

58 **HARISH SHARMA**
32 Yrs/M 79 Kg / Ht-180 cms

Date: 23/07/2021 Ref By: BOB
Time: 09:17 AM Protocol: Bruce

Summary

History:
Medication:

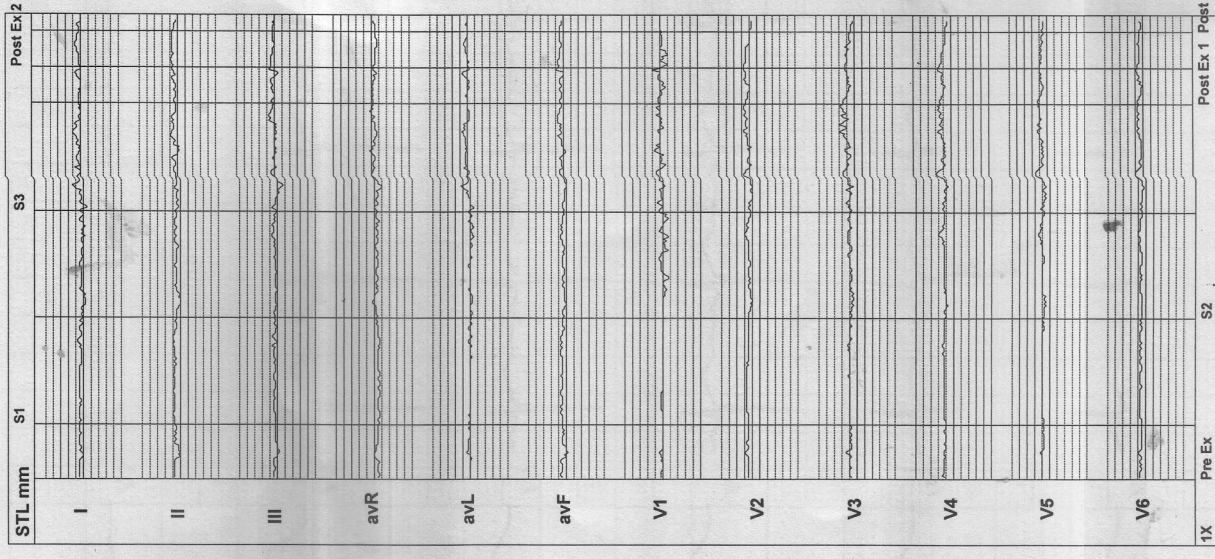
Stage	Stg Time min:sec	Speed mph	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	87	122/70	106	
Supine				1	88	122/70	107	
Standing				1	103	122/70	126	
Hyp Vent				1	101	122/70	123	
S1	03:00	1.7	10.0	4.8	109	122/70	133	
S2	03:00	2.5	12.0	6.9	127	140/90	178	
Peak Ex	03:00	3.4	14.0	9.5	150	159/110	238	
Post Ex 1	01:00			1	126	153/105	193	2
Post Ex 2	01:00			1	100	147/98	147	2
Post Ex 3	00:30			1	96	136/88	131	2
Finish				1	96	136/88	131	2

Findings: Exercise Time : 09:00 mins
 Max HR attained : 150 bpm 79 % of Target 188 bpm
 Max BP : 159/110mmHg
 Max Workload attained : 9.5 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.

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M.R.R.S MD

PAN HEALTH
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Sec. 47-D, Chandigarh



1X Pre Ex S2 Post Ex 1 Post Ex 3

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SCO 56 SEC 47 D CHD

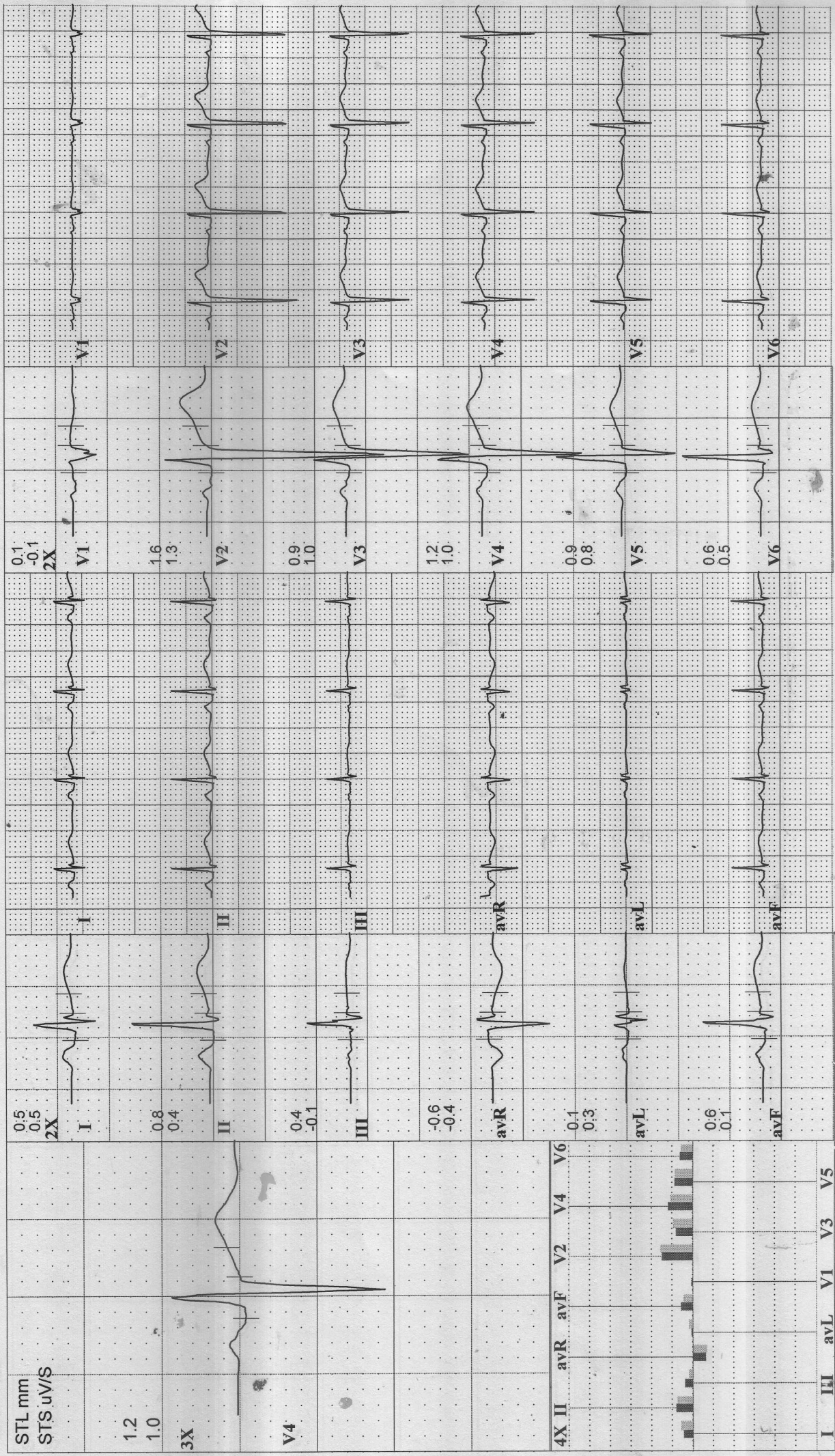
TrueST

58 HARISH SHARMA
 32 Yrs/M 79 Kg / Ht-180 cms Ref.No.:
 Date: 23/07/2021 Time: 09:17 AM

Speed: --- mph Hr: 88 Target Hr: 46 % of 188 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: --- % Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
 Protocol: Bruce BP: 122/70 mmHg Curr Time: 00:08 Median Sweep: 25 mm/S

Linked Medians
 Pre Ex

Post J:75 mS



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SCO 56 SEC 47 D CHD



Linked Medians
Pre Ex
Supine

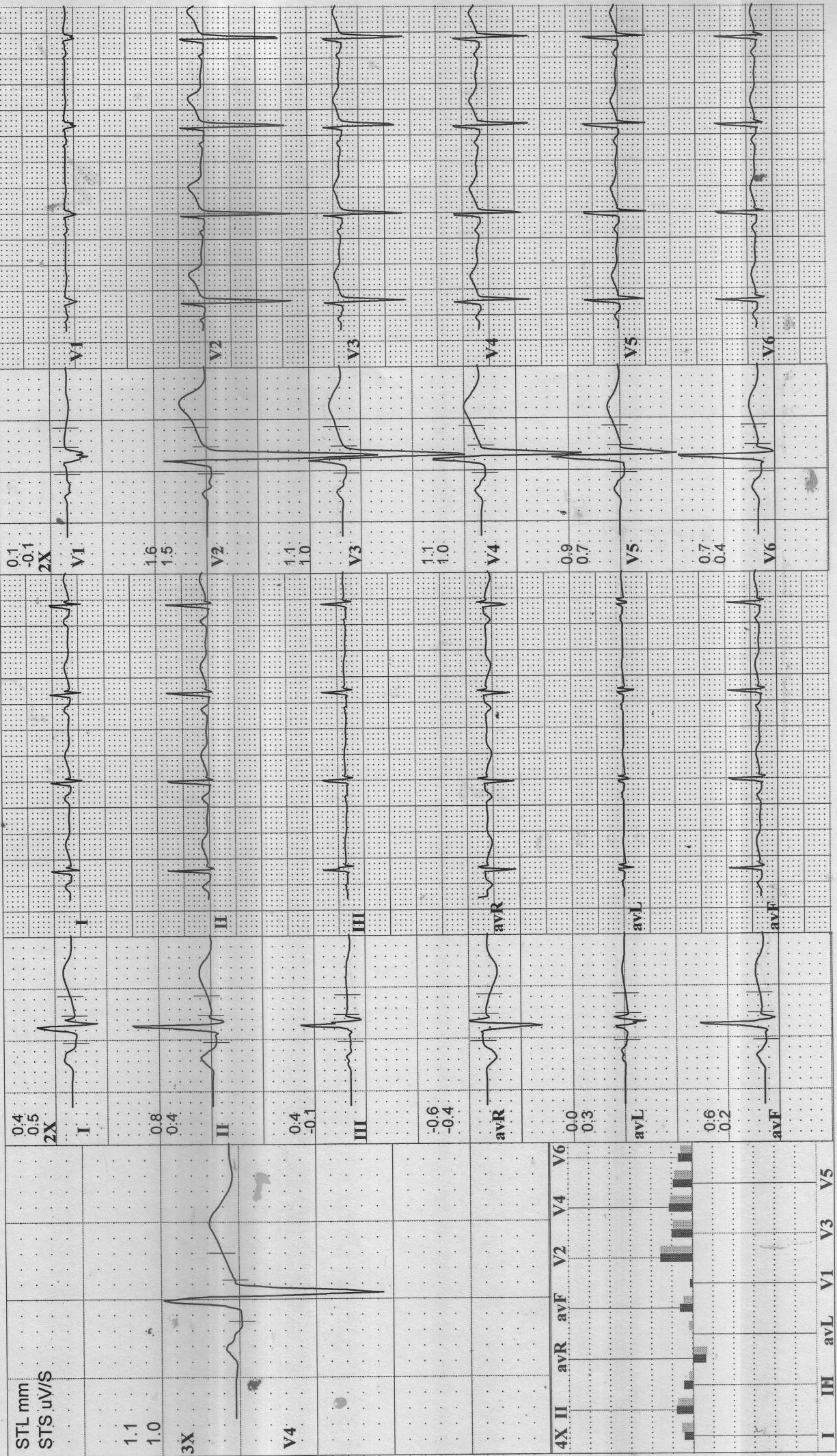
10 mm/mV
25 mm/S
Median Sweep 25 mm/S

Target Hr: 46 % of 188
Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
Sweep: 25 mm/S
BLC: On
Notch: On

Speed: --- mph
Hr: 88
Grade: --- %
Ex Time: --- min:sec
Protocol: Bruce
BP: 122/70 mmHg
Curr Time: 00:19

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Date: 23/07/2021 Time: 09:17 AM
Ref.No.:

Post J: 71 mS



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Linked Medians
Pre Ex
Standing

10 mm/mV
25 mm/S
Median Sweep 25 mm/S

Gain:
Sweep:

Filter: 0.1 - 100 Hz
BLC: On
Notch On

Target Hr: 54 % of 188
Ex Time: --- min:sec
Curr Time: 00:49

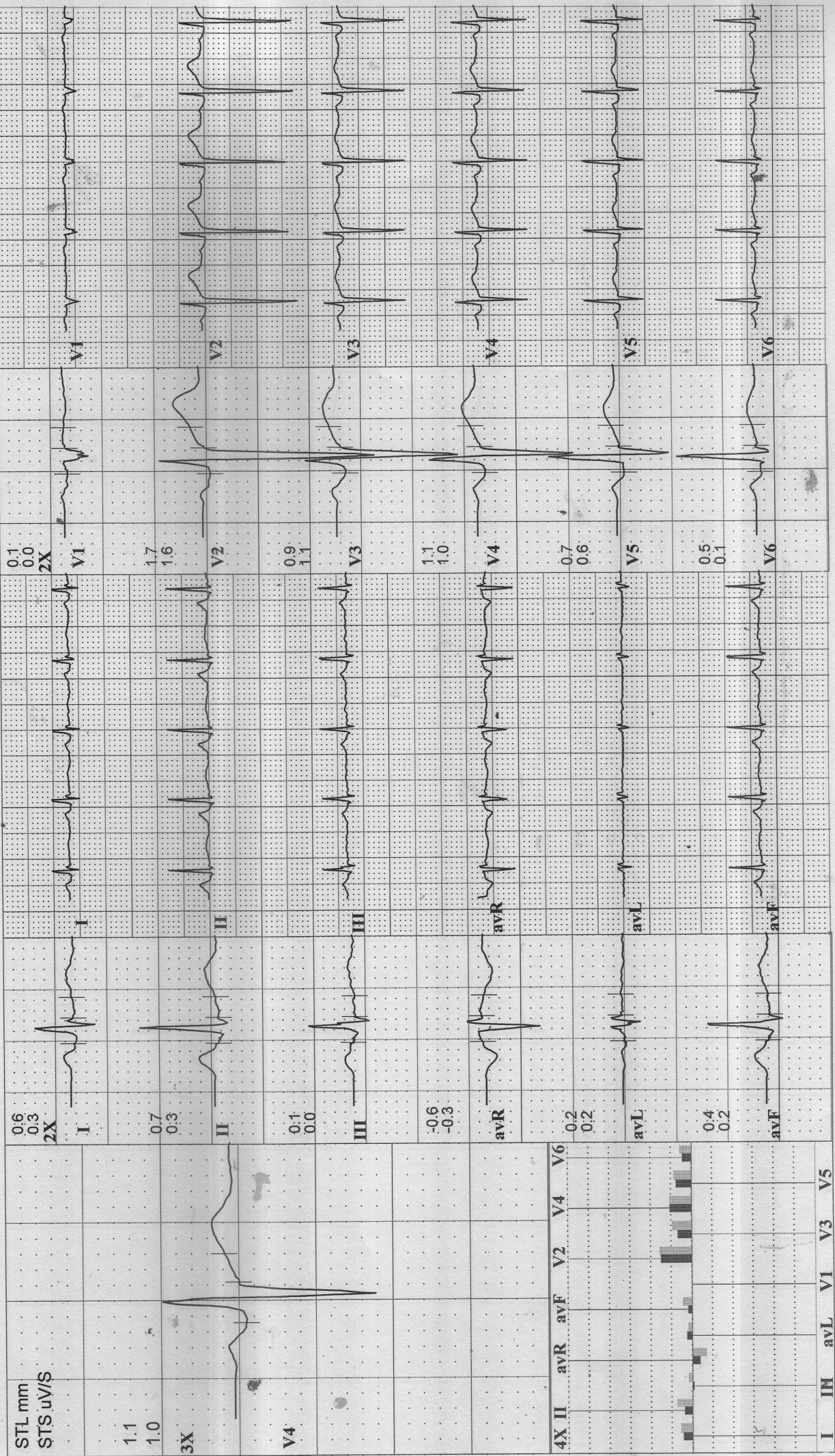
Speed: --- mph
Grade: --- %
Protocol: Bruce
BP: 122/70 mmHg

Hr: 103
Mets: 1

HARISH SHARMA
79 Kg / Ht-180 cms
Date: 23/07/2021 Time: 09:17 AM

58
32 Yrs/M
Ref.No.:

Post J: 75 mS



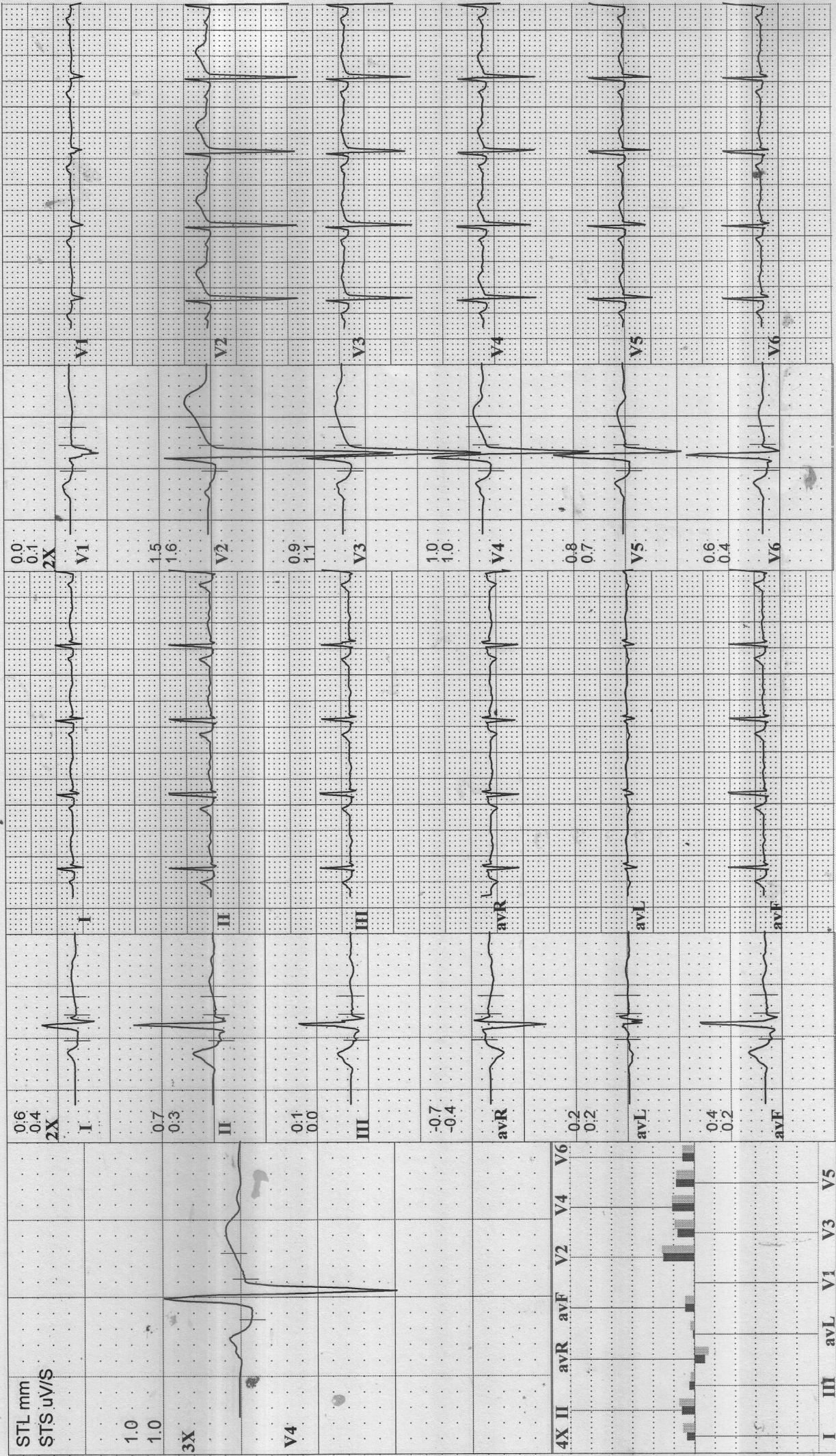
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SCO 56 SEC 47 D CHD

Linked Medians
Pre Ex
Hyp Vent

Speed: --- mph Hr: 101 Target Hr: 53 % of 188 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 122/70 mmHg Curr Time: 01:21 NotchOn Median Sweep: 25 mm/S

58 HARISH SHARMA Ref.No.:
32 Yrs/M 79 Kg / Ht-180 cms
Date: 23/07/2021 Time: 09:17 AM

Post J:69 mS



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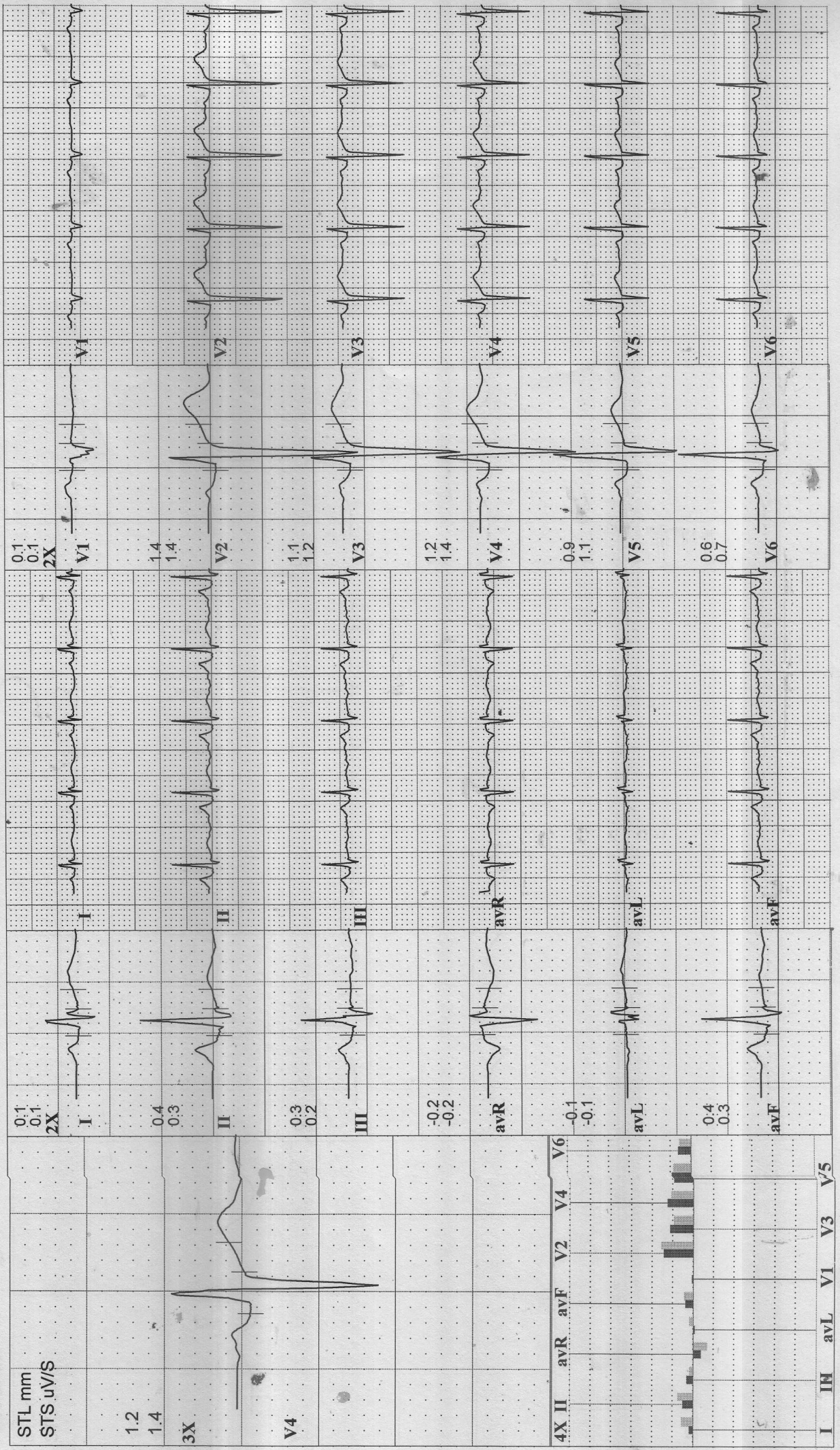
SCO 56 SEC 47 D CHD

Linked Medians
S1

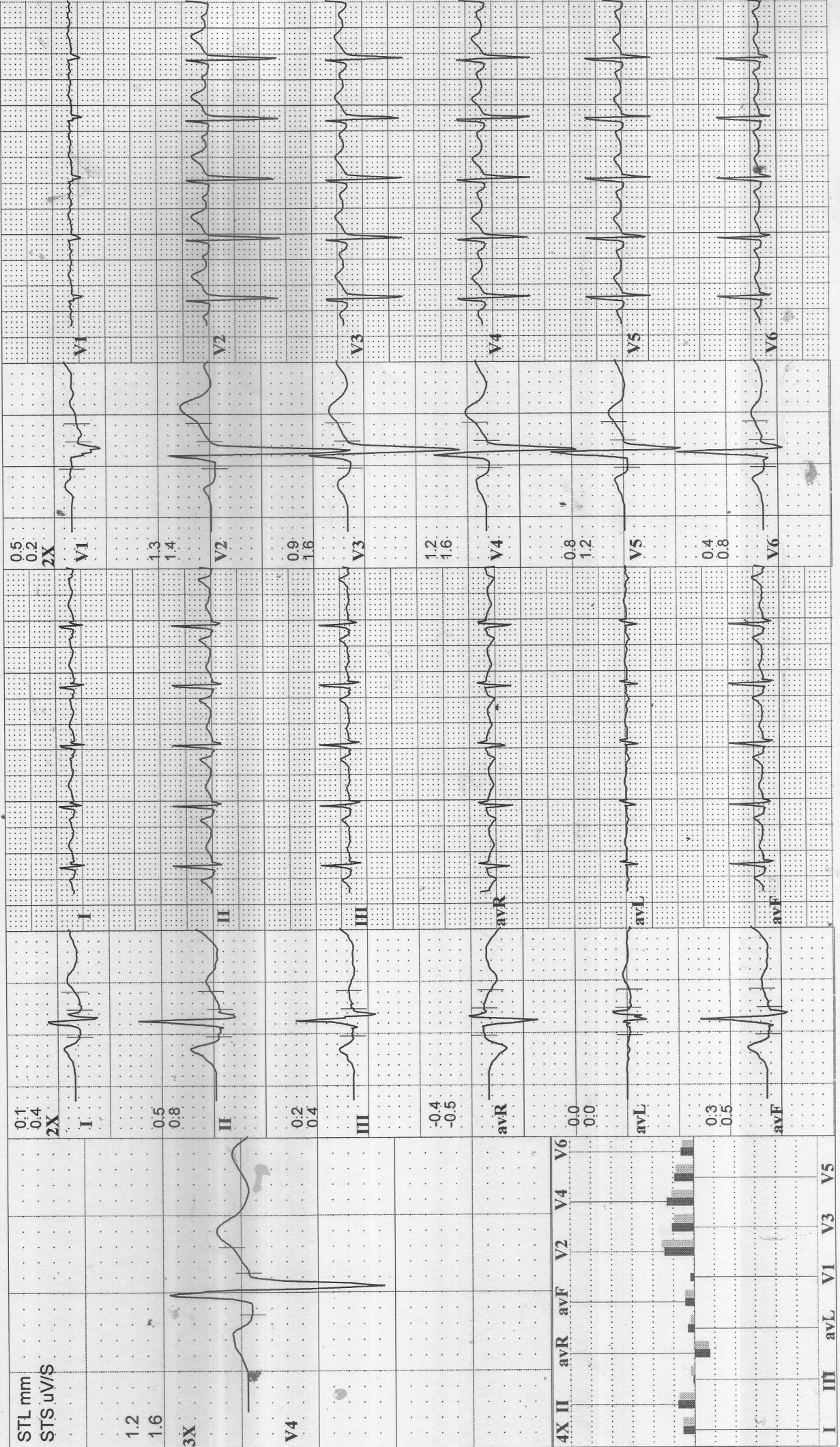
Speed: 1.7 mph Hr: 109 Target Hr: 57 % of 188 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: 10 % Mets: 4.8 Ex Time: 03:00 BLC: On Sweep: 25 mm/S
 Protocol: Bruce BP: 122/70 mmHg Curr Time: 04:21 Median Sweep: 25 mm/S

58 HARISH SHARMA Ref.No.:
 32 Yrs/M 79 Kg / Ht-180 cms
 Date: 23/07/2021 Time: 09:17 AM

Post J: 75 mS



Post J-69 ms



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SCO 56 SEC 47 D CHD

Linked Medians
Peak Ex

10 mm/mV
25 mm/S
Median Sweep: 25 mm/S

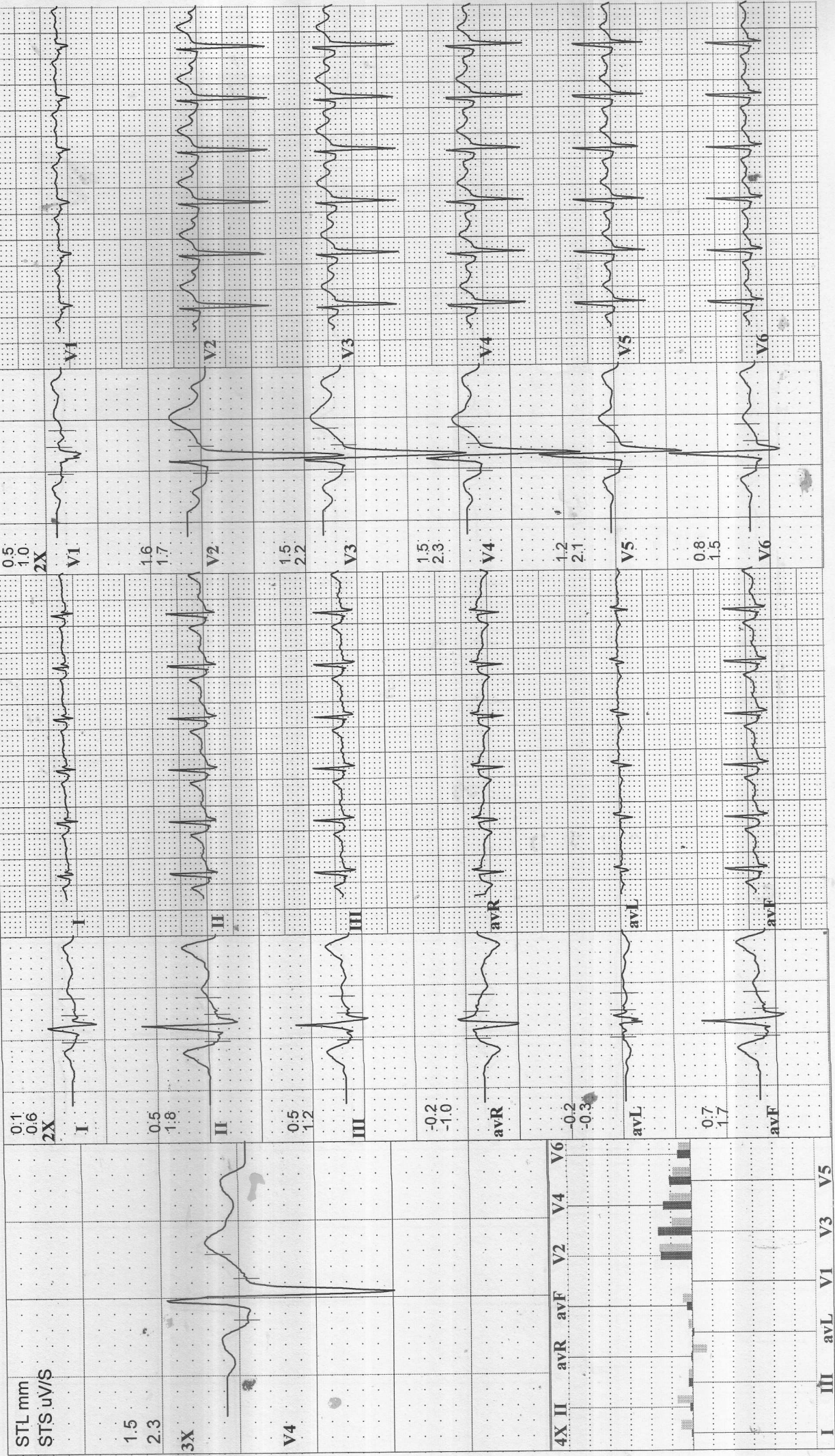
Target Hr: 79 % of 188
Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
Sweep: 25 mm/S
BLC: On
Notch: On

Speed: 3.4 mph
Grade: 14 %
Protocol: Bruce

Hr: 150
Met: 9.5
BP: 159/110 mmHg

Cur Time: 10:21
Ref No.:
HARISH SHARMA
32 Yrs / M
79 Kg / Ht: 180 cms
Date: 23/07/2021 Time: 09:17 AM

Post J: 63 mS



Speed: --- mph
Grade: --- %
Protocol: BTrace

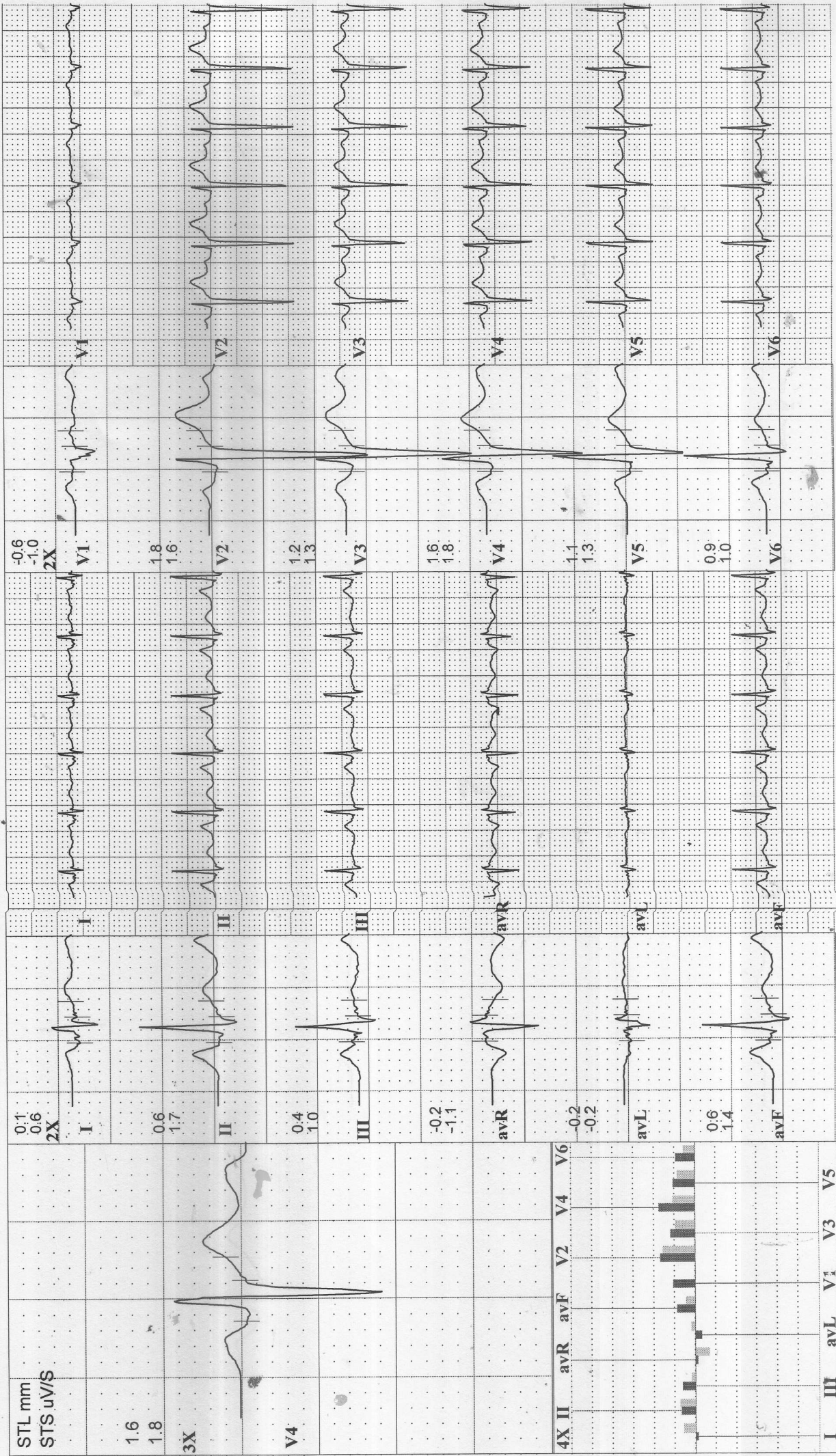
Hr: 126
Mets: 1
BP: 153/105 mmHg

Target Hr: 67 % of 188
Ex Time: 09:00
Curr Time: 11:21

Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep: 25 mm/S

58 HARISH SHARMA
32 Yrs/M 79 Kg / Ht-180 cms
Date: 23/07/2024 Time: 09:17 AM
Ref.No.:

Post J: 60 ms



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TrueST 3

Linked Medians
Post Ex 2

Speed: --- mph
Grade: --- %
Protocol: Bruce

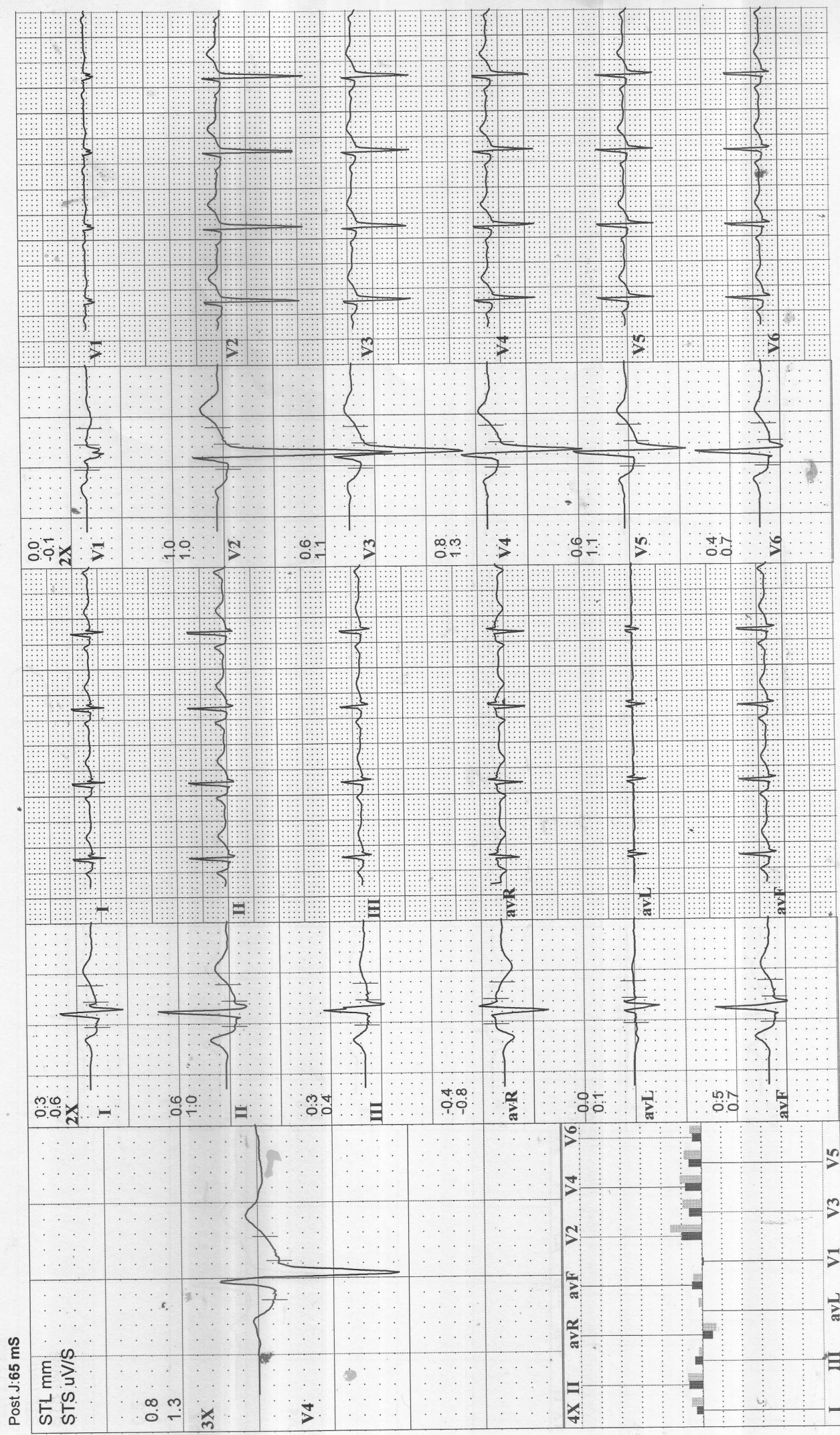
Target Hr: 53 % of 188
Ex Time: 09:00
BP: 147/98 mmHg

Hr: 100
Mets: 1
Curr Time: 12:21

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Date: 23/07/2021 Time: 09:17 AM

HARISH SHARMA
79 Kg / Ht-180 cms
Ref.No.:

10 mm/mV
25 mm/S
Median Sweep 25 mm/S



Speed: --- mph
Grade: --- %
Protocol: Bruce

Target Hr: 51 % of 188
Ex Time: 09:00
Curr Time: 12:51

Hr: 96
Mets: 1
BP: 136/88 mmHg

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Date: 23/07/2021 Time: 09:17 AM

HARISH SHARMA
79 Kg / Ht-180 cms
Ref.No.:

10 mm/mV
25 mm/S
Median Sweep 25 mm/S

Post J: 71 mS

