



011-41195959

Email:wellness@mediwheel.in

Hi Jpk Hospitals And Trauma Centre Pvt. Ltd.,

Diagnostic/Hospital Location :8/9, NORMAL COMPOUND, OPP. TELEPHONE EXCHANGE,NEAR SUPER MARKET, City:Sultanpur

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000244

Beneficiary Name : MR. MISHRA SACHIN

Member Age : 36

Member Gender : Male

Member Relation : Employee

Package Name : Mediwheel Full Body Health Checkup Male Below 40

Location : PRATAPGARH,Uttar Pradesh-230001

Contact Details : 9236594716

Booking Date : 04-07-2023

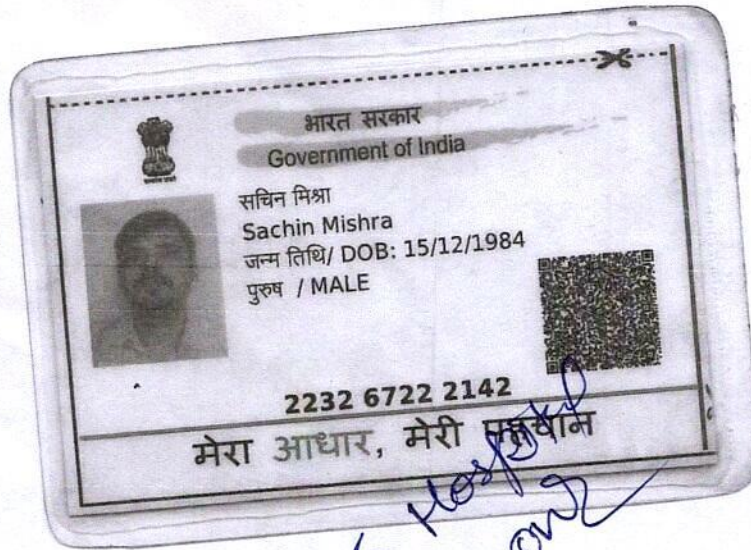
Appointment Date : 08-07-2023

Instructions to undergo Health Check:

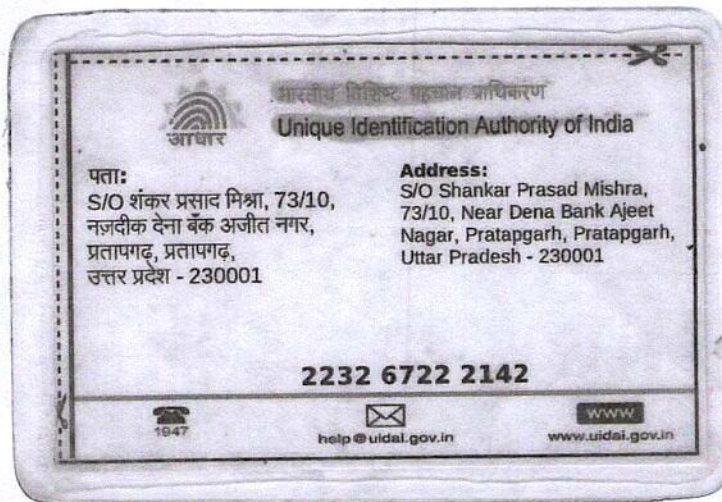
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

Dr. Pawan Kumar Singh
M.B.B.S. DMB (Medicine)
UPMCI-61830
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



For JPK Hospital
Ajeet
07/23



Dr. Pawan Kumar Singh
M.B.B.S. DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

बैंक ऑफ बड़ोदा
Bank of Baroda

कूट क्र. **165886**
 E.C. No.

नाम | Name **SACHIN MISHRA**

पदनाम | Designation **HEAD CASHIER**

धारक के हस्ताक्षर | Signature of Holder
Sachin

29.03.2023
 जारी करने की तारीख
 Date of Issue

[Signature]
 जारीकर्ता अधिकारी
 Issuing Authority



Sachin

Dr. Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)
 UPMCI-61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre P.A. Ltd.)

08.07.2023 9:34:52
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

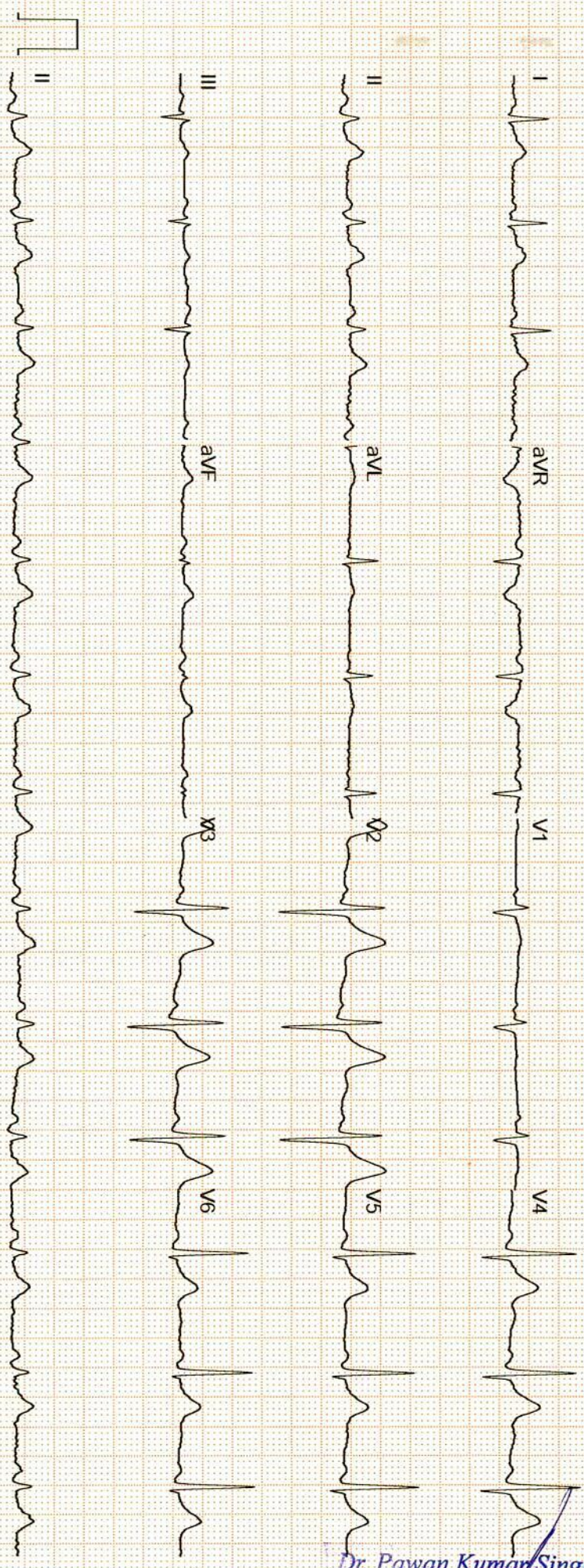
Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

78 bpm
--/--mmHg

QRS : 76 ms
QT / QTcBaz : 374 / 426 ms
PR : 134 ms
P : 106 ms
RR / PP : 768 / 769 ms
P / QRS / T : 61 / 6 / 38 degrees

Normal sinus rhythm
Normal ECG

Technician:
Ordering Ph.: DR. J.P. SINGH
Referring Ph.:
Attending Ph.:



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Unconfirmed

JPK**CLINIC & DIAGNOSTICS**

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
 Super Market, Sultanpur -228 001 (U.P.)
 Ph. : 05362-241192, 9196008963
 www.jpkhospitals.com



Patient ID : 046357
 Name : Mr. SACHIN MISHRA
 Age/Gender : 38Y/M
 Date/Time : 08-07-2023/19:17
 Referred By : SELF

INVESTIGATION**RESULT****REFERENCE RANGE**

LRN-016747

PSA TOTAL**BIO-CHEMISTRY****PSA Total**

0.32 ng/mL

<4.00 ng/mL

Sample Collection Time 08 Jul 2023 / 19:22

Result Approval Time 10 Jul 2023 / 16:34

LRN-016747

Fasting Blood Sugar**Fasting blood sugar**

79.0 mg/dL

70-110 mg/dl

Sample Collection Time 08 Jul 2023 / 19:22

Result Approval Time 10 Jul 2023 / 16:34

LRN-016748

Blood Urea Nitrogen (BUN)**Blood Urea Nitrogen (BUN)**

11.3 mg/dL

5-18 mg/dL Infant/Child

6-20 mg/dL Adult

8-23 mg/dL Adult >60Yr

Sample Collection Time 08 Jul 2023 / 19:22

Result Approval Time 10 Jul 2023 / 16:34

LRN-016747

Serum Creatinine**Serum Creatinine**

1.1 mg/dL

Male 0.9-1.3 mg/dL

Female 0.6-1.1 mg/dL

Sample Collection Time 08 Jul 2023 / 19:22

Result Approval Time 10 Jul 2023 / 16:34

LRN-016748

Total Cholesterol**Lipid Profile**

186.0 mg/dl

Desirable < 200 mg/dL

Borderline 200-239 mg/dL

High > 240 mg/dL

Triglycerides

141.0 mg/dL

Normal < 150 mg/dL

Borderline High 150-199 mg/dL

High 200-499 mg/dL

Very high > 500 mg/dL

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)
UPMCI-67330Director & Consultant Physician
JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. SHIWANGI

MBBS, FCP. (DNB)

Consultant Pathologist

JPK Clinic & Diagnostics

(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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Facilities Available

- ECG
- PFT
- Endoscopy
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INVESTIGATION	RESULT	REFERENCE RANGE
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HDL	58.5 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	102.3 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	28.2 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	3.1	(Less than 5.0)
LDL/HDL	1.7	UPTO 3.5

Sample Collection Time 08 Jul 2023 / 19:22
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LRN-016747

Post Prandial Blood Glucose**Post Prandial Blood Glucose**

120.0 mg/dL

90 - 140 mg/dL

Sample Collection Time 08 Jul 2023 / 19:22
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LRN-016749

Glycosylated Haemoglobin**HbA1C**

4.6 %

4-6% - NON-DIABETIC
 6-7% - GOOD CONTROL
 7-8% - FAIR CONTROL
 >8% - ACTION SUGGESTED

Sample Collection Time 08 Jul 2023 / 19:22
 Result Approval Time 10 Jul 2023 / 16:34

LRN-016747

Uric Acid**Uric Acid**

5.1 mg/dL

Male 4.0-8.5 mg/dL
 Female: 2.7-7.3 mg/dL

Sample Collection Time 08 Jul 2023 / 19:22
 Result Approval Time 10 Jul 2023 / 16:34

Rakesh Sharma
 Lab Technician

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)
 UPMCI-61330

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INVESTIGATION**RESULT****REFERENCE RANGE**

LRN-016748

Liver Function Test (LFT)

Bilirubin Total	0.71 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term)
Bilirubin Direct	0.32 mg/dL	0.0 - 1.0 mg/dL (Adult)
Bilirubin Indirect	0.39 mg/dL	0.0 - 0.8 mg/dL
SGOT	30.4 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	26.5 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	82.5 U/L	UPTO 125 U/L
Total Protein	6.74 g/dL	6.0 - 8.0 g/dL
Albumin	4.32 g/dL	3.5 - 5.2 g/dL
Globulin	2.42 g/dL	1.5 - 3.0 g/dL
A/G	2.7	1 - 2

Sample Collection Time 08 Jul 2023 / 19:22
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LRN-016747

Gamma Glutamyl transferase (GGT)

GGT	23.6 U/L	5-36 U/L (Female) 8-61 U/L (Male)
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Rakesh Sharma
 Lab Technician

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INVESTIGATION**RESULT****REFERENCE RANGE**

INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
Complete Blood Count		
Haemoglobin	14.5 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	4420	4000-11,000/cumm
Differential Count		
Neutrophils	45 %	40-75 %
Lymphocytes	48 %	20-45 %
Eosinophils	01 %	01-08 %
Monocytes	06 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	4.58 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	40.9 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	89.1 fl	75-95 fl
MCH	31.7 pg	26-32 pg
MCHC	35.5 %	30-35%
Platelet Count	140000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	14.1 fL	7.5-11.5 fL
RDW-CV	13.4 %	11-16 %
RDW-SD	47.2 %	35-56 %

Sample Collection Time 08 Jul 2023 / 19:22
 Result Approval Time 10 Jul 2023 / 15:42

LRN-016745

Erythrocyte sedimentation Rate (ESR)

Erythrocyte sedimentation Rate (ESR) 14 mm/hr
 Male : 0 - 10 mm/hr
 Female : 0 - 20 mm/hr

Sample Collection Time 08 Jul 2023 / 19:22
 Result Approval Time 10 Jul 2023 / 15:42

LRN-016746

Blood grouping and Rh typing

Blood Group B

Rakesh

Rakesh Sharma
 Lab Technician

Dr. Pawan Kumar Singh
 M.B.B.S. DNB (Medicine)
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Patient ID : 046357
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Age/Gender : 38Y/M
Date/Time : 08-07-2023/19:17
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

RH Typing

POSITIVE (+)

Sample Collection Time 08 Jul 2023 / 19:22
Result Approval Time 10 Jul 2023 / 15:42

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

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Dr. SHIWANGI

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Consultant Pathologist
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Patient ID : 046357
 Name : Mr. SACHIN MISHRA
 Age/Gender : 38Y/M
 Date/Time : 08-07-2023/19:17
 Referred By : SELF

INVESTIGATION**RESULT****REFERENCE RANGE**

LRN-016750

Clinical Pathology**URINE-ROUTINE/MICROSCOPY****PHYSICAL EXAMINATION**

Quantity in ml : 20 ML
 Urine Color : PALE YELLOW
 Reaction : ACIDIC

CHEMICAL EXAMINATION

Leukocytes : NEGATIVE
 Nitrite : NEGATIVE
 Urobilinogen : NEGATIVE
 pH : 6.0
 Blood : NEGATIVE
 Sp.Gravity : NEGATIVE
 Ketone : NEGATIVE
 Bilirubin : NEGATIVE
 Glucose : NEGATIVE
 Protein : NEGATIVE

MICROSCOPIC EXAMINATION

Epithelial Cells : 1-2/HIGH POWER FIELD
 RBC : NIL
 Pus Cells : 2-3/HIGH POWER FIELD
 Casts : NOT SEEN
 Crystals : NOT SEEN

Sample Collection Time 08 Jul 2023 / 19:22
 Result Approval Time 10 Jul 2023 / 16:34

Rakesh Sharma
 Lab Technician

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 Name : Mr. SACHIN MISHRA
 Age/Gender : 38Y/M
 Date/Time : 08-07-2023/19:17
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INVESTIGATION**RESULT****REFERENCE RANGE**

INVESTIGATION	RESULT	REFERENCE RANGE
CHEMILUMINESCENCE IMMUNOASSAY		
Thyroid Function Test (T3, T4, TSH)		
LRN-016751		
T3	1.24 ng/mL	0.69-2.15
T4	95.6 ng/mL	52-127
TSH	11.7 μ IU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

Sample Collection Time 08 Jul 2023 / 19:22
 Result Approval Time 10 Jul 2023 / 16:34

----- End of Report -----

Rakesh

Rakesh Sharma
 Lab Technician

Dr. Pawan Kumar Singh

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 UPMCI-61330

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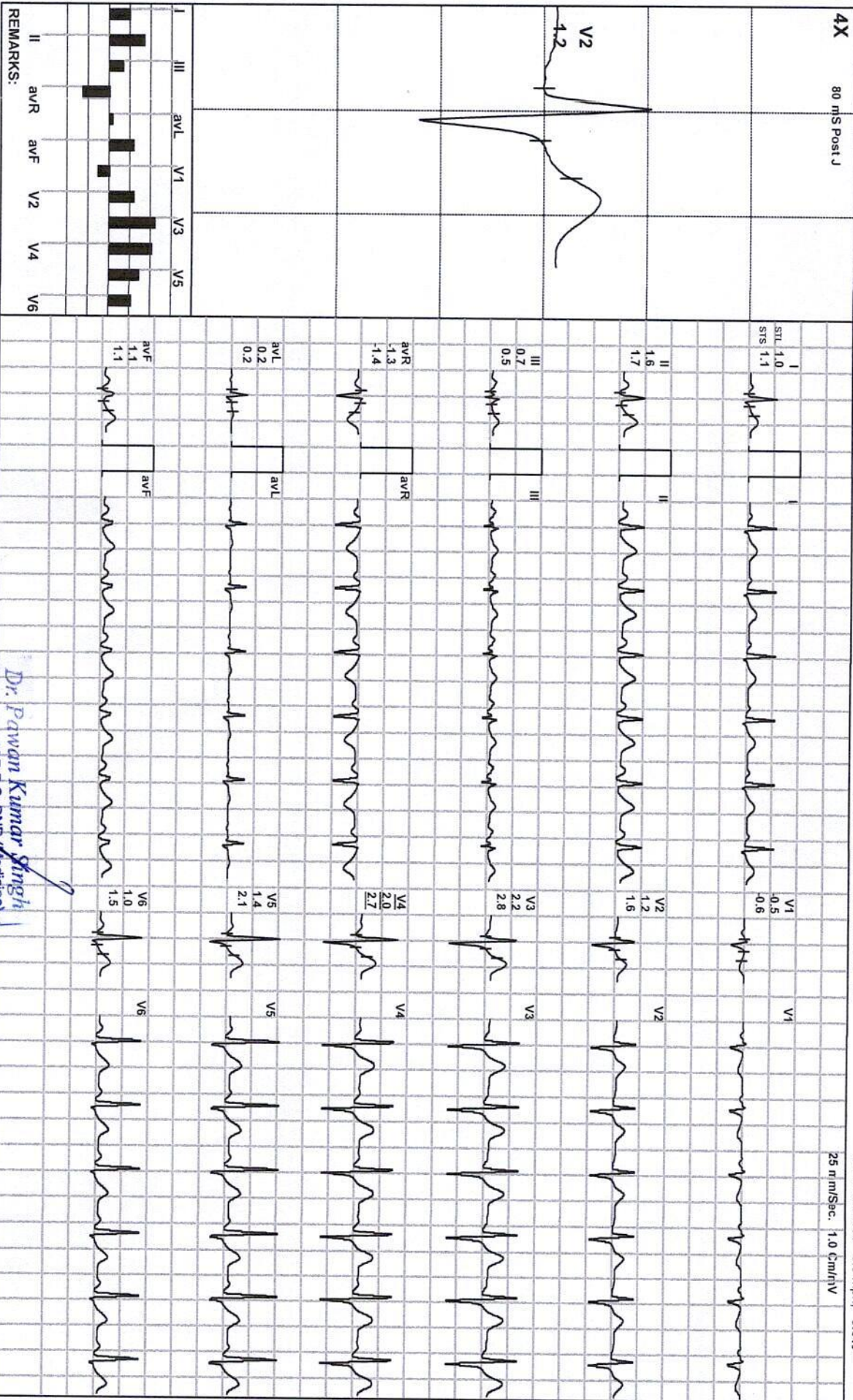


Date: 08 - 07 - 2023 10:26:48 AM METS: 1.0/ 109 bpm 60% of THR BP: 120/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mpt, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/rIV



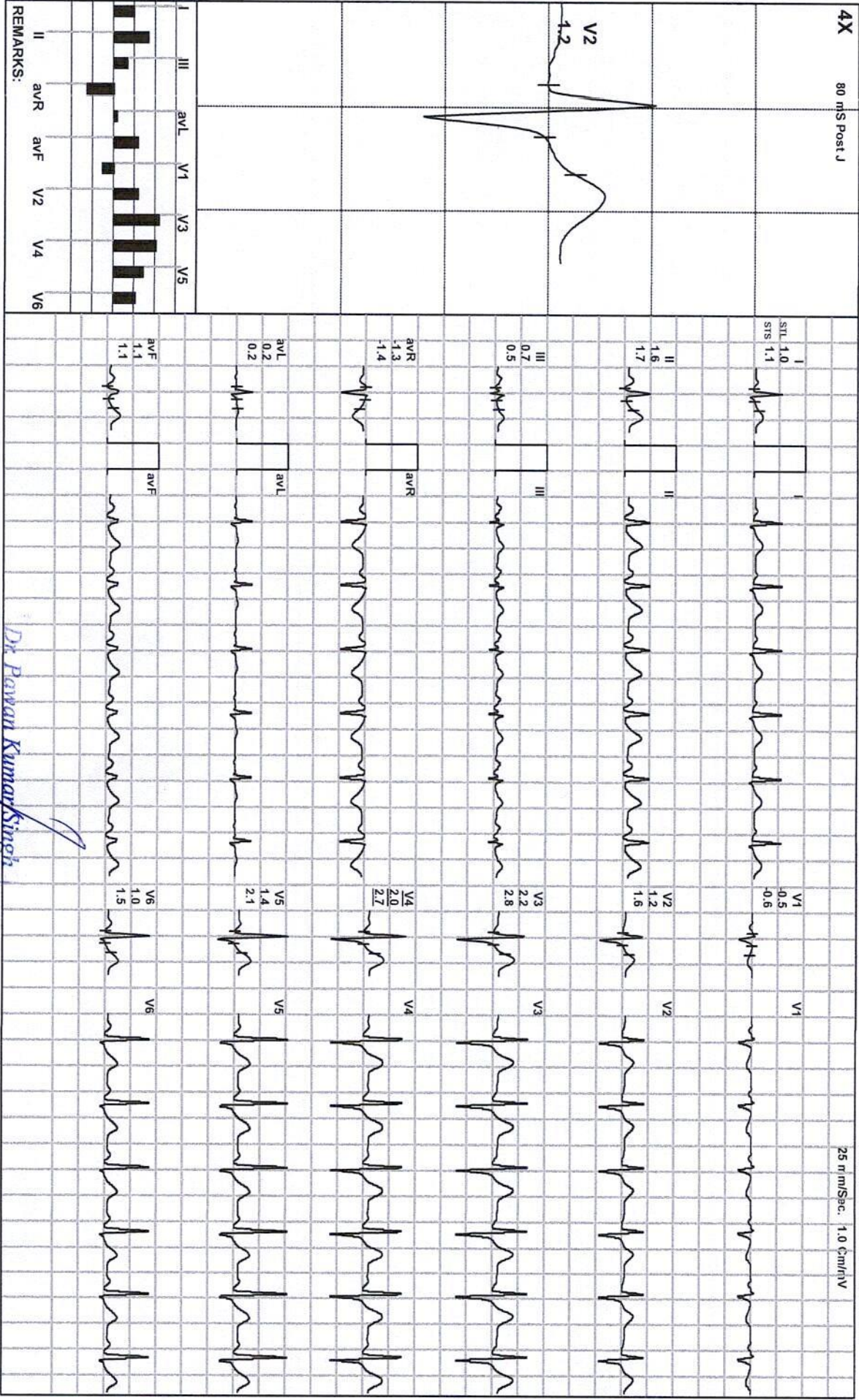
Dr. Pawan Kumar Singh
 M.D.D.G. - BMB (Medicine)
 UPMCI-61330

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 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(ADX_GEM217220330)(R)Allergers



Date: 08 - 07 - 2023 10:26:48 AM METS: 1.0/ 109 bpm 60% of THR BP: 120/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz



REMARKS:

Dr. Pawan Kumar Singh

M.B.S. DNB (Medicine)
UPMCI-61330
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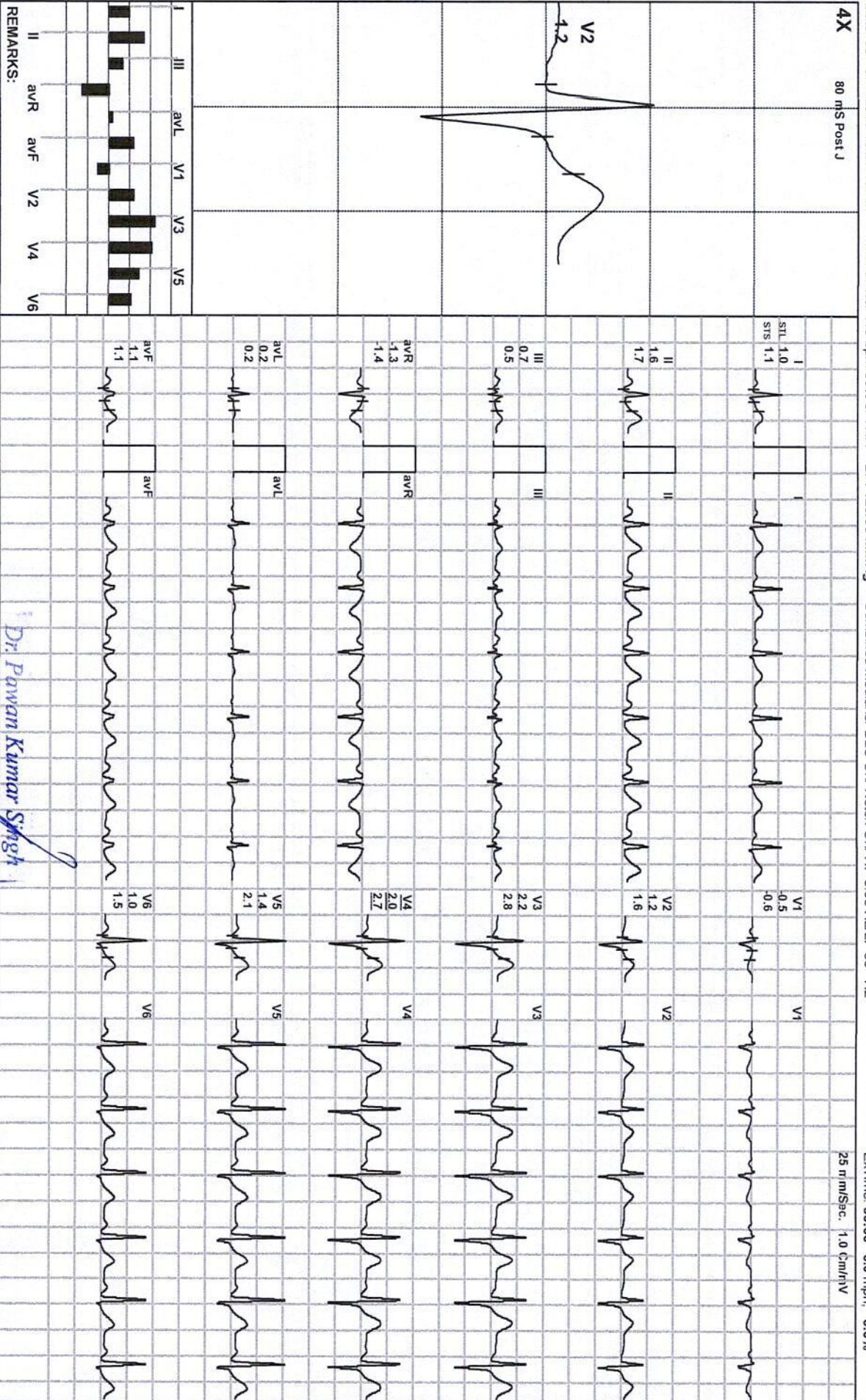
(ADX_GEM217220330)(R)Allengers



34 / SACHIN MISHRA / 38 Yrs / M / 175 Cms / 73 Kg / HR : 115

Date: 08 - 07 - 2023 10:26:48 AM METS: 1.0/ 115 bpm 63% of THR BP: 120/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%



Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)
UPMCI-61330

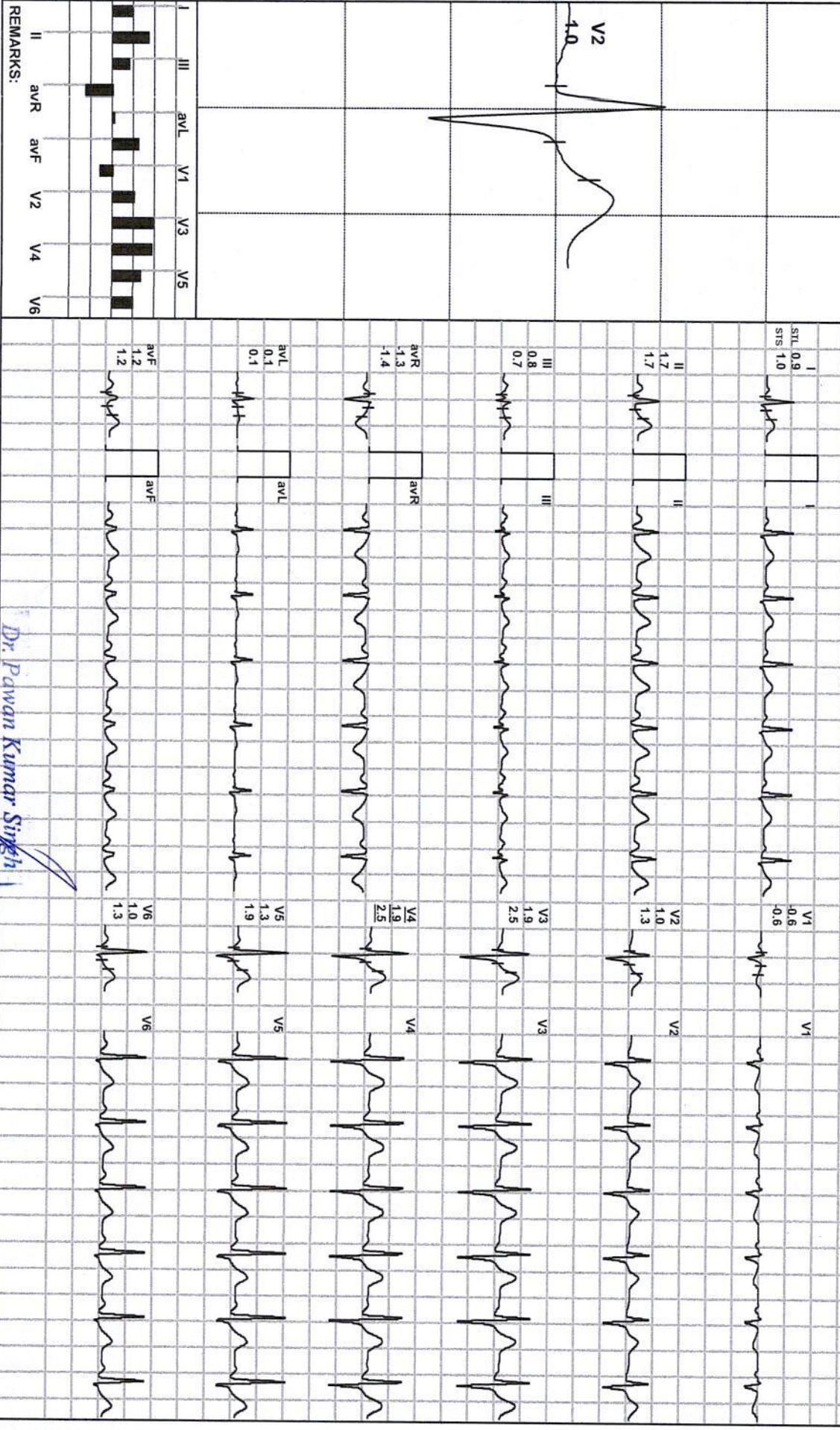
Director & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers



Date: 08 - 07 - 2023 10:26:48 AM METS: 1.0/ 111 bpm 61% of THR BP: 120/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz

4X 80 m/s Post J STL 0.9 SRS 1.0 V1 0.6 V2 1.0 V3 1.9 V4 2.5 V5 1.3 V6 1.0



REMARKS:

Dr. Pawan Kumar Singh

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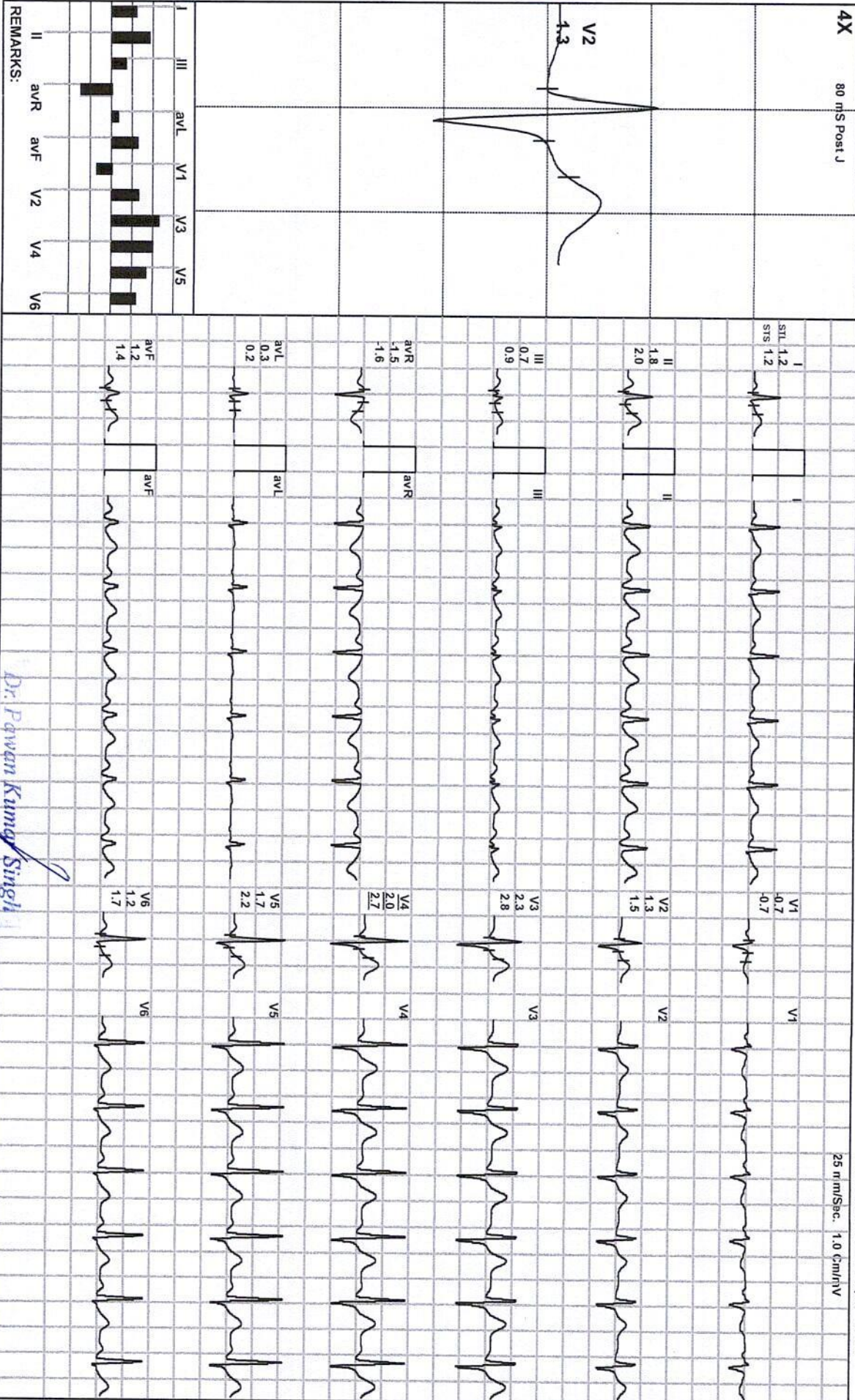
34 / SACHIN MISHRA / 38 Yrs / M / 175 Cms / 73 Kg / HR : 111

Date: 08 - 07 - 2023 10:26:48 AM METS: 1.0/ 111 bpm 61% of THR BP- 120/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 cm/mV



REMARKS:

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)
UPMCI-61280

Director & Consultant Physician

JPK Clinic & Diagnostics

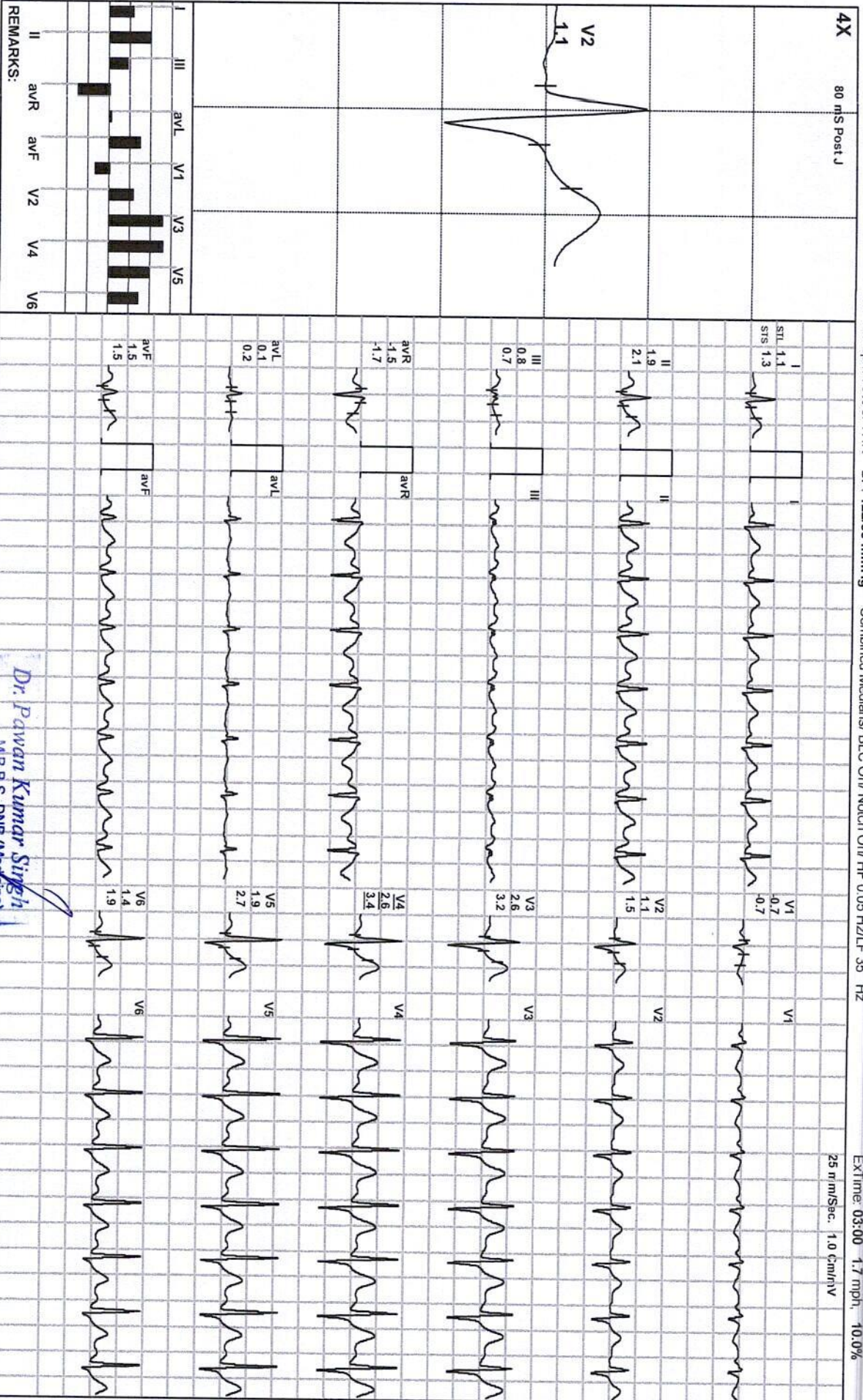
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd)

(ADX_GEM217220330)(R)Allergens



Date: 08 - 07 - 2023 10:26:48 AM METS: 4.71 127 bpm 70% of THR BP: 122/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 1.7 mph 10.0%



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(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

34 / SACHIN MISHRA / 38 Yrs / M / 175 Cms / 73 Kg / HR : 147

BRUCE: Stage 2(3:00)



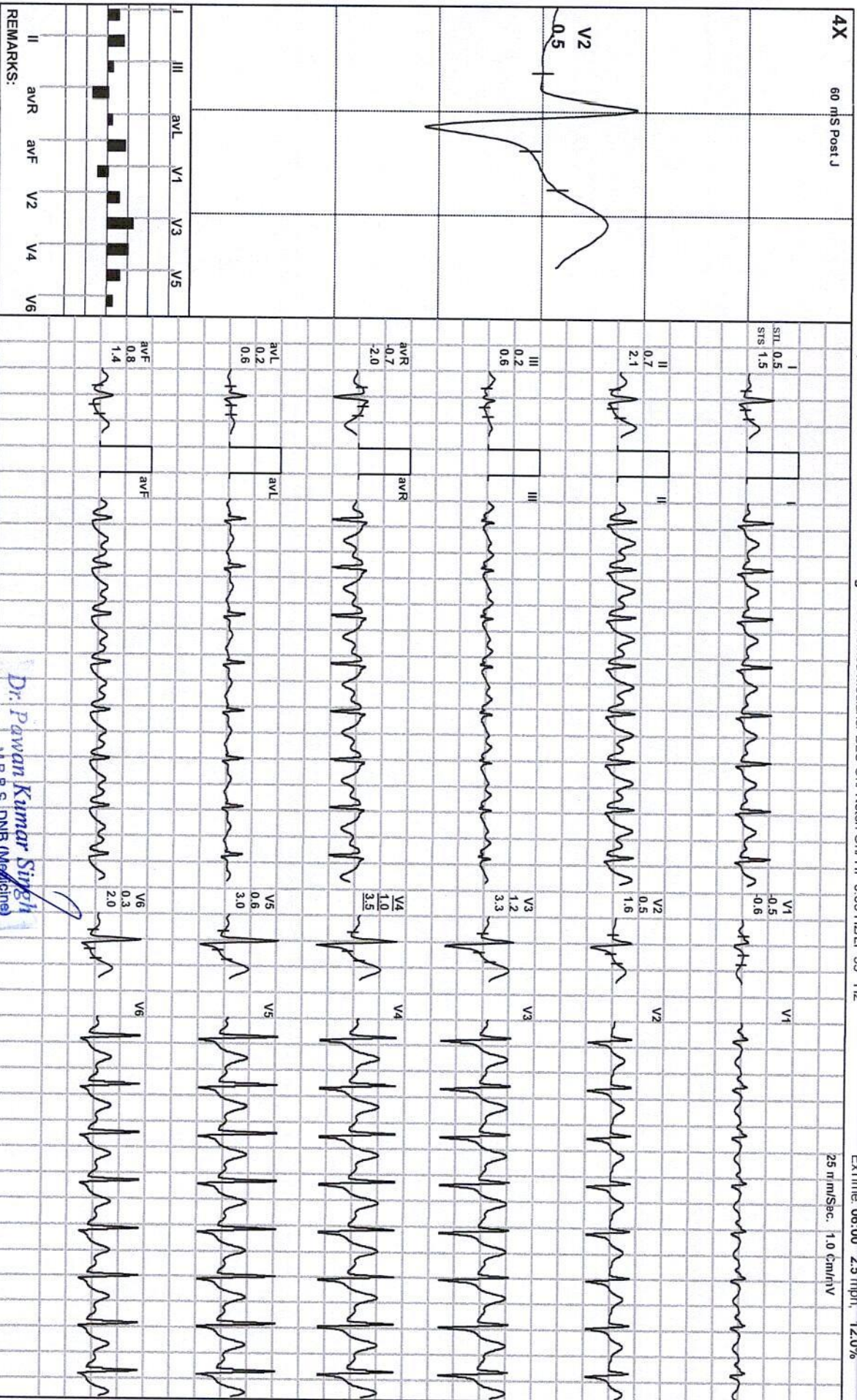
Date: 08 - 07 - 2023 10:26:48 AM

METS: 7.1/ 147 bpm 81% of THR

BP: 124/92 mmHg

Combined Medians/ BLC On/ Noch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 06:00 2.5 mph, 12.0%



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(ADX_GEM217220330)(R)Allergers

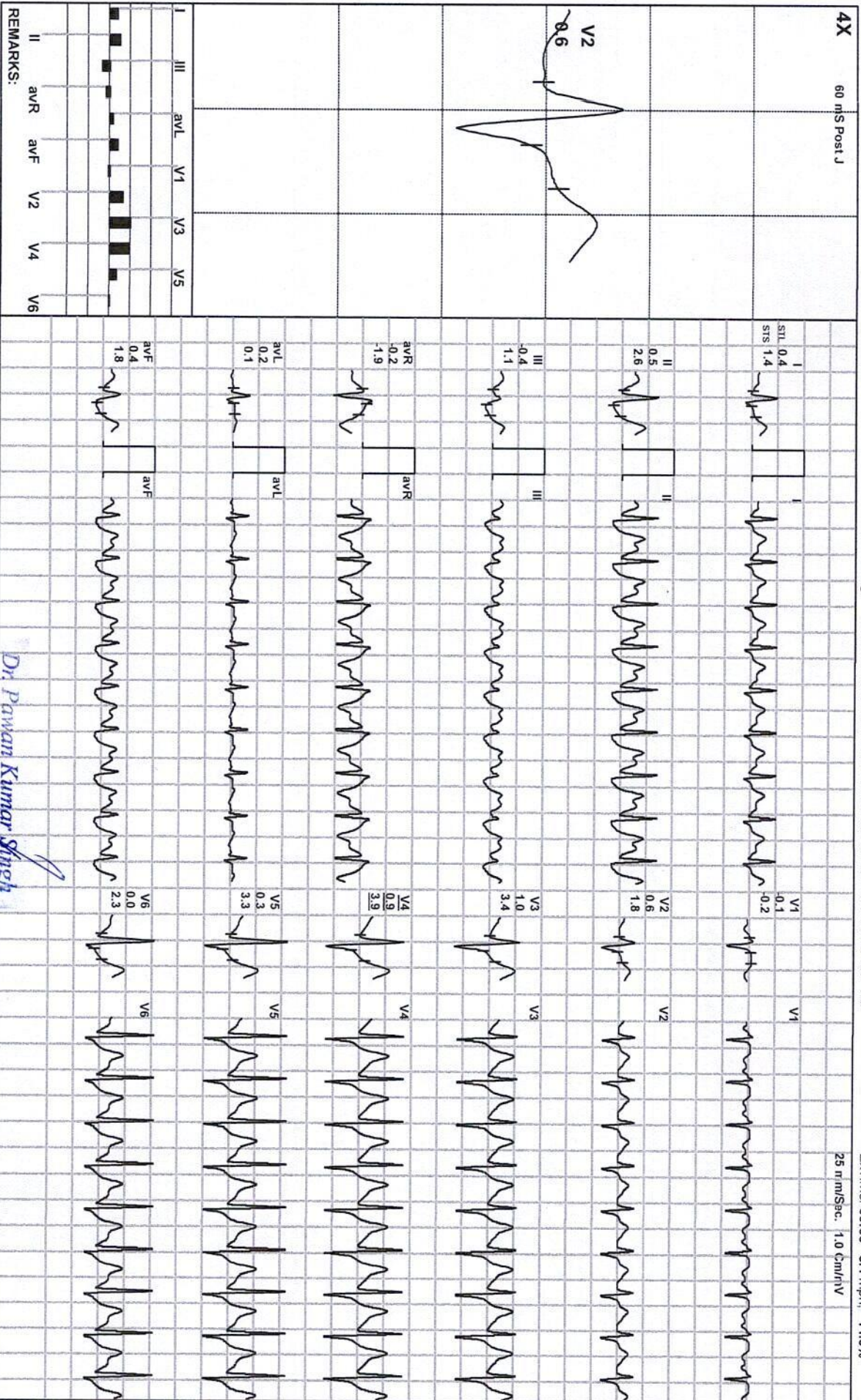


Date: 08 - 07 - 2023 10:26:48 AM

METS: 10.2 172 bpm 95% of THR

BP: 126/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:00 3.4 mph, 14.0%



Dr. Pawan Kumar Singh

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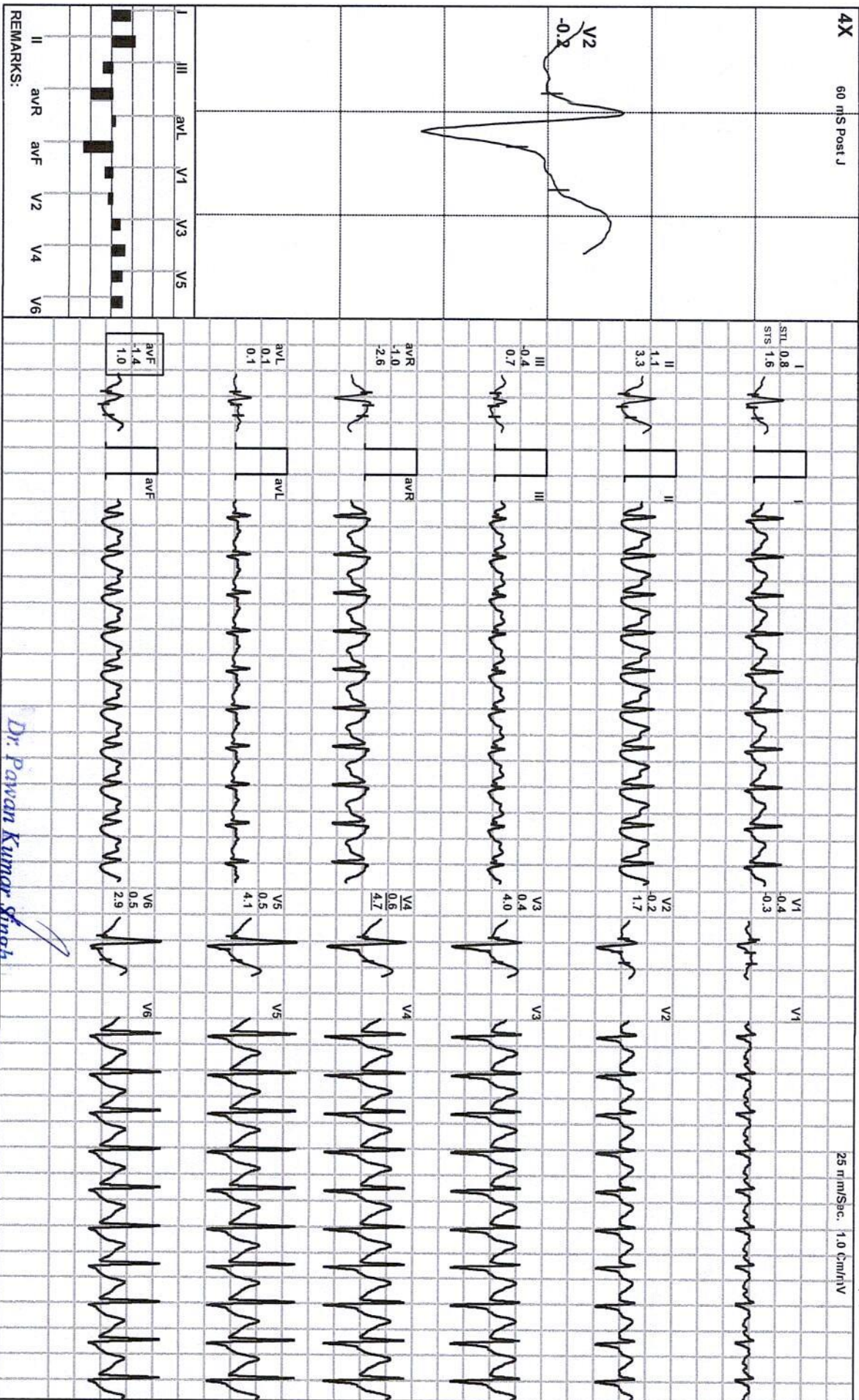
U.P.MCI-61330

Director & Consultant Physician

JPK Clinic & Diagnostics

A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allergens



REMARKS:

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(ADX_GEM217220330)(R)Allengers

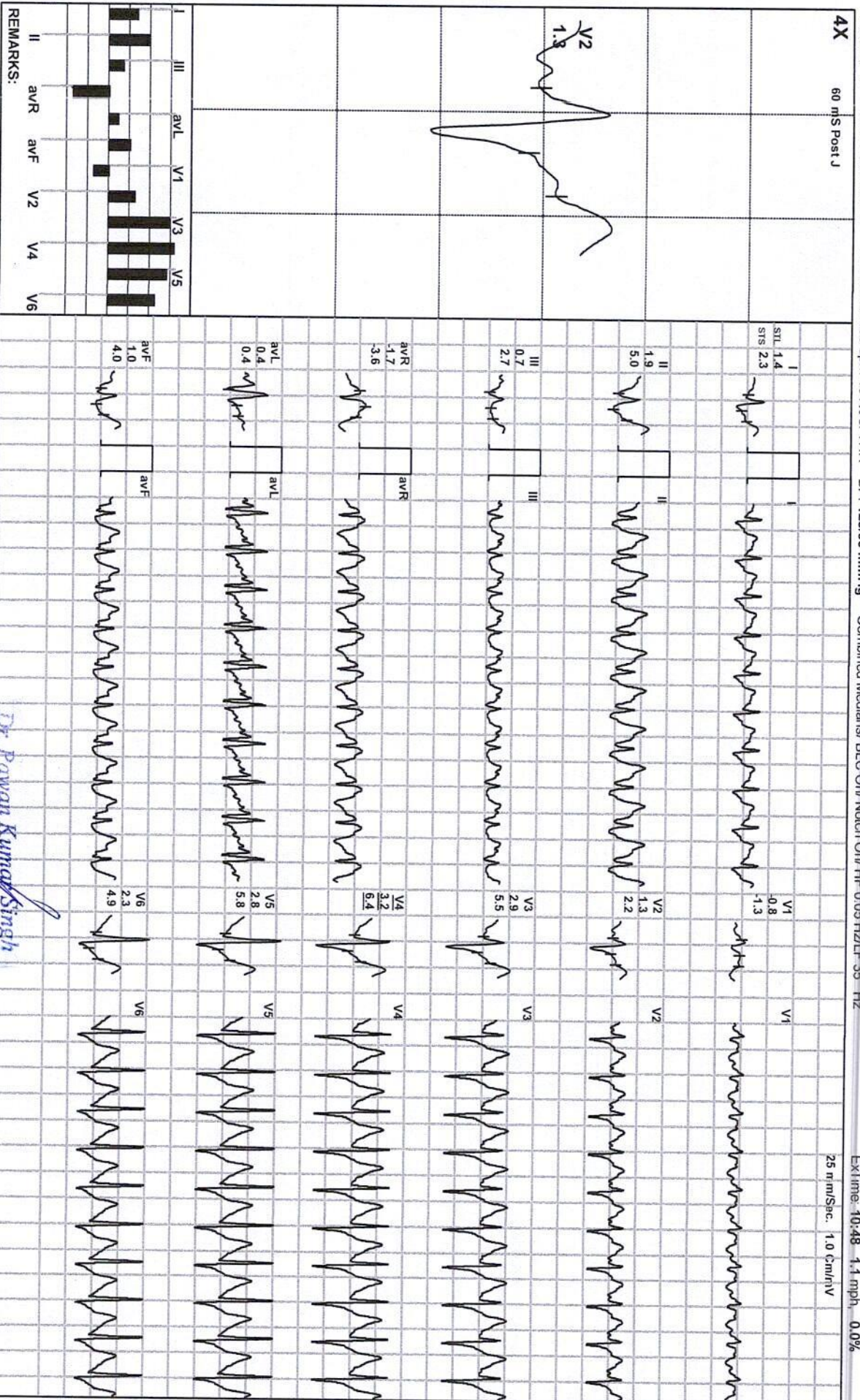


Date: 08 - 07 - 2023 10:26:48 AM

METS: 7.2l 183 bpm 10+1% of THR

BP: 128/90 mmHg

ExTime: 10:48 1.1 mph 0.0%



REMARKS:

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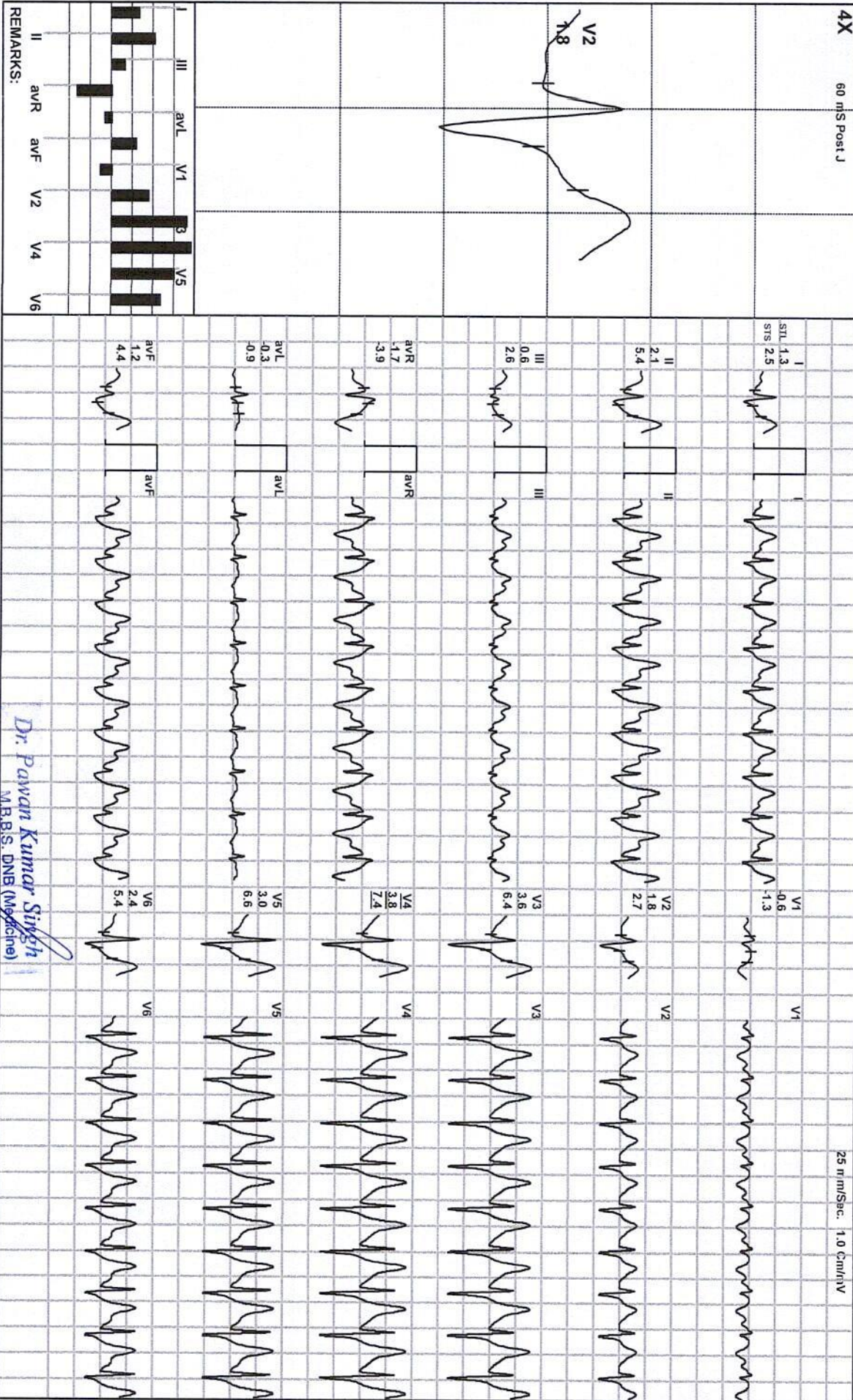


Date: 08 - 07 - 2023 10:26:48 AM METS: 4.2/ 171 bpm 94% of THR BP: 129/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/ LF 35 Hz

EXTIME: 10:48 1.1 mph 0.0%

4X 60 m/s Post J

25 mm/Sec. 1.0 Cm/IV



REMARKS:

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JPK HOSPITAL AND TRAUMA CENTER
SULTANPUR Email:

Report



34 / SACHIN MISHRA / 38 Yrs / M / 175 Cms / 73 Kg
Date: 08 - 07 - 2023 10:26:48 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:08	0:08	00.0	00.0	01.0	109	60 %	120/88	130	00	
Standing	00:12	0:04	00.0	00.0	01.0	109	60 %	120/88	130	00	
HV	00:17	0:05	00.0	00.0	01.0	115	63 %	120/88	138	00	
Warm Up	00:21	0:04	00.0	00.0	01.0	111	61 %	120/88	133	00	
ExStart	00:30	0:09	00.0	00.0	01.0	111	61 %	120/88	133	00	
BRUCE Stage 1	03:30	3:00	01.7	10.0	04.7	127	70 %	122/90	154	00	
BRUCE Stage 2	06:30	3:00	02.5	12.0	07.1	147	81 %	124/92	182	00	
BRUCE Stage 3	09:30	3:00	03.4	14.0	10.2	172	95 %	126/84	216	00	
PeakEx	11:18	1:48	04.2	16.0	12.2	189	104 %	128/90	241	00	
Recovery	11:48	0:30	01.1	00.0	07.2	183	101 %	128/90	234	00	
Recovery	12:18	1:00	01.1	00.0	04.2	171	94 %	125/86	213	00	
Recovery	12:24	1:05	00.0	00.0	03.7	168	92 %	125/86	210	00	

FINDINGS :

Exercise Time : 10:48
 Initial HR (ExStrt) : 111 bpm 61% of Target 182
 Initial BP (ExStrt) : 120/88 (mm/Hg)
 Max Workload Attained : 12.2 Good response to induced stress
 Max ST Dep Lead & Avg ST Value: avF & -1.4 mm in PeakEx
 Duke Treadmill Score : 10.3
 Test End Reasons : Test Complete

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
 ACTIVITY : VERY ACTIVE

Max HR Attained 189 bpm 104% of Target 182
 Max BP Attained 128/90 (mm/Hg)
 VO2Max : 42.7 ml/Kg/min (Good)

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Doctor : DR PAWAN KUMAR SINGH

OTHER INVESTIGATION	:	NO
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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