



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. SUSHIL KUMAR

Visit Date & Time 11/03/2023 09:41:11

PATIENT ID 11229173

Sample Accepted : 11/03/2023 14:47:13

Age 45 Sex Male

Test Authenticated at : 11/03/2023 17:29:38

Ref. By

| Test Name | Value | Status | Unit | Biological Ref Interval |
|---|-------------|----------|----------------------|-------------------------|
| HAEMOGLOBIN (HB) | 16.0 | | gm % | 11.0 - 16.0 |
| RBC Count | 5.48 | | X10 ⁶ /UL | 3.50 - 5.50 |
| PCV | 47.9 | | % | 36.0 - 48.0 |
| MEAN CORP. VOLUME (MCV) | 82.0 | | fL | 80.0 - 99.0 |
| MEAN CORP. HB (MCH) | 31.0 | | pg | 27.0 - 32.0 |
| MEAN CORP. HB CON. (MCHC) | 34.4 | | g/dL | 32.0 - 36.0 |
| RDW-CV | 12.6 | | % | 11.0 - 16.0 |
| RDW-SD | 45.3 | | fl | 35.0 - 56.0 |
| TLC Count | 5.50 | | /cmm | 4.00 - 11.00 |
| Differential Leucocyte Count (DLC) | | | | |
| POLYMORPH | 67 | | % | 45 - 75 |
| LYMPHOCYTE | 24 | | % | 20 - 45 |
| EOSINOPHIL | 03 | | % | 01 - 06 |
| MONOCYTE | 06 | | % | 01 - 10 |
| BASOPHIL | 00 | | % | 00 - 01 |
| TOTAL PLATELET COUNT | 137 | L | x10 ³ /uL | 150 - 450 |
| MPV | 14.4 | H | | 7.4 - 10.4 |
| PDW | 16.6 | | % | 10.0 - 17.0 |
| PCT | 0.2 | | % | 0.1 - 0.3 |
| P-LCR | 57.6 | H | % | 11.0 - 45.0 |
| P-LCC | 79.0 | | | 30.0 - 90.0 |
| ESR | 9 | | mm/1st hr. | 0 - 20 |
| Blood Group (ABORH) | 'B' | POSITIVE | | |




DR. NARENDRA MOGRA
RMC NO5394

Helpline : 9352 108 108

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LIPID PROFILE

| | | | | |
|-------------------------------|--------|---|-------|----------------|
| CHOLESTEROL TOTAL | 245.00 | H | mg/dl | <200.00 |
| TRIGLYCERIDES | 139.63 | | mg/dl | 0.00 - 200.00 |
| HDL CHOLESTEROL | 51.42 | | mg/dl | 30.00 - 65.00 |
| LDL CHOLESTROL | 166.00 | H | mg/dl | 35.00 - 100.00 |
| VLDL CHOLESTEROL | 28.00 | | mg/dl | 12.00 - 35.00 |
| CHOLESTEROL TOTAL / HDL RATIO | 4.76 | | | 0.00 - 4.90 |
| CHOLESTEROL LDL / HDL RATIO | 3.23 | | | 0.00 - 5.00 |



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|-----------|-------|--------|------|-------------------------|
|-----------|-------|--------|------|-------------------------|

RENAL FUNCTION TEST

| | | | | |
|------------|------|--|-------|-------------|
| UREA | 29.1 | | mg/dl | 15.0 - 45.0 |
| CREATININE | 0.91 | | mg/dl | 0.50 - 1.30 |
| URIC ACID | 3.20 | | mg/dl | 2.60 - 7.20 |



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Ref. By

Test Name

Value

Status

Unit

Biological Ref Interval

LIVER FUNCTION TEST (LFT)

| | | | | |
|----------------------|--------|---|-------|----------------|
| BILIRUBIN-TOTAL | 1.72 | H | mg/dl | 0.20 - 1.20 |
| BILIRUBIN-DIRECT | 0.51 | H | mg/dl | 0.00 - 0.25 |
| BILIRUBIN-INDIRECT | 1.21 | H | mg/dl | 0.10 - 0.40 |
| SGOT-AST | 38.26 | H | U/L | 0.00 - 35.00 |
| SGPT-ALT | 74.69 | H | U/L | 0.00 - 45.00 |
| ALKALINE PHOSPHATASE | 101.00 | | IU/L | 35.00 - 129.00 |
| PROTIEN-TOTAL | 7.12 | | gm/dl | 6.00 - 8.50 |
| ALBUMIN | 4.23 | | gm/dl | 3.50 - 5.20 |
| GLOBULIN | 2.89 | | gm/dl | 2.50 - 4.00 |
| A:G RATIO | 1.46 | | | 1.10 - 2.20 |



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BIOCHEMISTRY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|-----------------------|-------|--------|-------|-------------------------|
| BLOOD SUGAR (FASTING) | 97.1 | | mg/dl | 60.0 - 110.0 |
| BLOOD SUGAR (PP) | 102.4 | L | mg/dl | 110.0 - 140.0 |
| CREATININE | 0.91 | | mg/dl | 0.50 - 1.30 |
| BUN | 13.50 | | mg/dl | 7.00 - 22.00 |
| GAMMA GT | 39.0 | | U/L | 10.0 - 47.0 |



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BIOCHEMISTRY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|-----------|-------|--------|------|--|
| HBA1C | 5.41 | | % | Non Diabetic <6.0 % Excellent control 6 -7 % Good Control 7 -8 % Fair Control 8 -9 % Poor Control >9 % |

| Average Blood Glucose (mg/dl) | Glycosalated Hemoglobin (% A1 C) |
|-------------------------------|----------------------------------|
| 360 | 14 |
| 330 | 13 |
| 300 | 12 |
| 240 | 11 |
| 240 | 10 |
| 210 | 9 |
| 180 | 8 |
| 150 | 7 |
| 120 | 6 |
| 90 | 5 |



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IMMUNOLOGY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|-----------|-------|--------|------------|-------------------------|
| T3 | 1.14 | | ng/ml | 0.87 - 1.78 |
| T4 | 8.70 | | ug/dl | 4.82 - 15.65 |
| TSH | 6.043 | H | micro U/ml | 0.340 - 5.600 |

TSH levels may be affected by acute illness and drugs like dopamine and gluco corticoids.

Low or undetectable TSH is suggestive of Grave's disease

TSH between 5.5 to 15.0 with normal T3,T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3,T4 with slightly low TSH suggests subclinical hyperthyroidism

TSH suppression does not reflect severity of hyperthyroidism therefore, measurement of FT3,FT4 is important.

Free T3 is first hormone to increase in early hyperthyroidism.

Only TSH level can prove to be misleading in patients on treatment.

Therefore Free T3, Free T4 along with TSH should be checked.

During pregnancy clinically T3T4 can be high and TSH can be slightly low.



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CLINICAL PATHOLOGY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|-----------|-------|--------|------|-------------------------|
|-----------|-------|--------|------|-------------------------|

URINE EXAMINATION

PHYSICAL EXAMINATION

| | |
|------------------|-------------|
| QUANTITY | 20 |
| COLOUR | PALE YELLOW |
| SPECIFIC GRAVITY | QNS |
| APPEARANCE | CLEAR |
| DEPOSITS | NIL |
| PH | ACIDIC |

CHEMICAL EXAMINATION

| | |
|---------|-----|
| ALBUMIN | NIL |
| SUGAR | NIL |

MICROSCOPY EXAMINATION

| | | |
|-----------------------|------------|------|
| EPITHELIAL CELLS | OCCASIONAL | /HPF |
| PUS CELLS | 2-3 | /HPF |
| RBC'S | NIL | /HPF |
| CASTS | ABSENT | |
| CRYSTALS | ABSENT | |
| BACTERIA | NIL | |
| YEAST CELLS | NIL | |
| TRICHOMONAS VAGINALIS | NIL | |
| SPERMATOZOA | NIL | |
| OTHERS | NIL | |



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CLINICAL PATHOLOGY

| Test Name | Value | Status | Unit | Biological Ref Interval |
|-------------|-------|--------|------|-------------------------|
| URINE SUGAR | NIL | | | |

*** End of Report ***



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279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg Date: 11-Mar-2023

NonCardiacPain Angina /Non-Hypercholestromia/Non-Diabetic/Negative Estrogen/Non-Athlete

| Stage | Time | Duration | Speed(mph) | Elevation | METS | Rate | %THR | BP | RPP | PVC | Comments |
|---------------|-------|----------|------------|-----------|------|------|------|--------|-----|-----|----------|
| Supine | 00:47 | 0:47 | 00.0 | 00.0 | 01.0 | 092 | 53% | 120/80 | 110 | 00 | |
| Standing | 01:20 | 0:33 | 00.0 | 00.0 | 01.0 | 098 | 56% | 120/80 | 117 | 00 | |
| HV | 01:55 | 0:35 | 00.0 | 00.0 | 01.0 | 128 | 73% | 120/80 | 153 | 00 | |
| ExStart | 02:04 | 0:09 | 00.0 | 00.0 | 01.0 | 130 | 74% | 120/80 | 156 | 00 | |
| BRUCE Stage 1 | 05:04 | 3:00 | 01.7 | 10.0 | 04.7 | 135 | 77% | 135/85 | 182 | 00 | |
| BRUCE Stage 2 | 08:04 | 3:00 | 02.5 | 12.0 | 07.1 | 153 | 87% | 140/90 | 214 | 00 | |
| PeakEx | 10:04 | 2:00 | 03.4 | 14.0 | 09.2 | 180 | 103% | 155/90 | 279 | 00 | |
| Recovery | 11:04 | 1:00 | 00.0 | 00.0 | 01.1 | 140 | 80% | 155/90 | 217 | 00 | |
| Recovery | 12:04 | 2:00 | 00.0 | 00.0 | 01.0 | 123 | 70% | 155/90 | 190 | 00 | |
| Recovery | 13:04 | 3:00 | 00.0 | 00.0 | 01.0 | 120 | 69% | 145/85 | 174 | 00 | |
| Recovery | 14:04 | 4:00 | 00.0 | 00.0 | 01.0 | 114 | 65% | 145/85 | 165 | 00 | |
| Recovery | 15:04 | 5:00 | 00.0 | 00.0 | 01.0 | 114 | 65% | 140/80 | 159 | 00 | |
| Recovery | 16:04 | 6:00 | 00.0 | 00.0 | 01.0 | 108 | 62% | 140/80 | 151 | 00 | |
| Recovery | 16:32 | 6:30 | 00.0 | 00.0 | 01.0 | 108 | 62% | 130/80 | 140 | 00 | |

FINDINGS :

Exercise Time : 08:00
 Max HR Attained : 180 bpm 103% of Target 175
 Max BP Attained : 155/90
 Max WorkLoad Attained : 9.2 Good response to induced stress
 Test Objective : RULED OUT IHD
 History : None
 Test End Reasons : Test Complete, Test Complete

REPORT :

stress test is Negative for exercise induced ischemia





279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 92

Date: 11-Mar-2023 11:45:58 AM

METS: 1.0/ 92 bpm 53% of THR

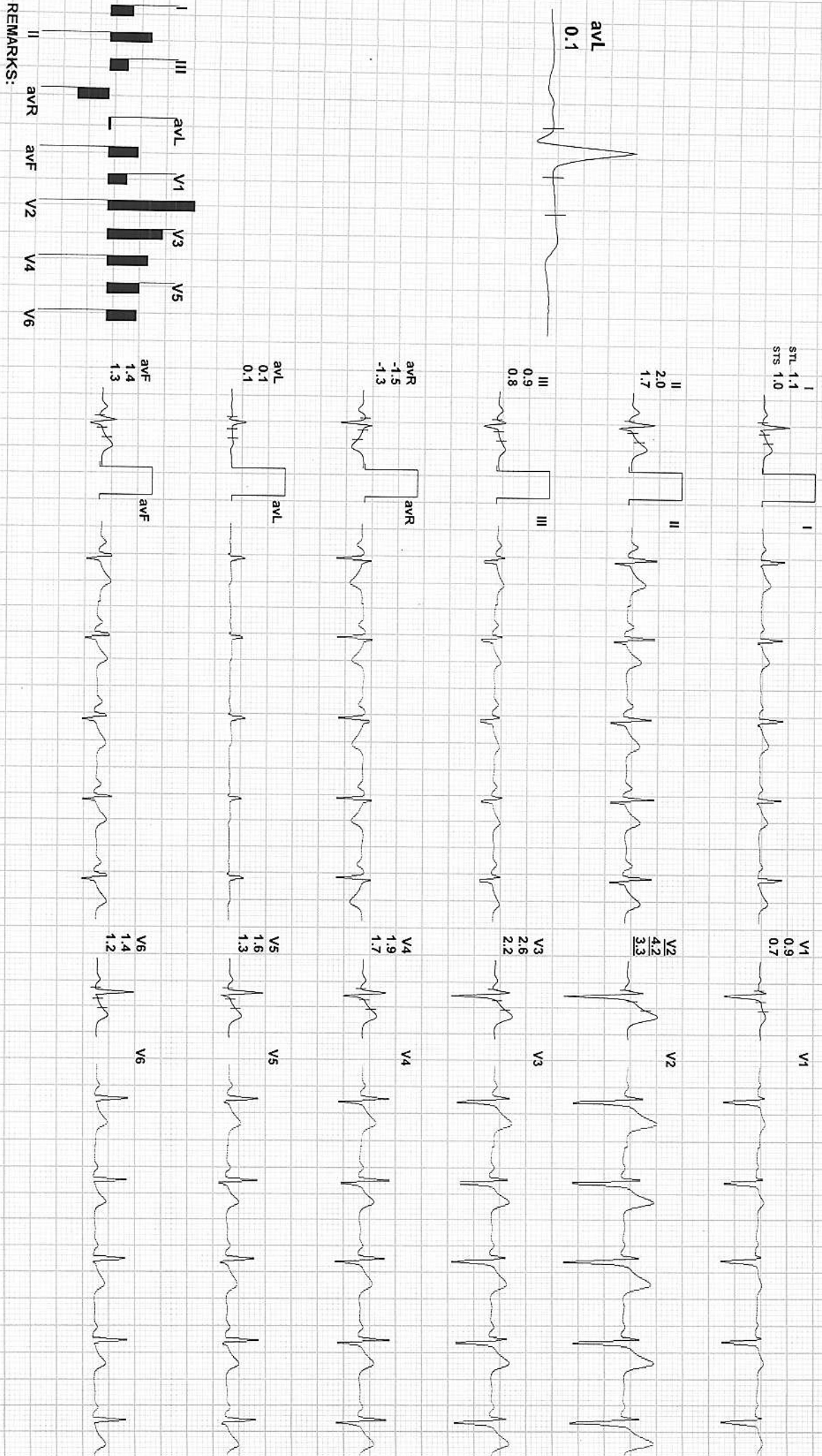
BP: 120/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 80 ms Post J

EXTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/mv

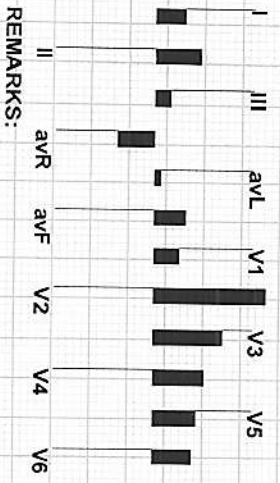
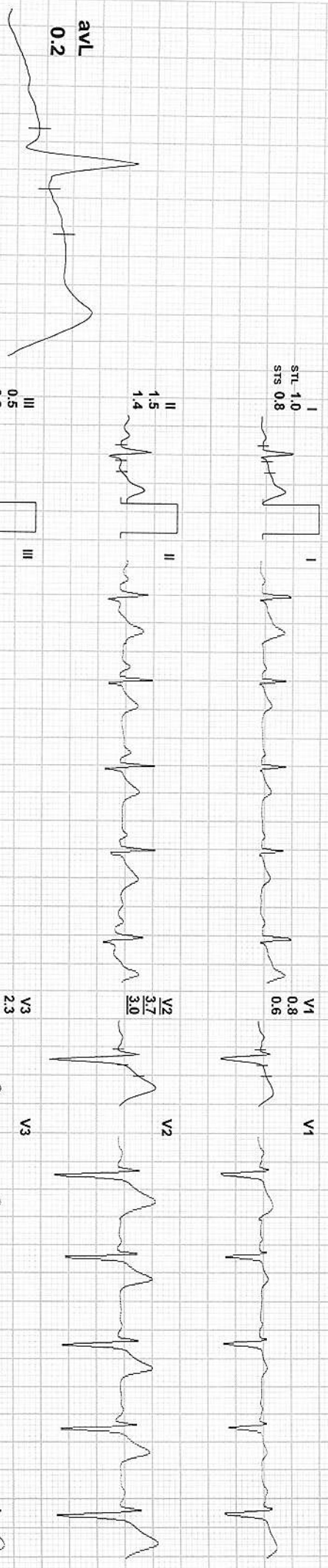


REMARKS:



279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 98

Date: 11-Mar-2023 11:45:58 AM METS: 1.0/ 98 bpm 56% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 80 ms Post J EXTime: 00:00 0.0 mph, 0.0%
 25 mm/Sec. 1.0 Cm/mV

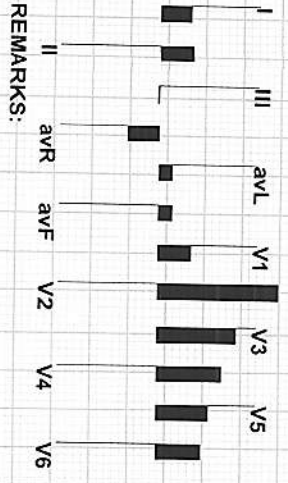
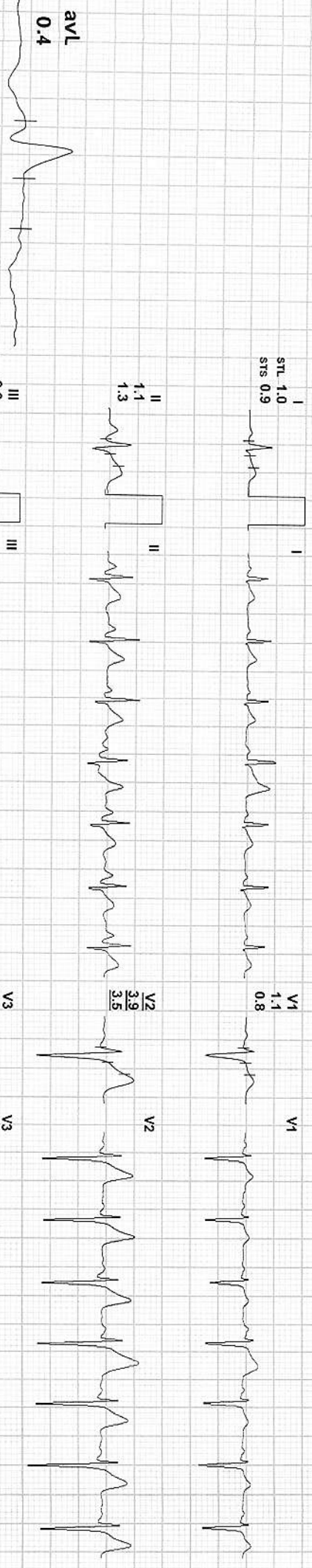


REMARKS:



279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 128

Date: 11-Mar-2023 11:45:58 AM METS: 1.0/ 128 bpm 73% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
4X 80 ms Post J EXTime: 00:00 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

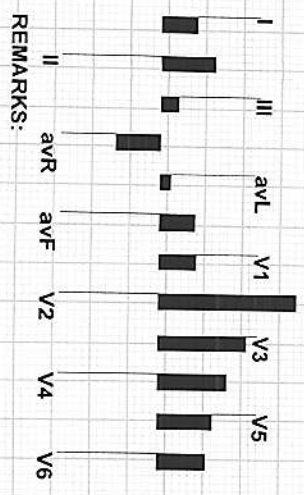
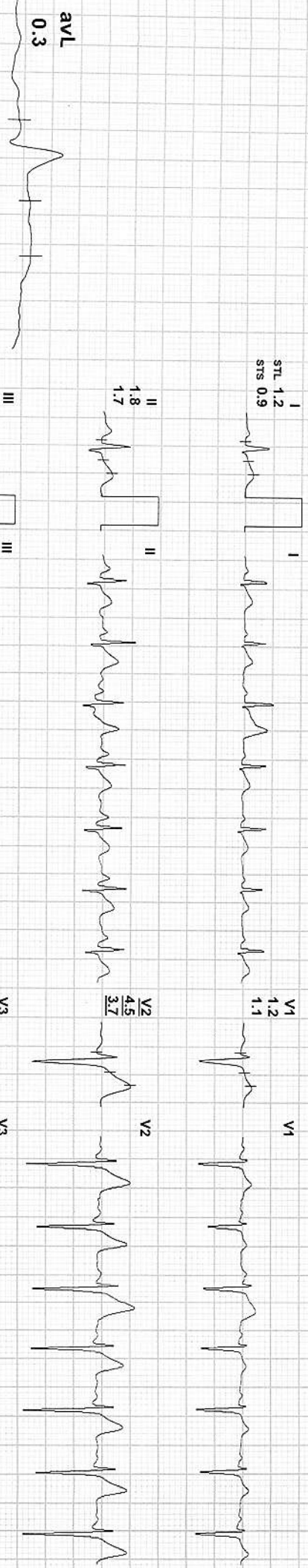


REMARKS:



279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 130

Date: 11-Mar-2023 11:45:58 AM METS: 1.0/ 130 bpm 74% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 H2LF 35 Hz
 4X 70 ms Post J
 ExtTime: 00:00 0.0 mph, 0.0%
 25 mm/Sec. 1.0 Cm/mV

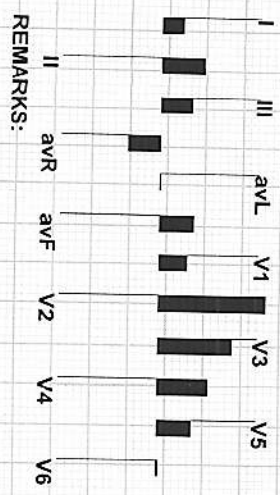
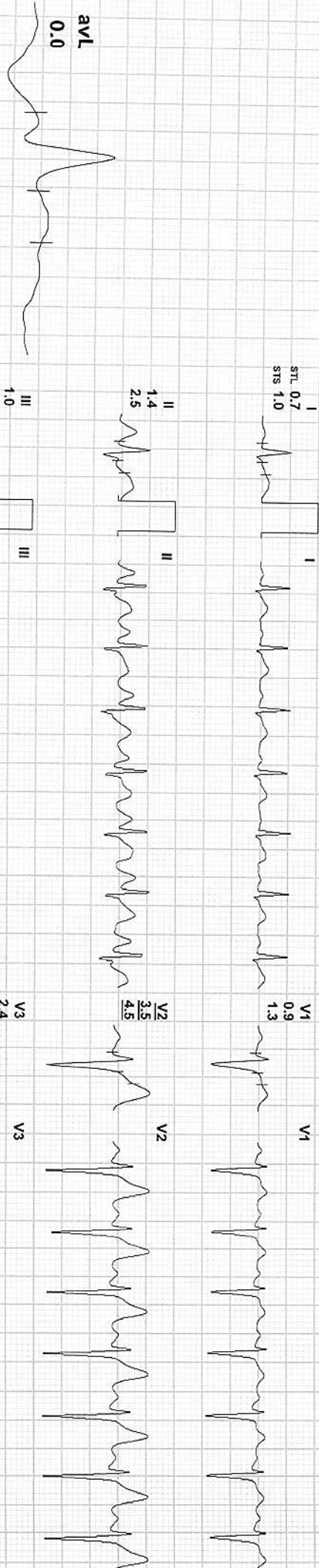


REMARKS:



279/SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 135

Date: 11-Mar-2023 11:45:58 AM METS: 4.7/ 135 bpm 77% of THR BP: 135/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 60 mS Post J EXTime: 03:00 1.7 mph, 10.0%
 25 mm/Sec: 1.0 Cm/mV



REMARKS:



279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 153

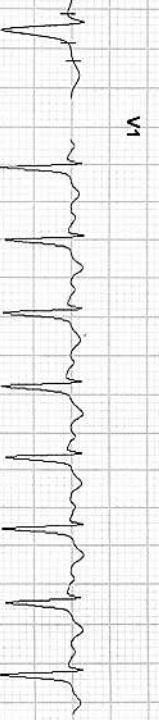
Date: 11-Mar-2023 11:45:58 AM METS: 7.1/ 153 bpm 87% of THR BP: 140/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 60 mS Post J EXTime: 06:00 2.5 mph, 12.0%
 25 mm/Sec. 1.0 Cm/mV



I
STL 0.5
STS 0.9



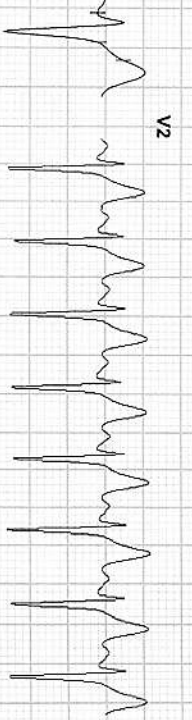
V1
1.0
1.5



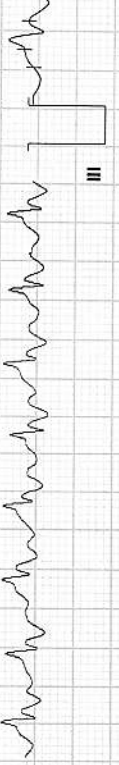
II
0.6
2.7



V2
3.1
4.9



III
0.0
1.7



V3
2.1
3.8



aVR
-0.5
-1.8



V4
1.2
2.7



aVL
0.3
-0.2



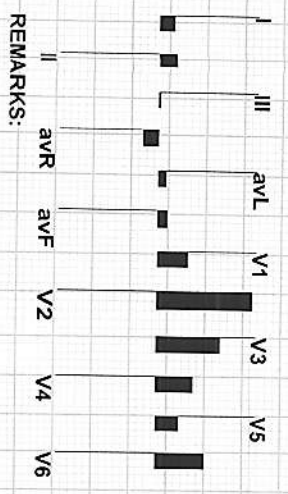
V5
0.8
2.1



aVF
0.3
2.2



V6
1.6
1.1



REMARKS:

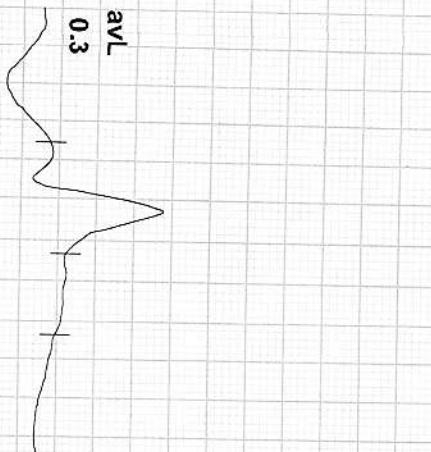


279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 180

Date: 11-Mar-2023 11:45:58 AM
 4X 60 ms Post J

METS: 9.2 / 180 bpm 103% of THR BP: 155/90 mmHg
 Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 08:01 3.4 mph, 14.0%
 25 mm/Sec. 1.0 Cm/mV



I
 STL 0.2
 STS 1.4
 V1 0.9
 V2 2.2

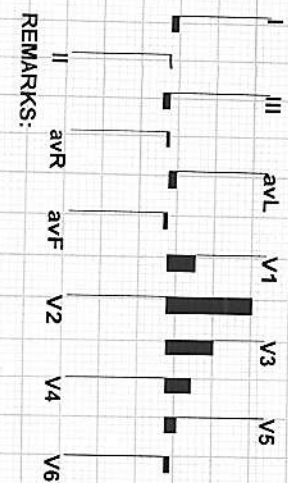
II -0.1
 2.9
 V2 2.8
 2.5

III -0.2
 1.7
 V3 1.6
 5.5

avR -0.1
 -2.2
 V4 0.9
 4.5

avL 0.3
 0.0
 V5 0.4
 3.3

avF -0.1
 2.4
 V6 0.2
 2.1



REMARKS:



279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 140

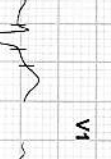
Date: 11-Mar-2023 11:45:58 AM METS: 1.1 / 140 bpm 80% of THR BP: 155/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 80 mS Post J ExtTime: 08:00 0.0 mph, 0.0%
 25 mm/Sec. 1.0 Cm/mV



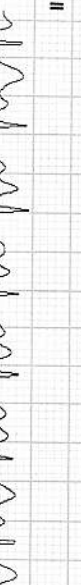
I
STL 1.1
STS 1.7



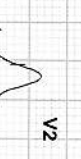
V1
1.6
2.1



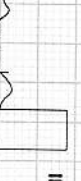
II
2.6
4.8



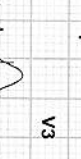
V2
5.4
2.8



III
1.5
3.1



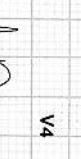
V3
3.8
5.8



aVR
-1.8
-3.2



V4
2.4
4.1



aVL
-0.2
-0.7



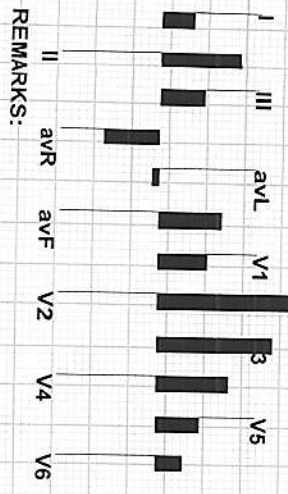
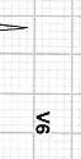
V5
1.4
2.9



avF
2.1
4.0



V6
0.9
1.8

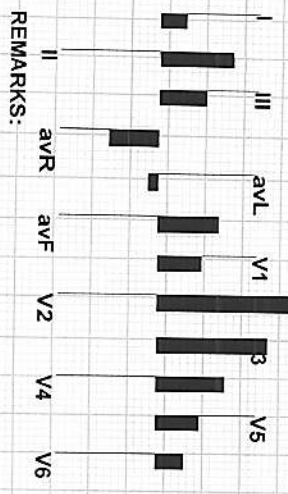
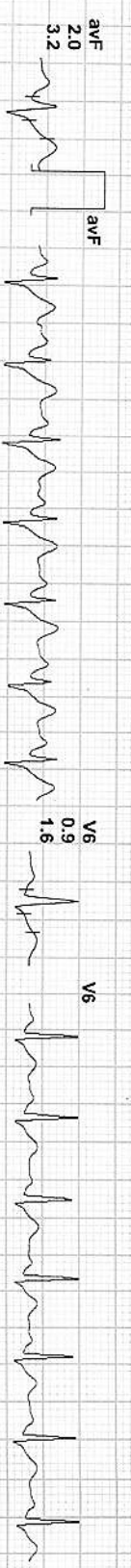
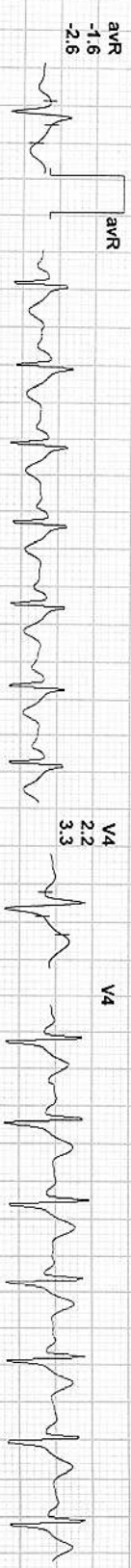
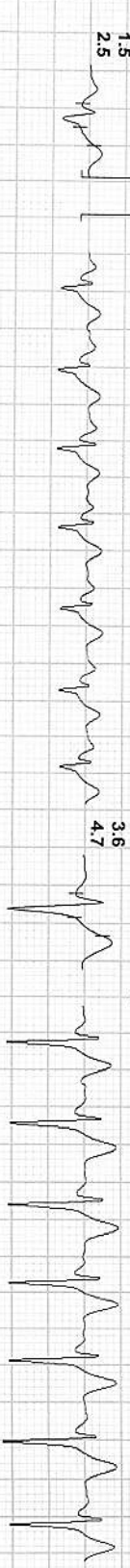
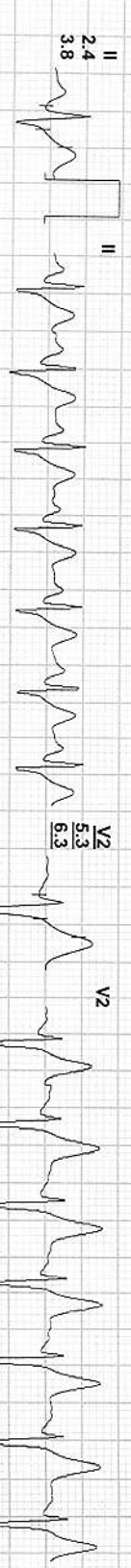
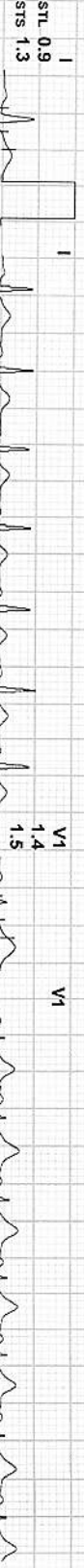
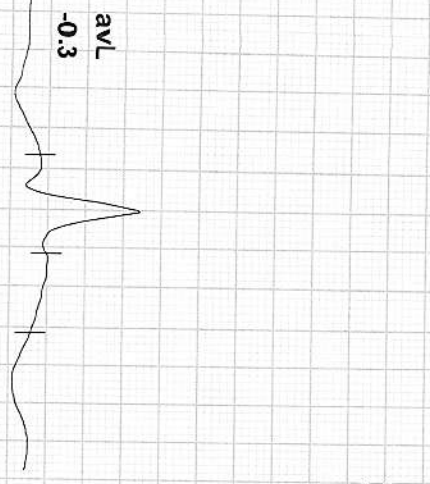


REMARKS:



279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 123

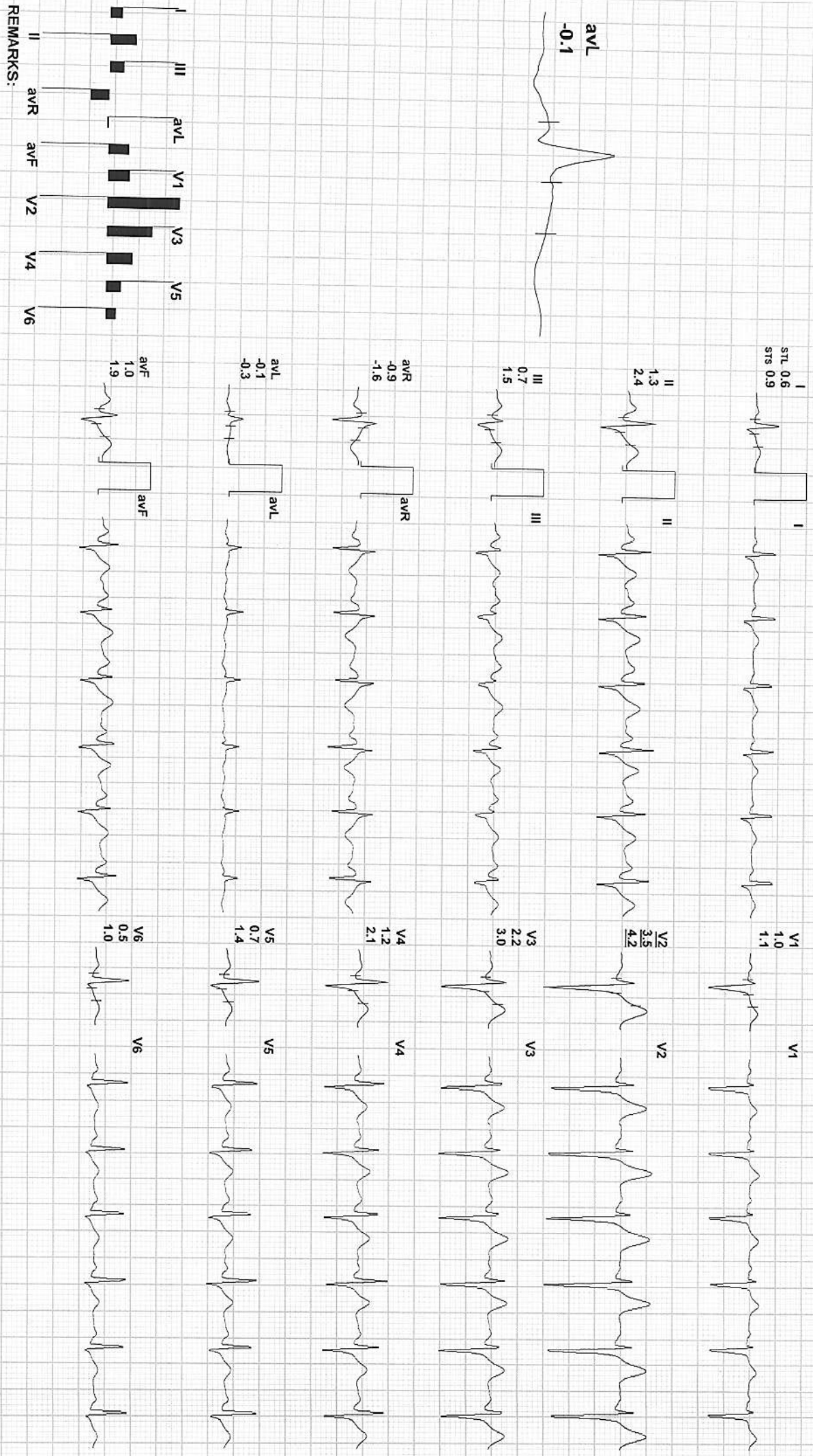
Date: 11-Mar-2023 11:45:58 AM METS: 1.0/ 123 bpm 70% of THR BP: 155/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 EXTime: 08:00 0.0 mph, 0.0%
 4X 80 mS Post J 25 mm/Sec. 1.0 Cm/mV





279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 120

Date: 11-Mar-2023 11:45:58 AM METS: 1.0/ 120 bpm 69% of THR BP: 145/85 mmHg
 4X 80 mS Post J
 Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz
 EXTime: 08:00 0.0 mph, 0.0%
 25 mm/Sec: 1.0 Cm/mV

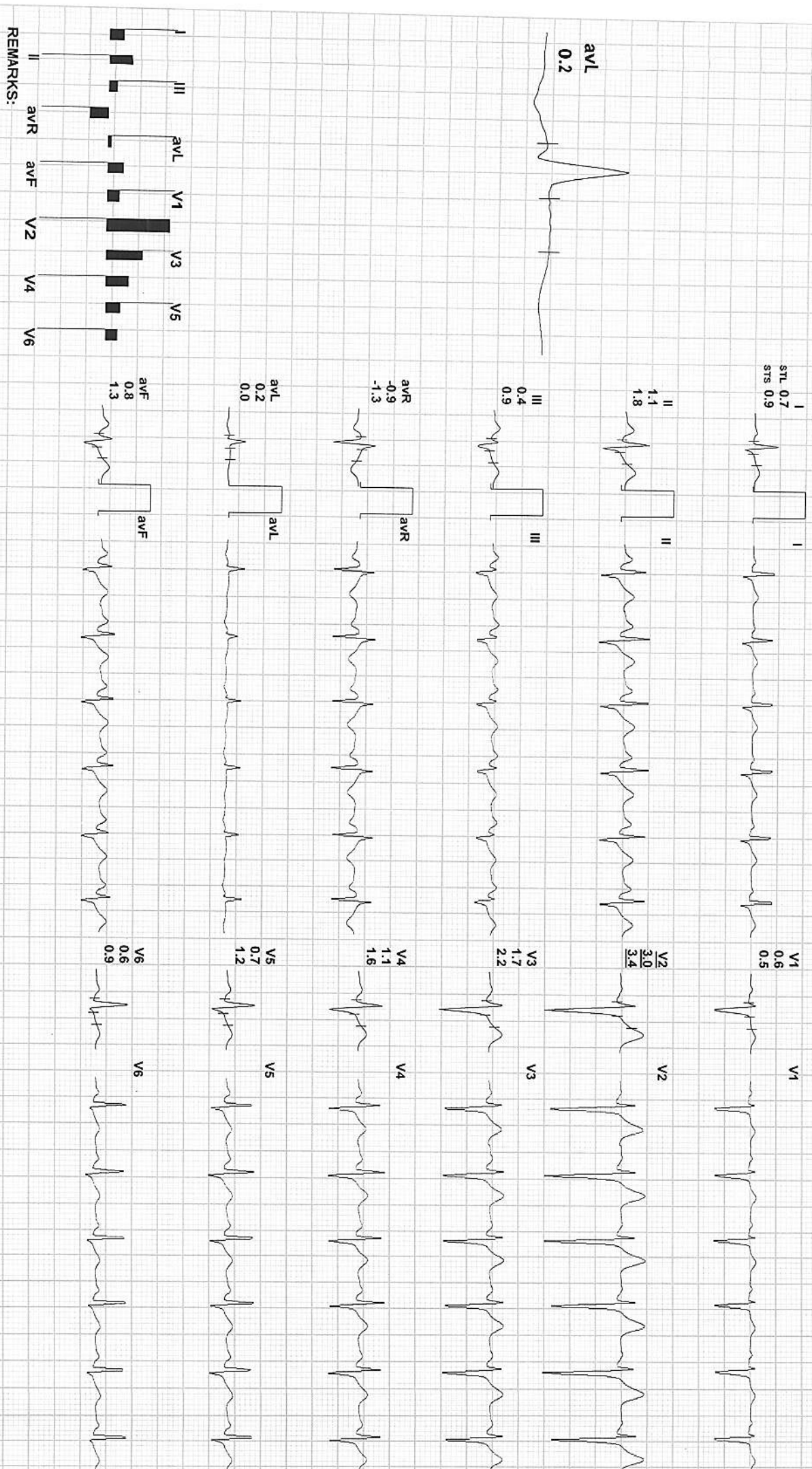


REMARKS:



279 / SUSHIL KUMAR / 45 Yrs / M / 0 Cms / 0 Kg / HR : 114

Date: 11-Mar-2023 11:45:58 AM METS: 1.0/ 114 bpm 65% of THR BP: 145/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 70 ms Post J
 EXTime: 08:00 0.0 mph, 0.0%
 25 mm/Sec. 1.0 Cm/mV



REMARKS:

BOB

SUSHIL KUMAR 45
Male

3/11/2023 9:52:53 AM

Rate 94 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation
Sinus rhythm.....normal P axis, V-rate 50- 99

PR 128
QRS 92
QT 310
QTc 388

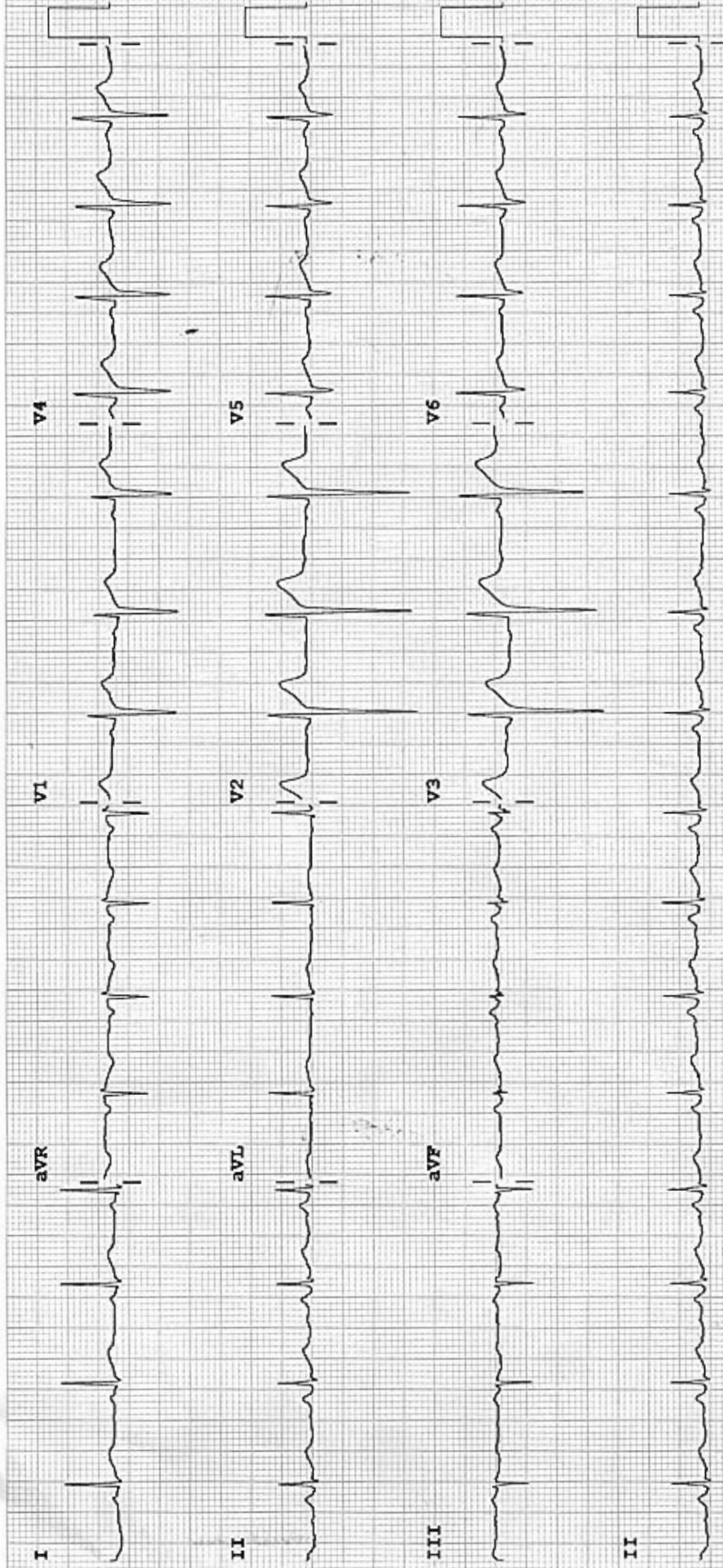
--AXIS--
P 69
QRS 15
T 37

TWNCB

- NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

100B CL

P?



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004

T: 91 294 2430222, 2431222

email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

| | | | |
|-------------------|-------------------------|-------------|-----------|
| Date : 11/03/2023 | | | |
| Patient's Name : | MR. SUSHIL KUMAR | Age: 45 yrs | Sex: Male |
| Ref. By : | Dr. | | |

ULTRA SONOGRAPHY REPORT – UPPER AND LOWER ABDOMEN

- Liver** Liver is normal in size, shape, position & contour with normal homogenous echo pattern. No evidence of any focal lesion is seen. IHBR are not dilated. Portal vein measures 12 mm. IVC is normal.
- Gall bladder** GB is normal in size & shape. Its wall thickness is normal. No evidence of any calculi is seen. No pericholecystic fluid collection is seen.
- Pancreas** Pancreas is normal in size, shape, position & contour with normal homogenous echo pattern. Pancreatic duct is not dilated.
- Spleen** Spleen is normal in size, shape, position and contour with normal homogenous echo pattern. Splenic vein is not dilated.
- Kidneys** Both kidneys are normal in size, shape, position & contour with well differentiated corticomedullary junction and normal cortical thickness. Pelvicalyceal system is not dilated. No evidence of any calculi is seen. Visualized portion of ureters appears normal.
- Right Kidney measures 99x52 mm.
Left Kidney measures 102x50 mm.
- Urinary Bladder** Urinary bladder is well distended with urine & is normal in size, shape & contour with normal & smooth walls.
- Prostate** Prostate is normal in size, shape, position & contour with normal homogenous echopattern. It reveals normal & smooth capsule. Seminal vesicles are normal.
Prostate measures 28x39x30 mm. with vol 17.84 cc.

IMPRESSION NORMAL STUDY

Dr. SUHAIL KHAN
MBBS, MD (Radiology)
Consultant Radiologist
(RMC-16103)

Dr. ANAND GUPTA
MBBS, DMRE.
Consultant Radiologist
(RMC-17548)

Note: The foetal gender has not been detected nor disclosed to the patient.
This report is not valid for medico legal purpose.
Every report needs to be correlated and interpreted clinically.
In case of any query, investigation may be repeated.



Helpline : 9352 108 108

www.aravalihospital.in

R

MR. SUSHIL KUMAR 45YRS BOB M CHEST PA 11-Mar-23 10:01
ARAVALI HOSPITAL, 332 AMBAMATA SCHEME, UDAIPUR