



DEPT. OF APOLLO HEALTH CHECK

APJ1.0020710833
 MR. SHASHI PRAKASH
 Age: 36 Year(s) Year(s)/Male
 19 Jan 2023 8:16:15 AM

CASE RECORD



Age :

Sex : M/F

UHID :

Physical Examination

General :

Build

Height

162

Weight

67.3

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

102 bpm

B.P. : Supine

Sitting

Standing

Chest shape

Heart Sounds

117 mmHg
81

Murmurs

Thrills

Screening echo report

Normal LV systolic dia

No RWMT

ab.

93cm

LVGF : 60 %

RS :

Rate & Type

Breath Sounds

Shashi Prakash

APJ1-0020710633

38 - years



HT - 162 cm
wt - 67.3 kg
HR - 102 bpm
BP - 117/81 mmHg

Dyslipidemia LDL-134
Elevated SGOT, SGPT
Gd I fatty liver

~~RRS~~
UAE

Advise

- Regular Exercise
- low fat diet



- Hb E electrophoresis to rule out β thalassaemia trait
- Iron Panel \rightarrow \odot
- Hb SAg, HCV.

Dr. Jyoti Javir
Ph: 9945067049



MC-2847

DEPARTMENT OF HAEMATOLOGY



Name : **Mr. SHASHI PRAKASH** Age : **36Yr 0Mth 4Days** Gender : **Male**
 UHID : **APJ1.0020710633 / AHBHC115905** W/BNo/RefNo : **AHC**
 SIN ILRN : **8416946 \ 3678284**
 Specimen : **Urine**
 Ref Doctor : **Dr. MHC**



Collected on : **19-JAN-2023 08:28:23 AM** Received on : **19-JAN-2023 10:20:05 AM** Reported on : **19-JAN-2023 11:54:23 AM**

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
URINE ROUTINE (CUE) : (Automation+Standard Method)			
MACROSCOPIC EXAMINATION			
Color :	Yellow	Yellow	
Appearance	Clear	Clear	ml
Volume :	30		
pH	6.0		
Specific Gravity	1.025 *	1.016 - 1.022	
CHEMICAL EXAMINATION (Dip stick method)			
Protein :	NEGATIVE	NEGATIVE	
Glucose:	NEGATIVE	NEGATIVE	
Ketone	NEGATIVE	NEGATIVE	
Bile Salts :	NEGATIVE	NEGATIVE	
Bile Pigments:	NEGATIVE	NEGATIVE	
Urobilinogen	0.2	0.2 - 1.0	E.U./dL
Blood :	NEGATIVE	NEGATIVE	
Nitrate:	NEGATIVE	NEGATIVE	
Leucocyte Esterases	NEGATIVE	NEGATIVE	
MICROSCOPIC EXAMINATION			
RBC	Nil	0 - 2	Cells/hpf
Pus Cells	1-2 /h.p.f	0 - 5	/HPF
Epithelial Cells	Occasional	Occasional - Few	



MC-2847

DEPARTMENT OF HAEMATOLOGY

Name : **Mr. SHASHI PRAKASH** Age : **36Yr 0Mth 4Days** Gender : **Male**
 UHID : **APJ1.0020710633 / AHBHC115905** W/BN/RefNo : **AHC**
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Report Status:Final

* - Abnormal Value

*** END OF REPORT ***

CHECKED BY : **1141317**
1091073

Dr. Kanyakumari

Printed On : **20-JAN-2023 01:06:50 PM**



MC-2847

DEPARTMENT OF BIOCHEMISTRY

Name : Mr. SHASHI PRAKASH

Age : 36Yr 0Mth 4Days Gender : Male

UHID : APJ1.0020710633 / AHBHC115905

W/BNo/RefNo : AHC

SIN \ LRN : 8416950 \ 3678284

Specimen : Plasma

Ref Doctor : Dr. MHC



Collected on : 19-JAN-2023 11:30:39 AM

Received on : 19-JAN-2023 12:12:28 PM

Reported on

: 19-JAN-2023 12:44:16 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)	75	Non-Diabetic : <=140	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL)		Impaired Glucose Tolerance : 140-199 Diabetic : >=200	

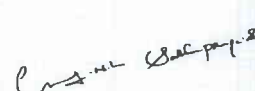
Report Status:Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 143621
723076

Printed On : 20-JAN-2023 01:06:09 PM


 GOVINDARAJU N L Dr.SABHARI PRIYA S
 Clinical Biochemist Registrar

Page 1 of 1

YOUR CLINICAL TEST RESULTS

Mr. SHASHI PRAKASH

MALE / 36 Yrs / APJ1.0020710633 / AHBHC115905

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 19/01/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	11.4 *	g/dl.	●	13-17
RBC Count (Impedance)	5.35	x(10) ¹² /l	●	4.5 - 5.5
Hct (Calculated)	36 *	%	●	40 - 50
MCV (Derived from RBC histogram)	67 *	fl	●	83 - 101
MCH (Calculated)	21 *	pg	●	27 - 32
RDW (Calculated)	16.4 *	%	●	11.60-14.00
MCHC (Calculated)	32	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	138 *	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	8.6	x(10) ⁹ /l	●	4 - 11
Neutrophils	65	%	●	40 - 80
Lymphocytes	26	%	●	8.6 -23.8
Monocytes	5	%	●	2 - 10
Eosinophils	4	%	●	1 - 6
Basophils	0	%	●	0 - 2
RBC:	Mixed population of normocytic normochromic and microcytic hypochromic RBCs.			
RBC:	Mild anisocytosis with occasional target cells and			
WBC:	Differentials within normal limits.			
Platelets:	Adequate.			
Impression	Normocytic normochromic to microcytic hypochromic anemia.			
SUGGEST	Iron panel. Hemoglobin electrophoresis to rule out hemoglobinopathy.			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	33 *	mm/1st hr	●	Adult Male- 0 - 10

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SHASHI PRAKASH

MALE / 36 Yrs / API1.0020710633 / AHBHC115905

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 19/01/2023

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		
pH	6.0			
Specific Gravity	1.025 *		●	1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
Pus Cells	Nil	Cells/hpf		0 - 2
Epithelial Cells	1-2 /h.p.f	/HPF		0 - 5
	Occasional			Occasional - Few

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	158 *	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	3.1	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.7	g/dL	●	Adult- 3.5-5.2



Within Normal Range

Boderline High/Low



Outside Range

YOUR CLINICAL TEST RESULTS

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Date : 19/01/2023

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	73	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	67 *	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	1.57 *	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	104	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	176	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.01	mg/dL	●	Male : 0.9 -1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	68 *	U/L	●	<= 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	93	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.4	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SHASHI PRAKASH

MALE / 36 Yrs / API1.0020710633 / AHBHC115905

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 19/01/2023

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	51	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	134 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	3.7	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	177.98	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	9.9	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	102	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.5		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING	5.31	µIU/mL	●	0.34 - 5.6
	● Within Normal Range		● Boderline High/Low	● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SHASHI PRAKASH

MALE / 36 Yrs / API1.0020710633 / AHBHC115905

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 19/01/2023

HORMONE [TSH]

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	29	mg/dL	●	15 - 45
URIC ACID - SERUM	5.2	mg/dL	●	Adult Male: 3.0 - 7.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	20	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.29 *	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	1.28 *	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	27		●	Healthy Adults: 22 - 29

CHO/TMT - OPTIONAL

STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA

● Within Normal Range Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. SHASHI PRAKASH

MALE / 36 Yrs / API1.0020710633 / AHBHC115905

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 19/01/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Blood Bank - 2 Services

BLOOD GROUPING AND TYPING (ABO and Rh)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range

● Boderline High/Low

● Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details : Mr. SHASHI PRAKASH	M 036Y
UHID : APJ1.0020710633	Ward/Bed No. : AHC / AHC
I.P.No./Bill No. : AHBHC115905	Scanned on : 19-Jan-2023 11:58
Accession Number : 10601.223005723	Reported On :
Referring Doctor : null	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: General health checkup

Liver appears normal in size, shows diffuse increase in parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder: Contracted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size. Normal echopattern noted within the gland

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Grade I fatty liver.

(Enclose reports) Mn

Dr. APURVA A J
RESIDENT

Dr. SHANTHALA Y
MBBS, DMRD, DNB
CONSULTANT RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. SHASHI PRAKASH		M		036Y
UHID :	APJ1.0020710633	Ward/Bed No. :			AHC / AHC
I.P.No./Bill No. :	AHBHC115905	Scanned on :			19-Jan-2023 10:32
Accession Number :	10601.123007436	Reported On :			19-Jan-2023 11:19:56
Referring Doctor :	null				

X-RAY CHEST PA VIEW

Clinical Information: Health checkup.

Positional rotation noted.

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.

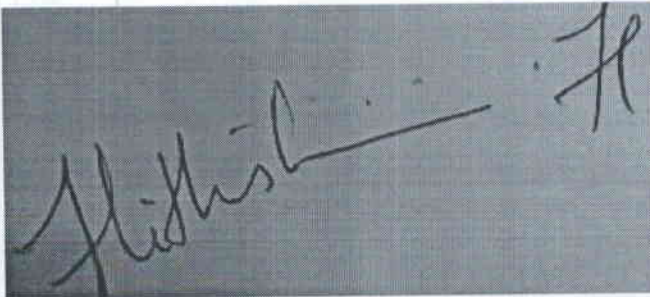
-Suggested clinical correlation

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. SHASHI PRAKASH		M		036Y
UHID :	APJ1.0020710633	Ward/Bed No. :	AHC / AHC		
I.P.No./Bill No. :	AHBHC115905	Scanned on :	19-Jan-2023 10:32		
Accession Number :	10601.123007436	Reported On :	19-Jan-2023 11:19:56		
Referring Doctor :	null				



**Dr.HITHISHINI MD,
RADIOLOGIST**

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGHATTA ROAD
BANGALORE-560076

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Shashi Prakash,
Patient ID: AP11/20710633
Height: 162 cm
Weight: 67 kg

DOB: 15.01.1987
Age: 36yrs
Gender: Male
Race: Indian

Study Date: 19.01.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: JAGADEESHA A B

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:04	0.00	0.00	105	120/80	
	STANDING	00:03	0.00	0.00	106	120/80	
	HYPERV.	00:02	0.00	0.00	106	120/80	
	WARM-UP	00:04	0.00	0.00	105	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	146	120/80	
	STAGE 2	03:00	2.50	12.00	169	130/80	
	STAGE 3	01:03	3.40	14.00	181	140/80	
RECOVERY		03:17	0.00	0.00	129	130/80	

The patient exercised according to the BRUCE for 7:02 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 106 bpm rose to a maximal heart rate of 181 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

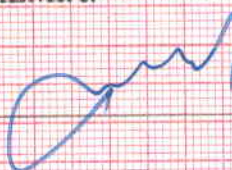
Interpretation


Summary: Functional Capacity: normal,
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician 

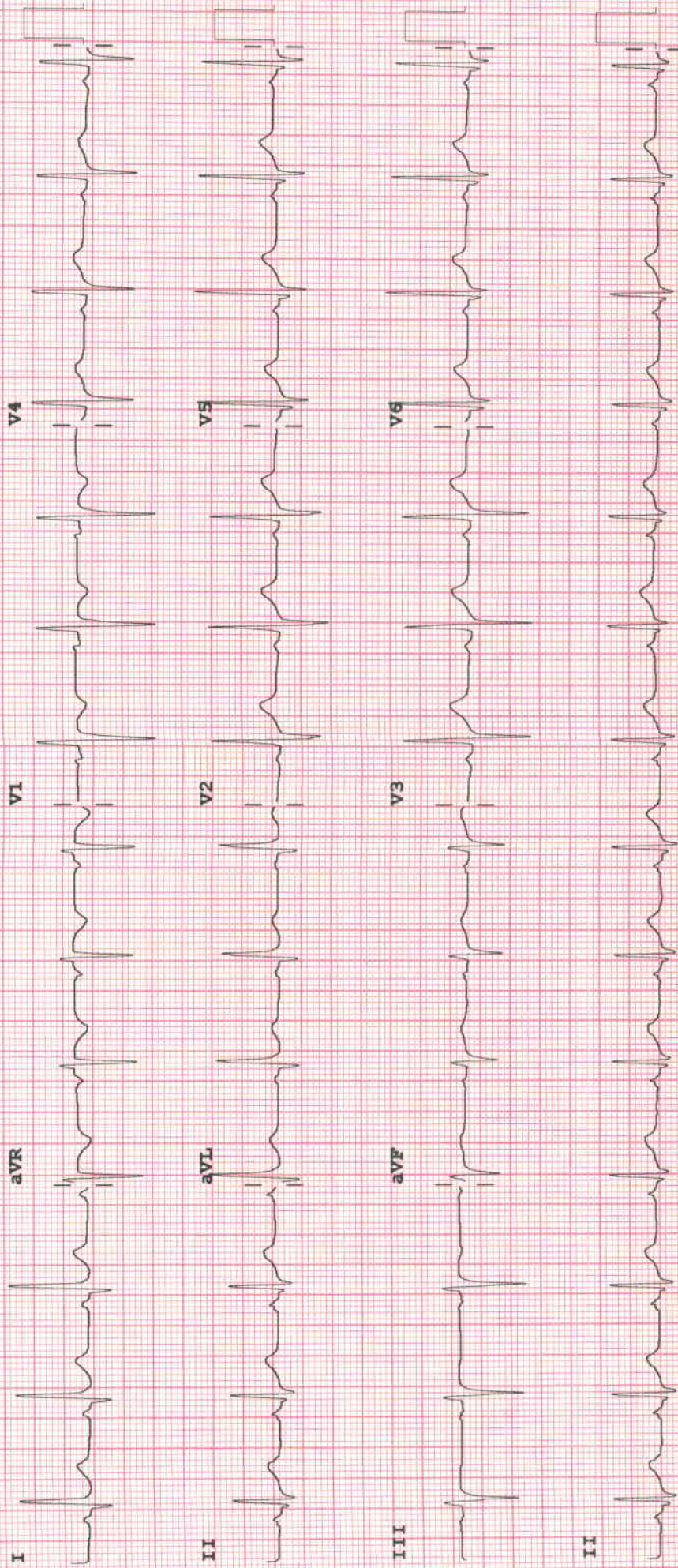
Technician 

 **Dr. K.M. Nair**
Senior Consultant-Non Invasive Cardiologist
Apollo Hospitals, Bangalore
154/11, Opp. IIM,
Bannerghatta Road, Bangalore - 560076.

Rate 83
 PR 132
 QRSD 96
 QT 352
 QTc 414

--AXIS--
 P 22
 QRS -7
 T 28

12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 50~ 0.15-100 Hz 100B CL P?