

MER- MEDICAL EXAMINATION REPORT

Date of Examination	26/8/23		
NAME	HARSHI SRIVASTAVA		
AGE	29	Gender	M 3M6- 27.4
HEIGHT(cm)	176	WEIGHT (kg)	85
B.P.	110/72		
ECG	Normal		
X Ray	Normal		
Vision Checkup	-		
Present Ailments	No		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	Emergency Rx		



[Handwritten Signature]

Signature with Stamp of Medical Examiner

DR. Shilpa Rastogi
 MBBS, DCP
 Reg. No. 37370



भारत सरकार
GOVERNMENT OF INDIA



हार्शित श्रीवास्तव
Harshit Srivastava
जन्म तिथि / DOB : 11/09/1993
पुरुष / MALE

5784 3023 2895
VID : 9120109704566775

Version Date: 2004/02/12

आधार - आम आदमी का अधिकार

Handwritten signature



भारतीय विनिर्दिष्ट पहचान प्राधिकरण
INDIAN IDENTIFICATION AUTHORITY OF INDIA



पता:
S/O हिरदेश श्रीवास्तव, 1/73, विभव खंड, गंभी अवास,
गोमती नगर, गंभीनगर, लखनऊ,
उत्तर प्रदेश - 226010

Address
S/O, Hirdeah Srivastava, 1/73, Vibhav Khand,
Mantri Awasa, Gomti Nagar, Gominagar,
Lucknow Uttar Pradesh - 226010

5784 3023 2895
VID : 9120109704566775



1947



help@uidai.gov.in



www.uidai.gov.in

To Madara Pathology
& Diagnostic Centre

Date - 26/8/2023

Dear Madam/Sir,

Kindly proceed with all the health checkup tests except Dietician / Ent / Eye checkup / 2-D eco → (2D TMT) which are ^{dentist} not present as of now.

So kindly proceed with available health checkups and acknowledge my request & do the needful.

Thank you,

Warm Regards

Harshit Srivastava

~~Signature~~

(Ec/98991)

Bank of Baroda





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 26-Aug-2023	Age	: 29 Yrs.
Name	: Mr. HARSHIT SRIVASTAVA	Sex	: Male
Ref.By	: APOLLO HEALTH		

Haemoglobin	12.6	gm%	14 - 17
-------------	------	-----	---------

Total Leucocyte Count	7900	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

Differential Leucocyte Count			
Polymorphs	68	%	45 - 70
Lymphocytes	22	%	20 - 45
Eosinophils	05	%	0 - 6
Monocytes	05	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	12	mm in 1st Hr.	0 - 9
PCV	42.0	cc%	40 - 52
* Corrected ESR	02	mm in 1st Hr.	0 - 9

Platelet Count	2.12	lakh/cumm.	1.5 - 4.0
----------------	------	------------	-----------

Red Cells Count	5.70	million/cmm	3.90 to 5.80
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Absolute values			
MCV	78.0	fL	77 - 97
MCH	27.1	pg	27 - 31
MCHC	31.8	gm /dl	31 - 34

KFT			
UREA	19.0	mg %	15 - 50
CREATININE	0.75	mg %	0.5 - 1.5
URIC ACID	5.3	mg %	2 - 7
CALCIUM	9.9	mg %	8.8 - 10.0

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Dr. Smita Rastogi
Contd... M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date : 26-Aug-2023

Name : **Mr. HARSHIT SRIVASTAVA**

Age : 29 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Blood Group & Rh "O" Positive

Urine Sugar (Fasting) NIL

Urine Sugar (PP) NIL

Serum Gamma G.T. 24 IU/L 11 - 50

Plasma Glucose - F
GOD-POD Method 96 mg/dl 70 - 110

Plasma Glucose - PP
GOD POD Method 112 mg/dl 110 - 170

Serum Bilirubin 0.71 mg% 0.2 - 1.0
Direct Bilirubin 0.24 mg% 0.0 to 0.40
Indirect Bilirubin 0.47 mg% 0.10 to 0.90

SGOT 12 IU/L UPTO 40

SGPT 17 IU/L Upto 40

S. Alkaline Phosphatase 139 IU/L 100 - 275

Serum Gamma G.T. 20 IU/L 11 - 50

Total Proteins

S. Protein 6.77 gm/dl 6.5 - 8.5
S. Albumin 3.50 gm/dl 3.5 - 5.5
S. Globulin 3.27 gm/dl 2.3 to 3.5
A/G Ratio 1.07 : 1

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DIAGNOSTIC CENTRE

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Date : 26-Aug-2023

Name : Mr. HARSHIT SRIVASTAVA

Age : 29 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Urine Examination

PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	Acidic
*Specific Gravity	1.030

CHEMICAL

Protein	Nil
Sugar	Nil
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	Few	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Date : 26-Aug-2023

Name : **Mr. HARSHIT SRIVASTAVA**

Age : 29 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

THYROID TEST

Tri-iodothyronine (T3)	1.60	nmol/L	0.50 to 2.50
Thyroxine (T4)	9.38	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.30	mIU/ ml	0.3 to 6.0

=====

COMMENTS

=====

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 26-Aug-2023

Name : **Mr. HARSHIT SRIVASTAVA**

Age : 29 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Glycosylated Haemoglobin

Glycosylated Haemoglobin 5.3 % 4.5 TO 6.0

INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date	: 26-Aug-2023	Age	: 29 Yrs.
Name	: Mr. HARSHIT SRIVASTAVA	Sex	: Male
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	142	mg%	70 - 190
S. Cholestrol S.	173	mg%	130 - 230
S. HDL Cholestrol	45.2	mg%	35 - 75
S. LDL Cholestrol	99.4	mg%	75 - 150
VLDL	28.4	mg%	0 - 34
Chol / HDL factor	3.83		
LDL / HDL Factor	2.2		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * - LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG frealty increased

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Date	: 26-Aug-2023	Age	: 29 Yrs.
Name	: Mr. HARSHIT SRIVASTAVA	Sex	: Male
Ref.By	: APOLLO HEALTH		

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are adequate in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	Normal GBP

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Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012308260019	SAMPLE DATE	:26/Aug/2023 08:41AM
NAME :Mr. HARSHIT SRIVASTAVA	SAMPLE REC. DATE	:26/Aug/2023 08:41AM
AGE/SEX :29 YRS/MALE	REPORTED DATE	:26/Aug/2023 02:27PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01260019

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

DR. PANKAJ UPADHYAYA
D M R D
Consultant Radiologist

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Print Date Time: 26/08/2023 5:40:04 AM
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Mob.: 7618884441, 9450389932, 8177063877

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



Patient name: MR Harshit Srivastava
Ref By. : Apollo Health

Age/Sex 29/M
26/08/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	76/mt
3. Ventricular Rate	:	76/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.

Signature of Dr. Rastogi
DR. R. P. RASTOGI MD
Reg. No. 44559

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

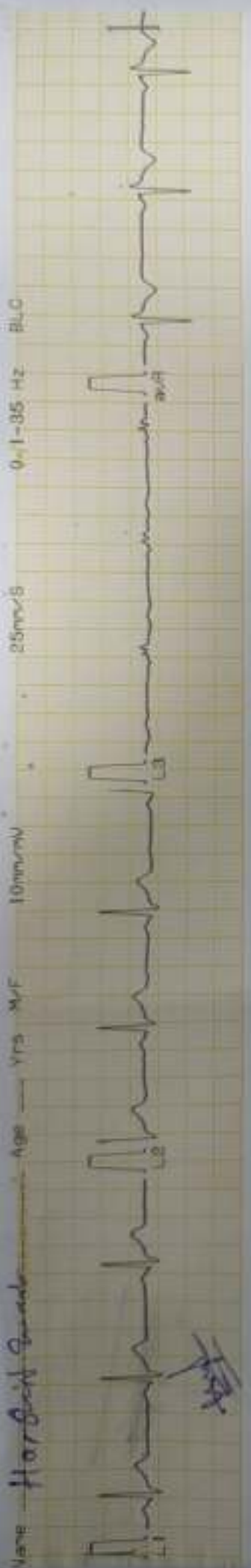
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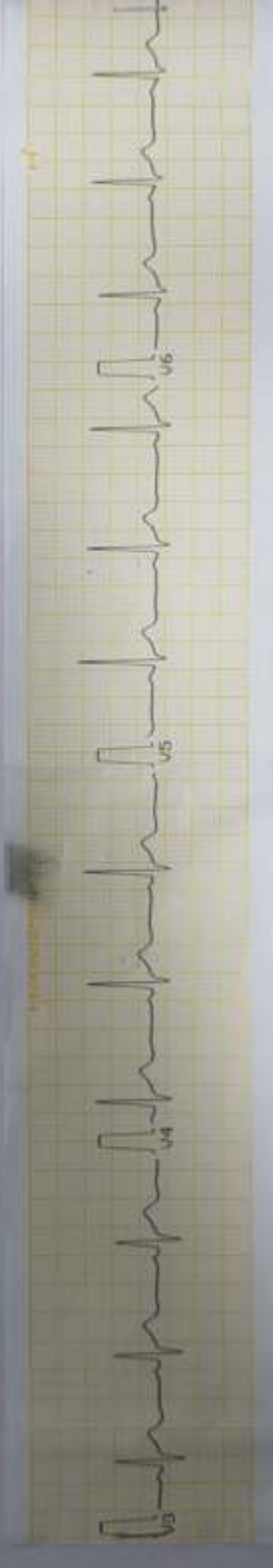
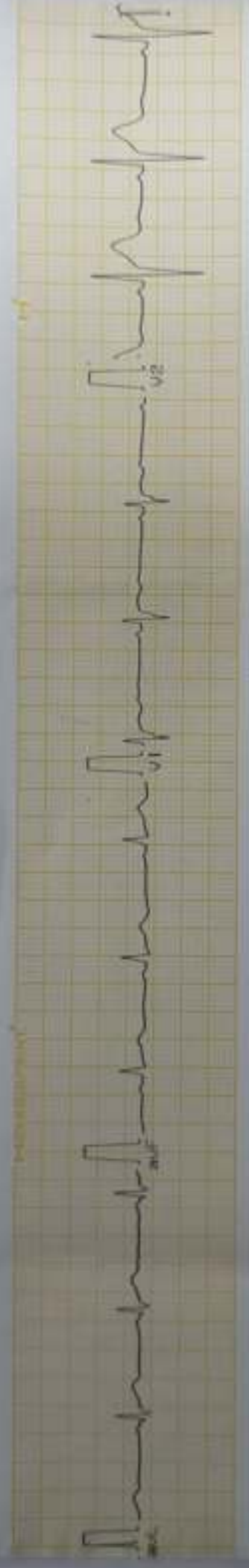
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Dr. Amrit Mohan



Dr. AMIT MOHAN
MD
Reg. No. 44830



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TEST REQUEST ID	:012308260019	SAMPLE DATE	:26/Aug/2023 08:41AM
NAME	:Mr. HARSHIT SRIVASTAVA	SAMPLE REC. DATE	:26/Aug/2023 08:41AM
AGE/SEX	:29 YRS/MALE	REPORTED DATE	:26/Aug/2023 12:29PM
REFERRED BY	: Apollo Health and Lifestyle Limited,	BARCODE NO	:01260019

USG WHOLE ABDOMEN-MALE

Liver: is normal in size (147 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is enlarged in size (130 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 103 x 43 mm & LK -109 x 46 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (25 x 38 x 29 mms, wt = 15.3 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: SPLEENOMEGALY.

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DR. PANKAJ UPADHYAYA
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Dr. Smita Rastogi
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Print Date: 26/08/2023 12:29 PM

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Gomti Nagar Lucknow.

Report



HARSHIT SRIVASTVA / 29 Yrs / M / 176 Cms / 85 Kg
Date: 26 - 08 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	096	50 %	110/72	105	00	
Standing	00:08	0:03	00.0	00.0	01.0	097	51 %	110/72	106	00	
HV	00:13	0:05	00.0	00.0	01.0	097	51 %	110/72	106	00	
ExStart	00:39	0:26	00.0	00.0	01.0	081	42 %	110/72	089	00	
BRUCE Stage 1	03:39	3:00	02.7	10.0	04.7	124	65 %	110/72	136	00	
BRUCE Stage 2	06:39	3:00	04.0	12.0	07.1	142	74 %	128/84	181	00	
PeakEx	08:01	1:22	05.5	14.0	08.5	170	89 %	138/92	234	00	
Recovery	09:01	1:00	00.0	00.0	01.1	126	66 %	134/90	168	00	
Recovery	10:01	2:00	00.0	00.0	01.0	109	57 %	130/86	141	00	
Recovery	11:01	3:00	00.0	00.0	01.0	104	54 %	122/82	126	00	
Recovery	11:09	3:07	00.0	00.0	01.0	103	54 %	122/82	125	00	

FINDINGS :

Exercise Time : 07:22
Max HR Attained : 170 bpm 89% of Target 191
Max BP Attained : 138/92 (mm/Hg)
Max WorkLoad Attained : 8.5 Fair response to induced stress
Test End Reasons : Test Complete , Test Complete , Fatigue

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

Dr. Anant Mohan
Dr. ANANT MOHAN MD
 Reg. No. 445538



BRUCE:Supine(0:05)

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

HARSHIT SRIVASTVA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 96

ExTime: 00:00 0.0 Kmph, 0.0%

25 mm/Sec 1.0 Cm/mV

METS: 1.0/96 bpm 50% of THR BP: 110/72 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 26-08-2023

4X 70 mV Post J



REMARKS:

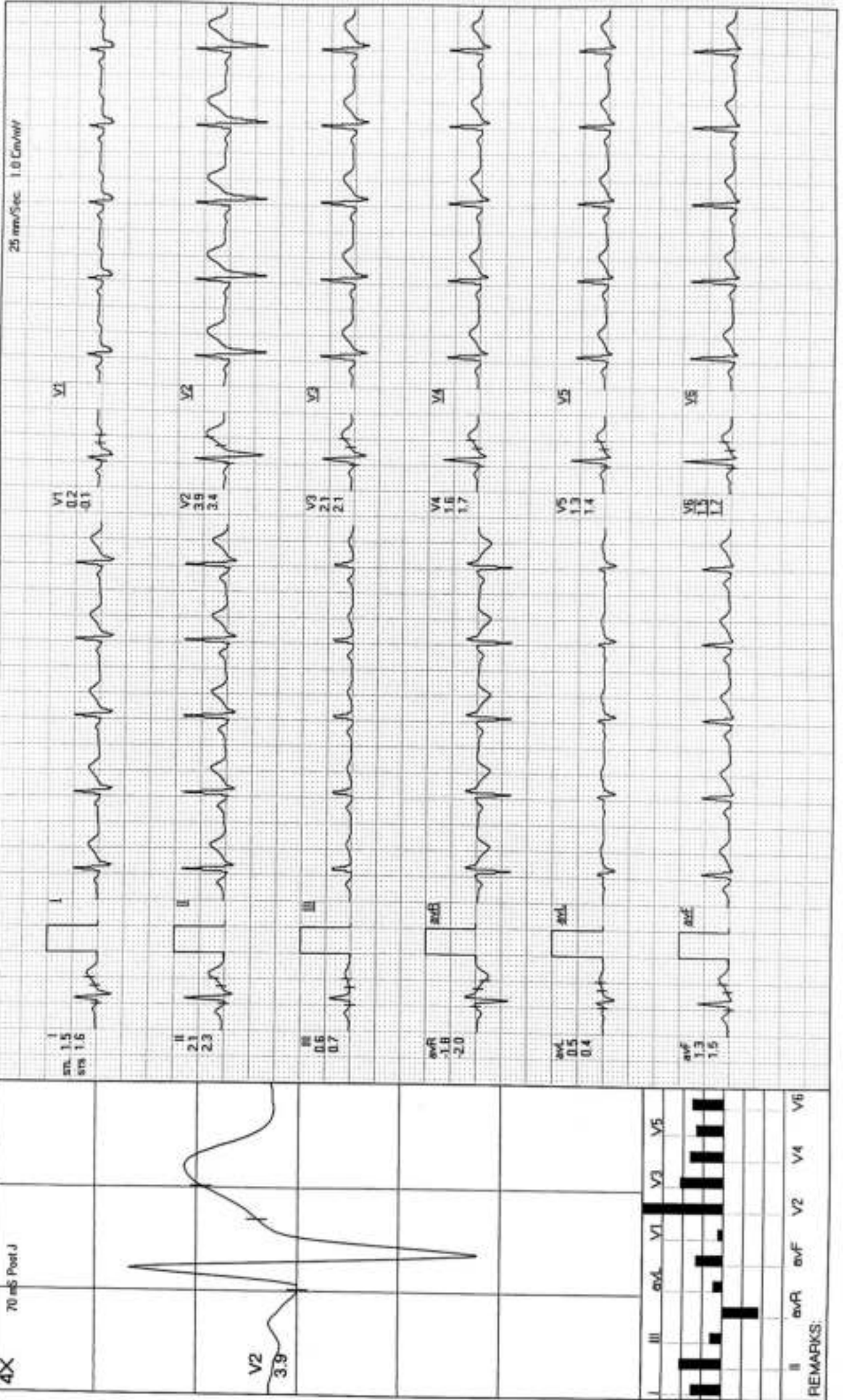


Date: 26-08-2023

METS: 1.0/97 bpm 51% of THR BP 110/72 mmHg Combined Medicins/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph 0.0%

4X 70 mS Post.J



REMARKS:

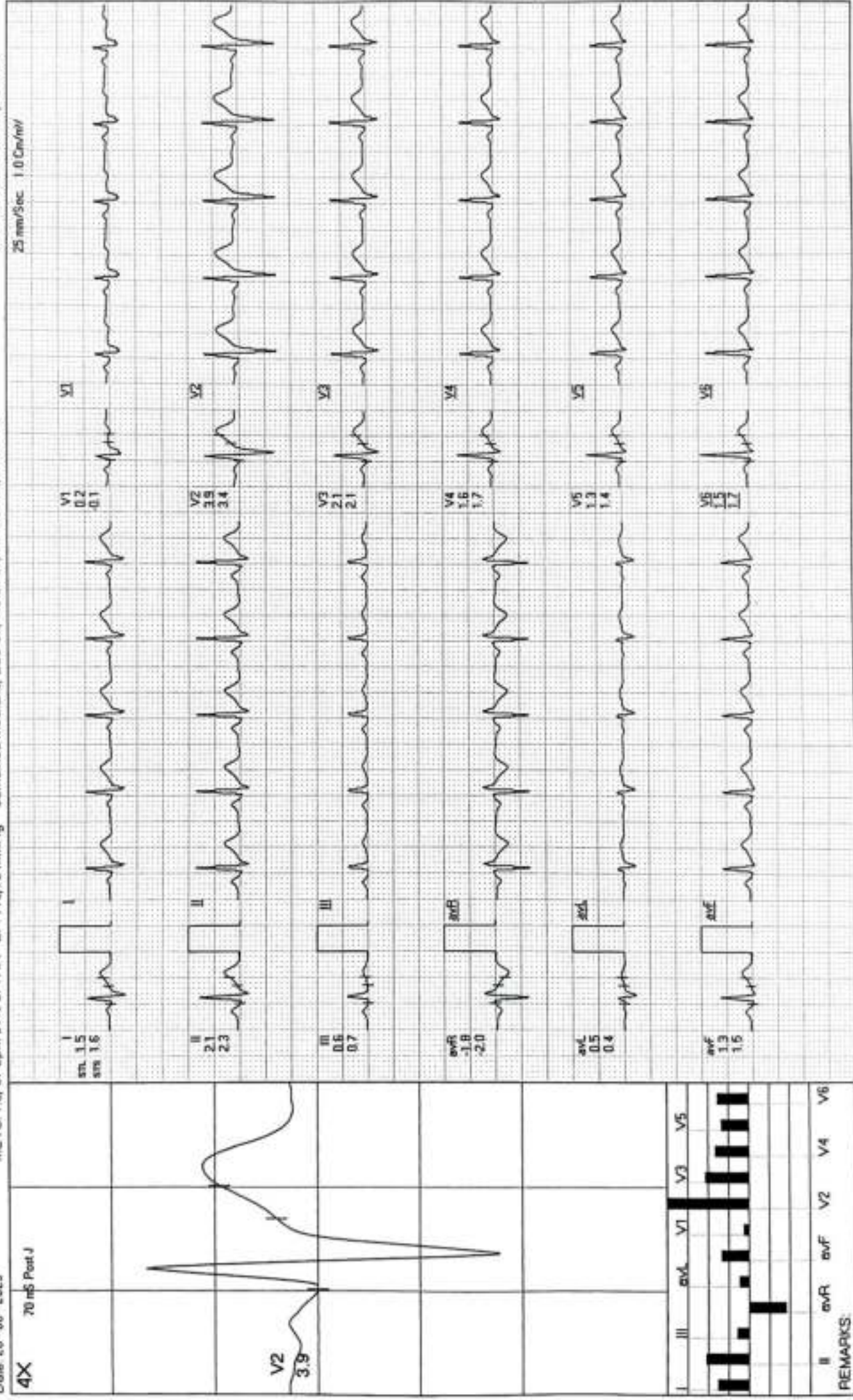
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

HARSHIT SRIVASTVA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 97

BRUCE:HV(0:07)



Date: 26-08-2023 METS: 1.0/97 bpm 51% of THR BP: 110/72 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Kmph 0.0%



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HARSHIT SRIVASTVA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 81

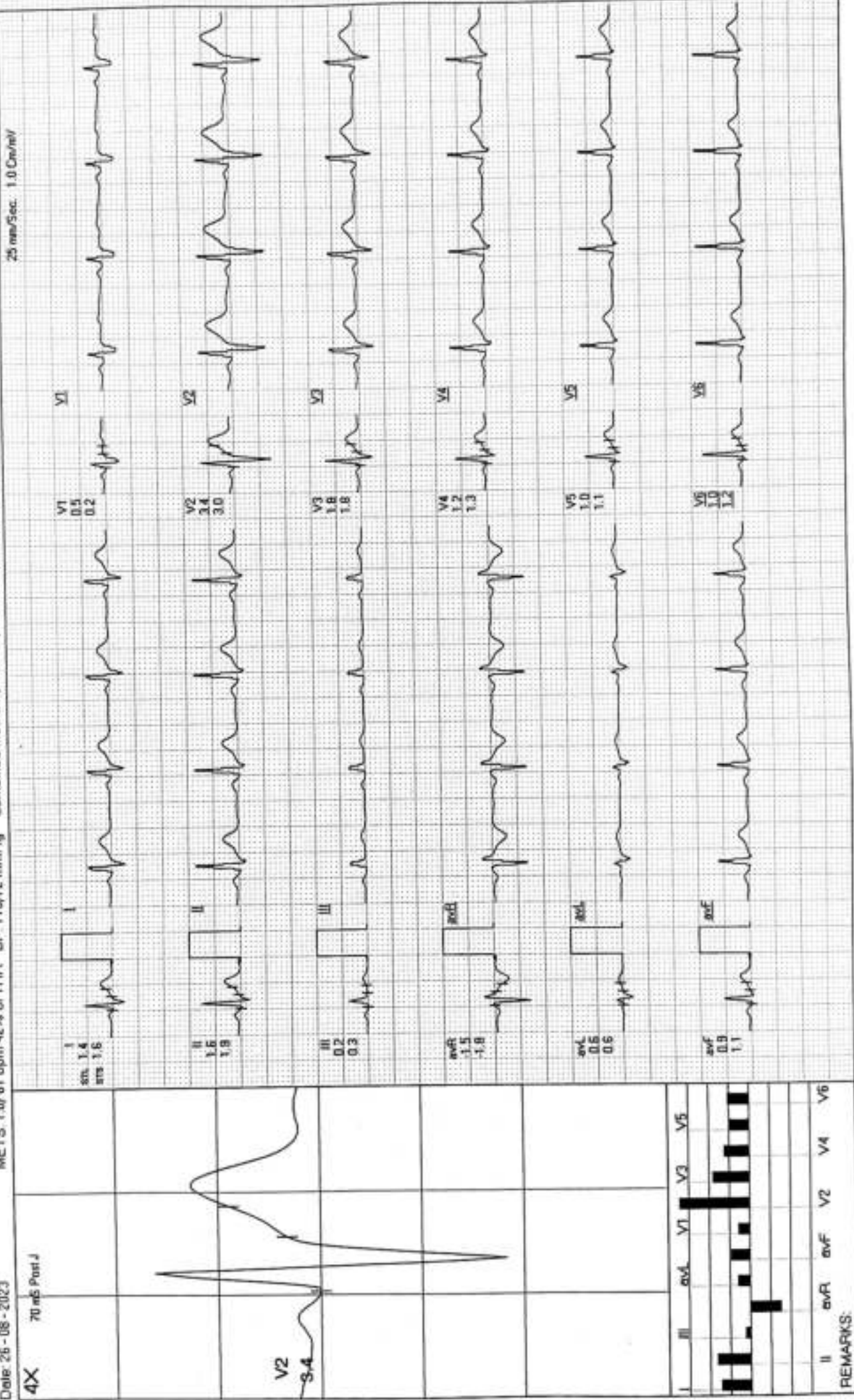
ExStart



ExTime: 00:00 0.0 Kmeph. 0.0%

METS: 1.0/81 bpm 42% of THR BP 110/72 mmHg Combined Mediens/BLC On/ HF 0.05 Hz/LF 35 Hz

Date: 26-08-2023



4X 70 mS Post J

V2 S.4

I	II	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
[ECG strip showing leads I, II, aVR, aVL, aVF, V1, V2, V3, V4, V5, V6]										
REMARKS:										

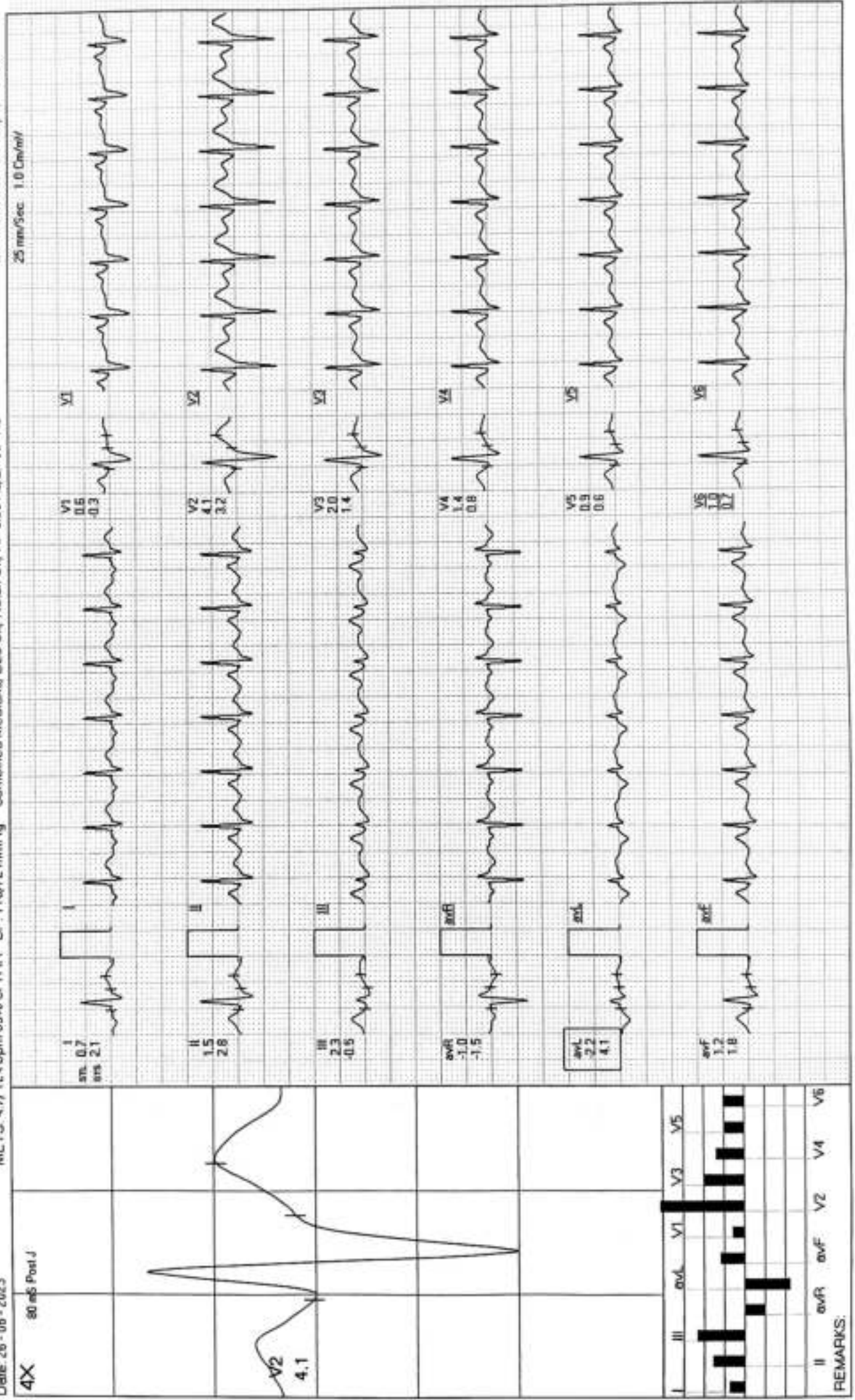
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

HARSHIT SRIVASTVA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 124

BRUCE: Stage 1(3:00)



Date: 26-08-2023 METS: 4.7 / 124 bpm 55% of THR BP: 110/72 mmHg Combined Mediens/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 03:00 2.7 Km/ph 10.0%



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

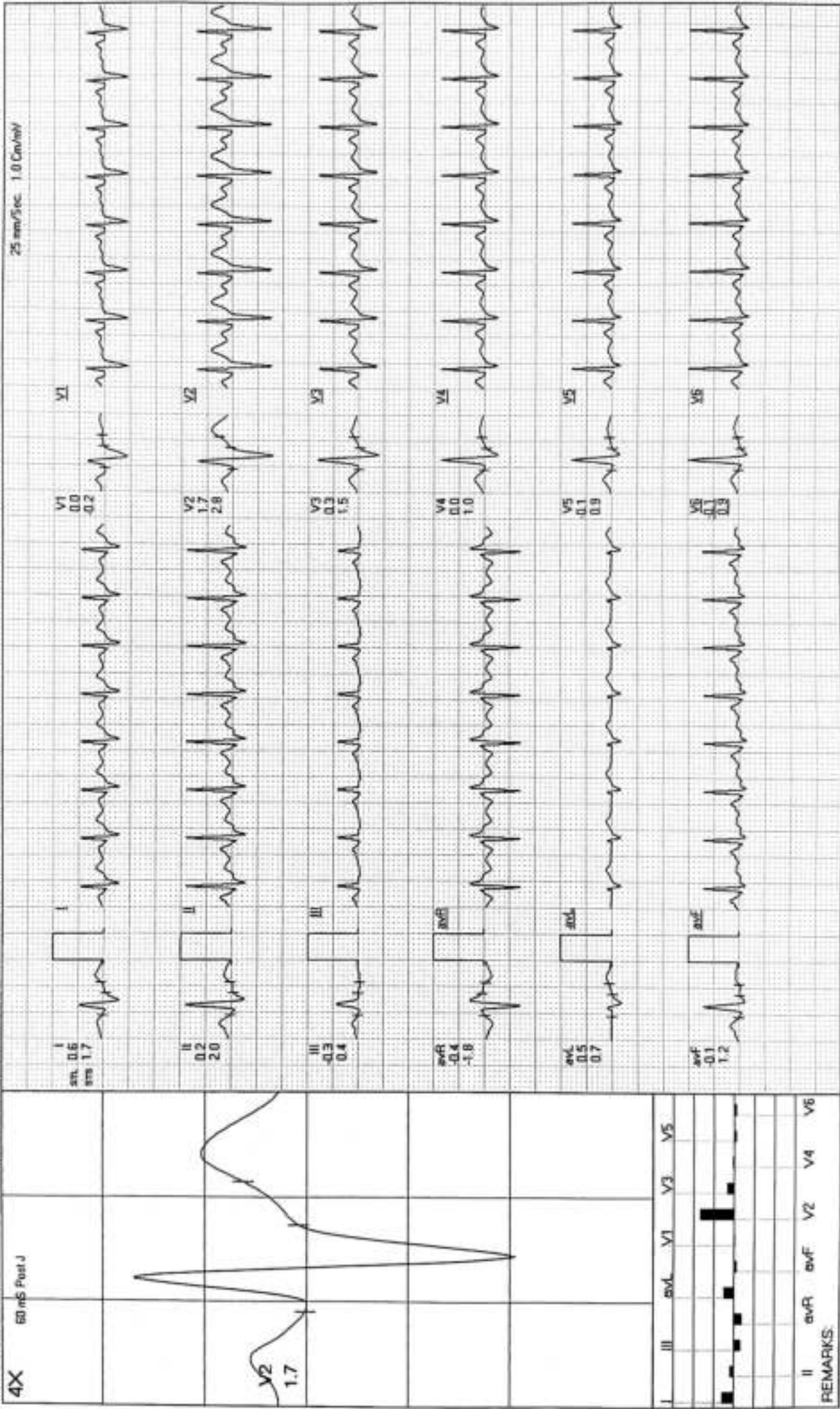
BRUCE: Stage 2(3:00)



HARSHIT SRIVASTVA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 142

Date: 26-08-2023 METS: 7.1/142 bpm 74% of THR BP: 128/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:00 4.0 Kmph, 12.0%



25 mm/sec 1.0 Cm/mV

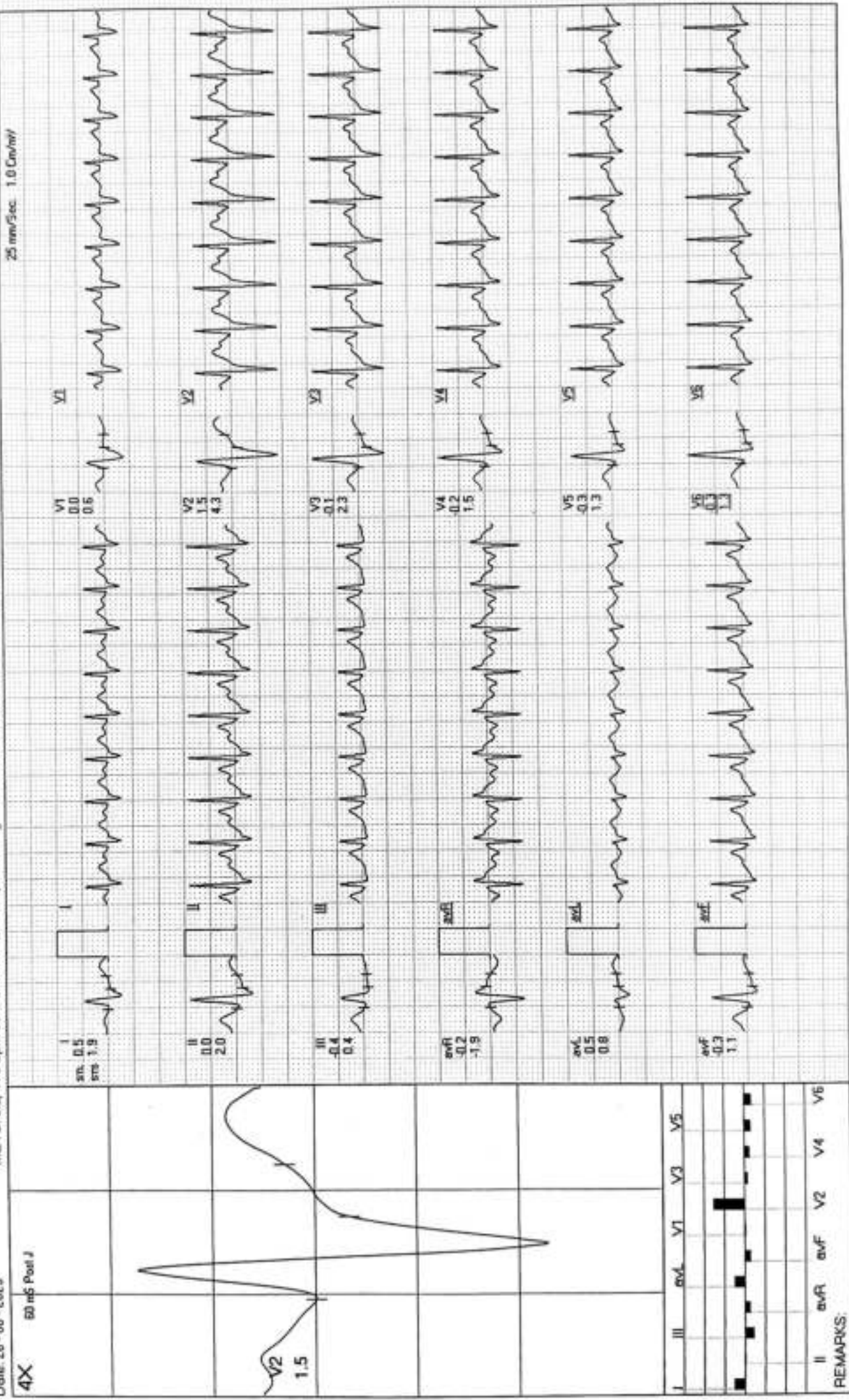
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

HARSHIT SRINASTIA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 170

PeakEx



Date: 26 - 08 - 2023 METS: 8.5/170 bpm 89% of THR BP: 138/92 mmHg Combined Medions/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 07:23 5.5 Kmph, 14.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

HARSHIT SRIVASTAVA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 126

Recovery(1:00)



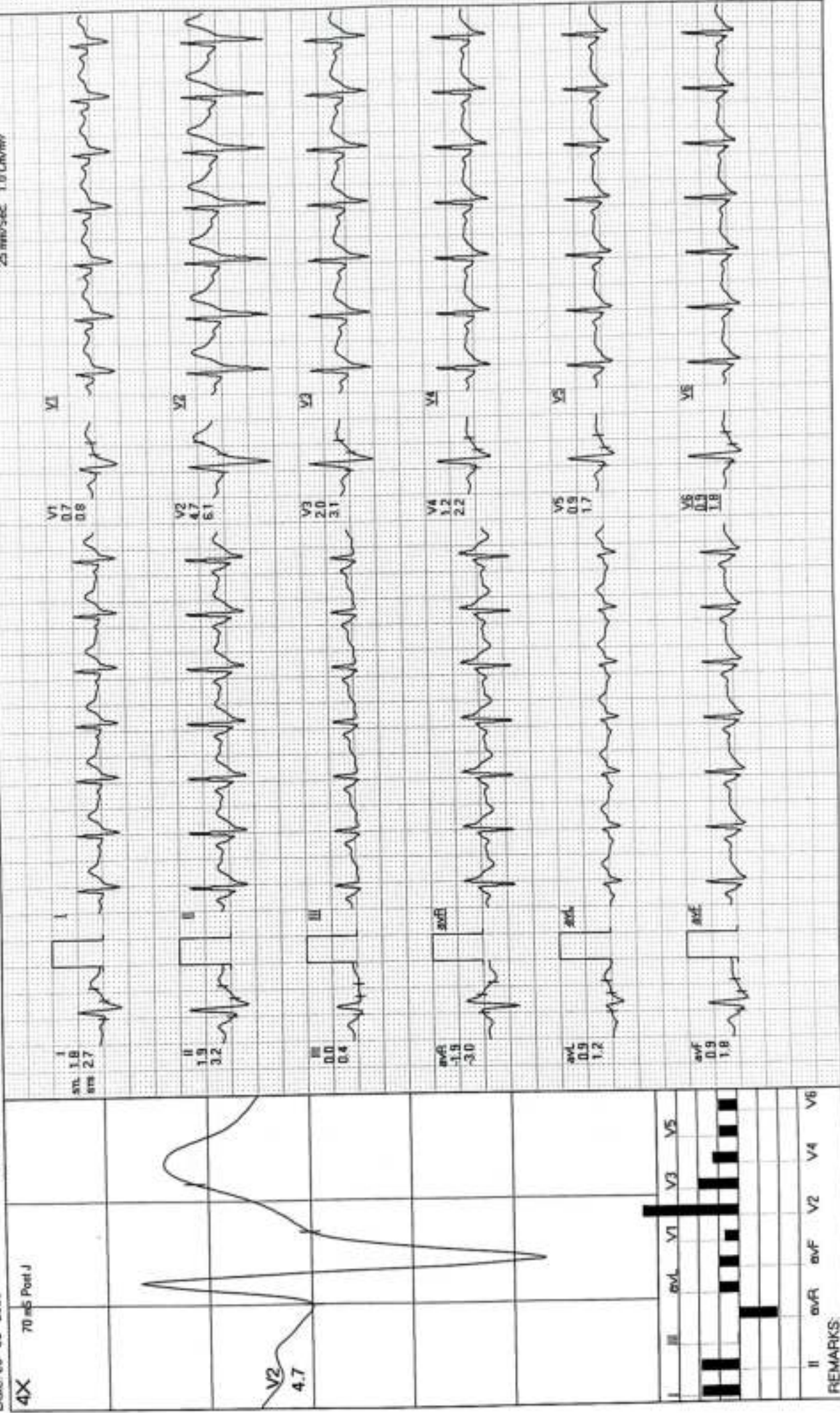
ExTime: 07:22 0.0 Kmph. 0.0%

METS: 1.1/126 bpm 68% of THR. BP: 134/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 26-08-2023

4X 70 m/s Post J

25 mm/Sec 1.0 Cm/mV



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

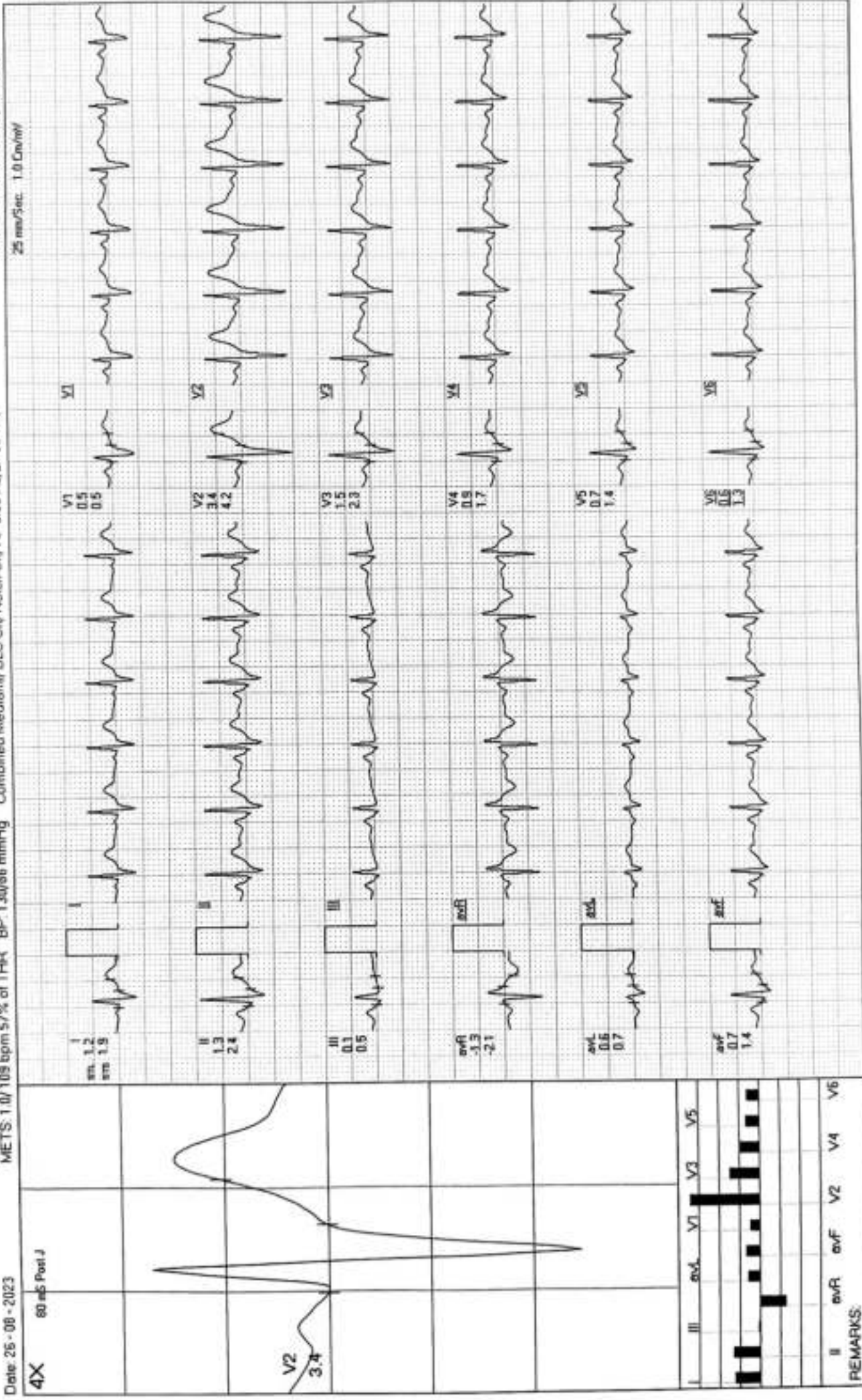
HARSHIT SRINASTVA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 109

Recovery(2:00)



ExTime: 07:22 0.0 Kmph. 0.0%

METS: 1.0 / 109 bpm 57% of THR BP: 130/86 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz



REMARKS:

Recovery(3:00)

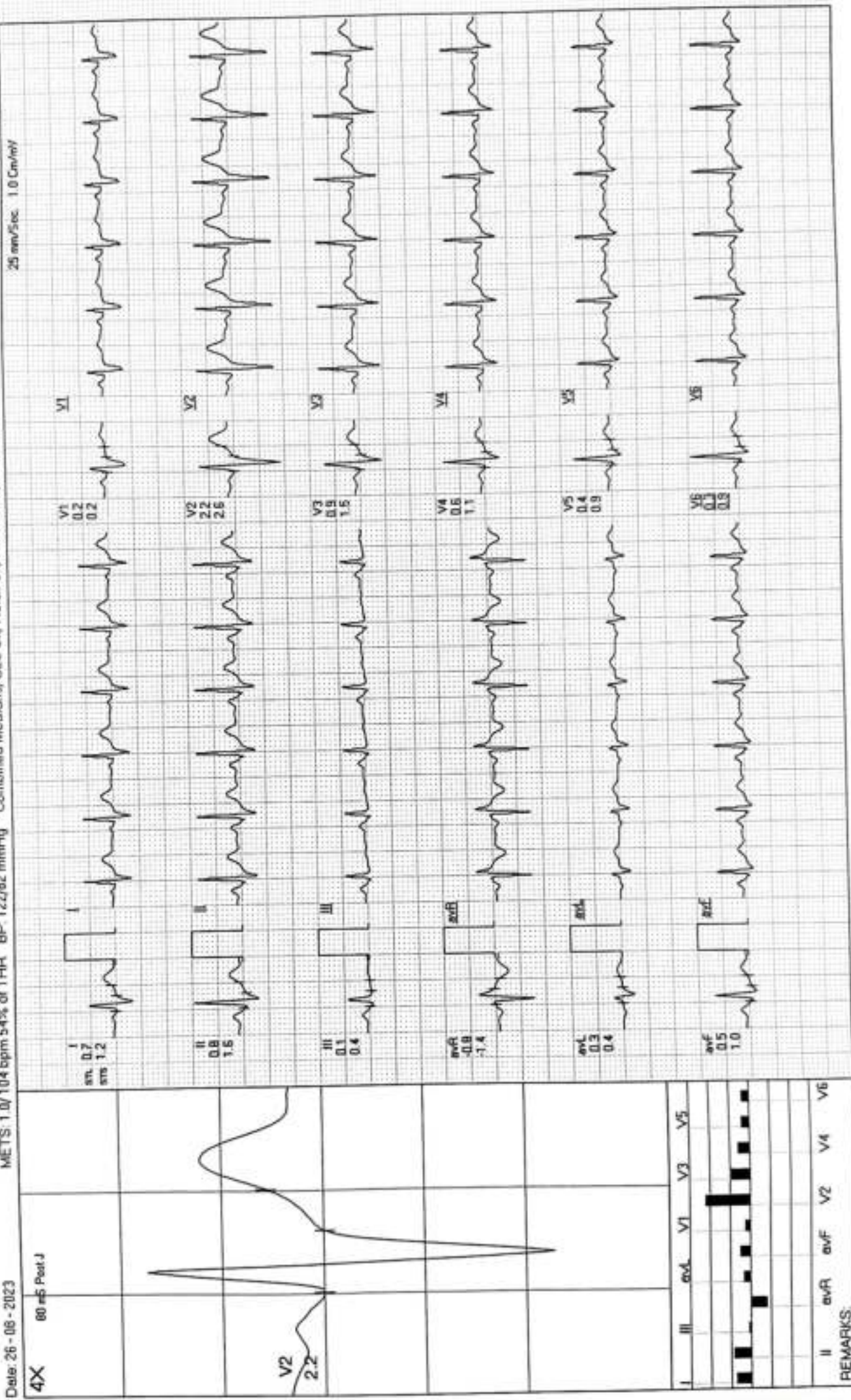


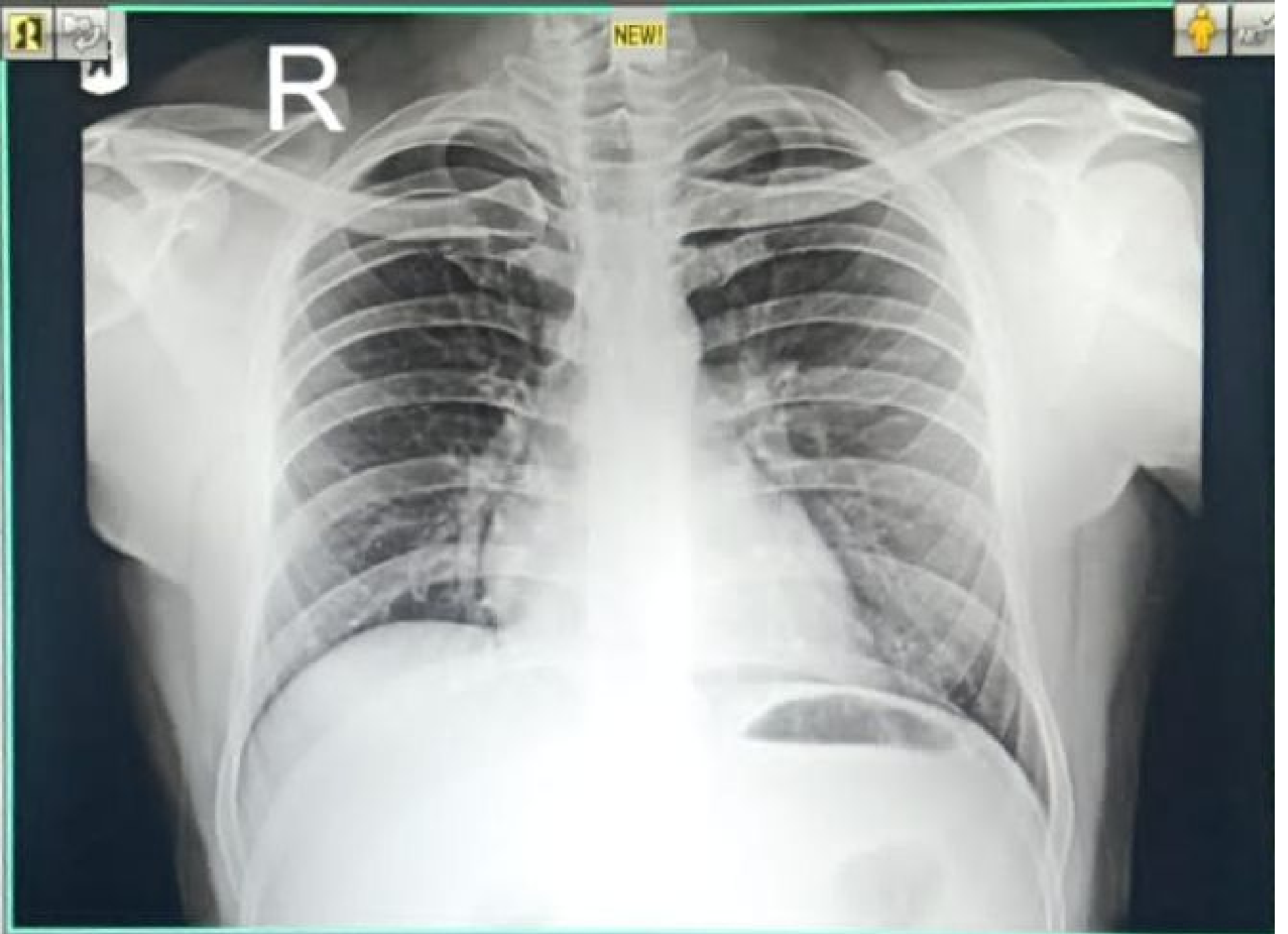
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HARSHIT SRIVASTVA / 29 Yrs / M / 176 Cms / 85 Kg / HR : 104

ExTime: 07:22 0.0 Kmph, 0.0%

Date: 26-06-2023 METS: 1.0/ 104 bpm 54% of THR BP: 122/82 mmHg Combined Medions/ BLC On/ HF 0.05 Hz/LF 35 Hz





23082601581 MR HARSHIT SRIVASTAVA 29 YRS M SELF CHEST PA
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