



Balaji Medical Centre

An ISO 9001:2015 Accredited Organization
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CHENNAI : No.5 (3/2), Jagadeeswaran Street, T.Nagar, Chennai-600 017. INDIA ☎ : 044-24364651 / 52 / 53
No.38, Manikodi Srinivasan Nagar Main Road, Rajiv Gandhi Salai, Perungudi, Chennai-600 096. INDIA ☎ : 044-29865513 / 14
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CUDDALORE : No.26, Dowlath Nagar, Semmandalam, Cuddalore - 607001.INDIA ☎ : 04142-202150, 203150
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MANGALORE : Shop No.5, Door No.1-65/31, Kulur-Kavoor Airport Road, Vivek Nagar, Panjimogaru, Mangalore-575 013.INDIA ☎ : 0824-2972719 / 20.
KAKINADA : 70-17-15/1, RR Nagar, Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132.

PHYSICAL EXAMINATION

Date Of Exam : 22/07/2023 REG. NO: K023070000797
Name : Mr. Vimal Kumar (38/ male)
Type Of Exam : Bank of baroda
Reference : DR.A.H.BALAJI

The doctor has examined this client at Balaji Medical Centre for updated Physical examination and found the following.

Blood Pressure : 120/80mmHg
Pulse : 70/minutes
Respiration Rate : 18/minutes
Height : 166/Cms
Weight : 63/Kgs
BMI : 23.2kg/m2


DR. RAJENDRAN VELLACHALI KINNARI
Reg. No.: 15123
Approval NO.: KRL/KCH/23/2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



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Reg.No: KO23070000797

Date: 22/07/2023

MEDICAL FITNESS CERTIFICATE

This is to certify that I have examined, Mr. Vimal kumar who is found to be medically fit. He is not found to be suffering from any contagious disease or ailment. He is **fit** to perform his duty.


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LABORATORY REPORT

Reg.No: KO23070000797

Name : Mr. Vimal Kumar
Age : 38Yrs
Sex Ref By : DR.A.H.BALAJI

Date : 22/07/2023

ROUTINE EXAMINATION URINE

INVESTIGATION	OBSERVED VALUE	UNIT	BIOLOGICAL REFERENCE INTERVAL
GENERAL EXAMINATION:			
COLOUR	PALE YELLOW		PALE YELLOW
APPEARANCE	CLEAR		CLEAR
REACTION (pH)	6.0		4.5 - 8
SPECIFIC GRAVITY	1.020		1.010 - 1.030
CHEMICAL EXAMINATION (AUTOMATED DIPSTICK METHOD):			
URINE PROTEIN(ALBUMIN)	ABSENT		ABSENT
URINE GLUCOSE(SUGAR)	ABSENT		ABSENT
URINE KETONES(ACETONE)	ABSENT		ABSENT
BILE SALTS	ABSENT		ABSENT
BILE PIGMENTS	ABSENT		ABSENT
UROBILINOGEN	NORMAL		NORMAL
NITRITE	NEGATIVE		NEGATIVE
MICROSCOPIC EXAMINATION			
RED BLOOD CELLS	NIL	/hpf	0 - 2
PUS CELLS (WBCs)	2-3	/hpf	0 - 5
EPITHELIAL CELLS	2-3	/hpf	0 - 5
CRYSTALS	ABSENT	/hpf	ABSENT
CAST	ABSENT	/hpf	ABSENT
AMORPHOUS DEPOSITS	ABSENT	/hpf	ABSENT
BACTERIA	ABSENT	/hpf	ABSENT

(Signature)
Dr. RAJENDRAN VELLACHALI KUNJATH
Reg. No.: 15123
Approval NO.: KRL/KCH/23/2022

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Reg.No: KO23070000797

LABORATORY REPORT

Name : Mr. Vimal Kumar

Date : 22/07/2023

Age : 38YRS

Sex : male

Ref By : DR. A.H.BALAJI


INVESTIGATION	OBSERVED VALUE	UNIT	BIOLOGICAL REFERENCE INTERVAL
ESR – Erythrocyte Sedimentation Rate (EDTA Whole Blood, Automated-Capillary photometry aggregation/ Manual – Westergrens method)	08	mm/hr	0-15

Method: Automated Westergren

Interpretation;

1. It indicates presence and intensity of an inflammatory process, never diagnosis of a specific disease, Chance are more significant than a single abnormal test.
2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia rheumatica.
3. It is also increased in pregnancy, multiple myeloma, menstruation and hypothyroidism.

Remark: ESR Performed using capillary photometric aggregation (for automated analysis) & westergrens (for manual testing).


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LABORATORY REPORT

Name : Mr. Vimal Kumar Date : 22/07/2023
Age : 38Yrs Sex : male
Ref By : DR.A.H.BALAJI,

BIO-CHEMISTRY

	<u>Value/Result</u>	<u>Units</u>	<u>Reference Interval</u>
Glucose(F)	: 91	mg/dl	70-110
Glucose(PP)	: 121	mg/dl	120-140
Creatine	: 1.3	mg/dl	0.2-1.2
Uric acid	: 5.0	mg/dl	4.7-6.1
Urea	: 21	mg/dl	15-40
Bun	: 10	mg/dl	6-21

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LABORATORY REPORT

Reg.No: KO23070000797

Name : Mr. Vimal Kumar

Date : 22/07/2023

Age : 38yrs

Sex : male

Ref By : DR. A.H.BALAJI

LIVER FUNCTION TEST

<u>TEST</u>	<u>PATIENT'S</u>	<u>UNITS</u>	<u>NORMAL INTERVAL</u>	
			<u>FROM</u>	<u>TO</u>
Serum Bilirubin (Total)	0.6	mg/dl	0.2	1.2
Serum Bilirubin (Direct)	0.1	mg/dl	-	<0.3
Serum Bilirubin (Indirect)	0.5	mg/dl	0.1	1
Serum G. P. T.	48	U/L	10	40
Serum G. O. T.	51	U/L	10	42
Serum Gamma G.T.	18	U/L	4	40
Serum Total Proteins	7.0	gm/dl	6.0	7.8
Albumin	4.1	gm/dl	3.5	5.0
Globulin	2.9	gm/dl	2.6	3.5
ALP	83	U/L	-	<150
Albumin: Globulin Ratio	1.5	-	-	-


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REG.NO: KO23070000797

LABORATORY REPORT

Name : Mr. Vimal Kumar Date : 22-07-2023

Age : 38yrs Sex : male

Reference : Bank of Baroda

Ref By : DR.A.H. BALAJI

Test Name	Result	Units	Ref.Interval
LIPID SCREEN, SERUM (Spectrophotometry)			
Cholesterol	178.00	mg/dL	(<200.00)
Triglycerides	99.00	mg/dL	(<150.00)
HDL Cholesterol	60.00	mg/dL	(40.00-60.00)
LDL Cholesterol, Calculated	95.30	mg/dL	(<100.00)
VLDL Cholesterol, Calculated	28.00	mg/dL	(<30.00)

- Note:
- Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for Total cholesterol, Triglycerides, HDL & LDL Cholesterol.
 - ATP III recommends a complete lipoprotein profile as the initial test for evaluating cholesterol.
 - Friedewald equation to calculate LDL cholesterol is most accurate when Triglyceride level is <400 mg/dL. Measurement of Direct LDL cholesterol is recommended when Triglyceride level is >400 mg/dL.

INTERPRETATION	TOTAL CHOLESTEROL in mg/dL	Triglyceride in mg/dL	LDL CHOLESTEROL in mg/dL
Optimal	< 200	<150	<100
Above Optimal	-	-	100-129
Boderline High	200-239	150-199	130-159
High	>=240	200-499	160-189
Very High	-	>=500	>=190

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LABORATORY REPORT

DATE: 22/07/2023

Name : Mr. Vimal kumar Sex: Male

Age : 38 Yrs

Reference : Bank of Baroda

Ref By : DR. A.H. BALAJI

HAEMATOLOGY

Blood Group & Rh Type : "O" Positive


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Name : Mr. Vimal Kumar Reg No: KO23070000797
Date : 22/07/2023
Age : 38 yrs Sex : male
Reference : Bank of baroda
Ref By : DR.A.H. BALAJI

Test Name	Result	Units	Ref.Range
THYROID PROFILE,TOTAL,SERUM (CLIA)			
T3,Total	88.38	ng/dl	(80-200)
T4,Total	6.70	ug/dL	(3.2-12.6)
TSH	1.38	uIU/ml	(0.35-5.50)

Note:1 TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a Minimum between 6-10pm.The variation is of the order of 50%,hence time of the day has Influence on the measured serum TSH concentrations.

2 Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

3 Physiological rise in Total T3 /T4 levels is seen in pregnancy and in patients on steroid therapy.

Clinical Use

- Primary Hypothyroidism
- Hyperthyroidism
- Hypothalamic-Pituitary hypothyroidism
- Inappropriate TSH secretion
- Non thyroidal illness
- Autoimmune thyroid disease
- Pregnancy associated thyroid disorders
- Thyroid dysfunction in infancy and early childhood


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Age : 38Yrs
Ref By : DR.A.H.BALAJI,

Date : 22/07/2023
Sex : male

BIOCHEMISTRY

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1C-Glycated Haemoglobin (HPLC)	5.9	%	non-diabetic: <= 5.6 pre-diabetic: 5.7-6.4 Diabetic : >= 6.5
Estimated Average glucose (e AG)	122.63	mg/dl	

INTERPRETATION &REMARK:

- HbA1c is used for monitoring diabetic control.it reflects the estimated average glucose.(eAG)
- HbA1c has been endorsed by clinical group & ADA(American Diabetes Association)guidelines 2017,for diagnosis of diabetes using a cut-off point of 6.5%.
- Trends in HbA1Care a better indicator of diabetic control than a solitary test .
- Low glycated haemoglobin(below4%) in a non-diabetic individual are often associated with systemic inflammatory diseases,chronicanaemia (especially severe iron deficiency &haemolytic),chronic renal failure and liver diseases.clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$
- Interference of heamogloblinopathies in HbA1c estimation.
 - forHbF>25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c
 - Homozygous hemoglobinopathy is detected,fructosamine is recommended for monitoring diabetic status.
 - Herterozygous state detected (D10/turbo is corrected for HbS&HbC trait)
- In known diabetic patients,following values can be considered as a tool for monitoring the glyemic control.Excellent control-6 to 7%,fair to good control -7 to 8%,unsatisfactory control -8 to 10 % and poor control - More than 10%

NOTE :Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

---End of report ---

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KAKINADA : 70-17-15/1,RR Nagar,Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132.

REG NO: **K023070000797**

LABORATORY REPORT

Name : Mr.Vimal Kumar Date : 22/07/2023
Age : 38YRS Sex : male
Ref By : DR.A.H. BALAJI

<u>Tests</u>	<u>Value/Results</u>	<u>Units</u>	<u>Reference Interval</u>
<u>PERIPHERAL SMEAR EXAMINATION</u>			
RED BLOOD CELL MORPHOLOGY :	NORMAL		
W B C MORPHOLOGY :	NORMAL		
PLATELET MORPHOLOGY :	NORMAL		

DR. RAJENDRAN VELLACHALIL KIN
Reg. No.: 15123
Approval NO.: KRL/KCH/23/2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



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DIGITAL RADIOGRAPH - CHEST PA VIEW

Reg. No:KO23070000797

Date :22/07/2023

Name : Mr. Vimal kumar
Age : 38yrs
Sex : Male
Ref By : DR.A.H.BALAJI

The cardiomediastinal silhouette is normal.

The lungs are well inflated.No focal mass lesion, lobar collapse or consolidation is seen.
No pleural effusion is detected.

The soft tissues and bones appear unremarkable.

Conclusion:

- Normal chest radiograph.

DR. RAJENDRAN VELLACHALIL KURUMBI
Reg. No.: 15123
Approval NO.: KRL/KCH/23/2022

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Reg.No: KO23070000797

ECG REPORT

Date: 22/07/2023

Name : Mr. Vimal Kumar
Age : 38yrs
Sex : Male
Ref By : DR. A.H.BALAJI
Impression : Within normal limit


Dr. RAJENDRAN VELLACHALIL KUNIYATH
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KOCHI : No.42 / 1898, Old Railway Station Road, Ernakulam North, Kochi - 682 018. INDIA ☎ : +91 0484-2395006 / 07 / 08

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DENTAL CERTIFICATE

Last Name	First Name	Date of Birth	CDC No. / P.P. No.
	Vimal Kumar.	06.02.1985	-

Please tick box if treatment pending or recommended

Please provide details of any dental / orthodontic work that is recommended or anticipated in the next 2 years.

Please tick box if no treatment pending or recommended

Name of Dentist	Qualification of Dentist	Signature & Stamp	Date
Dr. Naresh HAPPY SMILE DENTAL CLINIC Dr. S. NARESH Reg No. 11291	BDS	For HAPPY SMILE DENTAL CLINIC  Authorized Signature	



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REG.NO:KO23070000797
Name: Mr Vimal kumar

Date: 22/07/2023

Ref: DR.A.H. BALAJI

OPHTHALMIC REPORT

	RIGHT	LEFT
Distant Vision:	6/6	6/6
Near Vision:	N/5	N/5
Colour Vision:	Normal	Normal
Anterior Segment:	Normal	Normal
Intra Ocular Pressure:	Normal	Normal
Fundus :	Normal	Normal

Dr. RAJENDRAN VELLACHALIL KUNIMADAI
Reg. No.: 15123
Approval NO.: KRL/KCH/23/2022

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 Name: Mr VIMAL KUMAR Date : 22-07-2023

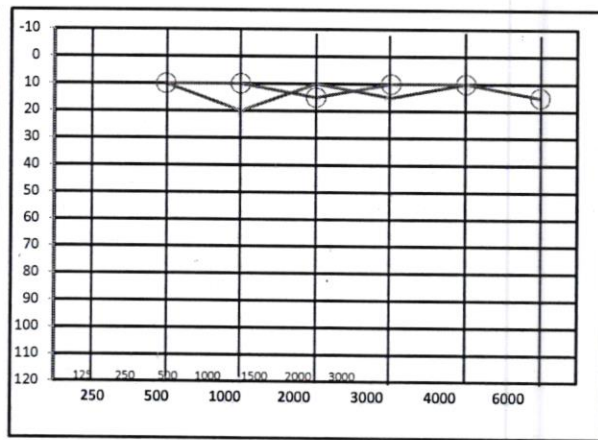
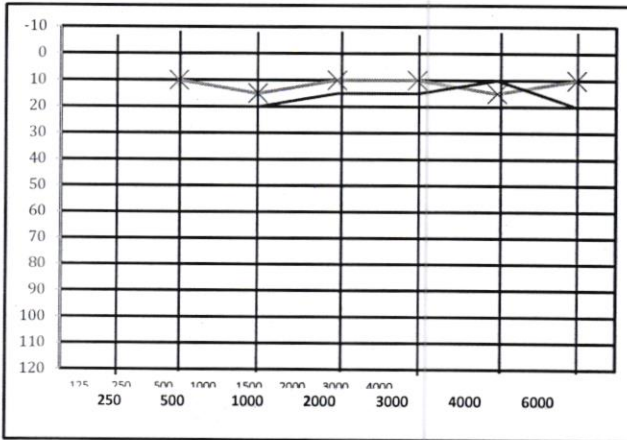
REG.NO:KO23070000797

Age : 38/Male
 Ref : BANK OF BARODA



LEFT

RIGHT



Frequency in Hz.

Frequency in Hz.

MODE \ EAR	Air Condition		Bone Condition		Colour Code
	Masked	Un Masked	Masked	Un Masked	
LEFT	△	X]	<	Blue
RIGHT	□	○	[>	Red

NO: RESPONSE: Add below the respective symbols

Threshold in db	LEFT	RIGHT
AIR CONDUCTION		
BONE CONDUCTION		

Testing equipment: Graphic Audiometer

AUDIOMETRIC INTERPRETATION

NORMAL AUDIOMETRY

(Signature)
 Dr. RAJENDRAN VELLACHALIL KUNIAM
 Reg. No.: 15123
 Approval NO.: KRL/KCH/23/2022

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Name : MR. VIMAL KUMAR

Age : 38 Yrs /M

Study Date : 22/07/2023

ID.NO : KO23070000797

PNDT. REG.NO : C5-14663/14

Ref By : INSURANCE

USG COMPLETE ABDOMEN

Liver:

Is Normal in size. Hepatic Parenchyma is intrinsically normal.
No focal lesion seen in liver.
IHBR and CBD are normal in caliber. Portal vein is normal

Gall Bladder:

Is well distended and is normal. No calculus seen. No abnormal wall thickening

Pancreas:

The head, tail and body of the pancreas are normal. No dilatation of pancreatic duct.

Spleen:

Is normal in size. No focal parenchymal lesions.

Kidneys

RT. Kidney measures 9.2 X 4.1 cms, normal in size.
Cortico medullary differentiation is maintained.
No calculus noted. Pelvicalyceal system is normal.

LT. Kidney measures 9.5 X 4.4 cms, normal in size.
Cortico medullary differentiation is maintained.
No calculus noted. Pelvicalyceal system is normal.

Urinary Bladder:


Is well distended and normal. No abnormal wall thickening.
No intraluminal echoes/calculus.

Prostate:

Normal in size and measures 3.0 X 2.9 X 2.9cms (Volume~13.195 cc).
Seminal vesicles are normal.

Impression:

- Normal Study of Liver, Gallbladder, Spleen, Pancreas, Right kidney, Left kidney, Urinary bladder and Prostate.


RAJENDRAN VELLACHALIL KUNIPPA
Reg. No.: 15123
Approval NO.: KRC/14663/2023

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”

Balaji Medical Centre Kochi

Address: No.66/2345A, Veekshnam Road, Ernakulam Kochi - 682018 82018 Kerala India

Echocardiography Report

PATIENT NAME KUMAR VIMAL	AGE 38 yrs	HEIGHT NA	WEIGHT NA	BSA NA	DATE TIME 2023/07/22 17:09
PATIENT ID KO23070000797	GENDER Male	REFERRING PHYSICIAN NA	REPORTED BY DR. JEEVARATHINAM. N		

PROCEDURE

An ECHO exam was performed including 2D, M-mode, Spectral, Color-flow.

SUMMARY

Normal chambers size and shape
Normal LV systolic function. LVEF - 62 %
No obvious regional wall motion abnormality
Normal LV diastolic filling pattern
Normal valves

LEFT VENTRICLE

Measurement	Value	Reference	Measurement	Value	Reference
Systolic Function			Dimensions		
LVEF MOD A4C (%)	62.06	(72-52)	LVIDd (cm)	3.64	(4.2-5.8)
%FS (%)	28.85	(>25)	LVIDs (cm)	2.59	(2.5-4.0)
SV MOD A4C (ml)	69.03	(72-144)	IVSd (cm)	1.11	(0.6-1.0)
LVEDV MOD A4C (ml)	111.23	(62-150)	LVPWd (cm)	1.04	(0.6-1.0)
LVESV MOD A4C (ml)	42.20	(21-61)	LVd Mass (g)	121.97	(88-224)
Diastolic Function			RWT	0.57	(0.24-0.42)
MV E Vel (m/s)	0.76	(0.6-0.8)	LV Area		
MV A Vel (m/s)	0.48	(0.2-0.35)	LV FAC A4C (%)	45.79	(>25)
MV E/A Ratio	1.58	(>=0.8)	LVAd A4C (cm2)	30.40	(-)
LV E' Lat (m/s)	0.17	(<10)	LVA s A4C (cm2)	16.48	(-)
LV E/E' Lat	4.47	(<13)			
LV A' Lat (m/s)	0.09	(-)			

PULMONARY VALVE AND PULMONARY ARTERY

Measurement	Value	Reference
Pulmonary Outflow		
PV Vmax (m/s)	0.80	(<1.9)
PV maxPG (mmHg)	2.56	(<36)

OBSERVATIONS :

Left Ventricle	Size - Left ventricle normal in size LV geometry - Normal LV geometry Systolic function - LV systolic function - normal Regional wall motion - No obvious regional wall motion abnormality Diastolic function - LV diastolic function - normal filling pattern
Left Atrium	Size - Normal left atrium size
Right Atrium	Size - Normal right atrium size
Right Ventricle	Size - Normal right ventricular size
Aortic Valve	Structure and function - Normal aortic valve
Mitral Valve	Structure and function - Normal mitral valve
Tricuspid Valve	Regurgitation - Trivial tricuspid regurgitation
Pulmonic Valve	Structure and function - Normal pulmonic valve
Heart Failure	HF Category - No evidence of heart failure with preserved ejection fraction

Disclaimer: This report is generated based on the review of Echocardiography images transmitted and does not consider the patient's current symptoms or medical history. The quality or accuracy of the report is dependent on the quality and accuracy of the Echo images transmitted. The report is not meant or valid for any medico legal purposes



Reported By:
DR. JEEVARATHINAM. N
Clinical Cardiologist

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