# Dear MR. CHOUDHARY SACHIN,

Please find the confirmation for following request.

**Booking Date** : 06-01-2023

Package Name : Medi-wheel Full Body Health Checkup Male Below 40

Name of

Diagnostic/Hospital: Narayana Multispeciality Hospital, Jaipur

Address of

Diagnostic/Hospital: Sec 28 Kumbha Marg Pratap Nagar, Sanganer -302033

Contact Details : 8696221119

City : Jaipur

State : Rajasthan

Pincode : 302033

Appointment Date: 11-03-2023

Confirmation

: Confirmed Status

Preferred Time : 8:00am-9:00am

Comment : APPOINTMENT TIME 8:00AM

# Instructions to undergo Health Check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- 3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
- 4. Please bring all your medical prescriptions and previous health medical records with you.
- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

#### For Women:

- 1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any Health Check during menstrual cycle. Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.



**Final Report** 

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 09:24 AM Received On: 11/03/2023 09:25 AM Reported On: 11/03/2023 09:50 AM

Barcode: 412303110061 Specimen: Whole Blood Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9982686226

	HAEMATO	LOGY	
Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	13.6	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	4.85	millions/ μL	4.2-6.0
PCV (Packed Cell Volume) / Hematocrit (Calculated)	36.9 L	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived)	76 L	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	28.0 L	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	36.8 H	g/L	27.0-34.0
Red Cell Distribution Width (RDW)	14.6	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	234	Thousand / μL	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	5.6	Thous/cumm	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils	66.7	%	40.0-75.0
Lymphocytes	27.9	%	15.0-45.0
Monocytes	2.2 L	%	4.0-13.0
Eosinophils	2.2	%	0.5-7.0
Basophils	1.0	%	0.0-2.0

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Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099 Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org GST No. 08AABCN1685J1Z8



Appointments



Patient Name: Mr Sachin Choudhary Mr	RN: 15010000454115	Gender/Age : MALE , 35y (	29/07/1987)	
Absolute Neutrophil Count	3.74	Thousand / μL	1.5-7.0	
Absolute Lympocyte Count	1.57	Thousand / µL	1.0-4.0	
Absolute Monocyte Count	0.13 L	Thousand / μL	0.2-0.8	
Absolute Eosinophil Count	0.13	Thousand / μL	0.0-0.2	
Absolute Basophil Count	0.06	Thousand / μL	0.0-0.2	

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

-- End of Report-

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hand

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

#### Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



- 136 P



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GST No. 08AABCN1685J1Z8





**Final Report** 

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 09:24 AM Received On: 11/03/2023 11:37 AM Reported On: 11/03/2023 12:54 PM

Barcode: 482303110015 Specimen: Urine Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9982686226

#### **CLINICAL PATHOLOGY**

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	20 H	ml	0.0-0.0
Colour	Pale Yellow		0-0
Appearance	Clear		0-36500
CHEMICAL EXAMINATION		Established St.	
pH(Reaction)	6.5		4.5-9.0
Sp. Gravity	<=1.005	Mission de article de la con-	1.002-1.03
Protein	Negative		0-0
Urine Glucose	Negative	2015	0-0
MICROSCOPIC EXAMINATION			
Pus Cells	0-2	/hpf	
RBC	Nil	/hpf	
Epithelial Cells	0-2	/hpf	
Crystals	Nil		
Casts	Nil		

-- End of Report-





Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

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hand

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

#### Note

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**Appointments** 



**Final Report** 

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 09:24 AM Received On: 11/03/2023 11:37 AM Reported On: 11/03/2023 12:56 PM

Barcode: 482303110015 Specimen: Urine Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9982686226

**CLINICAL PATHOLOGY** 

Result

Unit

Urine For Sugar (Fasting) Negative

-- End of Report-

hand

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

#### Note

Test

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- Results relate to the sample only.
- Kindly correlate clinically.







Final Report

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 09:24 AM Received On: 11/03/2023 09:25 AM Reported On: 11/03/2023 10:40 AM

Barcode: 402303110075 Specimen: Serum Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9982686226

	BIOCHE	MISTRY	
Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	0.77	mg/dL	0.66-1.25
eGFR	115.0	mL/min/1.73m <sup>2</sup>	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodyamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	10.78	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase, Peroxidase)	6.49	mg/dL	3.5-8.5
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	246.4 H	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	353.6 H	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High: 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl2)	57.7	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	188.7		
LDL Cholesterol (Friedewald Formula)	118.0 H	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	70.72 H	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	4.3		0.0-5.0

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Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org
GST No. 08AABCN1685J1Z8



Appointments



Patient Name: Mr Sachin Choudhary MRN: 150100	00454115	Gender/Age : MALE , 3	5y (29/07/1987)	
Total Protein (Biuret (alkaline Cupric Sulfate))	7.48	gm/dL	6.3-8.2	
SGOT (AST) (Enzymatic Colorimetric)	36	U/L	17.0-59.0	THE BUILDING
SGPT (ALT) (UV With P5P -IFCC)	45	U/L	<50.0	
Alkaline Phosphatase (ALP)	97	U/L	38.0-126.0	
Gamma Glutamyl Transferase (GGT) (L-gamma- glutamyl-4-nitroanalide/glycylglycine Kinetic Method) THYROID PROFILE (T3, T4, T5H)	115 H	U/L	15.0-73.0	
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1,33	ng/ml	0.97-1.69	
Thyroxine (T4) (Enhanced Chemiluminescence)	6.13	ug/dl	4.3-12.5	
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	2.81	ulU/ml	0.35-5.5	

-- End of Report-

Anil

Dr. Anil Sharma MBBS , MD ( Microbiology ) Senior Consultant

#### Note

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GST No. 08AABCN1685J1Z8

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Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099 Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033 Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org Appointments 1800-309-0309 (Toll Free)

Emergencies 99837-32222



Final Report

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 09:24 AM Received On: 11/03/2023 09:25 AM Reported On: 11/03/2023 10:01 AM

Barcode: 402303110075 Specimen: Serum Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9982686226

**BIOCHEMISTRY** 

Test	Result	Unit	Biological Reference Interval
Bilirubin Total (Dyphylline, Diazonium Salt)	1.30	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.49		1.0-2.1

-- End of Report-

Dr. Anil Sharma

MBBS, MD (Microbiology)

Senior Consultant

#### Note

- Abnormal results are highlighted.
- · Results relate to the sample only.
- Kindly correlate clinically.





Final Report

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 09:24 AM Received On: 11/03/2023 09:25 AM Reported On: 11/03/2023 11:08 AM

Barcode: 402303110076 Specimen: Whole Blood Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

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Sample adequacy: Satisfactory Visit No: OP-001 Patient Mobile No: 9982686226

	BIOCHE	MISTRY	
Test	Result	Unit	Biological Reference Interval
НВА1С			
HbA1c	5.7	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	116.89	mg/dL	<140.0

#### Interpretation:

- 1. HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- 2. HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- 3. Any sample with >15% should be suspected of having a haemoglobin variant.

-- End of Report-

Dr. Anil Sharma MBBS, MD (Microbiology) Senior Consultant

#### Note

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Narayana Multispeciality Hospital

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Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org GST No. 08AABCN1685J1Z8

Appointments 1800-309-0309 (Toll Free)



Final Report

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 11:33 AM Received On: 11/03/2023 11:37 AM Reported On: 11/03/2023 12:46 PM

Barcode: 402303110160 Specimen: Plasma Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9982686226

**BIOCHEMISTRY** 

Test Result Unit Biological Reference Interval

Post Prandial Blood Sugar (PPBS) (GOD/POD) 100 mg/dL 70.0-139.0

-- End of Report-

Dr. Anil Sharma MBBS , MD ( Microbiology ) Senior Consultant

#### Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.







**Final Report** 

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 09:24 AM Received On: 11/03/2023 09:25 AM Reported On: 11/03/2023 09:59 AM

Barcode: 402303110074 Specimen: Plasma Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9982686226

BIOCHEMISTRY .

Test Result Unit Biological Reference Interval

Fasting Blood Sugar (FBS) (Colorimetric (Glucose 98 mg/dL 65.0-110.0

Oxidase Hydrogen Peroxidase))

-- End of Report-

Ame

Dr. Anil Sharma MBBS , MD ( Microbiology ) Senior Consultant

#### Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



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Appointments



**Final Report** 

Patient Name: Mr Sachin Choudhary MRN: 15010000454115 Gender/Age: MALE, 35y (29/07/1987)

Collected On: 11/03/2023 09:24 AM Received On: 11/03/2023 09:25 AM Reported On: 11/03/2023 10:24 AM

Barcode: 412303110062 Specimen: Whole Blood - ESR Consultant: Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy: Satisfactory Visit No: OP-001 Patient Mobile No: 9982686226

HAEMATOLOGY

**Biological Reference Interval** Result Unit Test

0.0-10.0 mm/hr 14 H Erythrocyte Sedimentation Rate (ESR)

(Westergren Method)

-- End of Report-

PERMITTERS !

Dr. Manisha Agarwal MBBS, DNB Pathology and DCP Consultant

# Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.





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Appointments



Patient Name	Sachin Choudhary	Requested By	Dr.^Sitaram^Gupta
MRN	15010000454115	Procedure DateTime	2023-03-11 09:36:10
Age/Sex	35Y 7M / Male	Hospital	NH JAIPUR

### X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

Bony thorax & soft tissue appears normal.

Domes of diaphragm are normally placed.

Correlate clinically & with other related investigations.

**Dr.Vijay Kumar Sharma** Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-03-11 11:41:45



MRN NO:

15010000454115

PATIENT'S NAME: DR. NAME:

MR. SACHIN CHOUDHARY

DR. SITA RAM GUPTA

DATE AGE/SEX: 11/03/2023 35 YRS./M

# **ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)**

Liver: - Normal in size, shape & echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: - Normal in size & echotexture. No focal lesion is seen.

Right Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of hydronephrosis. Small calcific concretion is seen in inferior calyx.

Left Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis. Simple cyst measuring ~ 2 cm is seen at mid pole.

Urinary Bladder: - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

Prostate: - is normal in size, shape and echotexture.

Others: - No free fluid is seen in abdomen.

Impression: USG findings are suggestive of: -

- Small calcific concretion in right kidney.
- Simple cyst in left kidney.

Correlate clinically & with other related investigations.

Dr. Swati Jain

Consultant Radiologist

Dr. Vijay Kumar Sharma

Consultant Radiologist

Dr. Sunny Maharwal Consultant Radiologist This is a preventive health checkup sonography report with no available clinical details and previous records.

Narayana Multispeciality Hospital

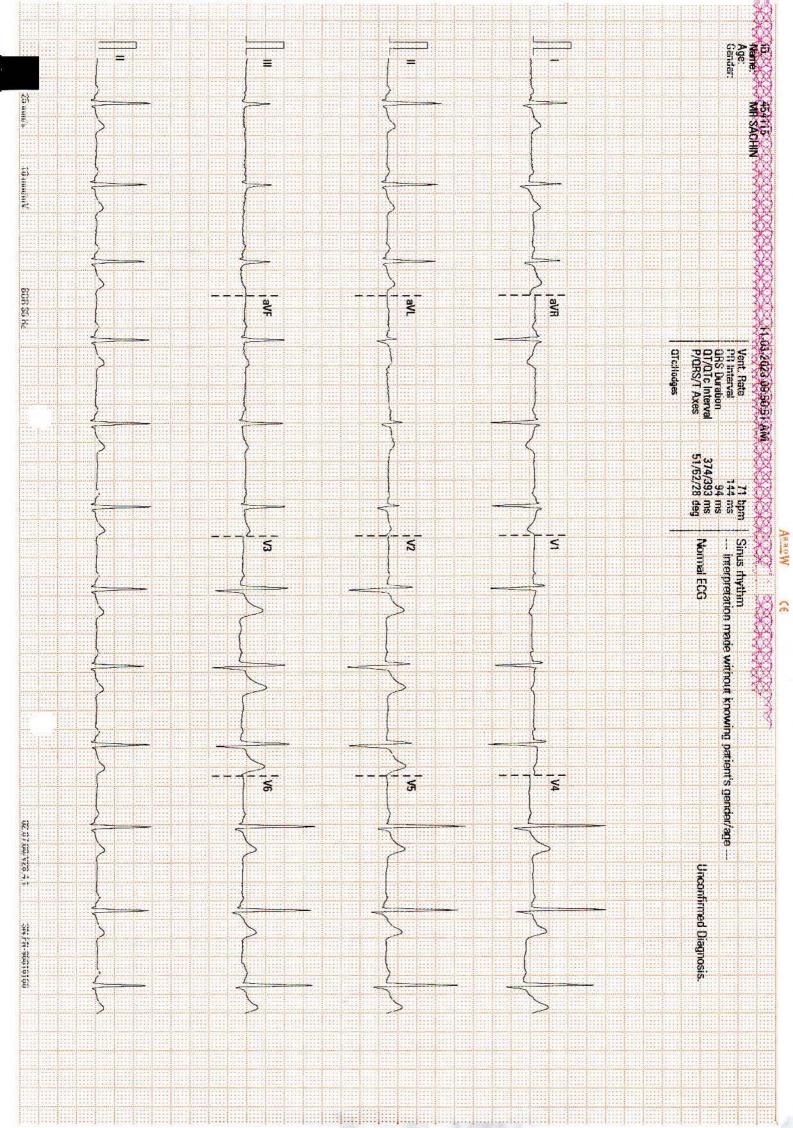
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**Appointments** 



NARAYANA MULTISPECIALITY HOSPITAL **RAJASTHAN JAIPUR** 

Station Telephone:

# Varayana Multispeciality Hospital

Unit of Narayana Health

# EXERCISE STRESS TEST REPORT

Patient Name: MR SACHIN CHOUDHARY,

Patient ID: 454115

Height: Weight:

Study Date: 11.03.2023

Test Type: Treadmill Stress Test

Protocol: BRUCE

DOB: 29.07.1987 Age: 35yrs Gender: Male

Race: Indian

Referring Physician: DR.SITA RAM GUPTA Attending Physician: DR.SITA RAM GUPTA

Technician: MR.SHIV KUMAR SOLANKI

Medications:

Medical History:

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

	st Summary						
Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	88	120/80	
	STANDING	00:15	0.00	0.00	93		
	HYPERV.	00:15	0.00	0.00	90		
	WARM-UP	00:18	1.60	0.00	96		
EXERCISE	STAGE 1	03:00	2.70	10.00	118	130/80	
	STAGE 2	03:00	4.00	12.00	129	140/80	
	STAGE 3	03:00	5.50	14.00	148	150/80	
	STAGE 4	02:16	6.80	16.00	179	160/80	
RECOVERY		04:01	0.00	0.00	111	150/80	

The patient exercised according to the BRUCE for 11:15 min:s, achieving a work level of Max. METS: 13.70. The resting heart rate of 94 bpm rose to a maximal heart rate of 179 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal. Functional Capacity: normal.

HR Response to Exercise: appropriate.

3P Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none. Arrhythmias: none. ST Changes: ... Overall impression: ...

Conclusions

NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY PERIOD.

PLEASE CORRELATE CLINICALLY.

Physician

Technician

Narayana Multispeciality Hospital

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GST No. 08AABCN1685J1Z8

**Appointments** 

1800-309-0309 (Toll Free)

Emergencies

99837-32222

ME SACHIN CHOUDHARY, Patient ID 454115

Registered Office: 258/A, Bommasandra Industrial A 1133.2023 10. 6:16am

**Multispeciality Hospital** 

Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

Male

35yrs Indian

Meds:

Test Reason: Screening for CAD

Medical History:

Ref. MD: DR.SITA RAM GUPTA Ordering MD:

Technician: MR.SHIV KUMAR SOLANKI Test Type: Treadmill Stress T

Comment:

BRUCE: Total Exercise Time 11:15

Max HR: 179 bpm 96% of max predicted 185 bpm HR at rest: 94

Max BP: 160/80 mmHg BP at rest: 120/80 Max RPP: 28640 mmHg\*bpm

Maximum Workload: 13.70 METS

Max. ST: -2.85 mm, 0.00 mV/s in III; EXERCISE STAGE 4 10:30

Arrhythmia: A:50

ST/HR index: 3.13 µV/bpm

Reasons for Termination: Target heart rate achieved

Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: ... Overall impression: ...

Conclusion: NO ST-T CHANGES SEEN DURING EXERCISE & RECOVERY

PERIOD.

PLEASE CORRELATE CLINICALLY.

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm	VE (/min)	ST Level (III mm)	Comment	
PRETEST	SUPINE	00:15	0.00	0.00	1.0	88	120/80	10560	0	-0.10		
	STANDING	00:15	0.00	0.00	1.0	93	1,40,00	200.00	0	-0.05		
	HYPERV.	00:15	0.00	0.00	1.0	90			0	-0.05	BLIVESON STATES	SHEET.
	WARM-UP	00:18	1.60	0.00	1.1	96			0	-0.15		
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	118	130/80	15340	0	-0.40	COLUMN TO SERVICE OF THE SERVICE OF	OF STREET
A(I)	STAGE 2	03:00	4.00	12.00	7.0	129	140/80	18060	0	-0.60		
	STAGE 3	03:00	5.50	14.00	10.2	148	150/80	22200	0	-1.40		
Ž.	STAGE 4	02:16	6.80	16.00	13.5	179	160/80	28640	0	-2.75		
RECOVERY		04:01	0.00	0.00	1.0	111	150/80	16650	o	-0.50		

1800-309-0309 (Toll Free) Appointments Emergencies

99837-32222

Unit of Narayana Health **Multispeciality Hospital** larayana