

Name : Mrs. SEEMA SUREKA (50 /F)

Date : 20/03/2020

Address : FLAT NO-31,BLOCK-3,SRACHI GARDEN,251/1N N ROAD NEAR NAGER BAZAR,
KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001623770

Package : BOB ANNUAL HCK FOR FEMALE (MEDI ASSIST)

AHC No : AGHLAH115983



CHIEF COMPLAINTS

For corporate health checkup.

C/O Cough – 3-4 days.

C/O Pruritus vulvae.

HISTORY OF PRESENT ILLNES

H/O Hypothyroidism – on medication.

No H/O DM/HTN/TB/Asthma/Heart disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:20/03/2020



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Chest Pain

No

Swelling of feet

No

Any medication

Nil

Palpitation

No

Hypertension

No

Breathlessness

No

Respiratory system

COUGH - Present occasional.

Sneezing

No

Running nose

No

Nose block

No

Cough

No

Sputum

No

Dyspnoea

No

Wheezing

No

Gastrointestinal system

APPETITE - Normal.

BOWEL HABITS - Regular.

Appetite

Normal

Flatulence and

dyspepsia

No

Bowel habits

Regular

Mouth ulcers

No

Peptic ulcers

No

Piles

No

Abdominal pain

No

Genitourinary system

URINARY FREQUENCY - Normal.

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Urinary frequency

Steady.

Normal

Burning

No

Urgency

No

Hesitancy

No

Dribbling

No

Gynaec history

P2+1 (N/D), Menopausal.

Central nervous system

MEMORY & CONCENTRATION - Normal.

SLEEP – Normal.

Headache

No

Giddiness

No

Memory &
concentration

Normal

Neuritis

No

Sleep

Normal

Eyes

VISION - Corrected with glasses.

Vision

Normal

ENT

Hearing - Normal.

Hearing

Normal

Skin

Nil significant.

Weight

Present medications

Tab. Thyronorm 100 mcg.

Past Medical History

Medical - Nil Significant

Surgical - Hysterectomy - 2011
(Uterine fibroid).

Personal History

Marital status - Married

No. of children - 2

Physical activity - Active

Diet - Vegeterian

Family History

Father - Alive

Mother - Alive

Brother (s) - 1

Diabetes mellitus - Brother

PHYSICAL EXAMINATION

General

Build - Overweight

Height (in cms) - 161

Weight (in Kgs) - 69

BMI - 26.62

Pallor - No

Icterus - No

Cyanosis - No

Clubbing - No

Oedema - No

Enlarged glands - No

Cardiovascular system

Heart rate(Per minute) - 74

Heart sounds - S1S2+

Systolic(mm of Hg) - 126

Diastolic(mm of Hg) - 80

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Respiratory system

Breath sounds - Normal vesicular breath sounds.



Abdomen

Appearance - Normal
Tenderness - No
Bowel sounds - Present
Palpable liver - Not Palpable
Palpable spleen - Not Palpable



Central nervous system

Cranial nerves - No abnormality detected
Sensory system - No abnormality detected
Motor system - No abnormality detected



Skin

Others - No Significant finding.



Musculo Skeletal System

Extremities - No Significant finding.
Spine - No Significant finding.

Gynaec findings

Papsmear - Taken

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HB,TC,DC

Test Name	Result	Unit	Level	Range
Hemoglobin	11.8 *	g/dl	●	12.0-15.0
MCV	92.0	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	32.2	%	●	31.5-34.5
Packed cell volume	36.7	%	●	36-46
WBC Count	5100	/cu mm	●	4000-10000
Neutrophils	71	%	●	40-80
Lymphocytes	24	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	19	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	1-2 /h.p.f /hpf			
Casts:	Not Found			
Crystals:	Not Found			

Note

Biological reference interval
RBC- 0-2/hpf
Pus Cell - 0-5/hpf.

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	97	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	117	mg/dL	●	70-140

HBA1C (GLYCOSYLATED)

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.5	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.4 *	mg/dL	●	2.6-6.0

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.9	mg/dL	●	7.0-18.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	154	mg/dL	●	0-200

● Within Normal Range ● Borderline High/Low ● Out of Range

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LDL CHOLESTEROL -SERUM	86	mg/dL	●	0-100
VLDL CHOLESTEROL -SERUM (Calculated)	26	mg/dL	●	0-35
HDL CHOLESTEROL -SERUM	42	mg/dL	●	30-70
TRIGLYCERIDES -SERUM	84	mg/dL	●	0-150

Ref No:
AG01.C2001645
SPECIMEN TYPE:
Vault smear (Pap) x 1
SPECIMEN ADEQUACY:
Satisfactory for evaluation with metaplastic squamous cells.
INTERPRETATION/RESULT:
Negative for intraepithelial lesion or malignancy,with no organism

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE -SERUM	137 *	U/L	●	42-98
PROTEIN TOTAL -SERUM	7.5	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) -SERUM	3.4	g/dL	●	1.8-3.6
ALT(SGPT) - SERUM	90 *	U/L	●	10-40
A/G - RATIO	1.2:1.0			1.0-2.0
AST (SGOT) - SERUM	70 *	U/L	●	10-42
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE -SERUM	23	U/L	●	7-64
BILIRUBIN TOTAL -SERUM	0.6	mg/dL	●	0.0-1.0
BILIRUBIN CONJUGATED (DIRECT) -SERUM	0.1	mg/dL	●	0.0-0.2
ALBUMIN - SERUM	4.1	g/dL	●	3.5-5.1

2D ECHOCARDIOGRAPHY

Good left ventricular systolic function with reduced diastolic compliance.
Mild pulmonary arterial hypertension.

ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 75 %) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Hepatomegaly with fatty changes in liver - Grade I.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

X-RAY MAMMOGRAPHY BILATERAL

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE -SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.9	µg/dL	●	5.1-14.1
TSH: THYROID STIMULATING HORMONE - SERUM	0.953	µIU/mL	●	0.270-4.200

PAP SMEAR /CERVICAL SMEAR

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* Glandular both breast.

* Asymmetric glandular density upper outer left breast.

BI-RADS Category - 2 (benign).

BIRADS Category: (0= Requires additional evaluation, 1 = Negative, 2 = Benign findings, 3 = Intermediate, 4 = Suspicious malignancy, 5 = Highly suggestive of malignancy, 6 = Histologically proven malignancy).

Please Note :

False negative mammogram is 10-15%. Dense breast parenchyma may obscure an underlying neoplasm.



Within Normal Range



Borderline High/Low



Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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