

NAME	Dipesh NOGIA	STUDY DATE	13-05-2023 10:01:15
AGE / SEX	035Yrs / M	HOSPITAL NO.	MH010992001
REFERRING DEPT	OPD	MODALITY/Procedure Description	CR /Xray chest PA (CXR)
REPORTED ON	13-05-2023 12:24:21	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Kindly correlate clinically.



**Dr. Roly Srivastava MBBS ,DNB
DMC No. 45626
Consultant Radiologist**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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Name : MR DIPESH NOGIA **Age** : 35 Yr(s) Sex :Male
Registration No : MH010992001 **Lab No** : 31230500474
Patient Episode : H03000054224 **Collection Date** : 13 May 2023 09:56
Referred By : HEALTH CHECK MHD **Reporting Date** : 13 May 2023 17:22
Receiving Date : 13 May 2023 12:04

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN)
Specimen-Blood

Blood Group & Rh Typing (Agglutination by gel/tube technique)

Blood Group & Rh typing AB Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Cell Panel I NEGATIVE
Cell Panel II NEGATIVE
Cell Panel III NEGATIVE
Autocontrol NEGATIVE

Final Antibody Screen Result Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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-----END OF REPORT-----

Dr Himanshu Lamba



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Name : MR DIPESH NOGIA **Age** : 35 Yr(s) Sex :Male
Registration No : MH010992001 **Lab No** : 32230504521
Patient Episode : H03000054224 **Collection Date** : 13 May 2023 09:56
Referred By : HEALTH CHECK MHD **Reporting Date** : 13 May 2023 15:46
Receiving Date : 13 May 2023 10:37

BIOCHEMISTRY

Glycosylated Hemoglobin

Specimen: EDTA Whole blood

HbA1c (Glycosylated Hemoglobin)

11.0 #

As per American Diabetes Association (ADA)
% [4.0-6.5] HbA1c in %
Non diabetic adults \geq 18years $<$ 5.7
Prediabetes (At Risk) 5.7-6.4
Diagnosing Diabetes \geq 6.5

Methodology

High-Performance Liquid Chromatography (HPLC)

Estimated Average Glucose (eAG)

269

mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Specimen Type : Serum

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.40	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	7.91	μ g/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.940	μ IU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>



Name : MR DIPESH NOGIA **Age** : 35 Yr(s) Sex :Male
Registration No : MH010992001 **Lab No** : 32230504521
Patient Episode : H03000054224 **Collection Date** : 13 May 2023 09:56
Referred By : HEALTH CHECK MHD **Reporting Date** : 13 May 2023 11:47
Receiving Date : 13 May 2023 10:35

BIOCHEMISTRY

Lipid Profile (Serum)

TOTAL CHOLESTEROL (CHOD/POD)	183	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	104	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct) Methodology: Homogenous Enzymatic	46	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	21	mg/dl	[10-40]
(CALCULATED) LDL- CHOLESTEROL	116	#mg/dl	[<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	4.0		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	2.5		<3 Optimal 3-4 Borderline >6 High Risk

Note:
Reference ranges based on ATP III Classifications.
Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.



Name : MR DIPESH NOGIA Age : 35 Yr(s) Sex :Male
Registration No : MH010992001 Lab No : 32230504521
Patient Episode : H03000054224 Collection Date : 13 May 2023 09:56
Referred By : HEALTH CHECK MHD Reporting Date : 13 May 2023 11:48
Receiving Date : 13 May 2023 10:35

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff)**	1.93 #	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.54 #	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	1.39 #	mg/dl	[0.20-1.00]
SGOT/ AST (P5P,IFCC)	31.50	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	62.50 #	IU/L	[10.00-50.00]
ALP (p-NPP,kinetic)*	108	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	7.7	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.6	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	3.1	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.48		[1.10-1.80]

Note:

**NEW BORN:Vary according to age (days), body wt & gestation of baby

*New born: 4 times the adult value





Name : MR DIPESH NOGIA Age : 35 Yr(s) Sex :Male
Registration No : MH010992001 Lab No : 32230504521
Patient Episode : H03000054224 Collection Date : 13 May 2023 09:56
Referred By : HEALTH CHECK MHD Reporting Date : 13 May 2023 11:46
Receiving Date : 13 May 2023 10:35

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	11.00	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	0.70 #	mg/dl	[0.80-1.60]
SERUM URIC ACID (mod.Uricase)	3.9	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	9.4	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	2.8	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	137.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.17	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	98.0	mmol/l	[95.0-105.0]
eGFR	122.3	ml/min/1.73sq.m	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



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Name : MR DIPESH NOGIA **Age** : 35 Yr(s) Sex :Male
Registration No : MH010992001 **Lab No** : 32230504522
Patient Episode : H03000054224 **Collection Date** : 13 May 2023 13:48
Referred By : HEALTH CHECK MHD **Reporting Date** : 13 May 2023 15:31
Receiving Date : 13 May 2023 14:02

BIOCHEMISTRY

Specimen Type : Plasma

PLASMA GLUCOSE - PP

Plasma GLUCOSE - PP (Hexokinase) 376 # mg/dl [70-140]

Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 239 # mg/dl [70-100]

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-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



Name : MR DIPESH NOGIA **Age** : 35 Yr(s) Sex : Male
Registration No : MH010992001 **Lab No** : 33230502693
Patient Episode : H03000054224 **Collection Date** : 13 May 2023 09:57
Referred By : HEALTH CHECK MHD **Reporting Date** : 13 May 2023 16:13
Receiving Date : 13 May 2023 10:36

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR 9.0 /1sthour [0.0-10.0]

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit	Biological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	4840	/cu.mm	[4000-10000]
RBC Count (Impedence)	5.06	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	16.0	g/dL	[13.0-17.0]
Haematocrit (PCV) (RBC Pulse Height Detector Method)	45.6	%	[40.0-50.0]
MCV (Calculated)	90.1	fL	[83.0-101.0]
MCH (Calculated)	31.6	pg	[25.0-32.0]
MCHC (Calculated)	35.1 #	g/dL	[31.5-34.5]
Platelet Count (Impedence)	161000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.1	%	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	50.5	%	[40.0-80.0]
Lymphocytes (Flowcytometry)	34.5	%	[20.0-40.0]



Name : MR DIPESH NOGIA **Age** : 35 Yr(s) Sex :Male
Registration No : MH010992001 **Lab No** : 33230502693
Patient Episode : H03000054224 **Collection Date** : 13 May 2023 09:57
Referred By : HEALTH CHECK MHD **Reporting Date** : 13 May 2023 12:39
Receiving Date : 13 May 2023 10:36

HAEMATOLOGY

Monocytes (Flowcytometry)	7.6	%	[2.0-10.0]
Eosinophils (Flowcytometry)	6.4 #	%	[1.0-6.0]
Basophils (Flowcytometry)	1.0	%	[1.0-2.0]
IG	0.20	%	
Neutrophil Absolute(Flourescence flow cytometry)	2.4	/cu mm	[2.0-7.0]x10 ³
Lymphocyte Absolute(Flourescence flow cytometry)	1.7	/cu mm	[1.0-3.0]x10 ³
Monocyte Absolute(Flourescence flow cytometry)	0.4	/cu mm	[0.2-1.2]x10 ³
Eosinophil Absolute(Flourescence flow cytometry)	0.3	/cu mm	[0.0-0.5]x10 ³
Basophil Absolute(Flourescence flow cytometry)	0.1	/cu mm	[0.0-0.1]x10 ³

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

-----END OF REPORT-----

Soma Pradhan

Dr. Soma Pradhan



Name : MR DIPESH NOGIA **Age** : 35 Yr(s) Sex :Male
Registration No : MH010992001 **Lab No** : 38230500838
Patient Episode : H03000054224 **Collection Date** : 13 May 2023 09:57
Referred By : HEALTH CHECK MHD **Reporting Date** : 13 May 2023 15:33
Receiving Date : 13 May 2023 12:26

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH] (Reflectancephotometry(Indicator Method))	6.0	(5.0-9.0)
Specific Gravity (Reflectancephotometry(Indicator Method))	1.010	(1.003-1.035)
Bilirubin	Negative	NEGATIVE
Protein/Albumin (Reflectance photometry(Indicator Method)/Manual SSA)	Negative	(NEGATIVE-TRACE)
Glucose (Reflectance photometry (GOD-POD/Benedict Method))	DETECTED +	(NEGATIVE)
Ketone Bodies (Reflectance photometry(Legal's Test)/Manual Rotheras)	NOT DETECTED	(NEGATIVE)
Urobilinogen Reflectance photometry/Diazonium salt reaction	NORMAL	(NORMAL)
Nitrite	NEGATIVE	NEGATIVE
Reflectance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflectance photometry/Action of Esterase		
BLOOD (Reflectance photometry(peroxidase))	NIL	NEGATIVE
MICROSCOPIC EXAMINATION (Manual) Method: Light microscopy on centrifuged urine		
WBC/Pus Cells	2-4 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	2-4 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

Interpretation:



Name : MR DIPESH NOGIA **Age** : 35 Yr(s) Sex :Male
Registration No : MH010992001 **Lab No** : 38230500838
Patient Episode : H03000054224 **Collection Date** : 13 May 2023 09:57
Referred By : HEALTH CHECK MHD **Reporting Date** : 13 May 2023 15:33
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CLINICAL PATHOLOGY

URINALYSIS--Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

-----END OF REPORT-----

Soma Pradhan

Dr. Soma Pradhan



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Name: **DIPESH NOGIA**

Hospital No: MH010992001

Age: 35 Sex: M

Episode No: H03000054224

Doctor: Health Check MHD

Result Date: 15 May 2023 09:50

Order: Tread Mill Test

EXERCISE STRESS TEST REPORT (TMT)

Findings:

Baseline ECG NSR
Premedications Nil

Protocol	Bruce	MPHR	185
Duration of exercise	12 Minutes 44 sec	85% OF MPHR	157
Reason for termination	THR achieved	METS	15.10
Peak achieved	164	%of MPHR achieved	89 %

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhythmia)	Symptoms
Control	0.00	76	130/80	No ST-T changes seen	Nil
Stage 1	3.00	110	130/80	No ST-T changes seen	Nil
Stage II	3.00	121	140/80	No ST-T changes seen	Nil
Stage III	3.00	131	150/80	No ST-T changes seen	Nil
Stage IV	3.00	148	160/80	No ST-T changes seen	Nil
Stage V	0.44	164	160/80	No ST-T changes seen	Nil
Recovery	3.00	99	140/80	No ST-T changes seen	Nil

Result:

- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Excellent effort tolerance.

Name: **DIPESH NOGIA**

Hospital No: MH010992001

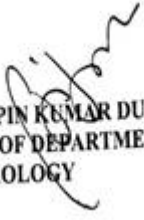
Age: 35 Sex: M

Episode No: H03000054224

Doctor: Health Check MHD

Result Date: 15 May 2023 09:50

Order: Tread Mill Test


DR. BIPIN KUMAR DUBEY
HEAD OF DEPARTMENT
CARDIOLOGY

Dr. Bipin Dubey
CONSULTANT

NAME	Dipesh NOGIA	STUDY DATE	13-05-2023 11:54:14
AGE / SEX	035Yrs / M	HOSPITAL NO.	MH010992001
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	13-05-2023 12:56:56	REFERRED BY	Dr. Health Check MHD

USG WHOLE ABDOMEN

Findings:

Liver is normal in size and shows grade I-II fatty changes with mild coarsened echopattern. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness. Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern.

Spleen is normal in size and echopattern.

Both kidneys are normal in position, size (RK = 109x46mm and LK = 113x56mm) and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Prostate is normal in size, shape and echopattern.

No significant free fluid is detected.

Impression:

Fatty liver with mild coarsened echopattern.

Adv: LFT correlation.

Kindly correlate clinically



N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	13-05-2023 12:56:56	REFERRED BY	Dr. Health Check MHD

Dr. Aarushi MD,DNB, DMC/R/03291
Consultant Radiologist

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