



# ANNUAL HEALTH CHECK UP

76

NAME: Savita Shinde

AGE: 30 SEX- MALE/ FEMALE

DATE: 24/2/22

UHID: \_\_\_\_\_

HEIGHT: 151 CM

BP: 116/70 mmHg

WEIGHT: 53 Kg

SP O2:- 98%  
Temp. 96.4F

CHIEF COMPLAINTS: \_\_\_\_\_

MEDICAL HISTORY: \_\_\_\_\_

SURGICAL HISTORY: \_\_\_\_\_

PERSONAL HISTORY: \_\_\_\_\_

MARITAL STATUS: Married/Unmarried ✓

No of Children: 01

HABITS: SMOKING TOBACCO ALCOHOL PAAN SNUFF ✓

DIET: VEG, NONVEG, MIXED ✓

PHYSICAL ACTIVITY LEVEL: \_\_\_\_\_

FAMILY HISTORY: H/O HTN/ DM/CAD/ASTHMA/ CANCER/ANY OTHER

①-father ②-30 (Heart Attack)

②-mother ①-60 - DM

③-sister ①-40  
38  
28

④-Brother ①-36

Post-covid - 2021 - may - Home  
Vaccine ②





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Name : Mrs. SAVITA S SHINDE Age : 30Yr 5Mth 5Days Gender : Female  
 UHID : MHN1.0000131001 / NSKAH29215 W/BN/RefNo : AHC  
 SIN \ LRN : 11564963 \ 11564971 \ 11564969 \ 687900  
 Specimen : Serum  
 Ref Doctor : SELF REFERRAL



Collected on : 24-DEC-2022 12:43:55 PM Received on : 24-DEC-2022 12:44:13 PM Reported on : 24-DEC-2022 05:05:57 PM

MediWheel Full Body Health Checkup Female Below 40 Package

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (FASTING) (GOD-PAP)	73	Non-Diabetic: <=100 Impaired: upto125 Diabetic: >=126	mg/dL
ALT(SGPT) - SERUM / PLASMA (UV,Using Pyridoxal Phosphate:IFCC)	31	Healthy Adults:30 - 65	U/L
ALBUMIN - SERUM (BCG)	3.6	Healthy Adults:3.5-5.0	g/dL
GLOBULIN - SERUM:(Calculated)	3.5	Healthy Adults:1.8 - 3.6	g/dL
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.0 *	Healthy Adults:1.1 - 1.8	
ALKALINE PHOSPHATASE - SERUM/PLASMA (Modified IFCC Method)	87	0 - 100	U/L
AST (SGOT) - SERUM (UV,Using Pyridoxal Phosphate:IFCC)	33	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (DCA with ATCS)	0.8	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM / PLASMA (CHOD-PAP with ATCS)	218 *	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
CREATININE - SERUM / PLASMA (Enzymatic Method)	0.6	Healthy Women: 0.6 - 1.0	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	52 *	0 - 50	U/L





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(L-gamma-glutamyl-3-carboxy-4-nitranilide) <b>HDL CHOLESTEROL - SERUM / PLASMA</b> (Immuno-inhibition)	<b>56</b>	Low: <40 High: >=60 Desirable :< 4.5	mg/dL
<b>TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)</b>	<b>3.9</b>		
<b>LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)</b> (Enzymatic Method)	<b>138</b>		mg/dL
<b>PROTEIN, TOTAL - SERUM / PLASMA (Modified Biuret)</b>	<b>7.1</b>	Healthy Adults:6.4 - 8.2	g/dL
<b>TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)</b>	<b>110</b>	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362	ng/dL
<b>TOTAL T4: THYROXINE - SERUM (Chemiluminescence)</b>	<b>7.7</b>	Healthy Adults: 5.2 - 12.7 Pregnancy:1stTrimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3	µg/dL
<b>TRIGLYCERIDES - SERUM (GPO-PAP with ATCS)</b>	<b>66</b>	Normal: <150 Borderline High:150-199 High: 200-499 Very High: >=500	mg/dL
<b>TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)</b>	<b>2.7</b>	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2-3.5	uIU/mL
<b>UREA - SERUM / PLASMA (Enzymatic,Urease-GLDH)</b>	<b>22</b>	Healthy Adults:15 - 38	mg/dL
<b>UREA NITROGEN SERUM/PLASMA:(Calculated)</b>	<b>10</b>	Healthy Adults:7 - 18	mg/dL





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URIC ACID - SERUM (Enzymatic colorimetric)	5.6	Healthy Women:2.6 - 6.0	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM (DCA with ATCS)	0.2	Healthy Adults:0.0-0.3	mg/dL
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.6	Healthy Adults:0.0 - 0.7	mg/dL
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (GOD-PAP)	93	Normal: <140	mg/dL

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

**Apollo**  
HOSPITALS  
\* END OF REPORT \*  
**NASHIK**

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724600

*Jinal*

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Dr.Minal Desale





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 UHID : MHN1.0000131001 / NSKAH29215 W/BNo/RefNo : AHC  
 SIN \ LRN : 11564964 \ 687900  
 Specimen : Whole blood  
 Ref Doctor : SELF REFERRAL



Collected on : 24-DEC-2022 12:43:55 PM Received on : 24-DEC-2022 12:44:13 PM Reported on : 24-DEC-2022 05:07:13 PM

MediWheel Full Body Health Checkup Female Below 40 Package

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD (Immunoturbidimetric assay)	5.4	HbA1C Degree of Control <6.0 Non-diabetic level <7.0 Goal* >8.0 Action Suggested**	%
Mean Plasma Glucose (MPG) Estimate:	114.9		mg/dL

\*Some danger of hypoglycemic reaction in Type I diabetics. Some glucose intolerant individuals and "sub-clinical" diabetics may show (elevated) HbA1c in this area.

\*\*High risk of developing long term complications. "Action Suggested" depends on individual patient circumstances.

Report Status: Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*

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724600

*Jinal*

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NASHIK

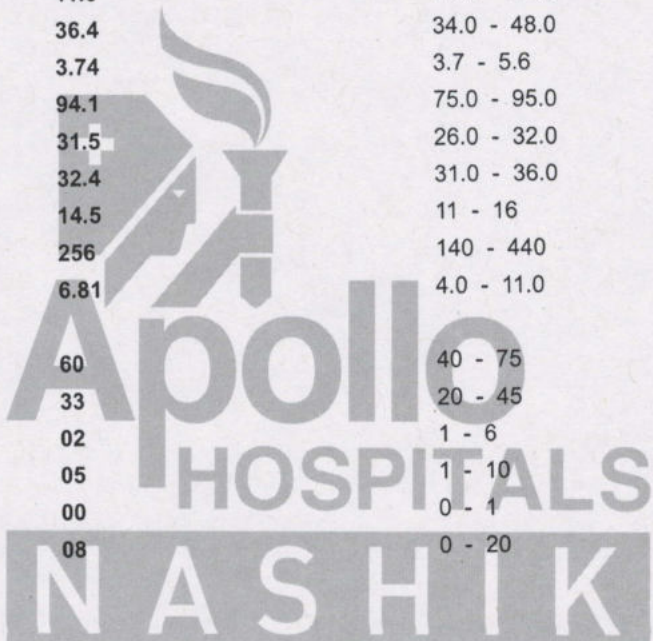
Name : Mrs. SAVITA S SHINDE Age : 30Yr 5Mth 5Days Gender : Female  
 UHID : MHN1.0000131001 / NSKAH29215 W/BNo/RefNo : AHC  
 SIN ILRN : 11564970 \ 11564968 \ 687900  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : SELF REFERRAL



Collected on : 24-DEC-2022 12:43:55 PM Received on : 24-DEC-2022 12:44:45 PM Reported on : 24-DEC-2022 02:36:21 PM

**MediWheel Full Body Health Checkup Female Below 40 Package**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>C B C WITH ESR (AUTOMATION + STANDARD METHOD)</b>			
Hemoglobin	11.8	11.0 - 16.0	g/dl
Haematocrit	36.4	34.0 - 48.0	%
RBC COUNT	3.74	3.7 - 5.6	Million/ul
MCV	94.1	75.0 - 95.0	fl
MCH	31.5	26.0 - 32.0	pg
MCHC	32.4	31.0 - 36.0	g/dl
RDW	14.5	11 - 16	%
Platelet Count(Optical/Impedance)	256	140 - 440	10 <sup>3</sup> /mm <sup>3</sup>
TLC Count	6.81	4.0 - 11.0	10 <sup>3</sup> /mm <sup>3</sup>
<b>Differential Count</b>			
Neutrophils	60	40 - 75	%
Lymphocytes	33	20 - 45	%
Eosinophils	02	1 - 6	%
Monocytes	05	1 - 10	%
Basophils	00	0 - 1	%
ERYTHROCYTE SEDIMENTATION RATE (ESR)	08	0 - 20	mm/1st hr
<b>PERIPHERAL SMEAR URINE ROUTINE (CUE)</b>			
Specific Gravity	1.030 *	1.016 - 1.026	
Color,;	PALE YELLOW		
Transparency:	Clear		
Reaction:	Acidic		







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 UHID : MHN1.0000131001 / NSKAH29215      W/BNo/RefNo : AHC  
 SIN \LRN : 11564970 \ 11564968 \ 687900  
 Specimen : Whole Blood ( EDTA )  
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Protein :	Negative	
Sugar:	Negative	
pH	5.5	4.6 - 8
Blood:	1+	
Ketone	Negative	
Bile Pigments:	Negative	
Urobilinogen	Normal	
Nitrite	Negative	
<b>DEPOSITS:</b>		
RBC	0-3	/hpf
WBC/Pus Cells	1-2/HPF	/hpf
Tc/Sqc(Transitional/Squamous epithelial cells)	5-7/HPF	/hpf
<b>Comments :</b>	Casts :Absent Crystals:Absent	

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*



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721947

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Printed On : 25-DEC-2022 10:53:01 AM







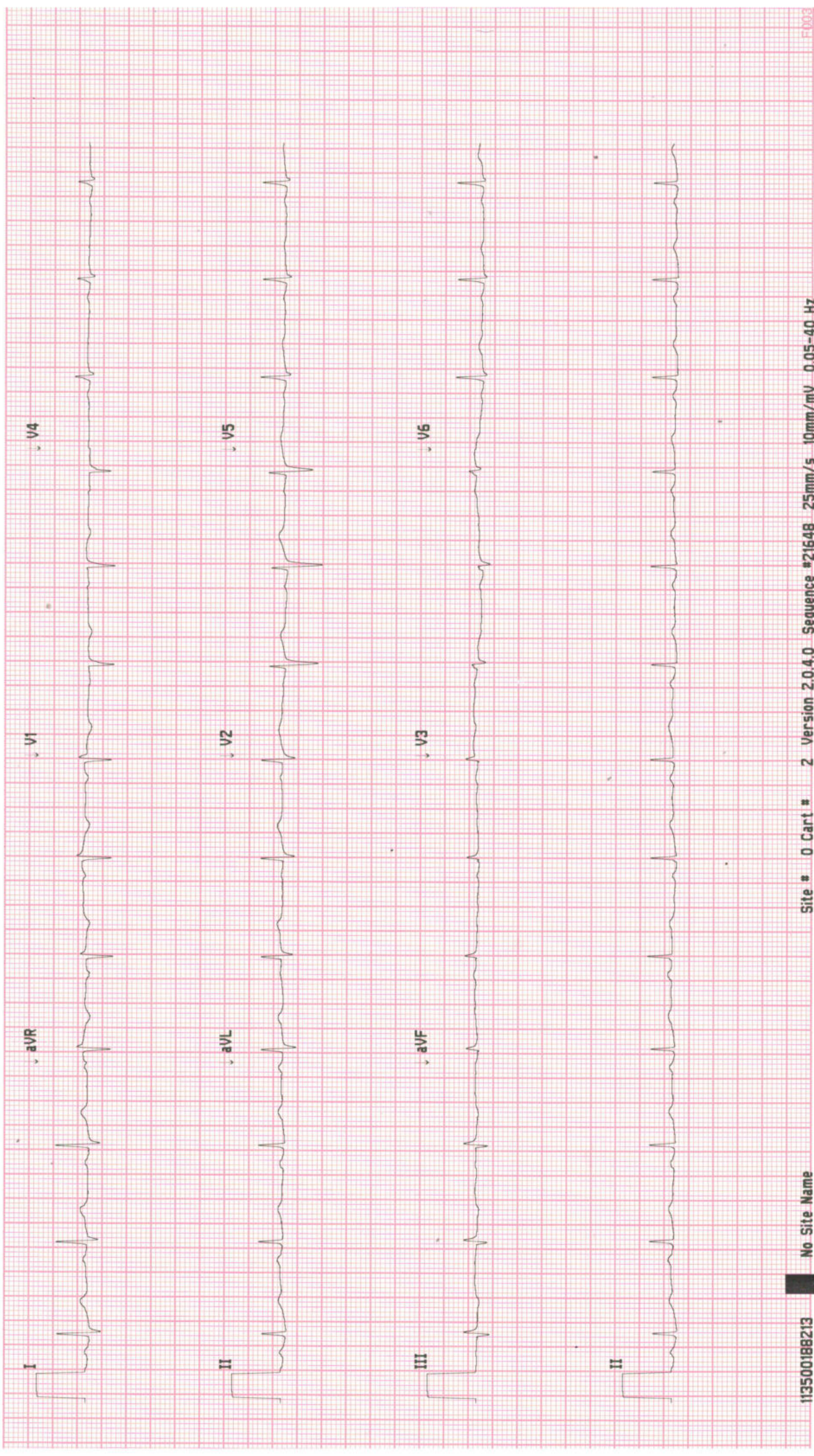
24-Dec-2022 12:56:59

Shinde, Savita

SINUS RHYTHM  
NORMAL ECG

Vent rate: 76 BPM  
PR int: 177 ms  
QRS dur: 84 ms  
QT/QTc: 367/398 ms  
P-R-T axes: 41 40 11

UNCONFIRMED REPORT








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### MD (Radiology)

**Patient Details** : Mrs. SAVITA S SHINDE | Female | 30Yr 5Mth 5Days  
**UHID** : MHN1.0000131001 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29215   
**DRN** : 222031307 **Completed on :** 24-DEC-2022 14:00  
**Ref Doctor** : SELF REFERRAL

### ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size. Echotexture is uniform and normal.  
No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Well distended with normal walls and lumen.  
No calculi/pericholecystic fluid.

COMMON BILE DUCT: Normal in size.

PANCREAS : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.  
No evidence of calculi/ hydronephrosis.

URINARY BLADDER: Well distended with normal walls.  
No evidence of calculi/ growth/ diverticula.

UTERUS: Anteverted. Normal in size and echotexture.

Uterus measures : 5.2 x 4.2 x 7.9 cm.

Endometrium shows heterogeneous predominantly hyperechoic collection of size 1.6 x 1cm. Minimal vascularity is seen within. No intra/extra uterine gestational sac

Combined endometrial thickness is normal and measures mm.





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Mrs. SAVITA S SHINDE

MHN1.0000131001

NSKAH29215

**ULTRASOUND - WHOLE ABDOMEN**

**OVARIES:**

Right ovary measures : 2.6 x 1.8cm.

Left ovary measures : 2.9 x 1.6cm.

Normal in size and echotexture.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

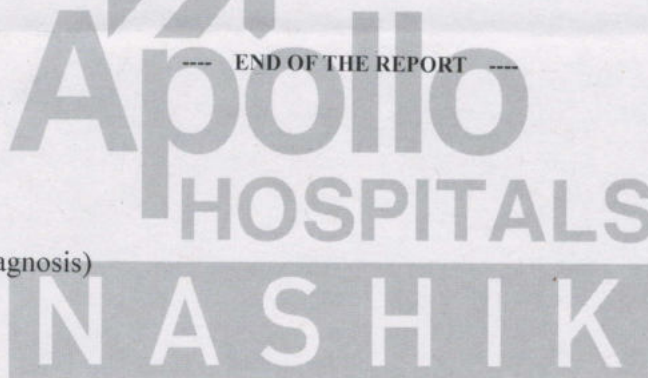
**Impression**

A small heterogeneous predominantly hyperechoic endometrial collection ---- blood clot or retained product of conception.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)








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### MD (Radiology)

**Patient Details** : Mrs. SAVITA S SHINDE | Female | 30Yr 5Mth 5Days  
**UHID** : MHN1.0000131001 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29215   
**DRN** : 122050916 **Completed on :** 24-DEC-2022 13:02  
**Ref Doctor** : SELF REFERRAL

### X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

#### **Impression**

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)





# OPHTHALMOLOGY



Name : Mrs. Savita Shinde Date 24/12/20 UNIT \_\_\_\_\_

Occupation : \_\_\_\_\_ Room No. \_\_\_\_\_ Out Patient

Age : 30 Sex : Male  Female  S/M/W/D Ref. Physician : \_\_\_\_\_

Address : Nashik Copies to : \_\_\_\_\_

Tel. No. \_\_\_\_\_

## REPORT ON OPHTHALMIC EXAMINATION

HISTORY : \_\_\_\_\_

PRESENT COMPLAINT : Routine evaluation

PAST HISTORY : DM / HTN / ALLERGY

**ON EXAMINATION**

RE 6/6                      LE 6/6

VISION :

	RIGHT					LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA	
DIST										
NEAR										

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS

Refraction or Acceptance :

	RIGHT					LEFT				
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA		
DIST	<u>L</u>	<u>-</u>	<u>-</u>	<u>6/6</u>	<u>L</u>	<u>-</u>	<u>-</u>	<u>6/6</u>		
NEAR				<u>m</u>				<u>m</u>		

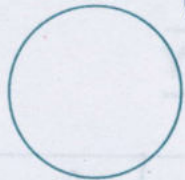
*(Signature)*



Anterior Sigmoid :

RE

LE

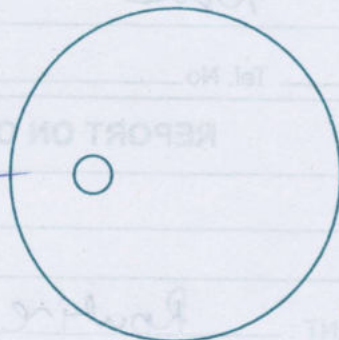


① Pupils m  
② been

Fundus :

RE

LE



① fovea

Diagnosis :

①

LEFT				RIGHT			
POP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS

Advise / Rx:

Rean spc at

LEFT				RIGHT			
POP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS

①

LEFT				RIGHT			
POP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS

CONSULTANT OPHTHALMOLOGIST





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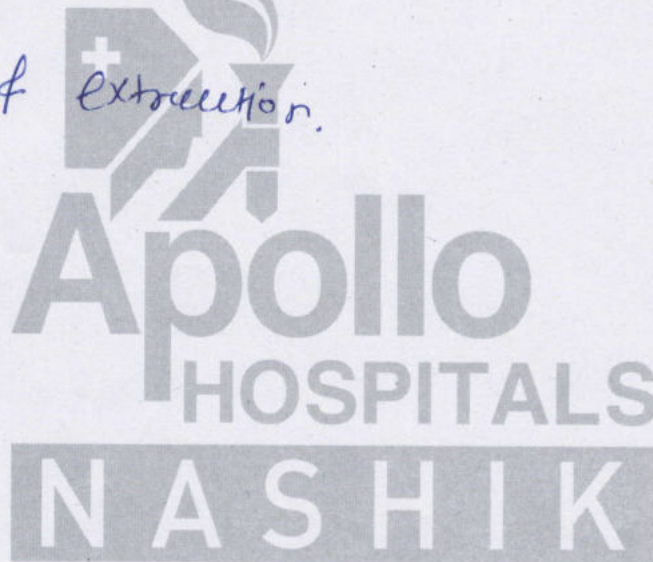


24/12/22

Mrs. Savita Ghinde.

30

- Steerins ++
- Cal ++
- Wisdoms tooth lower R & L.
- Adv. Scaling & Extraction.



*[Handwritten signature]*



ID: 000131003

Visit:

47 years

Asian

Male

BRUCE

Max HR: 169bpm 99% of max predicted 170bpm

Max BP: 150/80

Total Exercise time: 7:01

Maximum workload: 8.5METS

24-Dec-2022

12:19:55

Referred by:

Test ind:

Reason for Termination: Max HR attained

Comments:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:38	***	***	1.0	100	130/80	130
	STANDING	0:11	***	***	1.0	99	130/80	129
	HYPERVENT	0:15	0.8	0.0	1.0	98	130/80	127
	STAGE 1	3:00	1.7	10.0	4.6	146	130/80	190
	STAGE 2	3:00	2.5	12.0	7.0	165	140/80	231
	STAGE 3	1:01	3.4	14.0	8.5	169	150/80	254
RECOVERY	Post	4:11	***	***	1.0	121	130/80	157

TMT Positive for S11

Technician: MEGHA

APOLLO HOSPITAL NASIK

Unconfirmed

MAC55 010B

25.0 mm/s  
10.0 mm/mV  
100hz