

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. PANDEY RAKESH KUMAR
EC NO.	67215
DESIGNATION	BRANCH OPERATIONS
PLACE OF WORK	DHANBAD
BIRTHDATE	16-01-1975
PROPOSED DATE OF HEALTH CHECKUP	17-03-2023
BOOKING REFERENCE NO.	22M67215100046098E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **03-03-2023** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-



Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार
GOVERNMENT OF INDIA

रमेश कुमार पाण्डेय
Rakesh Kumar Pandey
जन्म तिथि/ DOB: 16/01/1975
पुरुष / MALE



2985 8107 2035

आधार-आम आदमी का अधिकार



भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता: संबोधित: राजेंद्र प्रसाद पाण्डेय, ग्राम तिरला, पोस्ट थालक थाना बगोदर, बगोदर, गिरिडीह, झारखण्ड - 825322

Address: S/O Rajendra Prasad Pandey, gram Tirila, post balak, thana bagodar, Bagodar, Giridih, Jharkhand - 825322

2985 8107 2035


Aadhaar-Aam Admi ka Adhikar

बैंक ऑफ इंडिया
Bank of India

राकेश कुमार पाण्डेय
RAKESH KUMAR PANDAY

पिन कोड : 67215
 B.C. No. : 67215

Signature of Holder



Uy

Signature of Holder

Address to:
 Dr. Ganga Surya Bhawan, Main Road, Disturbur
 Jharkhand
 208410

Address: At. Smart House, Bigcity, Road No. 04,
 P.s.- Govindpur, Dist- Dhanbad, Jharkhand

EMERGENCY CONTACT NO.: 8369546180

Group: A+

Reaction Marks: Wart At Nose





असर्फी हॉस्पिटल

सबके लिए स्वास्थ्य

OUT PATIENT DEPARTMENT

Department of General Medicine

Mediwheel

Regd. No. : MAR23-44166 Visit : 23/03/2023/128626
 Patient Name : MR. RAKESH KUMAR PANDEY Mobile : 9839750137
 Age/Sex : 48 Y 2 M 8 D / Male Date : 23-Mar-2023 10:28 am
 Address : GRAM TIRLA, PO- BALAK, PS- BAGODAR, GIRIDIH - 825322, Jharkhand, INDIA
 Doctor : Dr. Uday Shankar MBBS, MD, D. Cardio., FCCS OPD Timing : MON-SAT (10AM - 2PM)

Referred By:

Allergies : Height : 5 Ft 4 In Temp. : 99.6 F SPO2 : 99 %
 Weight : 75 Kg Pulse : 74 B.P. : 100/60 mm/Hg

History and complaints :

- CRVHD
- Mod MS (MVA ~ 1/2)
- Mild MR

Examination:

Diagnosis:

- Mild DOE.
- ? Mild osteoporosis.

Investigations:

Medicines Prescribed:

- T. Plavet (25/10) का 1-0
- T. Embeta XR 75mg का 1-0
- T. Sompaz D का BBT का
- T. Telisk 20mg का 1-0
- T. Pentid 400mg का BBT का
- T. Lipitas 10mg का 1-0

Follow up: Days
 Date :
 Time :

Advice (Diet/ Lifestyle / Rehab)

Signature of Doctor

*Prescription to be valid for 7 Days only.
 *This document is not valid for Medico-Legal purposes.





असर्फी हॉस्पिटल

सबके लिए स्वास्थ्य

OUT PATIENT DEPARTMENT

Department of Dental Surgery & Maxillo Facial Surgery

Mediwheel

Regd. No. : MAR23-44166 Visit : 240323/128626
Patient Name : MR. RAKESH KUMAR PANDEY Mobile : 989750137
Age/Sex : 48 Y 2 M 8 D / Male Date : 23-Mar-2023 10:12 am
Address : GRAM TIRLA, PO- BALAK, PS- BAGODAR, GIRIDIH - 825322, Dhanbad, INDIA
Doctor : Dr. Sandip Mondal BDS (WBUHS), Consultant of Oral & Dental Surgeon OPD Timing : Referred By :

Allergies : Height : 5 Ft 4 In Temp. : 97.6 F SPO2 : 99 %
Weight : 75 Kg Pulse : 74 B.P. : 100/60 mm/Hg

History and complaints : Patient complaint that he eating fruits are short teeth suddenly depressed and pain can be occur since 6 months ago.

Examination: Attrition of [diagram of tooth] may be broken

Diagnosis: Perforation on extraction on rest of [diagram of tooth]

Investigations:

Medicines Prescribed:

open

Mulopain gel [3 times daily after B L P]
Metrigon - DR gel [2 times daily A.L A.O]
R-A Thymoxal tooth paste [morning A.L A.O]

Advice (Diet/ Lifestyle / Rehab)

Follow up: Days
Date :
Time :

Horidire Mouth wash [30 sec brushing at morning time then 30 min dont take anything]

Signature of Doctor

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24.3.23

Adv to come 31/3/23 at 12:00 pm



MR RAKESH KUMAR PANDEY

Male

24-Mar-23 11:45:22

MEDICA DEHRADUN



Rate 74 . Sinus rhythm.....Normal P axis, V-rate 50- 99
 . Abnormal R-wave progression, early transition.....QRS area>0 in V2
 . Consider left ventricular hypertrophy.....(S V1/V2+R V5/V6) >3.50mV

FR 164
 QRS 90
 QT 376
 QTc 418

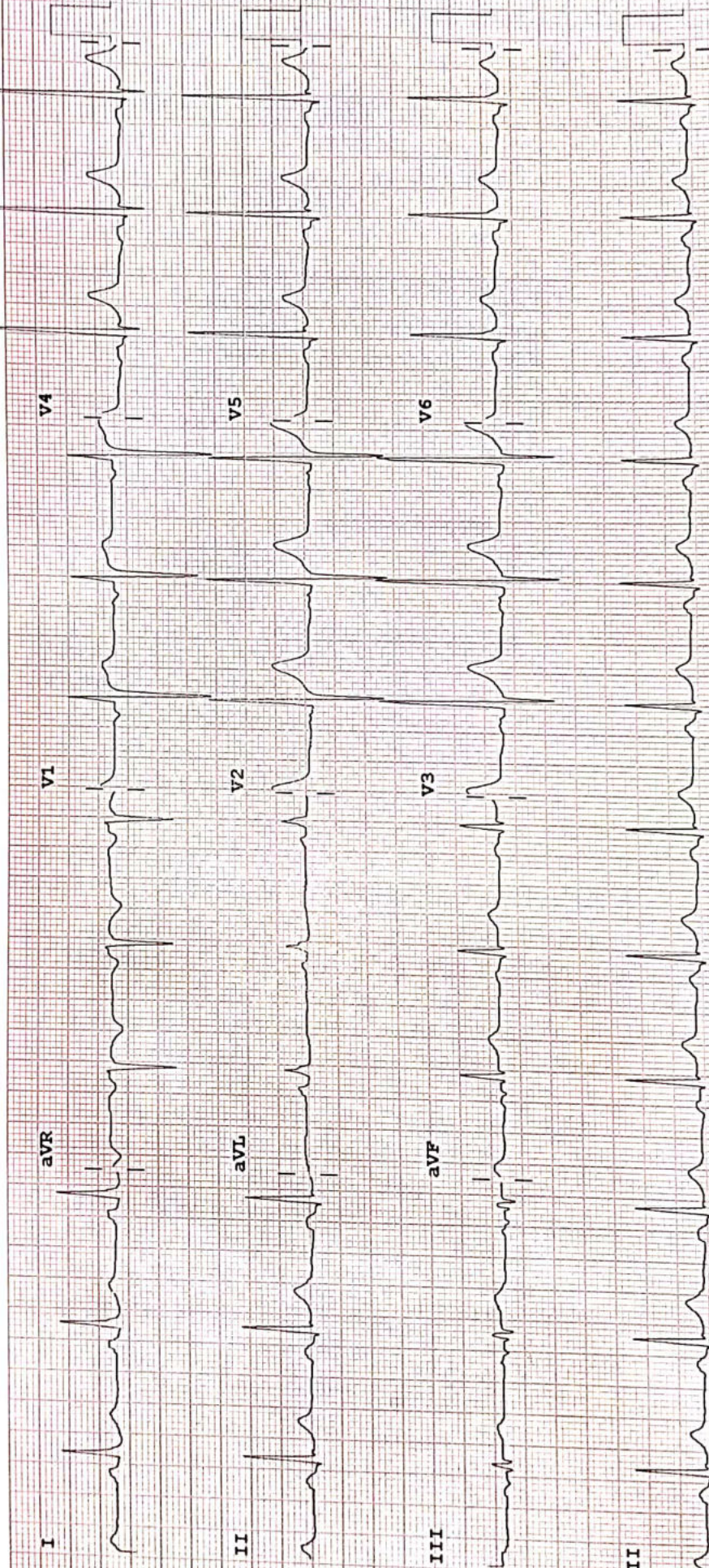
--AXIS--

P 29
 QRS 33
 T 60

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



F 50~ 0.50-100 Hz W

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

PH100B CL P?

Device:



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Baramuni, P.O. - Bishunpur Polytechnic, Dhanbad (Jharkhand) - 828130
Regd. Office : Phulantand, Kharkaree, Dhanbad (Jharkhand) - 828125
Mob.: 78083 68888
CIN : U85110JH2005PLC011673

RADIOLOGY REPORT

Patient Information			
Patient Name	MR RAKESH KUMAR PANDEY	Patient ID	44166
Age Gender	48Y/MALE	Scan Date	MAR 24 2023
Referring Doctor	DR SELF	Report Date	MAR 25 2023

X-RAY CHEST

FINDINGS

The heart is normal in size and contour.

The aorta is normal.

The mediastinum, hila are normal .

Broncho vascular markings are increased.

Trachea is central. Tracheo-bronchial tree is normal.

No focal lung lesion is seen.

No pneumothorax is seen.

The costophrenic sulci and hemidiaphragms are preserved.

Bony thoracic cage is normal. Both domes of diaphragm are normally placed. No soft tissue abnormality seen.

CONCLUSION

Increased B V markings .Please correlate

Kindly correlate with other clinical parameters.

Dr. Sanjay Khemuka

MD Radiology

Consultant Radiologist

Maharashtra Medical Council

Registration Number: 56467



MR RAKESH KUMAR PANDEY 48Y/M DR SELF | 1



24 HOUR EMERGENCY

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An ISO 9001 : 2015
Organisation



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सबके लिए स्वास्थ्य

ECHOCARDIOGRAPHY REPORT

Name: **MR RAKESH KUMAR PANDEY**

Age: **48**

Sex: **Male**

Date: **24/03/2023**

2D & M-MODE MEASUREMENTS

LA Diam	5.2 cm
Ao Diam	3.0 cm
MVA Planimetry	1.3 cm ²
IVSd	1.1 cm
LVIDd	5.7 cm
LVPWd	1.1 cm
IVSs	1.6 cm
LVIDs	3.8 cm

2D & M-MODE CALCULATIONS

EDV(Teich)	159 ml
ESV(Teich)	64 ml
EF(Teich)	60 %
%FS	32 %
SV(Teich)	95 ml
LVd Mass	310.65 g
RWT	0.39

MITRAL VALVE

AORTIC VALVE

AV Vmax	2.00 m/s
AV maxPG	15.95 mmHg

TRICUSPID VALVE

PULMONARY VALVE

TR Vmax	2.90 m/s
TR maxPG	33.74 mmHg

COMMENTS:

- DILATED LA
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-60%)
- MITRAL VALVE TIPS THICKENED AND CALCIFIED WITH RESTRICTED MOVEMENT. MODERATE MS, MVA ~ 1.1cm²
- MEAN GRADIENT ACROSS MV ~ 14mmg.
- MILD MR, MILD AR, TRACE TR, NO PAH
- IAS, IVS INTACT
- NO CLOT, PE
- IVC NORMAL

IMPRESSION:

- CRVHD
- DILATED LA
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-60%)
- MODERATE MS, MVA ~ 1.1cm², MILD MR
- MILD AR

DR. S. H. CHAVAN
(CONSULTANT CARDIOLOGIST)

TECH. SIG

Asarfi Hospital Limited

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Baramuri, P.O. - Bishunpur Polytechnic, Dhanbad - 828130 CIN : U85110JH2005PLC011673
Branch Office : Dhैया Khatal Road, ISM, Dhanbad. Regd. Office : Phularitand, Kharkharee, Dhanbad - 828130
Ph.: 9234302735, 9234651512, 9234681514 Email : info@asarfihospital.com / www.asarfihospital.com

RADIOLOGY REPORT



Reg. No.	44166	Ref. Dr.	SELF
Name	MR RAKESH KUMAR PANDEY	Study	USG WHOLE ABDOMEN
Age & Sex	48Y/M	Rep Date	24.03.2023

USG WHOLE ABDOMEN

- LIVER** : Liver is normal in size and shape. It appears bright in echotexture. No obvious focal lesion is seen. IHBR are not dilated.
- GALL BLADDER** : GB is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- CBD** : CBD is normal in course & caliber.
- PV** : PV is normal in course & caliber.
- PANCREAS** : Pancreas is normal in size, shape & echotexture. Peripancreatic soft tissues appear normal. MPD is not dilated.
- SPLEEN** : Spleen is normal in shape, size & echotexture. It measures 11.4 cm in size.
- KIDNEYS** : The right kidney measures 10.9 x 5.7cm. The left kidney measures 11.6 x 4.6cm. Both kidneys are normal in shape, size & position. The pelvicalyceal system is normal. Corticomedullary differentiation is maintained. No focal lesion is seen.
- URINARY BLADDER** : Urinary bladder is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- PROSTATE** : Prostate is normal in size, shape & echotexture. It measures 3.7 x 3.3 x 3.5cm in size (volume – 23gram).
- OTHERS** : No ascites or retroperitoneal lymphadenopathy is seen.
- IMPRESSION** : • **Grade II diffuse fatty infiltration of liver.**
Clinical correlation is suggested.



Dr. VAISHALI PATEL
MBBS, DNB (Radio-diagnosis)
Consultant Radiologist

Name : MR. RAKESH KUMAR PANDEY
Age / Sex : 48 Yrs / Male
Doctor :
Reg. No. : MAR23-44166
Pat. Type : Mediwheel



Collection Time : 24-03-2023 10:37 am
Receiving Time : 24-03-2023 10:37 am
Reporting Time : 24-03-2023 2:16 pm
Publish Time : 24-03-2023 2:33 pm

Test Name	Result	Flag	Unit	Reference Range
Biochemistry				
Creatinine, Serum				<i>Machine Name:</i> XL640
<i>Method:</i> Enzymatic				
Creatinine, Serum	0.6		mg/dl	0.6-1.4
Uric Acid, Serum				<i>Machine Name:</i> XL640
<i>Method:</i> Enzymatic				
Uric Acid, Serum	6.3		mg/dl	3.4-7.0
Blood Urea Nitrogen (BUN)				<i>Machine Name:</i> XL640
<i>Method:</i> Calculated				
Blood Urea Nitrogen (BUN)	16.9		mg/dl	Jun-20
Fasting Blood Glucose, Plasma				<i>Machine Name:</i> XL640
<i>Method:</i> GOD-POD				
Fasting Blood Glucose, Plasma	107.3		mg/dl	70-110
LIPID PROFILE, SERUM				
<i>Method:</i> Spectrophotometry				<i>Machine Name:</i> XL640
Cholesterol, Total (CHOD/PAP)	237.0	H	mg/dl	0-200
Triglycerides (Enzymatic)	200.0	H	mg/dl	0-150
HDL Cholesterol (Enzymatic)	73.0	H	mg/dl	0-50
LDL Cholesterol (Calculated)	124.0	H	mg/dl	0-100
VLDL Cholesterol (Calculated)	40.0	H	mg/dl	0-30
GLYCOCYLATED HEMOGLOBIN (HbA1C), BLOOD				<i>Machine Name:</i> BIO-RAD, D-10 / MISPA
<i>Method:</i> HPLC / Nephelometry				
HbA1C	6.9	H	%	4.4-6.2

Interpretation:


DR N N SINGH
(PATHOLOGIST)

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Page 1 of 8

Condition of Laboratory Testing & Reporting

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24 HOUR EMERGENCY

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Name : MR. RAKESH KUMAR PANDEY
Age / Sex : 48 Yrs / Male
Doctor :
Reg. No. : MAR23-44166
Pat. Type : Mediwheel



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Test Name	Result	Flag	Unit	Reference Range
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HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION | MEASUREMENT | OF HbA1C RESULTS |

-----|-----
| Hemoglobin variants, elevated fetal | Any condition that shortens erythrocyte |
| hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte |
| modified derivatives of hemoglobin | age (e.g., recovery from acute blood loss, |
| (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) |
| with renal failure) can affect the | will falsely lower HbA1c test results |
| accuracy of HbA1c measurements | regardless of the assay method used. Iron |
| | deficiency anemia is associated with |
| | higher HbA1c |

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(PATHOLOGIST)

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Test Name	Result	Flag	Unit	Reference Range
				Machine Name: XL-640
Liver Function Test (LFT)				
Method: Spectrophotometry				
Bilirubin Total (Diazo)	0.5		mg/dl	0.3-1.2
Bilirubin Direct (Diazo)	0.2		mg/dl	0.00-0.2
Bilirubin Indirect (Calculated)	0.3		mg/dl	0.00-1.0
SGPT (IFCC without PDP)	84.5	H	U/L	7-50
SGOT (IFCC without PDP)	72.8	H	U/L	5-45
Alkaline Phosphate (PNP AMP Kinetic)	262.5		U/L	70-306
GGT (Enzymatic)	179.6	H	U/L	0-55
Protein Total (Biuret)	6.8		g/dl	6.4-8.3
Albumin (BCG)	4.1		g/dl	3.5-5.2
Globulin (Calculated)	2.9		g/dl	2.3-3.5
A : G Ratio (Calculated)	1.4			0.8-2.0

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(PATHOLOGIST)

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Test Name	Result	Flag	Unit	Reference Range
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Clinical Pathology

Routine Urine Examination; Urine

Method: Microscopic

Appearance	CLEAR	.		
Colour	STRAW	.		
Volume	20		ml.	
Protiens	NEGATIVE	.		
Glucose	NEGATIVE	.		
PH	6.5	.		
Specific Gravity	1.020	.		
Bilirubin	NEGATIVE	.		
Ketone Bodies	XX	.		
Bile Salts	XX	.		
Bile Pigments	XX	.		
Pus Cells	1-2		/hpf.	
Epithelial Cells	1-2		/hpf.	
R.B.C.	NIL		/hpf.	
Casts	NOT SEEN		/hpf.	
Crystals	NOT SEEN		/hpf.	


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(PATHOLOGIST)

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Test Name	Result	Flag	Unit	Reference Range
Protein:Creatinine Ratio; Urine				
<i>Method: Immunoturbidimetry, Spectrophotometry</i>				
Protein	18.0		mg/L	
Creatinine	100.0		mg/dl	
PCR	0.10		mg/g	0-0.5

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(PATHOLOGIST)

Page 5 of 8

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Test Name	Result	Flag	Unit	Reference Range
Haematology				
BLOOD GROUP, ABO & RH TYPING				
<i>Method: Agglutination</i>				
ABO GROUP	A	.	.	0-0
RH TYPING	POSITIVE	.	.	0-0
ESR (Erythrocyte Sedimentaion Rate)				
<i>Method: Westergren</i>				
ESR	15	H	mm/hr	0-10
				<i>Machine Name: VES-MATIC 20</i>

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(PATHOLOGIST)

Page 6 of 8

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ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)

Baranuri, Bishnupur Polytechnic, Dhanbad 828 130
Ph. No.: 7808368888,9297862282,9234681514



ल

Name : MR. RAKESH KUMAR PANDEY
Age / Sex : 48 Yrs / Male
Doctor :
Reg. No. : MAR23-44166
Pat. Type : Mediwheel



Collection Time : 24-03-2023 10:37 am
Receiving Time : 24-03-2023 10:37 am
Reporting Time : 24-03-2023 2:16 pm
Publish Time : 24-03-2023 2:33 pm

Test Name	Result	Flag	Unit	Reference Range
Complete Blood Count (CBC)				<i>Machine Name:</i> Sysmex 6 part
<i>Method:</i> Electronical Impedence				
Hemoglobin	13.1		g/dl	13-18
Total Leukocyte Count (TLC)	4,200		/cu-mm	4000-11000
PCV	38.8	L	%	40-50
MCH	28.3		Pg	27-31
MCHC	33.6		g/dl	31.5-35.5
Red Cell Distribution Width (RDW)	14.5	H	%	11.6-14
Neutrophils	63		%	55-75
Lymphocytes	30		%	15-30
Eosinophils	04		%	1-6
Monocytes	06		%	2-10
Basophils	00		%	0-1
RBC Count	4.62		million/mm ³	4.5-5.5
Mean Corpuscular Volume (MCV)	84.0		fL	83-101
Platelet Count	1.27	L	lakhs/cumm	1.5-4.5

DR N N SINGH
(PATHOLOGIST)

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Condition of Laboratory Testing & Reporting

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Test Name	Result	Flag	Unit	Reference Range
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Immunology and Serology

Prostate Specific Antigen(PSA), Total, Serum

Method: ECLIA

Machine Name: VITROS ECI

Prostate Specific Antigen(PSA), Total, Serum 0.53

ng/ml 0.0-4.0

Border line 4.0 - 10.0

THYROID PROFILE, TOTAL, SERUM

Method: ECLIA

Machine Name: Vitros ECI

T3, Total 1.45

ng/ml 0.8-2.0

T4, Total 7.25

µg/dL 5.10-14.10

TSH (Ultrasensitive) 5.77

H mIU/mL 0.27-4.2

Interpretation:

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.

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Page 8 of 8

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Pat. Type : Mediwheel



Collection Time: 24-03-2023 10:37 am
Receiving Time: 24-03-2023 10:37 am
Reporting Time: 26-03-2023 1:33 pm
Publish Time: 27-03-2023 11:29 am

Test Name	Result	Flag	Unit	Reference Range
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Microbiology

Culture & Sensitivity (Urine)

Method: vitek 2 compact

Machine Name: vitek 2 compact

Organism Isolated

NO GROWTH OF ANY ORGANISM

Note:

In view of developing antibiotics resistance in india. It is advisalbe to use anitbiotics belonging to Group B & C only if the patient is resistant to antibiotics.

* Insturment used Bact/Alert 3D 60 & vitek 2 compact.


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असर्फी हॉस्पिटल
सबके लिए स्वास्थ्य

ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)
Baramuri, Bishnupur Polytechnic, Dhanbad 828 130
Ph. No.: 7808368888,9297862282,9234681514



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Collection Time: 24-03-2023 10:37 am
Receiving Time: 24-03-2023 10:37 am
Reporting Time: 27-03-2023 1:09 pm
Publish Time : 27-03-2023 1:13 pm

Test Name	Result	Flag	Unit	Reference Range
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HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.
Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION | MEASUREMENT | OF HbA1C RESULTS |

| Hemoglobin variants,elevated fetal | Any condition that shortens erythrocyte | hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte | modified derivatives of hemoglobin | age (e.g.,recovery from acute blood loss, | (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) | with renal failure) can affect the | will falsely lower HbA1c test results | accuracy of HbA1c measurements | regardless of the assay method used.Iron | deficiency anemia is associated with | higher HbA1c |

Glucose, PP

Method : GOD-POD

Glucose, PP	220.2	H	mg/dl	70-140
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Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine

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