



Dr. Shalini Shetty
MBBS, MS (Oph), FRCS (UK)
Sr. Consultant - Ophthalmology

Place Label Here: **Ms: Christa Philip**
29/7 1138492
If label not available, write Pt. Name, UHID No.,
Age, Sex, Date, Name of Treating Physician

Allergies :	Fall Risk Assessment		Wt: _____	Ht: _____	T: _____	P: _____	BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____ /10				
Mobility Aid	Yes No						
Gait	Dep. Indep.						

Routine Eye test

R	L
6/6	6/6
without	glass
N/A	N/A

Colour vision

Medicine Reconciliation Done & Frequency Advice & Plan

$\frac{17}{17}$	$\frac{17}{17}$
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Christa Philip

Kindly get this document scanned at the counter for the record purpose

Signature and Date

25/3/23

(con)

119997

9656686149

QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK



GYNAECOLOGY CONSULT

AHB 0001138492
 Name: MS. CHRISTA PHILIP
 Age: 29 Year(s) Year(s)/Female
 26 Mar 2023 9:20:28 AM

UHID :

Date: 25/3/23

Consultant Gynaecologist :

DRUG ALL

Complaints (related to Gynaec) - NIL SPECIFIC / YES

nil

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others

nil

Past Medical / Surgical History :

Family History :

OTHER SYSTEMS :

GYNAEC HISTORY :

- Marital Status - S/M/Others
- Children - ML:- 1 1/2 years
- Deliveries - Nulliparous
- L.C.B. -
- Abortion -
- Periods - Regular
- L.M.P. - 18/3/2023
- Menopause -
- Contraception -

Present Medication :

GYNAEC EXAMINATION :

- P/A - Soft
- PV - P/S - Cx, vagine (N)
- S/E -
- P/R -

GENERAL EXAMINATION :

- Weight : _____ Kgs, Height : _____ cm
- General Condition :
- Blood Pressure :
- Thyroid :
- Others :

BREASTS : (N)

PAP SMEAR : Taken / Not Taken (Reason)

OPINION & ADVICE :

Scan pelvis

REVIEW DETAILS : (with date)
With Patient / With reports only

Pap - NILM
Scan - pop pelvis wunde
advise rpt scan

Signature with Date & Time

D Reene 25/3/23

Dr. MEHTA .Y
MBBS, DNB (Family Medicine)
Senior Consultant
Reg. No. : ANP20010000845KTK

A4B - 1138 492
Place Label Here
MS. CHRISTA PHILIP
A91 - 2A
If label not available, write Pt. Name, UHID No.,
Age, Sex, Date, Name of Treating Physician



Allergies: <u>NIL</u>	Fall Risk Assessment		WT: <u>64.2</u>	HT: <u>158.3</u>	T: _____	P: <u>77</u>	BP: <u>90/61</u>
	H/o fall (within 1 year)	Yes <input checked="" type="checkbox"/> No <input checked="" type="checkbox"/>	Pain <u>0</u> /10	<input checked="" type="checkbox"/> Psychological & Social Assessment done			
	Mobility Aid	Yes <input checked="" type="checkbox"/> No <input checked="" type="checkbox"/>					
	Gait	Dep. <input checked="" type="checkbox"/> Indep. <input checked="" type="checkbox"/>					

- ① Microscopic Hematuria (?contamination)
- ② HDL-C-37, LDL-C-161
- ③ Fatty liver.

Adv Low fat, low calorie diet
weight reduction
Regular exercise.

Repeat lipid profile after 3 months

Kindly get this document scanned at the counter for the record purpose

Heef
Signature and Date

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AMB.0001138492
MS. CHRISTA PHILIP
Age: 28 Year(s) Year(s)/Female
26 Mar 2023 9:20:28 AM

Name

Age :

Sex : M/F

Age :



UHID :

Physical Examination

General :

Build

Height

158.5 cm

Weight

64.2 kg

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

77 bpm

B.P. : Supine

96/61

Sitting

Standing 90/61

Chest shape

Echo Screening Report

Heart Sounds

normal

Normal LV systolic function

Murmurs

No RUMMA

Thrills

EF - 60%

RVSP = 18 + RAP

RS :

Rate & Type

Breath Sounds

OLLO HOSPITALS
ANNEGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: CHRISTA PHILIP,
Patient ID: AHB/1138492
Height: 158 cm
Weight: 64 kg

DOB: 05.07.1993
Age: 29yrs
Gender: Female
Race: Indian

Study Date: 25.03.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Suramya

Medications:
none

Medical History:
none

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:12	0.00	0.00	98	100/60	
	STANDING	00:04	0.00	0.00	102	100/60	
	HYPERV.	00:02	0.00	0.00	102		
	WARM-UP	00:16	1.00	0.00	106	100/60	
EXERCISE	STAGE 1	03:00	1.70	10.00	153	100/60	
	STAGE 2	03:00	2.50	12.00	171	120/70	
	STAGE 3	01:04	3.40	14.00	171	130/80	
RECOVERY		05:42			121	120/80	

The patient exercised according to the BRUCE for 7:03 mins, achieving a work level of Max. METS: 10.10. The resting heart rate of 93 bpm rose to a maximal heart rate of 171 bpm. This value represents 89% of the maximal, age-predicted heart rate. The resting blood pressure of 100/60 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP: STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician

Technician

YOUR CLINICAL TEST RESULTS

Ms. CHRISTA PHILIP

FEMALE / 29 Yrs / AHB.0001138492 / AHBHC119997

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 25/03/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin : Oxyhemoglobin method (Photometric measurement)	13.5	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.68	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	40	%	●	34 - 46
MCV (Derived from RBC histogram)	85	fL	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
RDW (Calculated)	13.6	%	●	11.60-14.00
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	261	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	7.25	x(10) ⁹ /l	●	4 - 11
Neutrophils	40	%	●	40 - 80
Lymphocytes	48 *	%	●	8.6 -23.8
Monocytes	7	%	●	2 - 10
Eosinophils	5	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	25 *	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		Clear
Appearance	Clear			Clear
pH	6.0			1.016 - 1.022
Specific Gravity	<=1.005			

● Within Normal Range

● Boderline High/Low

● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. CHRISTA PHILIP

FEMALE / 29 Yrs / AHB.0001138492 / AHBHC119997

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 25/03/2023

Protein :	NEGATIVE			
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2			NEGATIVE
Blood :	2+	E.U./dL	●	0.2 - 1.0
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	1+			NEGATIVE
RBC	2-4 /h.p.f			NEGATIVE
Pus Cells	4-6 /h.p.f	Cells/hpf		0 - 2
Epithelial Cells	2-4 /h.p.f	/HPF		0 - 5
				Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	13	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	2.7	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.6		●	0.8 - 2.0
ALBUMIN - SERUM	4.2	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	88	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	15	U/L	●	<= 35

● Within Normal Range

● Boderline High/Low

● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. CHRISTA PHILIP
 FEMALE / 29 Yrs / AHB.0001138492 / AHBHC119997
 2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS
 Date : 25/03/2023

BILIRUBIN, TOTAL - SERUM 0.32 mg/dL ● 0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	107	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	216 *	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.76	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	89	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabeic :>= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	103	mg/dL	●	"Non-Diabetic :<=140 Impaired Glucose Tolerance 140-199 Diabeic :>=200 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.6	%	●	"NON- DIABETICS<=5.6 PRE-DIABETIC: >5.6

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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 FEMALE / 29 Yrs / AHB.0001138492 / AHBHC119997
 2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS
 Date : 25/03/2023

5.7-6.4 DIABETIC >=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	37 *	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	161 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.5	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.9	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	128.98	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	9.8	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	146	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	5.8 *		●	< 5.0

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. CHRISTA PHILIP

FEMALE / 29 Yrs / AHB.0001138492 / AHBHC119997

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 25/03/2023

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	3.21	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	15	mg/dL	●	15 - 45
URIC ACID - SERUM	4.2	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	29	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.07	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.25	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	27	Unit	●	Healthy Adults: 22 - 29

PAP SMEAR (CONVENTIONAL METHOD)

PAP SMEAR
Specimen Source.
CERVICAL SMEAR
C2301161.
Clinical Information.
Provided.
Patient and Specimen Identification :
Identified.
Test Method.
Conventional.
Endocervical/Transformation zone component

● Within Normal Range
● Boderline High/Low
● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. CHRISTA PHILIP

FEMALE / 29 Yrs / AHB.0001138492 / AHBHC119997

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 25/03/2023

Sampled.

Specimen adequacy.

Satisfactory for evaluation.

Interpretation.

Negative for intraepithelial lesion/malignancy.

Recommendations.

Routine recall

● Within Normal Range

● Borderline High/Low

● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. CHRISTA PHILIP

FEMALE / 29 Yrs / AHB.0001138492 / AHBHC119997

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 25/03/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range

● Boderline High/Low

● Outside Range

DEPARTMENT OF RADIOLOGY

AH-QF-RD-04

Patient's Details :	Ms. CHRISTA PHILIP	Ward/Bed No.	F 029Y
UHID :	AHB.0001138492	Scanned on	AHC / AHC
I.P.No./Bill No. :	AHBHC119997	Reported On	25-Mar-2023 10:56
Accession Number :	10601.123034904		25-Mar-2023
Referring Doctor :	null		11:03:03

Clinical information – health check up

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

=====
IMPRESSION:

No definite abnormality noted on the chest radiograph.

=====
 Suggested clinical and other investigation correlation.

Dr sam k George
 Resident

---END OF THE REPORT---

DEPARTMENT OF RADIOLOGY

Patient's Details : Ms. CHRISTA PHILIP		
UHID : AHB.0001138492		F 029Y
I.P.No./Bill No. : AHBHC119997	Ward/Bed No. : AHC / AHC	
Accession Number : 10601.223027348	Scanned on : 25-Mar-2023 12:01	
Referring Doctor : null	Reported On :	

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and shows diffuse increase in echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is minimally distended.

✓ Pelvis: Poor window.

Both ovaries: Not visualized.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

USG study of the abdomen shows no definite abnormality.

- Suggested clinical correlation.

(Enclosed report) Ak

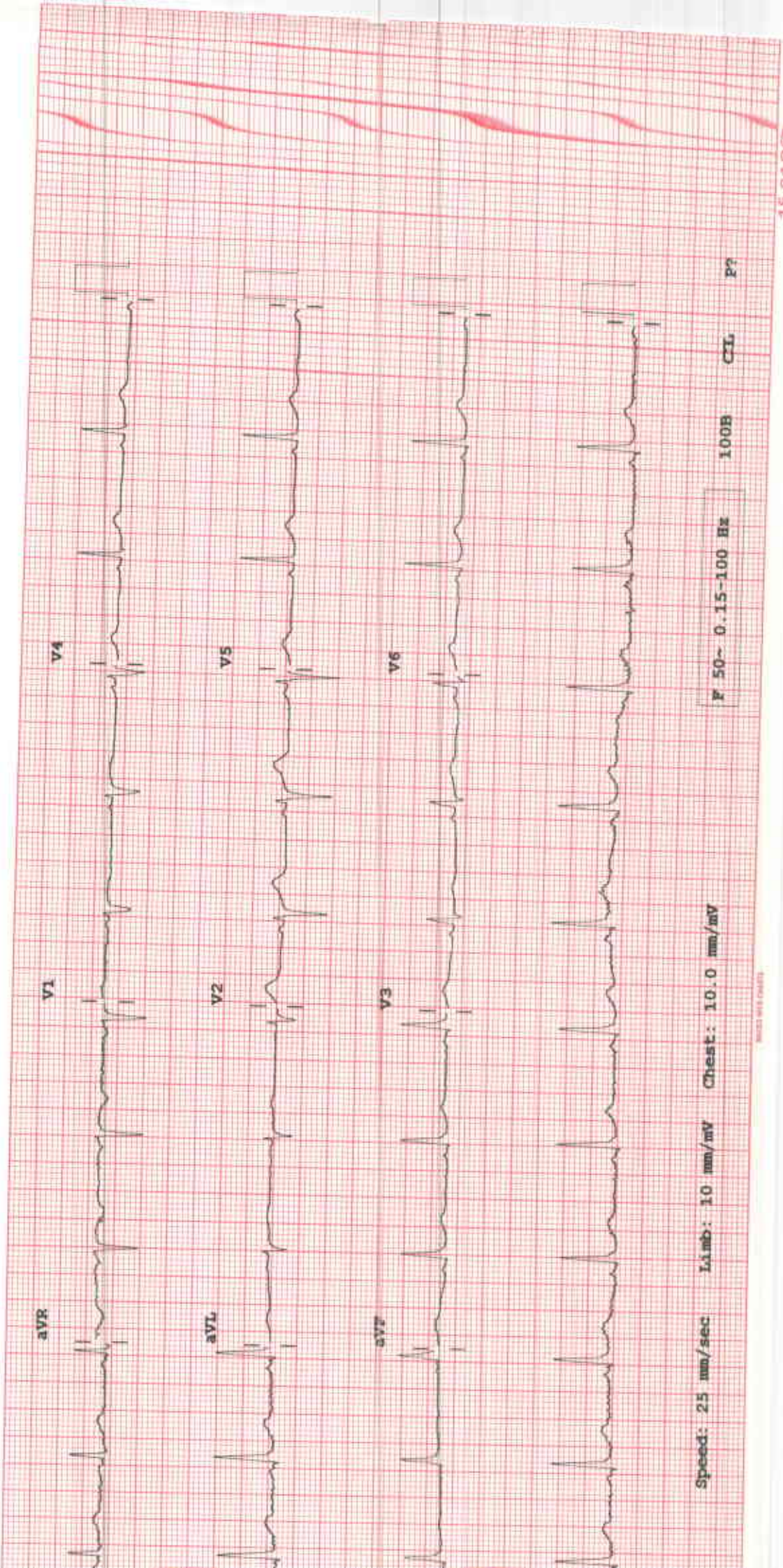
DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AHB.0001138492
MS. CHRISTA PHILIP
Age: 28Year(s) Year(o)/Female
26 Mar 2023 9:20:28 AM



Standard Placement



Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B

CEL

P9

BIOTAC 8111 (10/11)