

ID: 000056060
 Visit:
 28-Jan-2023
 11:50:38

38 years
 Referred by:
 Test ind:

Female

Asian


BRUCE
 Max HR: 174bpm 101% of max predicted 172bpm
 Max BP: 170/80
 Reason for Termination: Max HR attained
 Comments:

Total Exercise time: 7:02
 Maximum workload: 8.6METS

25.0 mm/s
 10.0 mm/mV
 100hz

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	1:49	***	***	1.0	94	130/80	122
	STANDING	0:05	***	***	1.0	91	130/80	118
	HYPERVENT	0:15	0.8	0.0	1.0	96	130/80	125
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	151	130/80	196
	STAGE 2	3:00	2.5	12.0	7.0	165	140/80	231
	STAGE 3	1:02	3.4	14.0	8.6	174	140/80	244
RECOVERY	Post	3:13	***	***	1.0	114	170/80	194

TMT Negative for ST1





Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Name : Mrs. SUCHITA SACHIN GOSAVI (38 / F)

Date : 28/01/2023

Address : MEDIWHEEL NASHIK, NASHIK, MAHARASHTRA, INDIA



Examined by:

UHID : MHN1.0000133274

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH29968



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of
- Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer
Diabetes mellitus
Since - 10 yrs; Medication - regular

Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active
- level ground walking

Family history

Hypertension - father, mother
Coronary artery disease - none
Cancer - None



DRUG ALLERGY

NO KNOWN ALLERGY :28/01/2023

PHYSICAL EXAMINATION



SYSTEMIC REVIEW

Cardiovascular system
- Nil Significant

General

General appearance - normal
Build - normal
Height - 158
Weight - 62.9
BMI - 25.2
Pallor - No
Oedema - no
Temperature - 95
SpO2 - 98



Past medical history

Do you have any allergies? - No
Do you have any drug allergies? - No
Past medical history - nil significant
Covid 19 - No

Cardiovascular system

Heart rate (Per minute) - 79
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+



Surgical history

Lower segment caesarean section - 2010,2014

Immunization history

- Covid Dose1, Covid Dose2

Respiratory system

Breath sounds - Normal vesicular breath sounds



Personal history

Marital status - Married
No. of children - 2
Diet - Mixed Diet

Abdomen

Organomegaly - No
Tenderness - No

Printed By : Shweta Sharad Shardul



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QFAHN/BILL/003/V1

Name : Mrs. SUCHITA SACHIN GOSAVI (38 / F)

+91-253-2510259 / 2559 / 2560 / 2570
UHID : MHN1.0000133274

Date : 28/01/2023

Package : MediWheel Full Body Health Checkup Female Below 40 Package

apollonashik@apollohospitals.com
www.asrapollo.com

AHC No : NSKAH29968



URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	5.0		●	4.6-8
Blood:	2+			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	7-8/hpf	/hpf	●	0-2
WBC/Pus Cells	3-4/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	4-5/hpf	/hpf		

Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	26 *	U/L	●	30-65
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.1	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	56	U/L	●	0-100
AST (SGOT) - SERUM	22	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.4	mg/dL	●	0.0-1.0

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	13.3	g/dl	●	11.0-16.0
Haematocrit	39.9	%	●	34.0-48.0
RBC COUNT	4.83	Million/ul	●	3.7-5.6
MCV	82.6	fl	●	75.0-95.0
MCH	27.5	pg	●	26.0-32.0
MCHC	33.3	g/dl	●	31.0-36.0
RDW	15.4	%	●	11-16
Platelet Count(Optical/Impedance)	274	10 ⁹ /m ³	●	140-440
TLC Count	7.7	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	63	%	●	40-75
Lymphocytes	27	%	●	20-45
Eosinophils	04	%	●	1-6

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	228 *	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.8	mg/dL	●	0.6-1.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range



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UHID : MHN1.0000133274

Date : 28/01/2023

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apollonashik@apollohospitals.com

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GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM 34 U/L ● 0-50

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	22	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	10	mg/dL	●	7-18

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	132 *	mg/dL	●	70-100

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.8	mg/dL	●	2.6-6.0

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (30 MIN PRANDIAL)	154 *	mg/dL	●	70-140

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.2	mg/dL	●	0.0-0.7

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	7.7 *	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	196.8200	mg/dL		

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

Uterus and ovaries are normal. Thin endometrium.

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	56	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.1		●	0.0-4.5
LDL Cholesterol (Direct LDL)	175	mg/dL	●	

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.7	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.7	g/dL	●	6.4-8.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	151 *	mg/dL	●	0-150

● Within Normal Range ● Borderline High/Low ● Out of Range



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UHD : MHN1.0000133274
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Date

28/01/2023

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AHC No

NSKAH29968



INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & RADIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

TOTAL T3: TRI IODOTHYRONINE - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

Biochemistry

TOTAL T4: THYROXINE - SERUM



● Within Normal Range ● Borderline High/Low ● Out of Range



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AHC No : NSKAH29968



Printed By :

AHC Physician / Consultant Internal Medicine



Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515



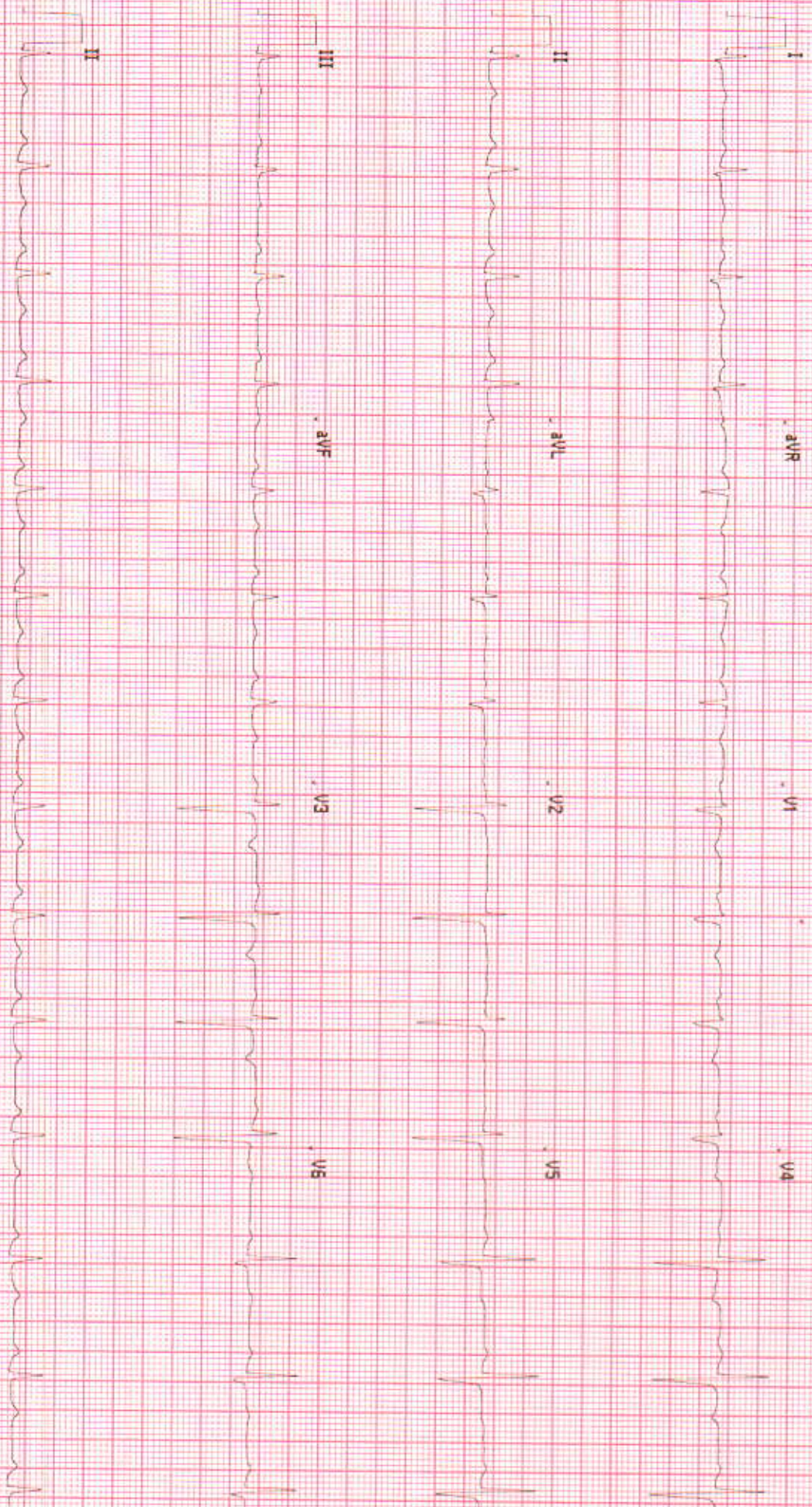
ID: Gosavi, Suchita
DOB: 38yr, Female

28-Jan-2023 09:07:27

Vent rate: 79 BPM
PR Int: 188 ms
QRS dur: 89 ms
QT/QTc: 353/388 ms
P-R-T axes: 57 63 59

SINUS RHYTHM
MODERATE T-WAVE ABNORMALITY. CONSIDER ANTERIOR ISCHEMIA (-0.1+ mv T wave in V3/V4)
ABNORMAL ECG

UNCONFIRMED REPORT



13500189213

No Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #22293 25mm/s 10mm/mV 0.05-40 Hz




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QFAHN/BILL/003/V1



Apollo
HOSPITALS
NASHIK

MD (Radiology)

Patient Details : Mrs. SUCHITA SACHIN GOSAVI | Female | 38Yr 4Mth 2Days
UHID : MHN1.0000133274 **Patient Location:** AHC
Patient Identifier: NSKAH29968 
DRN : 223002406 **Completed on :** 28-JAN-2023 11:57
Ref Doctor : Dr. Rajashri Dhongade

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size. Echotexture is uniform and normal.
No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Well distended with normal walls and lumen.
No calculi/pericholecystic fluid.

COMMON BILE DUCT: Normal in size.

PANCREAS : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.
No evidence of calculi/ hydronephrosis.
Right kidney measures : 10.2 x 5.2cm.
Left kidney measures : 10.8 x 4.7cm.

URINARY BLADDER: Well distended with normal walls.
No evidence of calculi/ growth/ diverticula.
Prevoid urine volume = 557cc.
1st postvoid residual urine = 197cc.
IInd postvoid residual urine = 18cc. (insignificant).



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Mrs. SUCHITA SACHIN GOSAVI

MHN1.0000133274

NSKAH29968

ULTRASOUND - WHOLE ABDOMEN

UTERUS: Anteverted. Normal in size and echotexture.

Uterus measures : 4.8 x 4.1x 8.9cm.

Endometrium is thin and measures 4.6mm.

No endometrial collection / lesion.

OVARIES:

Right ovary measures : 8.8cc.

Left ovary measures : 7.1cc.

Normal in size and echotexture.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

Impression

Uterus and ovaries are normal. Thin endometrium.

No significant abnormality is detected.

— END OF THE REPORT —

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)

MD (Radiology)

Patient Details : Mrs. SUCHITA SACHIN GOSAVI | Female | 38Yr 4Mth 2Days

UHID : MHN1.0000133274 **Patient Location:** AHC

Patient Identifier: NSKAH29968



DRN : 123003892 **Completed on :** 28-JAN-2023 08:58

Ref Doctor : Dr. Rajashri Dhongade

X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)



OPHTHALMOLOGY



Name: Mrs. Suchita Gosavi Date: 28/1/23 UNIT _____
 Occupation: _____ Room No. _____ Out Patient
 Age: 38 Sex: Male Female S/M/W/D Ref. Physician: _____
 Address: Nite Copies to: _____
 Tel. No. _____

REPORT ON OPHTHALMIC EXAMINATION

HISTORY: _____

PRESENT COMPLAINT: _____

PAST HISTORY DM / HTN / ALLERGY Migraine of eye 7ly

ON EXAMINATION 1y dx

VISION:

VU
 VA
 RE 6/9
 LE 6/9

	RIGHT					LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA	
DIST	_____					_____				
NEAR	_____					_____				

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	2	-0.75	178	+0.25	-0.75	175

Refraction or Acceptance :

	RIGHT					LEFT				
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA		
DIST	2	-0.75	180	4/6	+0.25	-0.75	175	6/6		
NEAR	_____					_____				

Cu₁ (R)

CONSULTANT OPTOMETRIST



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NASHIK

28/1/23

Mrs Gasawi

38 F.

- H/O of DM.

- Mild Plaque present.

- Class I mal-occlusion bilaterally.

- No Caries present.

Adv- Scaling

