







CLIENT CODE : C000138363

CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

PA	TIENT ID :	FH.10426423
Email : customercare.saltlake	e@srl.in	
CIN - U74899PB1995PLC0459	956	
Tel : 9111591115, Fax :		
WEST BENGAL, INDIA		
KOLKATA, 700091		
Salt Lake,		
P S Srijan Tech Park Building	,DN-52,Unit I	No.2, Ground Floor, Sector V,
SRL Ltd		

CLIENT PATIENT ID :

01-04-2022 14:55

## PATIENT NAME : MRS. SWETA SINHA

ACCESSIO	N NO :	0031VC028516	AGE :	37 Ye	ears	SEX :	Female
DRAWN :	26-03-	2022 10:00	RECE	IVED :	26-03	-2022	10:19

### REFERRING DOCTOR : SELF

_				
Test Report Status	<u>Final</u>	Results	<b>Biological Reference Interval</b>	Units

## MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

BLOOD COUNTS, EDTA WHOLE BLOOD				
HEMOGLOBIN	11.6	Low	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.17		3.8 - 4.8	mil/µL
WHITE BLOOD CELL COUNT	5.27		4.0 - 10.0	thou/µL
PLATELET COUNT	198		150 - 410	thou/µL
RBC AND PLATELET INDICES				
HEMATOCRIT	35.1	Low	36 - 46	%
MEAN CORPUSCULAR VOL	84.2		83 - 101	fL
MEAN CORPUSCULAR HGB.	27.7		27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	32.9		31.5 - 34.5	g/dL
MENTZER INDEX	20.2			
RED CELL DISTRIBUTION WIDTH	14.2	High	11.6 - 14.0	%
MEAN PLATELET VOLUME	9.3		6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT - NLR				
SEGMENTED NEUTROPHILS	54		40 - 80	%
ABSOLUTE NEUTROPHIL COUNT	2.85		2.0 - 7.0	thou/µL
LYMPHOCYTES	35		20 - 40	%
ABSOLUTE LYMPHOCYTE COUNT	1.84		1 - 3	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.5			
EOSINOPHILS	4		1 - 6	%
ABSOLUTE EOSINOPHIL COUNT	0.21		0.02 - 0.50	thou/µL
MONOCYTES	7		2 - 10	%
ABSOLUTE MONOCYTE COUNT	0.37		0.20 - 1.00	thou/µL
BASOPHILS	0		0 - 2	%
ABSOLUTE BASOPHIL COUNT	0.00	Low	0.02 - 0.10	thou/µL
MORPHOLOGY				
RBC	NORMOCYTIC NO	RMOCHRO	DMIC	
WBC	NORMAL MORPHC	logy		
PLATELETS	ADEQUATE			
ERYTHRO SEDIMENTATION RATE, BLOOD				
SEDIMENTATION RATE (ESR)	15		0 - 20	mm at 1 h





mm at 1 hr

DIAGNOSTIC REPORT	Ref. No. 31000004326057	HIGCHIGA	<b>SRL</b>
CLIENT CODE: C000138363		Cert. No. MC-23	Diagnostics
CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156	P S Sal KO WE Tel CIN	Ltd Srijan Tech Park Building,DN-52,Uni t Lake, LKATA, 700091 ST BENGAL, INDIA : 9111591115, Fax : I - U74899PB1995PLC045956 ail : customercare.saltlake@srl.in	
PATIENT NAME : MRS. SWETA SINHA		PATIENT ID :	FH.10426423
ACCESSION NO : 0031VC028516 AGE	: 37 Years SEX : Female		
DRAWN : 26-03-2022 10:00 REG	CEIVED : 26-03-2022 10:19	REPORTED : 01-04-20	022 14:55
REFERRING DOCTOR : SELF		CLIENT PATIENT I	D :
Test Report Status <u>Final</u>	Results	<b>Biological Reference</b>	Interval Units
METHOD : AUTOMATED (PHOTOMETRICAL CAPILLARY S GLUCOSE, FASTING, PLASMA GLUCOSE, FASTING, PLASMA METHOD : ENZYMATIC (HEXOKINASE/G-6-PDH) GLUCOSE, F 126 100.8 75.6 50.4 25.2 0	STOPPED FLOW KINETIC ANALYSIS)" 86 ASTING, PLASMA 89 •	86	mg/dL
- 1	6-DEC-2020	26-MAR-2022	
NormalRange Date	>		
GLYCOSYLATED HEMOGLOBIN, EDTA W	HOLE BLOOD		
GLYCOSYLATED HEMOGLOBIN (HBA1C)	5.3	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.	
METHOD : HPLC			
MEAN PLASMA GLUCOSE	105.4	< 116.0	mg/dL













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SRL Ltd	

CLIENT PATIENT ID :

01-04-2022 14:55

**Biological Reference Interval** Units

## PATIENT NAME : MRS. SWETA SINHA

ACCESSION NO : 0031VC028516 AGE : 37 Years SEX : Female DRAWN: 26-03-2022 10:00 RECEIVED: 26-03-2022 10:19

REFERRING DOCTOR : SELF

**Test Report Status Final** 

> SRL LIMITED - KOLKATA REF. LAB Bio-Rad Variant II Turbo CDM 5.4 S/N : 16043

## PATIENT REP V2TURBO\_A1c

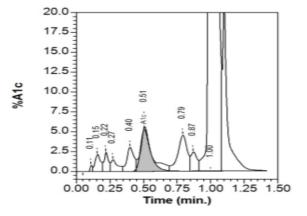
Patient Data		Analysis Data	
Sample ID:	3106075869	Analysis Performed:	26/MAR/2022 12:31:52
Patient ID:		Injection Number:	8227
Name:		Run Number:	460
Physician:		Rack ID:	0006
Sex:		Tube Number:	4
DOB:		Report Generated:	26/MAR/2022 13:32:54
		Operator ID:	
Comments:			

Results

Peak Name	NGSP %	Area %	Retention Time (min)	Peak Area
Unknown		0.1	0.108	3071
A1a		1.0	0.154	20441
A1b		0.8	0.217	17457
F		0.8	0.269	17136
LA1c		1.7	0.398	36618
A1c	5.3		0.505	88747
P3		3.4	0.790	70554
P4		1.2	0.868	24953
Ao		86.7	1.000	1822530

Total Area: 2,101,507

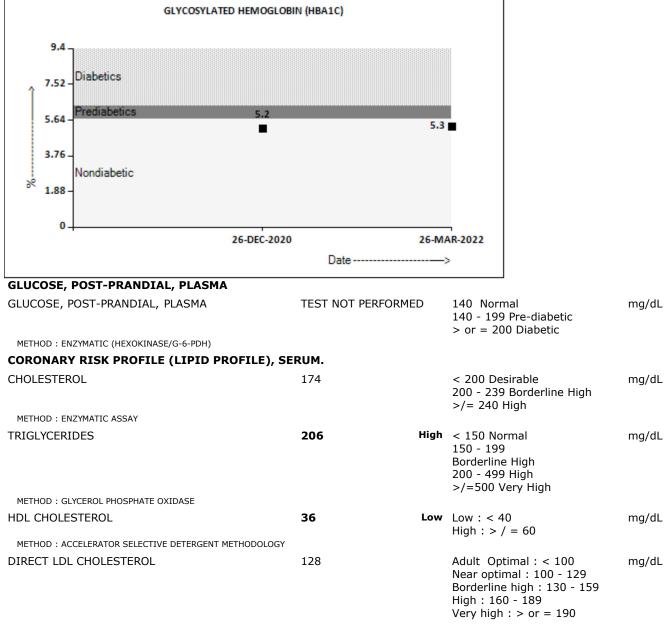
## HbA1c (NGSP) = 5.3 %























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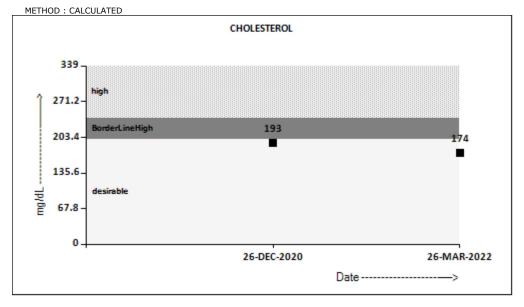
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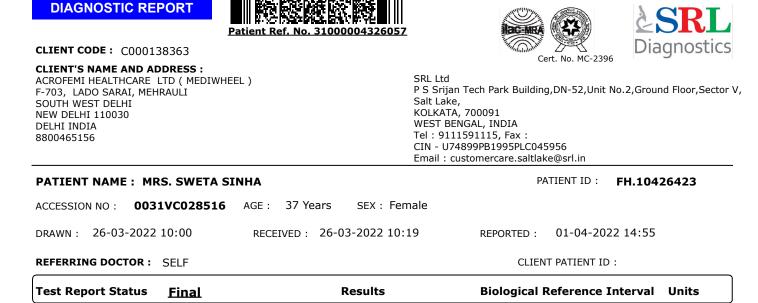
**REFERRING DOCTOR : SELF** 

Test Report Status <u>Final</u>	Results		Biological Reference Interval Units
METHOD : MEASURED, LIQUID SELECTIVE DETERGENT			
· -			
NON HDL CHOLESTEROL	138	High	Desirable: Less than 130 mg/dL Above Desirable: 130-159 Borderline High: 160-189 High: 190 -219 Very High: >or = 220
METHOD : CALCULATED			
CHOL/HDL RATIO	4.8	High	3.3 - 4.4 Low Risk 4.5-7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk
METHOD : CALCULATED			
LDL/HDL RATIO	3.6	High	0.5 - 3.0 Desirable/ Low Risk 3.1-6.0 Borderline /Moderate Risk > 6.0 High Risk
METHOD : CALCULATED			-
VERY LOW DENSITY LIPOPROTEIN	41.2	High	< or = 30 mg/dL





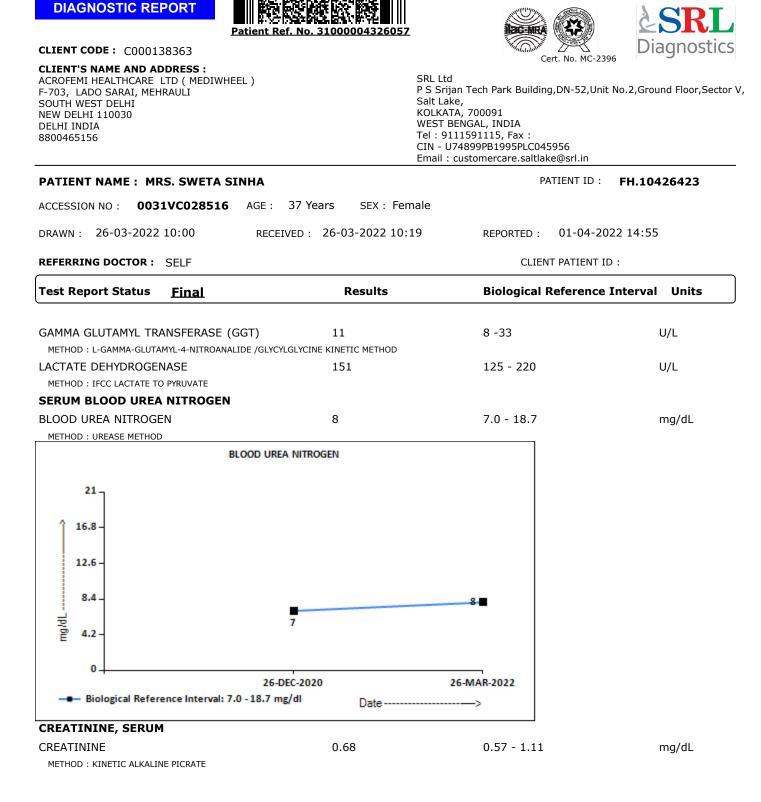




	TRIG	ILYCERIDES	
599 -			
个 479.2-	veryhigh		
4/3.2-	]		
359.4-	high		
239.6-	4		206
່ອຍ ຍິ 119.8-	BorderLineHigh	160	
Ê 119.8-	normal	_	
0.			
		26-DEC-2020	26-MAR-2022
		Date	>
LIVER FUNG	CTION PROFILE, SERUM		
BILIRUBIN, T	ΓΟΤΑL	0.53	0.2 - 1.2
METHOD : DIA			
BILIRUBIN, I METHOD : DIA		0.14	0.0 - 0.5
BILIRUBIN, I		0.39	0.1 - 1.0
METHOD : CAL			
OTAL PROT	EIN	7.6	6.0 - 8.30
METHOD : BIU	RET		
		4.3	3.5 - 5.2
GLOBULIN	ORIMETRIC (BROMCRESOL GREEN)	3.3	2.0 - 3.5
	OBULIN RATIO	1.3	1 - 2.1
	CULATED PARAMETER	1.5	1 2.1
SPARTATE	AMINOTRANSFERASE (AST/SO	GOT) 17	5 - 34
	ZYMATIC (NADH (WITHOUT P-5'-P)		
	INOTRANSFERASE (ALT/SGPT	) 12	0 - 55
	YMATIC (NADH (WITHOUT P-5'-P)	71	40 - 150
	A-NITROPHENYL PHOSPHATE	/ 1	10 100

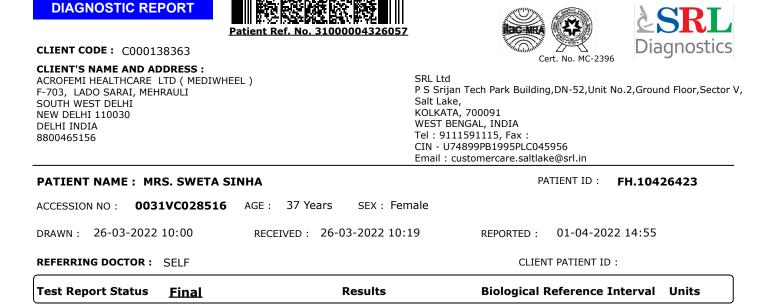












	CREATININE	
2.11		
1.688-		
1.266-		
0.844_	0.70	_
코 ᢨ 0.422 -	_	0.68
0	26-DEC-2020	26-MAR-2022
Biological Reference Interval: 0		
BUN/CREAT RATIO		
UN/CREAT RATIO	11.76	5.0 - 15.0
RIC ACID, SERUM		
RIC ACID	5.0	2.6 - 6.0
METHOD : URICASE		
OTAL PROTEIN, SERUM		
OTAL PROTEIN	7.6	6.0 - 8.3
METHOD : BIURET		
LBUMIN, SERUM	4.2	
LBUMIN	4.3	3.5 - 5.2
METHOD : COLORIMETRIC (BROMCRESOL GRI LOBULIN	EN)	
GLOBULIN	3.3	2.0 - 3.5
METHOD : CALCULATED PARAMETER	5.5	2.0 - 3.3
LECTROLYTES (NA/K/CL), SERI	JM	
DIUM	134	<b>Low</b> 136 - 145
METHOD : ION SELECTIVE ELECTRODE TECH	-	
OTASSIUM	4.60	3.5 - 5.1
METHOD : ION SELECTIVE ELECTRODE TECH		













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01-04-2022 14:55

## PATIENT NAME : MRS. SWETA SINHA

ACCESSION NO: 0031VC028516 AGE: 37 Years SEX: Female DRAWN: 26-03-2022 10:00 RECEIVED: 26-03-2022 10:19

CLIENT PATIENT ID :

**REPORTED** :

PATIENT ID :

REFERRING DOCTOR : SELF

Test Report Status <u>Final</u>	Results	Biological Reference Interva	al Units
CHLORIDE	99	98 - 107	mmol/L
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY INDIRECT			
URINALYSIS			
COLOR	PALE YELLOW		
APPEARANCE	CLEAR		
PH	6.5	4.7 - 7.5	
SPECIFIC GRAVITY	1.005	1.003 - 1.035	
METHOD : DIPSTICK			
GLUCOSE	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
PROTEIN	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
KETONES	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
BLOOD	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
BILIRUBIN	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
UROBILINOGEN	NORMAL	NORMAL	
METHOD : DIPSTICK			
NITRITE	NOT DETECTED	NOT DETECTED	
METHOD : DIPSTICK			
PUS CELL (WBC'S)	2-3	0-5	/HPF
EPITHELIAL CELLS	1-2	0-5	/HPF
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	

## Comments

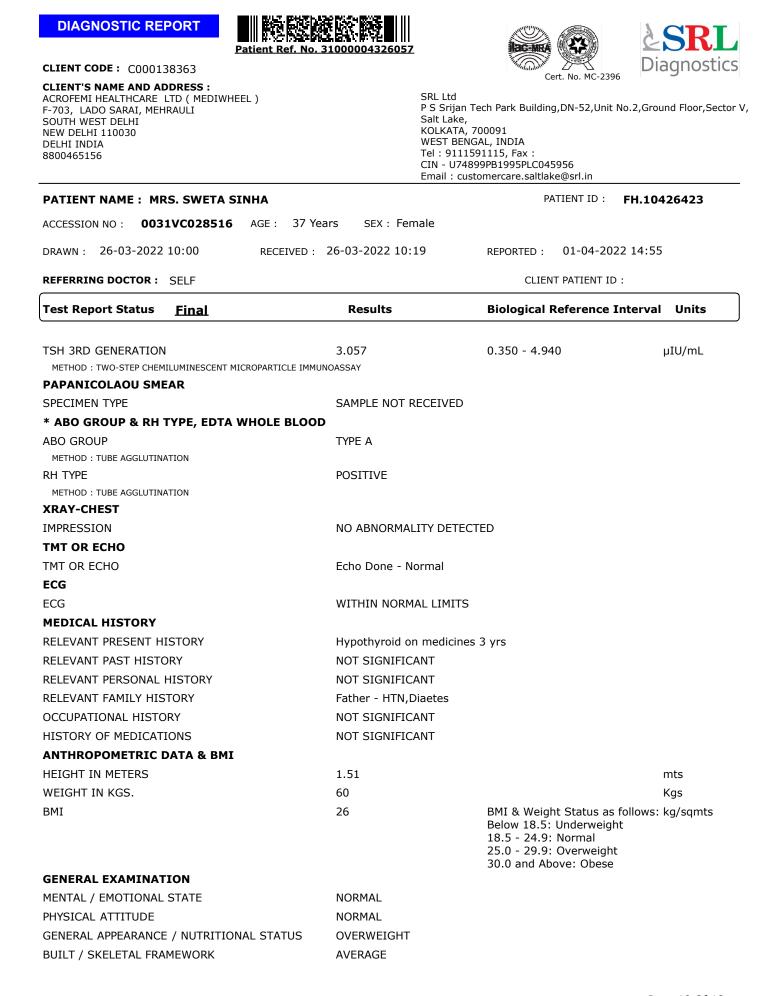
URINALYSIS: MICROSCOPIC EXAMINATION IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.

## THYROID PANEL, SERUM

Т3	95.5	58 - 193	ng/dL
METHOD : TWO-STEP CHEMILUMINESCENT MICROPARTICLE IM	MUNOASSAY		
Τ4	10.01	4.87 - 11.71	µg/dL
METHOD : TWO-STEP CHEMILUMINESCENT MICROPARTICLE IM	IMUNOASSAY		















Cert. No. MC-2396

REPORTED :



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CLIENT PATIENT ID :

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## PATIENT NAME : MRS. SWETA SINHA

AGE: 37 Years ACCESSION NO : 0031VC028516 SEX : Female DRAWN: 26-03-2022 10:00 RECEIVED : 26-03-2022 10:19

REFERRING DOCTOR : SELF

Test Report Status <u>Final</u>	Results	Biological Reference Interva	l Units
FACIAL APPEARANCE	NORMAL		
SKIN	NORMAL		
UPPER LIMB	NORMAL		
LOWER LIMB	NORMAL		
NECK	NORMAL		
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TEND	ER	
THYROID GLAND	NOT ENLARGED		
CAROTID PULSATION	NORMAL		
BREAST (FOR FEMALES)	NORMAL		
TEMPERATURE	NORMAL		
PULSE	76/min-REGULAR, ALL PE	RIPHERAL PULSES WELL FELT	
RESPIRATORY RATE	NORMAL		
CARDIOVASCULAR SYSTEM			
BP	110/70 mm Hg		mm/Hg
PERICARDIUM	NORMAL		
APEX BEAT	NORMAL		
HEART SOUNDS	S1, S2 HEARD NORMALLY	,	
MURMURS	ABSENT		
RESPIRATORY SYSTEM			
SIZE AND SHAPE OF CHEST	NORMAL		
MOVEMENTS OF CHEST	SYMMETRICAL		
BREATH SOUNDS INTENSITY	NORMAL		
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)		
ADDED SOUNDS	ABSENT		
PER ABDOMEN			
APPEARANCE	NORMAL		
VENOUS PROMINENCE	ABSENT		
LIVER	NOT PALPABLE		
SPLEEN	NOT PALPABLE		
HERNIA	ABSENT		
CENTRAL NERVOUS SYSTEM			
HIGHER FUNCTIONS	NORMAL		
CRANIAL NERVES	NORMAL		













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ACCESSION NO : 0031V	C028516 AGE :	37 Yea	sers SEX : Female
DRAWN : 26-03-2022 10	:00 REC	EIVED :	26-03-2022 10:19

CLIENT PATIENT ID :

REPORTED :

Test Report Status <u>Final</u>	Results	Biological Reference Interval Un	its
CEREBELLAR FUNCTIONS	NORMAL		
SENSORY SYSTEM	NORMAL		
MOTOR SYSTEM	NORMAL		
REFLEXES	NORMAL		
MUSCULOSKELETAL SYSTEM			
SPINE	NORMAL		
JOINTS	NORMAL		
BASIC EYE EXAMINATION			
CONJUNCTIVA	NORMAL		
EYELIDS	NORMAL		
EYE MOVEMENTS	NORMAL		
DISTANT VISION RIGHT EYE WITHOUT GLASSES	6/6		
DISTANT VISION LEFT EYE WITHOUT GLASSES	6/6		
NEAR VISION RIGHT EYE WITHOUT GLASSES	N6		
NEAR VISION LEFT EYE WITHOUT GLASSES	N6		
COLOUR VISION	NORMAL		
BASIC ENT EXAMINATION			
EXTERNAL EAR CANAL	NORMAL		
TYMPANIC MEMBRANE	NORMAL		
NOSE	NO ABNORMALITY	DETECTED	
SINUSES	NORMAL		
THROAT	NO ABNORMALITY	DETECTED	
TONSILS	NOT ENLARGED		
BASIC DENTAL EXAMINATION			
TEETH	NORMAL		
GUMS	HEALTHY		
SUMMARY			
RELEVANT HISTORY	NOT SIGNIFICANT		
RELEVANT GP EXAMINATION FINDINGS	Overweight (60 kg	)	
RELEVANT LAB INVESTIGATIONS	Low HB%(11.6),Ra	aised TGL(206),VLDL(41.2)	
RELEVANT NON PATHOLOGY DIAGNOSTICS	GB polyp, Anterior USG	wall subserous fibroid, Left adnexal follicular $c_{y}$	/st in













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REFERRING DOCTOR : SELF

Test Report Status     Final     Results     Biological	Reference Interval Units
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**REMARKS / RECOMMENDATIONS** 

On examination and investigations the candidate is found to be overweight and has Low HB%(11.6), raised TGL(206), VLDL(41.2) GB polyp, Anterior wall subserous fibroid, Left adnexal follicular cyst in USG

Should follow the given advice:

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- 1. Avoid fat and oily diet
- 2. Reduce body weight

3. Estimated body weight should be : 56 kg

4. Regular physical exercise and walking

- 5. Drink plenty of water
- 6. Physician opinion

#### Comments

MEDICAL EXAMINATION DONE BY:

DR. DEBIKA ROY, MBBS CONSULTANT PHYSICIAN WELLNESS CLINIC SALT LAKE REF LAB, KOLKATA

#### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT - NLR-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope. ERYTHRO SEDIMENTATION RATE, BLOOD-

Erythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

### Reference :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin

3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition" GLUCOSE, FASTING, PLASMA-ADA 2021 guidelines for adults, after 8 hrs fasting is as follows: Pre-diabetics: 100 - 125 mg/dL

Diabetic: > or = 126 mg/dLGLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red



Scan to View Details

Page 13 Of 18 23-5 🗐 Qg Ξi Scan to View Report









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blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood,

the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks. Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells. Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia,

increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of testing such as glycated serum protein (fructosamine) should be considered.

Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations."

#### References

1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.

Forsham PH. Diabetes Mellitus: A rational plan for management. Postgrad Med 1982, 71,139-154.

3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5 minutes.

CORONARY RISK PROFILE (LIPID PROFILE), SERUM.-Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don't cause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn't need into triglycerides, which are stored in fat cells. High diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk. It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the ""good" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', and are a strong, independent predictor of cardiovascular disease. Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL). NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary and secondary prevention studies.

#### Recommendations:

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult. LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin. AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured

clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, is chemia to the liver, chronic













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ACCESSION NO : 0031VC028516	AGE : 37 Years SEX : Female	
DRAWN : 26-03-2022 10:00	RECEIVED : 26-03-2022 10:19	REPORTED : 01-04-2022 14:55
REFERRING DOCTOR : SELF		CLIENT PATIENT ID :

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hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease.GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas.Conditions that increase serum GGT are obstructive liver disease,high alcohol consumption and use of enzyme-inducing drugs etc.Serum total protein,also known as total protein,is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.Higher-than-normal levels may be due to:Chronic inflammation or infection,including HIV and hepatitis B or C,Multiple myeloma,Waldenstrom's disease.Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

• High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal Renal Failure

Post Renal

Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

Liver disease

SIADH.

CREATININE, SERUM-

Higher than normal level may be due to:

 Blockage in the urinary tract · Kidney problems, such as kidney damage or failure, infection, or reduced blood flow

Loss of body fluid (dehydration)

Muscle problems, such as breakdown of muscle fibers

• Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

 Myasthenia Gravis Muscular dystrophy URIC ACID, SERUM-Causes of Increased levels Dietary High Protein Intake.

· Prolonged Fasting, Rapid weight loss. Gout

Lesch nyhan syndrome. Type 2 DM. Metabolic syndrome.

Causes of decreased levels • Low Zinc Intake

• OCP's

Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

Drink plenty of fluidsLimit animal proteins

High Fibre foodsVit C Intake

Antioxidant rich foods

TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and alobulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-



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Test Report Status <u>Final</u> Results	Biological Reference Interval Units
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Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc. ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion. Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection. Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus. Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia

THYROID PANEL, SERUM-

Trilodo Hyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the

circulating hormone is free and biologically active. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Total T4, TSH & Total T3

Below mentioned	are the guidelines f	or Pregnancy related	d reference ranges for Total
Levels in	TOTAL T4	TSH3G	TOTAL T3
Pregnancy	(µg/dL)	(µIU/mL)	(ng/dL)
First Trimester	6.6 - 12.4	0.1 - 2.5	81 - 190
2nd Trimester	6.6 - 15.5	0.2 - 3.0	100 - 260
3rd Trimester	6.6 - 15.5	0.3 - 3.0	100 - 260
Below mentioned	are the guidelines f	or age related refere	ence ranges for T3 and T4.
Т3		T4	

(µg/dL) (ng/dL)

New Born: 75	- 260	1-3 day: 8.2 - 19.9
	1	Week: 6.0 - 15.9

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group. Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

#### Reference:

1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.

Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods. MEDICAL



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CLIENT CODE: C000138363

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## PATIENT NAME : MRS. SWETA SINHA

ACCESSION NO : 0031VC028516 AGE : 37 Years SEX : Female

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**REFERRING DOCTOR :** SELF

Test Report Status Final

Results

Units

## MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

# ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN GB polyp, Anterior wall subserous fibroid, Left adnexal follicular cyst

\*\*End Of Report\*\* Please visit www.srlworld.com for related Test Information for this accession TEST MARKED WITH '\*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

Achatterjee

Dr.Anwesha Chatterjee,MD Pathologist



Dr. Shilpi Kundu ,MD Lab Head

Stimori Morrow

Dr.Himadri Mondal, MD Consultant Microbiologist

## **CONDITIONS OF LABORATORY TESTING & REPORTING**

 It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
All Tests are performed and reported as per the turnaround time stated in the SRL Directory of services (DOS).

3. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.

4. A requested test might not be performed if:

a. Specimen received is insufficient or inappropriate specimen quality is unsatisfactory

b. Incorrect specimen type

c. Request for testing is withdrawn by the ordering doctor or patient

d. There is a discrepancy between the label on the specimen container and the name on the test requisition form

 The results of a laboratory test are dependent on the quality of the sample as well as the assay technology.
Result delays could be because of uncontrolled circumstances. e.g. assay run failure.

7. Tests parameters marked by asterisks are excluded from the "scope" of NABL accredited tests. (If laboratory is accredited).

8. Laboratory results should be correlated with clinical information to determine Final diagnosis.

9. Test results are not valid for Medico- legal purposes. 10. In case of queries or unexpected test results please call at SRL customer care (Toll free: 1800-222-000). Post proper investigation repeat analysis may be carried out.

**SRL Limited** Fortis Hospital, Sector 62, Phase VIII, Mohali 160062



