

Name : Mr. SANTOSH DINKAR JADHAV (34 /M)

Date : 16/08/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr .SAGAR SATISH PATEL

UHID : MHN1.0000150114

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH34662



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## DRUG ALLERGY

NO KNOWN ALLERGY

:16/08/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No  
allergies?  
Covid 19 - No



### Surgical history

Surgical history - Nil

### Immunization history

- Covid Dose1,Covid  
Dose2,Precaution Dose



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Mixed Diet  
Alcohol - consumes alcohol  
occasionally  
Smoking - No  
Chews tobacco - No

Physical activity - Active



### Family history

Father - alive  
Aged - 62  
Mother - has expired  
Aged - 55  
Brothers - 2  
Hypertension - father  
Coronary artery  
disease - none  
Cancer - None  
Asthma - brother

## PHYSICAL EXAMINATION



### General

Height - 173  
Weight - 71  
BMI - 23.72  
Pallor - No  
Oedema - no  
Temperature - No  
Temperature - 97.5  
SpO2 - 99%



### Cardiovascular system

Heart rate (Per minute) - 72  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 70  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Organomegaly - No  
Tenderness - No

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**Printed By** : Chhaya Bhagwan Sapkale

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**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.2	g/dl	●	13.0-18.0
Haematocrit	46.4	%	●	39.0-54.0
RBC COUNT	5.03	Million/ ul	●	4.2-6.5
MCV	92.1	fl	●	75.0-95.0
MCH	30.2	pg	●	26.0-32.0
MCHC	32.7	g/dl	●	31.0-36.0
RDW	15.5	%	●	11-16
Platelet Count(Optical/Impedance)	196	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	7.09	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	52	%	●	45-75
Lymphocytes	38	%	●	20-45
Eosinophils	04	%	●	1-6
Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	4	mm/1st hr	●	0-10

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	19 *	U/L	●	30-65
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	4.2 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.1		●	1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA	70	U/L	●	0-100
AST (SGOT) - SERUM	25	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	179	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.1	mg/dL	●	0.8-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	0-50

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	96	mg/dL	●	70-100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	90	mg/dL	●	70-140

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	38 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.7 *		●	0.0-4.5
LDL Cholesterol (Direct LDL)	129	mg/dL		

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.7 *	g/dL	●	6.4-8.2

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	146	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	7.8	µg/dL	●	Healthy Adults:5.2-12.7

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	167 *	mg/dL	●	0-150

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.0	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.4	mg/dL	●	3.5-7.2

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.4	mg/dL	●	0.0-0.7

### CARDIAC STRESS TEST - (TMT)

TEST IS NON-SPECIFIC FOR INDUCIBLE ISCHEMIA

### ECG

BORDERLINE ECG

### ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

### X-RAY CHEST PA

No significant abnormality is detected.


[INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE\(LAB,RADIOLOGY & CARDIOLOGY\)](#)

### Haematology

STOOL ROUTINE


● Within Normal Range    ● Borderline High/Low    ● Out of Range

## Executive Summary


 Physical examination and tests in the package do not reveal any significant abnormality

## Wellness Prescription


### Advice On Diet :-

 Well-balanced diet

### Advice On Physical Activity :-

 30 minutes brisk walk 5 days a week

## Follow-up and Review Plan

 Annual health check



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

**Dr.SAGAR SATISH PATEL**

AHC Physician / Consultant Internal Medicine

Printed By : Ajay Murlidhar Bachhav

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Low Risk

**YOUR SCORE**

2

**ACCEPTABLE SCORE**

4

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**