGE: 35 Years	SEX : Male	ABHA NO :		
DRAWN :		RECEIVED : 25/0	2/2023 07:05	REPORTED :	27/02/202	23 10:36
REFERRING DOCTO	DR: SELF			CLIENT	F PATIENT ID	:
Test Report Stat	us <u>Preliminar</u>	rv F	Results			Units













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DRAWN :		RECEIVED :	25/02/	/2023 07:05	REPORTED :	27/02/20	23 10:36
REFERRING DOCT	OR: SELF				CLI	ENT PATIENT ID	):
Test Report Sta	tus <u>Preliminar</u>	т <b>у</b>	Re	esults			Units

## Interpretation(s)

Stool routine analysis is only a screening test for disorders of gastrointentestinal tract like infection, malabsorption, etc. The following table describes the probable conditions, in which the analytes are present in stool.

PRESENCE OF	CONDITION
Pus cells	Pus in the stool is an indication of infection
Red Blood cells	Parasitic or bacterial infection or an inflammatory bowel condition such as ulcerative colitis
Parasites	Infection of the digestive system. Stool examination for ova and parasite detects presence of parasitic infestation of gastrointestinal tract. Various forms of parasite that can be detected include cyst, trophozoite and larvae. One negative result does not rule out the possibility of parasitic infestation. Intermittent shedding of parasites warrants examinations of multiple specimens tested on consecutive days. Stool specimens for parasitic examination should be collected before initiation of antidiarrheal therapy or antiparasitic therapy. This test does not detect presence of opportunistic parasites like Cyclospora, Cryptosporidia and Isospora species. Examination of Ova and Parasite has been carried out by direct and concentration techniques.
Mucus	Mucus is a protective layer that lubricates, protects& reduces damage due to bacteria or viruses.
Charcot-Leyden crystal	Parasitic diseases.
Ova & cyst	Ova & cyst indicate parasitic infestation of intestine.
Frank blood	Bleeding in the rectum or colon.
Occult blood	Occult blood indicates upper GI bleeding.
Macrophages	Macrophages in stool are an indication of infection as they are protective cells.
Epithelial cells	Epithelial cells that normally line the body surface and internal organs show up in stool when there is inflammation or infection.
Fat	Increased fat in stool maybe seen in conditions like diarrhoea or malabsorption.
рН	Normal stool pH is slightly acidic to neutral. Breast-fed babies generally have an acidic stool.

## **ADDITIONAL STOOL TESTS :**

- Stool Culture:- This test is done to find cause of GI infection, make decision about best treatment for GI infection & to find out if 1. treatment for GI infection worked.
- 2. Fecal Calprotectin: It is a marker of intestinal inflammation. This test is done to differentiate Inflammatory Bowel Disease (IBD) from Irritable Bowel Syndrome (IBS).
- Fecal Occult Blood Test(FOBT): This test is done to screen for colon cancer & to evaluate possible cause of unexplained anaemia. 3.
- 4. Clostridium Difficile Toxin Assay: This test is strongly recommended in healthcare associated bloody or waterydiarrhoea, due to overuse of broad spectrum antibiotics which alter the normal GI flora.
- 5. Biofire (Film Array) GI PANEL: In patients of Diarrhoea, Dysentry, Rice watery Stool, FDA approved, Biofire Film Array Test, (Real Time Multiplex PCR) is strongly recommended as it identifies organisms, bacteria, fungi, virus, parasite and other opportunistic pathogens, Vibrio cholera infections only in 3 hours. Sensitivity 96% & Specificity 99%.











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REFERRING DOCT	OR: SELF			CLIEN	T PATIENT ID	:
Test Report Sta	tus <u>Preliminar</u>	<u>.</u>	Results			Units

Rota Virus Immunoassay: This test is recommended in severe gastroenteritis in infants & children associated with watery 6. diarrhoea, vomitting& abdominal cramps. Adults are also affected. It is highly contagious in nature.

- <b>Interpretation(s)</b> CREATININE, SERUM-Higher than normal level may be due to: Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
  Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers

• Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

Myasthenia Gravis

Muscular dystrophy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c GLUCOSE FASTING.FLUORIDE PLASMA-<b>TEST DESCRIPTION</b>

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

<b>Increased in</b>

Diabetes mellitus, Cushing' s syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides. <b>Decreased in </b>

Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical,

stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

<b>NOTE:</b> While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control. High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria,

Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-<b>Used For</b>:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.

2.Diagnosing diabetes.

3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

- 1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels. 2. eAG gives an evaluation of blood glucose levels for the last couple of months.

3. eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c - 46.7

<b>HbA1c Estimation can get affected due to :</b>

anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin. III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia,uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

IV.Interference of hemoglobinopathies in HbA1c estimation is seen in a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.. Protein in the plasma is made up of albumin and globulin













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PATIENT NAME	: MR MANORANJA	N			PA	TIENT ID :	MRMAM250288418
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Test Report Sta	tus <u>Preliminar</u>	Υ.	Results				Units

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom"""s disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. URIC ACID, SERUM-<br/>b>Causes of Increased levels:</br/>(b>-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2

DM, Metabolic syndrome

<b>Causes of decreased levels</b>-Low Zinc intake,OCP,Multiple Sclerosis

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13)

from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for

diagnosing a case of beta thalassaemia trait. WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-<b>TEST DESCRIPTION</b> :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. <b>TEST INTERPRETATION</b>

<b>Increase</b> in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury,

Pregnancy, Estrogen medication, Aging. Finding a very accelerated ESR<b>(>100 mm/hour)</b> in patients with ill-defined symptoms directs the physician to search for a systemic disease

(Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis). In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. <b>Decreased</b> in: Polycythermia vera, Sickle cell anemia

<b>LIMITATIONS</b>

<b>False elevated</b> ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia <b>False Decreased</b> : Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

salicylates)

#### **REFERENCE** :

Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.
 SUGAR URINE - POST PRANDIAL-METHOD: DIPSTICK/BENEDICT'S TEST
 BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)
 Causes of decreased level include Liver disease, SIADH.
 SUGAR URINE - FASTING-METHOD: DIPSTICK/BENEDICT'S TEST









DDRC SRL Diagnostic Services

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REFERRING DOCTO	R: SELF			CLIENT	F PATIENT ID	:
Test Report Statu	us <u>Preliminar</u>	¥	Results			Units

## MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

\* ECG WITH REPORT REPORT REPORT GIVEN \* USG ABDOMEN AND PELVIS REPORT REPORT REPORT GIVEN \* CHEST X-RAY WITH REPORT

REPORT GIVEN

\*\*End Of Report\*\* Please visit www.srlworld.com for related Test Information for this accession TEST MARKED WITH '\*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

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BABU K MATHEW HOD -BIOCHEMISTRY

V Q. a

DR.VAISHALI RAJAN, MBBS DCP(Pathology) (Reg No - TCC 27150) HOD - HAEMATOLOGY

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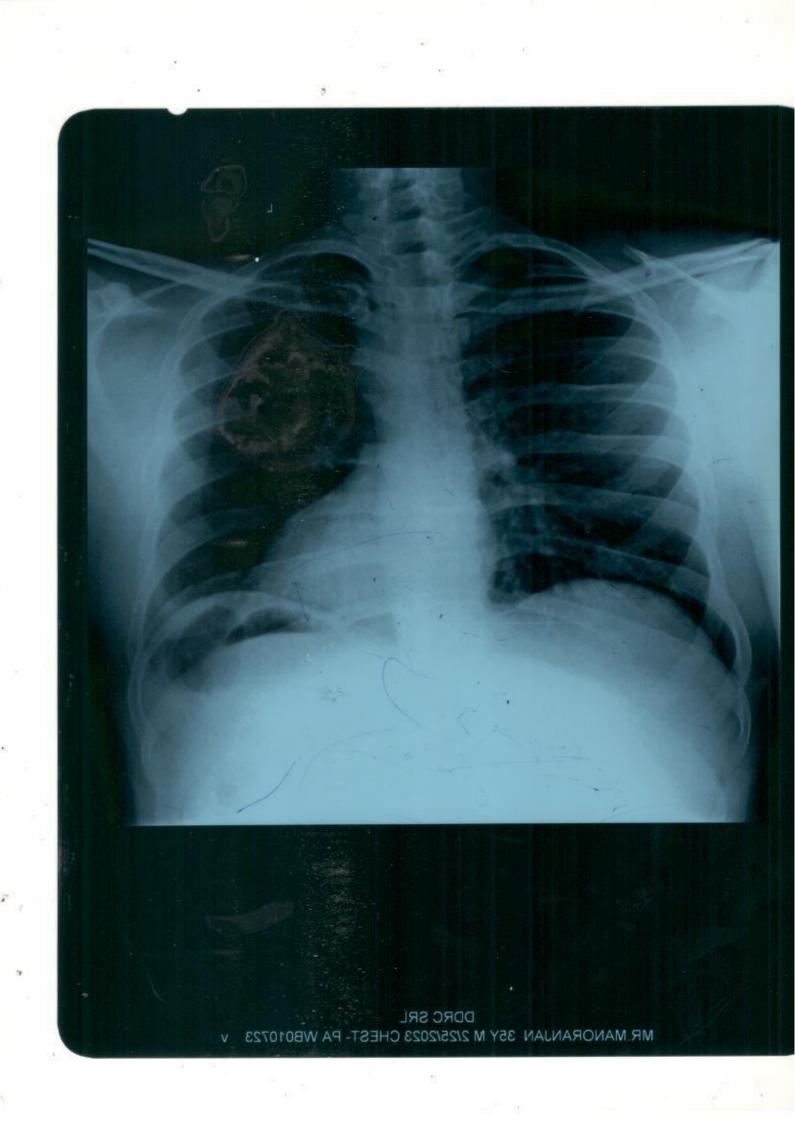
DR. ASTHA YADAV, MD Biochemistry (Reg No - DMC/R/20690) CONSULTANT BIOCHEMIST

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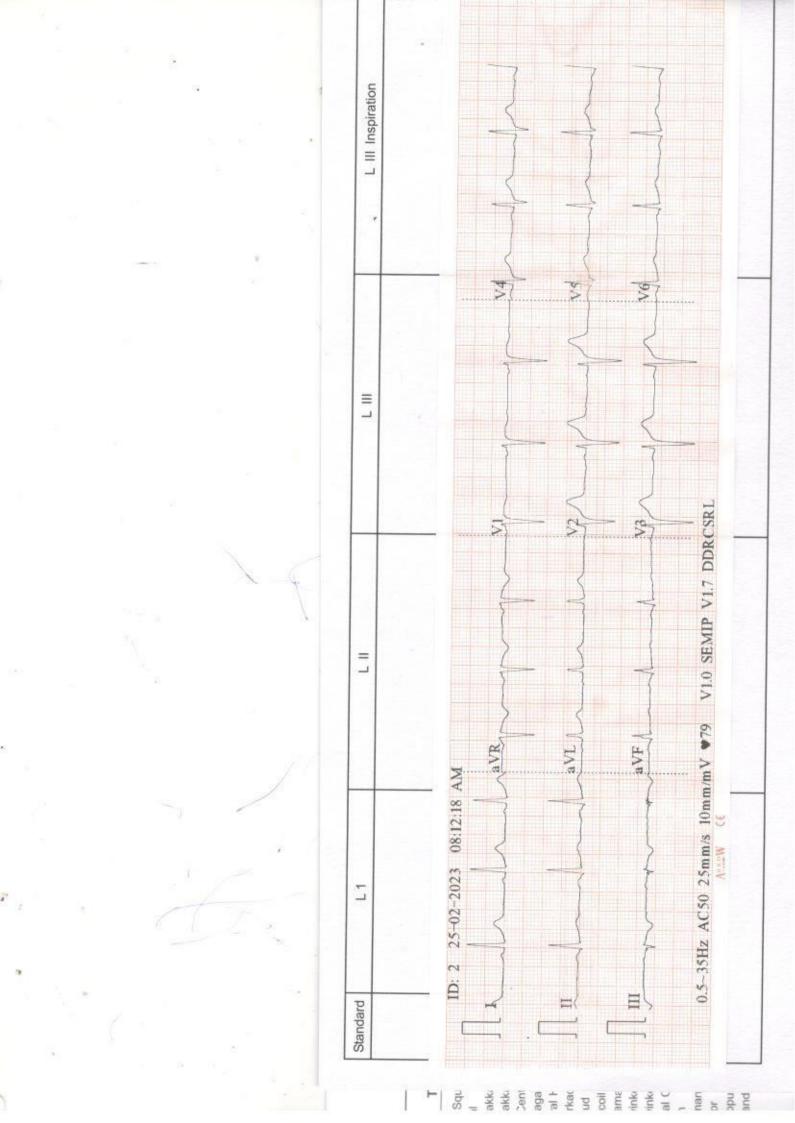
DR NISHA UNNI, MBBS,MD (RD),DNB (Reg.No:50162) Consultant Radiologist











# MEDICAL EXAMINATION REPORT (MER)

nostic Services

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1.	Name of the examinee	10	Mr./Mrs./Ms. Manosciman .
2.	Mark of Identification	5	(Mole/Scar/any other (specify location)):
3.	Age/Date of Birth	÷.	35/M Gender: F/M
4.	Photo ID Checked		(Passport/Election Card/PAN Card/Driving Licence/Company ID)

## PHYSICAL DETAILS:

a. Height	b. Weight		c. Girth of Abdomen		
d. Pulse Rate HA (Min)	e. Blood Pressure:		Systolic Diastolic		
		1 <sup>st</sup> Reading	124	80 .	
		2 <sup>nd</sup> Reading	Contraction of the second		

## FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause		
Father	1. C.				
Mother			,		
Brother(s)					
Sister(s)					

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
	THE REAL PROPERTY OF	

## PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details.
- b. Have you undergone/been advised any surgical procedure? Y/N

# Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System?
- · Any disorders of Respiratory system?
- Any Cardiac or Circulatory Disorders?
- Enlarged glands or any form of Cancer/Tumour?
- Any Musculoskeletal disorder?

- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital?
- d. Have you lost or gained weight in past 12 months?
- Any disorder of Gastrointestinal System?
- Unexplained recurrent or persistent fever, and/or weight loss
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports
   Y/X
- Are you presently taking medication of any kind?
  Y/N

# DDRC SRL Diagnostics Limited

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036 Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Corp. Office: DDRC SRL Tower, G-131, Panampilly Nagar, Ernakulam - 682 036. Ph No. 2310688, 2318222. web: www.ddrcsrl.com

CIN : U85190MH2006PTC161480

(Refer to " CONDITIONS OF REPORTING " Overleaf)

Any disorders of Urinary System?

# FOR FEMALE CANDIDATES ONLY

- a. Is there any history of diseases of breast/genital organs? Y/N
- b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) X/N
- c. Do you suspect any disease of Uterus, Cervix or Ovaries?

- Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin YAN
  - d. Do you have any history of miscarriage/ abortion or MTP
  - e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc Y/N

Y/N

f. Are you now pregnant? If yes, how many months? Y/N

# CONFIDENTAIL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative?
- Is there anything about the examine's health, lifestyle that might affect him/her in the near future with regard to YIN YK

Y/N

- Are there any points on which you suggest further information be obtained?
- Based on your clinical impression, please provide your suggestions and recommendations below;

Todene

Do you think he/she is MEDICALLY FIT or UNFIT for employment.

# MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner

Seal of Medical Examiner

Name & Seal of DDRC SRL Branch

Date & Time

MEDICAL OFFICER DDRC SRL Diagnostics Ltd Aster Square, Medical College P.O 25 02 2023

Dr. SERIN LOPEZ, MBBS

# **DDRC** SRL Diagnostics Limited

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036 Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.



# NAME : MR MANORANJAN

AGE:35/M

DATE: 25/02/2023

# CHEST X-RAY REPORT

CHEST X-RAY PA VIEW

: Trachea central No cardiomegaly Normal vascularity No parenchymal lesion. Costophrenic and cardiophrenic angles clear

IMPRESSION

: Normal Chest Xray

ELECTRO CARDIOGRAM

: NSR :75/minute No evidence of ischaemia.

IMPRESSION

: Normal Ecg.

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Dr. SERIN LOPEZ. MBBS MEDICAL OFFICER DDRC SRL Diagnostics Ltd. Aster Square, Medical College P.O., TVM Reg. No. 77656

Company name: BOB

DR SERIN LOPEZ MBBS Reg No 77656 DDRC SRL DIAGNOSTICS LTD COLOUR DOPPLER ULTRASOUND SCANNING ECHO

RADIOLOGY DIVISION

Diagnostic Services

Acc no:4182WB010723	Name: Mr. Manoranjan	Age: 35 y	Sex: Male	Date:25.02.23
	US SCAN WHO		N	

LIVER is normal in size (14.2 cm). Margins are regular. Hepatic parenchyma shows mildly increased echogenicity. No focal lesions seen. No dilatation of intrahepatic biliary radicles. CBD is not dilated. Portal vein is normal in caliber (10 mm).

GALL BLADDER is partially distended. Subtle echogenic focus noted in the wall measuring 2.5 mm. No pericholecystic fluid seen.

SPLEEN is normal in size (9.2 cm) and parenchymal echotexture. No focal lesion seen.

PANCREAS Head and part of body visualized, appears normal in size and parenchymal echotexture. Pancreatic duct is not dilated.

**RIGHT KIDNEY** is normal in size (11.6 x 3.7 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

**LEFT KIDNEY** is normal in size (10.7 x 4.9 cm) and shows normal parenchymal echotexture. Cortico medullary differentiation is maintained. Parenchymal thickness is normal. No echogenic focus with shadowing suggestive of renal calculi seen. No dilatation of pelvicalyceal system seen. Ureter is not dilated. Perinephric spaces are normal.

PARAAORTIC AREA obscured by bowel air.

URINARY BLADDER is partially distended, normal in wall thickness, lumen clear.

**PROSTATE** is normal in size (vol - 11.4 cc) and shows normal echotexture. No focal lesion seen. No ascites or pleural effusion.

Gaseous distension of bowel loops noted. No obvious bowel wall thickening seen sonologically. CONCLUSION:-

- Grade I fatty liver.
- Possibility of tiny gall bladder polyp. D / D sludge.

Dr. Nisha Unni MD, DNB (RD) Consultant radiologist.

Thanks, your feedback will be appreciated. (Please bring relevant investigation reports during all visits). Because of technical and technological limitations complete accuracy cannot be assured on imaging. Suggested correlation with clinical findings and other relevant investigations consultations, and if required repeat imaging recommended in the event of controversities. AR (For appointments please contact <u>9496005190</u> between 9 am - 5.30 pm).

## DDRC SRL Diagnostics Limited

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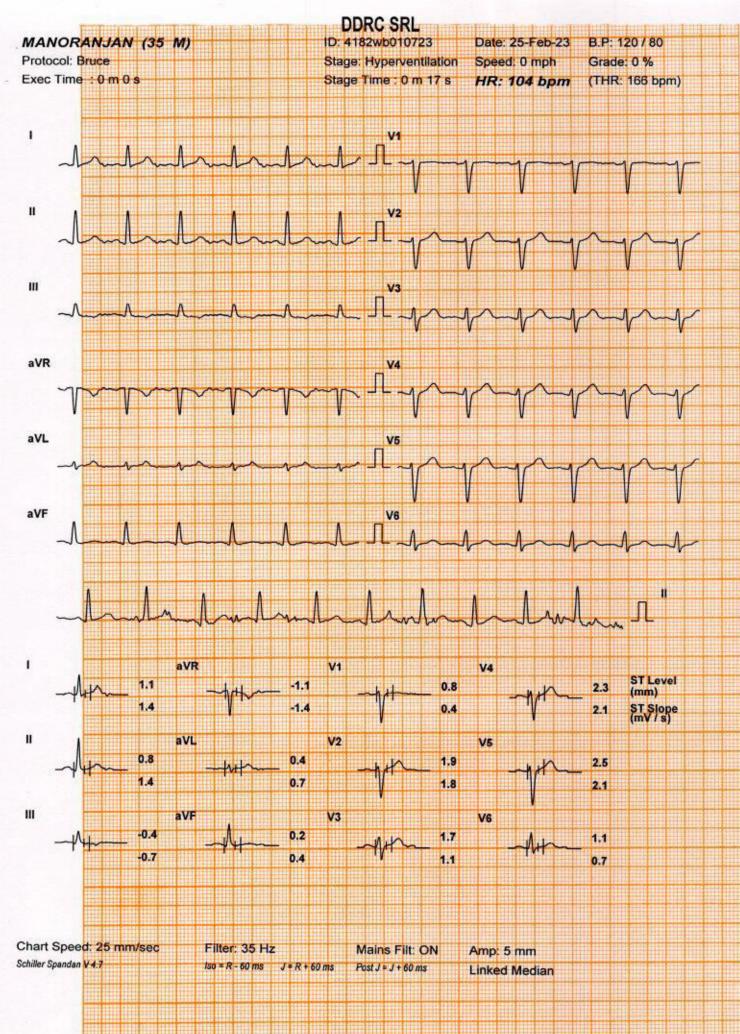




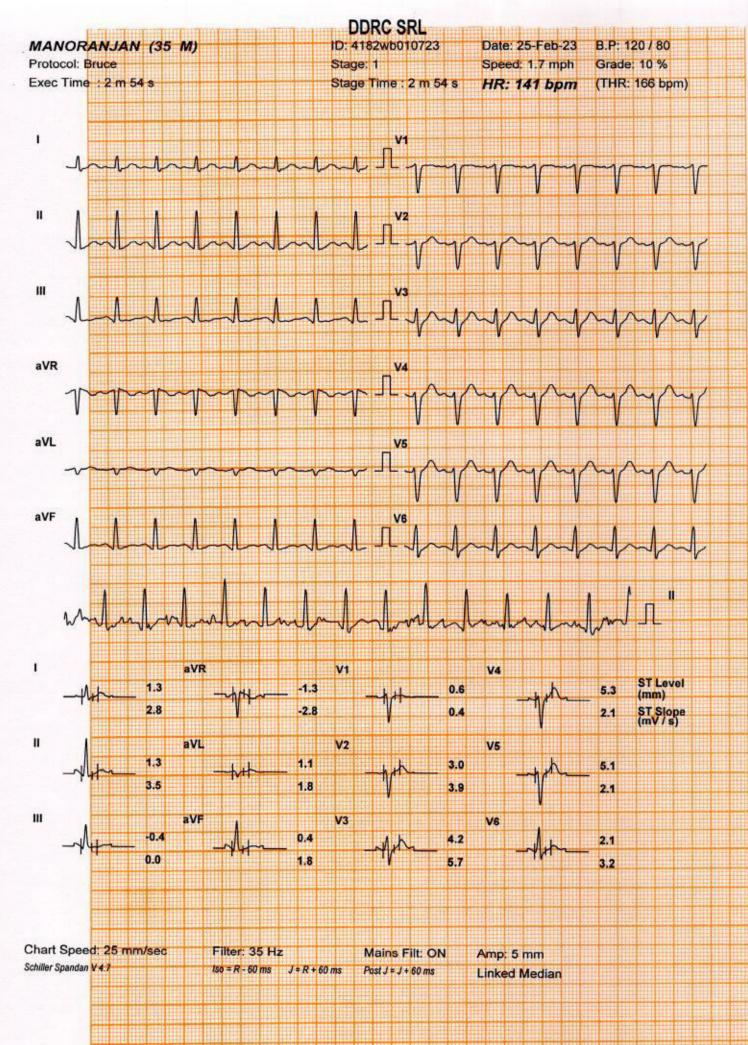




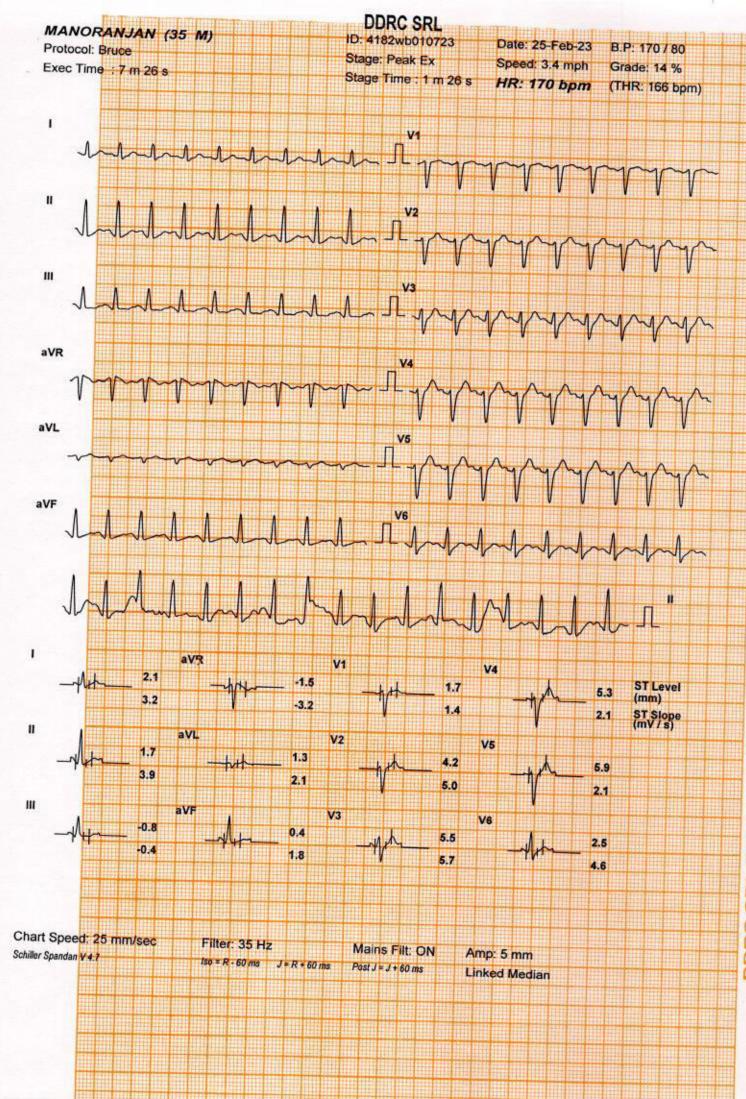
Page 1 of 1



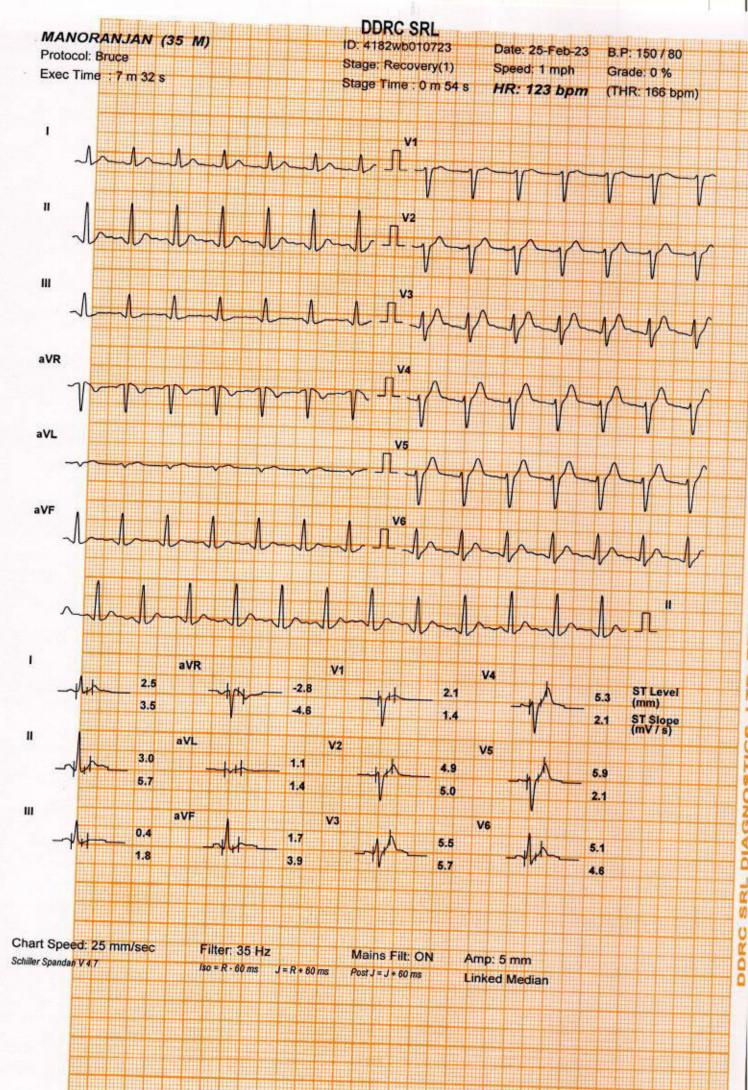
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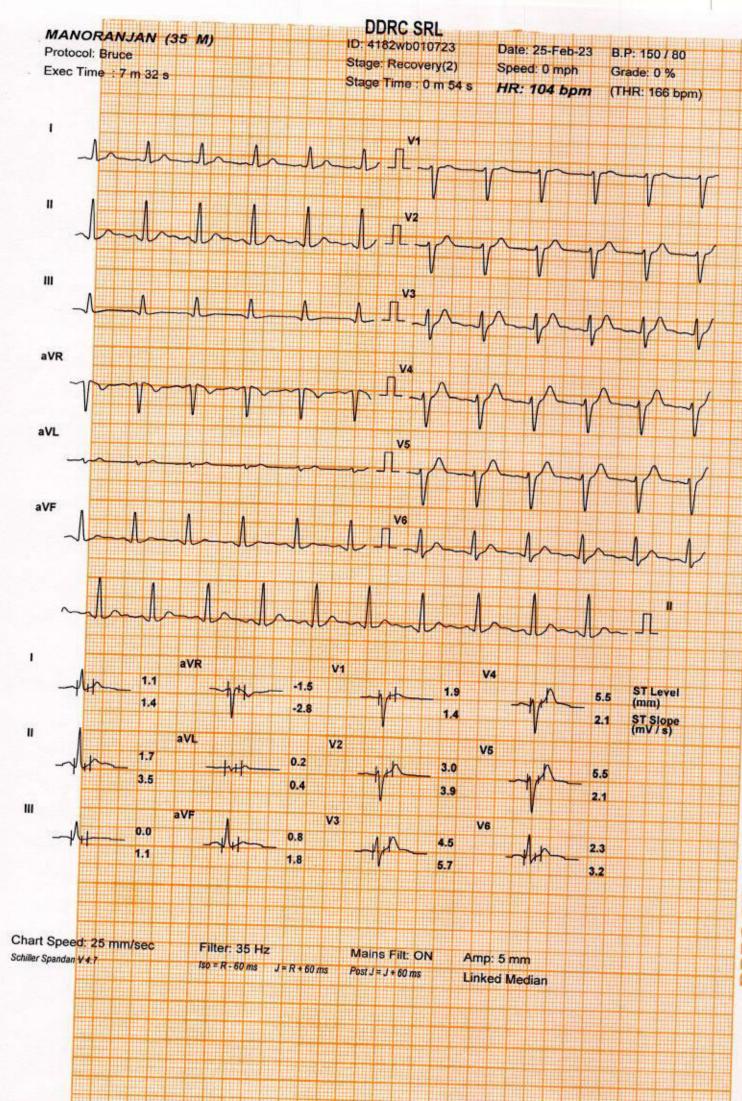


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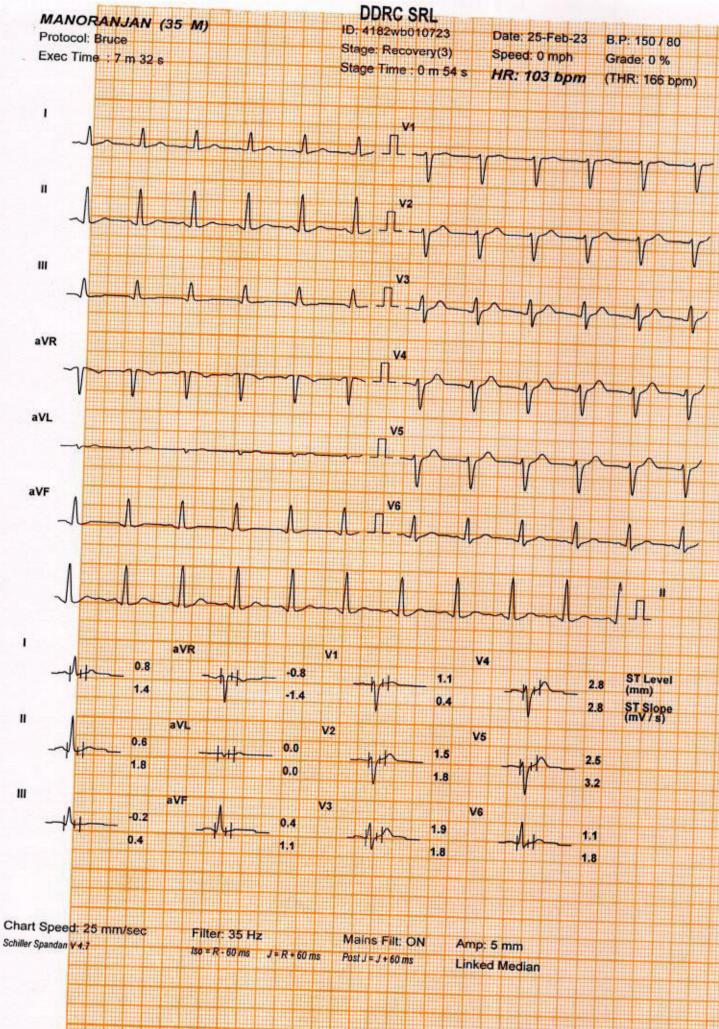


25 DIAGNOSTICS SRL DDRC

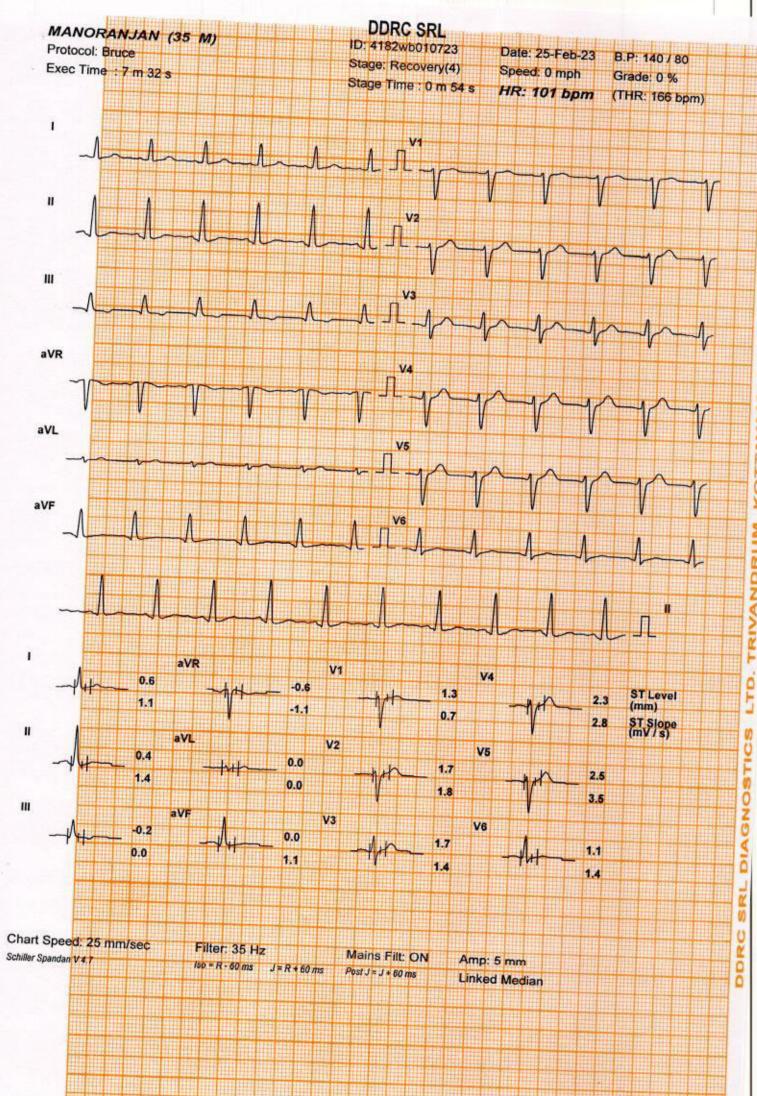




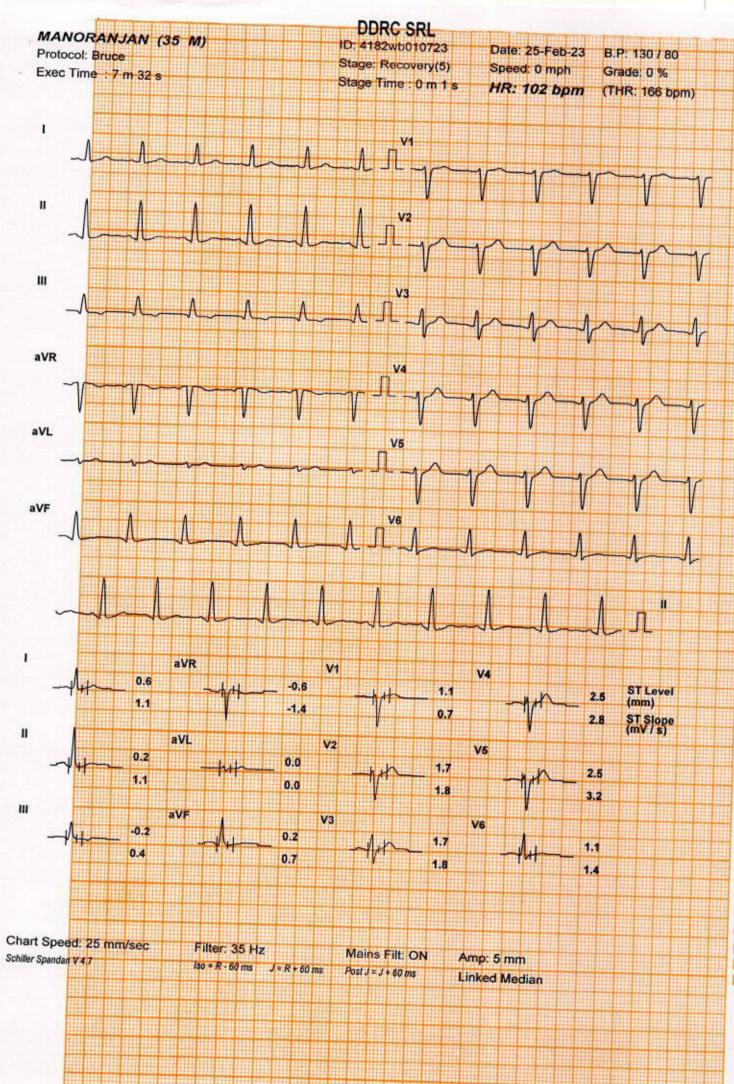
TRIVAND 110 DDRC SRL DIAGNOSTICS



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