

Name : Mr. Kapil Bhanot

Age: 34 Y

Sex: M

UHID:SCHI.0000015776

OP Number: SCHIOPV22226

Bill No: SCHI-OCR-8398 Date : 14.10.2023 08:59

Address: L-1/181 B DDA kalkaji

: ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN Plan

INDIA OP AGREEMENT

	Date : 14.10.	2023 08:59
Sno	Serive Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA -	FY2324
	URINE GLUCOSE(FASTING)	
	2 GAMMA GLUTAMYL TRANFERASE (GGT)	
	3 HbA1c, GLYCATED HEMOGLOBIN	
1	12 D ECHO 1.05pm	
<u> </u>	LIVER FUNCTION TEST (LFT)	
(	X-RAY CHEST PAV	
	GLUCOSE, FASTING	
8	8 HEMOGRAM + PERIPHERAL SMEAR	
(	ENT CONSULTATION	
10	FITNESS BY GENERAL PHYSICIAN	
1	DIET CONSULTATION After report.	
12	COMPLETE URINE EXAMINATION	
T.	URINE GLUCOSE(POST PRANDIAL)	
14	PERIPHERAL SMEAR	
T:	ECG	
10	BLOOD GROUP ABO AND RH FACTOR —	
11	7 LIPID PROFILE /	
18	BODY MASS INDEX (BMI)	
(T	OPTHAL BY GENERAL PHYSICIAN 1067	
20	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
(2	ULTRASOUND - WHOLE ABDOMEN // 1/.05	
22	THYROID PROFILE, (TOTAL T3, TOTAL T4, TSH)	
(23	DENTAL CONSULTATION V	
122	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	

Height:.... Spor-981.

#### PHC Desk

To:

Corporate Apollo Clinic; Customer Care: Mediwheel: New Delhi

Cc:

Wellness : Mediwheel : New Delhi; Network : Mediwheel : New Delhi; deepak; AHCN Apollo Clinic; Rahul Rai; Dilip Baniya; Kharadi Apollo Clinic; Indiranagar Apolloclinic;

Velachery Apolloclinic; cc.klc@apollospectra.com; Vimannagar Apolloclinic

Subject:

RE: Health Checkup Booking No. 17 Annual

From: Corporate Apollo Clinic [mailto:corporate@apolloclinic.com]

Sent: 10 October 2023 14:02

To: Customer Care : Mediwheel : New Delhi < customercare@mediwheel.in>

Cc: Wellness: Mediwheel: New Delhi <wellness@mediwheel.in>; Network: Mediwheel: New Delhi

<network@mediwheel.in>; deepak <deepak.c@apolloclinic.com>; AHCN Apollo Clinic <ahcn@apolloclinic.com>;

Rahul Rai <rahul.rai@apolloclinic.com>; Dilip Baniya <Dilip.b@apolloclinic.com>; Kharadi Apollo Clinic

<kharadi@apolloclinic.com>; Indiranagar Apolloclinic <indiranagar@apolloclinic.com>; Velachery Apolloclinic <velachery@apolloclinic.com>; phc Klc <phc.klc@apollospectra.com>; cc.klc@apollospectra.com; Vimannagar

Apolloclinic <vimannagar@apolloclinic.com>

Subject: RE: Health Checkup Booking No. 17 Annual

Namaste Team,

Greetings from Apollo clinics,

Attached appointments are confirmed at 9:00 AM

#REF!	Company Name	PACKAGE NAME	Booking	EMP- NAME	AGE	GENDER	
13	Arcofemi/Mediwheel/MALE/FEMALE	Arcofemi MediWheel Full Body Health Annual Plus Check Female 2D ECHO (Metro)	bobS47822	cheshtha sharma	27	Female	kapil.bha
14	Arcofemi/Mediwheel/MALE/FEMALE	Arcofemi MediWheel Full Body Annual Plus Male 2D ECHO (Metro)	bobE47821	MR. BHANOT KAPIL	31	Male	kapil.bha

Thanks & Regards,

Rani N | Apollo Clinics | Pan India Toll No: 1860 500 7788 | Contact E-

Mail: <a href="mailto:corporate@apolloclinic.com">corporate@apolloclinic.com</a> | <a href="mailto:www.apolloclinic.com">www.apolloclinic.com</a> |

From: Customer Care: Mediwheel: New Delhi < customercare@mediwheel.in>

Sent: 10 October 2023 11:13

To: Corporate Apollo Clinic < corporate@apolloclinic.com>

Cc: Wellness: Mediwheel: New Delhi < wellness@mediwheel.in >; Network: Mediwheel: New Delhi





# CERTIFICATE OF MEDICAL FITNESS

11	112 12	to certify that I have conducted the clinical examination	
of		Kappl on 14 och	
		reviewing the medical history and on clinical examination it has been found e/she is	
			Tick
	•	Medically Fit	
	ě	Fit with restrictions/recommendations	
		Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
		1	
		2	
		3	
		However the employee should follow the advice/medication that has been communicated to him/her.	
		Review after	
	¢	Currently Unfit.	
		Review after recommended	
	£.	Unfit	
	-	1	

Medical Officer
The Apollo Clinic Uppal

This certificate is not meant for medico-legal purposes

# PREVENTIVE HEALTH CARE SUMMARY

NAME :-	Kapil Bhanot		TOTIO N	
AGE/GENDER:	- 34/m		UHID No:	1579
	04/1		RECEIPT N	0:-
TANEL:	Arcofeni mede	wheel	EXAMINED	ON:- 14/
			<del></del>	////
Chief Complain	ts: 16 dus			27 /
Cinci Compiani	is: No ohing	tog	PL (0.	Plante
Past History:				
DM	5.5%			
Hypertension	: Nil	CV	A :	Nil
CAD	: Nil	Can	icer :	Nil /
CAD	Nil '	Oth	er :	Nil _
Personal History:				4111
Alcohol				
Smoking	: Nil	Acti	vity :	Active
	: Nil	Alle	rgies :	Nil
Family History:				
General Physical I	Examination:			
Height	: 179 cms			
Weight	: 102.5 Kgs	Pulse	. , ,	bpin
	. 102.3 Kgs	BP	: 116	/8 mmHg
Rest of examination	was within normal limits.			
Systemic Examinat				
CVS	: Normal			
Respiratory system	: Normal			
Abdominal system	Normal			
CNS	: Normal			
Others	Normal			
The second secon	- Indittial			

# PREVENTIVE HEALTH CARE SUMMARY

n the same	not	UHID No:	15776
AGE:- 34 SEX PANEL:	male	RECEIPT No:	ф. 3—350 жылты орди аспы
TANEL:		EXAMINED OF	V:- 14/10/23
Investigations:			
All the reports of tests in	ind investigations are	otto di di	•
		unacnea nerewith	
7 choles	231		
Cr. m			
201	-80 S41	17 142	
4n	of a ced	06	
Recommendation:	- oug	8.60	
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ATT. 8 18			
Dr. Navgoet Kous	0 0		Lie
Consultant PRocian	effect	I FT	
	•		Celas of

Dr. Nayeem Ahmad

MBBS (Patna), DLOMS (Patna) DNB (I) New Delhi Consultant ENT Surgeon

For Appointment: +91 11 40465555 Mob.: +91 9910995018



Mr Kapil 344 IM

Ent Check up

Soliway ED ydy our both ear oood

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com

# Apollo Specialty Hospital Pvt. Ltd.

14/0/20

Mr- Rapal Chanot



VC-1 & 12 mm- 40 colour barra (DE) Des Poul Same on Ref

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2020

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## **Apollo Specialty Hospital Pvt. Ltd.**

14/10/2023



Mr. Kapil Bhand. 34 Years / Male.

C/c!- Regular

Denler Chelk- lp.

M/H:- N-R.

PDH !- N.R.

Deng Allegy! - No Known Dang Allegy,

8/E! -. Calculus - . Stains.

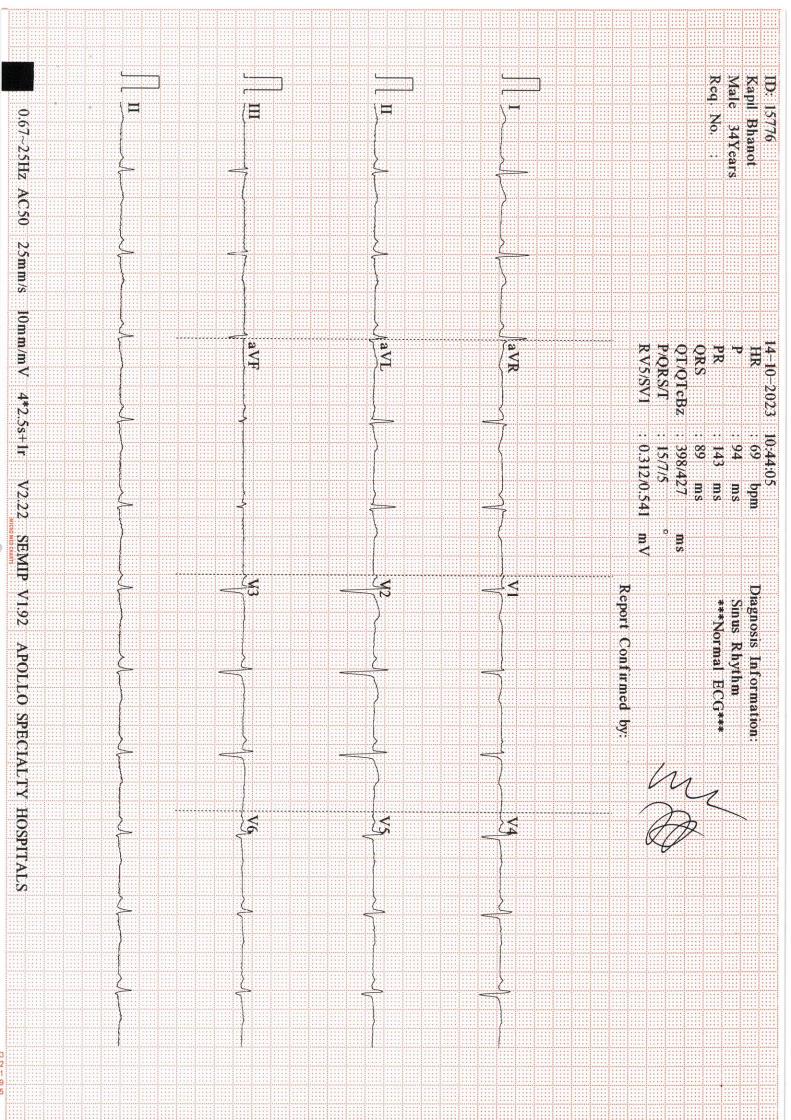
Misalignmeit.
Conoding present.

Anised: \* Sealing of Oral Prophylanis

. Otho treatment Aligners.

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# Apollo Specialty Hospital Pvt. Ltd.





NAME:	KAPIL BHANOT	AGE/SEX:	34	YRS./M
UHID :	15776			
REF BY:	APOLLO SPECTRA	DATE:-	14.10.	2023

# **ULTRASOUND WHOLE ABDOMEN**

**Liver:** Appears normal in size, and shows increased parenchymal echogenicity which is most likely due to fatty changes. Intrahepatic biliary radicles are not dilated. CBD and portal vein are normal in calibre.

Gall Bladder: normally distended with clear lumen and normal wall thickness. No calculus or sludge is seen.

Pancreas and Spleen: Appears normal in size and echotexture.

**Both Kidneys**: are normal in size, shape, and echopattern. The parenchymal thickness is normal and cortico-medullary differentiation is well maintained. Pelvicalyceal systems are not dilated. No calculus or mass lesion is seen. Ureter is not dilated.

**Urinary Bladder**: is moderately distended and shows no obvious calculus or sediments. Bladder wall thickness is normal.

**Prostate:** normal in size, weight 16.3 Gms. It is normal in echotexture with no breech in the capsule.

No free fluid seen.

IMPRESSION: FATTY CHANGES IN LIVER GRADE II-III

Please correlate clinically and with lab. Investigations.

DR. MONICA CHHABRA Consultant Radiologist

Dr. MONICA CHHABRA
Consultant Radiologist
DMC No. 18744
Apollo Spectra Hospitals
New Delhi-110019



Patient Name

: Mr. Kapil Bhanot

UHID Conducted By: SCHI.0000015776

Dr. MUKESH K GUPTA

Referred By

Age

OP Visit No Conducted Date

msec

34 Y/M

SCHIOPV22226 14-10-2023 14:58

MITRAL VALVE

 $AML-\underline{\textbf{Normal}}/Thickening/Calcification/Flutter/Vegetation/Prolapse/SAM/Doming$ Morphology

PML-Normal/Thickening/Calcification/Prolapse/Paradoxical motion/Fixed.

Subvalvular deformity Present/Absent.

Normal/Abnormal E>A

Mitral Stenosis

EDG\_ Mitral Regurgitation

\_\_\_\_mmHg

Present/Absent MDG\_\_\_\_mmHg

MVA\_

Score: E>A

RR Interval

Absent/Trivial/Mild/Moderate/Severe.

TRICUSPID VALVE

Morphology Doppler

Doppler

Normal/Atresia/Thickening/Calcification/Prolapse/Vegetation/Doming

Normal/Abnormal Tricuspid stenosis

EDG\_ \_mmHg Tricuspid regurgitation: Present/Absent

RR interval

\_mmHg MDG\_

Absent/Trivial/Mild/Moderate/Severe Fragmented signals

Velocity\_\_\_\_msec.

Pred. RVSP=RAP+\_

PULMONARY VALVE

Morphology

Normal/Atresia/Thickening/Doming/Vegetation.

Doppler

Normal/Abnormal.

Pulmonary stenosis

\_\_\_mmHg

Present/Absent

Pulmonary annulus\_\_\_mm

Pulmonary regurgitation

Early diastolic gradient\_

\_mmHg

Absent/Trivial/Mild/Moderate/Severe End diastolic gradient\_mmHg

AORTIC VALVE

Morphology

Normal/Thickening/Calcification/Restricted opening/Flutter/Vegetation

No. of cusps 1/2/3/4

Doppler

Normal/Abnormal

Aortic stenosis

Level Present/Absent \_mmHg PSG\_

Aortic annulus

Aortic regurgitation

Absent/Trivial/Mild/Moderate/Severe

Measureme	nts	Normal Values	Measurements		Normal values
Aorta	2.7	(2.0 - 3.7cm)	LA es	2.9	(1.9 - 4.0cm)
LV es	2.4	(2.2 - 4.0 cm)	LV ed	4.4	(3.7 - 5.6cm)
IVS ed	0.9	(0.6 - 1.1 cm)	PW (LV)	0.9	(0.6 - 1.1cm)
RV ed		(0.7 - 2.6 cm)	RV Anterior wall		(upto 5 mm)
LVVd (ml)		Control of the state of the sta	LVVs (ml)		d 000 • 000 000 to 1100 000 000 000
EE	64%	(54%-76%)	IVS motion	Nor	mal/Flat/Paradoxical

CHAMBERS:

Normal/Enlarged/Clear/Thrombus/Hypertrophy

Contraction

Normal/Reduced

Regional wall motion abnormality

Absent

LA

Normal/Enlarged/Clear/Thrombus

RA

Normal/Enlarged/Clear/Thrombus

RV

Normal/Enlarged/Clear/Thrombus

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# **PERICARDIUM**

#### COMMENTS & SUMMARY

- Normal LV systolic function No RWMA, LVEF=64%
- No AR, PR, MR & TR
- No I/C clot or mass
- Good RV function
- Normal pericardium v No pericardial effusion



Dr. M K Gupta M.B.B.S, MD, FIACM Senior Consultant Cardiologist



# DIGITAL X-RAY REPORT

NAME: KAPIL	DATE: 14.10.2023
UHID NO : 15776	AGE: 34YRS/ SEX: M

## X-RAY CHEST PA VIEW

Both the lung fields show no active parenchymal pathology.

Both the costophrenic angles are clear.

Heart size is normal.

Both the domes of diaphragm are normal.

Bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY

Please correlate clinically and with lab investigations

DR. MONICA CHHABRA
Consultant Radiologist

Dr. MONICA CHHABRA
Consultant Radiologist
DMC No. 18744
Apollo Spectra Hospitals
New Delhi-110019

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Patient Name : Mr.KAPIL BHANOT Age/Gender : 34 Y 0 M 22 D/M

UHID/MR No : SCHI.0000015776

Visit ID : SCHIOPV22226

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : sdffg Collected : 14/Oct/2023 09:11AM

Received : 14/Oct/2023 09:37AM Reported : 14/Oct/2023 01:48PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

## PERIPHERAL SMEAR, WHOLE BLOOD EDTA

RBCs ARE NORMOCYTIC NORMOCHROMIC.

TLC , DLC WITHIN NORMAL LIMIT. NO IMMATURE CELLS ARE SEEN.

PLATELETS ARE ADEQUATE.

NO HEMOPARASITES SEEN





Age/Gender : 34 Y 0 M 22 D/M

UHID/MR No : SCHI.0000015776 Visit ID : SCHIOPV22226

: sdffg

Visit ID : SCHIOPV22 Ref Doctor : Dr.SELF

Emp/Auth/TPA ID

Collected : 14/Oct/2023 09:11AM

Received : 14/Oct/2023 09:37AM

Reported : 14/Oct/2023 01:48PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

## DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.7	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	48.60	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	5.33	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	91	fL	83-101	Calculated
MCH	29.4	pg	27-32	Calculated
MCHC	32.3	g/dL	31.5-34.5	Calculated
R.D.W	13.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,670	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT	(DLC)			
NEUTROPHILS	51.9	%	40-80	Electrical Impedance
LYMPHOCYTES	34.3	%	20-40	Electrical Impedance
EOSINOPHILS	4.6	%	1-6	Electrical Impedance
MONOCYTES	8.9	%	2-10	Electrical Impedance
BASOPHILS	0.3	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT	•			•
NEUTROPHILS	2423.73	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1601.81	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	214.82	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	415.63	Cells/cu.mm	200-1000	Electrical Impedance
BASOPHILS	14.01	Cells/cu.mm	0-100	Electrical Impedance
PLATELET COUNT	182000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR			_	

RBCs ARE NORMOCYTIC NORMOCHROMIC.

TLC, DLC WITHIN NORMAL LIMIT. NO IMMATURE CELLS ARE SEEN.

PLATELETS ARE ADEQUATE.

NO HEMOPARASITES SEEN

Page 2 of 12





Patient Name : Mr.KAPIL BHANOT Age/Gender : 34 Y 0 M 22 D/M

UHID/MR No : SCHI.0000015776

Visit ID : SCHIOPV22226

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : sdffg Collected : 14/Oct/2023 09:11AM Received : 14/Oct/2023 09:37AM

Reported : 14/Oct/2023 02:30PM Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY							
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324							
Test Name Result Unit Bio. Ref. Range Method							

BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA					
BLOOD GROUP TYPE	В		Forward & Reverse Grouping with Slide/Tube Aggluti		
Rh TYPE	POSITIVE		Forward & Reverse Grouping with Slide/Tube Agglutination		

Page 3 of 12







Age/Gender : 34 Y 0 M 22 D/M

UHID/MR No : SCHI.0000015776

Visit ID : SCHIOPV22226

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : sdffg

Collected : 14/Oct/2023 12:05PM

Received : 14/Oct/2023 01:08PM

Reported : 14/Oct/2023 03:25PM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

Status

GLUCOSE, FASTING, NAF PLASMA   94   mg/dL   70-100   GOD - POD
--

#### **Comment:**

As per American Diabetes Guidelines, 2023

is per rimerican Diabetes Guidelines, 2020				
Fasting Glucose Values in mg/dL	Interpretation			
70-100 mg/dL	Normal			
100-125 mg/dL	Prediabetes			
≥126 mg/dL	Diabetes			
<70 mg/dL	Hypoglycemia			

#### Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2	80	mg/dL	70-140	GOD - POD
HOURS , SODIUM FLUORIDE PLASMA (2				
HR)				

#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 4 of 12







Age/Gender : 34 Y 0 M 22 D/M

UHID/MR No : SCHI.0000015776

Visit ID : SCHIOPV22226

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : sdffg Collected : 14/Oct/2023 09:11AM

Received : 14/Oct/2023 12:50PM

Reported : 14/Oct/2023 01:43PM

Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

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#### **DEPARTMENT OF BIOCHEMISTRY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5.5	%	HPLC
ESTIMATED AVERAGE GLUCOSE (eAG),	111	mg/dL	Calculated
WHOLE BLOOD EDTA			

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
  - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)





Age/Gender : 34 Y 0 M 22 D/M

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Collected : 14/Oct/2023 09:11AM Received : 14/Oct/2023 09:37AM

Reported : 14/Oct/2023 11:22AM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF BIOCHEMISTRY

DEL ACTIVIDATION OF BIOGRAPHIC TOTAL						
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324						
Test Name Result Unit Bio. Ref. Range Method						

Status

LIPID PROFILE, SERUM				
TOTAL CHOLESTEROL	235	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	156	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	42	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	193	mg/dL	<130	Calculated
LDL CHOLESTEROL	161.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	31.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	5.60		0-4.97	Calculated

#### **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
III .I D1 .	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
INON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.

Page 6 of 12







Age/Gender : 34 Y 0 M 22 D/M

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Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	1.10	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.20	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.90	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	142	U/L	<50	Visible with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	80.0	U/L	17-59	UV with P-5-P
ALKALINE PHOSPHATASE	77.00	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	7.60	g/dL	6.3-8.2	Biuret
ALBUMIN	4.90	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	2.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.81		0.9-2.0	Calculated

#### **Comment:**

 $LFT\ results\ reflect\ different\ aspects\ of\ the\ health\ of\ the\ liver,\ i.e.,\ hepatocyte\ integrity\ (AST\ \&\ ALT),\ synthesis\ and\ secretion\ of\ bile\ (Bilirubin,\ ALP),\ cholestasis\ (ALP,\ GGT),\ protein\ synthesis\ (Albumin)$ 

Common patterns seen:

#### 1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

#### 2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- · Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- $\bullet \ To \ establish \ the \ hepatic \ origin \ correlation \ with \ GGT \ helps. \ If \ GGT \ elevated \ indicates \ hepatic \ cause \ of \ increased \ ALP.$

#### 3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.

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Age/Gender : 34 Y 0 M 22 D/M UHID/MR No : SCHI.0000015776

Visit ID : SCHIOPV22226

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : sdffg Collected : 14/Oct/2023 09:11AM Received : 14/Oct/2023 09:37AM

Received : 14/Oct/2023 09:37AM

Reported : 14/Oct/2023 11:22AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM					
CREATININE	1.20	mg/dL	0.66-1.25	Creatinine amidohydrolase	
UREA	20.10	mg/dL	19-43	Urease	
BLOOD UREA NITROGEN	9.4	mg/dL	8.0 - 23.0	Calculated	
URIC ACID	8.60	mg/dL	3.5-8.5	Uricase	
CALCIUM	9.20	mg/dL	8.4 - 10.2	Arsenazo-III	
PHOSPHORUS, INORGANIC	3.20	mg/dL	2.5-4.5	PMA Phenol	
SODIUM	137	mmol/L	135-145	Direct ISE	
POTASSIUM	4.6	mmol/L	3.5-5.1	Direct ISE	
CHLORIDE	106	mmol/L	98 - 107	Direct ISE	

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Patient Name : Mr.KAPIL BHANOT Age/Gender : 34 Y 0 M 22 D/M

UHID/MR No : SCHI.0000015776

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324					
Test Name	Result	Unit	Bio. Ref. Range	Method	

GAMMA GLUTAMYL TRANSPEPTIDASE	90.00	U/L	15-73	Glyclyclycine
(GGT) , SERUM				Nitoranalide

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324					
Test Name Result Unit Bio. Ref. Range Method					

THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM						
TRI-IODOTHYRONINE (T3, TOTAL)	1.97	ng/mL	0.67-1.81	ELFA		
THYROXINE (T4, TOTAL)	9.49	μg/dL	4.66-9.32	ELFA		
THYROID STIMULATING HORMONE (TSH)	2.990	μIU/mL	0.25-5.0	ELFA		

#### **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- **2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	Т4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

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Reported : 14/Oct/2023 02:23PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY						
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324						
Test Name Result Unit Bio. Ref. Range Method						

COMPLETE URINE EXAMINATION (CUE) ,	URINE			
PHYSICAL EXAMINATION				
COLOUR	YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.030		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION			•	•
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MOUNT	AND MICROSCOPY	<b>(</b>		
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

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Patient Name : Mr.KAPIL BHANOT Age/Gender : 34 Y 0 M 22 D/M

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324						
Test Name	Result	Unit	Bio. Ref. Range	Method		

URINE GLUCOSE(POST PRANDIAL)	NEGATIVE	NEGATIVE	Dipstick	
LIRINE GLUCOSE(EASTING)	NEGATIVE	NEGATIVE	Dinstick	

\*\*\* End Of Report \*\*\*

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

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