

Annexure-2

Self-Health Declaration (Please ✓ Mark Where Applicable)

PASTE YOUR RECENT
PASSPORT SIZE
PHOTOGRAPH

1 PERSONAL DETAILS:

Name: Jyotsna First Name VIKAS Middle Name Pednekar Surname

Address: Room No. 2, Ravikiran chawl No. 1, Sarvodaya Nagar,
S.P.S. Marg, Bhandup (W), Mumbai - 78

City: Mumbai Pin: 400078

Birth Place: Mumbai Birth Date: 01-02-1984 Religion: Hindu
(dd/mm/yyyy)

Post applied for: _____ Marital Status: Unmarried Gender: M/F

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

Name	Nature of work	Duration
i)		
ii)		
iii)		

3 NAME OF FAMILY DOCTOR: Dr. Pradip Sawant

Address:

Contact Details:

4 PERSONAL HABITS:

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

5 MEDICAL HISTORY:

i) ANY DISABILITY: Yes / No If yes specify with disability %

ii) PERSONAL HISTORY:

Are you in good health and capable of full work

Have you ever suffered from job related disease or injury?

Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. _____

iv) Immunization: Yes No

Tetanus Toxoid	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	78	fair		
Mother	61	fair		
Spouse	43	Good		
Children-1	11	Good		
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief, in case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 28-10-2023

Jyoti Khatke
(Signature of Candidate)

Annexure-3

Pre-Employment Medical Assessment

(All details given below will be filled by examine physician & treated as confidential)
(Please ✓ Mark Where Applicable)

1 Personal Habits:

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

2 Medical History:

i) Any Disability: Yes / No if yes specify with disability %

ii) Personal History: ✓

NO

iii) Known case of or past history of

P/H/O # (Rt) elbow in childhood

iv) Immunization:

Yes No

Tetanus Toxoid	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

v) Family History:

Has anyone of parents suffered from

<input type="checkbox"/> Hypertension	<input checked="" type="checkbox"/> Diabetes
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Cancer	<input type="checkbox"/> Epilepsy
	<input type="checkbox"/> Any other Disease

3 Physical Examination:

i) Build: Poor / Average / Strong _____ Skin: (N)
 ii) Throat: (P) Tonsils: (N) Thyroid: (N) Lymph nodes: (N)
 iii) Teeth & Gums: (P) Tongue: (P)
 iv) Height 159 cms Weight 80 kg BMI 31.74
 v) Identification marks:
Birth mark on (Rt) thigh

1 Vision (To be checked by eye specialist):

General Eye examination: _____

		Rt	Lt	Colour Vision (Pls ✓ Mark Applicable)
Visual Acuity	Distance	6/6	6/6	Normal Colour vision <input checked="" type="checkbox"/>
	Near	N6	N6	Total colour deficiency <input type="checkbox"/>
Corrected Vision	Distance	-	-	Partial Colour Deficiency <input type="checkbox"/>
	Near	-	-	
Power of lens	Spherical	-	-	If partial - pl. mention _____ X
	Cylindrical	-	-	
	Axis	-	-	

	Yes	No
Squint	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Nystagmus	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Night Blindness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Any other eye disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>
If yes pl. give details _____ X		

Dr LATA M. BAJPAI
 MBBS, DOMS, FRVS, FFC.S
 Reg No : 2006 / 02 / 3120

Lata Misra

Signature & Seal of Ophthalmologist

v) 2D Echo/TMT: Negative for induced ischemia at given workload.

vi) PFT: FVC _____ FEV1 _____ FEV1/FVC % _____ PEFR _____

vii) Any other Investigations / clinical finding: _____

14 COMMENTS AND RECOMMENDATIONS:

(Pls Mark Applicable)

Fit Unfit

Remarks:

HbA1c - 6.09 - Prediabetic; TSH ↑ - 7.65

Details of Examining Physician:

Name: _____

Registration No.: _____

Address: _____

Contact No.: _____



Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

Signature with Seal of Examining Physician

For office use only:

Date of receipt of original documents: _____ PEM No.: _____

MDMS No: _____

Medically Fit Temp. Unfit Unfit

Special Remarks: _____



भारत सरकार
Government of India

भारतीय विशिष्ट ओळख प्राधिकरण
Unique Identification Authority of India

नोंदणी क्रमांक / Enrollment No.: 0848/50829/04235

To

ज्योत्सना विकास पेडनेकर

Jyotsna Vikas Pednekar

W/O Vikas Pednekar,

hanuman mandir, 02/1 ravikiran chawl sarvodaya nagar

s.p.s.singh,

VTC: Bhandup West,

District: Mumbai,

State: Maharashtra,

PIN Code: 400078,

Mobile: 9930280792

111476062



MG114760622F1



आपला आधार क्रमांक / Your Aadhaar No. :

4042 1166 5298

माझे आधार, माझी ओळख



भारत सरकार
Government of India



Issue Date : 16/01/2012



ज्योत्सना विकास पेडनेकर

Jyotsna Vikas Pednekar

जन्म तारीख / DOB : 01/02/1984

स्त्री / Female

4042 1166 5298

माझे आधार, माझी ओळख

Jyotsna Pednekar



PID NO. : BJA1003

Name : JYOTSNA VIKAS PEDNEKAR

Sex / Age : Female / 39 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 / 12:27 pm

Coll Date

28-Oct-2023 / 12:32 pm

Report Date

30-Oct-2023 / 9:55 am

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"O"		
RH (D)	Positive		

Method : Slide Method
Sample: Whole Blood (EDTA)

----- End of Report -----

LATHA SONAWANE
Lab Technician

DR. SANDIP M HUDDERAR
MBBS, DCP
Consultant Pathologist



PID NO. : BJA1003

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REPORT

BLOOD SUGAR

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	93.31	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022 Test Done on Fully Automated Cobas C111 Analyser	88.89	mg/dl	70.00 - 140.00

----- End of Report -----




LATHA SONAWANE
Lab Technician


DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist



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Sex / Age : Female / 39 Years

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	11.8	gm/dl	12.0 - 15
<u>RED BLOOD CELLS</u>			
R.B.C. Count	3.76	million / cumm	3.8- 4.8
PCV	35.6	%	35-48
MCV	94.9	fl	83 - 101
MCH	31.4	pg	27 - 32
MCHC	33.1	gm / dl	31.5 - 34.5
RDW (CV)	12.2	%	11.6- 14.0
Total W.B.C. Count	6130	/cu.mm.	4000-10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	70	%	40 - 80
Lymphocytes	26	%	20 - 40
Eosinophils	02	%	1 - 6
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1

LATHA SONAWANE
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DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist



MC - 5321



PID NO. : BJA1003

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Sex / Age : Female / 39 Years

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Platelet Count	263000	/cumm	150000 - 410000
<u>MORPHOLOGY</u>			
RBC Morphology	Predominantly Normocytic and Normochromic.		
WBC Morphology	Normal Morphology.		
Platelets on Smear	Adequate on smear		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters Microscopy is manual by Pathologist.)

— End of Report —



MC - 5321

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist



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Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	52	mm at 1hr	0 - 20

Method: Wintrobe . Sample: Whole Blood (EDTA)

———— End of Report ————

LATHA SONAWANE
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DR.SANDIP M HUDDEDAR
MBBS, DCP
Consultant Pathologist

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Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Tell Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704
Powai 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



PID NO. : BJA1003
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REPORT

Glycosylated Haemoglobin (HbA1c)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
HbA1c Non-diabetic : $\leq 5.7\%$ Pre-Diabetic : 5.7 - 6.4 % Diabetic : ≥ 6.5 (EDTA Whole Blood, Turbidimetric)	6.09	%	< 5.7
Mean Blood Glucose (MBG)	139.50	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

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REPORT

LFT

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Sr. Alkaline Phosphatase (Serum, AMP Buffer IFCC) Test Done on Fully Automated Cobas C111 Analyser	59.46	U/L	35 - 104

----- End of Report -----

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist



MC - 5321



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Lipid Profile

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol	162.85	mg/dl	100 - 240
Method: CHOD-PAP			
Triglycerides	104.35	mg/dl	0 - 150
Method: GPO-PAP			
HDL Cholesterol-Direct	45.08	mg/dl	45 - 65
Method: Cholesterol-esterase-Direct			
LDL Cholesterol	96.90	mg/dl	<100
Calculated			
VLDL-Cholesterol	20.87	mg/dl	10 - 40
Calculated			
CHO/HDLC Ratio	3.61		Upto 5.0
Calculated			
LDLC/HDLC Ratio	2.15		2.5 - 3.5
Calculated			

Desirable Cholesterol Level : <200 mg/dl
Borderline High Cholesterol : 200-239 mg/dl

Test Done on Fully Automated Cobas C111 Analyser
Sample: Serum

----- End of Report -----

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Liver Function Tests


Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	20.45	U/L	0 - 32
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	18.56	U/L	0 - 33.0
GGT (Serum, Method- IFCC Method)	14.14	U/L	5 - 36
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.33	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.05	mg/dl	0.0 - 0.80
Bilirubin (Indirect) Calculated	0.28	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	7.05	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	3.98	g/dl	3.5 - 5.2
Globulin Calculated	3.07	g/dl	1.90 - 3.70
A/G ratio Calculated	1.30		

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----




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Pathologist



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RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Method-Urease	14.85	mg/dl	16.6 - 48.5 mg/dl
Blood Urea Nitrogen Method-Urease	6.93	mg/dl	06 - 20 mg/dl
Creatinine Method-Kinetic Jaffes	0.67	mg/dL	0.5 - 0.90 mg/dl
Uric Acid Method: Uricase-POD	5.81	mg/dl	2.4 - 5.7

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----



MC - 5321

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist





PID NO. : BJA1003
Name : JYOTSNA VIKAS PEDNEKAR
Sex / Age : Female / 39 Years
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

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REPORT

THYROID FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TSH	7.65	µU/ml	0.25-5 µU/ml
T3	1.63	nmol/l	0.92-2.33 nmol/l
T4	79.16	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 : Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroxine-binding globulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

———— End of Report ————

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Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Oct-2023 / 12:27 pm

Coll Date

28-Oct-2023 / 12:32 pm

Report Date

28-Oct-2023 / 5:54 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.005		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)
Ocult Blood	Absent		Absent

MICROSCOPIC EXAMINATION

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist



MC - 5321



PID NO. : BJA1003
Name : JYOTSNA VIKAS PEDNEKAR
Sex / Age : Female / 39 Years
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :
Sample Collected At :
Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076
Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date
28-Oct-2023 / 12:27 pm
Coll Date
28-Oct-2023 / 12:32 pm
Report Date
28-Oct-2023 / 5:54 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rother's test), Leukocytes(Reflectance Photometer/Leucocyte esterase), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----



MC - 5321

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist

Name: Ms. JYOTSNA
PEDNEKAR
Date :28/10/2023

Age : 39Y
Ref Dr : SELF

Sex : FEMALE

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 12.6 cm and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 9.5 x 3.8cm. Left kidney measures 10.5 x 4.6cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

UTERUS: Uterus is normal in size and shows normal echotexture. No focal lesion is seen.

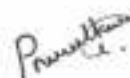
Uterus measures 8.0 x 4.6 x 4.6cm. Endometrial thickness is normal (4.9 mm).

Right ovary is normal measures 2.7 x 1.1 cm. Left ovary is normal measures cm. There is a thin walled anechoic cyst seen in left ovary measuring 2.9 x 2.0 cm. It reveals no e/o internal echoes / increased vascularity within.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION : Left simple ovarian cyst.
Rest no significant abnormality detected.

Advice: Clinical co-relation and further evaluation.



DR. PRIYANKA NERULKAR
CONSULTANT RADIOLOGIST



Sea Bird
Sea Bird Medicare Centre

Report ID : **JVPM2810153127** Reg. : **28-Oct-2023**
Patient Name : **Mr. JYOTSNA VIKAS PEDNEKAR** Report Date : **30-Oct-2023**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.JACOB MATHEW** Age/Sex : **39 Year / Male**

CHEST X RAY REPORT

X-Ray No : 4051

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.


Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.




**Dr. Jacob
Mathew MD**

Proudly... Caring For You

HC- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Tell Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 4602704
Fowl: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

SEABIRD MEDICARE CENTRE POWAI

Patient Details **Date:** 28-Oct-23 **Time:** 12:52:31
Name: JYOTSNA PEDNEKAR ID: 2126
Age: 39 y **Sex:** F **Height:** 159 cms **Weight:** 80 Kgs
Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce **Pr.MHR:** 181 bpm **THR:** 153 (85 % of Pr.MHR) bpm
Total Exec. Time: 6 m 35 s **Max. HR:** 177 (98% of Pr.MHR)bpm **Max. Mets:** 10.20
Max. BP: 160 / 100 mmHg **Max. BP x HR:** 28320 mmHg/min **Min. BP x HR:** 5320 mmHg/min
Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 47	1.0	0	0	83	110 / 70	-0.64 aVR	-1.42 aVR
Standing	5 : 59	1.0	0	0	76	110 / 70	-0.42 I	1.42 II
Hyperventilation	0 : 2	1.0	0	0	76	110 / 70	-0.21 II	0.71 II
1	3 : 0	4.6	1.7	10	144	120 / 80	-2.34 II	3.18 II
2	3 : 0	7.0	2.5	12	164	130 / 90	-2.97 III	3.18 V2
Peak Ex	0 : 35	10.2	3.4	14	177	130 / 90	-3.61 III	3.18 V2
Recovery(1)	2 : 0	1.8	1	0	112	160 / 100	-3.40 III	5.66 V3
Recovery(2)	2 : 0	1.0	0	0	99	140 / 90	-0.42 II	3.54 II
Recovery(3)	2 : 0	1.0	0	0	102	120 / 80	-0.64 III	1.42 V3
Recovery(4)	0 : 40	1.0	0	0	103	120 / 80	-0.85 III	1.06 II

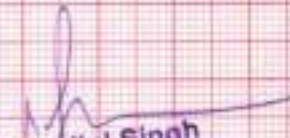
Interpretation

The patient exercised according to the Bruce protocol for 6 m 35 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 83 bpm, rose to a max. heart rate of 177 (98% of Pr.MHR) bpm. Resting blood Pressure 110 / 70 mmHg, rose to a maximum blood pressure of 160 / 100 mmHg. No significant ST-T changes. Negative for induced Ischaemic heart diseases

J.Pednekar

Ref. Doctor: APOLLO

(Summary Report edited by user)


Dr. Minalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), D.D.C
 Doctor, Reg. No. 2019/02/0392

(c) Schiller Healthcare India Pvt. Ltd. V 4.7

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time: 0 m 0 s

Stage Time: 0 m 47 s

HR: 83 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

B.P: 110 / 70

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

I -0.2 0.0

V1 0.2 0.4

II 0.0 0.7

V2 0.4 0.4

III 0.0 0.4

V3 0.4 0.4

aVR 0.0 -0.4

V4 0.2 0.4

aVL 0.2 0.4

V5 0.2 0.7

aVF 0.0 0.4

V6 0.2 0.4

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

20 = R - 50 ms

J = R + 50 ms

Post J = J + 50 ms

Schiller Spaldan v 4.7

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time: 0 m 0 s

Stage Time: 5 m 59 s **HR: 76 bpm**

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

B.P: 110 / 70

ST Level (mm) ST Slope (mV / s)

I 0.0 0.4

II -0.2 0.7

III -0.2 0.4

aVR 0.4 -0.4

aVL -0.2 0.0

aVF 0.0 0.7

ST Level (mm) ST Slope (mV / s)

V1 0.2 0.4

V2 0.4 0.4

V3 0.4 0.7

V4 0.2 0.7

V5 -0.2 0.4

V6 -0.2 0.4

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Isr = R - 60 ms

J = R + 60 ms

Post J = J + 40 ms

Schiller Spindel V 4 7

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time: 0 m 0 s

Stage Time: 0 m 2 s

HR: 76 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

B.P: 110 / 70

ST Level (mm) ST Slope (mV / s)

0.0 0.4

-0.2 0.7

-0.2 0.4

0.4 -0.4

-0.2 0.0

0.0 0.7

ST Level (mm)

ST Slope (mV / s)

V1

0.2 0.4

V2

0.4 0.4

V3

0.4 0.7

V4

0.2 0.7

V5

-0.2 0.4

V6

-0.2 0.4

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V47

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time: 3 m 0 s

Stage Time: 3 m 0 s

HR: 144 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 153 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

0.0 0.4

-1.3 1.1

-1.3 0.7

0.8 -0.4

0.4 -0.4

-1.5 1.1

ST Level (mm) ST Slope (mV / s)

V1 1.3 1.4

V2 1.5 1.8

V3 0.8 1.8

V4 -0.4 2.1

V5 -1.1 1.1

V6 -1.1 0.0

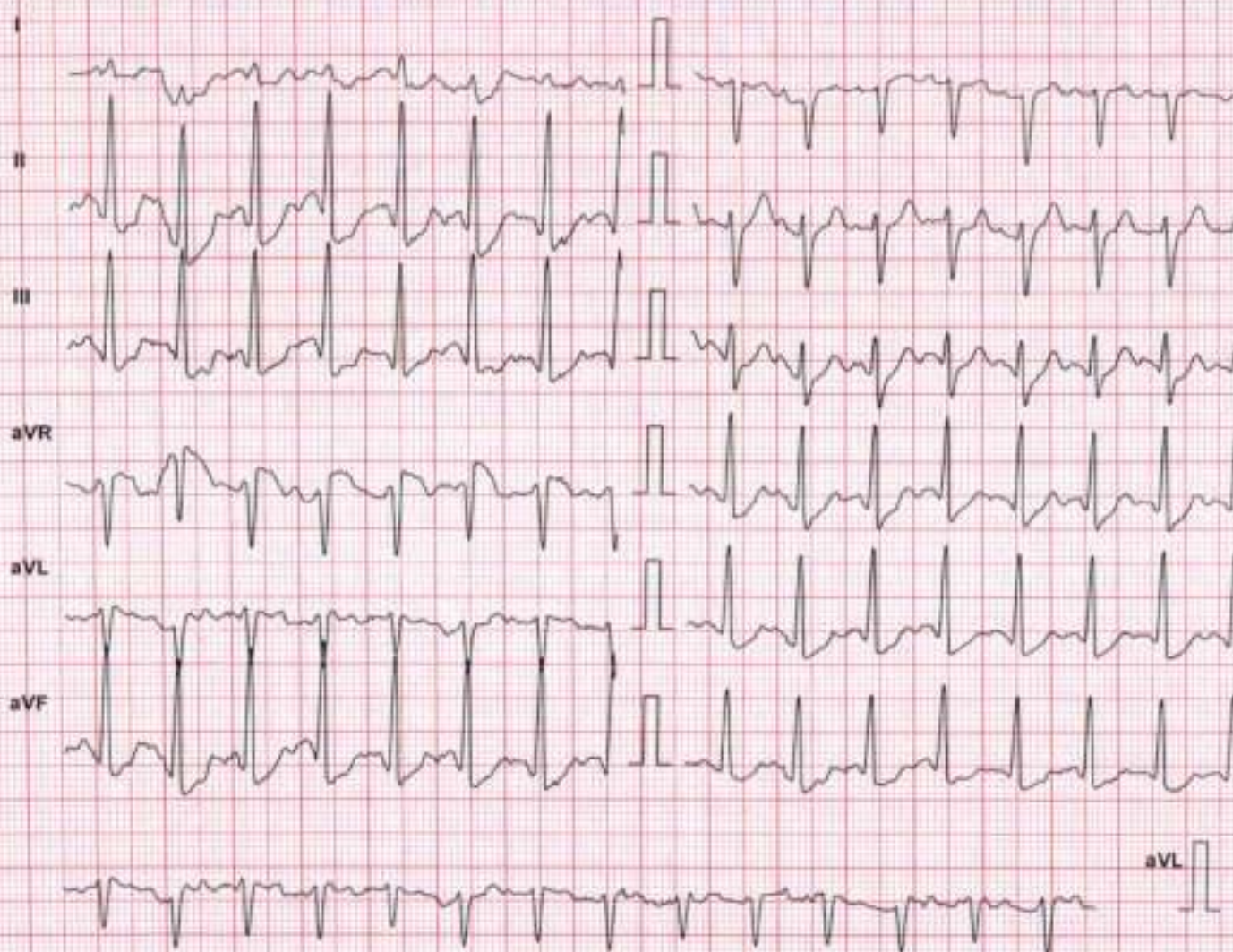


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spanden V4.7

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 164 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 153 bpm)

B.P: 130 / 90

ST Level (mm) ST Slope (mV / s)

0.0 0.7

-1.9 1.1

-2.1 0.0

0.8 -1.1

1.1 0.4

-1.9 0.7

ST Level (mm) ST Slope (mV / s)

V1 1.1 1.1

V2 1.5 2.5

V3 0.8 2.5

V4 -0.6 2.1

V5 -1.3 1.1

V6 -1.3 0.4

Chart Speed: 25 mm/sec
Schiller Spandax V 4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time : 6 m 35 s

Stage Time : 0 m 35 s

HR: 177 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 153 bpm)

B.P: 130 / 90

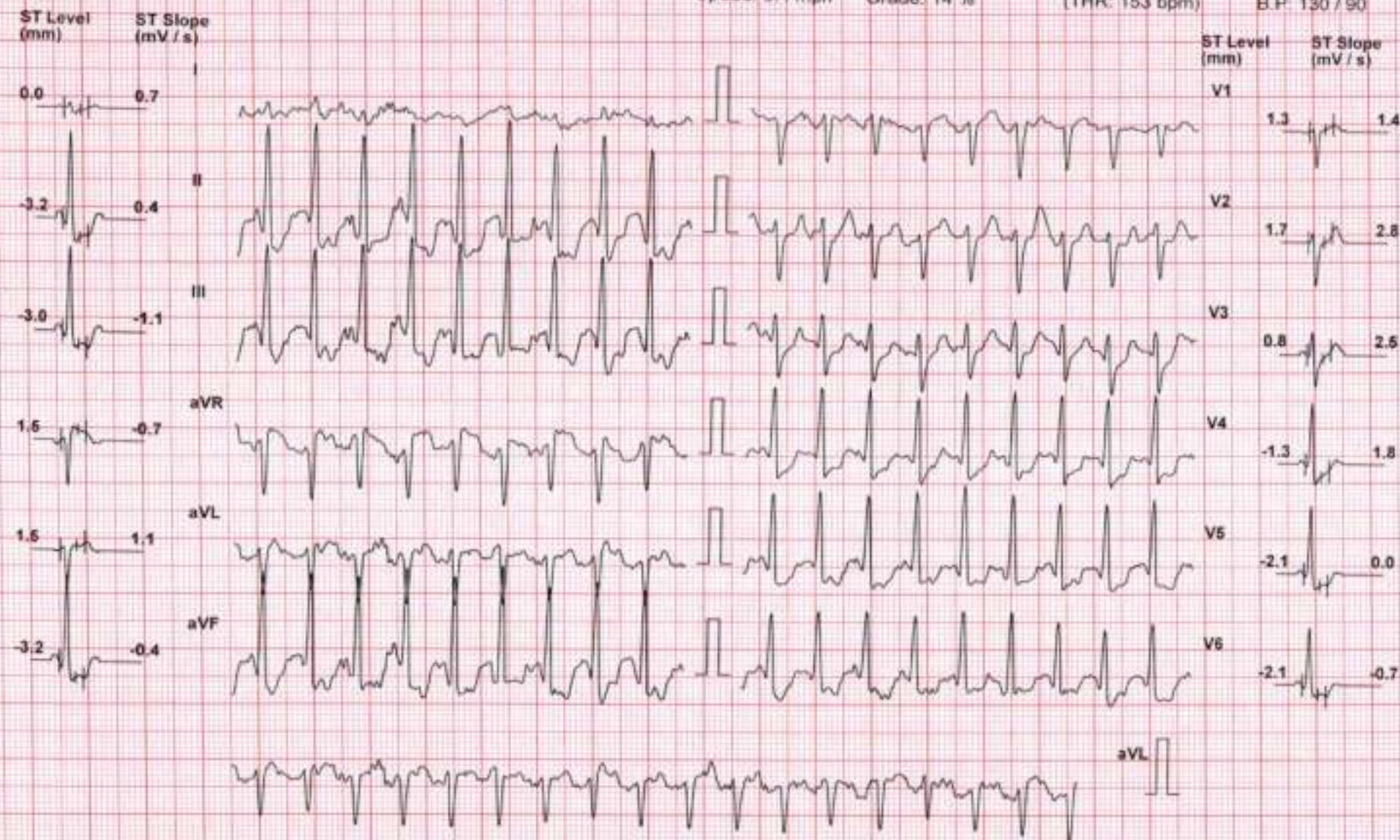


Chart Speed: 25 mm/sec
Schiller-Spandan V4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time: 8 m 35 s

Stage Time: 1 m 2 s

HR: 141 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

B.P: 160 / 100

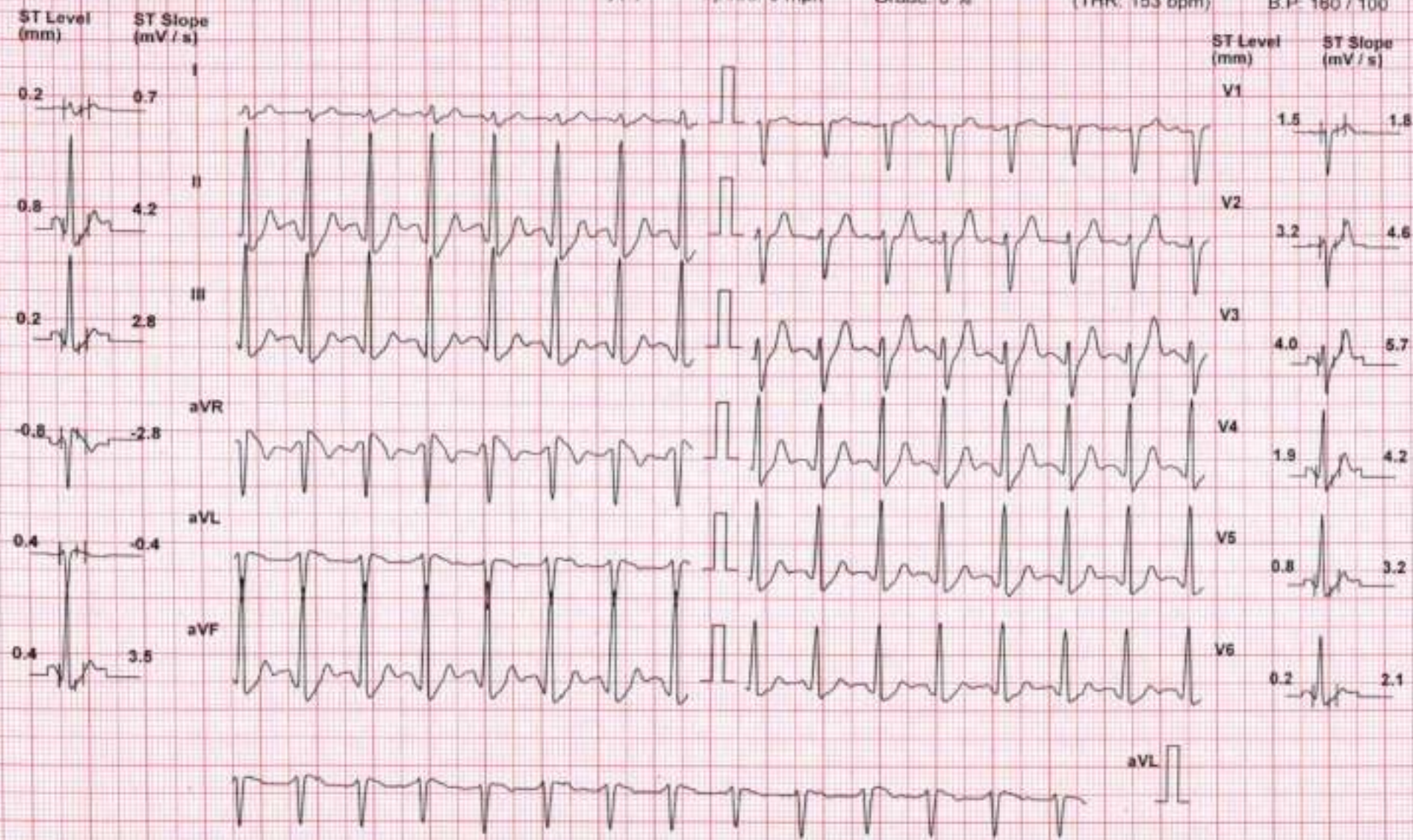


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2128

Date: 28-Oct-23

Exec Time: 8 m 35 s

Stage Time: 2 m 0 s

HR: 112 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

B.P: 160 / 100

ST Level (mm)

ST Slope (mV / s)

ST Level (mm)

ST Slope (mV / s)

0.2 0.4

V1

0.8 1.1

0.6 2.8

V2

1.7 1.8

0.4 2.5

V3

2.3 3.2

-0.4 -1.8

aVR

V4

1.5 3.2

0.0 -0.7

aVL

V5

0.4 2.1

0.4 2.8

aVF

V6

0.2 1.8

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr ON

Amp: 10 mm

no = R - 80 ms

J = R + 40 ms

Post J = J + 40 ms

Schiller Spandau V 4.7

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time: 6 m 35 s

Stage Time: 2 m 0 s

HR: 99 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

B.P: 140 / 90



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 80 ms

J = R + 60 ms

Post J = J + 40 ms

Schlev. Spindae V4.7

SEABIRD MEDICARE CENTRE POWAI

JYOTSNA PEDNEKAR (39 F)

ID: 2126

Date: 28-Oct-23

Exec Time: 6 m 35 s

Stage Time: 2 m 0 s

HR: 102 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 153 bpm)

B.P: 120 / 80

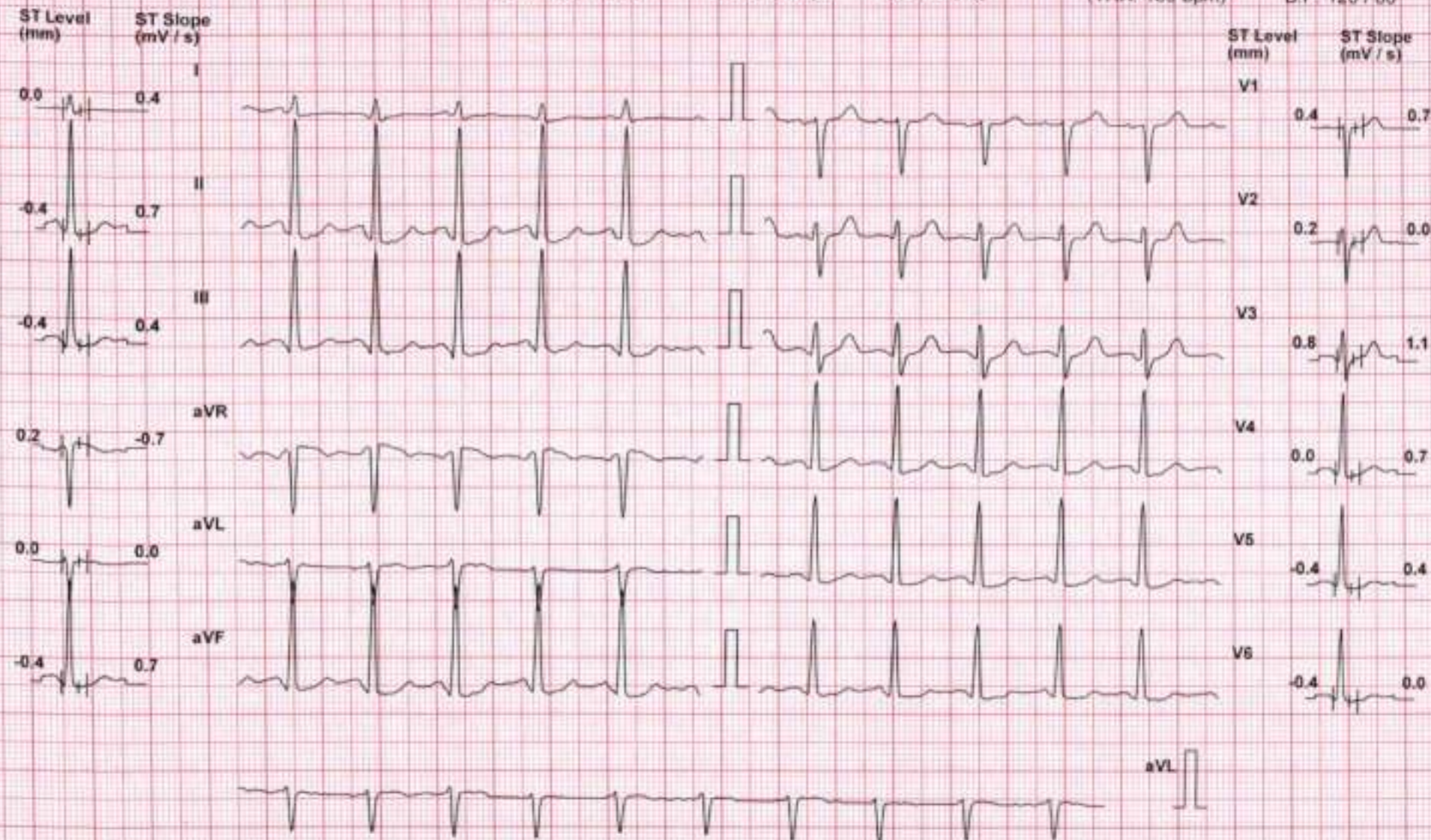


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

It0 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandian V4.7

E. C. G. REPORT

RATE _____ Q. WAVE _____

RHYTHM _____ QRS COMPLEX _____

VOLTAGE _____ ST. SEGMENT _____

P. WAVE _____ T. WAVE _____

PR. INTERVAL _____

REMARKS WNL _____

Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

ELECTROCARDIOGRAPHIC REPORT



Sea Bird

Sea Bird Medicare Pvt Ltd.

(ISO: 9001 - 2015)

NAME Jyotsna Pednekar

AGE 39yrs DATE 28-10-23

• 101-102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.
Tel.: 2682 1823, 5578 3905

• 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076
Tel.: 2570 4157

10mm/mV 0.15-25Hz AC50

28-10-23
08-06-2005 07:55:47

Jyotsna pednekar Age-39y5

10mm/mV 0.15



25mm/s 88

V2.47

25mm/s 81