

Name : Mrs. SHAMPA CHOUDHURY (52 /F)

Date : 14/04/2023

Address : 56/4,AGAPUR,SURIYA SEN ROAD,PS-NEW BARRACKPORE, KOLKATA, KOLKATA,  
WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AGHL.0001568911

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH  
TMT/ECHO)

AHC No : AMHLAH172177



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Thyroid disorder, Heart disease, Stroke, Asthma  
Diabetes mellitus - type 2; Medication - regular  
Hypertension Medication - regular



## DRUG ALLERGY

Nil. :08/11/2019



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

No of Children - 1; Deliveries - LSCS; Menopause - yes; Hysterectomy with bilateral salpingo-oophorectomy - 7 yrs back

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error, reading

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



### Present medications

- names not known



### Past medical history

Past medical history - nil significant



### Surgical history

Appendicectomy - yes  
Caesarian section - yes  
Hysterectomy with Bilateral Salpingo-Oophorectomy - yes



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Coronary artery disease - none

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Cancer - None  
Renal disease - brother

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 153  
Weight - 61  
BMI - 26.06  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 78  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 128  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6P LE:6/12  
NVA:RE:N8 LE:N8P  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE:-0.50DS(6/6)  
LE:-0.50/-0.50X65\*(6/6)  
ADD(BE):+2.25DSPH(N6)  
ADVICE: \*Glass Rx.\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.6 *	g/dl	●	12.0-15.0
RBC COUNT	3.91	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.1 *	%	●	36-46
MCV	89.7	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	33.0	%	●	31.5-34.5
RDW	14.9 *	%	●	11.8-14.0
WBC Count	9000	/cu mm	●	4000-10000
Platelet Count	1.54	lacs/cu mm	●	1.5-4.0
Neutrophils	46	%	●	40-80
Lymphocytes	49 *	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	00	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	37 *	mm/1st hr	●	0-20

Volume:	30	mL
Colour:	Pale Straw	
Appearance	Turbid	
Specific Gravity	1.010	
pH:	6.5	
Albumin:	Not Detected	
Glucose	Not Detected	
Ketone:	Not Detected	
Bile Pigments	Not Detected	
RBC	Nil	/hpf
Pus Cells	8-10	/hpf
Epithelial Cells	4-6 /h.p.f	/hpf
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**STOOL ROUTINE**

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Trace			
Reaction:	Alkaline			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    
 ● Borderline High/Low    
 ● Out of Range

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ALKALINE PHOSPHATASE - SERUM 108 \* U/L ● 42-98

AST (SGOT) - SERUM 20 U/L ● 10-42

BILIRUBIN TOTAL - SERUM 0.5 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
CHOLESTEROL - SERUM 151 mg/dL ● 0-200

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 0.7 mg/dL ● 0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 15 U/L ● 7-64

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 136 \* mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 220 \* mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 7.1 \* % ● Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4 % Diabetes : >= 6.5 % ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 47 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 89 mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 15 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.1 g/dL ● 1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 6.0 µg/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 93 mg/dL ● 0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 6.3 \* µIU/mL ● 0.270-4.200

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.8 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

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### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.9	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

### PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2302603

SPECIMEN TYPE:

Vault (PAP) smear x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,with no organism

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND BREAST BILATERAL

\* Both breasts sonographic study within normal limits.

BI-RADS category - 1 (normal).

Suggested: Review mammogram.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

### X-RAY CHEST PA

Normal study.



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.