

Name : Mr. KAUSHIK SARKAR (30 /M)

Date : 09/09/2022

Address : MAJHERHATI ASHRAM ROAD, PO,PS-NIMTA, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001393339

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH156482



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:10/09/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular; Piles - no;  
Hernia - no

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal with glasses

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Weight

- has gained weight without effort; Number of kgs - 3  
kgs



### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes  
- 2021

Hospitalization for Covid 19 - No

Jaundice - in childhood



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Single

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

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Physical activity - Mild  
- yoga

### Family history

Father - alive  
Aged - 62  
Mother - alive  
Aged - 52  
Brothers - 1  
Diabetes - paternal  
grandmother,maternal  
grandmother,paternal  
grandfather,maternal  
grandfather  
Hypertension - mother,paternal  
grandmother,maternal  
grandmother,paternal  
grandfather,maternal  
grandfather  
Coronary artery  
disease - maternal grandmother  
Cancer - None  
Asthma - paternal grandfather  
Thyroid/other  
endocrine disorder - mother

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No

### Central nervous system

- No neurological deficit

## PHYSICAL EXAMINATION

### General

Build - over weight  
Height - 161  
Weight - 68.4  
BMI - 26.39  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 78  
Rhythm - Regular  
Systolic(mm of Hg) - 126  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

Printed By : Suchismita Bhaumik

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.6	g/dl	●	13.0-17.0
RBC COUNT	5.41	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	46.3	%	●	41-53
MCV	85.7	fl	●	83-101
MCH	28.9	pg	●	27-32
MCHC	33.7	%	●	31.5-34.5
RDW	14.7 *	%	●	11.8-14.0
WBC Count	7200	/cu mm	●	4000-10000
Platelet Count	1.51	lacs/cu mm	●	1.5-4.0
Neutrophils	53	%	●	40-80
Lymphocytes	39	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	1-2 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	115 *	U/L	●	10-40
ALBUMIN - SERUM	4.7	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	80	U/L	●	53-128
AST (SGOT) - SERUM	54 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.7 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	269 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 58 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.7 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 85 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 280 \* mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 134 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 4.1 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.8 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.9 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 45 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 175 \* mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 49 \* mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 7.8 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.7:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.7 g/dL ● 1.8-3.6

ECG

SINUS RHYTHM. NONSPECIFIC T WAVE CHANGES IN INFERIOR LEADS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

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#### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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