



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name: KEYUR K PUNATAR	
SH No: 299995	Date: 16 10 2024
Age: 35	Gender: MALE

ASSESSMENT:

- OBESITY(BMI: 30.53)
- P/H/O: JAUNDICE(2012) , SYNCOPE(2017,2024)
- C/O:IRREGULAR DIET , DEPRIVED SLEEP
- ENT ASSESSMENT: WAX IN RIGHT EAR PRESENT
- HIGH FBS(111), HIGH PB2S(178), PBUG: TRACE ,HIGH HBA1C(5.90)
- HIGH TRIGLYCERIDE(279) , LOW HDL CHOLESTEROL(27) , NEAR TO ABOVE OPTIMAL DIIREDLDL(101) , HIGH VLDL(55.80) , HIGH CHOL/HDL RATIO(6.6) , HIGH DLDL/ HDL RATIO(3.7)
- LOW SERUM BLOOD UREA NITROGEN(7.94) , LOW SERUM UREA(17)
- HIGH SGPT(80)
- URINE R/M: LOW SPECIFIC GRAVITY(1.010)
- USG ABDOMEN AND PELVIS : SEVERE FATTY INFILTRATION OF LIVER (GRADE 3) , MILD HEPATOSPLENOMEGALY

ADVISED:

- ANTI DIABETIC & LOW FAT DIET
- AVOID OUT SIDE FOOD AND WATER
- REGULAR EXERCISE & WEIGHT REDUCTION.
- REGULAR BLOOD SUGAR MONITORING AND CONTROL
- REPEAT LIPID PROFILE AFTER 3 MONTH
- OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- ENT ADVICE: FOLLOW ADVICE
- PHYSICIAN CONSULTATION

Sterling Adlife India Limited  
Unit-Sterling Hospital Vadodara  
Race Course Circle, (West)  
VADODARA - 390 007.  
**DR.JAY S PANDIT**

Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Adlife India Private Limited | CIN U85110GJ2000PTC039121  
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





### HEALTH CHECK UP MEDICAL EXAMINATION

Name : Keyur K. Punatar Employee ID : \_\_\_\_\_

Company Name : \_\_\_\_\_ Age : 25 Sex : M/F

Height : 185 cms. Weight : 93.5 Kgs BMI : 30.53 Blood Group : \_\_\_\_\_

Name of HO / Registrar taking History : Dr Jays Pundit

Allergies :  None  Yes (If Yes, describe)

Drugs/Food/Latex/Dyes/Contrast/Other .....	Reaction
1.	1.
2.	
3.	

#### Chief Complaints

.....  
.....  
.....

#### Physical Examination :

##### Vital Signs:

Temp : 97.8 F SPO<sub>2</sub> : 98 Pulse : 95 /min R/R : 18 /min B.P. : 130/80 mm Hg

#### Past History :

If Hypertension, since On Medication 1)..... 2)..... 3).....	If Diabetes, since On Medication 1)..... 2)..... 3).....
If Ischaemic Heart Disease since On Medication 1)..... 2)..... 3).....	Under Treatment Dr. ....
Under Treatment of Dr. .... Any Intervention done .....	If Tuberculosis, When .....
P/H of Operation Diagnosis : .....	Any Other P/H .....
Name of Operation : .....	Any Other Medication .....
Year of Operation : .....	P/H of Hospitalization .....
Others .....	Diagnosis : <u>Jandice</u>
	Year : <u>(2012)</u>
	Duration : <u>OPD parity.</u>
	Blood Transfusion History : Yes / No <input checked="" type="checkbox"/>
	Year : .....

**Family History :** (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

Hypertension	Yes/No	Asthma	Yes/No
Heart Disease	Yes/No	Stroke	Yes/No
Diabetes	Yes/No	Arthritis/Gout	Yes/No
Tuberculosis	Yes/No	Cancer	Yes/No
Epilepsy	Yes/No	Other Chronic disease	Yes/No

**Personal History :**

Diet	Veg.	Smoking	Yes/No	since ..... / ..... per day
Appetite	Irregular Diet	Alcohol	Yes/No	since ..... / ..... (freq.)
Sleep	Heavy sleep deprived.	Drugs	Yes/No	since ..... / ..... (freq.)
Micturition	Regular	Tobacco	Yes/No	since ..... / ..... (freq.)
Bowel Habits		Any other habit		

**FOR FEMALES :**

 Obstetric History : L.D. ....  
 Abortion : .....  
 Others : .....

**General Examination :**
 Anemia     Cyanosis     Jaundice     Generalized Lymphadenopathy     Pedal oedema

**General Examination :**

 .....  
 .....  
 .....

**Head :**  NSF

Injuries (Specify if any) : .....

**Eyes :**  NSF

- Vision :  Normal     Blurred     Double     Colour Blind
- Pupils :  Normal     Abnormal
- Other :  Inflammation     Pain     Itching     Discharge     No complaint

Remarks (if any) :

**Ears :**  NSF

- Deaf     Yes     No    • Pain     Yes     No    • Discharge     Yes     No
- Dizziness     Yes     No

**Nose :**  NSF

- Nosebleed     Yes     No    • Congestion     Yes     No    • Sinus problem     Yes     No

**Mouth :**  NSF

- Lesion     Yes     No
- Dental Hygiene     Good     Poor    Bleeding gums     Yes     No
- Sense of taste     Yes     No



**Throat/Neck :**  NSF

- Swollen glands  Yes  No
- Stiffness  Yes  No
- Dysphagia  Yes  No

**SYSTEMIC EXAMINATION**

**Neurological :**  NSF

- Headache  Yes  No
- Memory changes  Yes  No
- Dizziness  Yes  No
- Syncope  Yes  No
- Seizures  Yes  No
- Paralysis  Yes  No if yes  R  L
- Cooperative  Yes  No
- Anxiety  Yes  No
- Depression  Yes  No
- Suicidal attempt  Yes  No
- Any psychiatric illness No
- Oriented  Yes  No if disoriented, to  Person  Place  Time
- Reaction:  Brisk  Sluggish  No response
- LOC :  Alert  Confused  Sedated
- Speech :  Clear  Slurred

**Respiratory :**  NSF

- A & B E clear
- Lung sounds : .....
  - Dyspnoea :  None  With activity  At rest  Lying down  Retractions
  - Cough :  None  Non-productive  Productive - colour
  - Hemoptysis:  Yes  No
  - Night Sweats :  Yes  No
  - Cyanosis :  Yes  No Where .....

**Cardiovascular :**  NSF

- Chest discomfort  Yes  No
- Oedema  Yes  No Location : .....  Pitting  Non-pitting

**Extremities-Musculoskeletal :**  NSF

- Skin :  Warm  Cool  Dry  Firm  Flaccid  Colour
- Extremities : Tingling  Yes  No • Weakness  Yes  No Deformity  Yes  No
- Joints : Pain  Yes  No • Stiffness  Yes  No
- Uses :  Walker  Wheelchair  None

**Gastrointestinal :**  NSF

- Appetite  Good  Poor
- Nausea  Yes  No
- Vomiting  Yes  No
- Distension  Yes  No
- Heartburn  Yes  No
- Flatus  Yes  No
- Pain  Yes  No
- Rectal Bleeding  Yes  No
- Colostomy  Yes  No
- Ileostomy  Yes  No

**Bowel**

- Diarrhoea  Constipation  Incontinence  Blood in stool  None
- Pain  Yes  No Place ..... Hemorrhoids  Yes  No
- Frequency of stool Time/Day
- Interventions :  None • Laxatives  Yes  No Type ..... Frequency .....

**Genitorurinary :**  NSF

 Colour of Urine Pale yellow Frequency 1 time / 3 hrs  
 Pain  Yes  No Burning  Yes  No Itching  Yes  No  
 Urgency  Yes  No Incontinence  Yes  No  
 Nocturia  Yes  No Urostomy  Yes  No  
 History of calculi  Yes  No History of UTI  Yes  No  
 Foleys Catheter  Yes  No Date of Insertion \_\_\_\_\_

**Reproductive :**  NA  NSF

 LMP \_\_\_\_\_ Regular / Irregular \_\_\_\_\_  
 Dysmenorrhea  Yes  No Amenorrhea  Yes  No if yes, Duration \_\_\_\_\_  
 Menopausal  Yes  No if yes, Duration \_\_\_\_\_  
 Vaginal discharge  Yes  No Itching  Yes  No

**Breasts**  NA  NSF

 Breast Feeding  Yes  No Lumps  Yes  No

**Positive Finding & Advice**

.....

.....

.....

.....

**Sterling Addlife India Limited**  
 Unit - Sterling Hospital Vadodara  
 Racecourse Circle, (West)  
 VADODARA - 390 007.

Sign and Stamp of Medical Officer

**Sterling Hospital**  
**Racecourse Road**
**EMERGENCY HELPLINE**
**992 444 9972**  
**0265 - 61 44 111**
**Sterling Hospital**  
**Bhayli**
**EMERGENCY HELPLINE**
**908 1000 557**  
**0265 - 61 23 333**

**Sterling**  
 HOSPITALS

**HOPE**  
**HEALTH**  
**HAPPINESS**



OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

Handwritten notes in blue ink, including a vertical line and a squiggle.

EXAMINATION OF EYES:

Distant Vision without Glasses:

Distant Vision with Glasses:

Near Vision without Glasses:

Near Vision with Glasses:

Intraocular Pressure:

Anterior Segment:

Fundus:

Right Eye:

Left Eye:

Handwritten notes in blue ink for Right Eye and Left Eye, corresponding to the examination categories.

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	-	-	-	-	-	-
Near	-	-	-	-	-	-

Type of glass:

ADVICE:

Unit-Sterling Hospital Vadodara  
Race Course Circle, (West)  
VADODARA 390 007.

**DR MAYA PATEL**  
(OPHTHALMOLOGIST)







EAR, NOSE & THROAT CHECK-UP

COMPLAINTS:

do @ for itching

EXAMINATION OF EARS:

Local Examination:

info @ postly  
removal

Tympanic Membrane:

@  
@ 7m  
tubed

EXAMINATION OF NOSE:

Local Examination:

info

THROAT & LARYNX:

info

LARYNGOSCOPIC EXAMINATION:

info

info  
Solimax Endo  
scope

Sterling Addlife India Limited  
Unit-Sterling Hospital Vadodara  
Race Course Circle, (West)  
VADODARA - 390 007.

**DR. NAVNIT MAKWANA**  
**ENT SURGEON**





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: Main BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 12:15 Status: Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**
**Complete Blood Count**

Test	Method	Result	Unit	Biological Ref. Interval
Hemoglobin	Colorimetric	15.7	g/dL	13.0 - 16.5
RBC Count	Electrical impedance	5.20	million/cmm	4.5 - 5.5
Hematocrit	Calculated	45.7	%	40 - 49
MCV	Derived	88.0	fL	83 - 101
MCH	Calculated	30.2	pg	27.1 - 32.5
MCHC	Calculated	34.3	g/dL	32.5 - 36.7
RDW CV	Calculated	12.20	%	11.6 - 14
<b>Total WBC and Differential Count</b>				
WBC count	SF Cube cell analysis	6760	/cmm	4000 - 10000
<b>Differential Count</b>				
Neutrophils	Microscopic	69	% 40 - 80	<b>Absolute Count</b> 4664 /cmm 2000 - 6700
Lymphocytes	Microscopic	20	% 20 - 40	1352 /cmm 1000 - 3000
Eosinophils	Microscopic	04	% 1 - 6	270 /cmm 20 - 500
Monocytes	Microscopic	07	% 2 - 10	473 /cmm 200 - 1000
Basophils	Microscopic	00	% 0 - 2	0 /cmm 0 - 100
<b>Platelet Count</b>				
Platelet Count	Electrical impedance	271000	/cmm	150000 - 410000
MPV	Calculated	8.50	fL	7.5 - 10.3
Platelets Morphology	Platelets are adequate on Smear			


 Dr. C. Shrinivasan..

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 1 of 13

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007/Tests marked with # are referred tests  
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App







Passport No :

**LABORATORY TEST REPORT**



Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: Main BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 12:15 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**

**Complete Blood Count**

Test	Result	Unit	Biological Ref. Interval
<b>Erythrocytes Sedimentation Rate</b>			
ESR	5	mm/1hr	0 - 14
<small>Capillary photometry</small>			
<b>Differential Count</b>			<b>Absolute Count</b>



**Dr. C. Shrinivasan..**  
M.D ( Pathology )[G-18341]  
Consultant Pathologist

This is an Electronically Authenticated Report.



**Sterling Accuris Pathology Laboratory**

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com





Passport No :

**LABORATORY TEST REPORT**



Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 13:13 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**

**Blood Group**

Test	Result	Unit	Biological Ref. Interval
<b>ABO Type</b> <i>Tube Agglutination</i>	"B"		
<b>Rh (D) Type</b>	Positive		

  
Dr. C. Shrinivasan..

M.D ( Pathology ) [G-18341]  
Consultant Pathologist





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: Main BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 12:17 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: Serum, Urine	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**

Test	Result	Unit	Biological Ref. Interval
<b>Fasting Blood Glucose</b> <i>GOD-POD</i>	H 111.0	mg/dL	74 - 100
<b>Fasting Urine Glucose</b> <i>GOD-POD</i>	Absent		Absent
<b>Fasting Urine Ketone</b> <i>Nitraprusside</i>	Absent		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose #	Random Blood Glucose
<b>Normal</b>	< 100 mg/dL	< 140 mg/dL	< 140 mg/dL
<b>Prediabetic</b>	100 – 125 mg/dL	140 – 199 mg/dL	140 – 199 mg/dL
<b>Diabetic</b>	>/=126 mg/dL	>/= 200 mg/dl	>/= 200 mg/dl

\* Fasting is defined as no caloric intake for more than 8 hours

# The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

**Criteria for Diagnosis of Diabetes:**

1. Fasting blood glucose (FPG)  $\geq$  126 mg/dL
2. Two-hour blood glucose (2-h OGTT) = 200 mg/dL
3. HbA1c values (A1c)  $\geq$  6.5%
4. Random plasma glucose  $\geq$  200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

**References:**

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine – National Institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Factsheet on Diabetes – Prevention and treatment


**Dr. C. Shrinivasan..**

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 4 of 13

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
Ph: 0265-6144210

 pathlab@sterlinghospitals.com |  Website: www.sterlinghospitals.com / www.sterlingaccuris.com


Download Accuris App







Passport No :

**LABORATORY TEST REPORT**


Patient Information	Sample Information	Location Information
Name : <b>Mr. Keyur Kiritbhai Punatar</b> Sex/Age : <b>Male / 35 Y</b> 29-Oct-1988 Ref. Id : 299995 / 2814384 Ref. By : Dr. RMO . STERLING...	Lab Id : <b>102407501575</b> Registration on : 16-Oct-2024 10:14 Collected at : <b>SAWPL</b> Collected on : 16-Oct-2024 13:42 Sample Type : Fluoride	Pt. Type : Sterling Hospital Vadodara Health Checkup Main Location : BNo./ Approved on : 16-Oct-2024 15:58 Status : Final Printed On : 16-Oct-2024 16:12 Process At : 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**

Test	Result	Unit	Biological Ref. Interval
<b>Post-breakfast Blood Glucose</b> <small>GOD-POD</small>	178	mg/dL	70 - 140
<b>Post-breakfast Urine Glucose</b> <small>GOD-POD</small> *Rechecked	Trace		Absent
<b>Post Breakfast Urine Ketone</b> <small>Nitroprusside</small>	Absent		Absent


**Dr. Kajal Parmar**  
MD

This is an Electronically Authenticated Report.





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: Main BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 14:26 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: EDTA blood	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**
**HbA1c (Glycosylated Hemoglobin) by HPLC**

Test	Result	Unit	Biological Ref. Interval
HbA1c	H 5.90	%	For Screening: Diabetes: $\geq 6.5\%$ ; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$
			For Diabetic Patient: Poor Control : $> 7.0\%$ ; Good Control : 6.0-7.0%
Mean Blood Glucose	122.63	mg/dL	

**Description:**

- Total haemoglobin A1 c is continuously synthesized in the red blood cell through its 120 days life span. The concentration of HBA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HBA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

**HbA1c assay Interferences:**

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

**Reference:** American diabetes association. Standards of medical care in diabetes 2024


**Dr. Kajal Parmar**

MD

Page 6 of 13

This is an Electronically Authenticated Report.


**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007,  
 Ph: 0265-6144210

 pathlab@sterlinghospitals.com |  Website: www.sterlinghospitals.com / www.sterlingaccuris.com

tests marked with # are referred tests



Download Accuris App



# Patient report

# Sterling HOSPITALS

Bio-Rad DATE: 16/10/2024

D-10 TIME: 02:13 PM

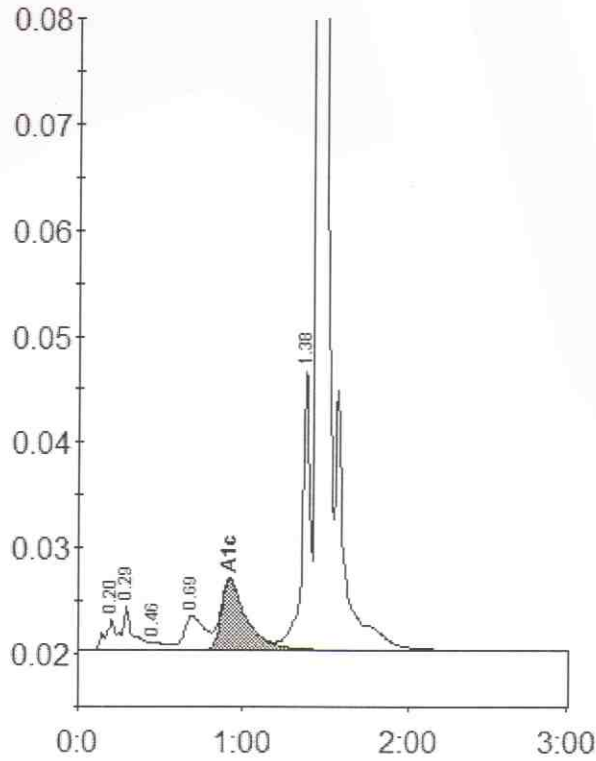
S/N: #DJ8G550303 Software version: 4.30-2

Sample ID: 102407501575

Injection date 16/10/2024 02:13 PM

Injection #: 8 Method: HbA1c

Rack #: --- Rack position: 8



Peak table - ID: 102407501575

Peak	R.time	Height	Area	Area %
A1a	0.20	2915	14116	0.9
A1b	0.29	4244	17271	1.1
F	0.46	716	4767	0.3
LA1c/CHb-1	0.69	3275	28330	1.8
A1c	0.92	6636	70009	5.9
P3	1.38	26984	89086	5.5
A0	1.45	527271	1384286	86.1
Total Area:		1607865		

Concentration:	%
A1c	5.9







Passport No :

**LABORATORY TEST REPORT**


Patient Information	Sample Information	Location Information
Name : <b>Mr. Keyur Kiritbhai Punatar</b> Sex/Age : <b>Male / 35 Y</b> 29-Oct-1988 Ref. Id : 299995 / 2814384 Ref. By : Dr. RMO , STERLING...	Lab Id : <b>102407501575</b> Registration on : 16-Oct-2024 10:14 Collected at : SAWPL Collected on : 16-Oct-2024 10:20 Sample Type : Serum	Pt. Type : Sterling Hospital Vadodara Health Checkup Main Location : BNo./ Approved on : 16-Oct-2024 12:17 Status : Final Printed On : 16-Oct-2024 16:12 Process At : 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**
**Lipid Profile**

Test	Result	Unit	Biological Ref. Interval
<b>Cholesterol</b> <i>Cholesterol oxidase – Peroxidase</i>	178.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
<b>Triglyceride</b> <i>Ezymatic (Lipase/GK/GPa/POD)</i>	H 279.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
<b>HDL Cholesterol</b> <i>PTA/MgCl2</i>	L 27.0	mg/dL	Low: <40.0 High: >60.0
<b>Direct LDL</b> <i>Direct measured</i>	H 101.00	mg/dL	Optimal: <100 Near to above Optimal: 100–129 Borderline High: 130-159 High: 160–189 Very High: =190
<b>VLDL</b> <i>Calculated</i>	H 55.80	mg/dL	15 - 35
<b>CHOL/HDL Ratio</b> <i>Calculated</i>	H 6.6		Up to 5.0
<b>dLDL/HDL Ratio</b> <i>Calculated</i>	H 3.7		Up to 3.5


**Dr. C. Shrinivasan..**

 M.D ( Pathology )[G-18341]  
 Consultant Pathologist

Page 8 of 13

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests  
 Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 12:17 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: Serum	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**

Test	Result	Unit	Biological Ref. Interval
<b>Uric Acid</b> <i>Uricase</i>	6.20	mg/dL	3.5 - 8.5
<b>Blood Urea Nitrogen</b> <i>Calculated</i>	L 7.94	mg/dL	9.0 - 20.0
<b>Urea</b> <i>Urease, Colorimetric</i>	L 17.0	mg/dL	19.3 - 43.0
<b>Creatinine, serum</b> <i>Creatinine Amidohydrolase</i>	1.00	mg/dL	0.66 - 1.25
<b>BUN Creatinine Ratio</b> <i>Calculated</i>	7.94		
<b>Urea Creatinine Ratio</b> <i>Calculated</i>	17.00		


**Dr. C. Shrinivasan..**

M.D ( Pathology ) [G-18341]

Consultant Pathologist

Page 9 of 13

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007, tests marked with # are referred tests  
 Ph: 0265-6144210

 pathlab@sterlinghospitals.com |  Website: www.sterlinghospitals.com / www.sterlingaccuris.com


Download Accuris App



Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 12:17 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: Serum	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**
**Liver Function Test**

Test	Result	Unit	Biological Ref. Interval
<b>ALT (SGPT)</b> <i>UV with PSP, IFCC</i> Rechecked	H 80.0	U/L	0 - 50
<b>AST (SGOT)</b> <i>UV with PSP</i>	37.0	U/L	17 - 59
<b>GGT (Gamma Glutamyl Transferase)</b> <i>L-y-Glytamyl-p-nitroanillide</i>	41.0	U/L	15 - 73
<b>Alkaline Phosphatase</b> <i>PNPP, AMP Buffer, IFCC</i>	105.0	U/L	38 - 126
<b>Total Bilirubin</b> <i>Azobilirubin chromophores</i>	0.70	mg/dL	0.2 - 1.3
<b>Conjugated Bilirubin</b> <i>Cationic Mordant Binding</i>	0.10	mg/dL	0.0 - 0.3
<b>Unconjugated Bilirubin</b> <i>Cationic Mordant Binding</i>	0.40	mg/dL	0.0 - 1.1
<b>Delta Bilirubin</b> <i>Calculated</i>	0.20	mg/dL	0.0 - 0.2
<b>Total Protein</b> <i>Copper tartrate to colour complex</i>	7.80	g/dL	6.3 - 8.2
<b>Albumin</b> <i>Bromocresol Green Method</i>	4.70	g/dL	3.5 - 5.0
<b>Globulin</b> <i>Calculated</i>	3.10	g/dL	2.3 - 3.5
<b>A/G Ratio</b> <i>Calculated</i>	1.52		1.3 - 1.7


  
Dr. C. Shrinivasan..

 M.D ( Pathology )[G-18341]  
Consultant Pathologist

Page 10 of 13

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests  
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App







Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information	Location Information		
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: Main BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 12:27 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: Serum	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**
**Immunoassay**

Test	Result	Unit	Biological Ref. Interval
Prostate Specific Ag. (PSA), Total	0.71	ng/mL	Upto 1.4 ng/mL

PSA is a glycoprotein that is expressed by both normal and neoplastic prostate tissue and is prostate tissue specific and not prostate cancer specific. PSA is constantly expressed in nearly all prostate cancers, although its level of expression on a per cell basis is lower than in normal prostate epithelium. The absolute value of serum PSA is useful for determining the extent of prostate cancer and assessing the response to prostate cancer treatment; its use as a screening method to detect prostate cancer is also common.

**Interpretation**
**Increased in**

- Prostate disease (Cancer, Prostatitis, Benign prostatic hyperplasia, Acute urinary retention)
- Manipulations (Cystoscopy, Needle biopsy, Radiation therapy, Indwelling catheter, Prostatic massage)
- Transurethral resection
- Prostatic ischemia

**Decreased in**

- Castration
- Prostatectomy
- Radiation therapy
- Ejaculation within 24 - 48 hours
- 5-alpha-reductase inhibitor reduces PSA by 50% after 6 months in men without cancer

**Limitations**

- PSA has been recommended by the American Cancer Society for use in conjunction with a DRE for early detection of prostate cancer starting at the age of 50 years for men with at least 10-year life expectancy
- PSA levels that are measured repeatedly over time may vary because of biologic variability where the true PSA level in a given man is different on different measurements.
- A change in PSA of >30% in man with a PSA initially below 2.0 ng/mL was likely to indicate a true change beyond normal random variation.


**Dr. C. Shrinivasan..**

M.D ( Pathology ) [G-18341]

Consultant Pathologist

Page 11 of 13

This is an Electronically Authenticated Report.

**Sterling Accuris Pathology Laboratory**

Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007; tests marked with # are referred tests

Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com



Download Accuris App





Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 12:27 Status : Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: Serum	Process At	: 75 – Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**
**Thyroid Function Tests**

Test	Result	Unit	Biological Ref. Interval
T3, total (Triiodothyronine) <small>CLIA</small>	1.45	ng/mL	0.58 - 1.59
T4, total (Thyroxine) <small>CLIA</small>	7.94	µg/dl	4.87 - 11.72
TSH (3rd Gen.) <small>Chemiluminescence</small>	1.2310	µIU/mL	0.4001 - 4.049

TSH	T3/FT3	T4/FT4	Suggested interpretation of Thyroid function tests pattern
Within range	Decreased	Within range	Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.
Raised	Within Range	Within Range	Isolated High TSH Especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for hypothyroidism; Recovery phase after Non-Thyroidal illness.
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis; Post thyroidectomy, post radioiodine; Hypothyroid phase of transient thyroiditis.
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amiodarone, Heparin, Beta blocker, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH – Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine ingestion.
Decreased	Decreased	Decreased	Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodule; Transient thyroiditis: postpartum, Silent (lymphocytic), Post viral (granulomatous, subacute, DeQuervain'a) Gestational thyrotoxicosis hyperemesis gravidarum.
Decreased or within range	Raised	Within range	T3 toxicosis; Non-Thyroidal illness.

Reference: Wallach's Interpretation of Diagnostic by Mary Williamson, 10th edition, 2015.


**Dr. C. Shrinivasan..**

 M.D ( Pathology ) [G-18341]  
Consultant Pathologist

Page 12 of 13


**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests  
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App



Passport No :

**LABORATORY TEST REPORT**


Patient Information		Sample Information		Location Information	
Name	: Mr. Keyur Kiritbhai Punatar	Lab Id	: 102407501575	Pt. Type	: Sterling Hospital Vadodara Health Checkup Main
Sex/Age	: Male / 35 Y 29-Oct-1988	Registration on	: 16-Oct-2024 10:14	Location	: BNo./
Ref. Id	: 299995 / 2814384	Collected at	: SAWPL	Approved on	: 16-Oct-2024 13:06 Status: Final
Ref. By	: Dr. RMO . STERLING...	Collected on	: 16-Oct-2024 10:20	Printed On	: 16-Oct-2024 16:12
		Sample Type	: Urine	Process At	: 75 - Sterling Hospital, Race course (Vadodar

**MEDI WHEEL FULL BODY ANNUAL PLUS ABV 50 M**
**URINE ROUTINE EXAMINATION**

Test	Result	Unit	Biological Ref. Interval
<b>Physical &amp; Chemical (Dip strip) examination</b>			
Colour	Pale Yellow		Pale Yellow
pH <i>Double indicator</i>	6.0		5.5 - 7.0
Specific Gravity <i>Polyelectrolyte based reaction</i>	L 1.010		1.015 - 1.025
Protein <i>Protein error of indicators</i>	Absent		Absent
Glucose <i>GOD-POD</i>	Absent		Absent
Ketone <i>Nitroprusside</i>	Absent		Absent
Blood <i>Peroxidase like reaction</i>	Absent		Absent
Bilirubin <i>Diazo reaction</i>	Absent		Absent
Leucocytes <i>Esterase reaction</i>	Absent		Absent
Nitrite <i>p-arsanilic acid to diazonium compound</i>	Absent		Absent
<b>Microscopic Examination</b>			
Erythrocytes (RBCs)	Absent	/hpf	0 - 2
Pus Cells	Occasional	/hpf	0 - 5
Epithelial Cells	Occasional	/hpf	
Crystals	Absent		Absent
Casts	Absent		Absent
Bacteria	Absent		Absent
Amorphous Material	Absent		Absent
Yeast	Absent		Absent

----- End Of Report -----


**Dr. C. Shrinivasan..**

 M.D ( Pathology )[G-18341]  
Consultant Pathologist

Page 13 of 13

**Sterling Accuris Pathology Laboratory**

 Sterling Hospital, Opp. Inox Cinema, Race Course Circle (West), Vadodara - 390 007 tests marked with # are referred tests  
Ph: 0265-6144210

pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

This is an Electronically Authenticated Report.



Download Accuris App







Patient Id	: RCR-299995	Patient Name	: PUNATAR KEYUR KIRITBHAI
Age	: 35Y 11M 17D	Sex	: Male
Ref. Doctor	: DR. RMO . STERLING	Study Date	: 16 Oct 2024 - 12:07 PM

**X-RAY CHEST PA VIEW**

Both lung fields show prominent broncho-vascular markings.  
Cardiac size appears within normal limit.  
Trachea and mediastinal soft tissue shadow appear unremarkable.  
Bilateral C.P. angles and both domes of diaphragm appear normal.  
Bony thorax under vision appears normal.

**CONCLUSION:**

No significant chest abnormality detected.

**Dr. Shilpi Gupta MD**  
**Sr. Consultant Radiologist**





16-10-2024 11:08:19 AM

ID: 2024101611082945  
Name: MR KEYUR K PUNATAR  
Age: 35 Years  
Gender: Male

Vent. Rate: 77 bpm  
PR Interval: 160 ms  
QRS Duration: 88 ms  
QT/QTc Interval: 360/390 ms  
P/QRS/T Axes: 21/46/34 deg  
QTc:Hodges

Sinus rhythm  
Normal ECG

Unconfirmed Diagnosis

*copy*



25 mm/s  
10 mm/mV  
50 Hz  
BDF 20 Hz

mindray

02.06.00.V28.4.1  
SN:FN-74007622





# 2D ECHOCARDIOGRAPHY REPORT



**Sterling**<sup>®</sup>  
HOSPITALS

Race Course Road, Vadodara

Name: Mr. KEYUR PUNATAR  
Age: 35 Years  
Sex: M  
Date: 16-Oct-2024

Ref By: HCP  
Study: 2D Echo

### M-MODE:

IVS	10mm	LVDD	46mm
PW	10mm	LVDS	24mm
LA	34mm	LV EF	60 %

### DOPPLER STUDY:

MITRAL	E 0.98	A 0.49
AORTIC	1.20	
TRICUSPID	N	
PULMONARY	N	

### CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RV SIZE AND FUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC

Dr. RANJEETKUMAR SHUKLA MD,DM  
Consultant interventional Cardiologist

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West,  
Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121  
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India -20-25443913







Race Course Road, Vadodara

Report Date: 16 Oct 2024 - 11:35 AM

Patient Id	: RCR-299995	Patient Name	: PUNATAR KEYUR KIRITBHAI
Age	: 35Y 11M 17D	Sex	: Male
Ref. Doctor	: DR. RMO . STERLING	Study Date	: 16 Oct 2024 - 11:17 AM

## ULTRASOUND OF ABDOMEN AND PELVIS

### FINDINGS

**Liver is mildly enlarged (16.6 cm) and shows bright echotexture with significant shadowing- severe fatty infiltration.** No IHBR dilatation.

**Portal vein** (12.4 mm) and **CBD** (5 mm) appears normal.

**Gall bladder** distended and shows normal wall thickness. No evidence of calculus or mass lesion seen.

Visualized **pancreas** appears normal.

**Spleen appears mildly enlarged (12.7 cm)** and shows normal echotexture. No focal lesion seen.

**Right kidney** appears normal (10.3 x 5.3 cm). There is no evidence of scarring, hydronephrosis or calculi. Normal cortical echogenicity and cortico-medullary differentiation are maintained.

**Left kidney** appears normal (11.3 x 5.6 cm). There is no evidence of scarring, hydronephrosis or calculi. Normal cortical echogenicity and cortico-medullary differentiation are maintained.

**Urinary bladder** is well distended with normal wall. No calculus or mass lesion is seen.

**Prostate** measures ~18.7 cc. No focal mass is seen.

No evidence of ascites seen.

### IMPRESSION

- **Severe fatty infiltration of liver (Grade III).**
- **Mild hepatosplenomegaly.**
- **No other significant abnormality.**

**Dr. Palak Nandolia**  
Consultant Radiologist

**Hospital Address:** Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
www.sterlinghospitals.com | info@sterlinghospitals.com

**Registered Office:** Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121  
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India

