

42years
 Male Asian
 166cm 66kg
 Vent. rate 76 bpm
 PR interval 150 ms
 QRS duration 86 ms
 QT/QTc 360/405 ms
 P-R-T axes 44 52 16
 BP 130/80mmHg

Normal sinus rhythm
 Normal ECG *Wm*
Q

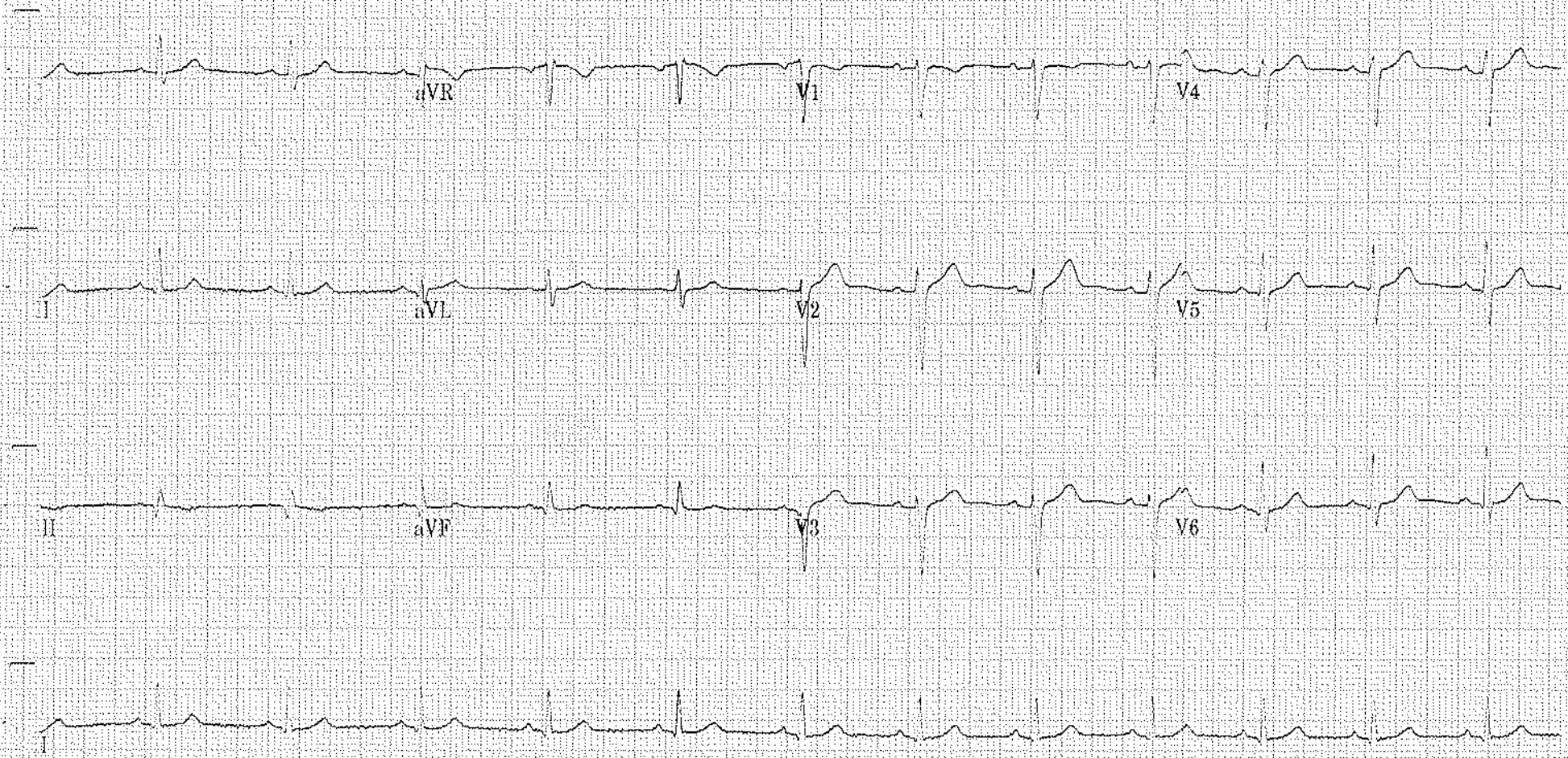
Technician: DM
 Test ind:

Meds: NO

APOLLO CLINIC AUNDH
 Dr. RISHIKA GHAWAT
 M.D.S

Referred by: HEALTH PHYSICIAN
 Reg. No. 2020/11/6537

Unconfirmed



TABULAR SUMMARY REPORT

BHAWANI, GOUR
ID: 000075363

42years Asian Male
166cm
16-Sep-2023 10:41:30
Meds: NO

BRUCE

Max HR: 143bpm 80% of max
Max BP: 150/80
Reason for Termination:
Comments: GOOD EXERCISE TOLERANCE

Total Exercise time: 9:06


predicted 178bpm
Maximum workload: 10.1METS

25.0 mm/s
10.0 mm/mV
100hz

Referred by: HEALTH METER
Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:56	***	***	0.0	98	120/80	127
	STANDING	0:13	***	***	0.0	88	130/80	114
	HYPERVENT	0:33	0.3	0.0	0.1	90	130/80	117
EXERCISE	STAGE 1	3:00	1.7	10.0	4.8	117	130/80	152
	STAGE 2	3:00	2.5	12.0	7.5	132	140/80	185
	STAGE 3	3:00	***	***	10.0	141	150/80	212
	STAGE 4	0:06	***	***	10.0	138	150/80	207
RECOVERY	Post	1:14	***	***	0.0	113	130/80	147

no significant ST segment abnormality noted


APOLLO CLINIC AUNDH
Dr. RISHIKA GHAWAT
MBBS
General Physician
Reg. No. 2020/1176537

BHAWANI, GOUR

ID: 000075363

16-Sep-2023

10:42:25

97bpm

BP: 130/80

PRETEST

SUPINE

0:56

BRUCE

***mph

***%

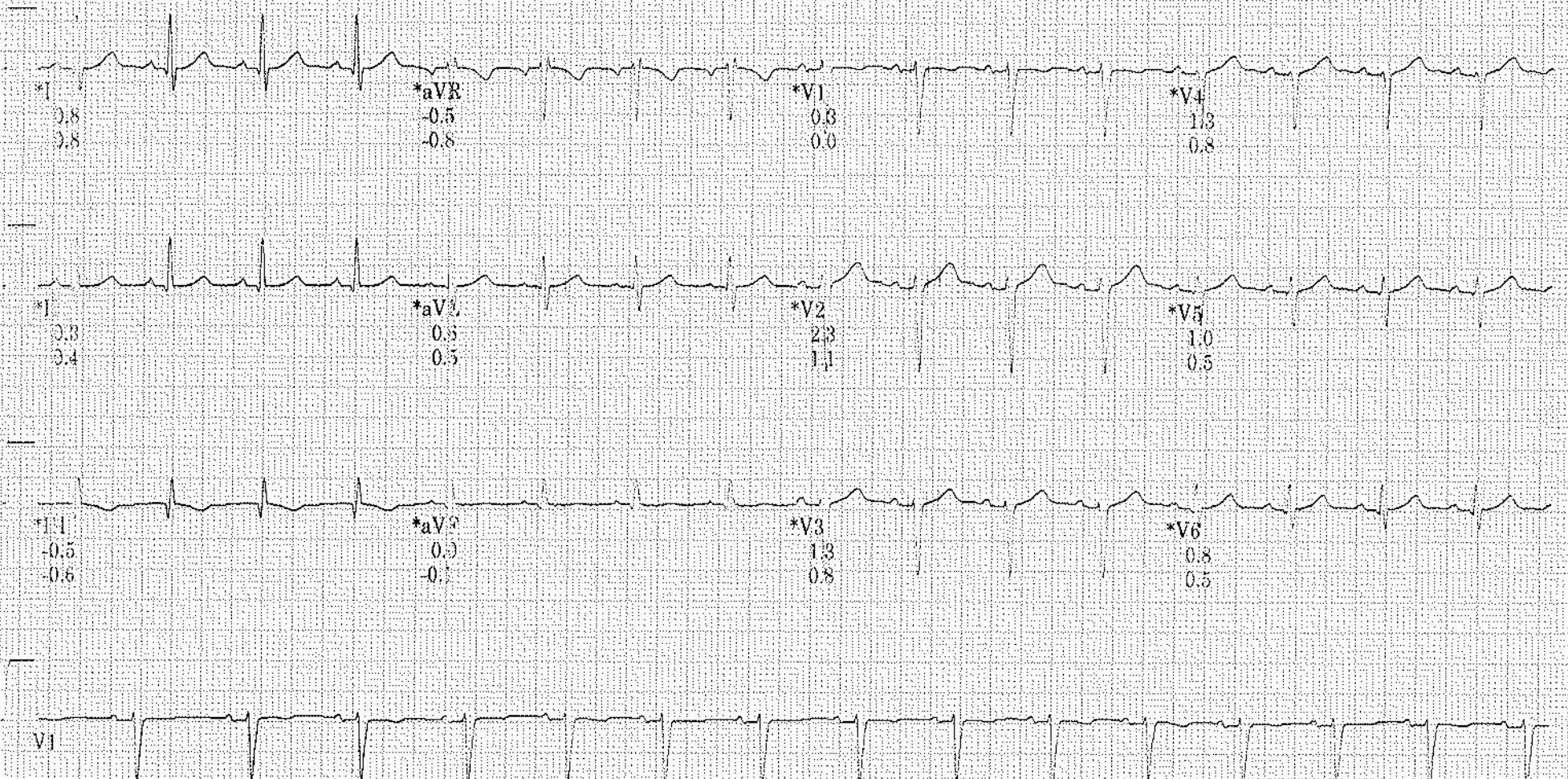
ST @ 10mm/mV

80ms postJ

Lead

ST(mm)

Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

40 Hz

25.0 mm/s

10.0 mm/mV

A- H- S- 50Hz HR 46

MAC55-009C

0

BHAWANI, GOUR
ID: 000075363

16-Sep-2023
10:42:38

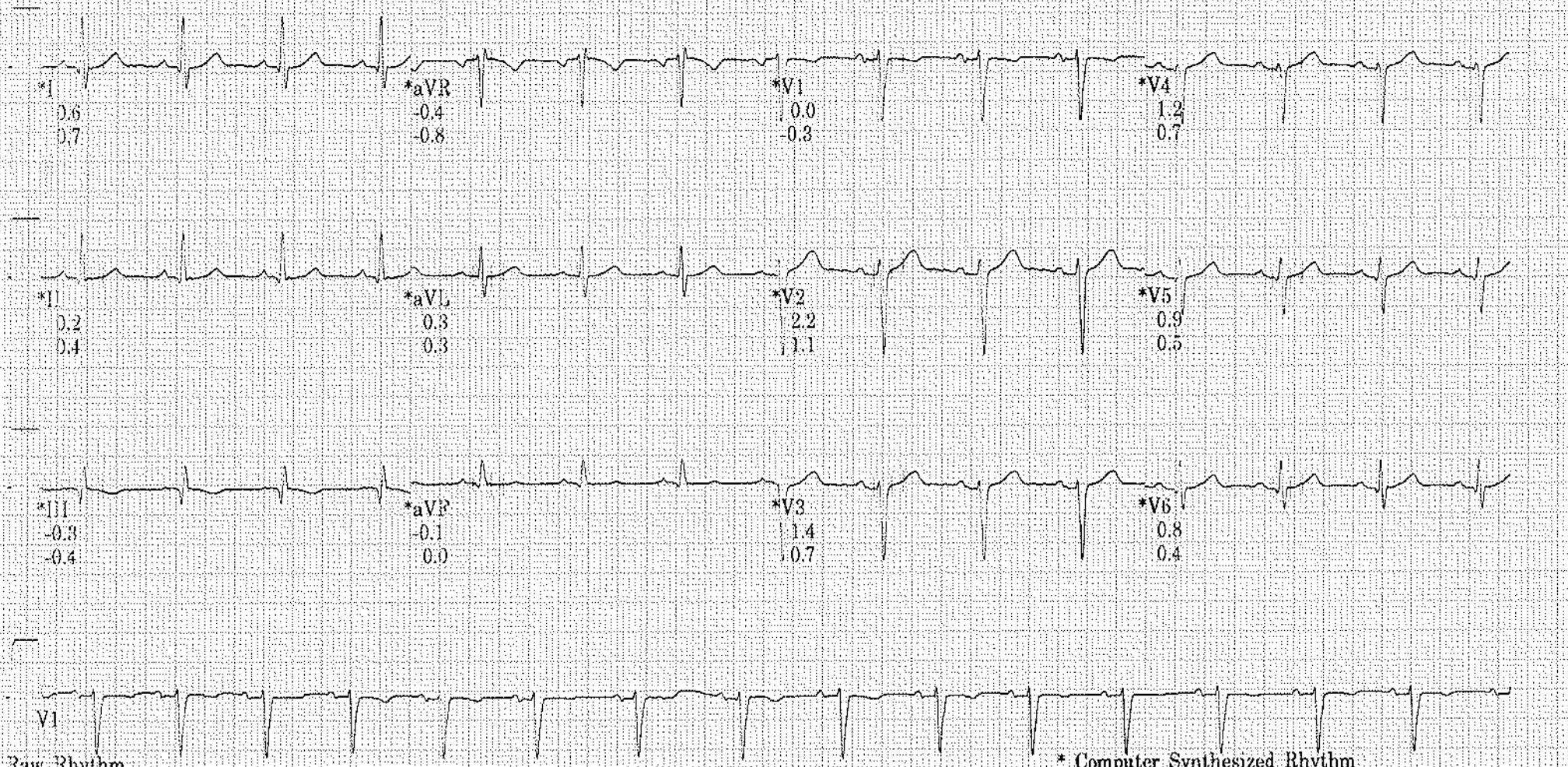
88bpm
BP: 130/80

PRETEST
STANDING
1:09

BRUCE
**.*mph
**.*%

ST @ 10mm/mV
80ms post J

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

BHAWANI, GOUR

ID: 000075363

16-Sep-2023

10:42:51

87bpm

BP: 130/80

PRETEST
HYPERVENT

1:21

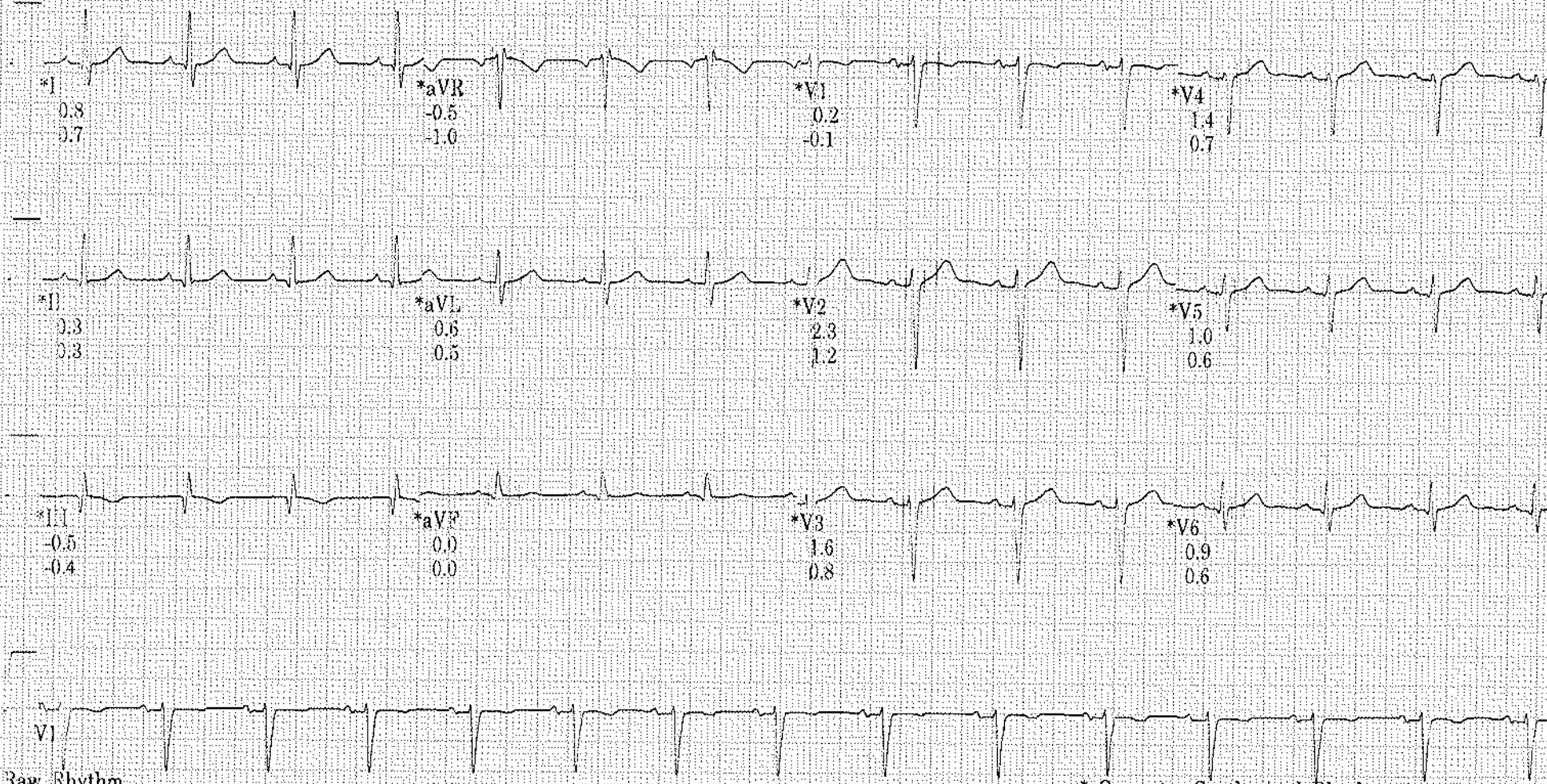
BRUCE

** *mph

** *%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

BHAWANI, GOUR

D: 000075363

16-Sep-2023

10:49:02

132bpm

BP: 140/80

ST @ 10mm/mV
80ms postJ

EXERCISE

STAGE 2

5.51

BRUCE

2.5mph

12.0%

Lead
ST(mm)
Slope(mV/s)

*I	*aVR	*V1	*V4
1.0	-0.3	0.0	2.5
0.7	-0.3	-1.3	1.2

*II	*aVL	*V2	*V5
0.9	0.5	2.9	2.1
0.5	0.5	1.6	1.1

*III	*aVF	*V3	*V6
0.0	0.0	2.2	1.7
-0.2	0.0	1.1	0.9

V1

Raw Rhythm

* Computer Synthesized Rhythm

40 Hz

25.0 mm/s

10.0 mm/mV

A- H- S- 50Hz HR 46

MAC55-009C

0

BHAWANI, GOUR

ID: 000075363

16-Sep-2023

10:52:02

144bpm

BP: 150/80

ST @ 10mm/mV
80ms postJ

EXERCISE

STAGE 3

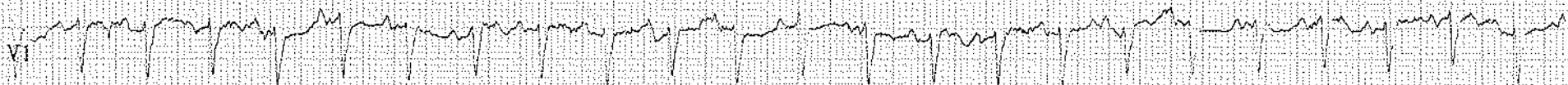
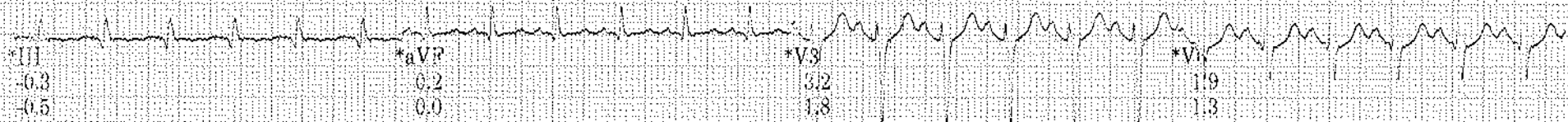
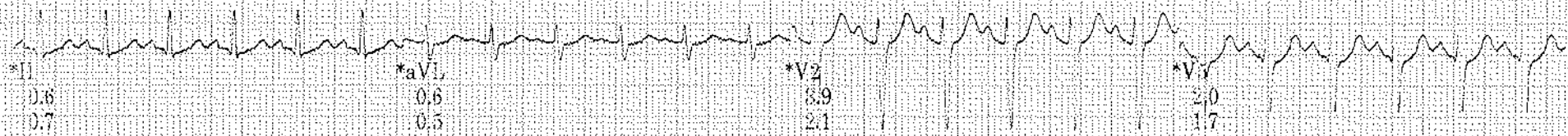
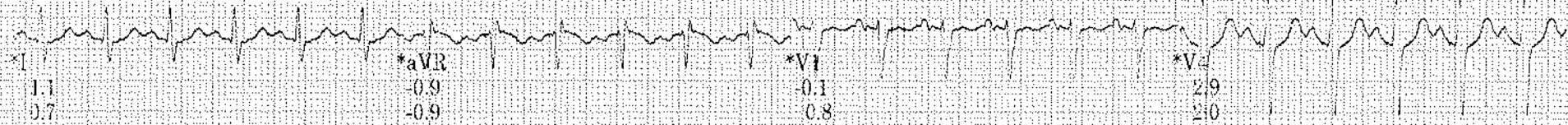
8:51

BRUCE

3.4mph

14.0%

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

BHAWANI, GOUR
ID: 000075363

16-Sep-2023
10:52:18

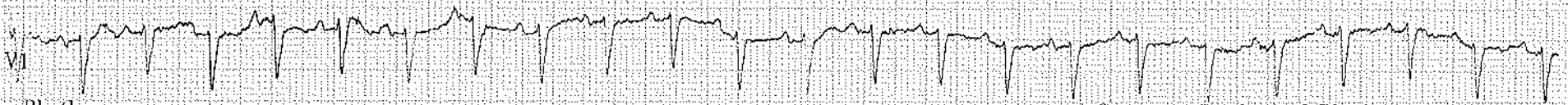
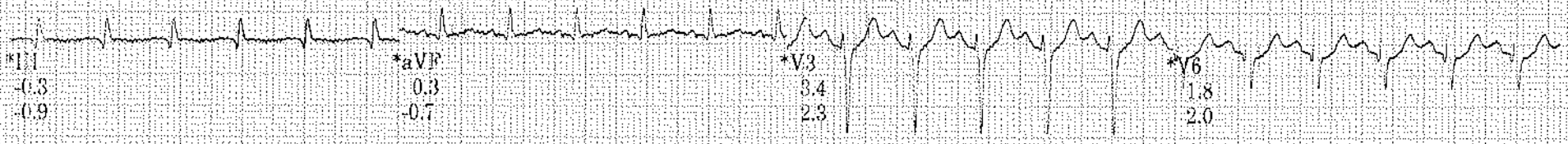
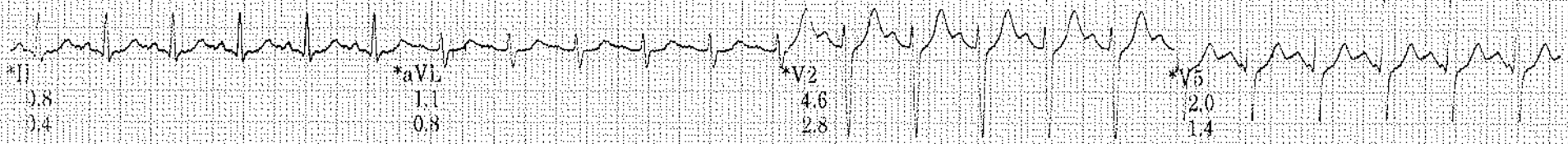
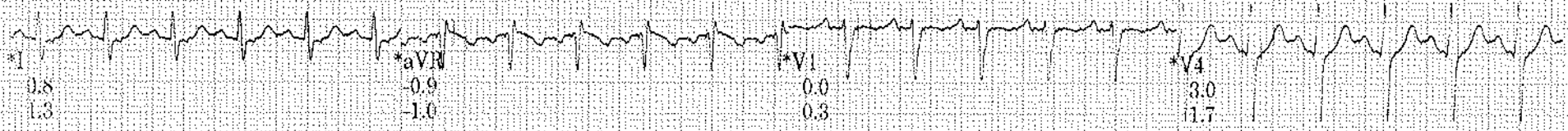
138bpm
BP: 150/80

EXERCISE
STAGE 4
9:06

BRUCE
***mph
***%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



BHAWANI, GOUR

ID: 000075363

16-Sep-2023

10:53:03

120bpm

BP: 150/80

RECOVERY

Post

0:45

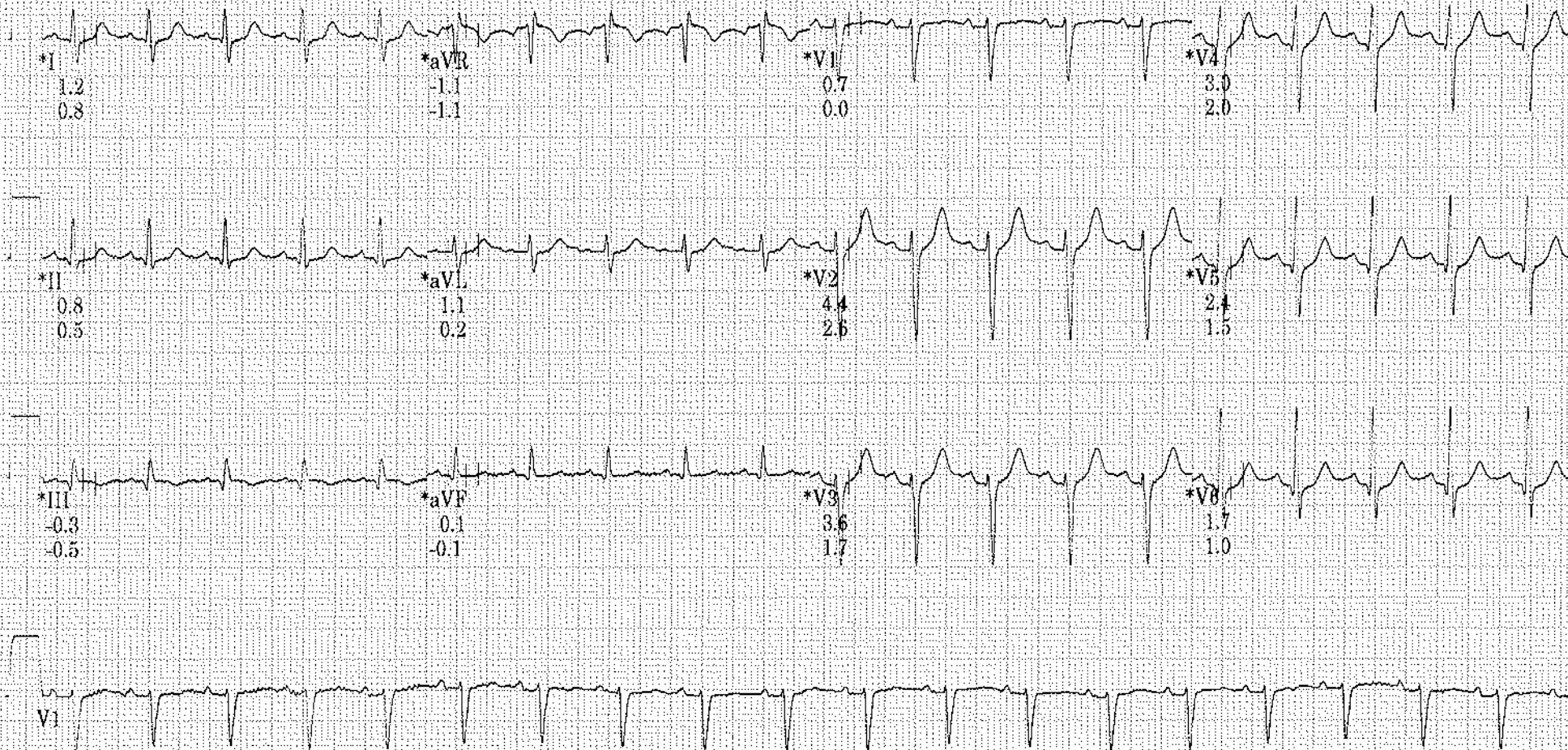
BRUCE

** *mph

** *%

ST @ 10mm/mV
80ms postJ

Lead
ST(mm)
Slope(mV/s)



Raw Rhythm

* Computer Synthesized Rhythm

BHAWANI, GOUR

D: 000075363

16-Sep-2023

10:53:18

113bpm

BP: 130/80

ST @ 10mm/mV

80ms postJ

RECOVERY

Post

1:00

BRUCE

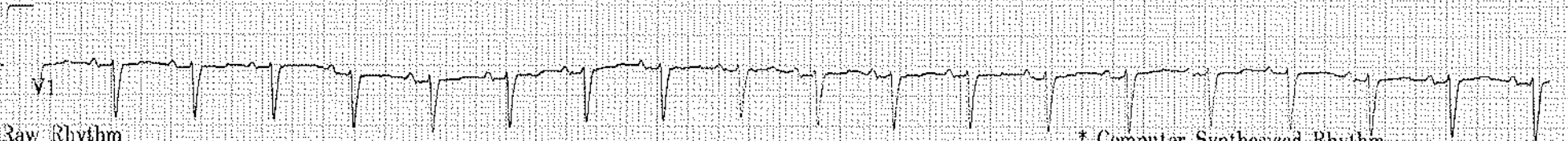
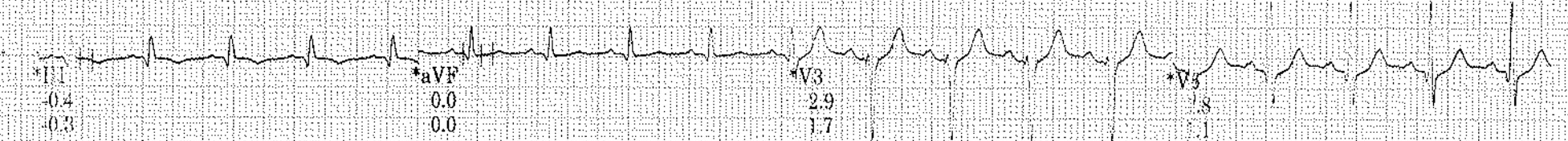
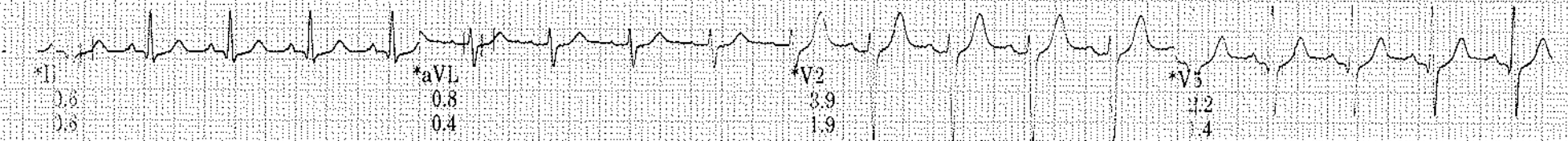
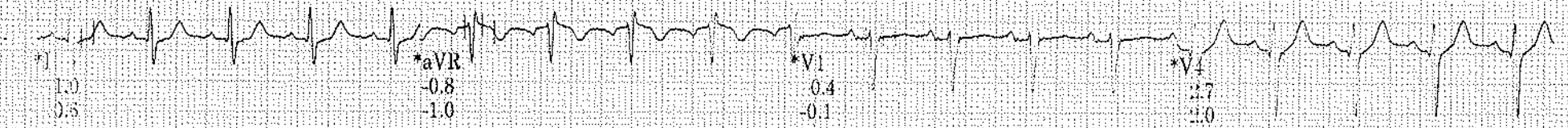
** *mph

** *%

Lead

ST(mm)

Slope(mV/s)



* Computer Synthesized Rhythm

GRADED EXERCISE SUMMARY

BHAWANI, GOUR

ID: 000075363

16-Sep-2023 42years

10:41:30 166cm

Meds: NO

Asian

66kg

Male

BRUCE

Max HR: 143bpm 80% of max predicted 178bpm

Max BP: 150/80

Reason for Termination:

Comments: GOOD EXERCISE TOLERANCE

Total Exercise time: 9:06

Maximum workload: 10.1METS

25.0 mm/s

10.0 mm/mV

100hz

Referred by: HEALTH METER

Test ind:

BASELINE

EXERCISE STAGE 1
0:00 1.1METS

90bpm ST @ 10mm/mV
BP: 130/80 80ms postJ

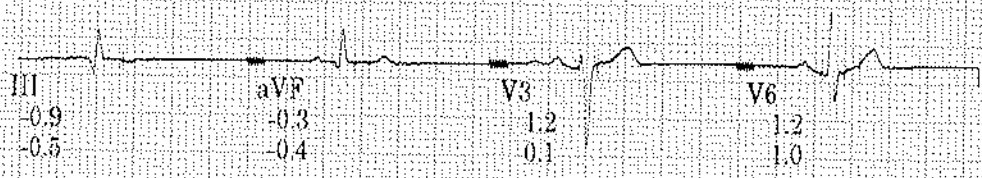
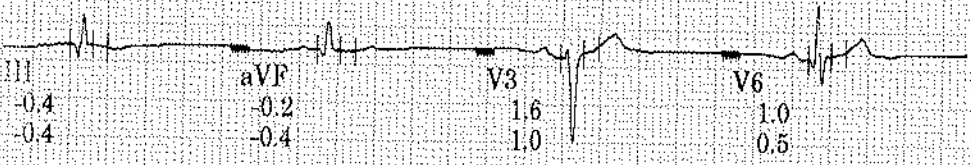
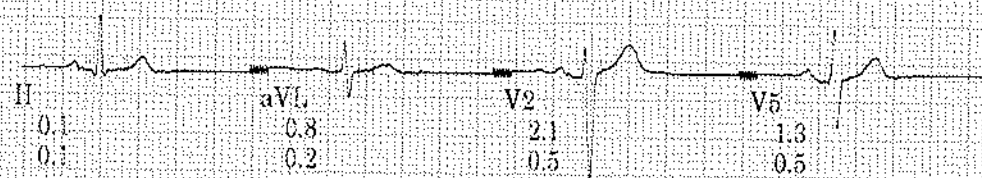
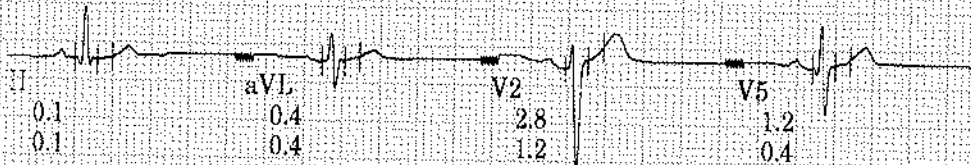
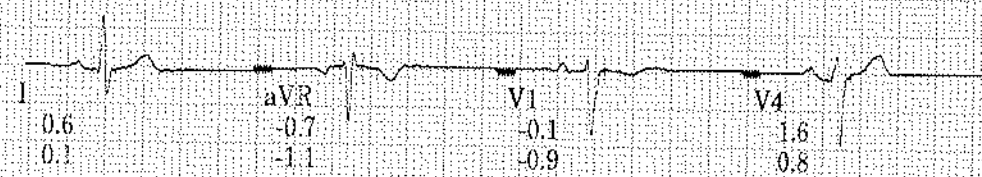
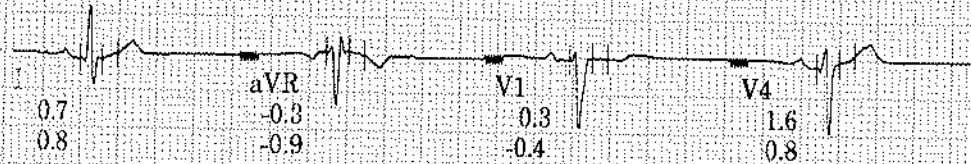
Lead
ST(mm)
Slope(mV/s)

MAX ST

EXERCISE STAGE 1
0:30 1.9METS

97bpm ST @ 10mm/mV
BP: 130/80 80ms postJ

Lead
ST(mm)
Slope(mV/s)



MEDICAL EXAMINATION REPORT

Name Bhawani Gaur Gender M / F Date of Birth 01/07/1987
Position Selected For Identification marks

A. HISTORY:

1. Do you have, or are you being treated for, any of the following conditions? (please tick all that apply)?

- | | | |
|---|--|---|
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Cancer | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Depression/ bipolar disorder | <input type="checkbox"/> High Cholesterol |
| <input type="checkbox"/> Asthama, Bronchitis, Emphysema | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Migraine Headaches |
| <input type="checkbox"/> Back or spinal problems | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Sinusitis or Allergic Rhinitis (Hay Fever) |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Any other serious problem for which you are receiving medical attention | |

2. List the medications taken Regularly.

ENO, DISPRIN, PRACISOLOL

3. List allergies to any known medications or chemicals

4. Alcohol : Yes No Occasional

5. Smoking : Yes No Quit (more than 3 years)

6. Respiratory Function :

- a. Do you become unusually short of breath while walking fast or taking stair - case? Yes No
- b. Do you usually cough a lot first thing in morning? Yes No
- c. Have you vomited or coughed out blood? Yes No

7. Cardiovascular Function & Physical Activity :

- a. Exercise Type: (Select 1)
- No Activity
 - Very Light Activity (Seated At Desk, Standing)
 - Light Activity (Walking on level surface, house cleaning)
 - Moderate Activity (Brisk walking, dancing, weeding)

Vigorous Activity (Soccer, Running)

b. Exercise Frequency: Regular (less than 3 days/ week) / Irregular (more than 3 days/ Week)

c. Do you feel pain in chest when engaging in physical activity? Yes No

8. Hearing :

- a. Do you have history of hearing troubles? Yes No
- b. Do you experiences ringing in your ears? Yes No
- c. Do you experience discharge from your ears? Yes No
- d. Have you ever been diagnosed with industrial deafness? Yes No

9. Musculo - Skeletal History

- a. Neck : Have you ever injured or experienced pain? Yes No
- b. Back : If Yes ; approximate date (MM/YYYY)
- c. Shoulder, Elbow, Wrists, Hands : Consulted a medical professional ? Yes No
- d. Hips, Knees, Ankles, Legs : Resulted in time of work? Yes No
- Surgery Required ? Yes No
- Ongoing Problems ? Yes No

10. Function History

- a. Do you have pain or discomfort when lifting or handling heavy objects? Yes No
- b. Do you have knee pain when squatting or kneeling? Yes No
- c. Do you have back pain when forwarding or twisting? Yes No
- d. Do you have pain or difficulty when lifting objects above your shoulder height? Yes No
- e. Do you have pain when doing any of the following for prolonged periods (Please circle appropriate response)
 - Walking : Yes No
 - Kneeling : Yes No
 - Squatting : Yes No
 - Climbing : Yes No
 - Sitting : Yes No
 - Standing : Yes No
 - Bending : Yes No
- f. Do you have pain when working with hand tools? Yes No
- g. Do you experience any difficulty operating machinery? Yes No
- h. Do you have difficulty operating computer instrument? Yes No

B. CLINICAL EXAMINATION :

a. Height	<input type="text" value="167"/>	b. Weight	<input type="text" value="66.5"/>	Blood Pressure	<input type="text" value="130/80 mmhg"/>
Chest measurements:	a. Normal <input type="text"/>	b. Expanded	<input type="text"/>		
Waist Circumference	<input type="text" value="88"/>	Ear, Nose & Throat	<input type="text" value="N"/>		
Skin	<input type="text" value="No rashes"/>	Respiratory System	<input type="text" value="NAD"/>		
Vision	<input type="text"/>	Nervous System	<input type="text" value="NAD"/>		
Circulatory System	<input type="text" value="Slight red. Normon"/>	Genito-urinary System	<input type="text" value="NAD"/>		
Gastro-intestinal System	<input type="text" value="NAD"/>	Colour Vision	<input type="text"/>		

Discuss Particular of Section B -

C. REMARKS OF PATHOLOGICAL TESTS :

Chest X-ray	<input type="text" value="NAD"/>	ECG	<input type="text" value="wm"/>
Complete Blood Count	<input type="text" value="wm"/>	Urine routine	<input type="text" value="wm"/>
Serum cholesterol	<input type="text" value="wm"/>	Blood sugar	<input type="text" value="84"/>
Blood Group	<input type="text" value="O+ve"/>	S.Creatinine	<input type="text" value="0.97"/>

D. CONCLUSION :


Any further investigations required	<input type="text" value="No"/>	Any precautions suggested	<input type="text" value="No"/>
-------------------------------------	---------------------------------	---------------------------	---------------------------------

E. FITNESS CERTIFICATION

Certified that the above named recruit does not appear to be suffering from any disease communicable or otherwise, constitutional weakness or bodily infirmity except _____
 _____ . I do not consider this as disqualification for employment in the Company. S

Candidate is free from Contagious/Communicable disease

Date : 16/09/2022


APOLLO CLINIC ALINDH
 Dr. Srinivas Chinnath
 Signature of Medical Adviser
 MBBS
 General Physician
 Reg. No. 2020/11/5537

Eye Examination Report

Candidate Name: Bhawani Gaur

Age/ Gender: 42 yr / male

Date: 16/09/23

This is to certify that I have examined Mr. /Ms. Bhawani Gaur hereby, his/her visual standards are as follows :

Without Glasses		With Glasses		Color Vision (Normal/Defective)
R	L	R VA 6/6 E glass N/G	L VA 6/6 E glass	(N)

Doctor Signature:

Doctor Stamp

Patient Name : Mr.BHAWANI GOUR	Collected : 16/Sep/2023 08:17AM
Age/Gender : 42 Y 2 M 15 D/M	Received : 16/Sep/2023 01:16PM
UHID/MR No : CAUN.0000075363	Reported : 16/Sep/2023 02:44PM
Visit ID : CAUNOPV159820	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : HEALTH METER SERVICES PRIVATE L
Emp/Auth/TPA ID : ajwpg9839n	IMITED

DEPARTMENT OF BIOCHEMISTRY

HEALTH METER SERVICES - HSPL 1058 PMC - PAN INDIA - FY2223

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	84	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	129	mg/dL	70-140	HEXOKINASE
--	-----	-------	--------	------------

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

Patient Name : Mr.BHAWANI GOUR	Collected : 16/Sep/2023 08:17AM
Age/Gender : 42 Y 2 M 15 D/M	Received : 16/Sep/2023 01:16PM
UHID/MR No : CAUN.0000075363	Reported : 16/Sep/2023 02:44PM
Visit ID : CAUNOPV159820	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : HEALTH METER SERVICES PRIVATE LIMITED
Emp/Auth/TPA ID : ajwpg9839n	

DEPARTMENT OF BIOCHEMISTRY

HEALTH METER SERVICES - HSPL 1058 PMC - PAN INDIA - FY2223

Test Name	Result	Unit	Bio. Ref. Range	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	28.29	U/L	<50	IFCC

Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

BILIRUBIN (TOTAL/DIRECT/INDIRECT) - SERUM, SERUM

Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL	1.55	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.37	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	1.18	mg/dL	0.0-1.1	Dual Wavelength



Patient Name : Mr.BHAWANI GOUR	Collected : 16/Sep/2023 08:17AM
Age/Gender : 42 Y 2 M 15 D/M	Received : 16/Sep/2023 01:16PM
UHID/MR No : CAUN.0000075363	Reported : 16/Sep/2023 02:40PM
Visit ID : CAUNOPV159820	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : HEALTH METER SERVICES PRIVATE L
Emp/Auth/TPA ID : ajwpg9839n	IMITED

DEPARTMENT OF BIOCHEMISTRY

HEALTH METER SERVICES - HSPL 1058 PMC - PAN INDIA - FY2223

Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL CHOLESTEROL , SERUM	124	mg/dL	<200	CHO-POD
CREATININE , SERUM	0.77	mg/dL	0.72 – 1.18	Modified Jaffe, Kinetic
TRIGLYCERIDES , SERUM	83	mg/dL	<150	GPO-POD

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report..

Classification	Conventional Unit (mg/dL)
Normal	< 150
Borderline High	150 - 199
High	200 - 499
Very High	≥ 500



SIN No:SE04483198

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

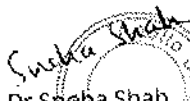
Patient Name : Mr.BHAWANI GOUR	Collected : 16/Sep/2023 09:44AM
Age/Gender : 42 Y 2 M 15 D/M	Received : 16/Sep/2023 01:34PM
UHID/MR No : CAUN.0000075363	Reported : 16/Sep/2023 02:08PM
Visit ID : CAUNOPV159820	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : HEALTH METER SERVICES PRIVATE LIMITED
Emp/Auth/TPA ID : ajwpg9839n	


DEPARTMENT OF CLINICAL PATHOLOGY

HEALTH METER SERVICES - HSPL 1058 PMC - PAN INDIA - FY2223

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	<5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

*** End Of Report ***


 Dr Sneha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist


 DR. Sanjay Ingle
 M.B.B.S.M.D(Pathology)
 Consultant Pathologist



SIN No:UR2185596

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name : Mr. BHAWANI GOUR
UHID : CAUN.0000075363
Reported on : 16-09-2023 15:29
Adm/Consult Doctor :

Age : 42 Y M
OP Visit No : CAUNOPV159820
Printed on : 16-09-2023 15:30
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

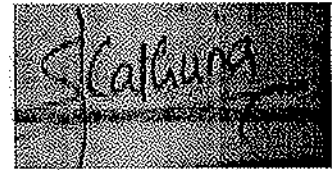
No evidence of any focal lesion.
Trachea is central in position.
Costophrenic angles are clear.
Cardio thoracic ratio is normal.
Cardiac silhouette is well maintained.
Mediastinal and hilar regions are normal.
Both diaphragmatic domes are well visualized and normal.
Visualized skeleton and soft tissues around thoracic cage appear normal.

COMMENT: No significant abnormality seen.

Please correlate clinically.

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---End of the Report---



Dr. SUHAS SANJEEV KATHURIA
MBBS,DMRE, RADIOLOGY
Radiology

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APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient Name : Bhawani Gowd
 AGE/Sex : 42/M

Date : 16.09.23
 UHID/ MR NO : 075363

	RIGHT EYE	LEFT EYE
FAR VISION	\overline{C} 6/6 VA	\overline{C} 6/6 VA
NEAR VISION	\overline{C} N/6 Cross	\overline{C} N/6 Cross
ANTERIOR SEGMENT PUPIL	MD	MD
COLOUR VISION	(N)	(N)
FAMILY / MEDICAL HISTORY	_____	_____

Impression: WNL

Optometrist:-
Mr. Ritesh Sutnase

Date : 16-09-2023
MR NO : CAUN.0000075363

Department : GENERAL
Doctor :

Name : Mr. BHAWANI GOUR

Registration No :

Age/ Gender : 42 Y / Male

Qualification :

Consultation Timing: 07:54

Height	166
Waight	66
BP	130/80
Pulse	82
Waist	88
Hip	99

Skin - no rashes
SIS - NAD
- 10-15 yrs back

Spine -
Jts -
Meds -
Sx -
Epilepsy -
NAD