

rwd: Narayana health checkup booking for Mediwheel

VIKAS TRIPATHI <Vikas.Tripathi@narayanahealth.org>

Fri 24-02-2023 13:57

To: TILAK RAJ DHYANI <tilak.raj@narayanahealth.org>; Amrendra Nath Dubey <amrendra.nathdubey@narayanahealth.org>

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From: Mubeen Taj <mubeen.taj@narayanahealth.org>

Sent: Friday, February 24, 2023 1:01:01 PM

To: VIKAS TRIPATHI <Vikas.Tripathi@narayanahealth.org>

Cc: Atul Bhatnagar <atul.bhatnagar@narayanahealth.org>; Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>

Subject: Narayana health checkup booking for Mediwheel

Hi,

Please find attached booking for Mediwheel for 25/02/2023 for DNSH units, kindly check and confirm on priority

Member Name	Member Age	Package Name	hospital
<del>madan pal singh</del>	62	Medi-Wheel Metro Full Body Health Checkup Male Above 40	Dharamshila Narayana Superspeciality
<del>MS. KUMARI RAJ</del>	54	Medi-Wheel Metro Full Body Health Checkup Female Above 40	Dharamshila Narayana Superspeciality
<del>manorma kumari</del>	27	Medi-Wheel Metro Full Body Health Checkup Female Below 40	Dharamshila Narayana Superspeciality
<del>DEEPAK KUMAR GUNJAN</del>	27	Medi-Wheel Metro Full Body Health Checkup Male Below 40	Dharamshila Narayana Superspeciality
<del>pferna rac</del>	27	Medi-Wheel Metro Full Body Health Checkup Female Below 40	Dharamshila Narayana Superspeciality
<del>MR. GHANSHYAM</del>	29	Medi-Wheel Metro Full Body Health Checkup Male Below 40	Dharamshila Narayana Superspeciality
<del>MR. SINGH MANMOHAN</del>	34	Medi-Wheel Metro Full Body Health Checkup Male Below 40	Dharamshila Narayana Superspeciality
<del>Padma</del>	48	Medi-Wheel Metro Full Body Health Checkup Female Above 40	Dharamshila Narayana Superspeciality
<del>MR. NYOUPANE PURUSOTAM</del>	53	Medi-Wheel Metro Full Body Health Checkup Male Above 40	Dharamshila Narayana Superspeciality
<del>Sangita Ranjan</del>	31	Medi-Wheel Metro Full Body Health Checkup Female Below 40	Dharamshila Narayana Superspeciality
<del>MR. RANJAN ABHAY KUMAR</del>	33	Medi-Wheel Metro Full Body Health Checkup Male Below 40	Dharamshila Narayana Superspeciality
<del>Neetu</del>	39	Medi-Wheel Metro Full Body Health Checkup Female Below 40	Dharamshila Narayana Superspeciality

Regards,

Mubeen Taj

Mobile #, 8095708500

Manager Payor Relation



Corporate Office: 261/A, 2nd Floor  
Bommasandra Industrial Area  
Holar Road, Bangalore 560009  
www.narayanahealth.org

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Cayman Islands

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23 Y K Gupta + wife Sr. Citizen Health check

Total - 15 Patient

ECH + Echo 15

TM7-15

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4/02/2023, 14:37

Fwd: Narayana health checkup booking for Mediwheel

VIKAS TRIPATHI <Vikas.Tripathi@narayanahealth.org>

14-02-2023 13:57

To: TILAK RAJ DHYANI <tilak.raj@narayanahealth.org>; Amrendra Nath Dubey <amrendra.nathduby@narayanahealth.org>

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Subject: Narayana health checkup booking for Mediwheel

Hi,  
Please find attached booking for Mediwheel for 25/02/2023 for DNSH units, kindly check and confirm on priority

14 (LCHO + LCG)

- Member Name
- ✓ madan pal singh
- ✓ MS. KUMARI RAJ
- manorma kumari
- ✓ DEEPAK KUMAR GUNJAN
- prerna rao
- ✓ MR. GHANSHYAM
- MR. SINGH MANMOHAN
- Padma
- MR. NYOUPANE PURUSOTAM
- Sangita Ranjan
- MR. RANJAN ABHAY KUMAR
- Neetu

Member Age	Package Name
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- hospital
- Dharamshila Narayana Superspeciality Hospi
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Regards,  
Mubeen Taj  
Mobile #, 8095708500  
Manager Payor Relation



Corporate Office: 201 A, 2nd Floor  
Bommaranahalli, Hyderabad, Andhra Pradesh  
Medical Helpline: 1800-309-0309  
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Hapur | Shimoga | Cayman Islands

✓ Mr. Y. K. Gupta → wife - 60+ Sr. Citizen Health  
Poonam health checkup  
✓ Mr. Abhinandan Bharti → ICICI - Lombard  
LICU + TM7 + EG



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Fw: Narayana health checkup booking for Mediwheel

VIKAS TRIPATHI <Vikas.Tripathi@narayanahealth.org>

Fri 2/24/2023 2:56 PM

To: Pravunarayan Ram <pravunarayan.ram@narayanahealth.org>

Vikas Tripathi

Manager - Marketing

Mob-8800140096

Member Name	Member Age	Package Name	hospital	City	Status
madan pal singh	62	Medi-Wheel Metro Full Body Health Checkup Male Above 40	Dharamshila Narayana Superspecialty Hospital	Delhi	Booking Confirm
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Neetu	39	Medi-Wheel Metro Full Body Health Checkup Female Below 40	Dharamshila Narayana Superspecialty Hospital	Delhi	Booking Pending



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**DEPARTMENT OF LABORATORY MEDICINE**

**Final Report**

Patient Name : Ms Padma Nyoupane MRN : 15050000145728 Gender/Age : FEMALE , 48y (28/07/1974)  
 Collected On : 25/02/2023 11:21 AM Received On : 25/02/2023 11:51 AM Reported On : 27/02/2023 08:25 AM  
 Barcode : QQ2302250012 Specimen : Whole Blood Consultant : Dr. Alex Mathew(GENERAL MEDICINE)  
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9818990688

**BLOOD BANK LAB**

Test	Result	Unit
<b>BLOOD GROUP &amp; RH TYPING</b>		
Blood Group	"A"	-
RH Typing	Positive	-



Dr. Manoj Rawat  
 Consultant & HOD, Blood Bank Center  
 Consultant & HOD, Blood Bank Center

**BIOCHEMISTRY**

Test	Result	Unit	Biological Reference Interval
<b>HBA1C</b>			
HbA1c (Enzymatic Method)	5.5	%	Normal: 4.0-5.6 Pre Diabetes: 5.7-6.4 Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	111.15	-	-

**Interpretation:**

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

**Interpretation Notes**

Patient Name : Ms Padma Nyoupane MRN : 15050000145728 Gender/Age : FEMALE , 48y (28/07/1974)

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations. Target goals of < 7.0 % may be beneficial in patients. Please co-relate with Blood Sugar Fasting.

**RENAL PACKAGE - 2 (RFT FASTING)**

Fasting Blood Sugar (FBS) (GOD/POD)	89.9	mg/dL	74.0-106.0
Blood Urea Nitrogen (BUN) (Urease, UV)	10.2	mg/dL	7.0-17.0

**SERUM CREATININE**

Serum Creatinine (Enzymatic Two Point Rate - Creatinine Amidohydrolase)	0.76	mg/dL	0.5-1.04
eGFR (Calculated)	81.3	mL/min/1.73m <sup>2</sup>	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age.
Serum Sodium (ISE Direct)	142.0	mmol/L	137.0-145.0
Serum Potassium (ISE Direct)	4.60	mmol/L	3.5-5.1
Serum Chloride (ISE Direct)	<b>110.1 H</b>	mmol/L	98.0-107.0
Serum Bicarbonate Level (Phosphoenolpyruvate Carboxylase /Mdh Enzymatic End Point Assay)	22.0	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.03	mg/dL	8.4-10.2
Serum Magnesium (Formazan Dye)	1.98	mg/dL	1.6-2.3
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	5.46	mg/dL	3.5-8.5
Serum Phosphorus (Phosphomolybdate Reduction)	4.30	mg/dL	2.5-4.5



Patient Name : Ms Padma Nyoupane MRN : 15050000145728 Gender/Age : FEMALE , 48y (28/07/1974)



Dr. Amit Samadhiya  
 MBBS, MD Biochemistry  
 Junior Consultant

**CLINICAL PATHOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>URINE ROUTINE &amp; MICROSCOPY</b>			
<b>PHYSICAL EXAMINATION</b>			
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
<b>CHEMICAL EXAMINATION</b>			
pH(Reaction) (Double Indicator Method)	6.5	-	4.8-7.5
Sp. Gravity (PKa Change Ionic Concentration Method)	1.005	-	1.002-1.030
Protein (Protein Error Method)	Nil	-	Nil
Urine Glucose (GOD/POD)	Nil	-	Nil
Ketone Bodies	Negative	-	-
Blood Urine (Pseudo Peroxidase Method)	Nil	-	-
<b>MICROSCOPIC EXAMINATION</b>			
Pus Cells	2-4	/hpf	1-2
RBC	Nil	/hpf	0 - 3
Epithelial Cells	1-2	/hpf	2-3
Urine For Sugar (Fasting)	Negative	-	-

Patient Name : Ms Padma Nyoupane MRN : 15050000145728 Gender/Age : FEMALE , 48y (28/07/1974)

*Prachi*

Dr. Prachi  
MBBS, MD Pathology  
Junior Consultant

**HAEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>COMPLETE BLOOD COUNT (CBC)</b>			
Haemoglobin (Hb%) (Spectrophotometry)	11.2 L	g/dL	12.0-15.0
Red Blood Cell Count (Electrical Impedance)	4.42 L	10 <sup>6</sup> /mm <sup>3</sup>	4.5-6.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	36.1	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Calculated)	82 L	µm <sup>3</sup>	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	25.3 L	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	30.9 L	g/dL	32.0-36.0
Red Cell Distribution Width (RDW) (Calculated)	15.2 H	%	11.5-14.0
Platelet Count (Electrical Impedance)	174	10 <sup>3</sup> /mm <sup>3</sup>	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	5.2	10 <sup>3</sup> /mm <sup>3</sup>	4.0-11.0
<b>DIFFERENTIAL COUNT (DC)</b>			
Neutrophils (DHSS)	42.1	%	40.0-80.0
Lymphocytes (DHSS)	49.4 H	%	20.0-40.0
Monocytes (DHSS)	4.9	%	2.0-10.0

Patient Name : Ms Padma Nyoupane MRN : 15050000145728 Gender/Age : FEMALE , 48y (28/07/1974)

Eosinophils (DHSS)	3.5	%	1.0-6.0
Basophils (DHSS)	0.1	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	2.19	$10^3/\text{mm}^3$	2.0-7.5
Absolute Lymphocyte Count (Calculated)	2.57	$\times 10^3 \text{ cells}/\mu\text{l}$	1.0-3.0
Absolute Monocyte Count (Calculated)	0.26	$\times 10^3 \text{ cells}/\mu\text{l}$	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.19	$\times 10^3 \text{ cells}/\mu\text{l}$	0.02-0.5
Absolute Basophil Count (Calculated)	<b>0.01 L</b>	$\times 10^3 \text{ cells}/\mu\text{l}$	0.02-0.1

*As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.*

*Prachi*

Dr. Prachi  
 MBBS, MD Pathology  
 Junior Consultant

**HAEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
<b>Erythrocyte Sedimentation Rate (ESR)</b> (Modified Westergren Method)	<b>26 H</b>	mm/hr	0.0-20.0

*Prachi*

Dr. Prachi  
 MBBS, MD Pathology  
 JUNIOR CONSULTANT

**BIOCHEMISTRY**



Patient Name : Ms Padma Nyoupane MRN : 15050000145728 Gender/Age : FEMALE , 48y (28/07/1974)

Test	Result	Unit	Biological Reference Interval
<b>Fasting Blood Sugar (FBS)</b> (GOD/POD)	88	mg/dL	74.0-106.0
<b>Post Prandial Blood Sugar (PPBS)</b> (Enzyme Method (GOD/POD))	89 L	mg/dL	100.0-140.0
<b>LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)</b>			
Cholesterol Total (Non LDL Selective Elimination, CHOD/POD)	178.9	mg/dL	<200.0
Triglycerides (LIPASE/GK/GPO/POD)	79.0	mg/dL	<150.0
HDL Cholesterol (HDLC) (Colorimetric (Phosphotungstic Acid Method))	43.4	mg/dL	40.0-60.0
Non-HDL Cholesterol	135.5 H	mg/dL	<130.0
LDL Cholesterol (Turbidometric /Microtip)	108.75 H	mg/dL	<100.0
VLDL Cholesterol (Calculated)	15.8	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Calculated)	4.2	-	<4.5
<b>THYROID PROFILE (T3, T4, TSH)</b>			
Tri Iodo Thyronine (T3) (ECLIA/ ELFA)	1.76	nmol/L	1.49-2.6
Thyroxine (T4) (ECLIA/ ELFA)	121	nmol/L	71.2-141.0
TSH (Thyroid Stimulating Hormone) (Electrochemiluminescence (ECLIA))	1.66	uIU/ml	0.465-4.68
<b>LIVER FUNCTION TEST(LFT)</b>			
Bilirubin Total (Azobilirubin Dyphylline)	0.77	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength Reflectance)	0.30	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.47	mg/dL	0.1-1.0
Total Protein (Biuret Method)	7.96	gm/dL	6.3-8.2
Serum Albumin (Bromcresol Green (BCG))	4.06	gm/dL	3.5-5.0

Patient Name : Ms Padma Nyoupane MRN : 15050000145728 Gender/Age : FEMALE , 48y (28/07/1974)

Serum Globulin (Calculated)	3.90 H	gm/dL	2.3-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.04	-	0.9-2.0
SGOT (AST) (P - Phosphate)	33.4	U/L	14.0-36.0
SGPT (ALT) (P - Phosphate)	21.4	U/L	<35.0
Alkaline Phosphatase (ALP) (PNPP With Amp Buffer)	118.5	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	24.0	U/L	12.0-43.0

--End of Report--



Dr. Amit Samadhiya  
MBBS, MD Biochemistry  
Junior Consultant

**Note**

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.





<b>Patient Name</b>	Padma Nyoupane	<b>Requested By</b>	Dr. Alex Mathew
<b>MRN</b>	15050000145728	<b>Procedure DateTime</b>	2023-02-25 14:41:19
<b>Age/Sex</b>	48Y 6M/Female	<b>Hospital</b>	NH-Dharamshila

**Investigation No.1584**

**ULTRASONOGRAPHY WHOLE ABDOMEN**

**Liver :** is normal in size (15.1 cm) with normal contour & echopattern. Normal sized intrahepatic biliary and vascular channels are seen. The common bile duct and portal vein are normal.

**Gall bladder :** Not seen, post operative status.

**The pancreas :** Visualized head and body appear normal.

**The spleen :** is normal in size (7.9 cm), contour and echopattern.

**The right kidney :** The right kidney has a normal contour & echopattern in the cortex and medulla. **Mildly dilated pelvicalyceal system.** It measures 9.5 x 5.1 cm.

**The left kidney :** The left kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system. It measures 9.6 x 4.0 cm.

Urinary bladder is over distended.

Uterus and ovaries - not seen, post operative status.

No ascites seen.

**Impression :**

- **Mildly dilated right pelvicalyceal system.**

**Dr. Nakul KarunaKaran**  
MBBS, MD (RadioDiagnosis)  
Associate Consultant





<b>Patient Name</b>	Padma Nyoupane	<b>Requested By</b>	Dr. Alex Mathew
<b>MRN</b>	15050000145728	<b>Procedure DateTime</b>	2023-02-25 17:19:41
<b>Age/Sex</b>	48Y 6M/Female	<b>Hospital</b>	NH-Dharamshila

Inv. No.: 5049

**X-RAY CHEST (PA)**

- Lung fields are clear.
- Costophrenic angles are clear.
- Both domes of diaphragm are normal.
- Mediastinum and both hila are within normal limits.
- Cardiac size is normal.
- Bones under review are unremarkable.

**Impression:** Normal Study.

**Dr. (Col.) Vikas Rastogi**  
MBBS, MD  
SR. CONSULTANT RADIOLOGIST  
DML 89340



## Transthoracic Echo color Doppler Report

Patient's Name	Ms. Padma Nyoupane	Age/Sex	48Years/Female
Ref By:	Dr. Alex Mathew	Date:	25/02/2023
MRN No.	15050000145728	PVT/MRD/IPD	Mediwheel full body Health Check Up

### Final Interpretation

1. Normal sized cardiac chamber dimensions.
2. No Regional wall motion abnormality, LVEF = 55-60%.
3. MIP - Diastolic Dysfunction Grade I
4. LVEDP – Normal
5. Normal RV systolic function. TAPSE - 1.7cm.
6. Trace MR, No AR, No PR, Trace TR (PASP - 20mmHg).
7. No clot/vegetation/pericardial effusion.
8. IVC normal with >50% collapsibility with respiration.
9. No coarctation of aorta.

### Morphology :-

- ❖ Left Ventricle: It is normal sized.
- ❖ Left Atrium: It is normal sized.
- ❖ Right Atrium: It is normal sized.
- ❖ Right Ventricle: It is normal sized. RV systolic function is normal.
- ❖ Aortic Valve: Aortic valve appears tricuspid & cusps are normal.
- ❖ Mitral Valve: open normally, Subvalvular apparatus appears normal.
- ❖ Tricuspid valve: It appears normal.
- ❖ Pulmonic Valve: It appears normal.
- ❖ Main Pulmonary artery & its branches: Appear normal.
- ❖ Pericardium: There is no pericardial effusion.

### DOPLER/COLOUR FLOW

VALVE	MAX. VELOCITY cm/sec	PG/MG mmHg	REGURGITATION
MITRAL	E- 62cm/sec, A- 74cm/sec		Trace MR
AORTIC	90		No AR
TRICUSPID	193	(PASP – 20mmHg)	Trace TR
PULMONARY	43		No PR

*Contd.....*



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### Dharamshila Narayana Superspeciality Hospital

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(Hospital Reg. No.: DHS/NH/144 | PAN No.: AAATD0451G | GST No.: 07AAATD0451G1Z7)

Hospital Address: Vasundhara Enclave, Near New Ashok Nagar Metro Station, Delhi 110 096  
Tel +91 11 6904 5555 | [www.narayanahealth.org](http://www.narayanahealth.org) | [info.dnsh@narayanahealth.org](mailto:info.dnsh@narayanahealth.org)

Appointments

**1800-309-0309**

Emergencies

**73700-73700**



**M MODE & 2D Measurements**

	Observed values	Normal values
Aortic root diameter	29	20-34(mm)
Left atrium size	26	19-40(mm)
Left Ventricular Size diastole	40	ED 37-56(mm)
Left Ventricular Size systole	27	ES 22-40 (mm)
Inter ventricular Septum diastole	10	ED 6-10(mm)
Posterior Wall thickness diastole	08	ED 6-10(mm)
End Diastolic Volume	71	
End Systolic Volume	28	
LV Ejection Fraction (%)	55-60%	55%-75%

**2D EXAMINATION DESCRIPTION**

2D and M Mode examination done in multiple views revealed fair movement of both mitral leaflets. Aortic valve has three cusps & cusps are normal. Tricuspid valve leaflets move normally. Pulmonary valve is normal. Ascending Aorta is normal. Interatrial septum and interventricular septum are intact.

Dimension of left atrium and left ventricle are normal. No regional wall motion abnormality seen. Global LVEF is 55-60%. No intracardiac mass or thrombus seen.

**Dr. Anand Pandey**

Sr. Consultant & Head  
Cardiologist

**Dr. Sajal Gupta**

Head Consultant Cardiologist

**Dr. Anrindra Pandey**

Consultant Cardiology

**Dr. Rakesh Bachloo**

Consultant - Cardiology

**Note:- This is a professional opinion based on imaging finding and not the diagnosis. Not valid for medico-legal purposes. In case of any discrepancy due to machine error or typing error, please get it rectified immediately.**



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